



DOSPDP
DEFENCE ORIENTED SSB AND PERSONALITY
DEVELOPMENT PROGRAM

Name _____

Date _____

Chest No. _____

1. **Hard**
2. **Noise**
3. **Word**
4. **Mall**
5. **Enjoy**
6. **Copy**
7. **Post**
8. **Great**
9. **Hot**
10. **Drug**
11. **Ugly**
12. **Speed**
13. **Poison**
14. **Hammer**
15. **Resentment**



16. Furious

17. Bitterness

18. Worst

19. Doubt

20. Fall

21. Home

22. Physics

23. Team

24. Death

25. Rain

26. Separated

27. Betray

28. Jurisdiction

29. Murder

30. Looser

31. Disaster

32. Lifeless

33. Cricket

34. Virtual

35. Live



36. Zoom

37. Tube

38. Hack

39. Insult

40. Terror

41. Debt

42. Trial

43. Assembly

44. Wireless

45. Download

46. Car

47. Bomb

48. Anger

49. Frustration

50. Hold

51. Beggar

52. Functions

53. Trigonometry

54. Freeze

55. Defence



56. Screen

57. Completion

58. Fold

59. Aircraft

60. Resistance

