

**VIT****Vellore Institute of Technology**
Established in the year 1984 under section 3 of the Vellore Institute of Technology Act, 1984**School of Bio Sciences and Technology****Winter Semester 2022-2023 - Fresher's****Continuous Assessment Test – 1****SLOT: G1+TG1****Programme Name & Branch : MCA, MIS, MID, MIY, MSB, MSM****Course Name & code: INTRODUCTION TO HUMAN PSYCHOLOGY & BMG5015****Class Number (s): VL2022230506320****Faculty Name (s): Radha Saraswathy****Exam Duration: 90 Min.****Maximum Marks: 50****General instruction(s):****Answer all Questions and Write to the point.**

Q.No.	Question	Max Marks	CO	BL
1.	Elucidate the outcome of the animal experiments carried out by scientists for the development of psychology and its relation to human behaviour.	10	CO1	BL3
2.	List the big five dimensions of Personality. In your view which dimension is best suited for you? With an example explain the challenges and how you dealt with that situation.	10	CO1	BL4
3.	How does pseudopsychology differ from psychology? Explain with two examples.	10	CO1	BL3
4.	Describe any behavioral event you came across to understand the neurophysiological basis in human behavior.	10	CO2	BL4
5.	It is known that a significant relation exists between the mind and the body. Discuss how the information is incorporated from the senses to make survival possible.	10	CO2	BL5



VIT
Vellore Institute of Technology
(Established by the University under section VI of U.C. Act 1956)

School of Bio Sciences and Technology

Winter Semester 2022-2023 - Fresher's

Continuous Assessment Test – II

SLOT: G1+TG1

Programme Name & Branch : MCA, MIS, MID, MIY, MSB, MSM

Course Name & code: INTRODUCTION TO HUMAN PSYCHOLOGY & BMG5015

Class Number (s): VL2022230506320

Faculty Name (s): Radha Saraswathy

Exam Duration: 90 Min.

Maximum Marks: 50

General instruction(s):

Answer all Questions and Write to the point.

Q.No.	Question	Max Marks	CO	BL
1.	To what extent is psychodynamic therapy applicable to today's clients? If so, in what situations would it best be applied?	10	CO2	BL3
2.	In your opinion, for what types of psychological disorders do you believe behavioral techniques is best suited?	10	CO6	BL4
3.	Who can benefit from psychosocial rehabilitation? Explain with an example.	10	CO5	BL5
4.	Briefly describe the works of Peterson and Seligman in the area of Positive Psychology.	10	CO6	BL6
5.	List the features of Cross Cultural Psychology. How has culture become ingrained in human development?	10	CO2	BL4

**VIT**Vellore Institute of Technology
(Approved as a University under section 3 of the UGC Act, 1956)**Final Assessment Test – June 2023**Course: **BMG5015 - Introduction to Human Psychology**

Class NBR(s):6320

Time: Three Hours

Slot: **G1+TG1**Max. Marks: **100****KEEPING MOBILE PHONE/SMART WATCH, EVEN IN 'OFF' POSITION IS TREATED AS EXAM MALPRACTICE****Answer any TEN Questions****(10 X 10 = 100 Marks)**

1. Compare and contrast sensation and perception. Include an example that illustrates the differences and/or similarities of sensation and perception.
2. What is "conditioning," and how does it differ from the other forms of learning? Give an example of how you have used classical or operant conditioning, or seen it used, in your own life.
3. At your first therapy appointment, you are asked a series of open-ended questions by your therapist. The questions are about your family background and life history. What type of assessment technique is being used? Explain with an example.
4. How would you help someone facing a traumatic or stressful situation (i.e. cancer diagnosis, critical incident at work)? Share how would you encourage and implement a positive outlook or attitude? What role does leadership and teamwork play in resilience?
5. Addiction is a common issue for patients in rehabilitation facilities. Do you have any experience working with patients who are addicted to substances? If not, share your views on how will you help them overcome their addiction?
6. What are the various elements that affect the cohesiveness within a group?
7. Give an example when you felt prejudiced against someone else. How did you discriminate against them? Why do you think you did this?
8. Explain how the reduction of poverty and empowerment of women can help countries to slow their population growth. How can it help to stabilize populations?
9. If post-traumatic stress is a type of classical conditioning, how might psychologists use the principles of classical conditioning to treat the disorder?
10. Which type of talk-oriented therapy is nondirective and is based on insights from conscious thoughts and feelings?
11. Self awareness worksheet to understand yourself is provided. What three things are you most proud of in your life to date? What do you hope to achieve in life? What are your five greatest strengths?