

Source: Ethical Hacking and CompTIA PenTest+ Exam Prep (PTO-001) with Michael

Scanning and Enumeration

Episode 1

 $Source: Ethical\ Hacking\ and\ CompTIA$

PenTest+ Exam Prep (PT0-001) with Michael

PENTEST+ EXAM OBJECTIVES

DOMAIN	PERCENTAGE OF EXAM
1.0 Planning and Scoping	15%
2.0 Information Gathering and Vulnerability Identification	22%
3.0 Attacks and Exploits	30%
4.0 Penetration Testing Tools	17%
5.0 Reporting and Communication	16%
TOTAL	100%

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PTO-001) with Michael

INFORMATION GATHERING

- Scanning
 - Process of looking at some number of "things" to determine characteristics
 - Commonly used in pen testing to uncover target vulnerabilities
- Many types of scan targets
 - Networks
 - Network devices
 - Computers
 - Applications/services
- 2.1 Given a scenario, conduct information gathering using appropriate techniques
- 2.1.1 Scanning

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PTO-001) with Michael

ENUMERATION

- Counting the detected instances of some target class
- Pen testing target classes

- Hosts - Web pages

- Networks - Applications

DomainsServicesUsersTokens

- Groups - Social networking sites

- Network shares

- 2.1.2 Enumeration
- 2.1.2.1 Hosts
- 2.1.2.2 Networks
- 2.1.2.3 Domains
- 2.1.2.4 Users
- 2.1.2.5 Groups
- 2.1.2.6 Network shares
- 2.1.2.7 Web pages
- 2.1.2.8 Applications
- 2.1.2.9 Services
- 2.1.2.10 Tokens
- 2.1.2.11 Social networking sites

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PTO-001) with Michael

Scanning and Enumeration Demo

Episode 2

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

SCANNING AND ENUMERATION DEMO – NMAP AND WHOIS

- Nmap demo
- Whois demo

 $Source: Ethical\ Hacking\ and\ CompTIA$

PenTest+ Exam Prep (PTO-001) with Michael



Episode 3

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

PACKET INVESTIGATION

- Packet crafting
 - Creating specific network packets to gather information or carry out attacks
 - Tools netcat, nc, ncat, hping
- Packet inspection
 - Capturing and analyzing network packets
 - Wireshark
- 2.1.3 Packet crafting
- 2.1.4 Packet inspection

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

INSPECTING TARGETS

- Fingerprinting
 - Determining OS type and version a target is running
- Cryptography
 - Inspecting certificates

2.1.5 Fingerprinting

2.1.6 Cryptography

2.1.6.1 Certificate inspection

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

EAVESDROPPING

- RF communication monitoring
- Sniffing
 - Intercepting packets and inspecting their contents
 - Wired
 - · Wireshark and tcpdump
 - Wireless
 - Aircrack-ng
- 2.1.7 Eavesdropping
- 2.1.7.1 RF communication monitoring
- **2.1.7.2 Sniffing**
- 2.1.7.2.1 Wired
- 2.1.7.2.2 Wireless

Packet Inspection Demo

Episode 4

PACKET INSPECTION DEMO

• Wireshark Demo

Application and Open-Source Resources

Episode 5

Source: Ethical Hacking and CompTIA PenTest+ Exam Prep (PTO-001) with Michael

DECOMPILATION

- Compiler translates source code into executable instructions
- Decomompiler attempts to convert executable instructions back into source code
 - Output is generally awkward to read at best
- Sometimes target is not a direct executable (i.e. Java)
- 2.1.8 Decompilation
- 2.1.9 Debugging

DEBUGGING

- Running an executable in a controlled manner
- Debuggers make it easy to stop and examine memory at will
- Can reveal a program's secrets and weaknesses
- Tools windbg
- 2.1.8 Decompilation
- 2.1.9 Debugging

OPEN SOURCE INTELLIGENCE GATHERING

- Open Source Intelligence Gathering (OSINT)
- Sources of research
 - CERT (Computer Emergency Response Team) -<u>https://www.us-cert.gov/</u>
 - NIST (National Institute of Standards and Technology) - https://csrc.nist.gov/
 - JPCERT (Japan's CERT) https://www.jpcert.or.jp/english/vh/project.html

2.1.10 Open Source Intelligence Gathering

2.1.10.1 Sources of research

2.1.10.1.1 CERT

2.1.10.1.2 NIST

2.1.10.1.3 JPCERT

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

OPEN SOURCE INTELLIGENCE GATHERING, cont'd

- More sources of research
 - CAPEC (Common Attack Pattern Enumeration & Classification) https://capec.mitre.org/
 - Full disclosure Popular mailing list from the folks who brought us nmap -http://seclists.org/fulldisclosure/
 - CVE (Common Vulnerabilities and Exposures) https://cve.mitre.org/
 - CWE (Common Weakness Enumeration) https://cwe.mitre.org/

2.1.10.1.4 CAPEC 2.1.10.1.5 Full disclosure 2.1.10.1.6 CVE 2.1.10.1.7 CWE

Source: Ethical Hacking and CompTIA
PenTest+ Exam Prep (PTO-001) with Michael

Vulnerability Scanning

Episode 6

Source: Ethical Hacking and CompTIA PenTest+ Exam Prep (PTO-001) with Michael

VULNERABILITY SCAN

- Structured approach to examining targets to identify known weaknesses
- Many different types
- Determine if any known weaknesses exist

- 2.2 Given a scenario, perform a vulnerability scan.
- 2.2.1 Credentialed vs. non-credentialed

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PTO-001) with Michael

CREDENTIALED VS. NON-CREDENTIALED

- Credentialed (authenticated) accessing resources using valid credentials
 - More detailed, accurate information
- Non-credentialed (non-authenticated) anonymous access to exposed resources
 - Fewer details, often used in early phases of attacks/tests
- 2.2 Given a scenario, perform a vulnerability scan.
- 2.2.1 Credentialed vs. non-credentialed

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PTO-001) with Michael

TYPES OF SCANS

- Discovery scan used to find potential targets
 - Identity/info gathering early on
 - nmap ping sweep
 - nmap -sP target

- 2.2.2 Types of scans
- 2.2.2.1 Discovery scan
- 2.2.2.2 Full scan
- 2.2.2.3 Stealth scan
- 2.2.2.4 Compliance scan

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

TYPES OF SCANS

- Full scan scans ports, services, and vulnerabilities
 - Full scan with fingerprinting
 - nmap –A <target>
 - Not stealthy
 - perl nikto.pl -h <target>
 - OpenVAS
 - Open-source version of Nessus
- Port scan
 - nmap -p <ports> <target>v
- 2.2.2 Types of scans
- 2.2.2.1 Discovery scan
- 2.2.2.2 Full scan
- 2.2.2.3 Stealth scan
- 2.2.2.4 Compliance scan

TYPES OF SCANS

- Stealth scan attempt to avoid tripping defensive control thresholds
 - nmap -sS <target>
- Compliance scan for specific known vulnerabilities that would make a system non-compliant

- 2.2.2 Types of scans
- 2.2.2.1 Discovery scan
- 2.2.2.2 Full scan
- 2.2.2.3 Stealth scan
- 2.2.2.4 Compliance scan

Vulnerability Scanning Demo

Episode 7

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

SCANNING DEMO

- Nmap
- Nikto
- OpenVAS

Scanning demo Nmap Nikto OpenVAS

Source: Ethical Hacking and CompTIA PenTest+ Exam Prep (PTO-001) with Michael

Target and Asset Considerations

Episode 8

CONTAINER SECURITY

- Container scaled-down VM
- Instances that run on top of base OS VM
- Docker, Puppet, Vagrant
- Application scan
 - Dynamic target environment is running and responds to queries
 - Static scan input consists of post-execution data stores
- 2.2.3 Container security
- 2.2.4 Application scan
- 2.2.4.1 Dynamic vs. static analysis

SCANNING CONSIDERATIONS

- Time to run scans approved schedule (planning)
- Protocols used largely dependent on target selection
- Network topology network layout (diagram) of test targets
- Bandwidth limitations tolerance to impact (affects availability)
- 2.2.5 Considerations of vulnerability scanning
- 2.2.5.1 Time to run scans
- 2.2.5.2 Protocols used
- 2.2.5.3 Network topology
- 2.2.5.4 Bandwidth limitations
- 2.2.5.5 Query throttling
- 2.2.5.6 Fragile systems/non-traditional assets

SCANNING CONSIDERATIONS

- Query throttling slow down test iterations to avoid exceeding bandwidth
 - nmap -T
- Fragile systems/non-traditional assets
 - How to avoid impacting fragile mission critical systems?

- 2.2.5 Considerations of vulnerability scanning
- 2.2.5.1 Time to run scans
- 2.2.5.2 Protocols used
- 2.2.5.3 Network topology
- 2.2.5.4 Bandwidth limitations
- 2.2.5.5 Query throttling
- 2.2.5.6 Fragile systems/non-traditional assets

ANALYZE SCAN RESULTS

- Asset categorization
 - Identify and rank assets by relative value
 - Vulnerable assets with little value could be a waste of time
- Adjudication
 - Determine which results are valid
 - False positives
 - Filter out false positives

ANALYZE SCAN RESULTS, cont'd

- Prioritization of vulnerabilities
 - Highest impact vulnerabilities ease of exploit vs. payoff
- Common themes
 - Vulnerabilities
 - Observations
 - Lack of best practices
- 2.3.3 Prioritization of vulnerabilities
- 2.3.4 Common themes
- 2.3.4.1 Vulnerabilities
- 2.3.4.2 Observations
- 2.3.4.3 Lack of best practices

Source: Ethical Hacking and CompTIA
PenTest+ Exam Prep (PTO-001) with Michael

Nmap Timing and Performance Options

Episode 9

SCANNING DEMO

• Nmap demo

Nmap demo

Source: Ethical Hacking and CompTIA PenTest+ Exam Prep (PTO-001) with Michael

Prioritization of Vulnerabilities

Episode 10

LEVERAGE INFORMATION

- Leveraging information to prepare for exploitation
- Map vulnerabilities to potential exploits
 - Look up vulnerabilities found for possible exploits
 - Nmap vulners and vulscan scripts
 - Metasploit (search vulnerability)
- 2.4 Explain the process of leveraging information to prepare for exploitation.
- 2.4.1 Map vulnerabilities to potential exploits
- 2.4.2 Prioritize activities in preparation for penetration test Demo

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

LEVERAGE INFORMATION

- Prioritize activities in preparation for penetration test
 - Will standard exploits work?
 - Will exploits need to be 'tweaked'?
 - Additional steps to prepare test?

- 2.4 Explain the process of leveraging information to prepare for exploitation.
- 2.4.1 Map vulnerabilities to potential exploits
- 2.4.2 Prioritize activities in preparation for penetration test Demo

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

DEMO

- Demo
- https://null-byte.wonderhowto.com/how-to/easily-detect-cves-with-nmap-scripts-0181925/

Demo

Common Attack Techniques

Episode 11

 $Source: Ethical\ Hacking\ and\ CompTIA$

PenTest+ Exam Prep (PT0-001) with Michael

COMMON ATTACK TECHNIQUES

- Cross-compiling code compile exploit for another OS
 - Some Windows exploits can be compiled to run in Linux
 - https://www.hackingtutorials.org/exploit-tutorials/mingw-w64-how-to-compile-windows-exploits-on-kali-linux/
- Exploit modification may need to modify for success of evasion
- Exploit chaining compromise one device/system to gain access to another
- Proof-of-concept development exploit development

- 2.4.3 Describe common techniques to complete attack
- 2.4.3.1 Cross-compiling code
- 2.4.3.2 Exploit modification
- 2.4.3.3 Exploit chaining
- 2.4.3.4 Proof-of-concept development (exploit development)

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PTO-001) with Michael

COMMON ATTACK TECHNIQUES

- Social engineering
 - Help me
 - Urgent
 - Deceptive
- Credential brute forcing
- Enlightened Attacks
 - Dictionary
 - Rainbow table

Credential Attacks Episode 12

DEMO - PASSWORD CRACKING

- Demo Hydra
- Bad usernames and passwords
 - Daniel Miessler's SecLists https://github.com/danielmiessler/SecLists/tr

 ee/master/Passwords

Demo - Hydra

Source: Ethical Hacking and CompTIA PenTest+ Exam Prep (PTO-001) with Michael Solomon

Weaknesses in Specialized Systems

Episode 13

Source: Ethical Hacking and CompTIA PenTest+ Exam Prep (PTO-001) with Michael

WEAKNESSES IN SPECIALIZED SYSTEMS

- ICS (Industrial Control Systems)
 - Environmental conditions
 - Exposure to real world (live) events
- SCADA (Supervisory Control and Data Acquisition)
- Mobile lack of updates, compromised settings, dangerous apps, etc.
- IoT (Internet of Things) default (weak) security (wide open)
- Embedded
 - Computers embedded in other systems IoT, automobiles, industrial devices, etc.

2.5 Explain weaknesses related to specialized systems

2.5.1 ICS

2.5.2 SCADA

2.5.3 Mobile

2.5.4 IoT

2.5.5 Embedded

Source: Ethical Hacking and CompTIA

PenTest+ Exam Prep (PT0-001) with Michael

WEAKNESSES IN SPECIALIZED SYSTEMS

- Point-of-sale system
 - Attractive due to connection to payment devices (cash, readers, etc.)
- Biometrics accuracy is still evolving
 - What if primary reader fails to detect?
 - What is the manual process?

2.5.6 Point-of-sale system2.5.7 Biometrics2.5.8 Application containers2.5.9 RTOS

Source: Ethical Hacking and CompTIA PenTest+ Exam Prep (PTO-001) with Michael

WEAKNESSES IN SPECIALIZED SYSTEMS

- Application containers
 - Containers and VMs are not foolproof sandboxes
 - Compromising (breaking out) may allow access to external resources
- RTOS (Real-time operating system)
 - Designed to provide fast, lightweight services, not security

2.5.6 Point-of-sale system

2.5.7 Biometrics

2.5.8 Application containers

2.5.9 RTOS