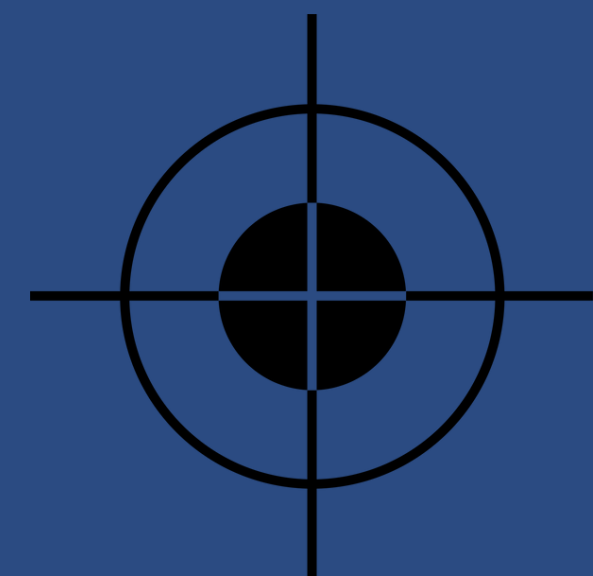




DOSPPDP

Defence Oriented SSB & Personality Development
Program

SSB MANUAL





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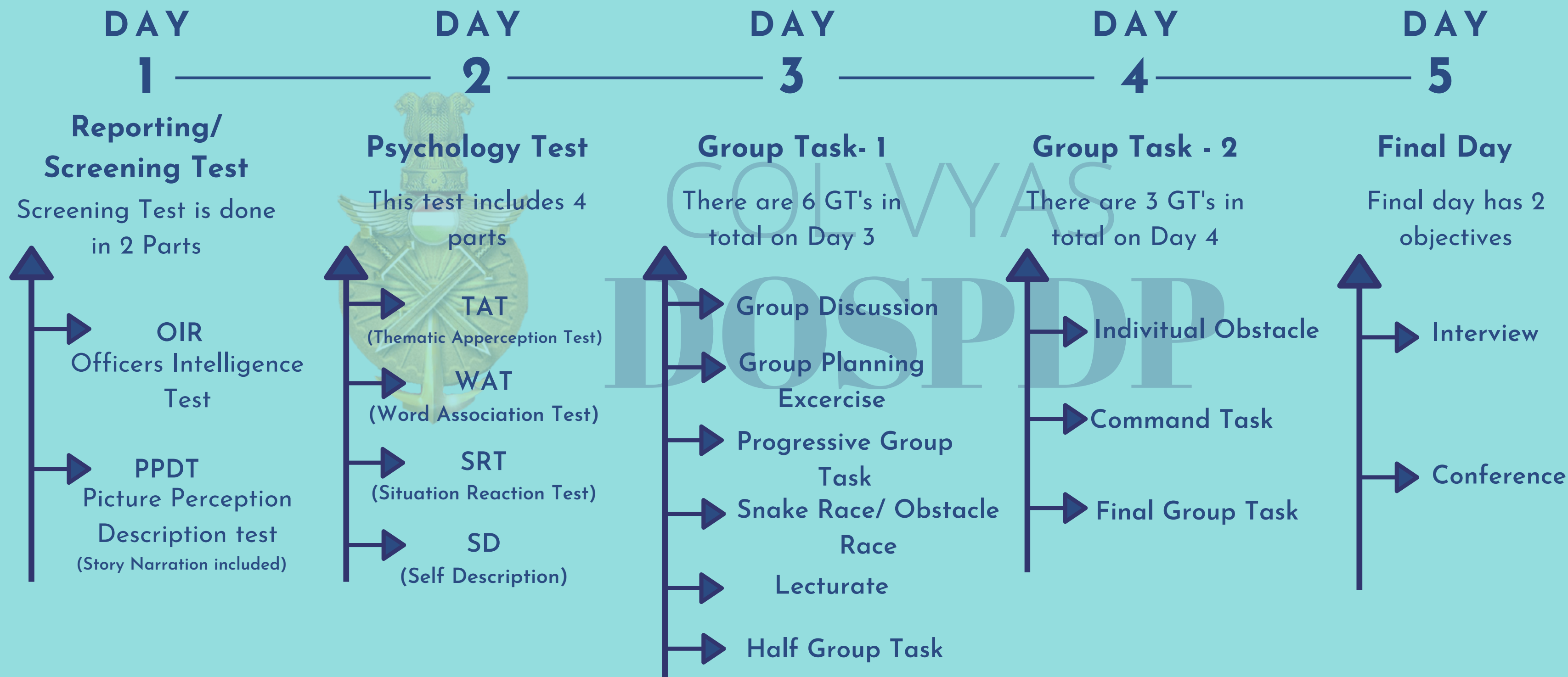
What SSB Want's?

SSB wants cadets who are mentally and physically strong with special Officers Skills inbuilt in themselves. They try finding a leader into yourself whom the country can rely on.





5 Day SSB Procedure

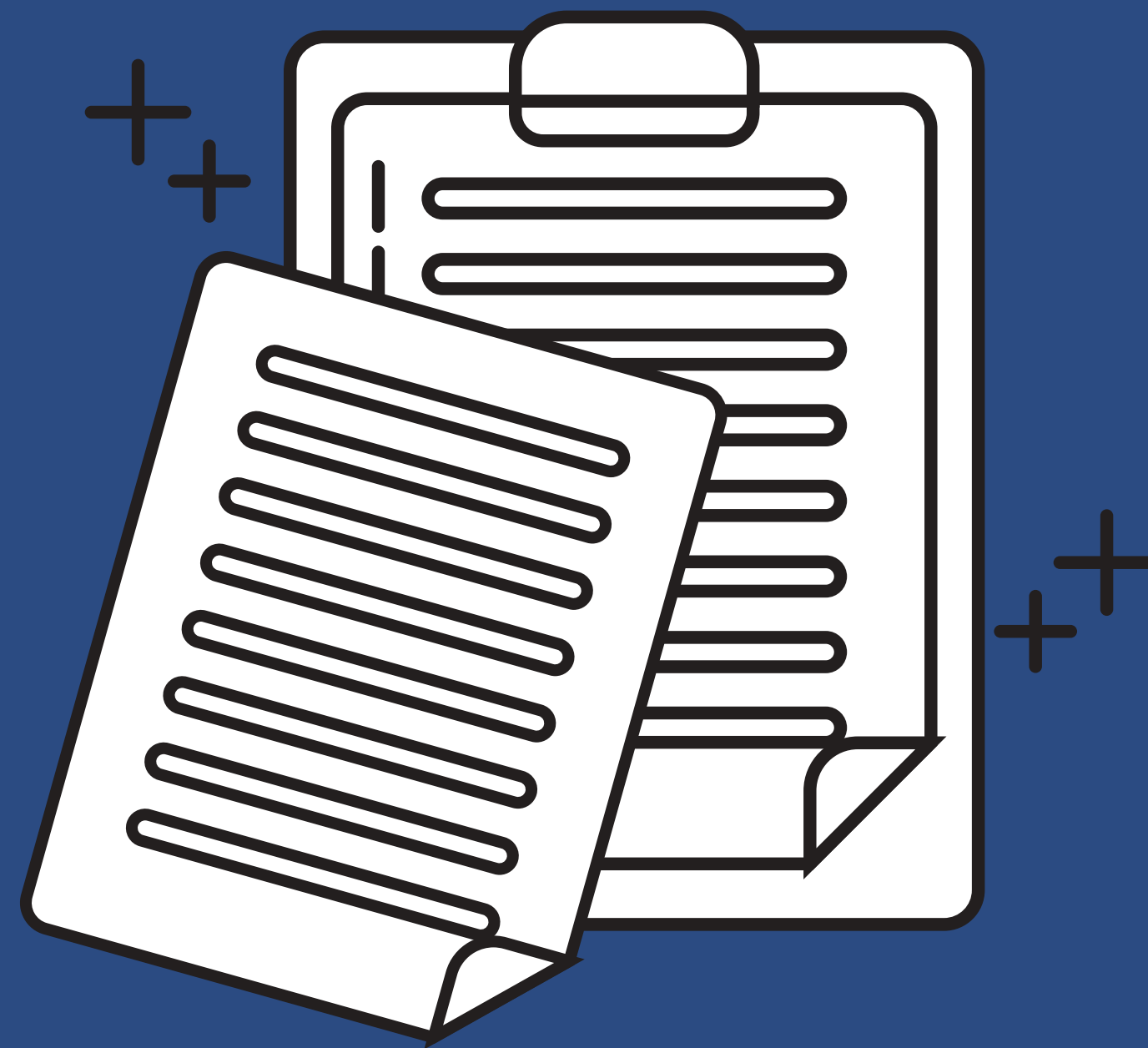




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Screening Test



Screening Test

- Screening Test includes OIR and PPDT.
OIR - OFFICERS INTELLIGENCE TEST
PPDT - PICTURE PERCEPTION DESCRIPTION TEST



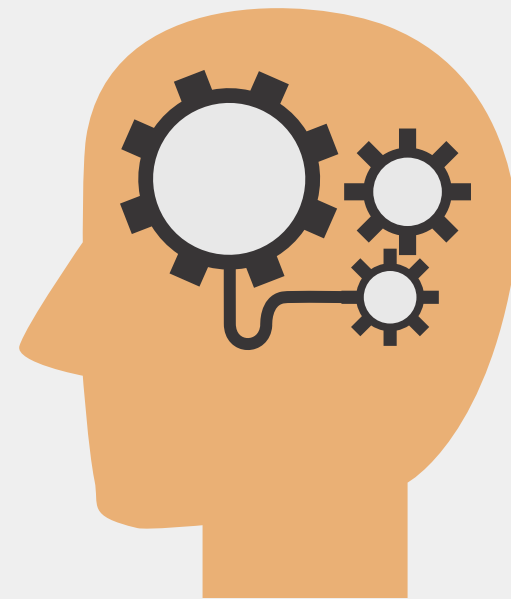


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OIR - Officers Intelligence Test

Very easy Aptitude level questions are there:

- Time: 17 Min
- Number of Questions: 40
- Total number of Sets : 2 set with 40 questions each





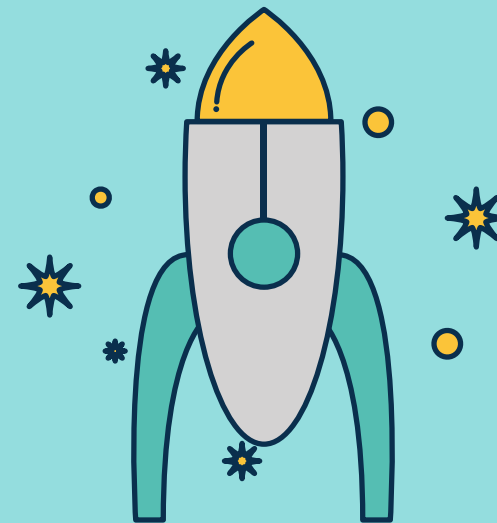
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PPDT

PICTURE PERCEPTION DESCRIPTION TEST

In PPDT you need to write a story according to the picture shown to you for 30 sec within 4 min only and later you have to discuss about the picture and make a common story in group discussion.

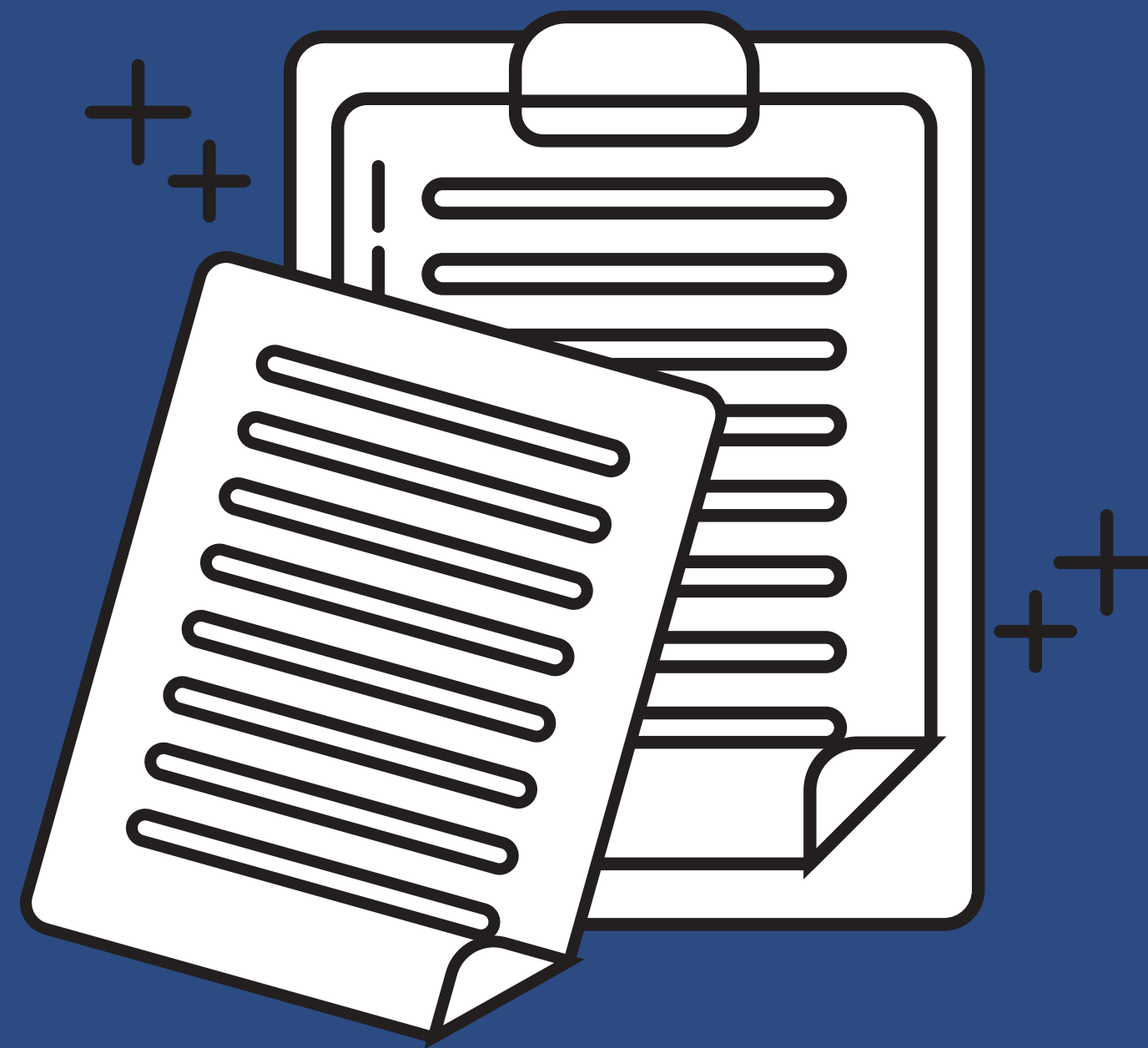




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Psychology Test



WAT



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WORD ASSOCIATION TEST

Word Association Test (WAT) is one of the four psychological tests employed by the SSBs in Phase 2 of their testing procedure to evaluate a candidate's patterns of thought, personality, temperament, achievements, failures and emotional responses based on the principle of his/ her subconscious mind. In this test, a candidate is judged by the psychologist for his/ her OLQs.

Important points to note

1. A total of 15 seconds will be given to the candidates to read a single word and write their response in the form of a complete sentence on their answer sheet.
2. Total 60 words would be given.
3. Let your sentence be natural.
4. Use some natural names instead of Ram and Shyam.



THEMATIC APPERCEPTION TEST

Thematic apperception test is a projective psychological test on day 2. Proponents of this technique assert that a person's responses reveal underlying motives, concerns, and the way they see the social world through the stories they make up about ambiguous pictures of people. Basically this test helps in understanding whether a person is of the mentality what arm forces want to its officers.

Important points to note

1. Total 12 Pictures would be shown to you each for 30 seconds followed by 4 min to write a story on it.
2. Each story must have a chief character (Hero), it will be wise to use officer like qualities (OLQs) when creating the personality traits of the character.
3. Let the hero and character have some decent name and not Ram, Shyam and Gopal. Let the names of your dear friends come in it.
4. Choose the age and profession of the main lead of your story very carefully. The age should be exactly what is evident from the picture. And choose the profession according to the age.
5. Write Practical story and not superficial based stories.
6. Always try giving a successful and happy ending. The story should have a positive sense and not negative.
7. Keep a keen eye when looking at picture, note each and every small point.
8. Last Picture, i.e. 12th picture would be a blank white screen, where you have to write your story on any scene of your wish. You can prepare for 12th picture in advance and go for SSB.

SRT



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SITUATION REACTION TEST

Situation Reaction Test or SRT is a specially designed psychological test designated to test your responses to these day-to-day situations. Your responses show your personality and give the actual picture of your conscious and subconscious mind. Whether you can handle Odd situations with an alert mind.

Important points to note

1. The candidate is given a booklet containing 60 real-life situations which you have to answer in 30 minutes. However, if the candidate does not understand any particular situation, they may leave that particular situation and proceed to the next situation without wasting any time.
2. A candidate is required to write only 2 or 3 lines in response to each situation. So, a speedy response within the specified time limit is very important.
3. Think of simple and obvious actions.
4. There is no, correct solution or book answer, for any situation. **AVOID READING AND GOING THROUGH EXAMPLES**(You may go through 1-2 examples in order to understand the proceeding of the test but avoid reading more solutions from different sources.)
5. Use short-length keywords to answer the situation as this saves time. Use a ';' to separate an action.
6. Prioritize your actions. For example, in any situation you have to someone's life, a Dogs Life and find a bag with someones identity card and money, then go for saving humans life, then dogs life and then the bag.(Understand the feel)

SELF DESCRIPTION TEST

The Test gives a chance to the candidate to reveal his own personality or character to the psychologist. The psychologist can compare their findings of the candidate's personality from their earlier psychologist test like TAT, WAT, and SRT to the type of personality the candidate has portrayed in the Self Description.

This test also gives an idea to the Psychologist regarding how deep the candidate is aware of himself, whether they are aware of their strengths and weakness. The candidate should be aware of their strengths and weaknesses. If a candidate is aware of their weaknesses, they can always improve with conscious efforts. If they lack this insight about themselves, they cannot utilize their skills to their fullest. They cannot benefit from opportunities and training for their self-improvement.

The candidates are asked following questions and are given with 15 min:

1. *What is the opinion of your parents about you?*
2. *What is the opinion of your teachers/seniors about you?*
3. *What is the opinion of your friends/colleagues about you?*
4. *What do you think about yourself giving out your strong and weak points?*
5. *What is your Aim in life and what qualities would you like to develop?*

The space given in the booklet is of about 50-60 words. Prepare of SD is advance.



Why you should not FAKE in SD Test?



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- The psychologist prepares a portrait of your personality based on your responses to WAT, TAT & SRT. If your Self Description is true as per your personality, then it should match with psychologist findings. Please be informed that since the psychologist is an expert in his profession, they are capable of pinpointing your strong and weak points. Therefore, it is in the candidate's own interest, draw a true pen picture of themselves through self-description.
- The Maturity level of the candidate is assessed through Self Description. It also reveals whether the candidate is overestimating about themselves or got a balanced opinion about themselves. A mature mind is a basic quality required in the candidate.
- Your Interviewing officer (IO) has a copy of your Self Description Test - unless your Interview has been conducted before the Psychological test. IO bases his questions on this description, and from the candidate's answer, he can not only confirm his own findings but can also have a fair estimate of the candidate's insight of himself.
- Even in different GTOs Tasks, your response or reaction should be in line with your self-description
- Your self-description is not only limited to psychological tests, but it has its strings attached to IO & GTO also.

It is, therefore, not in your interest to make a vain attempt to mask or conceal your weakness or mention your good qualities. Make a free, frank, and bold confession of your weakness and faults as well as your strong points.