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Set up your virtual environment

- 1. Download and install a free trial of <u>VMware Workstation</u>.
 - a. I strongly suggest using Workstation versus the free VMware Player as a few steps in this guide depend on features only included in Workstation.
- 2. Download and deploy a free Windows VM directly from Microsoft.
 - a. Get the "VMWare" version of the workstation.
 - b. Take notice of the "Expiration date" of your VM, it will stop working after this date, but you can always download a new one.
 - c. Once downloaded, unzip the VM and double-click the WinDev###Eval.ovf file to import the VM into VMware, but do not start it up yet.
 - d. Once imported, if you have 16GB or less of RAM on your system, you may want to modify the amount of RAM allocated to the Windows system it has 8GB by default but

can run with 4GB. If the VMs run slow, it may be due to not enough free RAM on your host.

Setup your Windows VM

- 1. Go ahead and "power on" your Windows VM for the first time.
 - a. It will automatically log you in as "user".
 - b. Wait for the desktop to appear.

Disable Defender on Windows VM

Permanently disable Microsoft Defender so it doesn't interfere with the shady stuff we're planning. In Windows 11, Windows 11 will turn itself on, so you will need to follow this guide to the exact letter.

These steps are closely derived from <u>this guide</u> and <u>this one</u> as well, but with fewer screenshots. If you need more guidance, see the original guides.

- 1. Disable Tamper Protection
 - a. Click the "Start" menu icon
 - b. Click "Settings"
 - c. Click "Privacy & security" on the left
 - d. Click "Windows Security"
 - e. Click "Virus & threat protection"
 - f. Under "Virus & threat protection settings" click "Manage settings"
 - g. Toggle OFF the "Tamper Protection" switch. When prompted, click "Yes"

Tamper Protection

Prevents others from tampering with important security features.



Tamper protection is off. Your device Dismiss may be vulnerable.





Learn more h.

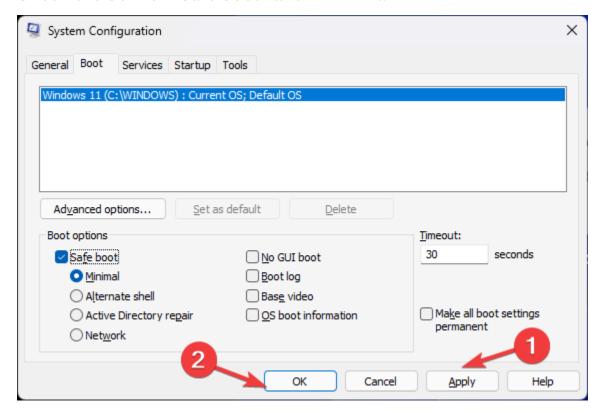
- While you're in there, toggle every other option OFF as well, even though we're about to take care of it a couple different ways.
- j. Close the windows we just opened.
- 2. Permanently Disable Defender via Group Policy Editor
 - a. Click the "Start" menu icon
 - b. Type "cmd" into the search bar within the Start Menu

- c. Right+Click "Command Prompt" and click "Run as administrator"
 - i. Run the following command gpedit.msc
- d. Inside the Local Group Policy Editor
 - i. Click Computer Configuration > Administrative
 Templates > Windows Components > Microsoft
 Defender Antivirus
 - ii. Double-click "Turn off Microsoft Defender Antivirus"
 - iii. Select "Enabled"

If you enable this policy setting, Microsoft Defender Antivirus does not run, and will not scan computers for malware or other potentially unwanted software.

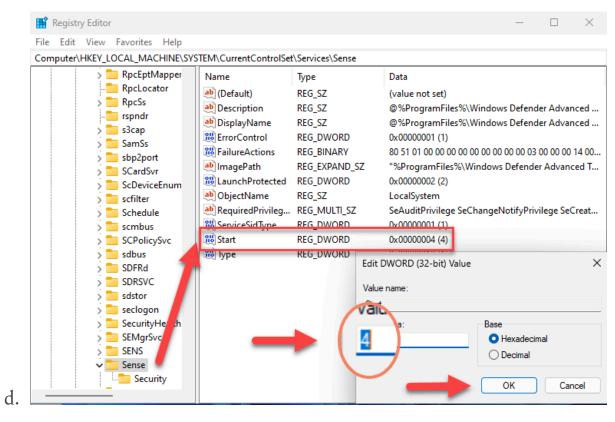
- iv. Click Apply
- v. Click OK
- 3. Permanently Disable Defender via Registry
 - a. From the same administrative command prompt we previously opened, copy/paste this command and press Enter REG ADD "hklm\software\policies\microsoft\windows defender" /v DisableAntiSpyware /t REG_DWORD /d 1 /f

- 4. Prepare to boot into Safe Mode to disable all Defender services
 - a. Click the "Start" menu icon
 - b. type "msconfig" into the search bar within the Start Menu
 - c. Go to "Boot" tab and select "Boot Options"
 - i. Check the box for "Safe boot" and "Minimal



- ii. Click Apply and OK
- d. System will restart into Safe Mode
- 5. Now, in Safe Mode, we'll disable some services via the Registry
 - a. Click the "Start" menu icon
 - b. Type "regedit" into the search bar and hit Enter
 - c. For each of the following registry locations, you'll need to browse to the key, find the "Start" value, and change it to 4

i. This causes windows defender to essentially start these services when it boots.



- i. Computer\HKEY_LOCAL_MACHINE\SYSTEM\Curren
 tControlSet\Services\Sense
- ii. Computer\HKEY_LOCAL_MACHINE\SYSTEM\Curren
 tControlSet\Services\WdBoot
- iii.Computer\HKEY_LOCAL_MACHINE\SYSTEM\Curren
 tControlSet\Services\WinDefend
- iv. Computer\HKEY_LOCAL_MACHINE\SYSTEM\Curren
 tControlSet\Services\WdNisDrv
- v. Computer\HKEY_LOCAL_MACHINE\SYSTEM\Curren
 tControlSet\Services\WdNisSvc
- vi.Computer\HKEY_LOCAL_MACHINE\SYSTEM\Curren
 tControlSet\Services\WdFilter

- 6. Leave Safe Mode the same way we got into it
 - a. Click the "Start" menu icon
 - b. type "msconfig" into the search bar within the Start Menu
 - c. Go to "Boot" tab and select "Boot Options"
 - i. Uncheck the box for "Safe boot"
 - ii. Click Apply and OK
 - d. System will restart into a normal desktop environment, now (hopefully) Defender-free.

Prevent the VM from going into standby

- 1. From an administrative command prompt, let's prevent the VM from going into sleep/standby mode during our lab
 - a. powercfg /change standby-timeout-ac 0
 - b. powercfg /change standby-timeout-dc 0
 - c. powercfg /change monitor-timeout-ac 0
 - d. powercfg /change monitor-timeout-dc 0
 - e. powercfg/change hibernate-timeout-ac 0
 - f. powercfg /change hibernate-timeout-dc 0

Install Sysmon in Windows VM

This is mostly optional as we don't directly use Sysmon in this guide, but recommended to familiar having it.

- Launch an Administrative PowerShell console for the following commands
 - a. Click the "Start" menu icon
 - b. Type "powershell" into the search bar within the Start Menu
 - c. Right+Click "Windows PowerShell" and click "Run as administrator"
- 2. Download Sysmon with the following command. Read more about Sysmon here.

Invoke-WebRequest -Uri

https://download.sysinternals.com/files/Sysmon.zip -OutFile C:\Windows\Temp\Sysmon.zip

- 3. Unzip Sysmon.zip
 - Expand-Archive -LiteralPath C:\Windows\Temp\Sysmon.zip
- 4. Download **SwiftOnSecurity**'s Sysmon config.

Invoke-WebRequest -Uri

https://raw.githubusercontent.com/SwiftOnSecurity/sysmon-config/master/sysmonconfig-export.xml -OutFile

5. Install Sysmon with Swift's config

C:\Windows\Temp\Sysmon\Sysmon64.exe -accepteula -i

C:\Windows\Temp\Sysmon\sysmonconfig.xml

```
System Monitor v14.14 - System activity monitor

By Mark Russinovich and Thomas Garnier

Copyright (C) 2014-2023 Microsoft Corporation

Using libxml2. libxml2 is Copyright (C) 1998-2012 Daniel Veillard. All Rights Reserved.

Sysinternals - www.sysinternals.com

Loading configuration file with schema version 4.60

Sysmon schema version: 4.83

Configuration file validated.

Sysmon64 installed.

SysmonDrv installed.

Starting SysmonDrv.

SysmonDrv started.

Starting Sysmon64..

6. Sysmon64 started.
```

7. Validate Sysmon64 service is installed and running

Type in "Get-Service sysmon64"

```
PS C:\Users\User\Downloads\Sysmon> Get-Service sysmon64

Status Name DisplayName
-----
Running Sysmon64 sysmon64
```

9. Check for the presence of Sysmon Event Logs

Type in 'Get-WinEvent -LogName

"Microsoft-Windows-Sysmon/Operational" -MaxEvents 10'

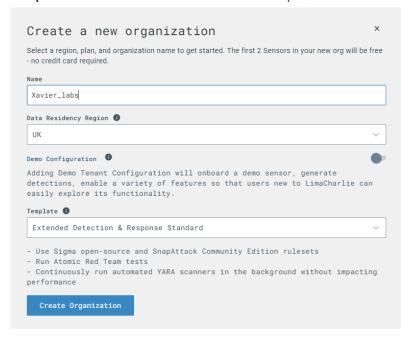
```
C:\Users\User\Downloads\Sysmon> Get-WinEvent -LogName "Microsoft-Windows-Sysmon/Operational"
  ProviderName: Microsoft-Windows-Sysmon
TimeCreated
                                    Id LevelDisplayName Message
2/22/2023 11:47:35 AM
                                     7 Information
                                                          Image loaded:...
                                     7 Information
                                                          Image loaded:...
2/22/2023 11:47:30 AM
                                                          Registry object added or deleted:...
2/22/2023 11:47:09 AM
                                    12 Information
2/22/2023 11:47:09 AM
                                                          Registry object added or deleted:...
                                   12 Information
2/22/2023 11:47:09 AM
2/22/2023 11:47:09 AM
                                                          Registry value set:...
Registry value set:...
                                   13 Information
                                    13 Information
2/22/2023 11:47:09 AM
                                    13 Information
                                                          Registry value set:...
                                                          Registry value set:...
Registry value set:...
2/22/2023 11:47:09 AM
                                    13 Information
2/22/2023 11:47:09 AM
                                    13 Information
2/22/2023 11:47:09 AM
                                    13 Information
                                                          Registry value set:...
```

8.

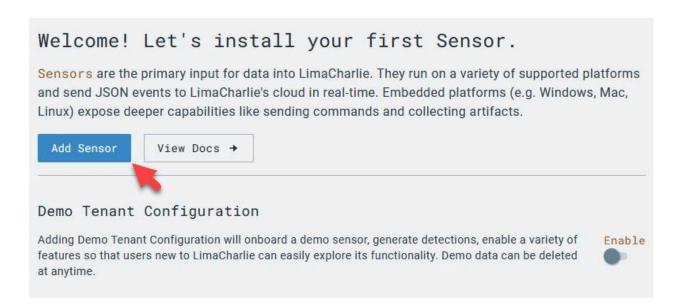
Install LimaCharlie EDR on Windows VM

<u>LimaCharlie</u> is a very powerful "SecOps Cloud Platform". It not only comes with a cross-platform EDR agent, but also handles all of the log shipping/ingestion and has a threat detection engine. They have a free tier which made it an instrumental part of this guide.

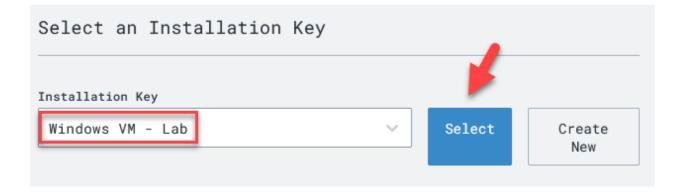
- 1. Create a free LimaCharlie account.
 - a. LimaCharlie will ask you a few questions about your role. Answer however you wish, it just helps their developers build a better product
- 2. Once logged into LimaCharlie, create an organization
 - a. Name: whatever you want, but it must be unique
 - b. Data Residency: whatever is closest
 - c. Demo Configuration Enabled: disabled
 - d. Template: Extended Detection & Response Standard



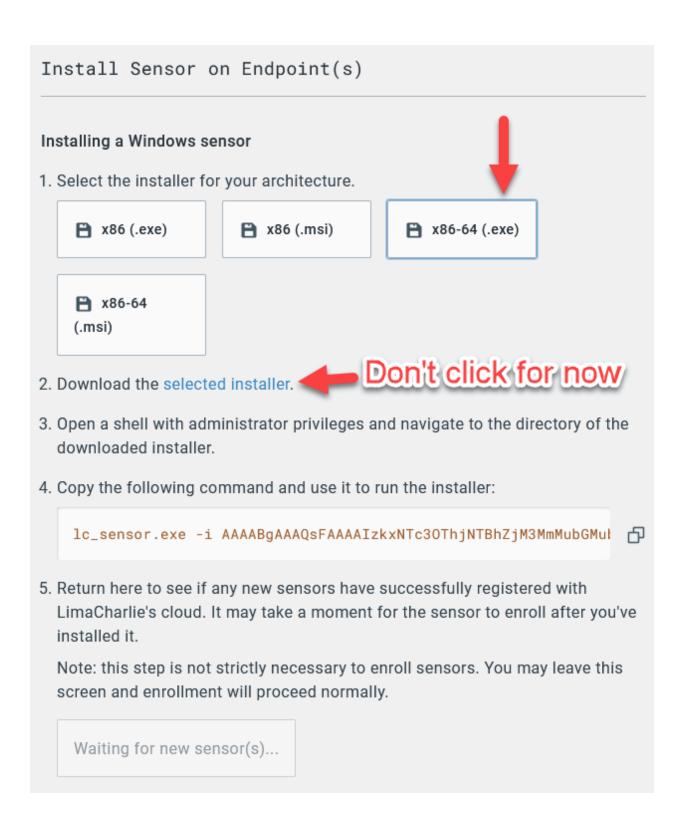
3. Once the org is created, click "Add Sensor"



- i. Select Windows
- ii. Provide a description such as: Windows VM Lab
- iii. Click Create
- iv. Select the Installation Key we just created



v. Specify the x86-64 (.exe) sensor, but then skip ahead to my instructions versus the ones provided.



vi. IN THE **WINDOWS VM**, open an Administrative PowerShell prompt and paste the following commands:

cd C:\Users\User\Downloads

Invoke-WebRequest -Uri

https://downloads.limacharlie.io/sensor/windows/64

- -Outfile C:\Users\User\Downloads\lc_sensor.exe
- vii. Shift into a standard command prompt by running this command

cmd.exe

viii. Next, we will copy the install command provided by LimaCharlie which contains the installation key. Paste this command into your open terminal.

- Download the selected installer.
 Open a shell with administrator privileges and navigate to the directory of the downloaded installer.
 Copy the following command and use it to run the installer:
 - lc_sensor.exe -i AAAABgAAAQsFAAAAIzkxNTc30ThjNTBhZjM3MmMubGMul

 Return here to see if any new sensors have successfully registered with LimaCharlie's cloud. It may take a moment for the sensor to enroll after you've installed it.

Note: this step is not strictly necessary to enroll sensors. You may leave this creat and enrollment with society or ally.

ix. Paste this command into the admin command prompt in your Windows VM

x. This is the expected output, ignore the "ERROR" that says "service installed!"

- 1. If you experience an error trying to install the EXE, try the x86-64 MSI option on the LimaCharlie installer dialog.
- xi. If everything worked correctly, in the LimaCharlie web UI you should also see the sensor reporting in.



- b. Now let's configure LimaCharlie to also ship the Sysmon event logs alongside its own EDR telemetry
 - i. In the left-side menu, click "Artifact Collection"
 - ii. Next to "Artifact Collection Rules" click "Add Rule"
 - 1. Name: windows-sysmon-logs
 - 2. Platforms: Windows
 - 3. Path Pattern:

wel://Microsoft-Windows-Sysmon/Operat
ional:*

4. Retention Period: 10

- 5. Click "Save Rule"
- iii. LimaCharlie will now start shipping Sysmon logs which provide a wealth of EDR-like telemetry, some of which is redundant to LC's own telemetry, but Sysmon is still a very power visibility tool that runs well alongside any EDR agent.
 - 1. The other reason we are ingesting Sysmon logs is that the built-in Sigma rules we previously enabled largely depend on Sysmon logs as that is what most of them were written for.
- c. You can snapshot this windows in case your windows get hosed later on, but this is optional.