

# INDIGENOUS DEVELOPMENT ORGANISATION

Regd. Society No: 454 of 2019

## **ANNUAL REPORT 2022-23**



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Address: 6-194, Gattumalla Village, Lakshmidevipally Mandal, Bhadradri

Kothagudem District, Telangana 507101

Registered Address: 4-6-131, Kammari Basthi, Hayat Nagar, Rangareddy

District, Telangana 501505



LIST OF THE BOARD MEMBERS			
DESIGNATION	NAME	BACKGROUND	
President	Dr. N. Ravindra Rao	Doctor	
Vice President	Mogili Vijender	Social Entrepreneur	
Secretary & Founder	Dr. R. Narendar	Doctor	
Treasurer	Mahesh Mandava	IT Professional	
Joint Secretary	K. Mallikarjuna Rao	Business	
Executive Member	B. V. Radhakrishna Murthy	IT Professional	
Executive Member	Dr. Suresh Reddy	Doctor	
Core Team Member	Dr Kapil Sharma	Doctor	
Core Team Member	Dr K Archana	Doctor	
Core Team Member	Dr B Swathi	Doctor	

- ABOUT NGO: We are working with tribal communities in the interior forest habitations (IFHs) & rural villages of the Bhadradri Kothagudem district, Telangana. Tribal communities comprise 37% of overall population in the district. Bhadradri Kothagudem shares its boundaries with Khammam, AP & Chhattisgarh. Majority of tribal communities do not have access to universal healthcare services & due to poor economic status they cannot afford healthcare, nutrition and access to education.
  - Inspired by the philosophy of Sri. APJ Abdul Kalam and humanitarian works of Dr Hanumappa Sudarshan, Dr Prakash Amte and Dr Abhay Bang, Dr Narendar (Founder) in 2016-17 started to visit various regions to understand the needs of communities & finally came across the Bhadradri Kothagudem district in Telangana. After looking at the challenges faced by tribal communities, he decided to work for them & started staying with them since then.
- OUR MISSION: We work with marginalized communities tribal, rural, women and children –
  bringing health awareness, providing access to healthcare services, nutrition and education,
  bringing in community empowering models to address those challenges. The model focuses on
  reducing deaths, diseases, malnutrition & illiteracy.



- Indigenous Development Organisation strives to achieve its objectives through following programs:
  - 1. Health Centre at Gattumalla village
  - 2. Monthly Training sessions for Community Health Workers
  - 3. Home-based maternal & newborn care
  - 4. Seemantham monthly event for pregnant women
  - 5. Nutrition program & Nutritional assessments
  - 6. Bridge schools

As interior regions of the district have poor access to healthcare & the tribal community has poor health seeking behaviour, owing to this the maternal and child health indicators are poor in the district. Infant mortality rate is very high. Malnutrition, Anaemia & Malaria prevalence is also very high.

#### **HEALTH CLINIC:**

- The health clinic was setup at Gattumalla village, Lakshmidevipally mandal, Bhadradri Kothagudem district with an aim to establish a channel where the patients requiring further diagnosis/ interventions can be brought-in by our trained CHWs and also for over 25000 population around this clinic to reach us conveniently.
- Primary healthcare services (Allopathic & Homeopathic), Antenatal screening & routine lab investigations are done at the clinic.

IDO HEALTHCARE INTERVENTION FOR FY 2022-23	
Total Patients	20531
No. of Antenatal Checkups done	1936
High-risk pregnancies identified & treated	104
Total safe deliveries conducted by CHWs	58
Total Institutional Deliveries	176
Home Deliveries conducted by TBAs (Vadde)	164
Total Post Partum Checkups	768
No. of HBNC & HBYCC	1545
Total SAM & MAM children referred to NRC	14
Total SAM & MAM children treated at habitation	27
Total Malaria screening done	957
Total Malaria cases identified & treated	484
Total Tuberculosis patients identified	25
Total Snake bite cases/Animal attacks referred	23



Patients Referred to Higher centre	824
No. of surgeries supported at Govt/Private Facilities	193

GATTUMALLA HEALTH CENTRE - PATIENTS VISITS & SERVICES – FY 2022-23		
Total outpatient visits	8783	
Patients' re-visits	5094 (58%)	
New patient visits	3689 (42%)	
Antenatal Checkups done	436	
High-risk pregnancies identified & treated	104	
Patients Referred to Higher centre	552	
No. of surgeries supported at Govt/Private Facilities	193	
Patients availing blood investigations	3108	
Iron Sucrose Transfusion done	76	
Medical camps conducted	27	
Patients reached through medical camps	708	
Total Blood investigations done	5842	







COMMUNITY HEALTH WORKERS MONTHLY TRAINING:





To address the challenges in interior habitations, we have identified one community member from each habitation. These individuals have been motivated & regularly trained by our team to provide much needed healthcare services at the door-step (Home Based) to their community members. These individuals are called "Community Health Workers" (CHW).

Each CHW has been provided with medical kit to provide the health services within the habitation & early identification of high-risk cases which need referral to institutions. The whole idea of this CHW program is to empower the local youth to take charge of their health & also of their community.

Now our trained CHWs can identify high-risk newborns & high-risk pregnancies. They can also do malaria tests and within minutes identify the type of malaria, provide treatment and also refer high-risk cases to higher centre if needed.

COMMUNITY HEALTH WORKER REPORT		
PARTICULARS	TOTAL	
TOTAL PATIENTS	7674	
MANDALS COVERED	11	



HABITATIONS COVERED	64
POPULATION COVERED	12500+
PYREXIA	2035
TOTAL ANCs	899
MODERATE ANAEMIA ANC	618
SEVERE ANAEMIA ANC	47
HIGH-RISK PREGNANCIES	67
MALARIA DURING PREGNANCY	0
TOTAL ANTENATAL RAPID TESTS AT DOORSTEP	3033
M.A.P (Malaria+Anaemia+Pneumonia)	6
HBNC & HBYC	1427
CRITICAL HBNC & HBYC	337
HBNC & HBYCC UNDERWEIGHT	547
HBNC & HBYC PNEUMONITIS	245
PNC	490
PNC-ANAEMIA	250
TOTAL MALARIA SCREENED	704
MALARIA POSTIVIE & TREATED	372
ANAEMIA SCREENING	1651
GRBS	329
ВР	1294
TB POSITIVE	4

## **STORY:**



#### **SEEMANTHAM (BABY SHOWER EVENT):**

To effectively screen all the pregnant women across the tribal habitations, a baby shower event is conducted every month in our health centre premises at Gattumalla village. A group of 25-30 pregnant women from various habitations are invited to our centre on 7<sup>th</sup> of every month for this event. As a ritual, all the participating pregnant women are provided with new sarees, bangles & fruits. A complete Antenatal Check-up (ANC) is done for each pregnant woman.

Our team conducts health education session for these pregnant women explaining the importance of taking supplements, mentioning Do's and Don'ts as wells as motivating them to go for institutional deliveries against the more common tradition of home deliveries.

Traditional tribal songs in their local language & dance are performed by our community health workers at the end of event making the pregnant women experience the moments of joy.







#### **NUTRITION PROGRAM & NUTRITIONAL ASSESSMENTS:**

Malnutrition & Anaemia prevalence in Under-5 age children and pregnant women is highest in tribal population.

According to our study, 70.2% children are underweight & 62.4% of them have wasting. 99% pregnant women and 98% under-5 age children have anaemia.

I-DO has started providing them our own formulated nutrition powder which has to be consumed every day. To ensure this, spot feeding program has been planned in all the habitations covering over 2000+ beneficiaries.

In Under-5 age children, nutritional assessments are done by our team once in 6 months.





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#### **BRIDGE SCHOOLS:**

In the interior habitations there are no anganwadi centres or schools which made education inaccessible to the tribal habitation children. Sending children directly to mainstream schools also was challenging.

To fill this gap we have established 12 BRIDGE SCHOOLS in 12 habitations itself, where they get basic education & mid-day meal. After identifying potential students we motivate them to join into mainstream schools.

No. of children in our bridge schools	340+
No. of children joined to residential mainstream schools	250+





#### We are thankful to ..

### **OUR PROGRAM PARTNERS: (Alphabetical order)**

ARPAN Group
CERNER Healthcare Solutions Pvt Ltd
Gharda Chemicals Ltd
ISSAR Pharmaceuticals Pvt Ltd
Kriti Social Initiatives, Hyderabad
Nishwartha Foundation
Netcracker Technologies Pvt Ltd
Pragathi Welfare Society
Qvantel Software Solutions Ltd
Samaritans-For The Nation
TNR Trust
United Care Development Service

### **OUR WELLWISHERS: (Alphabetical order)**

Aakar Asha Hospital, Hyderabad
Bring A Smile Foundation
Dr Shirin Pinto (USA)
Doctors team Global Hospital, LB Nagar
Gandhi Medical College NRI's 1974 Batch
Inner Wheel Club, Warangal
Karuna Trust
Rural Hope Foundation (USA)
Sai Anna Lakshmi Foundation (SALF)
TechieRide