

DirecNet Exercise 2 Study
Reference Blood Draws Form

tbIGVisit

1. Visit Date: ____ / ____ / ____ mm/dd/yy VisitDt

A. Pre-Exercise Reference Blood Draws tbIGRefSamples

Type	Time Drawn	Attach “A” Label (Glucose) <i>Leave blank if missed</i>	Missed	Processing Deviation Description
GSampleType 1:00 PM	DrawDtTm	LabID	SampleMiss	ProcDevCmts
2:00 PM				
3:00 PM				

B. Exercise Reference Blood Draws

Type	Time Drawn	Attach “A” Label (Glucose) <i>Leave blank if missed</i>	Attach “B” Label (Free Fatty Acids) <i>Leave blank if missed</i>	Attach “C” Label (Free Insulin) <i>Leave blank if missed</i>	Attach “D” Label (Beta-hydroxybuterate) <i>Leave blank if missed</i>	Attach “E” Label (Adiponectin) <i>Leave blank if missed</i>
Baseline						
Duplicate Baseline						
Processing Deviation:						
1 st Rest Period						N/A
2 nd Rest Period						N/A
3 rd Rest Period						N/A
End of Exercise						

Type	Time Drawn	Attach “A” Label (Glucose) <i>Leave blank if missed</i>	Attach “B” Label (Free Fatty Acids) <i>Leave blank if missed</i>	Attach “C” Label (Free Insulin) <i>Leave blank if missed</i>	Attach “D” Label (Beta-hydroxybuterate) <i>Leave blank if missed</i>	Attach “E” Label (Adiponectin) <i>Leave blank if missed</i>
15 min Post-exercise						N/A
30 min Post-exercise						N/A
45 min Post-exercise						N/A

C. Time Synchronization [tbIGVisit](#)

At the time the of the last exercise reference blood draw, record the times displayed on each of the following:

1. Room Clock: ____ : ____ ☐AM ☐PM
☐Not Recorded

2. CGMS: ____ : ____ ☐AM ☐PM
☐Not Recorded

3. Freestyle: ____ : ____ ☐AM ☐PM
☐Not Recorded

[RoomClockStopHr](#)
[RoomClockStopMin](#)
[RoomClockStopAMPM](#)
[RoomClockStopNR](#)

[CGMSStopHr](#)
[CGMSStopMin](#)
[CGMSStopAMPM](#)
[CGMSStopNR](#)

[FreeStopHr](#)
[FreeStopMin](#)
[FreeStopAMPM](#)
[FreeStopNR](#)