SDS 385	<b>Exercises</b>	6 - The	Proximal	Gradient	Method
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## Problem 1

# **Proximal Operators**

(A) First, we state the definition of the Moreau envelope and the proximal gradient:

$$E_{\gamma}f(x) = \min_{z} \left\{ f(z) + \frac{1}{2\gamma} \|z - x\|_{2}^{2} \right\} \le f(x)$$
 (1)

$$\operatorname{prox}_{\gamma} f(x) = \arg \min_{z} \left\{ f(z) + \frac{1}{2\gamma} \left\| z - x \right\|_{2}^{2} \right\}$$
 (2)

For the local linear approximation of f(x) about the point  $x_0$ ,

$$f(x) \approx \hat{f}(x; x_0) = f(x_0) + (x - x_0)^T \nabla f(x_0)$$
(3)

the proximal operator is derived as follows:

$$\operatorname{prox}_{\gamma} \hat{f}(x; x_0) = \arg \min_{x} \left\{ f(x_0) + (x - x_0)^T \nabla f(x_0) + \frac{1}{2\gamma} \|x - x_0\|_2^2 \right\}$$
(4)

$$= \arg\min_{x} \left\{ x^{T} \nabla f(x_{0}) + \frac{1}{2\gamma} \|x - x_{0}\|_{2}^{2} \right\}$$
 (5)

We take the gradient of the objective function with respect to the feature vector *x* and set it to zero to find the arg min.

$$\nabla f(x_0) - \frac{1}{\gamma}(x - x_0) = 0 \tag{6}$$

$$x = x_0 + \gamma \nabla f(x_0) \tag{7}$$

This is equivalent to gradient-step for f(x) with size  $\gamma$ .

(B) Suppose we have a negative log-likelihood in the form

$$l(x) = \frac{1}{2}x^{T}Px - q^{T}x + r.$$
 (8)

The proximal operator with parameter  $1/\gamma$  of l(x) is

$$\max_{1/\gamma} l(x) = \arg\min_{z} \left\{ l(z) + \frac{\gamma}{2} \|z - x\|_{2}^{2} \right\}$$
 (9)

$$= \arg\min_{z} \left\{ \frac{1}{2} z^{T} P z - q^{T} z + r + \frac{\gamma}{2} \|z - x\|_{2}^{2} \right\}$$
 (10)

Once again, taking the gradient of the objective function with respect to z and setting it to zero yields

$$Pz - q + \gamma(z - x) = 0 \tag{11}$$

$$(P + \gamma I)z = (\gamma x + q) \tag{12}$$

$$z = (P + \gamma T)^{-1}(\gamma x + q) \tag{13}$$

where *I* is the identity matrix, assuming that  $(P + \gamma I)$  is invertible. Now suppose that *y* are generated

conditionally on x by  $(y|x) \sim N(Ax, \Omega^{-1})$ . The log-likelihood of x may be expressed by

$$l(x) \propto \frac{1}{2} (y - Ax)^T \Omega (y - Ax) \tag{14}$$

$$= \frac{1}{2}(y^{T} - x^{T}A^{T})\Omega(y - Ax)$$
 (15)

$$= \frac{1}{2} (y^T \Omega - x^T A^T \Omega)(y - Ax) \tag{16}$$

$$= \frac{1}{2}(y^T \Omega y - y^T \Omega A x - x^T A^T \Omega y + x^T A^T \Omega A x)$$
(17)

$$= \frac{1}{2} (y^T \Omega y - 2y^T \Omega A x + x^T A^T \Omega A x) \tag{18}$$

$$= \frac{1}{2}x^T A^T \Omega A x - y^T \Omega A x + y^T \Omega y \tag{19}$$

Therefore the negative log-likelihood takes the form expressed in (8) with  $P = A^T \Omega A$ ,  $q = A^T \Omega^T y$ , and  $r = y^T \Omega y$ .

(C) Let  $\phi(x) = \tau ||x||_1$ .

$$\operatorname{prox}_{\gamma} \phi(x) = \arg\min_{z} \left\{ \phi(x) + \frac{1}{2\gamma} \left\| z - x \right\|_{2}^{2} \right\}$$
 (20)

$$= \arg\min_{z} \left\{ \tau \|z\|_{1} + \frac{1}{2\gamma} \|z - x\|_{2}^{2} \right\}$$
 (21)

$$= \arg\min_{z} \left\{ \tau \sum_{i=1}^{p} |z_{i}| + \frac{1}{2\gamma} \|z - x\|_{2}^{2} \right\}$$
 (22)

We find the element-wise solution to find each  $z_i$ .

$$\arg\min_{z_i} \left\{ \tau | z_i| + \frac{1}{2\gamma} (z_i - x_i)^2 \right\} = \arg\min_{z_i} \left\{ \frac{1}{2} (x_i - z_i)^2 + \gamma \tau | z_i| \right\}$$
 (23)

In the previous set of exercises, we showed that this is equal to the soft-thresholding function

$$\operatorname{sign}(x_i)(|x_i| - \gamma \tau)_+. \tag{24}$$

### Problem 2

## The proximal gradient method

(A) We want to minimize an objective function  $f(x) = l(x) + \phi(x)$  where l(x) is differentiable but  $\psi(x)$  is not. We define the linear approximator of l(x) as

$$l(x) \approx \tilde{l}(x; x_0) = l(x_0) + (x - x_0)^T \nabla l(x_0) + \frac{1}{2\gamma} \|x - x_0\|_2^2.$$
 (25)

Now our original objective function can be approximated with

$$f(x) \approx \tilde{f}(x; x_0) = \tilde{l}(x; x_0) + \phi(x). \tag{26}$$

We look to minimize this approximation of the objective function.

$$\hat{x} = \arg\min_{x} \left\{ \tilde{f}(x; x_0) \right\} \tag{27}$$

$$= \underset{x}{\operatorname{arg\,min}} \left\{ \tilde{l}(x; x_0) + \phi(x) \right\} \tag{28}$$

$$= \arg\min_{x} \left\{ l(x_0) + (x - x_0)^T \nabla l(x_0) + \frac{1}{2\gamma} \|x - x_0\|_2^2 + \phi(x) \right\}$$
 (29)

We can disregard the  $l(x_0)$  term in (29) because it does not relate to x. Furthermore we can introduce another term  $\frac{\gamma}{2}\nabla l(x_0)^T\nabla l(x_0)$  which also does not relate to x in order to complete the square. Now the ojective function becomes

$$\arg\min_{x} \left\{ \phi(x) + (x - x_0)^T \nabla l(x_0) + \frac{1}{2\gamma} \|x - x_0\|_2^2 + \frac{\gamma}{2} \nabla l(x_0)^T \nabla l(x_0) \right\}$$
(30)

$$= \arg\min_{x} \left\{ \phi(x) + (x - x_0)^T \nabla l(x_0) + \frac{1}{2\gamma} (x - x_0)^T (x - x_0) + \frac{\gamma}{2} \nabla l(x_0)^T \nabla l(x_0) \right\}$$
(31)

$$= \arg\min_{x} \left\{ \phi(x) + \frac{1}{2\gamma} \left( 2\gamma (x - x_0)^T \nabla l(x_0) + (x - x_0)^T (x - x_0) + \gamma^2 \nabla l(x_0)^T \nabla l(x_0) \right) \right\}$$
(32)

$$= \arg\min_{x} \left\{ \phi(x) + \frac{1}{2\gamma} \left( (x - x_0)^T (x - x_0) + 2\gamma (x - x_0)^T \nabla l(x_0) + \gamma^2 \nabla l(x_0)^T \nabla l(x_0) \right) \right\}$$
(33)

$$= \arg\min_{x} \left\{ \phi(x) + \frac{1}{2\gamma} \left( (x - x_0 + \gamma \nabla l(x_0))^T (x - x_0 + \gamma \nabla l(x_0)) \right) \right\}$$
(34)

$$= \arg\min_{x} \left\{ \phi(x) + \frac{1}{2\gamma} \|x - x_0 + \gamma \nabla l(x_0)\|_2^2 \right\}$$
 (35)

$$= \arg\min_{x} \left\{ \phi(x) + \frac{1}{2\gamma} \|x - (x_0 - \gamma \nabla l(x_0))\|_{2}^{2} \right\}$$
 (36)

Therefore we see the solution for  $\hat{x}$  is equivalent to

$$\hat{x} = \underset{\gamma}{\text{prox}} \phi(u), \text{ where } u = x_0 - \gamma \nabla l(x_0)$$
 (37)

(B) The proximal gradient method is an iterative algorithm which expressed as

$$x^{(t+1)} = \underset{\gamma^{(t)}}{\text{prox}} \phi(u^{(t)}), \ u^{(t)} = x^{(t)} - \gamma^{(t)} \nabla l(x^{(t)})$$
(38)

With lasso linear regression, we find

$$\hat{\beta} = \arg\min_{\beta} \left\{ \frac{1}{2} \|y - X\beta\|_{2}^{2} + \lambda \|\beta\|_{1} \right\}.$$
 (39)

We may use proximal gradient method to accomplish this. Define

$$l(\beta) = \frac{1}{2} \|y - X\beta\|_2^2 = \frac{1}{2} (y - X\beta)^T (y - X\beta) = \frac{1}{2} y^T y - \beta^T X^T y + \frac{1}{2} \beta^T X^T X\beta$$
 (40)

$$\nabla l(\beta) = X^T X \beta - X^T y = -X^T (y - X \beta) \tag{41}$$

$$\phi(\beta) = \lambda \|\beta\|_{1}. \tag{42}$$

With this we can frame our proximal gradient method for finding lasso solutions as follows:

$$\beta^{(t+1)} = \underset{\gamma^{(t)}}{\operatorname{prox}} \lambda \left\| u^{(t)} \right\|_{1} \tag{43}$$

$$u^{(t)} = \beta^{(t)} - \gamma^{(t)} \nabla l(\beta^{(t)})$$
(44)

$$= \beta^{(t)} + \gamma^{(t)} X^{T} (y - X \beta^{(t)})$$
(45)

Using the results from the previous exercise, we see that the element-wise solution is

$$\beta_i^{(t+1)} = \text{sign}(u_i^{(t)})(|u_i^{(t)}| - \gamma\lambda)_+ \tag{46}$$

The primary computational cost of this algorithm computing the two matrix products. Finding the proximal gradient is trivial, only involving the sign and max commands within R. Implementation in R gives similar results to the output of the glmnet package. See Figure 1. Note that in my code, I scale  $\lambda$  by N, the number of data points.

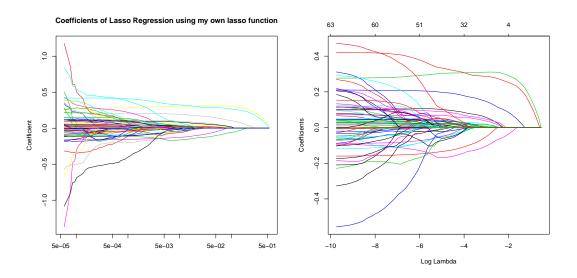


Figure 1: Comparison of output from my proximal gradient method (left) and output of glmnet (right)

(C) Now we implement the accelerated proximal gradient algorithm. The  $z^{(t+1)}$  term is an extropolated version of  $\beta^{(t+1)}$  based on the magnitude of the previous step. If we have taken a big step, we are more

confident in going further in the direction we have gone.

$$\beta^{(t+1)} = \underset{\gamma^{(t)}}{\operatorname{prox}} \lambda \left\| u^{(t)} \right\|_{1} \tag{47}$$

$$u^{(t)} = z^{(t)} - \gamma^{(t)} \nabla l(z^{(t)}) \tag{48}$$

$$s^{(t+1)} = \frac{1 + (1 + 4(s^{(t)}))^{1/2}}{2} \tag{49}$$

$$s^{(t+1)} = \frac{1 + (1 + 4(s^{(t)}))^{1/2}}{2}$$

$$z^{(t+1)} = \beta^{(t+1)} + \left(\frac{s^{(t)} - 1}{s^{(t+1)}}\right) \left(\beta^{(t+1)} - \beta^{(t)}\right)$$
(50)

When implemented in R, the accelerated method converges much faster than the regular method. See Figure 2. My convergence criteria is a relative change in negative log-likelihood of less than  $10^{-10}$ . Holding  $\lambda = 0.001$ , the accelerated method converges in 616 iterations, while the regular method converges in 19,953 iterations. Comparing the final given values of the coefficients, 63 of 64 covariates have the same sign for their coefficients. The one outstanding covariate, hdl.tch, has a coefficient of 0.00267 in the unaccelerated method, and a value of zero in the accelerated method. Figure 3 compares all coefficients for the two methods. Clearly the coefficients are in close agreement when computed under the two different methods.

#### NLL for Prox Method and Accelerated Prox method, tol = 1e-10

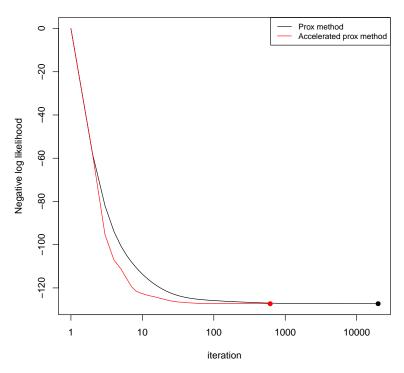


Figure 2: Comparison of convergence for prox method vs. accelerated prox method,  $\lambda = 0.001$ 

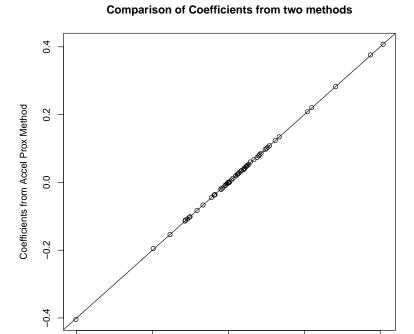


Figure 3: Comparison of coefficients for prox method vs. accelerated prox method,  $\lambda=0.001$ 

0.0

Coefficients from Prox Method

0.2

0.4

-0.2

-0.4

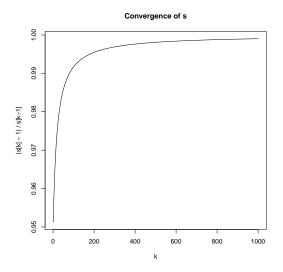


Figure 4: Convergence of  $\frac{s^{(t)}-1}{s^{(t+1)}}$ 

#### R script for myfuns.R

```
######## Created by Spencer Woody on 17 Oct 2016 ########
   nll <- function(X, Y, beta) {</pre>
       mynll \leftarrow t(beta) %*% (0.5 * crossprod(X) %*% beta - crossprod(X, Y))
       return(mynll)
   }
   grad <- function(X, Y, beta) {</pre>
       myprod <- Y - X%*%beta</pre>
       mygrad <- - crossprod(X, myprod)</pre>
       return(mygrad)
   }
15
   prox.ell1 <- function(u, lambda) {</pre>
       uprime <- abs(u) - lambda
       uprime.zeros <- cbind(rep(0, length(u)), uprime)</pre>
       prox <- sign(u) * apply(uprime.zeros, 1, max)</pre>
20
       return(prox)
   }
  proxlasso <- function(X, Y, lambda = 1e-4, gamma = 1e-4, beta0 = NA, numsteps = 50000, tol = 1e-10)
       # If there is no beta0, make it a series of zeros
       if (is.na(beta0)) {
           beta0 <- rep(0, ncol(X))</pre>
30
       # Standardize lambda
       lambda = lambda * nrow(X)
       # Initialize matrix for
       beta <- matrix(rep(NA, ncol(X) * (numsteps+1)), nrow = ncol(X))</pre>
       beta[, 1] <- beta0
       # Begin trace of nll
       nlltrace <- rep(NA, (numsteps + 1))</pre>
       nlltrace[1] <- nll(X, Y, beta0) + lambda * sum(abs(beta0))</pre>
       # Initialize convergence message in case convergence not reached
       message <- "Convergence not reached..."
       for (t in 1:numsteps) {
           u <- beta[, t] - gamma * grad(X, Y, beta[, t])</pre>
           beta[, t + 1] <- prox.ell1(u, gamma * lambda)</pre>
           nlltrace[t + 1] <- nll(X, Y, beta[, t + 1]) + lambda * sum(abs(beta[, t + 1]))
50
            # Convergence check
```

```
nllchange <- nlltrace[t + 1] / nlltrace[t] - 1</pre>
            if (abs(nllchange) < tol) {</pre>
                # Remove excess betas and nll
55
                beta <- beta[, -((t+2):ncol(beta))]
                nlltrace <- nlltrace[-((t+2):length(nlltrace))]</pre>
                # Update convergence message
                message <- sprintf("Convergence reached after %i iterations", (t+1))</pre>
60
            }
       }
       mylist <- list("finalbeta" = beta[, ncol(beta)], "beta" = beta, "nll" = nlltrace, "conv" = messa;
       return(mylist)
   }
   proxlassofast <- function(X, Y, lambda = 1e-4, gamma = 1e-4, beta0 = NA, numsteps = 50000, tol = 1e-
        # If there is no beta0, make it a series of zeros
       if (is.na(beta0)) {
            beta0 <- rep(0, ncol(X))</pre>
       # Standardize lambda
       lambda = lambda * nrow(X)
       # Create s vector
       s <- rep(NA, numsteps + 1)
       s[1] < -10
       for (j in 2:length(s)) {
            s[j] \leftarrow (1 + (1 + 4 * s[j - 1] ^ 2) ^ 0.5) / 2
       # Initialize z matrix
       z \leftarrow matrix(0, nrow = ncol(X), ncol = (numsteps + 1))
       # Initialize matrix for
90
       beta <- matrix(rep(NA, ncol(X) * (numsteps+1)), nrow = ncol(X))</pre>
       beta[, 1] <- beta0
       # Begin trace of nll
       nlltrace <- rep(NA, (numsteps + 1))</pre>
       nlltrace[1] <- nll(X, Y, beta0) + lambda * sum(abs(beta0))</pre>
       # Initialize convergence message in case convergence not reached
       message <- "Convergence not reached..."</pre>
       for (t in 1:numsteps) {
           u \leftarrow z[, t] - gamma * grad(X, Y, z[, t])
            beta[, t + 1] <- prox.ell1(u, gamma * lambda)</pre>
105
```

```
z[, t + 1] \leftarrow beta[, t + 1] + (s[t] - 1) / s[t + 1] * (beta[, t + 1] - beta[, t])
            nltrace[t + 1] <- nlt(X, Y, beta[, t + 1]) + lambda * sum(abs(beta[, t + 1]))
            # Convergence check
110
            nllchange <- nlltrace[t + 1] / nlltrace[t] - 1</pre>
            if (abs(nllchange) < tol) {</pre>
                 # Remove excess betas and nll
                beta <- beta[, -((t+2):ncol(beta))]</pre>
                nlltrace <- nlltrace[-((t+2):length(nlltrace))]</pre>
115
                # Update convergence message
                message <- sprintf("Convergence reached after %i iterations", (t+1))</pre>
            }
120
        }
        mylist <- list("finalbeta" = beta[, ncol(beta)], "beta" = beta, "nll" = nlltrace, "conv" = message</pre>
        return(mylist)
```

### R script for e6.R

```
####### Created by Spencer Woody on 17 Oct 2016 #######
   library(MASS)
   library(glmnet)
  library(ggplot2)
   source("myfuns.R")
   # Read in data, scale everything
  X <- as.matrix(read.csv("diabetesX.csv", header = TRUE))</pre>
   Y <- as.numeric(unlist(read.csv("diabetesY.csv", header = FALSE)))
   X <- scale(X)</pre>
   Y <- scale(Y)
15
   lambdas \leftarrow seq(5e-5, 0.5, length.out = 50)
   # Plot coefficients from lasso regression
   betamat <- matrix(rep(NA, length(lambdas)*ncol(X)), ncol = length(lambdas))</pre>
   for (i in 1:length(lambdas)) {
       mylasso <- proxlassofast(X, Y, lambda = lambdas[i])</pre>
       betamat[, i] <- mylasso$finalbeta</pre>
   }
   ybound <- c(min(betamat), max(betamat))</pre>
  pdf("myplot.pdf")
   plot(lambdas, betamat[1, ],
       ylim = ybound,
       log = "x",
       main = "Coefficients of Lasso Regression using my own lasso function",
       xlab = "",
       ylab = "Coefficient",
       type = "1",
       col = 2)
   for (j in 2:nrow(betamat)) {
       lines(lambdas, betamat[j, ], col = (j + 4))
   }
   dev.off()
   weight <- 0
   for (k in 2:length(s)) {
       weight[k - 1] \leftarrow (s[k] - 1) / (s[k-1])
  pdf("splot.pdf")
   plot(weight, type = "1", main = "Convergence of s", xlab = "k", ylab = "(s[k] - 1) / s[\mbox{$\mbox{$\mbox{$\mbox{$}$}}-1$]")
  dev.off()
```

```
55
   # Compare ordinary and accelerated versions of proximal gradient
  m < - -20
  mylasso <- proxlasso(X, Y, gamma = 0.0002, lambda = 0.001, tol = 10^m)
  mylasso2 <- proxlassofast(X, Y, gamma = 0.0002, lambda = 0.001, tol = 10^m)
  pdf("slowfast.pdf")
  plot(mylasso$nll, type = "1", col = "black",
  \log = "x",
  xlab = "iteration",
  ylab = "Negative log likelihood",
  main = sprintf("NLL for Prox Method and Accelerated Prox method, tol = 1e%i", m))
  lines(mylasso2$nll, col = "red")
  points(length(mylasso$nll), mylasso$nll[length(mylasso$nll)], pch = 19, col = "black")
  points(length(mylasso2$nll), mylasso2$nll[length(mylasso2$nll)], pch = 19, col = "red")
   legend("topright", legend=c("Prox method", "Accelerated prox method"),
         col=c("black", "red"), lty=c(1,1), cex=0.8)
  dev.off()
  print(length(mylasso$nll))
  print(length(mylasso2$nll))
   sum(sign(mylasso$finalbeta) == sign(mylasso2$finalbeta))
  ncol(X)
  pdf("compcoefs.pdf")
  plot(mylasso$finalbeta, mylasso2$finalbeta,
      main = "Comparison of Coefficients from two methods",
      xlab = "Coefficients from Prox Method",
      ylab = "Coefficients from Accel Prox Method")
   abline(0, 1)
  dev.off()
  mylasso$finalbeta
  mylasso2$finalbeta
   # > print(length(mylasso$nll))
   # [1] 19953
95 # > print(length(mylasso2$n11))
  # [1] 616
   # > mylasso$finalbeta
   # [1] 0.023560578 -0.153789540 0.282694838 0.208274783 -0.103033550
  # [6] 0.000000000 -0.113948268 0.053230187 0.407621844 0.041754067
   # [11] 0.046650203 0.033109963 -0.008095386 0.057726330 0.0000000000
   # [16] -0.019305929  0.080070994  0.219445533  0.067286417  0.103984948
  # [21] -0.004789084 0.011970890 0.000000000 -0.108030864 0.082766137
   # [26] 0.086187888 0.034960689 0.028160431 0.045641503 0.050263648
^{105} | # [31] ^{0.108286794} ^{-0.101133491} ^{0.000000000} ^{-0.044642852} ^{-0.037578683}
```

```
# [36] 0.024963870 0.100191687 -0.113246424 0.075705929 0.038941220
  # [46] 0.000000000 -0.019820825 -0.003312034 -0.082569062 0.042338316
  \# [51] 0.000000000 - 0.197988211 - 0.401744208 - 0.036250001 - 0.066970573
 # [61] 0.096873190 -0.035289003 0.133837012 0.019053591
  # > mylasso2$finalbeta
  # [1] 0.023538900 -0.153795619 0.282633738 0.208328306 -0.103014142
  # [6] 0.000000000 -0.113982017 0.053249091 0.407576274 0.041765184
  \# [11] 0.046624516 0.033198478 - 0.008081280 0.060115879 0.0000000000
  # [16] -0.020599252 0.078493833 0.220584671 0.067223390 0.103999771
  # [26] 0.085975450 0.035031585 0.028175283 0.045726185 0.050280271
  \# \ [31] \ 0.108269248 \ -0.101125076 \ 0.0000000000 \ -0.044626911 \ -0.037644834
 # [36] 0.024955140 0.100180730 -0.110735176 0.073923786 0.037456934
  # [46] 0.000000000 -0.019492307 -0.003648320 -0.082558916 0.039746085
  \# [51] \quad 0.000000000 - 0.195383539 - 0.404309136 - 0.036472332 - 0.066619737
  # [56] -0.016430649 0.376181451 0.000000000 0.000000000 0.123918165
  # [61] 0.097184059 -0.036062764 0.134341872 0.019007764
  # > which(beta[, ncol(beta)] == 0)
  # [1] 13 14 15 16 17 21 23 26 31 35 36 38 39 40 41 42 43 45 47 48 50 54 55 56 60
  # [26] 61 64
  plot(nll1, type = "1")
  lines(nll2, col = "red")
135
  numlambdas <- 100
  # glmnet requires X to be a matrix, Y to be a vector
  fit1 <- glmnet(X, Y, nlambda = 100)
  # Make plot of
  pdf("glmnetplot.pdf")
 plot(fit1, xvar = "lambda")
  dev.off()
  # In-sample MSE
  MSE.lasso <- rep(NA, numlambdas)</pre>
  for (j in 1:numlambdas) {
     Y.hats <- X %*% fit1$beta[, j]</pre>
     MSE.lasso[j] \leftarrow sum((Y - Y.hats)^2) / N2
  ### Cross validation
```