

2nd Annual HEART SOUL 5K

Saturday, February 14, 2015

Historic Larkin District
Larkin Center of Commerce
701 Seneca Street, Buffalo NY 14210

The Morlock Foundation, Inc.
is a 501 c3 Charitable Foundation
www.themorlockfoundation.org

5 KILOMETER RACE @ 10:00AM START

Registration opens 8:00AM

Walkers welcome WALK @ 10:15AM

Long sleeved T-Shirts TO FIRST 125 REGISTERED

5-K AWARDS, MASTERS, AGE GROUPS (5YR), BIGGEST COUPLES TEAM



EARLY PROMOTIONAL NOW -12/15/14 \$20.00/ Goodie bags guaranteed ■ Early Registration \$25.00 ■ After 1/15/2015 \$30.00

Last Name _____ First Name _____ Phone () _____

Previous Runner Yes: _____ Shirt Only _____

Complete Address & ZIP _____

E-Mail address _____

Preference for Application Next Year: E-mail _____ Snail mail _____

I Am Entering the: 5K RACE _____ VOLUNTEER _____

► **TEAM NAME** (if applicable) _____

Date of Birth: ____ / ____ / ____ Age on Race Day: ____ Sex: M / F

● Circle Your Shirt Size: (S) (M) (L) (XL) ■ For XXL (additional \$2.00 charge is applied)

In consideration of your accepting my entry, I hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights & claim for damages which I may have against The Morlock Foundation, Joe Lang Foundation, Larkin Center of Commerce, Seneca Larkin 701, LLC, Rodeo Drive of Amherst, DBA Bing's Restaurant, City of Buffalo, Eclipse Multi-Sport, USTF and any of the Sponsors associated with this race, Volunteers, and all affiliates for any injury, death or damages which may be sustained as a result of my participation in this event or arising out of traveling to or from this event. I certify that I am in good health & able to participate in this event.

SIGNATURE: _____ Parent if Under 18: _____ Date: _____

Please Make Payable & Mail to: **The Morlock Foundation: 381 Burroughs Drive Amherst, NY 14226**

Online registration <http://www.eclipsemultisport.com/> for more information:

Contact Race Director: Edla Collora 716-440-7507 / Ecollora@roadrunner.com