- 0. Select your University Name (If n/a please type) \* A total number of 50 universities.
  - Dhaka University
  - American International University- Bangladesh
  - Daffodil International University
  - United International University
  - BRAC University
  - Sylhet Engineering College
  - Khulna University of Engineering and Technology
  - Bangladesh University of Professionals
  - Royal University of Dhaka
  - Jashore University of Science and Technology
  - Jahangir Nagar University
  - Sylhet Agricultural University
  - North South University
  - National University
  - Jagannath University
  - Dhaka Medical College
  - Rajshahi University
  - Cumilla Medical College
  - Government Unani and Ayurvedic Medical College

- Bangladesh University of Engineering and Technology
- University of Chittagong
- Dhaka College
- Bangladesh Agricultural University
- Bangladesh University of Business and Technology
- International University of Business Agriculture and Technology
- Bangladesh University of Business and Technology
- Premier University
- Eden Mohila College
- Hajee Mohammad Danesh Science and Technology University
- Feni University
- Faridpur Engineering College
- Jahurul Islam Medical College
- East West University
- Bangladesh Naval Academy
- Govt.Titumir College
- University of Liberal Arts Bangladesh
- Comilla University
- State University of Bangladesh
- Shahabuddin Medical College
- Ahsanullah University of Science and Technology
- University of Barishal
- Mawlana Bhashani Science and Technology University
- Alhaj Mockbul Hossain University College
- University of Asia Pacific
- Bangladesh Institute of Science and Technology
- Dhaka International University
- Bangabandhu Sheikh Mujibur Rahman Science and Technology University

- Khulna University
- Islamic University
- Universal Medical College
- Noakhali Science and Technology University
- 1. Gender \*
- Male
- Female
- Prefer not to say
- 2. Marital status \*
- Married
- Unmarried
- 3. Studying in \*
- Undergraduate level
- · Graduate level
- 4. Have own income source? \*
- Yes
- No
- 5. Travel distance from university? \*
- Walking Distance
- 30 min vehicle travel distance
- more than 30 min vehicle travel distance
- 6. Stay in/with\*
- Hostel/mess
- Family
- 7. Family income per month (BDT) \*
- Up to 40,000
- 41,000-100,000
- Above 100,000
- 8. Family type \*

- Nuclear family • Joint family • Often
- 9. How often do you feel left out?\*
- Some of the time
- Hardly ever
- 10. How often do you feel isolated from others? \*
- Often
- Some of the time
- Hardly ever
- 11. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious, or on edge? \*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
- 12. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying? \*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
- 13. Over the last 2 weeks, how often have you been bothered by worrying too much about different things? \*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
  - 14. Over the last 2 weeks, how often have you been bothered by trouble relaxing? \*
  - Not at all

- Several days
- Nearly every day
- More than half the days
- 15. Over the last 2 weeks, how often have you been bothered by being so restless that it's hard to sit still? \*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
- 16. Over the last 2 weeks, how often have you been bothered by becoming easily annoyed or irritable? \*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
  - 17. Over the last 2 weeks, how often have you been bothered by feeling afraid as if something awful might happen?\*
    - Not at all
    - Several days
    - Nearly every day
    - More than half the days
  - 18. Over the last 2 weeks, how often have you been bothered by little interest or pleasure in doing things?\*
    - Not at all
    - Several days
    - Nearly every day
    - More than half the days
  - 19. Over the last 2 weeks, how often have you been bothered by feeling down, depressed, or hopeless?\*
    - Not at all
    - · Several days

- Nearly every day
- More than half the days
- 20. Over the last 2 weeks, how often have you been bothered by trouble falling or staying asleep, or sleeping too much?\*
  - · Not at all
  - · Several days
  - Nearly every day
  - More than half the days
- 21. Over the last 2 weeks, how often have you been bothered by feeling tired or having little energy?\*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
- 22. Over the last 2 weeks, how often have you been bothered by poor appetite or overeating?\*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
- 23. Over the last 2 weeks, how often have you been bothered by feeling bad about yourself or that you are a failure or have let yourself or your family down?\*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
- 24. Over the last 2 weeks, how often have you been bothered by trouble concentrating on things, such as reading the newspaper or watching television?\*
  - · Not at all
  - Several days
  - Nearly every day

- More than half the days
- 25. Over the last 2 weeks, how often have you been bothered by moving or speaking so slowly that other people could have noticed? Or the opposite being so fidgety or restless that you have been moving around a lot more than usual?\*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
- 26. Over the last 2 weeks, how often have you been bothered by thoughts that you would be better off dead or of hurting yourself in some way?\*
  - Not at all
  - Several days
  - Nearly every day
  - More than half the days
  - 27. How often do you feel that you lack companionship?\*
  - Often
  - Some of the time
  - Hardly ever
- 28. According to your last 2 weeks, how much stress do think you are currently under?\*
  - Low stress
  - Moderate stress
  - High stress