

Learning styles, at least to me, are a valid way to try and learn information. I have personally found that I learn better when I'm doing something hands on versus sitting and taking notes. But I also don't believe it is the end all be all. I believe what matters is the engagement the student takes in the activities. Like I mentioned, I find I learn best when I'm doing something hands on. I think that's more because I am able to actively engage in learning. If I have a history lecture that is long and just keeps going on and on, I'm less likely to pick up information compared to a history lecture where the teacher/professor is treating it like fun stories with interesting anecdotes added alongside the information. Normal note cards are one thing, but if it's treated like a game, kids are probably going to actually be excited and engaged.

So basically, I believe that it's about getting the students engaged more than how you're engaging them. And of course not everyone has the same interests, some kids don't want to be part of a fake gameshow in class, and some students want nothing more than to build models to study. I think that's where learning styles as a concept came from, just the different things that engage peoples' minds more than how they "learn".