

# TASK DOCUMENTATION

## [Hypoglycemia Fear Survey]

Participant ID: **PtID**

### LOW BLOOD SUGAR SURVEY

<b>LgSnackBed</b>	<b>1. Eat large snacks at bedtime:</b> 0 - Never 1 - Rarely 2 - Sometimes 3 - Often 4 - Almost Always
<b>AvoidAloneLowBG</b>	<b>2. Avoid being alone when my sugar is likely to be low:</b> 0 - Never 1 - Rarely 2 - Sometimes 3 - Often 4 - Almost Always
<b>TestBGRunHigh</b>	<b>3. If test blood glucose, run a little high to be on the safe side:</b> 0 - Never 1 - Rarely 2 - Sometimes 3 - Often 4 - Almost Always
<b>HighBGAlone</b>	<b>4. Keep my sugar high when I will be alone for a while:</b> 0 - Never 1 - Rarely 2 - Sometimes 3 - Often 4 - Almost Always
<b>EatFirstSignLowBG</b>	<b>5. Eat something as soon as I feel the first sign of low blood sugar:</b> 0 - Never 1 - Rarely 2 - Sometimes 3 - Often 4 - Almost Always

# TASK DOCUMENTATION

## [Hypoglycemia Fear Survey]

RedInsThinkLowBG	<p><b>6. Reduce my insulin when I think my sugar is low:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
KeepHighBGMtg	<p><b>7. Keep my sugar high when I plan to be in a long meeting or at a party:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
CarryFastActSug	<p><b>8. Carry fast-acting sugar with me:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
AvoidExThinkLowBG	<p><b>9. Avoid exercise when I think my sugar is low:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
CkSugOfftMtg	<p><b>10. Check my sugar often when I plan to be in a long meeting or out to a party:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>

# TASK DOCUMENTATION

## [Hypoglycemia Fear Survey]

<b>WorryNotRecLowBG</b>	<p><b>11. I worry about not recognizing/realizing I am having low blood sugar:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
<b>WorryNoFood</b>	<p><b>12. I worry about not having food, fruit, or juice with me:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
<b>WorryPassOut</b>	<p><b>13. I worry about passing out in public:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
<b>WorryEmbarSocial</b>	<p><b>14. I worry about embarrassing myself or my friends in a social situation:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
<b>WorryReacAlone</b>	<p><b>15. I worry about having a reaction while alone:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>

## TASK DOCUMENTATION

### [Hypoglycemia Fear Survey]

<b>WorryAppStupDrunk</b>	<p><b>16. I worry about appearing stupid or drunk:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
<b>WorryLoseCntrl</b>	<p><b>17. I worry about losing control:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
<b>WorryNoHelp</b>	<p><b>18. I worry about no one being around to help me during a reaction:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
<b>WorryReactDrive</b>	<p><b>19. I worry about having a reaction while driving:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>
<b>WorryMistAcc</b>	<p><b>20. I worry about making a mistake or having an accident:</b></p> <ul style="list-style-type: none"> <li>0 - Never</li> <li>1 - Rarely</li> <li>2 - Sometimes</li> <li>3 - Often</li> <li>4 - Almost Always</li> </ul>

## TASK DOCUMENTATION

### [Hypoglycemia Fear Survey]

<b>WorryBadEvalCrit</b>	<p><b>21. I worry about getting a bad evaluation or being criticized:</b></p> <p>0 - Never  1 - Rarely  2 - Sometimes  3 - Often  4 - Almost Always</p>
<b>WorryRespForOthers</b>	<p><b>22. I worry about difficulty thinking clearly when responsible for others:</b></p> <p>0 - Never  1 - Rarely  2 - Sometimes  3 - Often  4 - Almost Always</p>
<b>WorryDizzy</b>	<p><b>23. I worry about feeling lightheaded or dizzy:</b></p> <p>0 - Never  1 - Rarely  2 - Sometimes  3 - Often  4 - Almost Always</p>

*Please check the following if questionnaire will not be completed*

<b>QuestNotDone</b>	– <b>Hypoglycemia Fear Survey will not be completed</b>
---------------------	---