<header>

<style>

p{

width:300px ;

height:250px;

border: 5px solid yellow;

outline: 2px solid red;

margin:10px;

padding:30px;

border-radius:80px;

background-color:aqua;

box-shadow:290px 100px 1px 1px red ,600px 200px 2px 2px green,800px 400px 4px 4px yellow;;

}

</style>

</header>

<body>

<p>

To center a div horizontally and vertically with Flexbox, first set the height of your document’s HTML and body regions to 100%. You can set the height of the parent container to 100% as well, if you'd like it to take up the whole viewport. For this demo, I'll set the parent container to a specific height instead.

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</p>

</body>