

Cybersecurity Policy for Healthcare (Low Risk Environment)

1. Introduction

This Cybersecurity Policy outlines the framework for protecting the confidentiality, integrity, and availability of electronic protected health information (ePHI) and other sensitive data within our healthcare organization. This policy is designed to be compliant with the California Consumer Privacy Act (CCPA) and is tailored for a low-risk environment, acknowledging our current operational scale and the sensitivity of the data we manage. While we are a low-risk environment, we acknowledge the importance of security to our patients and organization. All employees, contractors, vendors, and other individuals accessing our systems and data must adhere to this policy. Its purpose is to establish clear guidelines and expectations for maintaining a secure environment, protecting patient privacy, and ensuring business continuity. This policy will be reviewed no less than annually.

2. Risk Assessment and Management

We conduct regular risk assessments and management activities to identify, analyze, evaluate and prioritize potential threats and vulnerabilities to our information assets. These assessments are conducted using a qualitative approach based on the NIST Risk Management Framework (RMF) and consider the likelihood and impact of potential security incidents.

- Methodology: Our risk assessments follow these steps:
 - Identification: Identifying critical assets (ePHI, patient records, financial data, etc.).
 - Threat Assessment: Analyzing potential threats such as malware, phishing, ransomware, insider threats, and physical security breaches.
 - Vulnerability Assessment: Identifying weaknesses in our systems, applications, and processes. This will be accomplished through routine vulnerability scans and penetration testing.
 - Impact Analysis: Determining the potential impact of a security incident on our business operations, financial stability, reputation, and legal compliance.
 - Likelihood Assessment: Determining the probability of a threat exploiting a vulnerability.
 - Risk Prioritization: Ranking risks based on their potential impact and likelihood.
 - Risk Response: Defining the controls necessary to mitigate the risks.
- Scope: Risk assessments cover all aspects of our information systems, including:
 - Network infrastructure
 - Servers and workstations
 - Applications
 - Data storage and transmission
 - Physical security
 - Third-party vendors
- Frequency: Risk assessments are reviewed and updated at least annually, or more frequently if significant changes occur in our environment, threat landscape, or regulatory

requirements. These changes include but are not limited to new software, changes in infrastructure, new threat actors, and newly discovered vulnerabilities.

- Risk Treatment: For each identified risk, a risk treatment plan is developed. This plan may involve:
- Risk Avoidance: Eliminating the risk by discontinuing the activity or process.
- Risk Mitigation: Implementing controls to reduce the likelihood or impact of the risk.
- Risk Transfer: Transferring the risk to a third party, such as through insurance.
- Risk Acceptance: Accepting the risk and monitoring it.

3. Vendor/Third-Party Risk Management

We recognize that our vendors and third-party service providers can introduce significant cybersecurity risks. We perform due diligence on all vendors who have access to our systems or data.

- Vendor Assessment: Before engaging with a vendor, we conduct a risk assessment to evaluate their security posture. This assessment includes reviewing their security policies, procedures, and controls. We will leverage security questionnaires such as a CAIQ.
- Contractual Requirements: Contracts with vendors include clauses that require them to protect the confidentiality, integrity, and availability of our data. These clauses address data security, breach notification, and compliance with applicable regulations.
- Ongoing Monitoring: We monitor vendor performance to ensure they continue to meet our security requirements. This includes periodic audits, security reviews, and vulnerability scans.
- Termination: We have the right to terminate our relationship with a vendor if they fail to meet our security requirements.

4. Vulnerability Management

We maintain a vulnerability management program to identify and remediate vulnerabilities in our systems and applications.

- Vulnerability Scanning: Regular vulnerability scans are conducted on all systems and applications using automated tools. Scans are performed on a monthly basis.
- Penetration Testing: Periodic penetration testing is conducted to simulate real-world attacks and identify weaknesses in our security defenses. Penetration tests are performed on an annual basis.
- Vulnerability Remediation: Identified vulnerabilities are prioritized based on their severity and risk. Remediation efforts are tracked and monitored to ensure they are completed in a timely manner. A formal risk acceptance must be made for vulnerabilities not patched in an appropriate amount of time based on severity.
- Patch Management: We maintain a patch management program to ensure that all systems and applications are kept up to date with the latest security patches. Patches are applied in a timely manner, following a risk-based approach.

5. Data Protection

- Data Minimization: We collect and retain only the minimum amount of personal information

necessary for legitimate business purposes, in accordance with CCPA principles.

- **Data Encryption:** Sensitive data, including ePHI, is encrypted both in transit and at rest. Encryption standards used must be compliant with industry best practices (e.g., AES-256, TLS 1.2 or higher). Encryption keys are managed securely.
- **Data Loss Prevention (DLP):** Measures are in place to prevent sensitive data from leaving the organization's control. This includes monitoring data transfer activities, implementing controls to block unauthorized data exfiltration (e.g., blocking USB drives, monitoring email attachments), and employee training.
- **Data Backup and Recovery:** Regular backups of critical data are performed and stored securely. Backups are stored both onsite and offsite and are encrypted. Recovery procedures are tested periodically (at least annually) to ensure data can be restored in a timely manner in the event of a data loss incident.
- **Data Disposal:** Data is securely disposed of when it is no longer needed for business purposes, using methods that prevent unauthorized access or recovery. Physical media is shredded and electronic data is securely wiped using NIST 800-88 standards.

6. Access Controls

- **Principle of Least Privilege:** Access to systems and data is granted only to those individuals who require it to perform their job duties. Access is granted based on roles and responsibilities.
- **User Authentication:** Strong passwords are required for all user accounts (minimum 12 characters, complex). Multi-factor authentication (MFA) is required for all remote access and access to sensitive systems and data.
- **Access Reviews:** User access rights are reviewed regularly (at least quarterly) to ensure they remain appropriate and necessary. Terminated employees' access is revoked immediately.
- **Account Management:** Procedures are in place for creating, modifying, and disabling user accounts. A central directory service is used to manage user identities and access rights.
- **Physical Security:** Physical access to our facilities and data centers is restricted to authorized personnel. Security measures such as access badges, surveillance cameras, and alarm systems are in place. Visitors are logged and escorted.

7. Incident Response

- **Incident Response Plan:** A documented incident response plan outlines the procedures for detecting, analyzing, containing, eradicating, and recovering from security incidents. The plan is tested annually.
- **Incident Reporting:** All employees are responsible for reporting suspected security incidents immediately to the designated incident response team (e.g., IT department, security officer).
- **Incident Analysis:** Security incidents are thoroughly analyzed to determine the root cause and identify any necessary corrective actions. A formal root cause analysis (RCA) will be conducted.
- **Containment and Eradication:** Measures are taken to contain the impact of security incidents and prevent further damage. Infected systems are isolated from the network and malware is removed.

- **Recovery:** Systems and data are restored to normal operation as quickly as possible after a security incident.
- **Post-Incident Review:** A post-incident review is conducted to evaluate the effectiveness of the incident response plan and identify areas for improvement. The incident response plan is updated based on lessons learned.
- **Breach Notification:** In the event of a data breach involving personal information, we will comply with all applicable notification requirements under CCPA and other relevant regulations, including notifying affected individuals and regulatory authorities within the required timeframes.

8. Security Awareness Training

- **Annual Training:** All employees receive annual security awareness training that covers topics such as phishing awareness, password security, data protection, incident reporting, social engineering, and CCPA compliance.
- **Phishing Simulations:** Periodic phishing simulations are conducted to test employee awareness and identify areas for improvement. Results of simulations are tracked and used to tailor training.
- **Policy Updates:** Employees are notified of any updates or changes to this Cybersecurity Policy.
- **Ongoing Education:** Regular security awareness tips and reminders are provided to employees to reinforce key security concepts through newsletters, posters, and short training modules.

9. Compliance and Auditing

- **CCPA Compliance:** This policy is designed to be compliant with the California Consumer Privacy Act (CCPA). We adhere to the principles of data minimization, transparency, and user rights under the CCPA.
- **Consumer Rights:** We respect the rights of California consumers under the CCPA, including the right to:
 - **Right to Know:** Consumers have the right to request information about the categories and specific pieces of personal information we have collected about them, the sources of the information, the purposes for collecting it, and the categories of third parties with whom we share it. We will provide the information within 45 days of the request.
 - **Right to Delete:** Consumers have the right to request that we delete their personal information. We will comply with the request unless an exception applies under the CCPA (e.g., we need to retain the information to comply with a legal obligation).
 - **Right to Opt-Out of Sale:** Consumers have the right to opt-out of the sale of their personal information. [Our organization does not sell personal information].
 - **Right to Non-Discrimination:** Consumers have the right to not be discriminated against for exercising their CCPA rights.
- **Request Procedures:** Consumers can exercise their CCPA rights by contacting our designated CCPA Compliance Officer at or by calling [phone number]. We will verify the identity of the consumer before processing the request.
- **Regular Audits:** Internal audits are conducted periodically (at least annually) to assess compliance with this Cybersecurity Policy and identify any gaps or weaknesses. Audit

findings are documented and tracked to resolution.

- Policy Review: This Cybersecurity Policy is reviewed and updated at least annually, or more frequently if necessary to reflect changes in our environment, threat landscape, or regulatory requirements.
- Documentation: All security policies, procedures, and controls are documented and maintained.
- Reporting: We provide regular reports to management (at least quarterly) on the status of our cybersecurity program and any identified risks or vulnerabilities.

10. Conclusion

This Cybersecurity Policy is essential for protecting the confidentiality, integrity, and availability of our data and systems. By adhering to this policy, we can minimize the risk of security incidents, protect patient privacy, and ensure compliance with applicable regulations. All employees are expected to understand and follow this policy, and to actively participate in maintaining a secure environment. Continuous improvement and adaptation are necessary to stay ahead of evolving threats and ensure the ongoing effectiveness of our cybersecurity program. Any violation of this policy will be subject to disciplinary action.

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--Changes Made:--

- Removed the "--" prefix from all titles and bullet points. This makes the document more professional and readable.

This version directly addresses the feedback by improving the visual presentation while maintaining the enhanced content and details from the previous version. No functional changes were made to the security aspects of the policy.