



ANNUAL REPORT 2012 - 2013

Incorporated in Disha Foundation

एसबीबीजे ऑनलाइन बैंकिंग



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heaven's child

A meeting was held quite far from Earth!
It's time again for another birth.
Said the Angels to the LORD above,
This Special Child will need much love.

His progress may be very slow,
Accomplishments he may not show.
And he'll require extra care
From the folks he meets down there.

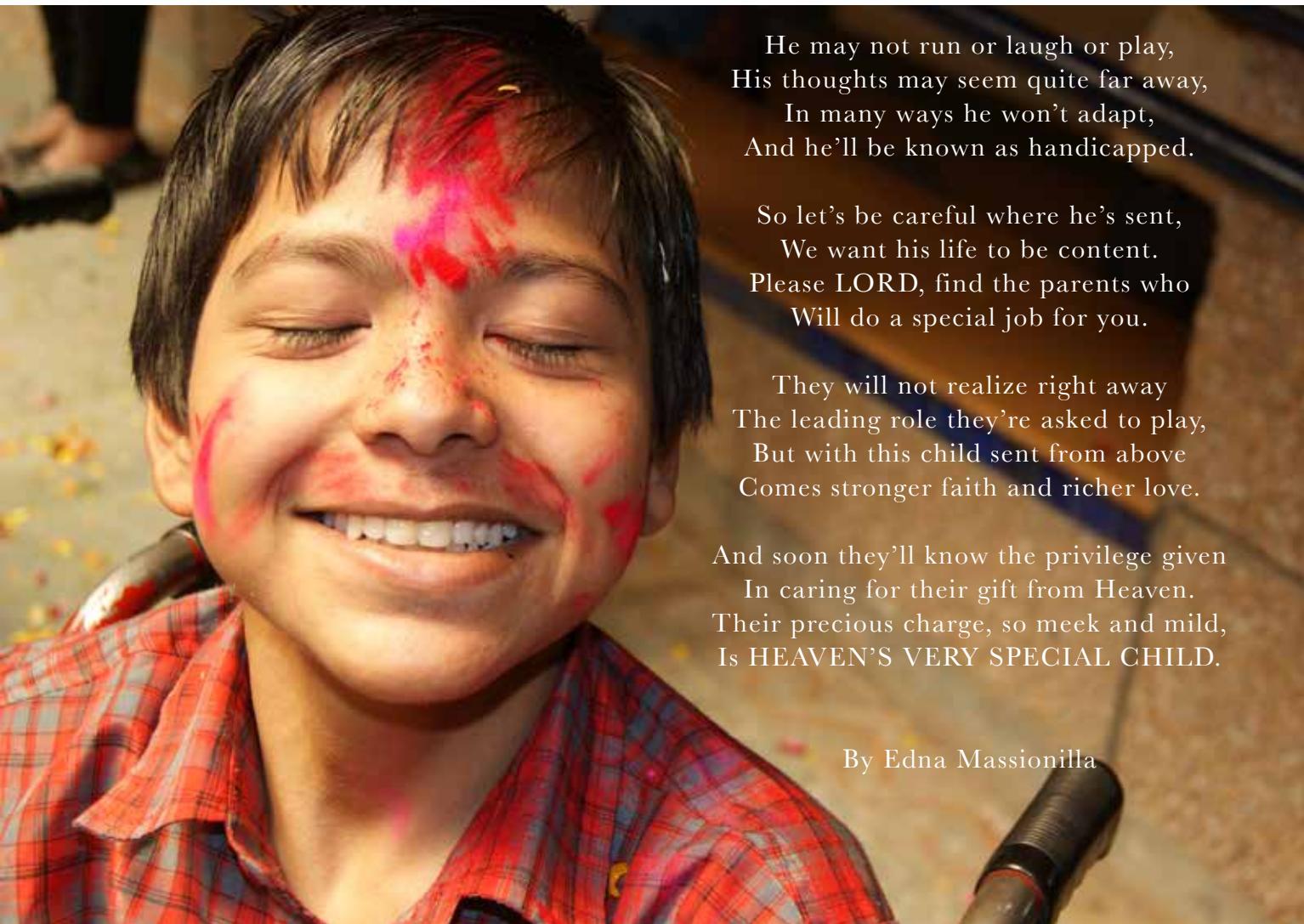
He may not run or laugh or play,
His thoughts may seem quite far away,
In many ways he won't adapt,
And he'll be known as handicapped.

So let's be careful where he's sent,
We want his life to be content.
Please LORD, find the parents who
Will do a special job for you.

They will not realize right away
The leading role they're asked to play,
But with this child sent from above
Comes stronger faith and richer love.

And soon they'll know the privilege given
In caring for their gift from Heaven.
Their precious charge, so meek and mild,
Is HEAVEN'S VERY SPECIAL CHILD.

By Edna Massionilla



Disha Foundation

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Mr B K Poddar

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Disha

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Mrs P N Kavoori
Mr Anand Singhal
Mr John Singh
Mr Pradeep Mehta

Advisor
Mrs P N Kavoori

Executive Director
Ms Rainu Singh

Message from the Trustee Chairperson



Team Disha is carrying out their task with true dedication and commitment.

This is evident from the many new programs which have been added in the past year.
I wish them continued success in helping the special children and their families.

We are always here to support and motivate the Team to excel in their efforts.

Basant Khaitan
Trustee Chairperson
Disha Foundation

Message from the Chairperson, Governing Council



In 2013, we shall move in the 18th year of this non-profit voluntary organization for rehabilitation of differently abled children. The Central Government and State Government under right to education have now realized that there is a large number of such youngsters who need specialized care from specialized teachers trained in the speciality of rehabilitation. It was to the credit of the trustees to have been foresighted in creating this centre, one of its own kind in Rajasthan.

While DISHA has been moving slowly, step by step towards becoming a recognized centre in the field of special education, the time has arrived when all of us together need to create a clear futuristic vision document to work on so that we are able to attain the land mark growth, we are aspiring for.

I wish to compliment and congratulate all those who contributed in creating new facilities at the centre and the students who won different awards and brought laurels to the institution. I would specially mention the name of Nand Kishore, who with his sheer hard work and perseverance credited himself to be a golden boy of Olympics. The others who joined him in the bandwagon need also to be complimented.

Dr Ashok Panagariya
Chairperson
Governing Council
Disha

Message from the Advisor



There is magic in the air; it is July 2013, Disha is once again agog with noise and movement. We are once again on a learning spree where unleashing creativity in the youngsters, in our case “Special” ones, knows no bounds.

I am privileged and proud to be a part of this special group where committed individuals have come together, not just to understand the problems that the disabled face, but to do what they can do for them, as members of the society.

- I wish you all the best.
- I wish that all children get their education irrespective of being disabled or non disabled.
- I wish that all teachers become perceptive to each child's needs.
- I very much wish that the mindset of the general population changes and that more people come together to reach out to persons with disability.
- I wish that policies made get translated into action.
- I wish “Disha” may go from strength to strength to continue serving the cause of disability.

P N Kavoori
Advisor
Disha

Message from the Executive Director



It is very heartening for me to present this sixth Annual Report as the Executive Director of Disha, one of the finest organisations of India serving the cause of disability.

Empowering the children and young adults with mental, physical and neurological challenges, through the various programs, being conducted at Disha, was our slogan for this year. We targeted to achieve it through special education, various therapies i.e., physiotherapy, speech therapy, occupational therapy, sensory integration, aquatic therapy, equine therapy etc, vocational training, home management, early intervention, community based programs and human resource development.

After getting accreditation from Credibility Alliance last year, we went through another long process of enlisting our name with Give India. The process was lengthy and tedious but finally by the end of the year, Disha's name figured on the website of Give India.

Disha being a non profit organisation depends upon the generosity of our friends and donors to help us to sustain the good work. I am specifically thankful to our friend and member of Governing Council Mr. Apurva Kumar who hosted a fundraising event in his hotel Clarks Amer in the month of July. The renowned actress and social worker Ms. Nafisa Ali graced the occasion as the Chief Guest. The response of the invitees was overwhelming.

I am personally pleased with the achievements of Disha during this year and attribute this to the guidance of the members of Governing Council, the trustees, our donors and supporters and most of all to the untiring hard work of our staff. I thank them all and urge them to continue doing it with the same person during the year ahead.... let's change the lives of more and more children of disabilities and help them integrate in the mainstream society.

Rainu Singh
Executive Director
Disha

Disha at a Glance

1995

Established as Centre for Special Education

1996

Commencement of Speech Therapy Unit & Physiotherapy Centre

1998

Recognition by Ministry of Social Justice and Empowerment, Government of Rajasthan

2000

State Award from Govt. of Rajasthan for outstanding social services

2001

Commencement of Vocational Training Unit
Equine Therapy

2002

Commencement of Diploma in Special Education
Accredited by National Institute of Open Schooling
Recognition by Rehabilitation Council of India

2004

Moved to a new building
Became State Nodal Agency (2004 - 07)

2005

Commencement of Sensory Integration Unit
FORHEX Award For Best Institute Promoting Crafts (2003 - 04)
RCI Teleconferencing Centre

2007

Hosted Special Olympics Bharat

2008

Commencement of B.Ed. in Special Education (Mental Retardation) Affiliated by Univ of Rajasthan

2009

Commencement of Occupational Therapy Unit
Commencement of Certified course in Early Childhood Special Education (IGNOU)
FORHEX Award For Best Institute Promoting Creativity in Physically/Mentally Challenged Children

2011

Accreditation by Credibility Alliance for its good governance in the voluntary sector
Commencement of Early Identification and Intervention
Commencement of Mother Child Training for Autism Spectrum Disorder
Commencement of Community Based Rehabilitation (CBR)
Commencement of Aquatic Therapy Unit

2012

Participated in World Summer Special Olympics
Won gold, silver & bronze medal for roller skating

2013

Partners of GiveIndia Foundation

Centre for Special Education

The Centre for Special Education comprises of 150 students in the age group of 3 to 30 years. (This is inclusive of the students enrolled in Centre for Vocational Training.) The variety of disabilities which CSE caters for are Cerebral Palsy, Mental Retardation, Down Syndrome, Autism and Multiple Disabilities. The main objective of CSE program is to enhance the potential of each child by giving him/her an environment which facilitates his/her learning. To achieve this objective, students are divided into the following groups and are further subdivided according to FACP norms.

1. Early Intervention Group: Students 3 to 6 years of age are enrolled in this group. It is now an established fact that the impact of disability can be reduced to the minimum and the potential to learn can be enhanced to the maximum by an early exposure to the school environment.

2. Academic Group: Students are prepared for classes III, V, VIII and X through National Open Schooling. The aim is to prepare them for inclusion.



3. Functional Academic Group: The students learn functional use of language and Mathematical skills in their day to day life which are necessary for their independent living within the society.

4. Recreational Group: Students who need a high level of support are enrolled in this group. The objective of this group is to maximize their basic functional activities for daily living. The learning happens through fun and motivational recreational activities.

Facilities and Co-circular activities -

I. Games and Sports: Games and Sports are one of the most important medium of physical and social development, and impact the well being of the individual. All students at Disha are exposed to both indoor and outdoor games like badminton, table tennis , skating, carom etc. Several indoor games are also used as teaching aids.

2. Art and Craft: It is all about exploring possibilities. The individual is encouraged to express himself or herself through a medium best suited to his/her particular problem. Students do not learn the art form but use it to express themselves.



3. Dance: Dance enhances cognitive, emotional, social and physical skills of an individual. It is an enjoyable way of practicing motor skills at the individual level and provides opportunities of group participation, helping them to become supportive of each other in a free environment.



4. Music: Music is an important tool used for maintaining mood levels. Group singing or *sloka* repetition tranquillises children's minds. It has been used successfully to calm down children with Autism or other children in a rage.

5. Computer: In today's world computer has become an essential part of our lives. At Disha, we use computers as a teaching aid as well as a supporting aid of learning. Use of computers not only helps students to learn new skills, it also helps students with speech difficulty to communicate and children with Autism and ADHD to increase their attention span.



6. Library: Disha boasts of a well stocked library catering to the needs of:

- The special child
- The special educator
- And students doing bachelor or diploma level courses in Special Education



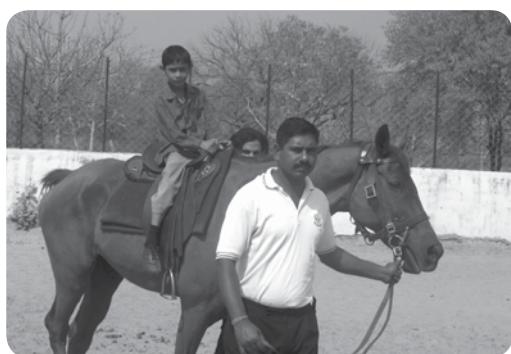
Centre for Therapies

The therapy centre forms an important nucleus of the rehabilitatory process being provided at Disha. Therapeutic services work closely with the Centre for Special Education, home management and the outreach programmes. These services include physiotherapy, occupational therapy, aquatic therapy, speech therapy and equine therapy.

I. Physiotherapy: The beneficiaries are addressed through individual physiotherapy sessions as well as group sessions, along with class based intervention for correct posture and seating .The therapy department also deals with home based programs for the child with regular follow-ups. In the year 2012-13 about 30 students were assessed under the home management program.

Physiotherapy is provided with the latest advance techniques like Equine therapy,Aquatic therapy and Sensory integration for the maximum benefit of the individual.The therapy unit is also dealing with outreach programs like community based rehabilitation and early intervention program of the centre. Other than this, therapist also serves as the faculty in the B.Ed and D.Sc. courses conducted by Disha. About 10 Interns from various physiotherapy colleges around Jaipur did their internship programmes at the physiotherapy centre of the institute.

2. Speech Therapy: Speech therapy unit provides assessment and rehabilitation of children with speech, language, communication, oromotor and swallowing difficulties. Individual and group sessions are conducted along with parental counselling wherever required.



3. Occupational therapy: Occupational therapy unit is an important part of rehabilitation. The functional process of Occupational Therapy includes screening, assessment and intervention of an individual. It works for facilitating independent living, including feeding, mobility, toileting, transferring and environmental hardware. It also works for promoting skill development activities. The Occupational Therapy provides services to assess and recommend adaptive devices and modifications.

4. Sensory Integration: Sensory Integration is a part of Occupational Therapy. Disha has multi equipped sensory integration room where excellent facility is provided to children with Autism, PDD and children with sensory and behaviour imbalance. Through Sensory Integration these children are helped to balance their behavior and senses i.e. Auditory, Visual, Tactile, Taste, Smell, Vestibular and Proprioception sense. Various techniques and stimuli are applied to integrate the mis-balance of senses, as per the need of the beneficiary.

5. Aquatic therapy: The Aquatic Therapy Programme at Disha is providing therapeutic facility in the water environment which enables the beneficiary to achieve many functional milestones which otherwise could not have been possible. The aquatic therapy team has been treating children from October 2011 with many positive outcomes. Children with a

variety of different disabilities such as cerebral palsy, mental retardation and autism participate in the aquatic therapy program. About 27 children of home management were benefited with the aquatic therapy services of the centre in the year 2012-13. Marvellous results are seen in the beneficiaries with respect to their gait pattern, coordination ,strength as well as concentration .It also helps the child to control his/her hyperactivity.



Centre for Pre-Vocational & Vocational Unit

A. Pre-Vocational Unit

Students with moderate to severe category of different disabilities are introduced to pre-vocational training once they reach the age of 14. Having limited mental capacities these students cannot be expected to continue in a purely educational program like their more normal counterparts. The goal is to help them learn functional academics then train them in skills, which will lead to economic independence and rehabilitation.



B. Vocational Unit

In this centre the emphasis is on training students in a vocational skill as per their interest and ability, developing them into self sufficient, self-reliant young adults. These skills can later be carried out from home under the supervision of any family member or attendant. The vocational centre comprises of 5 units with 30 young adults.



1. Kitchen Unit - Over the years this unit has grown very appreciably. Young adults with special needs are trained in every aspect of kitchen maintenance and cooking. A wide range of products such as shakes, namkeens, pickles, gujiyas etc are made.



2. Stitching Unit - The emphasis is on learning the use of different kinds of machines, ranging from simple foot operated ones to electrically operated fashion makers. Starting from simple stitching going on to complicated quilting, patch work and other design making.



3. Art & Craft Unit - It is a cluster of many activities like painting, using different mediums and textures, block printing, craft work, paper mache, origami and others.



4. Skill Based Training Unit - The students are exposed to learning operations of different machines like photocopying, lamination, spiral binding, popcorn making, tea coffee making. Enabling them to be prepared for different kinds of jobs.



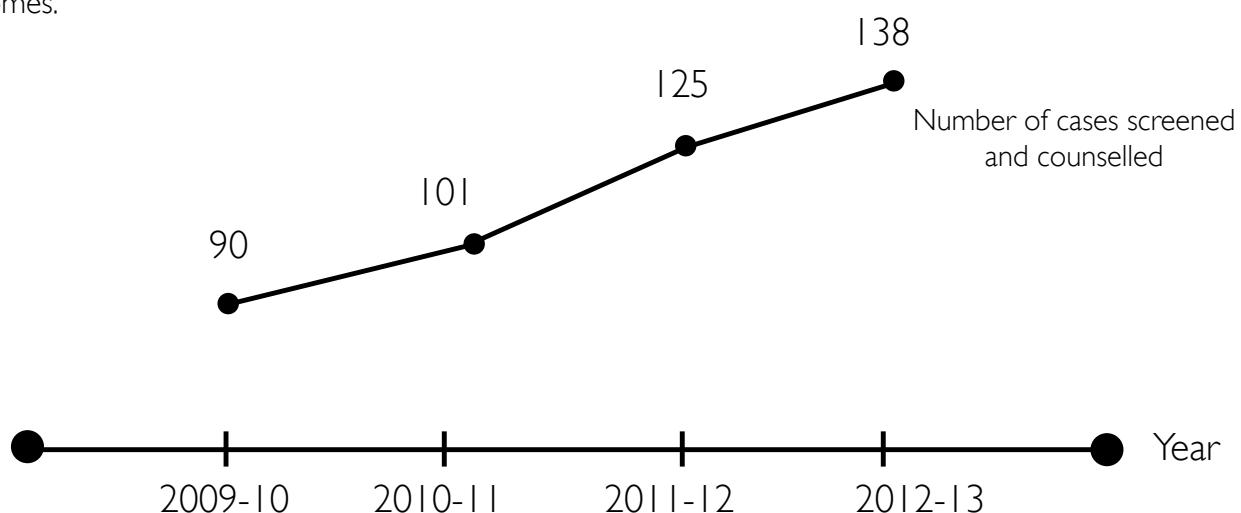
Centre for Home Management

Home Management Programme is one of the most important activities of Disha. Facilitating the community to enter Disha and enabling the expertise in Disha to reach out to the community.

It serves special needs children from in and around Jaipur who are not regular students at Disha. 138 children were enrolled in the above programme for the year 2012-13.

Home management aims at empowering the families of the special child. This is done through assessment, counselling and Home visits.

Families are made aware about teaching methods, communication aids and other aids and appliances and possible adaptations in the homes.



Centre for HRD

A. Human Resource Development

Professional Education in the field of disability is one of the priority areas of focus. To fulfill the requirement of manpower in the field, Disha conducts Degree and Diploma Level Courses in the field of Special Education. Apart from that, Orientation and training programmes on Disability for Parents, family members, Community Level Volunteers are also conducted. The plan is to educate as many people as possible with a view to spread professional Knowledge in the field of disability to ensure full participation and equal opportunities to persons with disability.



Other Programmes:

- Workshops
- Seminars
- In-Service Training Program
- Short Term Training Program
- Continuing Rehabilitation Education (CRE – Approved by RCI)
- Continuing Education Programme for Capacity Building of Staff

S.No	Programme	Recognition	Affiliation	Intake Capacity	Eligibility	Duration	Employability	Started since
1	Bachelor of Special Education (Mental Retardation)	Rehabilitation Council of India, New Delhi	University of Rajasthan, Jaipur	25	Graduate in any stream	One year	100% (In Govt., SSA & NGO sectors)	2008
2	Diploma in Special Education (Cerebral Palsy)	Rehabilitation Council of India, New Delhi	Indira Gandhi National Open University, New Delhi	25	10+2/Graduate in any stream	Two years	100% (In Govt., SSA & NGO sectors)	2002

Community Outreach Programmes

A. Community Based Rehabilitation

Disha initiated a CBR effort at Panchayat Samiti, Hathoj on 5th May 2012. However due to lack of support from the Panchayat members and an excessive interest of the beneficiaries in only economic gains, the effort had to be wound up on 27th June 2012.

The next CBR effort has been taken up at Purani Panchayat Samiti. A team from "Disha" conducted a door to door screening of 2070 houses, 183 persons with disabilities were identified. The focus of the CBR is to spread awareness and advocacy along with counselling and consultation. In the three one monthly visits a total of 31 cases have been handled.

B. Early Intervention

Early Intervention programs are programs designed for children below school age as a remedial or preventive initiative. They are aimed at children thought to be "at risk" for having a developmental delay or children having special needs which may lead to developmental delays, thus, reducing the impact of disability in the child by identifying and addressing the complications at a very early stage. With this aim in view Disha initiated the early intervention screening project 2 years back at CHC Sanganer. The services continued this year also. Staff from Disha visited the Sanganer CHC once a week, 1940 cases

were screened and 42 were identified at risk with one or the other disability. Proper referrals and guidelines were given to the parents of the "at risk" children.

In the coming year Disha plans to take up a project for training the grass root level health worker; for screening and identifying the high risk children and for conducting camps in different areas to perform screening and intervention.



Public Awareness & Advocacy

A. Fundraising Event

To propagate the cause of Disability and extend their support, nearly two hundred eminent citizens of Jaipur attended an Awareness Evening, at hotel Clarks Amer. Ms Nafisa Ali Sodhi, former Miss India, actress and social activist, flew down from Delhi to voice her support to the cause and specifically to Disha.

The programme consisted of :

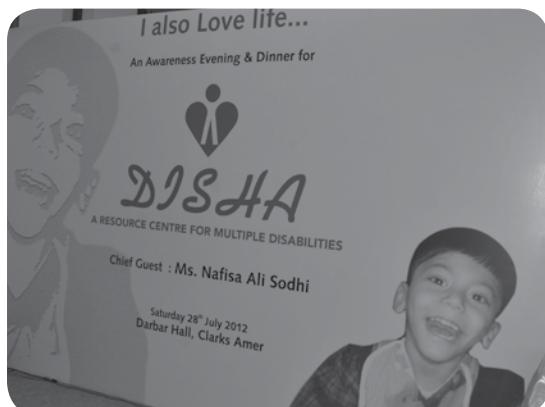
- A fifteen minutes film on Disha.

A moving narration of the life story of the challenged Olympian Nand Kishore, a student of Disha.

- Nandini's personal success story narrated by her from her wheelchair.

Our Heartfelt thanks to :

- Apoorv and Timmy of Clark's Amer for sponsoring the event and holding it in their luxurious hotel.
- Nayab Jewels for sponsoring the printing.





B. World Disability Day

December 3, is observed as International Day of People with Disability. It aims at promoting an understanding of people with disability and encourages support for their dignity, rights and well being. Disha has been celebrating this day since the last 17 years.

This year, World Disability day was organized at Dusshera Maidan, Adarsh Nagar in collaboration with Ashas Finger Arts. A painting competition was organized in which around 1000 students from different organisations participated.

As per tradition the yearly signature campaign to create awareness amongst the mainstream school students was conducted, where approx 8000 students signed.

Stage Play



Feb. 18th '2013 at Ravindra Manch

About 100 students of Disha presented a play at Ravindra Manch on February 18, 2013. The play was a humanized version of George Orwell's famous satire 'Animal Farm'. The same was directed by a young team of The Rainbow Academy of Performing Arts. The time taken from the selection of the story, script writing and selection of cast to the final show was about 5 months. Most of the stage properties were made by Disha staff. The team work, creativity and coordination of Disha staff was commendable. The show was a big hit and received a standing ovation from the jam-packed hall of eminent people of Jaipur.

Our Sponsors for the event were Airtel, SBBJ and ETv. The CEO Airtel Mr. Sudipto Chowdhury was present to see the show. Mr. R K Garg represented SBBJ. ETv did direct telecast of the show. An extensive coverage was given by the channel in the news. Our grateful thanks to all of them.





Events at Disha

Participation in various activities

- Clay workshop organized at Balbhawan, Jaipur 20-21.04.12
- Special fun filled activities at Hotel Le Meridien 07.04.12
- Meet with Vivek Oberoi, Bollywood Actor at Hotel Le Meridian, Jaipur 02.07.12
- "Prerna- The Emancipation" at Baroda 28-29.07.12
- A Special program at 61 Cavalry Army Cantt. 20.09.12
- Inter-school Competition at Nirmal Vivek School 28.09.12
- Celebrating World Disability day in collaboration with Ashas Finger Arts, Dusshera Maidan, Adarsh Nagar 03.11.12
- Meet with Terrance D'Souza, Bollywood Choreographer 05.12.12
- Sport Bonanza, Inter-school competition at Springdales 31.01.13
- Golden Jubilee fest, MNIT 28.02.13



Inhouse Celebrations

- Holi 06.03.12
- Raksha bandhan 01.08.12
- Janmashtami 08.08.12
- Independence day 14.08.12
- Eid 20.08.12
- Teacher's day 05.09.12
- Dusshera 08.10.12
- Diwali 09.11.12
- Christmas 13.12.12
- Republic day 25.01.13



Exhibitions

- Infosys Ltd. Mahapura 25.07.12
- Infosys Ltd. Sitapura 26.07.12
- FORHEX Fair Birla Auditorium 10-12.08.12
- HSBC HSBC Bank 08.11.12
- Tata Docomo Vaishali Nagar 09.11.12
- Sparsh Birla Auditorium 14-15.12.12

Interns & Volunteers

- One student from Ontario, Canada - 12.03.12 to 28.03.12
- Two students from Christ University, Bangalore - 9.04.12 to 20.04.12
- Students of M Sc Nursing psychiatry from SMS college of Nursing, Jaipur - 7.05.12 to 11.5.12
- Two volunteers from AIESEC, Jaipur - 01.07.12 to 31.08.12
- Two students from Emirates International School from UAE - 20.07.12 to 30.08.12
- Two students of Occupational Therapy from College of Health & Rehabilitation Sciences, Boston University, USA - 02.08.12 to 31.08.12
- Two students of Jaipur Physiotherapy College, Kukas - 14.09.12 to 12.10.12
- Two physiotherapist from Mexico, United States of America - 05.11.12
- One volunteer from USA - 05.11.12 to 30.11.12
- Two interns from School of Business Management, NMIMS, Mumbai - 04.01.13 to 23.02.13
- One volunteer Physiotherapist from USA - 16.01.13 to 23.01.13
- One student from Mexico - 21.02.13

Guest Visits

Guests visited

- Mr. & Mrs. Palriwala, New Delhi (sponsors of 15 Disha children) - 05.04.12
- Mr. Umar Siddqui - 17.05.12
- Ms. Nafisa Ali, Social Activist, Mumbai - 29.07.12
- Ms. Neetu Rajeshwar, Director of Ravindra Manch, Govt. of Rajasthan - 16.08.12
- Mr. Praveen Gupta, Commissioner, MSJE - 09.11.12
- Mr. Virendra Beniwal, Minister for Home Affairs & Transport Deptt., Govt. of Rajasthan - 26.11.12
- Dr. RB Panwar, Vice Chancellor, Medical University - 15.12.12
- Dr. Kristine Sounders and Dr. Tom Barrett with their professionals' team, University of Denver, USA - 15.12.12
- Dr. Shiv Gautam, psychiatrist at Gautma Hospital and Research Centre - 15.12.12
- Mr. Terrance D'Souza, Choreographer, Mumbai - 04.12.12
- Mr. R. Meena, Director, MSJE, Jaipur - 22.12.12
- Mr. Nishit Tikka, CM (HR), ONGC, Jodhpur - 09.02.13



Seminars & Workshops

- Participated in a workshop on “Improving reading and comprehension in the classroom”, organized by “Learning Matter Foundation” in New Delhi - 14.04.12
- Participated in a workshop on “Issues related to the Persons with Disabilities” in Sabhagar Bhawan Mahila Adhikarita - 23.08.12
- Participated in the Advance Coaches Training Programme (ACTP) and Game Management System (GMS) at Akshay Pratisthan Chirawa, Jhunjhunu - 25.08.12 to 31.08.12
- Participated in 13th International Conference, Transed 2012 India - 17.09.12 to 20.09.12
- A visit to project of National Trust ‘Sambhav’ (A resource centre for all types of electronic and non-electronic assistive, adaptive and modified devices for the disabled) - 19.09.12
- Participated in a workshop on “Reading Remediation” organized at Disha in collaboration with Rehabilitation Council of India (RCI) - 25.10.12 to 27.10.12
- Organized CEP at Disha on “Behavior Modification” - 3.11.12
- Participated in a workshop on Early Intervention- Disha Sirsa - 19.11.12 to 23.11.12
- Organized three day workshop on “Curriculum & Instructions for Persons with ASD” in collaboration with National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD) and Rehabilitation Council of India (RCI) - 21.12.12
- Participated in a month long workshop on Early Intervention Training for Master Trainers, National Trust, Delhi - 14.01.13 to 09.02.13



Success Stories

ANKIT SHARMA - TREMENDOUS GROWTH

Ankit a 12 yrs old boy with an innocent smile on his face has proved that, if you are keen to learn, no limitations can stop you, be they physical or mental.

Ankit was born with a condition of Microcephaly which results in impaired learning and impaired motor functions.

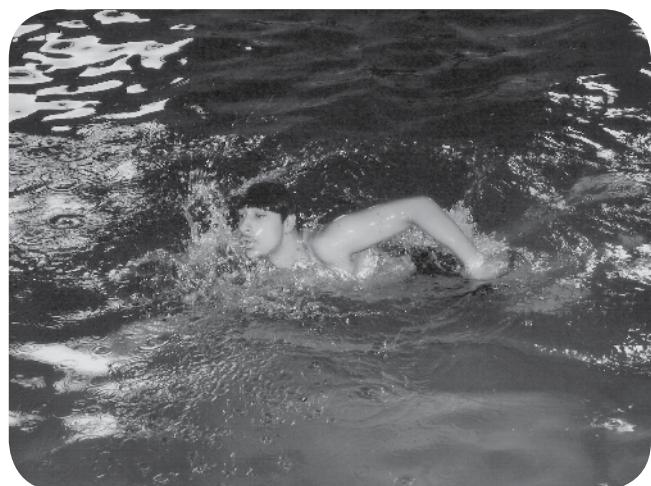
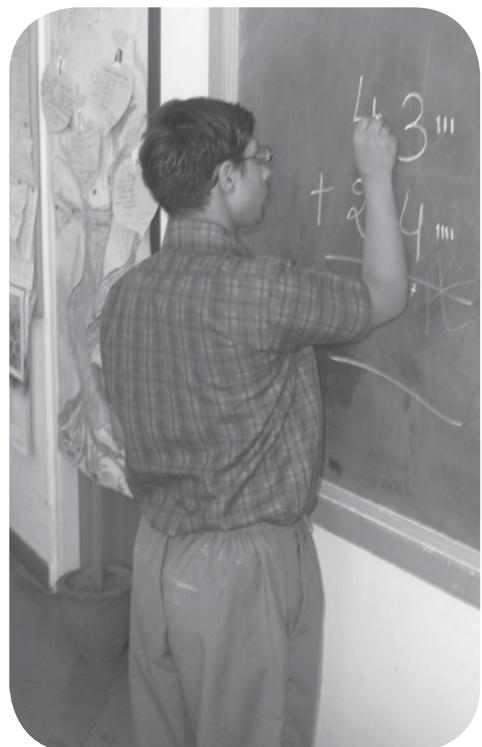
He was admitted to Disha in 2008 at the age of 7 years, with a plethora of behavioural problems. Disha adopted a two pronged rehabilitatory approach, (1) Working on his academics through using appropriate special education methods and (2) by giving him appropriate guidance and counseling to help him calm down his aggressive social behaviour. Regular academic remediation and counselling through social stories over an extended period of time has brought out the best in him.

Ankit is now a well adjusted, academically proficient member of not only his class but of the whole C.S.E. Although he has his short comings in academics, he is a keen learner, who never loses hope, he tries again and again. The result is that he has, on many occasions, performed much beyond his limitations and our expectations.

Ankit is now in NIOS level B. He has developed into a keen sportsman (swimming is his forte), an excellent dancer and a very talented actor who handles any responsibility given to him with commitment.

Ankit's supportive family especially his father's positive attitude has played a very important role in his successful rehabilitation.

All the best Ankit. Keep going ahead and keep up the speed.



AMBIKA SINGH - PROJECT WALKING

Ambika, a 9 year old child, diagnosed with quadriplegic cerebral palsy was carried into Disha in October 2009 at a very young age of 5 years. At the time of admission he had severe spasticity in all his limbs, which limited his functional abilities and mobility. It was near impossible for him to transfer himself from one position to another due to severe limitations in controlling posture. His hand functions were inefficient in performing activities of daily living. Due to his spasticity he developed deformities and had to undergo major surgeries to release the muscles tightness. After a thorough assessment in the therapy department, a treatment plan was made and goals were set aiming at developing Ambika's transitional and walking skills. Physiotherapy commenced in the form of stretching exercises, weight bearing, inputs and facilitations for motor development, to achieve the set goals. His goals were also discussed with his special educator who worked in coordination with the therapeutic approach. His primitive reflexes which were supposed to disintegrate by this age, still existed, interfering in his learning new positions. The first aim was to break the abnormal posture and develop a normal postural alignment and learn new movements. Continuous facilitating inputs by the therapist and the parents who were trained for home program, made him capable of overcoming his limitations by correcting the body alignment. Every time he was made to stand in the parallel bars he would stoop forward and go in the crouch position. Stretching of the tight muscles , followed by standing inputs, with a lot of anterior as well as posterior support was done. Gradually the child learnt to cope and started learning new movements. It is a great pleasure now to see Ambika managing his Activities of Daily Living (ADL) quite efficiently. He now stands upright, the goal is now to see him walk independently, we know he will achieve it.



THE METAMORPHOSIS OF ADITYA YADAV

This is the story of a young boy with special needs who came to Disha in the year 2005 at the age of 14 years. Aditya was a wheel chair user, reserved, withdrawn and obviously unhappy. His medical report indicated Cerebral Palsy (Diplegic). He was given admission to the prevocational Junior group. This proved to be the first step in his journey towards a successful and dignified life.

He was put on a continued programme of learning all prevocational skills like time, money, measurement and other consumer skills. Along with the above Aditya was put on Physio, occupational and speech therapies.

While the special educators helped him with his academic skills, the physiotherapists taught him posture and balance control. He learnt how to propel his own wheel chair and how to transfer himself from one seating arrangement to another. In the speech therapy unit Aditya was trained to articulate better, to be more vocal and audible. He became more and more confident and independent, his activities of daily living improved with constant inputs from the occupational therapist. These efforts worked wonders and Aditya never looked back.

Now Aditya is an important individual in the vocational training unit of Disha, he is independently handling photocopy, tea, coffee, popcorn and washing machines. He is also good at theatre, recently he participated in a stage show at Ravindra Manch held on 18th Feb 2013. In the 45 minutes play Aditya played an important role and delivered his dialogues with confidence. Now he moves around in his wheel chair independently, taking orders and

supplying ordered goods.

This is the beginning for him to be a part of the mainstream society. He has a long way to go but with his never die spirit he will not only achieve success but will become an example for the society at large. It should be added parenthetically that all this could have happened faster if Disha had received more support from his parents and other family members. Even now things will improve faster if he is given more encouragement at home.



Our Partners in Development

Special Child Sponsors (Number of Children Sponsored)

Abhay Kumar Chordia	(1)
Aditi Ghiya	(1)
Aditya Ghiya	(1)
Aditya Sanghi	(1)
Ajit Lamba	(1)
Arjun Kumar	(1)
Bal Krishna Balasaria	(2)
Benzo Chem Industries Pvt Ltd	(1)
Bhaveshri & Mayur Sudra	(1)
Bhoruka Charitable Trust	(1)
Cheer Sagar Exports	(1)
Choudhary Expots	(1)
Dalmia Education Trust	(1)
Deepika Jindal	(1)
Dhiresh Saxena	(1)
Dr Vinayak Kaushik	(1)
Four Steps	(1)
Gautam Totuka	(1)
Genus Power Infrastructure	(1)
Girdhar Gopal Bajoria	(1)
Golcha Charitable Trust	(1)
Indu Maheshwari	(1)
Ishwar Advani	(1)
Janmangal Public Charitable Trust	(1)
Jatin Hariani	(1)
Jitendra Pal Singh	(1)
JLC Electromet Pvt Ltd	(2)
Kiran Devi Nanagram Jain Charitable Trust	(1)
Kailash Kanodia	(1)
Maple Exports Pvt Ltd	(1)
Marwar Motors Pvt Ltd	(1)
Mukund Saran Goyal	(1)
Namrata Ghiya	(1)
Navin Adwani	(1)

Prakash Chand Maheshwari	(1)
Ramkrishna Jaidyal Dalmia	(1)
Ratnesh Enterprises Pvt Ltd	(1)
Rising Sun Technologies Pvt Ltd	(1)
Sangam India Ltd	(2)
Satya Narayan Sharma	(1)
Seth Madanlall Palriwala Foundation	(15)
Sharadchandra Shoorji Tikandas Charitable Trust	(1)
Sistema Shyam Teleservices Ltd	(2)
Sita Investments Ltd	(2)
Srijan Realty Limited	(2)
Starlite Vyapaar Pvt Ltd	(1)
Sujata Poddar	(1)
Tab India Granites Pvt Ltd	(1)
Vinita Bajoria	(1)
Worldwide Adventures India Pvt Ltd	(1)

Major Donors

A A Khan
Ajanta Sales
Akshat Godha
Anita Singh
Bheem Singh
Dileep Kumar Raina
Sanjay Katewa
Ranas Legacy
Nathmal Jankilal Khaitan Charitable Trust
Maharaja Sawai jai Singh Benevolent Trust
State Bank of Bikaner & Jaipur
Steel Authority of India
UCO Bank

Major Donors have donated more than Rs 11000/- in any form (donation in cash or equipment or sponsorship of a program for Disha)

Special Child Sponsors have contributed towards the cost of educating children at Disha

Airtel
Ashok Raj Singh
Ayurved & Medical Education
Bharat Jagasia
Cheer Sagar
Choice Fashions
Col Anil Alagh
Dr S Sitaraman
Family Welfare
Gokul Departmental Store
Goyal Fashions Pvt Ltd
Jaipur Virasat Foundation
Jatin Gems

JSL Lifestyle Ltd
Khetri Trust
LIC of India
Mamta Mansingha
Manish Goel
Minister for Medical & Health
Ministry of Social Justice & Empowerment
S Nanawati
Singhal Foundation
Studio Big Boss
Studio Big Boss
Sunil Kundu
The Choice Fashions

Networking

Action For Autism, New Delhi
AIESEC, Jaipur
All registered Institutes of National Trust in Rajasthan
American Occupational Therapy Association (AOTA), USA
Bal Bhavan, Jaipur
Boston University, USA
Credibility Alliance, New Delhi
Disability Commissioner's Office, Rajasthan
ETV, Rajasthan
FORHEX, Jaipur
Hotel Clarks Amer, Jaipur
IGNOU, Jaipur
Indian Institute of Health and Rural Management, Jaipur
Infosys Ltd, Jaipur
Jaipur Engineering College & Research Centre, Jaipur
Jaipur Hospital College of Physiotherapy, Jaipur
Jaipur Physiotherapy & Occupational Therapy College, Jaipur
Jaipur Virasat Foundation, Jaipur
Le Passage To India Tours & Travels Pvt Ltd, New Delhi

Mainstream Schools in Jaipur
Ministry of Social Justice and Empowerment, Jaipur
NMIMS, Mumbai
National Institute of Mentally Handicapped, Hyderabad
National Trust, New Delhi
Prayas, Jaipur
Rajasthan Patrika, Jaipur
Rehabilitation Council of India, New Delhi
Santokba Durlabhji Memorial Hospital, Jaipur
Shubham Club, Jaipur
Sparsh, Jaipur
Special Olympics Bharat, New Delhi
Special Olympics Bharat, Rajasthan
Umang Special School, Jaipur
Vodafone, Jaipur

Visitors Book



It was wonderful and inspiring to visit the school Disha and to meet the students and the staff. The delight with which the children were present in the school is what we all hope for Ms. Kavoori, Ms. Rainu

Singh and all the staff have to be congratulated for the wonderful 'path' and life which is being enabled, not only for the students, but all those who love to learn.

Thank you and best wishes!

Mr Palriwala

Chairman, Palriwala India Foundation
05.04.12



For me "Disha" has been a very moving experience. The dedication and affection between its support base and all those who need care brought tears to my eyes.

This movement of attention to all those who need it must be strengthened. My best wishes and admiration to Disha.

Ms Nafisa Ali
Social Activist
29.07.12



दिशा स्वयं के लिए। एहसास मानवता के लिए। एक पुनीत कार्य ईश्वर के पास पहुँचने का। बहुत अच्छा प्रयास जो शब्दों के माध्यम से ज्ञापित नहीं किया जा सकता।

अनन्त कृतज्ञता, इस कार्य करने वालों के प्रति।

Ms Neetu Rajeshwar

Secretary, Ravindra Manch Society
16.08.12



One of the greatest work is to work for humanity. Disha has been great in identifying the cause of special children. My best wishes.

Mr Virendra Beniwal

Minister for Home Affairs & Transport Department
Government of Rajasthan

26.11.12



Disha is a great initiative towards helping the "specially abled" to reinstitute them into society. I totally applaud the entire trustee, the teachers and staff for being human, sensitize and caring enough to help certain section of society that needs rehabilitation. God bless and continue your enthusiastic work!

Mr Terrance D'Souza
Choreographer
04.12.12



To all Disha staff,
Thank you so much for your hospitality.
Thank you also for all the good work that you are doing.
We are very impressed by your dedication to improving the lives of children with disabilities.
Keep up the good work!

Tom Barrett
Delegation leader
Mental Health People to People Program to India
15.12.12

Disha in the News



विशेष बच्चों की पहचान के लिए कार्यशाला शुरू

मिररो 19 नवाब वहुविलगतामा गे ग्रेट बल्लो
की पहुँचाण तथा शीर्ष हस्तीपद के दिं आज से
दिवा संसार सृष्टि मा पर्याप्त कार्यालय
मुझे हो दुक्की है। कार्यालय का आयोग याइस
एड डिजिट डिजिट मॉडल नेशन एवं रब ने दिल तथा
दिवा संसार सृष्टि की ओर दिया जा रहा है।
दिवा की निर्धारण गोल क्षेत्राने बोने दिल
यह कार्यालय पांच दिन तक लगेंगे। आज प्रथम
दिन दिली भू-रिसास पर्यन्त के रूप में दूसरे मैट्रिक
स्कूलों सुनेंगे। इस कार्यालयमां ने अभियंता
संस्थानों के दिवार विशेष विशेष वर्तों के
अभियाक, अंगनवाड़ी सुपरवाइजर तथा आगा
वर्कर भगा ते रही है। इमर सर सभी को दिवी
करवाया गया किसी से जुड़ी विभिन्न संस्थानों का प्राप्त
करवाया गया किसी तरफ दूसरे में भूमि ने
गोल क्षेत्राने के रूप में दिवार से जानकारी दी।
उन्होंने दिल की दिवी वर्ती की एवजान कर्त्तव्य
ह योगी करवाया गया वर्ती दिवार को समाज
की मुख्यालय से जोड़ा मूरक्केल है। इसकार्य
कार्यालयमां ऐसे वर्तों की पर्याप्त बोने दिल तथा
दिवा। साथ ही यह भी बोना दिवार की दिवी
वर्तों को दिल पर्याप्त विशेष दिया जा सकता है।



३१ बारीका को सर्वेत बड़ा लाभ यह अधिकारी रिही था है गोपन बारीका



आंखों पर पट्टी बांधकर करवाया अंधेपन का अहसास



कार्यपाल में उपनिषद् आवश्यकता सूखनाई-उत्तर, विशेष विकास व उपचिन्हावक



दलीलत में उन्निमा अवसराद्वारा चूपराहिंगर, लिंगेश विकास द अभिभावक



A group of 94 students with multiple disabilities from Disha School present a play 'Hamara Gaon Hum Hi Raja', a political satire inspired by George Orwell's 'The Animal Farm' at Ravindra Manch on Monday

A DIFFERENT STAGE

Molina Khimani

राजस्थान पत्रिका

जयपुर . शुक्रवार
23.03.2012

Circle of Support



TEACHING STAFF



ADMINISTRATIVE STAFF



CARE TAKERS

Governance

Trustee Name	Position	Meeting attended
Mr Basantt Khaitan	Chairperson	3/3
Mr Kishan Khaitan	Trustee	2/3
Mr Mahendra Khaitan	Trustee	3/3
Dr Ashok Agarwal	Trustee	3/3
Mr B K Poddar	Trustee	3/3
Mr G R Agarwal	Trustee	3/3
Mrs P N Kavoori	Trustee	3/3
Mr Purushottam Agarwal	Trustee	3/3
Mr Kailash Kanoria	Trustee	0/0

- Except two, none of the Trustees are related by blood or marriage.
- During the period three trustee meetings were held. In annual meeting dated 05/07/12, 7 trustees participated and the annual accounts for F.Y. 11-12, budget for FY 12-13 and appointment of auditors were approved.
- No remuneration was paid and no reimbursements were made to any of the trustees.

Transparency Disclosures

- Disha Foundation is a Registered Trust.
- For Disha, 1 Governing Council and 3 Executive Committee meetings were held in FY 12-13.
- Banker are State Bank of Bikaner & Jaipur, Shyam Nagar Branch, Jaipur 302019.
- Auditors are Jain Shrimal & Company, 62, Gangwal Park, M. D. Road, Jaipur 302004. Disha follows the audit related process whereby the statutory auditors are appointed in annual meeting and their remuneration is also fixed. The Auditor report & financial statements are passed in the annual meeting.
- Disha Foundation complies regularly with statutory requirements of Income Tax Act and Foreign Contributor (Regulation) Act.

: Income Tax Registration: Under section 12A: Income Tax Officer Jaipur

अ.आ./वसूली/धारा12अ(अ)/116/95-96/789 dt. 31-07-1996. PAN: AAATD2135P. TAN: JPRD02565D. All Contribution to Disha Foundation is exempt under section 80G of the Income Tax Act vide Certificate Nr : अ.आ.1/अ.(तक.व.न्या.)/80जी/जय /2008-09/675 dt. 25.07.2008.

: FCRA Registration Nr: I25560101 Credibility Alliance Registration Nr: 3A/48/2011.

- No remuneration, sitting fees or any compensation was paid to any trustees except to the Advisor – Disha @ Rs. 33,000/- per month. No travel reimbursement has been made to any trustees for attending meetings. Total cost of international travel by all personnel and board members during the year is nil. Total cost of national travel by all personnel during the year is Rs. 40,548/-. Remuneration of the 3 highest paid personnel members are – Rs. 91,000/-; Rs 28,000/-; Rs 25,200/- per month. Highest paid person is Operational Head - Mrs. Rainu Singh. Remuneration of the lowest paid staff member is Rs. 4300/- per month.
- Personnel remuneration distribution as on 31-03-2013

Range	Male	Female
<5000	2	6
5001-10000	11	16
10001-25000	2	9
25001-50000	1	1
5000-100000	0	1
100000 >	0	0
Total	16	33

Financials 2012-13

BALANCE SHEET As on 31 March 2013

Rupees in Lacs

PARTICULARS	3/31/2012	3/31/2013
Assets		
Fixed Assets	190.49	187.86
Investments	152.89	175.00
Cash and Bank Balances	7.01	2.32
Other Current Assets	31.44	48.06
Income & Expenditure A/C Balance	15.80	7.67
Total	397.63	420.91
Liabilities		
Corpus Fund	102.06	103.06
General Fund	284.20	291.94
Current Liabilities & Provisions	11.37	25.91
Total	397.63	420.91

INCOME & EXPENDITURE For the Year Ended on 31 March 2013

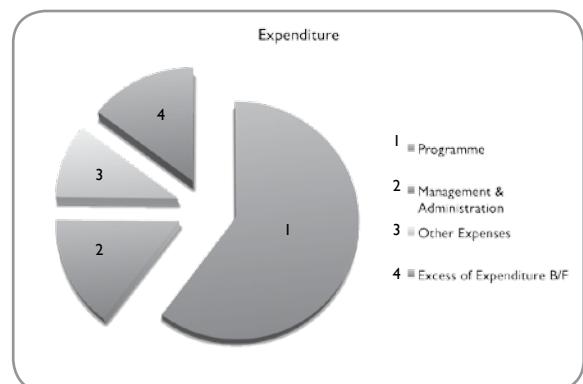
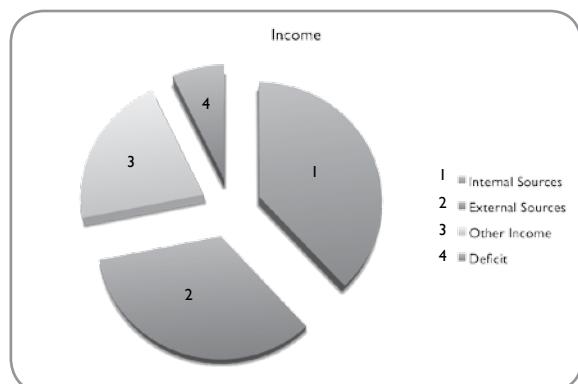
Rupees in Lacs

PARTICULARS	3/31/2012	3/31/2013
Income		
Internal Sources	37.15	41.11
Donations from Indian Sources	15.58	27.79
Grants from Indian Sources	6.08	7.07
Donations from International Sources	3.82	1.35
Other Income	21.45	22.65
Deficit	15.80	7.67
Total	99.88	107.64
Expenditure		
Programme	64.54	64.76
Management and Administration	14.93	16.15
Other Expenses	10.76	10.93
Excess of Expenditure over Income B/F	9.65	15.80
Total	99.88	107.64

RECEIPTS & PAYMENTS ACCOUNT
For the Year Ended on 31 March 2013

Rupees in Lacs

PARTICULARS	3/31/2012	3/31/2013
Receipts		
Opening Balance	23.04	7.02
Internal Sources	35.33	38.67
Donations from Indian Sources	16.58	42.03
Grants from Indian Sources	6.08	7.07
Donation from International Sources	3.83	1.35
Sale of Investments/Assets	30.11	3.89
Loans	5.56	13.49
Other Receipts	6.94	5.77
Total	127.47	119.29
 Payments		
Capital Items/Assets Purchased	10.87	8.30
Purchase of Investments	26.00	26.00
Loans and Advances	7.28	3.83
Other Payments	76.30	78.84
Closing Balance	7.02	2.32
Total	127.47	119.29



Recognition/Affiliation/Accreditation



State Welfare Department, Government of Rajasthan
(Education and Rehabilitation of Mentally, Physically and Neurologically challenged children and young adults)



State Award for outstanding work in the field of Rehabilitation, Rajasthan



Rehabilitation Council of India (HRD/Teachers Training Program)
National Institute of Open Schooling (Education for Persons with Disability)



National Trust



University of Rajasthan (B.Ed. in Special Education – Mental Retardation)



Credibility Alliance



Give India

Forthcoming Events



Early Interventions to start in 4 blocks of Jaipur district
600 grass root health workers (ANMs, Aanganwadi workers and Asha Sahyoginis) to be trained

Camps to be organised for screening and intervention in different aanganwadis, their sub centres, PHCs and CHCs



Diploma in Special Education in Mental Retardation to commence



The first batch of Class X students to appear for the NIOS board exams



Out of the 15 class room areas for rehabilitation in the CSE II areas to be turned in Smart Classes

Disha Cards & Products

Buy Disha Products & Cards and help enrich the life of a child with special needs!

Products

Code: DP/001



Cushion Cover

Size: 16 x 16 inch

12 x 12 inch

Price: ₹ 80

₹ 50

Code: DP/002



Bracelet

Price: ₹ 35 each

Code: DP/003



Bread Basket

Size: 9 x 9 inch

Price: ₹ 150

Code: DP/004



Diary

Size: 7.5 x 5.5 inch

Price: ₹ 50

Code: DP/005



Feather Earrings

Price: ₹ 75

Code: DP/006 L, DP/006 I



Laptop and Ipad Cover

Laptop Cover

Size: 15 / 14 / 12 inch

Price: ₹ 250 / ₹ 200 / ₹ 200

Ipad Cover

Size: 7 x 9.5 inch

Price: ₹ 150

Code: DP/007



Jute Bag

Size:

Green: 12.5 x 14.5 inch

Blue: 15 x 12 inch

Price: ₹ 250

Code: DP/008



Necklace Set

Price: ₹ 400

Code: DP/009



Apron with
Oven Mitts

Price: ₹ 300

Code: DP/010



Quilt

Size: 90 x 60 inch

100 x 70 inch

90 x 90 inch

Price: ₹ 1500

₹ 1700

₹ 2000

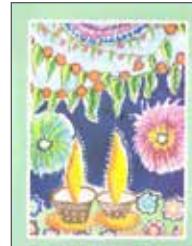
Greeting Cards

Code: DC/002



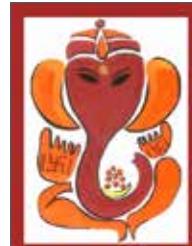
Diya

Code: DC/003



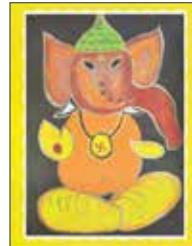
Celebration of Lights

Code: DC/004



Vinayaka

Code: DC/005



Shri Ganeshay Namah

Code: DC/006



Deepak of Joy

Code: DC/007



Blooms

Code: DC/008



Hello! Its Me

Code: DC/009



Kites

Code: DC/10



Spring

Om



ORDER FORM

ITEM CODE	QTY(PCS)	SIZE	AMOUNT
_____	____	____	_____
_____	____	____	_____
_____	____	____	_____
_____	____	____	_____
Total	____	____	_____

Name _____

Company _____

Designation _____

Address _____

Contact No _____

Enclosed DD/Cheque Number _____

For Rs. _____

Drawn On _____

Payable At _____

NOTE:

1. Cheques/Drafts must be drawn in favour of "Disha"
2. For money transfers our bank details are :-

State Bank of Bikaner & Jaipur

Gautam Marg, Shyam Nagar Branch, Jaipur.

Account Number : 51010155590

Account Name : Disha

IFSC: SBBJ0010768

3. Packaging & Postage will be extra at actual for outstation delivery and local delivery below 10 cards.

How can you Help us

There are various ways by which you can help us touch the lives of more children with special needs:

Employment

You can provide jobs (without making any commitments) that a person with special needs can do at your workplace. Some of our students would be willing to receive training while you observe them.

Donations

You can give donation in cash or kind for building, equipment and or recurring costs. Donations are exempt under section 80G of the Income Tax Act. We also have permission to receive donations from abroad. Please ask for a wish list.

Disha Products

Every year some of the painting by our students are printed into greeting cards. These cards are available on order or at Disha. Other products made during pre-vocational training are also on sale at Disha. You could buy these.

Support a Child

You can support a child by sponsoring his/her charges from Rs. 25000/- per year onwards.

Sponsor a Child

You can sponsor a child by sponsoring his/her expenses from Rs. 55,000/- per year onwards.

Sponsor a Teacher

Staff costs form major part of our expenditure, leaving very little for development. You could sponsor the annual salary of a teacher from Rs. 66,000 per year onwards,

Volunteer

If you have time or talent you could come regularly and help out a child or share your special talent.

Shared Care

You could keep a moderately/severely disabled person with you for a short duration while their parents take a short break, which may be for few hours to few days.



Nirman Nagar - C, Jaipur 302019

Rajasthan, India

Ph: +91 141 2393319

Fax: +91 141 2391690

Email: disha@dishafoundation.org

एसबीबीजे

ऑनलाइन कार लोन मात्र 10 मिनट में



ई.एम.आर्ड.

₹**1673** प्रति लाख*

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कोई प्रोसेसिंग फीस नहीं

*अन्तर्गत

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ट्रैल फ्री नं. : 1800 180 6005

www.sbbjbank.com

Paintings

Code: DPT/001



Vanity Fair
Size: 10.5" X 14.5" inch
Price: ₹ 1500/-

Code: DPT/002



Imagination
Size: 10.5" X 14.5" inch
Price: ₹ 1500/-

Code: DPT/003



Blessings
Size: 14.5" X 11.5" inch
Price: ₹ 1500/-

Code: DPT/004



Good Morning
Size: 14.5" X 11.5" inch
Price: ₹ 1500/-

Code: DPT/005



Circus of Life
Size: 14.5" X 11.5" inch
Price: ₹ 1500/-



Nirman Nagar - C, Jaipur 302019
Rajasthan, India
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Fax: +91 141 2391690
Email: disha@dishafoundation.org

