

Tenacity Beckons Possibility

This presentation is about the benefits of persistence, determination and grit. It will cover tips for building resilience and chasing your ambitions.

Persist until you find a way



Persist through obstacles

Obstacles and setbacks are inevitable. Persist through them by staying focused on your goals.



Try new approaches

If your current approach isn't working, try new strategies and techniques until you find something effective.



Refine through practice

Master skills through deliberate practice. Persist at practice until achieving excellence becomes second nature.

With persistence and grit, you can find creative ways around any barrier and achieve your ambitions.

““Success has the lonely prefix”
reminds us that achieving great
things often requires intense focus,
determination, and solitude.”

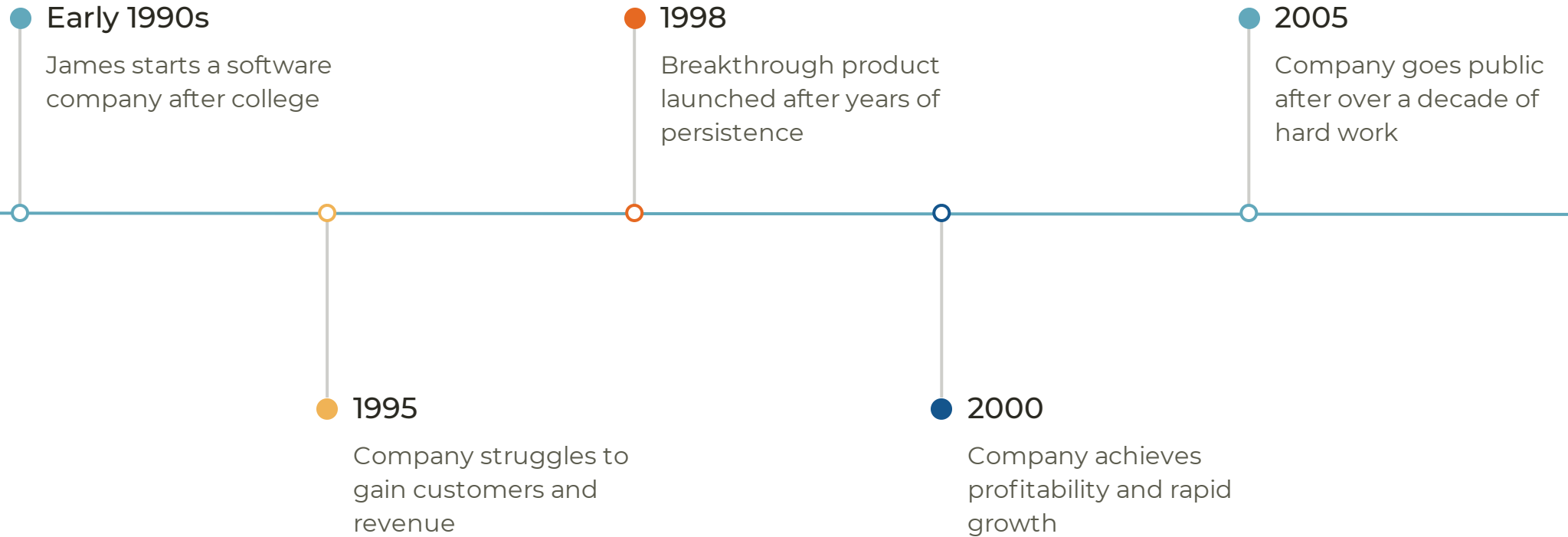
TENACITY GUIDE

Potential is limitless

Within each person lies a wellspring of possibility. By tapping into our grit and determination, we can unlock our potential and achieve great things.

**EXPLOIT
YOUR POTENTIAL.
EVERY SINGLE DAY.
THINK MORE
POSITIVELY,
LIFT HEAVIER AND
TRAIN HARDER
THAN BEFORE.** GYMQUOTES.CO

Persist until you find a way



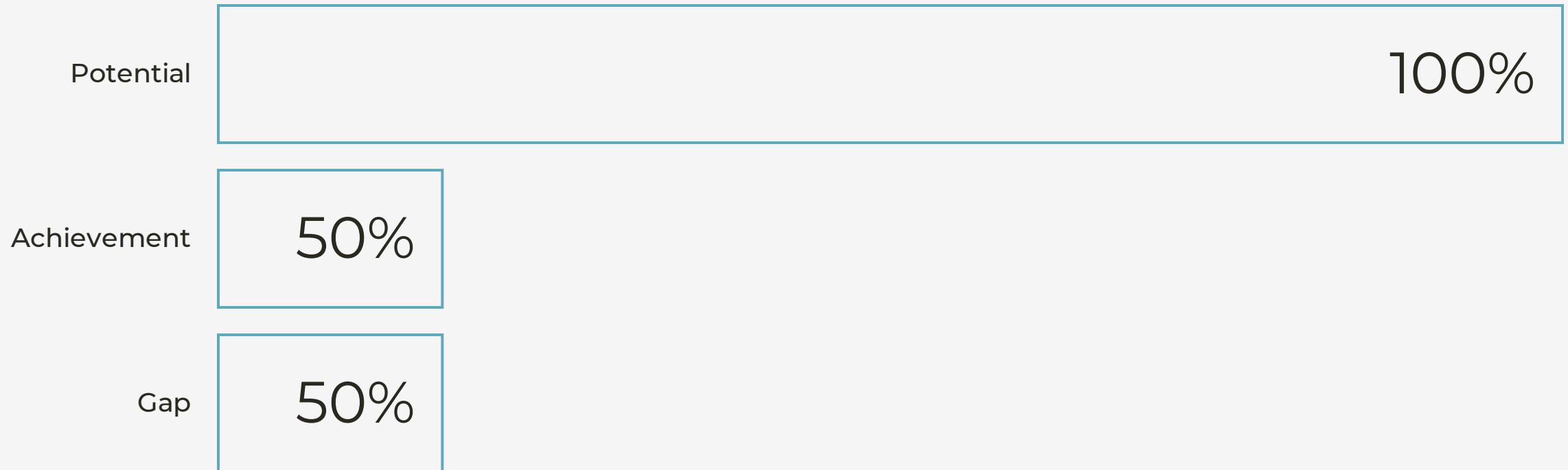


Simone Biles

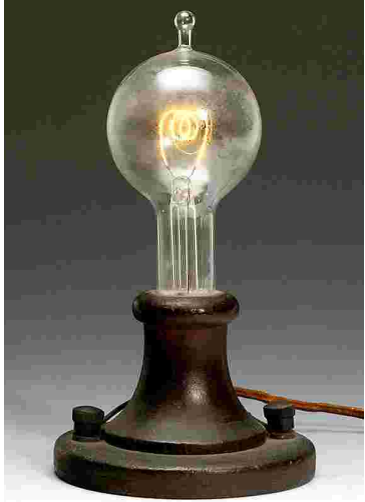
Simone Biles is an American artistic gymnast. With a combined total of 30 Olympic and World Championship medals, Biles is the most decorated American gymnast and is considered one of the greatest gymnasts of all time. She is credited with pioneering several signature skills in gymnastics.

Potential is limitless

Comparing potential and achievement (0-100)



Persist until you find a way



Thomas Edison searching for lightbulb filament

Thomas Edison failed over 1000 times before succeeding in inventing the lightbulb.



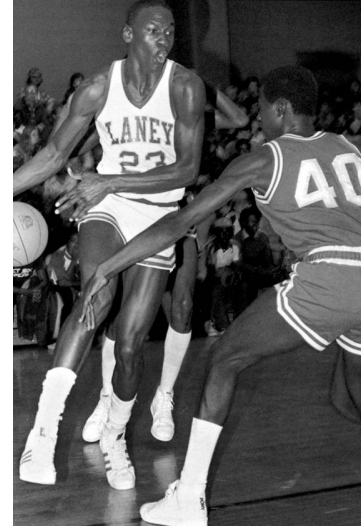
Walt Disney rejected by newspaper editor

Walt Disney was told he lacked imagination and had no good ideas before building the Disney empire.



J.K. Rowling's Harry Potter rejected by publishers

J.K. Rowling's Harry Potter manuscript was rejected by over a dozen publishers before becoming a global phenomenon.



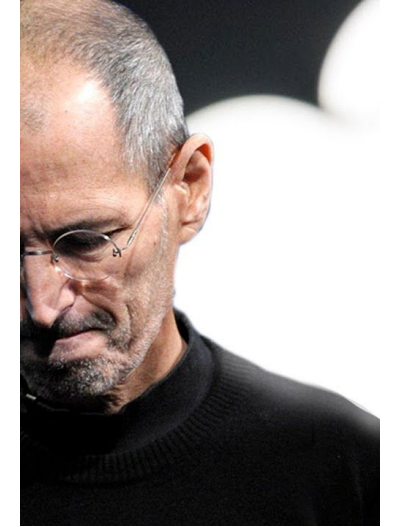
Michael Jordan cut from high school basketball team

Michael Jordan used his rejection from the high school team to fuel his training and NBA success.



Oprah Winfrey fired from first TV job

Oprah Winfrey was told she was unfit for television before becoming the queen of talk shows.



Steve Jobs' firing from Apple

Steve Jobs persisted after being fired from Apple to eventually return and revolutionize consumer electronics.

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EVERYDAY GAI

Success has the lonely prefix

Success often requires solitude and intense focus. Pushing beyond doubt and discomfort to achieve great feats can feel lonely at times. But the ambitious know that fulfilling their potential means blocking out distractions.