

Mental Health Programme

In Government Order No. 515 CGM 2002 dated 7.2.2002 setting up of mental health clinics in the district hospitals of Davanagere, Koppal, Gadag, Haveri, Chamarajanagar, Udupi and Bagalkot districts was sanctioned. This plan budget scheme is continued during 2015-16. During 2004-05 the scheme was implemented in district hospitals of four districts namely Karwar, Chamarajanagar, Gulbarga and Shimoga.

"Manasadhara"/Day Care Centre" as announced in the budget in the year 2013-14. have been set up in 13 districts Gadag, Mysore, Chickaballapura, Chickamagalur, Bijapur, Mangalore, Chamrajnagar, Bellary, Gulbarga, Davangere, Chitradurga, Belguam, Raichur.

Components of the scheme

- Training of Medical Officers in PHC/CHC/GH and treatment of mentally ill patients at these centers
- Training of Health workers for early identification of mentally ill, refer for treatment and follow-up.

As per the directions of the Honourable High Court of Karnataka, Writ appeal No: 18741/99/PIL "Mental Health Awareness Campaign" has been planned and conducted in all districts.

Karnataka State Mental Health Authority has been constituted. Through Karnataka State Mental Health Authority "Monochinthana" Awareness programmes are broadcast on every Friday between 4.30 pm to 5.00 pm FM Vividabharathi, in Akashvani Bangalore.

District Mental Health Programme running in 4 district have been extended to 8 districts & to function as per 11th five year plan guidelines, Proposal has been sent to NHM for the release of funds.

For the service of Mental ill patients 108 Ambulance is available & 104 Sahayavani is functioning to give information those who are in need.

Enhancing mental health of adolescents is a component under Rashtriya Kishor Swasthya Karyakram (RKSK) is included as an activity under National Health Mission Activities taken up under the Flexipool for Non-Communicable diseases including injury and trauma under Manasadhara Programme (Daycare centre) as a part of implementation of National Mental Health programme (NMHP).

Details of activities taken up in the 18 District Hospitals from 2014-15 under Manasadhara.

Sl No.	District	Date of establishment	Name of NGO	No. of patients	Activities done
1	Bangaluru Urban	10.09.2015	Moksha Foundation	5	-
2	Ballari	05.11.2014	Bethesda Rural Development Society	40	Taiiloring, Envelope making, wire bag, painting
3	Vijayapura	08.08.2014	Sri Dhanamma Devi Mahila & Seva	28	-

4	Belagavi	01.11.2014	K.L.E. Society	40	-
5	Chamarajanagar	01.03.2014	Sahaya Trust	638	
6	Chikkaballapura	01.08.2014	Pragati Rural Branch	4916	
7	Chitradurga	02.12.2014	Date Charitable Society	22	IEC Activities carried out in all the taluka in the district.
8	Chikkamagaluru	11.07.2014	Anikethan Social Welfare Centre	68	Cover making, trailoring, mat making, flower making.
9	Davanagere	25.08.2014	Adarsh Samaja Karya Samsthe	272	-
10	Dakshina Kannada	07.06.2014	Nitte University	1200	
11	Gadag	01.03.2014	Karuna Gramina Ekikrutha Abivruddi Samsthe	120	-
12	Kalburgi	01.11.2014	Mother Theresa Urban & Rural Development Society	150	Computer training, paper cover making.
13	Hassan			12	
14	Haveri	Selection of NGO in Haveri is under process.			

15	Mandya	26.05.2014	St Jhonas Mission Society	40	NGO is running activities on its own.
16	Mysore	26.05.2014	Karuna Trust	100	
17	Raichuru	23.12.2014	Ksha Kiran Charitable Trust	7	Computer training, paper cover making.
18	Yadgiri	Manasadhara day care centre is yet to be set up.			