IDO
INDIGENOUS
DEVELOPMENT
ORGANIZATION

IDO

ANNUAL REPORT 2023-2024

INDIGENOUS DEVELOPMENT ORGANIZATION

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A Note from CEO

Inspired by the philosophy of Dr. APJ Abdul Kalam and the humanitarian work of Dr. Hanumappa Sudarshan, Dr. Prakash Amte, and Dr. Abhay Bang, Dr. Narendar (Founder) began visiting various regions in 2016-17 to understand the needs of underserved communities.

During his voyage, he encountered the tribal communities in Bhadradri Kothagudem district, Telangana, where he saw the significant challenges they faced.

Moved by their struggles, he decided to dedicate himself to their well-being and has been living with them ever since.

Dr. Narendar says, "We are proud to present the 2023-24 Annual Report, which highlights our ongoing commitment to providing primary healthcare, nutrition, and education to the tribal communities in Bhadradri Kothagudem.

This year has seen significant progress in strengthening health services, supporting the mainstreaming of children, and advancing our nutrition initiatives.

Our success is a result of the trust and collaboration within the community.

We extend our heartfelt thanks to our partners, volunteers, and supporters for their unwavering belief in our mission."

Dr Narender Ramavath

LIST OF THE BOARD MEMBERS

DESIGNATION	NAME	BACKGROUND
President	Dr. N. Ravindra Rao	Doctor
Vice President	Mogili Vijender	Social Entrepreneur
Secretary & Founder	Dr. R. Narendar	Doctor
Treasurer	Mahesh Mandava	IT Professional
Joint Secretary	K. Mallikarjuna Rao	Business
Executive Member	B. V. Radhakrishna Murthy	IT Professional
Executive Member	Dr. Suresh Reddy	Doctor
Core Team Member	Dr Kapil Sharma	Doctor
Core Team Member	Dr K Archana	Doctor
Core Team Member	Dr B Swathi	Doctor

Our Team

Dr N Ravinder Rao
President

Vijender Mogili
Vice President

Dr R Narender
Secretary & Founder

Mahesh Mandava
Treasurer

K Mallikarjuna Rao
Joint Secretary

B V Radha Krishna
Executive Memner

Dr Suresh Reddy
Executive Member

Dr Kapil Sharma

Dr K Archana

Dr Swathi R

Indigenous Development Organization

I-DO has been working with tribal communities in the remote habitations and rural villages of the Bhadradri Kothagudem district in Telangana State since 2017, impacting over 30,000 individuals.

Our mission is to provide universal, affordable, and comprehensive primary healthcare with the goal of 'Reaching Healthcare to the Unreached'—particularly focusing on the most underserved populations in remote, hilly, rural, and insurgency-prone areas.

Vision

To reach the hitherto unreached tribal population and provide them with essential health and nutrition services to lead a healthy life

Mission

Delivering Health Care and Nutritional Services among the Indigenous Communities with the help of Trained Doctors and Community Health Workers (CHWs) while also Promoting Sustainable Livelihoods and Early Education through Bridge Schools.

Indigenous Development Organization

Geographical and Demographical Context

The Bhadradri Kothagudem district in Telangana is home to 134 tribal habitations, making up approximately 37% of the total population.

The district borders Khammam (Telangana), Andhra Pradesh, and Chhattisgarh, and its geographical terrain, characterized by remote, hilly, and sometimes insurgency-affected regions, presents significant barriers to healthcare access.

Key Challenges in the Region

Limited Access to Healthcare: The tribal communities in this district face extreme challenges in accessing basic health services due to geographical isolation. With no ASHA workers or healthcare infrastructure in many habitations, primary healthcare and emergency services are nearly impossible to access.

Cultural and Social Barriers: Poor health-seeking behavior, a strong reliance on traditional beliefs and black magic, and language barriers further hinder access to healthcare.

High Maternal and Child Mortality Rates: Institutional delivery rates are alarmingly low, with the majority of deliveries taking place at home. This contributes to high Infant Mortality Rates (IMR) and Maternal Mortality Rates (MMR).

Nutritional Deficiencies: Anemia and malnutrition are widespread, especially among under-5 children, where cases of Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM) are prevalent.

Focus Areas of IDO's Interventions

Mobile Healthcare & Outreach: Mobile Medical Units (MMUs) are set up to provide essential services like immunizations, antenatal care, and family planning.

Community Health Workers: Trained local individuals as health workers to offer primary care and maternal support, improving health education.

Education & Early Childhood Programs: Established Make-shift Study Centers called Bridge Schools. that enhance literacy and reduce dropout rates. They help bridge the educational gap by offering basic education, enabling children to eventually transition to mainstream schools.

Awareness Campaigns: Promoting health and cultural awareness to challenge harmful practices and improve health-seeking behaviour with the help of Street Play 'Nukkad Natak'.

Nutritional Support: Implement feeding programs to combat malnutrition and educate on proper nutrition for children and pregnant women.

Highlights of the Year

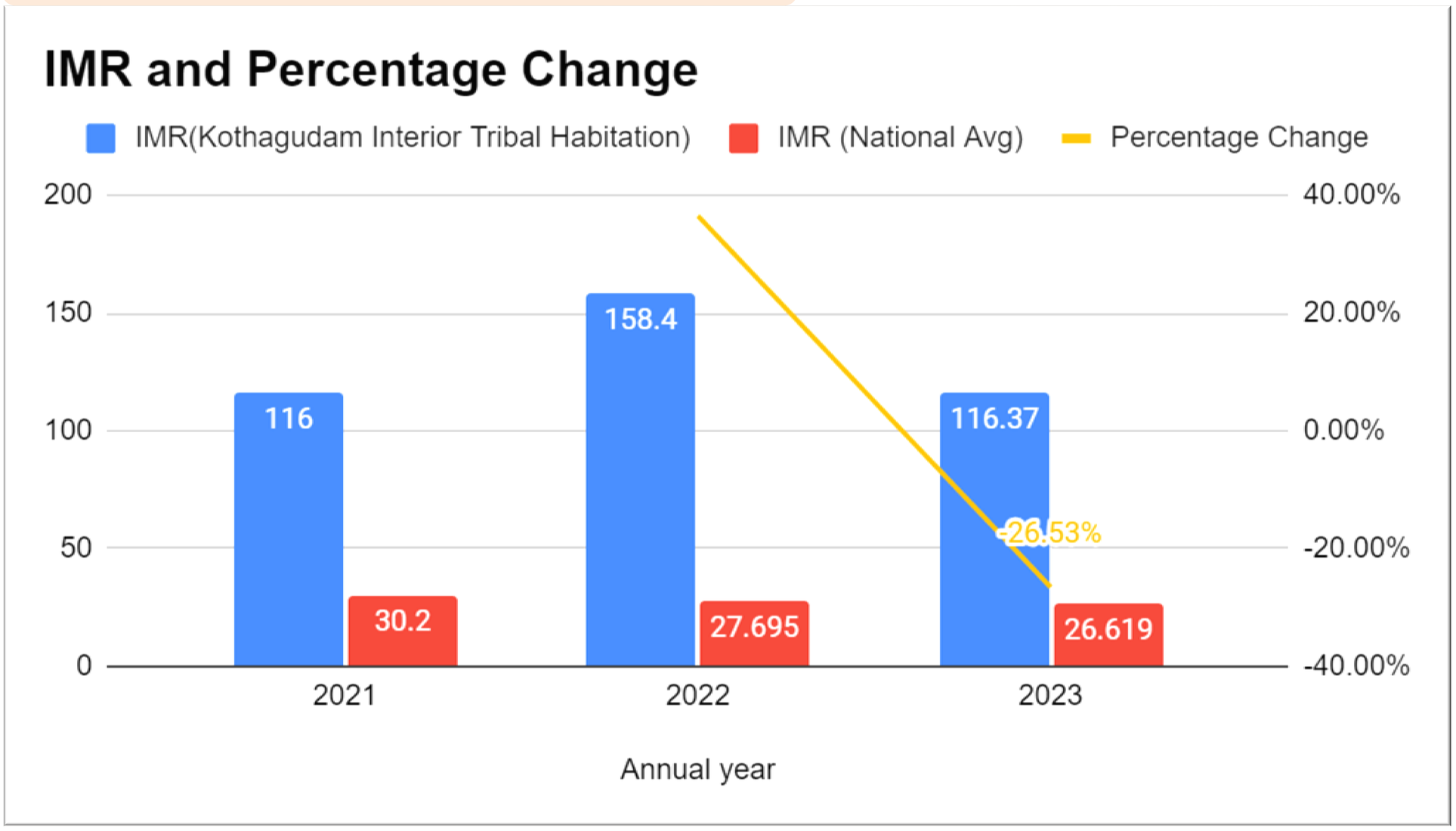
Community Engagement in the Construction of Health Centre

Pragathi and Rural Hope Operation Theatre Block at I-DO Health Centre

Telangana's first NGO operated specialty hospital in Agency area

The OT block was inaugurated on November 18, 2023, by Dr. Hanumappa Sudharshan, recipient of the Padma Shri and Right Livelihood Award (Alternative Nobel Prize), from Karuna Trust and Shri Jalagam Prasada Rao Philanthropist and Ex-Minister AP.

Decline in the Infant Mortality Rate



Our Works (Programmes and Activities)

HEALTH CENTRE

Patient Turnout: The IDO Health Centre attended to 4,347 outpatients and 275 inpatients, showing its significant role in community healthcare.

Maternal & Child Care: 289 antenatal checkups were recorded, with 144 high-risk pregnancies identified and 35 cases of severe anemia among expectant mothers were identified and treated accordingly. 72 pneumonia cases were found among infants and treated accordingly. 211 scans were conducted for pregnant women.

Diagnostic & Lab Services: Conducted 1,468 laboratory investigations aiding in early disease detection and proper treatment.

Surgical & Family Planning Services: 73 tubectomies and 20 IUCDs were done, ensuring access to reproductive health services.

Infectious Disease Cases: The center treated 56 malaria (Pf) cases, 40 typhoid cases and 11 tuberculosis cases, emphasizing its role in managing serious infections.

CATEGORY	TOTAL
Total No of OP (General)	4347
Total No of IP	275
Total No of Communicable Diseases	1671
Total No of Non-Communicable Diseases	2030
Total No of OP (Homeo)	566
Total No of OP (Obg & Gyn)	638
Total No of ANC visits	289
Total No. of Scans	211
Total Iron Sucrose	85
Total No. of High-Risk Pregnant women identified	144
No Of ANC With Severe Anemia	35
Total No. of Cases with Severe Anemia	67
Total No. of Surgeries (Tubectomy)	73
Total No. of IUCD	20
Total LAB Investigation	1468
Total No. of Malaria Pf Cases	56
Total No. of Malaria Pv Cases	9
Total No. of Typhoid Cases	40
Total No of Pneumonia Cases(accordingly)	72
Total No. of Tuberculosis Cases	11
Total no of Animal attack cases	1
Total no of Snake bite cases	3

TRAINING COMMUNITY HEALTH WORKERS IN HABITATIONS

Training & Empowerment: Tribal youth are identified and trained as Community Health Workers (CHWs) to provide essential healthcare services in remote areas.

Home-Based Healthcare: CHWs offer basic treatment, preventive care, and early risk identification, ensuring timely medical intervention.

Maternal & Neonatal Care: They detect high-risk pregnancies and newborn complications, reducing maternal and infant mortality rates.

Rapid Malaria Testing: CHWs conduct on-the-spot malaria tests, provide immediate treatment, and refer severe cases to medical centers.

Bridging Healthcare Gaps: This community-driven approach strengthens primary healthcare systems, empowering local youth to improve health outcomes.

INTERVENTIONS DONE BY COMMUNITY HEALTH WORKERS WITHIN HABITATIONS	
Community health workers trained	55
Mandals covered	17
Habitations covered	58
Population covered	10000+
No. of Pregnant women - Antenatal checkups	252
High -risk pregnancies identified & referred	64
No. of safe deliveries conducted at habitation	45
Home based newborn care	310
Total malaria screening done	950
Total malaria cases identified & treated	588
Tuberculosis Cases identified & done followups	17
Patients referred to higher centres	230

PROMOTING SAFE PREGNANCIES - BABY SHOWER EVENT

To ensure comprehensive screening of pregnant women across the tribal habitations, our health center in Gattumalla village organizes a monthly baby shower event. Each month, we invite a group of 25-30 pregnant women from different villages to participate in this event.

As part of the tradition, all attending women are gifted new sarees, bangles, and fruits. A thorough Antenatal Check-up (ANC) is conducted, including essential blood tests and an ultrasound scan.

During the event, our team leads an educational session, where we emphasize the importance of taking nutritional supplements, highlight key health Do's and Don’ts, and encourage women to opt for institutional deliveries instead of home births, which are more common in the community. We also identify any high-risk pregnancies and ensure appropriate follow-up care.

The event concludes with a cultural performance, where our community health workers sing traditional tribal songs and perform dances in the local language, creating a joyful and uplifting experience for the pregnant women.

HELPING CHILDREN ACCESS EDUCATION – BRIDGE SCHOOLS

The remote and difficult terrain of remote tribal areas, with rough roads and overflowing streams, makes it nearly impossible for children to attend government schools, even on foot.
The financial burden on parents, who rely on daily wages from agriculture, further complicates the situation, as escorting children to school means losing a day's income, leading to higher child labor.
As a result, the literacy rate among tribal children is very low. Mainstream schools often face high dropout rates due to lack of initial support and engagement.

Why Bridge Schools for the Tribal Community?
Bridge schools in the remote tribal areas serve as temporary, makeshift study centers for children. They help bridge the educational gap by offering basic education, enabling children to eventually transition to mainstream schools. Built with limited resources, they play a vital role in providing essential education to children.
Local community volunteers, often school dropouts, are recruited from within the habitations and trained to teach the children in their native languages. This approach minimizes language barriers, reduces the fear of schooling, and fosters a positive attitude toward education encouraging regular attendance. There are 13 Bridge Schools in 13 Tribal Habitations of Gattumalla, Bhadradri, Kothagudem.

Sl.No	Schools	Beneficiaries
1	Enrolled in Bridge School	432
2	Admitted to Mainstream Schools	154
3	Cumulative data till 2024	554

HEALTH CARE INITIATIVES – BY GHARDA CHEMICALS LTD

In a significant healthcare initiative, the IDO Health Centre, with support from Gharda Chemicals Limited, made a remarkable impact in the remote tribal areas of Bhadradri Kothagudem District, Telangana, benefiting over 20,000 people across 100 villages.

Gharda Chemicals, through its CSR initiative, funded operational expenses and provided vital medical equipment, including an ultrasound machine, significantly enhancing the hospital's diagnostic capabilities.

During the 2023-24 period, the hospital treated 4,347 outpatients and admitted 275 inpatients, addressing both communicable and non-communicable diseases.

Among the communicable conditions, malaria accounted for 65 cases, typhoid for 40, and tuberculosis for 11. The hospital also managed a range of non-communicable diseases, including hypertension, diabetes, anemia, and kidney disorders.

A key focus of the hospital's efforts was maternal health, with 289 antenatal check-ups conducted, 144 high-risk pregnancies treated, and 103 cases of severe anemia, including 35 pregnant women, managed. In addition, 73 family planning surgeries and two major gynecological surgeries were successfully performed.

Diagnostic services were robust, facilitating 4,381 lab tests, 211 ultrasound scans, and the distribution of medication to 4,337 patients.

HEALTH CARE INITIATIVES – BY GHARDA CHEMICALS LTD

	CATEGORY	June 2023	July 2023	Aug 2023	Sep 2023	Oct 2023	Nov 2023	DEC 2023	JAN 2024	FEB 2024	MAR 2024	TOTAL
1	Total No of OP (General):	485	332	347	570	498	268	412	484	505	446	4347
2	Total No of IP:	26	37	23	25	21	21	37	31	29	25	275
3	Total No of Communicable Diseases:	181	125	124	227	257	106	151	142	187	171	1671
4	Total No of Non-Communicable Diseases:	304	207	223	343	223	140	111	158	155	166	2030
5	Total No of OP(Homeo):	30	87	78	49	72	62	45	57	54	32	566
6	Total No of OP (Obg & Gyn):	25	72	52	87	74	90	68	68	60	42	638
7	Total No of ANC visits.	24	48	24	28	31	38	35	25	25	11	289
8	Total No. of Scans	0	46	10	32	21	33	31	18	17	3	211
9	Total Iron Sucrose	5	12	10	1	1	4	12	14	19	7	85
10	Total No. of High-Risk Pregnant visits	20	23	11	16	9	21	18	10	13	3	144
12	No Of ANC With Severe Anemia:	4	8	1	0	1	2	9	2	6	2	35
13	Total No. of Cases with Severe Anemia:	6	12	6	5	2	5	3	7	14	7	67
14	Total No. of Surgeries (Tubectomy):	0	3	5	9	7	6	12	15	3	13	73
15	Total No. of IUCD:	0	3	1	2	4	8	0	2	0	0	20
16	Total LAB Investigation	163	122	136	33	195	145	136	195	208	135	1468
17	Total No. of Malaria. Pf Cases:	6	7	3	9	1	4	6	7	8	5	56
18	Total No. of Malaria Pv Cases				1	2	1	1	2	1	1	9
19	Total No. of Typhoid Cases:	0	2	0	5	5	1	4	18	4	1	40
20	Total No of Pneumonia Cases:	10	11	5	15	23	3	1	1	2	1	72
21	Total No. of Tuberculosis Cases:	2	1	1	0	0	2	0	2	2	1	11
22	Total no of Animal attack cases	1										1
23	Total no of Snake bite cases		1		1			1				3

NUTRITION IN REMOTE TRIBAL HABITATIONS

By SS&C EzeSoftware India Private Limited)

The Nutrition Report 2023 highlights the ongoing efforts to address malnutrition and anemia in the remote tribal communities of Bhadradri, Kothagudem District, Telangana.

Malnutrition remains prevalent, particularly among children under five, pregnant women, and lactating mothers, due to inadequate diets, low health awareness, a high incidence of malaria, and socio-economic challenges.

In partnership with SS&C Eze Software India, IDO's nutrition program has made a significant impact, benefiting 375 individuals across 10 habitations. The program has resulted in a 39% reduction in anemia among children, a 32% decrease in wasting, and a 29% decline in underweight cases. Additionally, anemia among pregnant women has decreased by 31%.

The initiative provides 70 grams of nutrition powder daily through local volunteers and distributes packets for home use, ensuring sustainable health improvements.

With over six years of dedicated work in healthcare, nutrition, and education, IDO continues to make strides in uplifting these underserved communities. The report extends gratitude to SS&C Eze Software India for its support and invites further collaboration with IDO in these vital efforts.

PROVIDE HEALTH CARE, EDUCATION AND NUTRITION IN REMOTE TRIBAL HABITATIONS

The ISSAR Pharmaceuticals CSR Project Report for 2023-24 highlights the organization's impactful healthcare, nutrition, and education initiatives across 25 remote tribal habitations in Bhadrachalam, Telangana.

The project provided essential medical services to 5,000 individuals through community health workers and free medical camps, alongside the distribution of medicines and diagnostic services.

Health workers received specialized training in maternal and child healthcare to enhance care delivery.

In the education sector, the project established FIVE Bridge schools, benefiting 225 children in areas lacking educational facilities.

To boost attendance and nutrition, the schools also provided midday meals.

This comprehensive initiative has made significant strides in improving healthcare access and educational opportunities for marginalized tribal communities.

MOTHER AND CHILD HEALTH CARE & PRIMARY HEALTH CARE IN TRIBAL HABITATIONS

By Netcracker Technology Solutions Pvt Ltd

Netcracker Technology Solutions India Pvt Ltd has been a key partner in supporting IDO's healthcare initiatives through CSR funding, with a strong focus on maternal and child healthcare, disease prevention, and infrastructure development.

In the Financial Year 2023-24, two major projects were launched: the Mother and Child Healthcare & Primary Healthcare initiative and the Solar-Powered Health Centre in Gattumalla Village.

The healthcare initiative reached over 3,000 individuals across 12 remote tribal habitations, providing essential medical services to 350 pregnant women, lactating mothers, and children.

The program included 1,100 instances of doorstep care, 58 antenatal checkups, and the identification of 11 high-risk pregnancies. Additionally, 350 individuals were screened for anemia, 175 for malaria, and 28 critical patients were referred for advanced treatment.

The Solar-Powered Health Centre in Gattumalla Village ensured uninterrupted medical services, improving patient care, diagnostics, and emergency treatments.

Since the inception of these efforts in FY 2021-22, they have benefited 11,500 people across 47 tribal habitations, significantly enhancing healthcare access and sustainability in remote areas.

MOTHER AND CHILD HEALTH CARE & PRIMARY HEALTH CARE IN TRIBAL HABITATIONS

Solar Grid installed on the IDO Health Centre, Gattumalla Village

INTERVENTIONS WITHIN 12 TRIBAL HABITATIONS

Habitations covered	12
Population covered	3000+
Vitamin supplements for Pregnant women, Lactating women and Children	350+
Antenatal Checkups for pregnant women at door-step	58
Primary care treatment provided for sick individuals at door-step	1100+
High-risk pregnancies identified & referred	11
Home based newborn care	67
Anaemia screening done	350+
Total malaria screening done	175+
Critical patients referred to higher centres	28

NUTRITION POWDER AND SOLAR PROJECT

Supported by PEGA Systems World Wide Pvt Ltd

The CSR initiative by Pegasystems Worldwide India Pvt Ltd for FY 2023-24 focused on two impactful projects: the Nutrition Powder Project and the Solar Project, both targeting remote tribal habitations in Bhadradri Kothagudem district, Telangana.

The Nutrition Powder Project aimed to tackle malnutrition and anemia by providing a specially formulated mix of wheat, jowar, groundnuts, Bengal gram, and jaggery powder. This initiative benefited 302 individuals, including 248 children and 54 pregnant and lactating women across 10 tribal habitations. To ensure consistent consumption, local volunteers conducted daily spot feeding sessions within the communities.

The Solar Project addressed the critical lack of electricity in these remote areas. Many tribal habitations faced safety risks from frequent snake bites, animal attacks, and limited mobility after dark, which also hindered children from studying or playing post-sunset.

The installation of solar streetlights significantly enhanced safety and quality of life, providing essential lighting and reducing risks. This intervention also enabled social and educational activities during the evening hours, transforming daily living conditions.

These projects were implemented by the Indigenous Development Organization (I-DO), which has been dedicated to working with marginalized tribal communities for the past seven years.

Pegasystems' support through its CSR initiative has been instrumental in improving the well-being of these tribal populations by addressing both nutritional deficiencies and infrastructure challenges.

PHOTO STORIES

Source- Bussurai Hamlet: Implemented a Malaria prevention awareness program in the remote forests adjacent to Bussu Rai hamlet, one of the inaccessible areas in Telangana state. Nearly 135 members participated in the program travelling far across distances on foot .

Source- Koyagattu Hamlet: Providing counseling to mothers and children about the significance of timely hospital visits and regular health checkups.

PHOTO STORIES

Source- Kistarampadu remote hamlet: Community participation in identifying and training of new health workers.

Source- between Rallachiluka and Bussurai Hamlet : (Mother & Child Health Program) Health checkup of 3 months old infant with 3 grams hemoglobin.

PHOTO STORIES

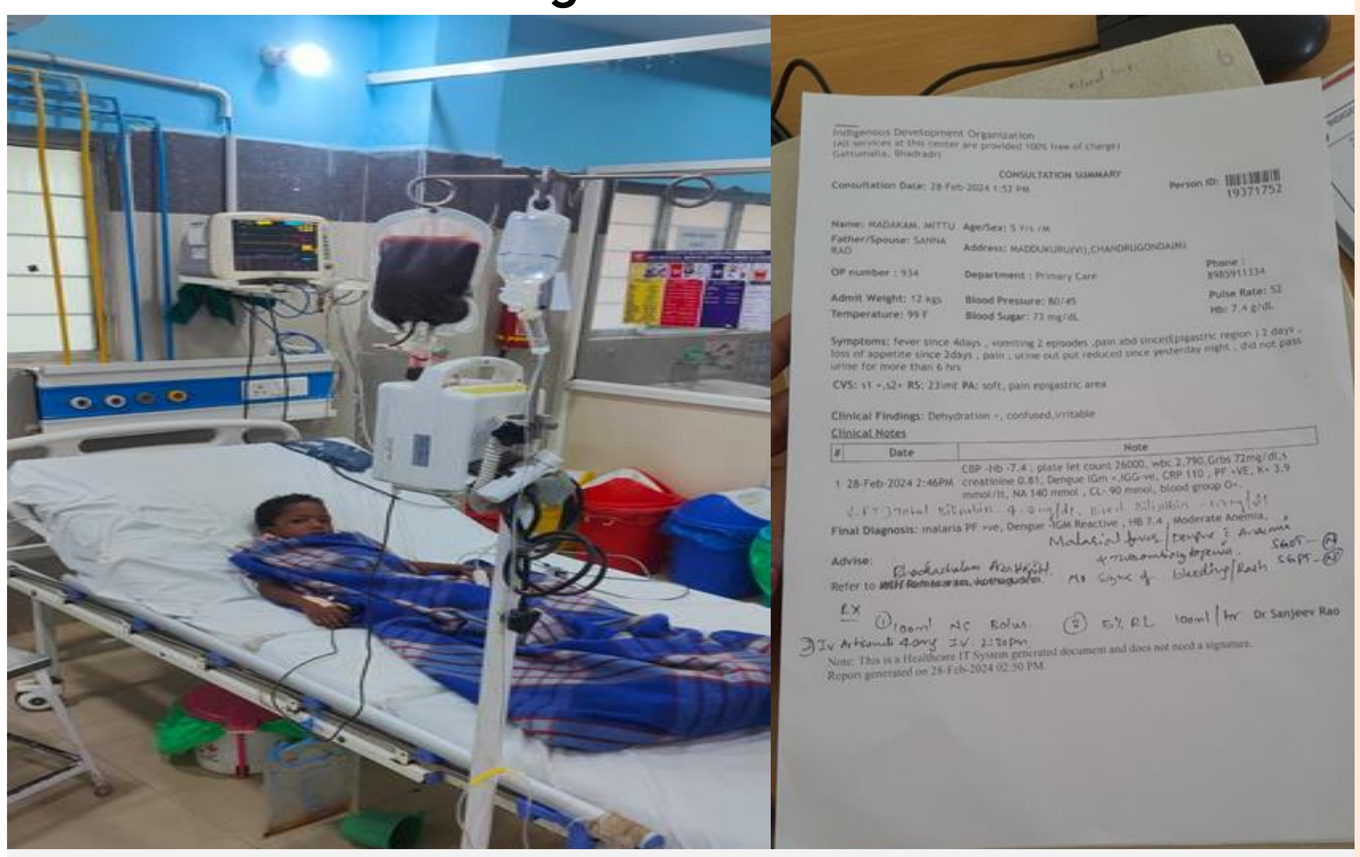
Source: Kranthi Nagar- Child suffering from Pneumonia, one of the leading causes of Child Mortality in India. Applying “Bhilawa seeds” as chest tattoos to treat pneumonia.

Adolescent girls awareness program on Anaemia at their habitat

CPR training at IDO hospital

SUCCESS STORIES

Survival of Mitta Against All Odds



Emergency treatment at IDO Health Centre and a timely Hand-Holding Referral to Bhadrachalam Govt hospital.

In a remote forest hamlet, a 5-year-old “Madkam Mitta" was facing a death situation due to malaria, dengue fever, and severe anemia.

Believing it to be the work of evil forces, his family turned to black magic for four days before embarking on a perilous 40 km journey through dense jungle to reach IDO Health Centre.

Despite the odds, Mitta survived after aggressive treatment.

Mitta finally reaches home after life-saving intervention

SUCCESS STORIES

Timely Counseling Saved Life

Mrs. Masey, a 24-year-old daily wage laborer and minor forest produce collector from a tribal hamlet, struggled financially due to lost wages caused by a large abdominal mass, which was later diagnosed as a 'Mucinous Neoplasm.'

Initially, mistaking her symptoms for pregnancy due to the swelling, she delayed seeking medical attention until she visited the IDO Health Center, where the cyst was detected.

Despite facing challenges in health literacy and seeking timely care, Mrs. Masey received intensive counseling and support. Following this, she was admitted to Bhadrachalam Government Area Hospital, where she successfully underwent surgery.

Her experience highlights the significant barriers tribal communities face in accessing healthcare and the vital role of guidance and support in overcoming these challenges.

Post Surgery

BENEFICIARIES VOICE

Source: IDO Health Center, (Residents of Sukuma, Chhattisgarh)

"In our hamlets, traditional medicine was the only option available, and we rarely had access to any formal healthcare services.

Raising children was difficult due to poverty, and we faced serious health issues after multiple deliveries, with some lives being tragically lost in our community.

Through one of our community members, we learned about the family planning surgery option. Despite the challenges, we traveled 130 kilometers through dense jungle from Sukuma district, Chhattisgarh, to undergo a tubectomy at the IDO Health Center. The entire process was smooth, and we were able to receive treatment through their appointment system."

OUR STAKEHOLDERS & WELL-WISHERS

OUR STAKEHOLDERS

Gharda Chemicals Ltd.
SS&C EzeSoftware India Private Ltd.
ISSAR Pharmaceuticals Pvt Ltd.
Netcracker Technology Solutions India Pvt Ltd.
Pegasystems Worldwide India Pvt Ltd.
Kriti Social Initiatives ,Hyderabad
Niswartha Foundation
Qvantel Software Solutions Pvt Ltd.
Samaritans–For The Nation
United Care Development Service

OUR WELLWISHERS: (Alphabetical order)

Aakar Asha Hospital, Hyd
Association For India's Development (AID) ,USA
Bring A Smile Foundation, Hyd
District Administration, Bhadradri Kothagudem
Doctors Team Global Hospital, LB Nagar
Dr Gampala Sirisha, Huzurnagar
Dr Shirin Pinto (USA)
Dr H Sandhya Rani,Warangal
FLY Holisitc School, Hyd
Gandhi Medical College NRI's 1974 Batch
Global Illumine Foundation, Hyd
Inner Wheel Club, Warangal
Karuna Trust, Bengaluru
LV Prasad Eye Institute, Palvancha
Meenakshi Venkatraman Foundation, Hyd
Pragathi Welfare Society, Hyd
PT Nallakunta Seva Group,Hyd
ReNew Power, Hyd
Rural Hope Foundation (USA)
Sai Anna Lakshmi Foundation (SALF)
Techie Ride, Hyd
White Lotus and Satsankalp Group, Hyd

Anexure-1

Annexure-1 Consists of the financial statement of the organization FY 23-24.

INDIGENOUS DEVELOPMENT ORGANISATION

INCOME AND EXPENDITURE ACCOUNT FOR THE

(All amounts in Rs. except otherwise stated)

	Note	31-Mar-24	31-Mar-23
Income:			
Donations & Grants	2.6	1,38,57,938	1,97,23,568
Total Income		**1,38,57,938**	**1,97,23,568**
Expenditure:			
Program Expenditure	2.7	83,88,415	59,68,020
Employee benefit expense	2.8	28,35,958	15,55,733
Other Expenses	2.9	4,56,429	2,83,822
Depreciation	2.10	17,17,243	24,56,699
Total		**1,33,98,045**	**1,02,64,274**
Surplus/(deficit) for the year		4,59,893	94,59,294

The accompanying notes form an integral part of these financial statements.

As per our report of even date
for V. NAGARAJAN & CO.,
Chartered Accountants

Shankar Cherekupally
Partner
ICAI Firm Reg. No.: 004879N| M. No.: 252304

UDIN: 24252304BKFSOZ5665
Place: Hyderabad
Date: 20/09/2024

for **Indigenous Development**

Dr. Narender
Secretary

Dr. Ravindar Rao
President