Reproducible Research: Peer Assessment 1

Loading and preprocessing the data

We first read the raw data from the file that (we assume) is in our current working directory into the data frame data.

```
if (!file.exists("activity.csv")){
   unzip("activity.zip")
}
data <- read.csv("activity.csv")
str(data)

## 'data.frame': 17568 obs. of 3 variables:
## $ steps : int NA NA NA NA NA NA NA NA NA ...</pre>
```

We convert the date column into POSIXct format, which will be useful later when applying the 'weekdays() function.

: Factor w/ 61 levels "2012-10-01", "2012-10-02", ...: 1 1 1 1 1 1 1 1 1 1 1 ...

```
data$date <- as.POSIXct(data$date, tz="GMT")
str(data)

## 'data.frame': 17568 obs. of 3 variables:
## $ steps : int NA NA NA NA NA NA NA NA NA ...
## $ date : POSIXct, format: "2012-10-01" "2012-10-01" ...
## $ interval: int 0 5 10 15 20 25 30 35 40 45 ...</pre>
```

What is mean total number of steps taken per day?

\$ interval: int 0 5 10 15 20 25 30 35 40 45 ...

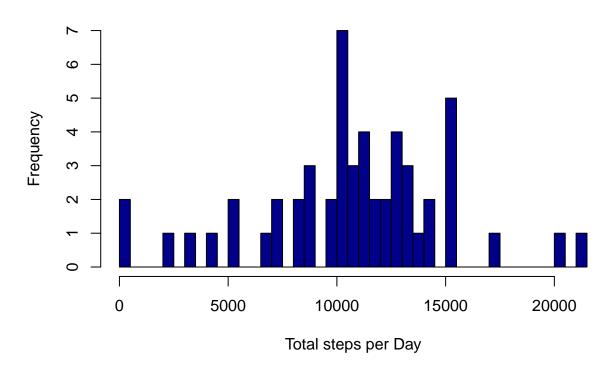
We make a data frame containing the total number of steps for each day. We ignore NA values.

```
totalstepsPerDay <- aggregate(data$steps, by = list(data$date), FUN=sum)
names(totalstepsPerDay) <- c("date", "totalsteps")
head(totalstepsPerDay)</pre>
```

```
## date totalsteps
## 1 2012-10-01 NA
## 2 2012-10-02 126
## 3 2012-10-03 11352
## 4 2012-10-04 12116
## 5 2012-10-05 13294
## 6 2012-10-06 15420
```

We make a histogram of the total number of steps taken each day.

Histogram of total number of steps per day



Using the total number of steps taken each day, we calculate the mean...

```
mean(totalstepsPerDay$totalsteps, na.rm=TRUE)
```

[1] 10766.19

... and the median of these numbers.

```
median(totalstepsPerDay$totalsteps, na.rm=TRUE)
```

[1] 10765

What is the average daily activity pattern?

We make a data frame containing the average number of steps taken in every 5-minute interval, averaged across all days and removing NA values.

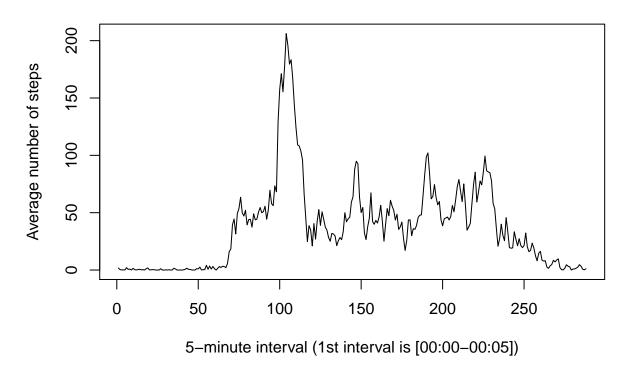
```
averageStepsPerInterval <- aggregate(data$steps, by = list(data$interval), FUN=mean, na.rm=TRUE)
names(averageStepsPerInterval) <- c("interval", "averagesteps")
head(averageStepsPerInterval)</pre>
```

```
##
     interval averagesteps
## 1
             0
                  1.7169811
## 2
            5
                  0.3396226
## 3
            10
                  0.1320755
## 4
            15
                  0.1509434
           20
                  0.0754717
## 5
## 6
            25
                  2.0943396
```

We make a time series plot of the 5-minute interval and the average number of steps taken, averaged across all days.

plot(seq_along(averageStepsPerInterval\$interval), averageStepsPerInterval\$averagesteps, type="1", main=

Average number of steps per 5-minute interval



We can calculate which interval has the maximum number of steps on average accross all days.

```
which.max(averageStepsPerInterval$averagesteps)
```

```
## [1] 104
```

We can also give the interval in a more proper format.

```
leftIndex<-which.max(averageStepsPerInterval$averagesteps)
rightIndex<-(leftIndex+1) %% dim(averageStepsPerInterval)[1]
maxInterval <- paste("[", floor(averageStepsPerInterval$interval[leftIndex]/100), ":", averageStepsPerInterval$interval$interval$[]</pre>
```

Therefore, the 5-minute interval with the maximum number of steps on average accross all days is [8:35-8:40].

Imputing missing values

We calculate the total number of rows having NA's in the number of steps.

```
sum(is.na(data$steps))
```

```
## [1] 2304
```

We replace each NA value with the average number of steps in the specific 5-minute interval, across all days, thus creating the data frame dataNoNA. Of course, the steps are automatically coerced into numeric (instead of integer).

```
dataNoNA <- data
dataNoNA$steps[is.na(data$steps)] <- rep(averageStepsPerInterval$averagesteps, times = dim(data)[1]/(24
head(dataNoNA)</pre>
```

```
## steps date interval
## 1 1.7169811 2012-10-01 0
## 2 0.3396226 2012-10-01 5
## 3 0.1320755 2012-10-01 10
## 4 0.1509434 2012-10-01 15
## 5 0.0754717 2012-10-01 20
## 6 2.0943396 2012-10-01 25
```

We perform similar analysis. In particular, we make a data frame containing the total number of steps for each day using dataNoNA this time.

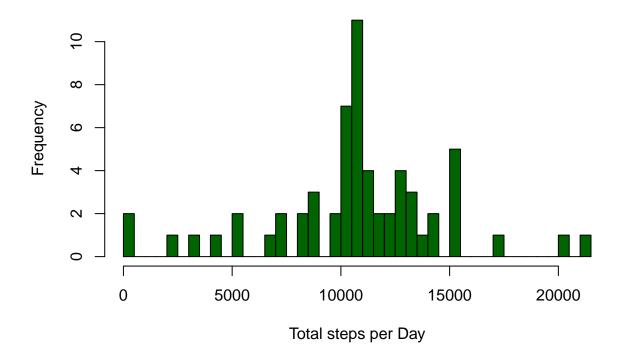
```
totalstepsPerDayNoNA <- aggregate(dataNoNA$steps, by = list(dataNoNA$date), FUN=sum)
names(totalstepsPerDayNoNA) <- c("date", "totalsteps")
head(totalstepsPerDayNoNA)</pre>
```

```
## date totalsteps
## 1 2012-10-01 10766.19
## 2 2012-10-02 126.00
## 3 2012-10-03 11352.00
## 4 2012-10-04 12116.00
## 5 2012-10-05 13294.00
## 6 2012-10-06 15420.00
```

We make a histogram of the total number of steps taken each day.

hist(totalstepsPerDayNoNA\$totalsteps, breaks=33, main="Histogram of total number of steps per day without

Histogram of total number of steps per day without NAs



We can see that this histogram differs from the corresponding histogram for the original dataframe data in the y-axis, since there are a lot of NA values taken into account now.

Using the total number of steps taken each day, we calculate the mean...

```
mean(totalstepsPerDayNoNA$totalsteps, na.rm=TRUE)
```

[1] 10766.19

... and the median of these numbers.

median(totalstepsPerDayNoNA\$totalsteps, na.rm=TRUE)

[1] 10766.19

We can now see that the values for the mean in the processed data frame dataNoNA is the same as in the original data frame data, and this is because we chose to replace NA values with the mean. On the other hand, the median is different.

Are there differences in activity patterns between weekdays and weekends?

We create a new factor variable weekday, indicating whether a given date is a weekday or weekend day. We use the dataNoNA data frame.

```
typeOfDay <-function(date){
   if (weekdays(date) %in% c("Saturday", "Sunday")){
     return("Weekend")
   } else {
     return("Weekday")
   }
}
dataNoNA$weekday <- sapply(dataNoNA$date, typeOfDay)
dataNoNA$weekday <- as.factor(dataNoNA$weekday)
str(dataNoNA)</pre>
## 'data.frame': 17568 obs. of 4 variables:
## $ stops : num 1 717 0 3396 0 1331 0 1509 0 0755
```

```
## 'data.frame': 1/568 obs. of 4 variables:

## $ steps : num 1.717 0.3396 0.1321 0.1509 0.0755 ...

## $ date : POSIXct, format: "2012-10-01" "2012-10-01" ...

## $ interval: int 0 5 10 15 20 25 30 35 40 45 ...

## $ weekday : Factor w/ 2 levels "Weekday", "Weekend": 1 1 1 1 1 1 1 1 1 1 ...
```

We now find the mean number of steps across all weekdays and across all weekends.

```
averageStepsPerIntervalAndWeekdayNoNA <- aggregate(data$steps, by = list(dataNoNA$interval, dataNoNA$we names(averageStepsPerIntervalAndWeekdayNoNA) <- c("interval", "weekday", "averagesteps") head(averageStepsPerIntervalAndWeekdayNoNA)
```

```
##
    interval weekday averagesteps
## 1
          0 Weekday
                       2.3333333
## 2
          5 Weekday
                       0.4615385
## 3
          10 Weekday
                      0.1794872
## 4
          15 Weekday
                       0.2051282
## 5
          20 Weekday
                       0.1025641
## 6
          25 Weekday
                       1.5128205
```

We make a panel plot containing a time series plot of the 5-minute interval (x-axis) and the average number of steps taken, averaged across all weekday days or weekend days (y-axis).

```
library(lattice)
```

xyplot(averageStepsPerIntervalAndWeekdayNoNA\$averagesteps ~ averageStepsPerIntervalAndWeekdayNoNA\$inter

Average number of steps per 5-minute interval

