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NAND KISHORE

The Special Olympic World Champion
in Roller Skating
Won Gold, Silver & Bronze all Three Medals

Life has not been the same for Nand Kishore Sharma, the Special Olympic champion in Roller-skating, ever since his conquering the world stage at Summer Special Olympics,

Athens, Greece, June 2011. This triumph of Nandu (as he is fondly known), was a feat for all of us at Disha, his family, his friends and many differently abled in India. The poster boy of Disha, who won a million hearts with his performance in Athens, stands with a gleaming smile, pride and sense of achievement with the three glittering medals donning his chest.

His return to Disha was a fiesta for everyone, as he walked in the campus amidst the thumping of drums, applause and garlands, his trademark, his humble shy smile was the same. The moment of celebration, joy, jubilation was palpable among his mates at Disha as they danced, sang, cheered and applauded owning Nandu's victory as their very own.

As a student, Nandu joined Disha in 2008. "A shy, quiet, introvert young boy who had a special inclination towards sports since his childhood" says his father, Mr. S. N. Sharma. The sports teachers at Disha moulded this inclination into a passion, a mission and goal to reach the highest level. The next two years saw tremendous hard work, undeterred dedication and untiring training. He travelled across the country participating in the preparatory camps and training sessions. These relentless efforts of Nandu, his coach, his family and his trainer reaped in results as after attending the national camp, he was selected to represent India in the Summer Olympics, Athens, Greece, June 2011.

On 28th June 2011, history was made, a day when Nand Kishore breezed past his fellow competitors, winning a Gold in 300 meters, a silver in 2x100 meters and a bronze in 100 meters, representing India at the international stage. A young boy standing tall on the victory stand, realizing the hopes of millions back home with pride and honor.

This infectious bliss traveled in the hearts of all those who were associated with him thousands of miles away in Jaipur.

Today as he leads the assembly every morning, he has traveled a long odyssey of courage, determination, discipline, to be at the pinnacle of success, which many dream. He still greets you with a humble smile, still simple and uncomplicated, his life unaffected by the adulation of being a Champion.



EXPRESSION

Who is disabled?

If you fail to see
The person
But only the disability
Then who is blind?

If you cannot hear
Your brother's
Cry for justice
Who is deaf?

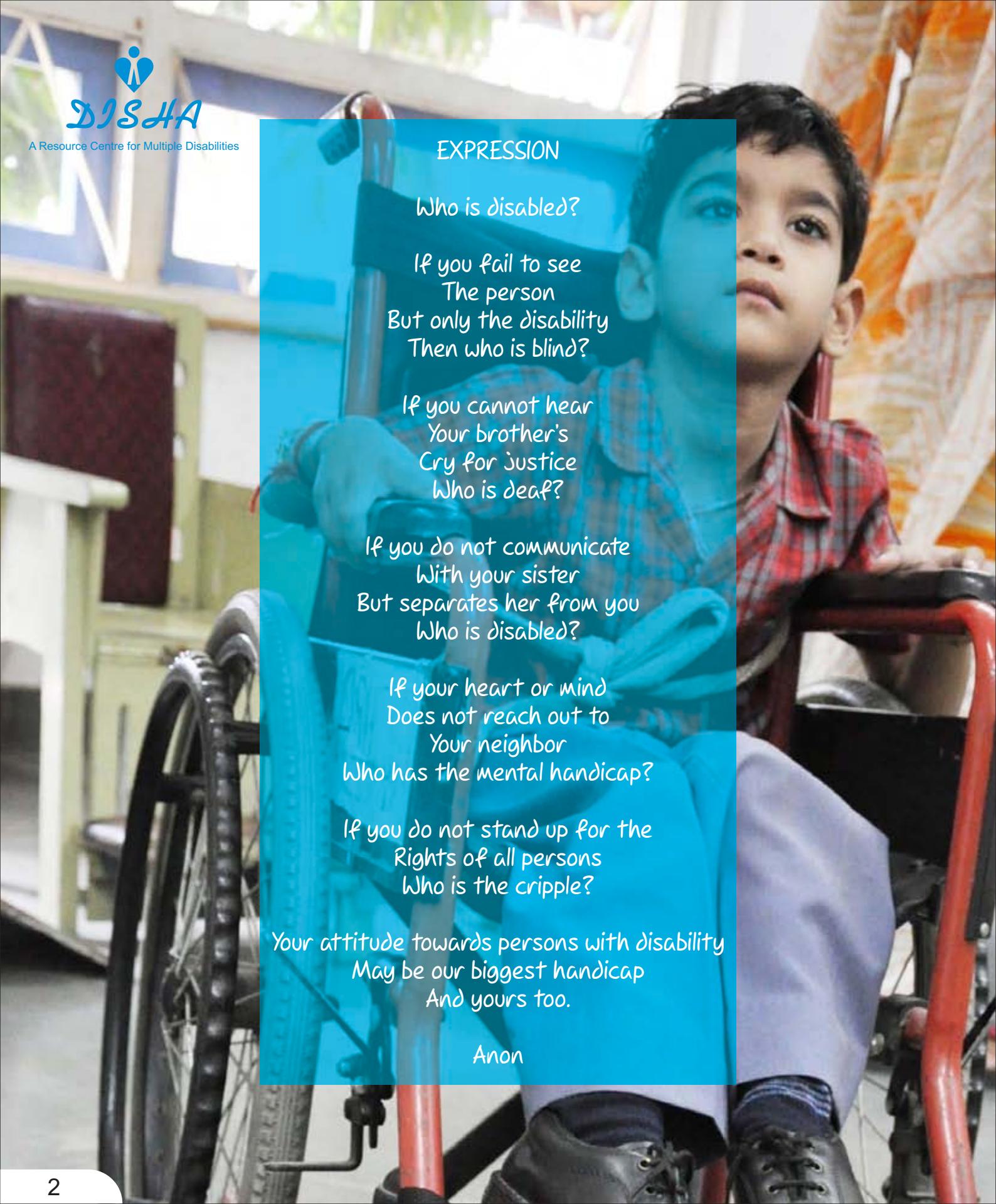
If you do not communicate
With your sister
But separates her from you
Who is disabled?

If your heart or mind
Does not reach out to
Your neighbor
Who has the mental handicap?

If you do not stand up for the
Rights of all persons
Who is the cripple?

Your attitude towards persons with disability
May be our biggest handicap
And yours too.

Anon





MESSAGE FROM TRUSTEE CHAIRPERSON

Dealing with people is always a challenge. Imagine what the challenge is like, when dealing with people who are mentally challenged.

The people managing the children at Disha are indeed special. Every moment they are being tested for their patience, for their perseverance, for their calmness and most of all for their sensitivity. Every day they kindle new hopes in the lives of 150+ children, their parents, their families - to empower them to live a fuller and happier life.

Many new initiatives have been taken for helping children develop faster - like Aquatic Therapy and Mother & Child program. Our student Nand Kishore has won the Gold + Silver + Bronze Medal for Skating at the Special Olympics, Athens.

I commend the whole team at Disha led by Ms. Rainu Singh – our Executive Director, for these remarkable accomplishments. I am confident they will keep spreading the cause for which Disha works through their unrelenting efforts.

Dr Ashok Panagariya, Chairman of our Governing Council, has initiated a Special Research cell this year under his direct guidance in cooperation with Dr Seetharaman and Dr Mrinal Joshi.

Mr. M. P. Jatia, Disha Foundation's senior most Trustee, left for his heavenly abode on 22nd May this year. We shall forever cherish and remember his guidance and support. May God rest his soul in peace.

In our vast country, the contributions Disha makes may seem small but they are the world to the children here. The contributions made by many in different forms are more than sublime to the cause that we serve. We shall continue to stretch our resources to the best.

Mr. Basant Khaitan
Chairperson Trustees,
Disha Foundation



MESSAGE FROM CHAIRPERSON, GOVERNING COUNCIL

In 2012 we shall move in the 17th year of this non-profit voluntary organization for rehabilitation of mentally challenged children.

While DISHA has been moving slowly, taking step by step towards becoming a recognized centre in the field of special education, the time has arrived when all of us should put our heads together & give thought to further expansion, upgradation and modernization of this centre, which is one of its kind in North India.

In view of the Central Government and the State Government pursuing right to education, DISHA should explore its potential for partnering with the Government in utilizing the funds for the mentally challenged in gainful manner, which will fulfill our dream of doing the best for these children, who require special attention.

It is a matter of pride for us that a student of DISHA did a remarkable job by winning different awards at the international level and brought laurels to the institution and the State. I would specially mention the name of Nand Kishore, who with his sheer hard work and perseverance found himself to be one of the high probable for selection to the world special Olympics.

I wish the trustee and the executives, do their best for pursuing their goals with greater efforts and emotions.

Dr. Ashok Panagariya
Chairperson
Governing Council, Disha



MESSAGE FROM ADVISOR

It has been my privilege to watch Disha grow from its very inception, earlier from its very vortex and now from the side lines as a well wisher and facilitator. Disha is an institution which came into being, To Love, To Understand & To Help persons with Special needs, more especially children with multiple disabilities. Throughout the 17 years of its existence, Disha has continued to show an upward thrust in its growth curve. It is indeed note worthy to see how the curve has become steeper with the passage of time.

In the last few years Disha has broadened & its service base, through adding new programmes. It has successfully entered the community with its CBR programmes, which include early intervention. The community has been encouraged to enter Disha through relevant and successful Home Management & Parent Training programmes. New rehabilitatory processes like the well equipped aquatic therapy and sensory integration, have shown excellent results. On the infrastructural front, progress has been made to extend its barrier free building. Much of the credit for this accelerated growth goes to its enlightened administrators, especially & specifically trained therapists and special educators, who have worked together as a close knit family.

The Governing Council and the Executive Committee have played a crucial role in this ongoing progress by providing their guidance and support and by giving a positive and a farsighted direction to Disha.

Thank you all very much. May I wish Team Disha a very successful and growth oriented year ahead.

P.N.Kavoori
Advisor, Disha



MESSAGE FROM EXECUTIVE DIRECTOR



All forms of organizations are contrived with a purpose to help the society cope with specific problems it confronts. Disha is dedicated to improve the quality of life of the persons with multiple disabilities in the region.

Since the establishment of Disha in 1995, we have been deeply determined to achieve one fundamental goal that is to help each child develop abilities, create a positive self-image through a structured learning environment, achieve success and belong. The whole world has witnessed the outcome, specifically this year, when our cover page hero Nand Kishore Sharma bagged gold, silver and bronze medal in Special Olympics, Athens. Many others displayed outstanding performance and significant improvement in various areas like Charu received FORHEX award, Sharon & Anoop received National ICCW award in drawing and painting competition. Vidya graduated class 8th&moved on for further studies, Eben stood on his feet for the first time as a result of extensive hard work of our therapists, and Himanshu & Neelu got jobs after completing their on job training at Disha

The secret of all the achievements was just one that we concentrated on augmenting team work, because our belief is that each individual is an improving key in every establishment. We do understand the importance of each staff member being able to perform in a safe and supportive working environment that supports and instils the desire to do his or her best. I am adoringly thankful to each member of Disha team for translating all their potential into action that makes me absolutely proud of them.

Year 2011-12 has brought our long cherished dream of having an Aquatic Therapy pool to reality. We are thankful to Steel Authority of India for their financial assistance. We are also thankful to 61 Cavalry for facilitating Equine Therapy at their premises for the children with Cerebral Palsy. Mother & Child Centre for Autism has witnessed satisfied, confident and smiling mothers, who seem determined to help other mothers of their category. The pilot project on Early Detection & Intervention is almost complete and we are expecting the Govt. to take it on, so that overall effect of disability may be brought down significantly over the years to come.

It feels nice writing about the achievements but each success has its own labour pains. We passed through them with the experienced and able guidance & assistance of our Governing Council, Executive Committee and Trustees. I would like to thank them for standing by us always. I would also like to extend my profound thanks to all our donors. Without their support we wouldn't have been able to reach where we are.

I would like to end my note by mentioning one of our focal maxims, which has enabled us to come this far in the areas of our services—“Never Give up!”.

Rainu Singh
Executive Director, Disha

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Mr. Mahendra Khaitan
Dr. Ashok Agarwal
Mr. B. Poddar

Mr. G. R. Agarwal
Mrs. P. N. Kavoori
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Mr. Basantt Khaitan

Mrs. P. N. Kavoori

Mr. Anand Singhal

Mr. John Singh

Mr. Pradeep Mehta

Mr. Govind Sharma – Secretary

Advisor

Mrs. P. N. Kavoori

Executive Director

Ms. Rainu Singh

DISHA

A Resource Centre for Multiple Disabilities

Disha is a nonprofit voluntary organization, which was started in 1995 with a vision of society with equal opportunities for all and love and understanding of the need for providing opportunities for children with multiple disabilities. It engages itself in providing opportunities for children with special needs. Its interventions range from education to support to training and rehabilitation. With its "inclusive approach" it tries to facilitate specific action and practices that integrate and include people with disabilities in all areas of life. Disha's motto "to be a part and not apart", is self explanatory and reflects the broader canvas of Disha's interventions. To turn this phylosophy into practice, apart from working towards inclusion of students in mainstream schools a variety of actions are being undertaken to sensitize different segments of society that influence the environment in which the special child grows -



Disha works through:

- Centre for Special Education
- Center for Home Management
- Centre for Therapies
- Centre for Vocational Training
- Centre for Human Resource Development
- Community Out Reach Programmes
- Activities for Public Awareness and Advocacy



CENTER FOR SPECIAL EDUCATION (CSE)

The CSE caters to 150+ students ranging from 3 to 30 years of age including those students enrolled in the Center for Vocational Training. The children attending CSE are of a variety of disabilities some of which include cerebral palsy, autism and learning difficulties. The primary goal of the CSE program is to provide each individual with an environment which facilitates & maximizes his/her learning abilities both academically and functionally. Thus providing them with an opportunity to reach their full potential for becoming active members within the community. Children are taught on a 1:10 teacher/student ratio, ensuring each child receives the attention they require. Classes are divided into the following groups to facilitate the CSE objective.

Early Intervention Group

Students 3 years to 6 years of age are enrolled in this group. In this class, students are introduced to the school environment & routine where learning is play directed & students learn social skills by interacting with their peers. By introducing children to the school environment at a young age solid foundations are created for their future academics & life skills to continue to grow and develop.



Academic Group

The academic group follows the common curriculum of open basic education of the National Institute of Open Schooling (NIOS) which prepares students for classes III, V & VIII and ultimately prepares individuals for main stream schooling.



Functional Academic group

Students learn the basic literacy & mathematical skills which are necessary for daily interactions within the community.



Care group

Students enrolled in this class require a high level of support. The focus of this class is directed towards learning skills to perform basic functional activities of daily living, enabling individuals to optimize their involvement within the family & community setting. Learning is directed through a variety of fun and motivating recreational and functional activities.



Games & Sports:

Games and sports are a very important medium of physical and social development, creating a deep impact on the well being of a special child. All Disha students from the youngest to the oldest are exposed to indoor and outdoor games and participate in a variety of sporting activities, such as; roller skating, athletics, fun games, badminton, basketball, volleyball, bocce etc. Several indoor games are used as teaching aids as well as for having fun. We are proud to announce 2011-2012 saw many of Disha's student selected by district, state and national sporting authorities where all students performed well and were successful in their sporting field. It is with great pride we announce the enormous efforts and success of one of our student Nand Kishor, who not only participated in the Athen's Special Olympics, but also was placed 1st, 2nd and 3rd in his roller skating events.



Music, Dance & Drama

Throughout the year many of Disha's students were involved in music, dance & cultural programs. All national religious festivals are observed whereby students are involved in presenting performances both in-house and within the community setting. Students are invited to perform at venues such as Birla Auditorium, Ravindra Manch etc where they show case their musical, dance and drama skills in front of large audiences. These activities are not only fun to be involved with but also contribute to the Child holistic development and personal growth enabling him/her to develop self-confidence.

Arts & Crafts

Disha's students are involved in a variety of art and craft activities which are frequently displayed and are for sale at fund raising exhibitions around the year. Students not only have an opportunity to enjoy creating beauty but also an opportunity to improve their fine motor skills.



Facilities & Co-curricular activities:

Library:

Disha has two libraries catering to the CSE, B.Ed/Diploma students, and the teaching and therapy staff. The libraries comprise of a wide variety of multi-sensory learning resources to facilitate the learning of children, trainees and teachers. Audio-visual, fiction/non-fiction books, involving tactile or auditory interaction along with professional development resources are available for all



Computer:

In the present age computer literacy has become as important as literacy through the. For the special children, to be included in the mainstream, it becomes imperative to have computer skills.

At Disha students are getting trained in word, excel, power point and to play games.

Mother & Child Programme:

A unique programme focused on autism spectrum Disorder is running since Feb'2011, for mothers, who have children with autism. A structural plan is adopted for the smooth execution of the scheduled programme.

The purpose of this programme is holistic development of the autistic child. Mothers learn to work with their children on their sensory needs and understand the techniques of behavior modification.



CENTRE FOR HOME MANAGEMENT

This program is an outreach program for those children, adults & families with disability who for one reason or another cannot participate in the CSE program. The year 2011-2012 saw approximately 150 children & families enrolled in the home management program.

Each child or young adult is assessed by a multi-disciplinary team who designs an individual education program and establishes both short & long term goals. Parents/care givers are counseled & given training sessions to continue the program in the home environment. Regular follow ups are scheduled as required, to review the progress of the programs.



CENTRE FOR THERAPIES

Therapeutic services worked closely with the, CSE Home Management Clinic and the Outreach programmes in delivering a range of services to children with multiple disabilities. These services include Physiotherapy, Occupational therapy, Aquatic therapy, speech therapy and Equine therapy. The objective of these services is to focus on delivering comprehensive rehabilitative services & promoting functional independence of the special needs children and young adults.

Physiotherapy:

The physiotherapy services worked for medico- social rehabilitation using various technical inputs for promoting functional goals for the multiply disabled children providing individual sessions, group sessions and family training sessions. The therapeutic interventions focused on development of the functional abilities through physiotherapy techniques, closely working with occupational therapy and speech therapy units to enhance the prognosis with a multidisciplinary approach.

The facilities present in the physiotherapy centre were also utilized by other physiotherapy colleges for the clinical posting of under graduate students, planned according to their curriculum. The staff was also actively involved in conducting various workshops and staff development programme.

Aquatic therapy:

Started in the month of October 2011. The therapy pool is customized for the use of children with disability, one of its kinds in Rajasthan.

Occupational therapy:

The Occupational Therapy unit delivered its services with a trained and qualified occupational therapist working as part of a multidisciplinary team. The services included individual assessment, treatment, sensory integration and early intervention, focusing on promoting skill development, thus facilitating independence in all daily living activities. The unit also worked towards assessing, evaluating and recommending adaptive modifications of mobility aids and postural aids.

An international summer internship program in collaboration with Boston University (U.S.) was conducted for the Boston University occupational therapy interns. Five interns in two batches underwent a one month internship program during July and August under the supervision of the therapy department.





Sensory integration:

Sensory Integration therapy was conducted under the guidance of the Occupational therapist, in a customized and well equipped sensory integration unit. This facility helps to optimize the sensory imbalances present in the children and young adults with developmental disability mainly in Autism Spectrum Disorder. The therapy conducted individual sessions, group sessions and class room sessions, to integrate sensory stimulation and its responses, with a view to enhance motor functions.

Equine therapy:

One more facility was added to the present therapeutic services at Disha. Equine therapy is done in collaboration and support of the 61 Calvary at the Army Campus. The therapy is aimed to enhance multisensorial approach in the children for betterment of their functions and over all rehabilitation. Equine therapy is a form of physical & occupational therapy in which a therapist uses the characteristic movements of a horse to provide carefully graded motor and sensory inputs. A foundation is established to improve neurological function and sensory processing, which can be generalized to a wide range of daily activities. 22 children in two batches of two went to the army campus each week for the therapy.

Speech therapy:

Speech therapy unit worked cohesively with the CSE to address the needs of children with disability. The service mainly focused in assessing and treating children with speech, language and communication difficulty. The oromotor problems with eating and swallowing were also addressed. The services of the unit were delivered by a qualified speech therapist who addressed different areas of disorders such as disarticulating, dysfluency, voice disorders, oromotor rehabilitation, issues related to feeding.

Regular therapy sessions were conducted, parental counseling was done to develop and carry a home based intervention program. The unit addressed referrals from CSE, home management and early identification.





CENTRE FOR VOCATIONAL TRAINING

The prevocational unit and the vocational units provide a bridge for the easy transition of persons with special needs from school to work, keeping in mind the aptitude and physical and mental ability of each individual. The centre comprises of

Prevocational unit- where students learn functional language and mathematical skills needed for following any vocation in the open market.

Kitchen Unit: Where a group of students learn, through hands on work as per his/her ability. Training is given in all kitchen related activities e.g. peeling, rolling, frying, identifying lentils, cutting vegetables, making preserves, making sherbets etc.

Stitching Unit: Each trainee is individually supervised to first learn the basic stitching skills and knowledge of different types of machines like a simple machine, a fashion maker machine, a computerized machine, inter locking machine etc leading on to embroidery patch work, quilting, pattern making etc.

Art & Craft Unit: consists of painting with different mediums and paper craft. This medium helps students to pour out their inner most thoughts, resulting in the production of unusual and beautiful art pieces – Paper craft lends itself to the production of every day useful material through unique ways. Block printed wrapping paper, cards, paper stationary, decorative paper weights, colorful paper hangings, office table accessories are all expressions of the student's imagination.

Skill based training unit: The students are exposed to learning operation of different machines like photocopying, lamination, spiral binding, popcorn making, knitting, tea coffee making, enabling them to be prepared for different kinds of jobs.





On Job Training Programme: The programme focuses in training job related skills to persons with disability who have learned technical skills in the vocational training center at Disha. The candidates for the training are placed in different departments of the center under the supervision of the staff, like at the reception, library, classrooms, therapy departments etc.

These placements are initially planned for one year with a half yearly review. The trainee is exposed to learn skills and behaviorally adapt to work related responsibilities. In the last reporting year four of trainees completed their training one trainee was offered a job in Clarks Amer ,and three in Neerja International. The combined efforts of the Team Disha, parents and the employers have paved way for these individuals to be a productive part of the society.



CENTRE FOR HUMAN RESOURCE DEVELOPMENT

The country faces the challenge of rehabilitating approximately 3 crores of population with special needs. Developing appropriate human resources to address the educational training and rehabilitation needs of the challenged person has been one of the core intervention area at Disha. Apart from capacity building of in service teachers, Disha offers special training courses as mentioned below:-

Pre-graduate level Diploma course in Special Education Cerebral Palsy (CP)

Recognized by the rehabilitation council of India, New Delhi is a two year programme to train graduates and under graduates to be special educators. This programme was initiated in 2002 and continues to run till date.

Post graduate level Bachelor of Education (B.Ed) course in Special Education - Mental Retardation (MR).

Recognized by the Rehabilitation Council of India, New Delhi and affiliated to the Rajasthan University is a one year course for training graduates to be special educators.

In service Training

Several workshops and seminars for parents and for teachers from main stream schools are organized. A major part of the staff training is in service for professionals working in the field with Disha. To help professionals upgrade themselves RCI approved Continuing Rehabilitation Programms (CRE) are conducted. A monthly continuing education programme (CEP) is organized to further build the capacity of the staff.



COMMUNITY OUT REACH PROGRAMS

A team of special Educators and therapists from Disha are currently working on two ORPs i.e Early Intervention (E.I.) and Community Based Rehabilitation (C.B.R.) services. These services helped Disha to reach more families affected by disability. The E.I. service was stationed at Sanganer Community Health Centre (CHC) at the sub urban areas of Jaipur. The CBR services were conducted in two areas in the outskirts of Jaipur at Achrol and Benar Road.

Early Intervention(EI)

Ongoing services with the objective of screening and identifying newborn, infants and children up to the age of 5 yrs were carried out at the CHC at Sanganer. The services are now entering their second year. On all Thursdays of every week, a team from Disha visits and conducts the screening, cases with risk factors are counseled and advised follow-ups. In the 1st year a total of 2039 cases were screened and 68 were identified at risk. In the 2nd yr of services the plan is to focus more on follow-ups and interventions.

Community Based Rehabilitation (CBR)

A time bound C.B.R. at Achrol was conducted from January 2011 to May 2011. A total of 32 cases were addressed for various issues. They were oriented to schemes like Niramaya- Health insurance policy and Legal Guardianship. Primary intervention and counseling for the disability related issues were also carried out. At Benar Road Railway Station at 'Naya Savera' an institute working for Children with disabilities. The CBR services were conducted from July to December'2011. A total of 44 cases were addressed by a team of professionals delivering services of awareness, facilitation of Government policies and primary intervention suggestions.





PUBLIC AWARENESS & ADVOCACY

The international Day for the disabled is observed on 3rd December. At Disha, this important occasion was observed for a week. As an awareness and advocacy drive a signature campaign was organized where every day, the Disha bus carried a few Disha students accompanied by teachers to different main stream schools, where the special children and main stream children inter mingled with each other. The main stream students realized the special children's needs and gave their signatures in support of the cause of disability 10,000 students signed.



- Elocution competition was organized on the need of Physical and Social Accessibility by the disabled. Thirteen schools at Junior and Senior levels participated where the main stream students talked with amazing in depth insights into disability related issues.
- College students participated in a poster competition on accessibility.
- Children from Disha performed sensitive skits highlighting the road blocks that the disabled face throughout life.
- Throughout the year students from colleges of Engineering, MSW, M.Ed(General Education) Nursing, MBA, visit Disha and spend a day or two understanding the disability issues.
- Students from various states of India and from abroad join Disha for their internships. Here they get exposed to the needs of the disabled and how to help them.
- A large number of people from various walks of life, varied back grounds and varied age groups come in on voluntary basis for short and long durations, to help out in daily routine, outings and functions.

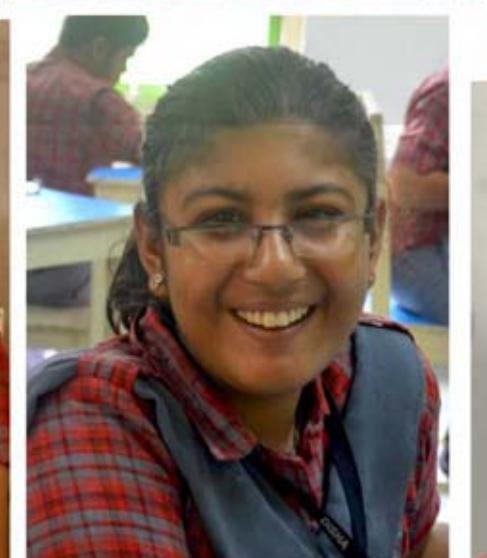
DISHA

A Resource Centre for Multiple Disabilities



DISHA

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DISHA

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FORHEX AWARD

Forhex (Federation of Rajasthan Handicrafts Exporters) was established 10 years back as a small group of Rajasthan Handicrafts exporters. Since then it has grown into a widely recognized and respected association of National & International level bodies.

Forhex awards are given every year in nine categories. This year award for the best craft work done by a mentally or physically challenged person has gone to **Charu Taneja, a student of Disha**. The award was given to her for showing exceptional talent and perseverance in creating a unique bed cover with patch work and applique work.

SBI AWARDS

In the current year the State Bank of India (SBI) (NRI Branch) organized various painting competitions for the special and mainstream school children. Children from Disha participated in the same. Seven of them were felicitated for the exceptional efforts in creating beautiful art forms which took shape in the creation of marvelous paintings. Chandni, Aditya, Sunny and Anurag won a cash prize of Rs. 5000/- Avin , Nishant and Komal won a cash prizes of Rs. 1000/- each.

WORLD DISABILITY DAY

Executive Director of Disha Ms. Rainu Singh received an award from the Education Minister Sh. Brij Kishore Sharma (organized by KB Foundation, Ajmer) on the occasion of World Disability Day on December 3rd 2011.



SBI AWARD





DISHA

A Resource Centre for Multiple Disabilities

EVENTS



EVENTS LIST

Participations

1	25 Students participated in Interschool Sports Bonanza held at Springdales School, Jaipur
2	Students were invited for Holi Milan at Hotel Rajputana Palace Sheraton. The program was organized by "Caliber House", Jaipur
3	Neha Agarwal performed Ganesh Vandana in an International Rotary Club meet at Maharana Pratap Auditorium
4	On the occasion of 'Rajasthan Day Celebration' participated in Magic show and Drawing competition organized by Rajasthan Tourism Department. Anurag Rathi won a trophy and cash prize of Rs. 1000 in drawing competition.
5	6 Students attended Clay modeling and pottery workshop, held at Balbhawan on the occasion of "Earth Day".
6	Students invited for a Painting Presentation Ceremony held at Hotel Oberoi's Rajvilas, Jaipur, organized by Indian Routes - a unit of Le Passage Travel to India.
7	Amity University Rajasthan invited Disha students for a fashion show at Birla Auditorium. Two students Vidhya and Chandini also participated in this show as a models.
8	Fourth and Final Preparatory Camp was organized by Special Olympics Bharat for the athletes and coaches who were selected to participate in World Summer Games 2011 (Athens, Greece). The camp was held at New Delhi. Nand Kishore Sharma from Disha was one of the athelets.
9	Nandini Gaur participated in National Bal Shree Honours-11 competition in creative writing.
10	Participated and competed for the dance and painting competitions held at Vadodara namely Chandini, Monica, Aditi, Avin, Anurag, Sunny & Vineet participated.
11	4 Students participated in Founder's Day celebration of SMS school & presented a Nukkad Natak on "Science behind tradition prevalent in India".
12	6 Students participated in National Coaching Camp on Aquatics & Roller Skating.
13	Students participated in Poster Making and Painting & Drama Competition on the occasion of Gandhi Jayanti at Balbhavan, Jaipur, got special prize for the skit.
14	Students were invited for the Opening Ceremony of Jaipur International Animation Film Festival -2011 (JIAFF), organized by Picasso Animation College, Jaipur
15	5 Students took part in drawing and painting competition organized by the Children's academy during their Golden Jubilee celebrations.
16	Students were invited for State Award Presentation Ceremony by ICCW at Rotary Bhawan, Jaipur for Drawing and Painting.
17	6 Students participated Inter School Competition "Bal Natya Utsav-Ulaas 2011" organied by Balbhawan, Jaipur.
18	30 Students participated in Drawing and Painting at the Finger Arts Club organized by the Lion's Club of Jaipur.

EVENTS LIST

Training Programs

1	Continuing Rehabilitation Education on "Research Methods on Disability Rehabilitation"
2	Continuing Education Program (CEP) V on "Act and Policies on Disability"
3	A short introductory session on Aquatic Therapy taken by Ms. Emily Jones.
4	Orientation workshop for parents of new students.
5	Continuous Education Programme (CEP) I on "Adolescent Issues regarding Disability" at Disha.
6	Continuing Rehabilitation Education Programme on 'Alternative Augmentative Communication'. Led by Ms. Rubina Mohan from Delhi.
7	Continuing Education Programme (CEP) II on "Disaster Management".
8	Continuing Education Program (CEP) III on "Balance between Professional & Personal Life". Led by Mr. Prahlad Sharma.
9	Continuing Education Program (CEP) IV on "Latest trend & technologies in the field of rehabilitation"

Celebration

Exhibitions

1	Holi	Disha	1	Holi	Tata Indicom Office, Jaipur
2	Teej Festival	Disha	2	Janhvi	Rambagh Convention Hall
3	Independence Day	Disha	3	Sparsh	Birla Auditorium, Jaipur
4	Janmashtami	Disha	4	FORHEX Fair	Birla Auditorium, Jaipur
5	Teachers Day	Disha	5	Shubham Mela	Birla Auditorium, Jaipur
6	Dussera	Disha	6	Infosys BPO Ltd.	Mahapura, Jaipur
7	Diwali	Disha	7	Infosys BPO Ltd.	Sitapura, Jaipur
8	Children's Day	Disha	8	Vodafone	Gaurav Tower, Jaipur
9	Christmas	Disha	9	MGD Fete	MGD School, Jaipur
10	Republic Day	Disha			
11	Basant Panchami	Disha			

Interns/Volunteers

1	Three Occupational Therapy students of Sargent College of Health and Rehabilitation Science, Boston University, America did an internship programme at Disha for one month - Rashni Grant, Harjas Chilana and Claire Kelly
2	Two volunteers from China for 15 days - Chen (Lilly), Zhu Ying (Cathy)
3	Two spanish volunteers on an internship programme - Ms. Almudena Blanco and Mr. Angel Jose
4	Two Occupational Therapy interns of Sargent College of Health and Rehabilitation Science, Boston University, America did an internship programme at Disha for one month - Ms. Genevieve and Ms. Valerie Yip
5	Two Occupational Therapy interns Ms. Jenny Stark and Ms. Sabrina Somerssari from Finland did their internship at Disha for three months
6	Intern from Whistling Woods International School of Communication, Mumbai WSISI university Ms. Neelam Rajput Media student
7	Volunteer Ashley Gerber, Physical Therapy assistant from USA
8	Two volunteers Patin Bertrand and Mathide Le Guyader from France
9	Three interns from School of Business Management, NMIMS, Mumbai worked under the project "We Care: Civic Engagement Project". The duration of their internship was for three weeks
10	Volunteer Victoria Anne, student of MGD School, Jaipur

GUEST VISITS

1	Seven members delegation of Occupational Therapist from US Visit of Commissioner (Disability), Orissa
2	Commissioner (Disability), Orissa
3	Mr. Gerhard Lebherz, Principal, Special School, Germany
4	25 students of Mann Public School, New Delhi
5	Sh. T. Ravikant, Director, Dept. of Social Justice & Empowerment visited Disha
6	Sh. B. L. Soni - Commissioner (Police), Rajasthan
7	Shri Tanmay Kumar IAS, Principal Secretary, Disaster Management & Relief Department, Jaipur
8	Shri Rajendra Bhanawat, Managing Director, RIICO, Jaipur
9	Mr Bheem Singh and Ms Madhu from Rajasthan Tourism, Jaipur
10	Maharaj Prithviraj Singh, Managing Trustee, Khetri Trust, Jaipur, Rajasthan
11	Mr. V. K. Agarwal – DGM, SBBJ, Jaipur
12	Mr. Raj Bansal, Film Distributor, Jaipur

Sh. Mukul Wasnik
(Minister, MSJE, Govt. of India)



Sh. Rajeev Arora
(Businessman & Politician)



Sh. B. L. Soni IPS
(Commissioner of Police, Jaipur)



Sh. Tanmay Kumar
(IAS)



Sh. Salauddin Ahmed
(Chief Secretary, Rajasthan)



Sh. Purushottam Agarwal
(IAS)



SEMINAR & WORKSHOPS



Prof. S. S. Nathawat
(Director AIBHAS, Amity University, Jaipur)



Prof. Vidhu Mathur
(GIT)



Sh. Bhupendra Singh
(Director, Rajasthan Police Academy)



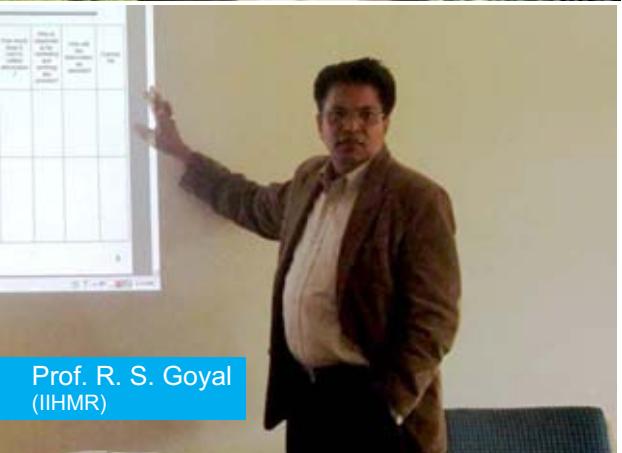
Mr. Phool Chand
(Dy.Controller, Civil Defense)



Ms. Rubina Mohan
(Coordinator, Shaurya
Organization)



Sh. Rajendra Bhanawat
(M.D. RICCO)



Prof. R. S. Goyal
(IIHMR)



Mr. Prahlad Shekhawat
(Director, ADRC)



Mr. Brijendra Singh
(OSD, Disaster
Management & Relief Deptt.)



Dr. Anil Jain
(Psychiatrist)

SEMINAR & WORKSHOP

1	An orientation cum planning workshop for training providers of Rajasthan Skill and Livelihood Mission held at RMoL office, Jaipur
2	Workshop on Policy Making on "State Disabled Policy" at OTS
3	'I Create Rajasthan' organized a five day training for youth and women enterprenuership
4	ED Disha delivered a lecture at ICG to the students and faculty of 'Womens Study Center'.
5	State consultation meeting on "Persons with Disabilities Bill 2011" was organized by Deptt. of Social Justice & Empowerment, Rajasthan
6	Coordinators meet at Balbhawan for the institute/organization registered with Balbhawan, Jaipur
7	Workshop on Policy Making on "State Disabled Policy" at OTS
8	A meeting of National Handicapped Finance and Development Corporation (NHFDC) at Sahakar Bhawan
9	Two day RTE (Right To Education) conference was organized by Rajasthan RTE consortium at Ravidndra Manch
10	The second meeting of Sub group on Delivery Processes & Mchanism about disability issues. It was jointly chaired by Dr. D. R. Mehta and Mr. Dheriyal, Deputy Chief Commission, Disability, Delhi. Mrs. Aditi Mehta - Principal Secretary, MSJE was present as
11	A two day meeting was organized by Planning Commission in Mumbai to obtain the state govt. and other stakeholder's opinion/views on the approach to the 12th Five Year Plan.
12	A workshop was conducted by National Institute of Rural Development from 27th to 30th June 2011 at the Jaipur Centre.
13	The first visit program of Community Based Rehabilitation (CBR) at Naya Savera, Benar Road, Jaipur
14	ED Disha invited as Guest of Honor for Annual Techno Management Symposium organized by GIT
15	Knowledge Workshop at National Trust, New Delhi
16	Annual General Meeting at National Trust, New Delhi
17	National Level LLC meet at New Delhi
18	Workshop on "Strategies for writing success in the classroom" by Learning Matters Foundation, New Delhi
19	Workshop on "Scholarship Issues" organized by Deptt of Social Justice & Empowerment
20	Workshop on "Deaf-blindness" at Durlabhji Hospital by Umang Jaipur
21	Meeting of Local Level Committee was conducted by the SNAC National Trust, Umaang Jaipur at OTS
22	Workshop on "Know me teach me" organized by "Action for Autism" New Delhi
23	Bhagwan Mahaveer Cancer Hospital organized a national seminar on the benefits of Yoga and Naturopathy on the occasion of 'Gandhi Jayanti'.
24	Meeting for the Coordinators of IGNOU Study centres held at IGNOU Regional Centre, Jaipur.
25	National Trust Meeting, Jaipur
26	2nd ABA Conference on Autism, New Delhi
27	Meeting at RCI, New Delhi
28	Meeting with Director MSJE, Govt. of Rajasthan, Jaipur



SUCCESS STORIES

SUCCESS STORY OF VINEET

Vineet; A 19 years old young boy, now a confident On Job Trainee at the Aquatic Therapy Center was not like this when he came to DISHA. It was quite difficult to assess him, extremely shy, he refused to respond to any thing. He just sat smiling with his head down to the extent that his face was buried in his chest. During his assessment he showed some interest in stitching work so was placed in the stitching unit. His parents were quite worried about his shy behavior as he was not socializing even with family members, friends and neighbors and had become a topic of discussion amongst them.

In the first year of training he continued to maintain a stooped posture. Verbal prompting was used to encourage him to raise his head and to stand up but did not respond. The first year of training was focused on peer & teacher interaction and timely visit to the toilet.

Though his work performance improved, due to his extreme shyness and poor communication skills it was difficult to build on his talents. Disha has been working continuously on his communication skills and self confidence.

To improve his interaction, he was placed with different teachers, special educators, therapists and students and was also given various responsibilities. This intervention proved successful as his communication and interaction skills improved greatly. Now Vineet greets all staff members on the first meeting, conveys messages and information from person to person.

The continuous efforts of DISHA team paid off as Vineet now happily completes his allocated tasks & responsibilities and has become very caring and helpful towards his schoolmates. He makes an effort to cheer them up and to help them with their wheelchairs, crutches and assists them otherwise also wherever possible.

Currently, to continue to build these skills he has been placed On Job Training in the aquatic therapy unit. On completion of this training we anticipate he will be ready for job placement within the community. We sincerely wish he achieves the capacity to earn independently and contribute financially.



SUCCESS STORY OF NANDINI GAUR

Nandini ; An inspiration for many, a live example of courage, dedication, devotion. A 12 years old young girl with a beautiful smile, a keen learner who has her own view point, she wants to win over the world and her limitations using her intelligence as her strength. She has a very supportive family & is the centre of life of her parents and elder sister. They all work hard to support Nandini.

Nandini has neural tube defect and because of that she has many physical limitations. She uses the wheelchair for mobility. Though she is dependent on others for her basic needs but is very independent in her thoughts. It seems like a fairy tale, but it's a true story and Nandini was not like that when she joined DISHA.

Nandini came to DISHA at the age of five, before that her family was living in Ajmer and was brought to Disha in her parent's lap not even able to hold her neck. Her academic level was also very low.

In Disha she was given regular rigorous Physiotherapy sessions & regular academic remediation by the trained special educators. This turned her into a very active and intelligent girl who is now sitting in her wheel chair with a straight back and neck. She is doing very well in her academics. She is also showing her talent in drawing and painting, in poetry, in debate, in theatre.

SUCCESS STORIES

She plays the lead role in majority of skits and dramas. Nandini is one of the brightest students of DISHA, who proved that if an opportunity is given at the right time and in the right direction. She is equal to all others.

Nandini is regularly getting physiotherapy, aquatic therapy, equine therapy for further improvement in her physical abilities. She is a proud student of NIOS - DISHA studying in grade Vith.

She wants to become an IAS officer. She is determined to overcome her limitations. DISHA is proud to have her and wish her a bright future.





OUR PARTNERS IN DEVELOPMENT

- ✓ Mrs. Anita Singhi, Jaipur
- ✓ Mr. Ashok Raj Singh, Studio Big Boss, Jaipur
- ✓ Banwarilal Kumawat, Jaipur
- ✓ Ms. Bhaveshri & Mayur Sudra, London
- ✓ Dr. Bindeshwar Pathak, Sulabh International Social Service Organization, New Delhi
- ✓ Dhiresh Saxena, Dubai
- ✓ EAST, London
- ✓ Sh. Gautam Totuka, Jaipur
- ✓ Mr. Govinda Rao, Hyderabad
- ✓ Janhvi Events, Jaipur
- ✓ Smt. Kiran Devi Nanagram Jain Charitable Trust, Jaipur
- ✓ Marwar Motors Pvt. Ltd., Bikaner
- ✓ Ministry of Social Justice & Empowerment
- ✓ Nando Peretti Foundation, Jaipur
- ✓ Pinkcity Packaging Pvt. Ltd., Jaipur
- ✓ Prince Devraj, Jaipur Royal Family, Jaipur
- ✓ Rajasthan Mission on Skill and Livelihood (RMoL), Jaipur
- ✓ Rajasthan Patrika, Jaipur
- ✓ Mr. Rajeev Arora, Jaipur
- ✓ Ratnesh Enterprises Pvt. Ltd., Jaipur
- ✓ Rotary Club, Midtown, Jaipur
- ✓ Ms. Sarla Saxena, Radha Krishna Birla Parmarth Kosh, Jaipur
- ✓ SBI Ladies Club, Jaipur
- ✓ Seth Madanlall Palriwala Foundation, New Delhi
- ✓ Mrs. S. Nanawati, Jaipur
- ✓ Singhal Foundation, Udaipur
- ✓ Dr. S. Sitaraman, Jaipur
- ✓ State Bank of Bikaner & Jaipur, Jaipur
- ✓ Steel Authority of India, New Delhi
- ✓ Ms. Sujata Poddar, Jaipur
- ✓ Mr. Sudhir Sharma, Deputy Manager, HDFC Bank Ltd., Jaipur
- ✓ T. N. Mishra Charitable Trust, Jaipur
- ✓ Mrs. Vimla Tholia, Jaipur
- ✓ Worldwide Adventures India Pvt. Ltd., Gurgaon

NETWORKING

- ✓ Action For Autism, New Delhi
- ✓ All registered Institutes of National Trust in Rajasthan
- ✓ AIESEC, Jaipur
- ✓ American Occupational Therapy Association (AOTA), America
- ✓ Boston University, America
- ✓ Bal Bhavan, Jaipur
- ✓ Credibility Alliance, New Delhi
- ✓ Disability Commissioner's Office, Rajasthan
- ✓ ETV Rajasthan, Jaipur
- ✓ FORHEX, Jaipur
- ✓ Guide Star India, Mumbai
- ✓ Hotel Clarks Amer, Jaipur
- ✓ IGNOU, Jaipur
- ✓ Indian Institute of Health and Rural Management, Jaipur
- ✓ Infosys Ltd., Jaipur
- ✓ Jaipur Engineering College & Research Centre, Jaipur
- ✓ Jaipur Hospital College of Physiotherapy, Jaipur
- ✓ Jaipur Physiotherapy & Occupational Therapy College, Jaipur
- ✓ Jaipur Virasat Foundation, Jaipur
- ✓ Le Passage to India Tours & Travels Pvt. Ltd. (LPTI), New Delhi
- ✓ Mainstream Schools in Jaipur
- ✓ Narsee Monjee Institute of Management Studies, Mumbai
- ✓ National Institute of Mentally Handicapped, Hyderabad
- ✓ National Trust, New Delhi
- ✓ Prayas, Jaipur
- ✓ Rajasthan Patrika, Jaipur
- ✓ Rehabilitation Council of India, New Delhi
- ✓ Santokba Durlabhji Memorial Hospital, Jaipur
- ✓ Shubham Club, Jaipur
- ✓ Social Welfare Department, Jaipur
- ✓ Sparsh, Jaipur
- ✓ Special Olympics Bharat, Delhi
- ✓ Special Olympics Bharat, Rajasthan
- ✓ State Institute of Health & Family Welfare, Rajasthan
- ✓ Tata Indicom, Jaipur
- ✓ Vodafone, Jaipur

OUR VISITORS BOOK

This NGO I am told from very reliable person is doing incredible work. We (Deaf) need such dedicated people to immediate.

With Best Wishes,



e-mail: Jewell@noongroup.co.uk

Mr. Lord Noon

Member of the House of Lords, UK

Your sincere efforts to providing relief and rehabilitation to persons with disabilities will no doubt go a long way in realising their aspirations. Wishing you all the best.

Mukul Wasnik
9.1.12

Mr. Mukul Wasnik,

Minister- Social Justice & Empowerment, Govt. of India

Congratulations and my best wishes to team DISHA for their dedication. I wish it will become a role model in the field in coming years.

Thanks &
5/1/11

Sh. T. Ravikant,

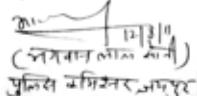
Director, Dept. of Social Justice & Empowerment

महों अंतर बहुत अच्छी है। लोगों के लिए A मनोविज्ञान एवं विद्युति द्वा। इसका मानव विज्ञान के रूप में जारी करना चाहिए है।

जल्दी से लोगों के लिए विज्ञान-विद्यालय शिक्षणी देते ही हैं। ऐसे विद्यालय द्वारा उनकी विज्ञान के शब्दों को सीखना आवश्यक है। इसका उपयोग, लोगों के लिए लोगों के लिए विज्ञान के लिए होना चाहिए।

एक ऐसा विद्यालय का उद्देश्य, जिसका लिए विज्ञान का अध्ययन हो।

इसका उद्देश्य


(लखनऊ जिला पुलिस प्रमुख)

Sh. B.L. Soni,
Commissioner of Police, Jaipur

I am thankful to the Institute for having invited me and for providing me an opportunity to witness the wonderful work they are doing! 'Serviceing with love' was evident in the way the staff conducted themselves. I was particularly impressed by the dedication and commitment of Madam Kavcany, the founder and Ms. Rani Singh, the ED. Hope to contribute to this section of humanity to make our growth truly inclusive!

T.S.C
13/10/11

Sh. Tanmay Kumar,
IAS, Principal Secretary, Disaster Management & Relief Department

S. Ahmed

Chief Secretary, Rajasthan.

The very best in all your very good work

shaukat.salauddin@raj.nic.in

Sh. Salauddin Ahmed

Chief Secretary, Government of Rajasthan



DISHA

A Resource Centre for Multiple Disabilities

UNTIRING HANDS



NEWSPAPER CUTTINGS



जेटीएने उसी प्रकार कर दी है कि विनाश करने।
मिट्टी प्रिंटर, जयपुर
 में यह जनताएँ बोलते रहे कि यह नहीं कर सकता है। इन चाहे कान के लिए भी यह यह नहीं कर सकता है। एक गोदानमें प्रदूषित धानी में नवाप, उत्तम धान और अप्रौढ़ धानी की संरक्षण लाता है। यह नहीं कर सकता है। यह नियन्त्रित कर दी जानी चाही दर्शक व्यक्ति के द्वारा किया जाना चाही।

राजस्थान पत्रिका
मंगलवार 27 दिसंबर 2011

16

माजाहर 27 अक्टूबर 2011

और आकार से बयां किया इमेजिनेशन

੪

जपापूर तीन
महोदय के बाय
लिये वे लोकान्
विषय को संस्कृत
मुझ हैं। इनका
टेक्निक में वाच
भीलोक में समाज
में वाच लिया
प्रक्रिया का संस्कृ
तवाच से विभिन्न
है, जो गीतोंमें
सारा लिया
समाप्त 20 वीं
विद्या यह है। १।

अब बच्चों की कलासमेट बनेगी मां

A photograph showing a group of students in a classroom. They are seated at desks, looking down at their workbooks or papers, appearing to be engaged in a lesson or activity. The background shows other students and classroom elements.

मा की मोरुली ने लिए
दूसरी बार वह अपनी दृष्टि से इसकी तरफ आयी। उसकी दृष्टि अब ज्ञानी व्यक्ति की तरफ आयी।



चांद सितारों को पाने की तमन्ना

परम विद्या के लाभ से जीवन का असुख बाहर
की तरफ नहीं आता है। इसके लिए जीवन का असुख
को अपने लिए रखना चाहिए। इसके लिए जीवन का असुख
को अपने लिए रखना चाहिए। इसके लिए जीवन का असुख
को अपने लिए रखना चाहिए।

वर्त बत्त्वों को पुरस्कार दाटे

सुशीला नेगी ने बताया

राजस्थान पत्रिका
सुलभ 8 जुलाई 2023

18



**फिजिकली चैलेंज
बच्चों ने दिखाई
देशभरिता**

first Friday event

दूसरे वर्ष के दौरान में यह लिखा गया था कि अमेरिका ने यह वास्तव में अपनी विजयीता का दर्शन किया था। लेकिन इस समय से अधिक विवरण नहीं दिया गया है कि अमेरिका के द्वारा विजय को कैसे प्राप्त किया गया था। अमेरिका के द्वारा विजय को कैसे प्राप्त किया गया था। अमेरिका के द्वारा विजय को कैसे प्राप्त किया गया था। अमेरिका के द्वारा विजय को कैसे प्राप्त किया गया था।

जुनून ने अर्श पर पहंचाया न



वर्षाविनाशक योग्यता दिख जाए, तो
वे उन्नीसपाँच में सामाजिक या प्राचीन

वाहन प्रयत्ने हैं।
यह ऐसे सामने लाने वालोंका
ने अपने में एकाधिकारी दिखा दी। यहाँ
एक बड़ा गिरफ्तारी की चर्चा थी। इसके
पास एक वालोंका ने लाल के बाटे
में भी आने वाली दिलचस्पी का
अनुभव किया।



Trustee Details

Trustee Name	Position	Meeting attended
Mr. Basant Khaitan	Trustee Chairperson	2/2
Mr. Kishan Khaitan	Trustee	2/2
Mr. Mahendra Khaitan	Trustee	2/2
Dr. Ashok Agarwal	Trustee	2/2
Mr. B. K. Poddar	Trustee	2/2
Mr. G. R. Agarwal	Trustee	2/2
Mr. M. P. Jatia	Trustee	1/2
Mrs. P. N. Kavoori	Trustee	2/2
Mr. Purushottam Agarwal	Trustee	2/2

- Except two, none of the Trustees are related by blood or marriage.
- During the period two trustee meetings were held. In annual meeting dated 05/08/11 all trustees participated. The annual accounts for F.Y. 10-11 and budget for FY 11-12 and appointment of auditors were approved.

Transparency Disclosures

- Disha Foundation is a Registered Trust.
- For Disha, 1 Governing Board and 4 Executive Committee meetings were held in FY 11-12
- Banker are State Bank of Bikaner & Jaipur, Shyam Nagar Branch, Jaipur 302019
- Auditors are Shrimal & Company, 62, Gangwal Park, M. D. Road, Jaipur 302004. Disha follows the audit related process whereby the statutory auditors are appointed in annual meeting and their remuneration is also fixed. The Auditor report & financial statements are passed in the annual meeting.
- Disha Foundation complies regularly with statutory requirements of Income Tax Act and Foreign Contributor (Regulation) Act.
 - Income Tax Registration, under section 12A: Income Tax Officer Jaipur
(I) अ.आ./वसूली/धारा 12 अ (अ) /116/95-96/789 dt. 31-07-1996. PAN : AAATD2135P. TAN : JPRD02565D. All contribution to disha Foundation is exempt under section 80G of the Income Tax Act vide certificate nr. : अ.आ.1/अ.(तक.व.न्या.)/80^{वी} /जय/2008-09/675 dt. 25-07-2008.
 - FCRA registration : II/21022/72921098-FCRA-III dt. 19.09.1998 No. 125560101
- No remuneration, sitting fees or any compensation was paid to any trustees except to the Advisor – Disha @ Rs. 33,000/- per month. No travel reimbursement has been made to any trustees for attending meetings. Total cost of international travel by all staff and board members during the year is nil. Total cost of national travel by all staff during the year is Rs. 29,649/- Remuneration of the 3 highest paid staff members are Rs. 81,000/-, 25,000/- and 24,100 per month. Remuneration of the lowest paid staff members is Rs. 5050/- per month.
- Salary Distribution as on 31-03-2012.

Staff salary	Male	Female
<5000	9	11
5000-10000	9	21
10000-20000	1	5
>20000	1	3
Total	17	40



FINANCIAL STATUS 2011-12

BALANCE SHEET
as on 31 st March 2012

Particulars	Rs. (Lacs)	In%
Assets		
Fixed Assets	190.49	48
Investment	152.89	38
Current Assets	38.45	10
Income & Expenditure A/c Balance	15.80	4
Total	397.63	100
Liabilities		
Corpus Fund	102.06	26
General Fund	284.20	71
Current Liabilities & Provisions	11.37	3
Total	397.63	100

INCOME AND EXPENDITURE
for the year ended on 31 st March 2012

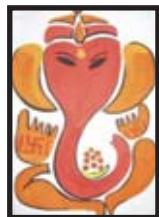
Particulars	Rs. (Lacs)	In%
Income		
Internal Sources	37.15	37
External Sources	46.93	47
Deficit	15.80	16
Total	99.88	100
Expenditure		
Remuneration, etc	56.99	57
Others	33.24	33
Excess of Expenditure over income B/f	9.65	10
Total	99.88	100



DISHA

A Resource Centre for Multiple Disabilities

**Buy Disha Cards and help
enrich the life of a child
with special needs.**



Vinayaka



Rangoli



Celebration of
Lights



Om



Bird of Paradise



My Dream



Deepak of Joy



Peacock and Flower



Symphony



Blooms

Size: 5" x7"
Price: Rs. 10/- each

CARD ORDER FORM

Price Rs. 10/- each

Card Name Quantity Amount

Vinayaka

Rangoli

Celebration of Lights

Om

Bird of Paradise

My Dream

Deepak of Joy

Peacock and Flower

Symphony

Blooms

Enclosed please find DD/Cheque No.....

for Rs

drawn on

Payable at

Name

Company

Designation

Address

.....

Contact No

NOTE

Local Delivery: Free of cost for order of 500 cards and above.

Outstation Delivery : Packing & Postage extra



Recognition / Affiliation / Accreditation

● State Welfare Department, Govt. of Rajasthan (Education and Rehabilitation of Mentally, Physically and Neurologically challenged children and young adults)	1998
● State Award for outstanding working in field of Rehabilitation, Rajasthan.	2000
● Rehabilitation Council of India (HRD / Teachers Training Program)	2002
● National Institute of Open Schooling (Education for Persons with Disability)	2002
● National Trust	2003
● University of Rajasthan (B. Ed. in Special Education - Mental Retardation)	2008
● Credibility Alliance	2011



A Resource Centre for Multiple Disabilities

Nirman Nagar-C, Jaipur - 302 019, INDIA
Phone : +91-141-2393319, Telefax : +91-141-2391690
E-mail : disha@dishafoundation.org

How Can You Help us

There are various ways by which you can help us touch the lives of more children with special needs:

Employment

You can provide jobs (without making any commitments) that a person with special needs can do at your workplace. Some of our students would be willing to receive training while you observe them.

Donations

You can give donation in cash or kind for Building, equipment and or Recurring costs. Donations are exempt under section 80G of the Income Tax Act. We also have permission to receive donations from abroad. Please ask for a wish list.

Disha Products

Every year some of the painting by our students are printed into greeting cards. These cards are available on order or at DISHA. Other products made during pre-vocational training are also on sale at DISHA. You could buy these.

Support a Child

You can support a child by sponsoring his/her charges from Rs. 25000/- onwards.

Sponsor a Child

You can sponsor a child by sponsoring his/her expenses from Rs. 55,000/- onwards.

Sponsor a Teacher

Staff costs form major part of our expenditure, leaving very little for development. You could sponsor the annual salary of a teacher from Rs. 66,000 per year onwards.

Volunteer

If you have time or talent you could come regularly and help out a child or share your special talent.

Shared care

You could keep a moderately / severely disabled person with you for a short duration while their parents take a short break, which may be for few hours to few days.

DISHA'S AQUATICS

Disha is proud to announce the addition of an Aquatic Physiotherapy facility to its services, extending the therapeutic rehabilitation options thus maximizing the rehabilitation outcomes of children with a disability.

DISHA Aquatics is the first of its kind in Rajasthan!

Aquatic Physiotherapy is a water based rehabilitation program which utilizes the therapeutic properties of water. This therapy is widely used across the globe for the treatment of numerous conditions and across all age groups with remarkable outcomes.

There are many benefits of Aquatic physiotherapy which include; allowing ease of movement which may have been difficult on land, muscular relaxation, decreased muscle spasm & tone, increased muscle strength and endurance, increased balance and stabilization, helps sensory integration. All this is achieved in a fun & motivating environment

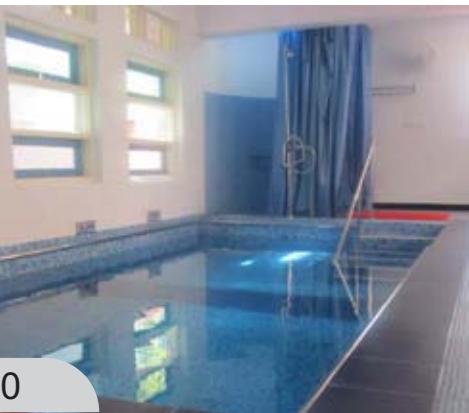
This brand new disability friendly facility has been custom built with guidance from expert professionals for the rehabilitation of both the physically & intellectually disabled. Features of the facility include;

- Indoor
- Wheelchair access
- Graded depth 3 - 4 ft
- Step entry
- Shower amenities
- Hand rails
- Heated Pool Water.

The treatment sessions are conducted on an individual 1:1 basis for 20-30 minutes where treatment aims are aligned with clinical therapy to maximize treatment outcomes for the children.

Disha is also proud to announce the commencement of the Aquatic Physiotherapy Out Patient Program and Professional Development Training Program.

The addition of this facility is considered a milestone for rehabilitation in Rajasthan rehabilitation and we at Disha are excited to facilitate and improve the functional outcomes of the many children participating in this program.





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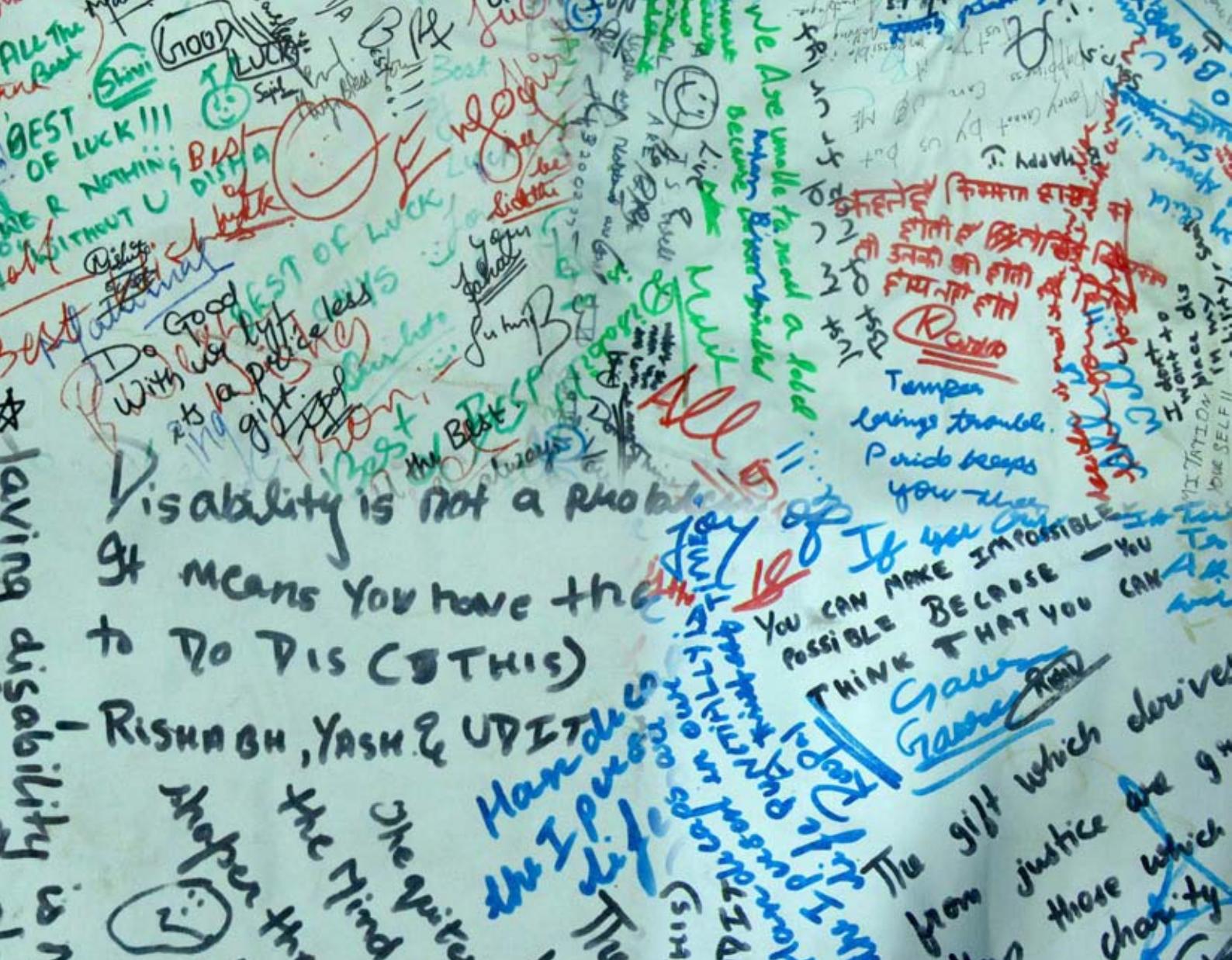


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