# आयुःसत्त्वबलारोग्यसुखप्रीतिविवर्धनाः। रस्याः स्निग्धाः स्थिरा हृद्या आहाराः सात्त्विकप्रियाः।। - भगवदगीता 17.8

Those foods which promote longevity, virtue, strength, health, happiness, & satisfaction, which are juicy, oily, substantial, & agreeable, are dear to those in the mode of goodness



Time:

8: 00 am to 11: 00 pm

#TheBlueArtCafé

### **BEVERAGES**

0		0	 DC	
	U	U	RS	

COOLERS	
LEMON WATER	₹ 50
LEMON SODA	₹ 70
GINGER LEMON SODA	₹ 90
GINGER LEMON MINT SODA	₹ 100
BUTTER MILK	₹ 100
LEMONADE	₹ 130
ICED COFFEE	₹ 140
COLD COFFEE	₹ 150
LEMONANA	₹ 150
MINT LEMONADE	₹ 150
GINGER BASIL LEMONADE	₹ 160
THIRST QUENCHERS	
COLD DRINK	₹ 60
ICED TEA	₹ 130
LEMON ICE MINT TEA	₹ 150
VIRGIN MOJITO	₹ 160
WATER	MRP
WARM INDULGENCES (HOT DRINKS)	
BLACK TEA	₹ 50
MASALA TEA	₹ 60
LEMON MASALA TEA	₹ 90
BLACK COFFEE	₹ 100
MILK COFFEE	₹ 120
GINGER LEMON HONEY	₹ 80
GINGER LEMON MINT HONEY	₹ 90
HOT CHOCOLATE	₹ 130
AYURVEDIC GOLDEN MILK with turmeric & milk	₹ 130

SHAKES	
SWEET LASSI	₹ 100
CLASSIC SHAKES banana/ vanilla/ nutella / chocolate	₹ 150
PAPAYA	₹ 170
PEANUT BUTTER & BANANA	₹ 180
BANANA & COCONUT	₹ 180
PINEAPPLE	₹ 190
MANGO	₹ 200
VANILLA WITH COCONUT	₹ 200
OREO WITH NUTELLA	₹ 230
NUTELLA WITH COCONUT	₹ 250

Alternative milk options
Soya Milk (Rs.50 each) Coconut Milk (Rs. 100 each)
Almond Milk (Rs.60 each) Oat Milk (Rs. 60 each)

NOURISHING ELIXIRS / JUICE	
BEETROOT BLISS	₹ 170
beetroot, amla, curry leaves & mint magic	
PAPAYA JUICE	₹ 170
WATERMELON	₹ 170
PINEAPPLE JUICE	₹ 180
ORANGE JUICE	₹ 190
FRESH UP	₹ 190
refreshing blend of watermelon, citrus fruits & mint	
MIX FRUIT	₹ 220
A.B.C DELIGHT enjoy the playful combo of apple, beetroot & carrot	₹ 230
THE BUZZ energizing mix of carrot, orange, beetroot & ginger	₹ 240
IMMUNE BOOSTER revitalize with apple, carrot, beet, cucumber, mint & ginger punch	₹ 250
POMEGRANATE	₹ 250
TOXIN FLUSH cleansing blend of pineapple, spinach, orange & a hint of ginger	₹ 260
<b>GREEN JUICE</b> oasis of spinach, cucumber, orange, aloe vera & a ginger twist	₹ 260
<b>SUNSHINE DELIGHT</b> savour the blend of apple, orange, ginger, turmeric & saffron bliss	₹ 270
JAI HO	₹ 280
in the fusion of pineapple, pomegranate & a ginger kick	

BREAKFAST	All the
BUTTER TOAST	₹ 70
VEG MAGGI	₹ 150
DAHI CHUDA flattened rice (chuda/poha), yogurt (dahi) & optional additions like jaggery, fruits, nuts & spices	₹ 140
POHA flattened rice with flavorful onions, handpicked spices, fresh herbs, crunchy peanuts & wholesome potatoes	₹ 140
<b>DALIA</b> a wholesome porridge made from cracked wheat a comforting and nourishing breakfast	₹ 150
CHILLA chickpea flour, spices, vegetables & herbs & served with highway to heaven sauce	₹ 150
PORRIDGE PLAIN	₹ 170
PORRIDGE BANANA	₹ 180
PORRIDGE WITH FRESH FRUITS creamy blend of coconut, soya, almond & oats milk with oats & topped with an array of fresh fruits	₹ 200
<b>TOFU SCRAMBLE</b> fragrant toast topped with perfectly seasoned tofu & a dollop of creamy peanut butter	₹ 220
MORNING GLORY PLATTER hashbrown potato, salad, butter toast & egg	₹ 240
ART CAFÉ BREAKFAST muesli, overnight soaked dry fruits, colourful seasonal fruit platter, berry powder / forest honey, chia seeds, sesame seeds, pumpkin seeds, watermelon seeds with a yogurt bowl for healthy dressing	₹ 250
MUESLI & CURD WITH FRESH FRUITS nutrient-rich muesli paired with creamy yogurt, adorned with a medley of fresh, ripe fruits for a refreshing & satisfying breakfast	₹ 290
PARANTHA	
POTATO PARANTHA	₹ 100
ONION PARANTHA	₹ 110
CABBAGE PARANTHA	₹ 130
CAULI FLOWER PARANTHA	₹ 140

## #TheBlueArtCafé

₹ 130

₹ 150 ₹ 150

₹ 170

SATTU PARANTHA

PANEER PARANTHA

MIX VEG PARANTHA EGG PARANTHA

SMOOTHIES BOWL	
MANGO (SEASONAL)	₹ 280
SEASONAL MIX FRUIT	₹ 300
BANANA PEANUT SMOOTHIES	₹ 320
with coconut & dates	
CLASSIC PANCAKES	
BANANA PANCAKE	₹ 170
NUTELLA BANANA PANCAKE	₹ 200
MIX-FRUIT PANCAKE	₹ 250
ART CAFÉ SPECIAL PANCAKE	₹ 300
OMELETTE WITH BREAD	
PLAIN OMELETTE	₹ 120
SPINACH OMELETTE	₹ 160
CHEESE MUSHROOM	₹ 200
VEGETABLE CHEESE OMELETTE	₹ 220
APPETIZERS	
FRENCH FRIES	₹ 180
SPINACH & ONION PAKORA	₹ 200
MIX VEG PAKORA	₹ 230
CHEESE OLIVE PAKORA	₹ 260
MASALA PAPAD	₹ 120
SANDWICH	
VEG/EGG	180/220
PANEER/TOFU	₹ 240
Ad on Cheese (Rs.50 each) Omelette (Rs. 60 ea	ch)
SOUP	
HOT & SOUR	₹ 170
VEG CLEAR SOUP	₹ 140
PUMPKIN SOUP	₹ 160
MUSHROOM CREAM SOUP	₹ 200
BROCCOLI SOUP	₹ 200
FRESH TOMATO SOUP	₹ 150

₹ 160

SPINACH SOUP

ISRAELI	Mary 1
HUMMUS PITTA delight in creamy hummus served with warm pitta bread	₹ 199
FALAFEL PLATTER crispy falafel, fresh salad, creamy hummus & warm pita bread	₹ 349
SHAKSHUKA PLATE poached eggs in tomato-pepper sauce, bread	₹ 339
BABA GANOUSH a flavorful fusion of roasted eggplant dip and creamy	₹ 349
LARGE PLATTERS GRILLED PUMPKIN PLATTER grilled pumpkin medley: with tomatoes, onions, spinach, herbs & garlic potatoes	₹ 279
GINGER TOFU STIR FRY grilled veggies and tofu infused with herbs, paired with tantalizing grilled pineapple	₹ 319
BROCCOLI PLATTER bursting with veggies, herbs & savoury grilled tofu	₹ 359
WRAPS	
VEGGIE DELIGHT WRAP a mix of veggies, tofu, hummus & herbs	₹ 259
MEDITERRANEAN VEGGIE WRAP cheesy wrap with tomato, garlic, potato, olives, herbs & eggplant	₹ 289



₹ 329

FALAFEL WRAP with hummus, chips, salad & garlic

## **INDIAN DELIGHTS**

INDIAN DELIGITIS	
VEGETABLE	
POTATO CAULIFLOWER	₹ 200
POTATO CUMIN	₹ 180
POTATO SPINACH	₹ 250
MIX VEG	₹ 200
PEA MUSHROOM	₹ 250
PEA PANEER	₹ 260
PANEER BUTTER MASALA	₹ 280
KADHAI PANEER	₹ 250
SAHI PANEER	₹ 270
SPINACH PANEER	₹ 250
MASALA CHICKPEA	₹ 180
PUMPKIN EGGPLANT MASALA	₹ 230
CREAM KOFTA	₹ 280
RAJMA MASALA	₹ 250
DAL FRY	₹ 150
DAL MAKHANI	₹ 250
EGG CURRY	₹ 200
	₹ 250/ 200
with egg & without egg	
SATVIK DAL & DAL FRY	₹ 270
Tuvar Dal (Pigeon Pea)  Chana Dal (Split Bengal G  Moong Dal (Split Mung Beans)  Masoor Dal (Red Lentils)	oram)
Urad Dal (Black Gram) Moth Dal (Matki Beans)	
THALL	

THALI	
BLUE ART THALI rice, chapati, dal, mix veg, raita & papad	₹ 260
BLUE ART DELUXE THALI rice, chapati, dal, pea mushroom, shahi paneer, sweet & papad	₹ 320
LITTI CHOKHA	₹ 150



RICE	Man 1
PLAIN RICE	₹ 100
CUMIN RICE	₹ 120
JHANGORA RICE	₹ 150
QUINOA RICE	₹ 200
MINT ONION RICE	₹ 130
LEMON CORIANDER MINT RICE	₹ 140
VEG. PULAO	₹ 230
EGG VEG BIRYANI	₹ 270
KHICHDI with 4 friends	
RICE KHICHDI	₹ 200
JHANGORA KHICHDI	₹ 240
QUINOA KHICHDI	₹ 280
CHAPATI	
MUITIGRAIN CHAPATI	₹ 20
MULTIGRAIN CHAPATI (BUTTER/GHEE)	₹ 30
PLAIN NAAN	₹ 40
BUTTER NAAN	₹ 50
GARLIC NAAN	₹ 70
BUTTER GARLIC NAAN	₹ 80
CHEESE GARLIC NAAN	₹ 90
RAITA	

CURD BOWL	₹ 70
PLAIN	₹ 100
BOONDI	₹ 140
PINEAPPLE	₹ 160
VEC	<b>₹ 160</b>



ITALIAN	100
PUMMAROLA PASTA fresh tomato sauce, garlic, oregano & olive	₹ 253
AL FUNGI PASTA mushroom, white sauce, oregano & olive	₹ 283
BROCCOLI PASTA white sauce, oregano & olive	₹ 323
VEG. PINK SAUCE PASTA white sauce, tomato sauce, oregano & olive	₹ 343
CHINESE	
FRIED RICE (VEG/EGG)	₹ 178/218
CHILLI PANEER	₹ 248
CHILLI POTATO	₹ 228
HONEY CHILLI POTATO	₹ 248
VEG MANCHURIAN	₹ 258
MOMO	
VEG MOMO	₹ 239
SPINACH PANEER	₹ 279
SALAD	
CUCUMBER SALAD	₹ 70
ONION SALAD	₹ 70
GREEN SALAD cucumber, tomato, onion, carrot, lemon & olive oil	₹ 180
ISRAEL SALAD	₹ 200
cucumber, tomato, onion, carrot, lemon, olive oil & capsicum	
GREEK SALAD cucumber, tomato, onion, lemon, spinach, feta cheese & olive of	₹ <b>220</b>
TOFU SALAD	₹ 250
cucumber, carrot, tomato, broccoli, grill tofu, spinach, lettuce, lemon & olive oil	(250
QUINOA SALAD	₹ 280
quinoa cucumber, carrot, tomato, broccoli, peanut, spinach, lettuce, lemon & olive oil	
FRUIT SALAD BOWL banana, apple, papaya, watermelon, pineapple, pomegranat & kiwi, topped with chia seeds, flax seeds, pumpkin seeds & a drizzle of honey or jaggery syrup	<b>₹ 290</b>
CAESAR SALAD fresh romaine lettuce, crispy croutons, feta cheese & a creamy homemade caesar dressing. topped with a sprinkle of black pepper and olive oil for a perfect balance of flavors	₹ 350

#### **DESERT**

CUP CAKES	₹ 90
ICE CREAM	₹ 120
MILK BAR CHAPATI	₹ 130
MOONG DAL HALWA	₹ 150
RICE PUDDING	₹ 150

# HERBAL & WELLNESS TEAS Infused with natural goodness for body and mind

TULSI TEA
Ingredients: Rama Tulsi, Krishna Tulsi, Vana Tulsi
Benefits: Boosts immunity, relieves stress & supports lungs

LEMONGRASS HERBAL TEA (cold & hot)

₹ 60

Ingredients: Dried Lemongrass Stalks
Benefits: Detoxifying, reduces bloating & uplifts mood

GREEN TEA

Ingredients: Green tea leaves

Benefits: Boosts metabolism, rich in antioxidants

& promotes relaxation.

₹ 60

MINT TEA (cold & hot)
Ingredients: Peppermint & Spearmint Leaves
Benefits: Aids digestion, cools the body & eases headaches

LOTUS TEA
Ingredients: Dried Lotus Petals & Stamens
Benefits: Calming, supports heart & liver & promotes sleep

₹ 80

PEPPERMINT TEA (cold & hot)
Ingredients: Pure Peppermint Leaves
Benefits: Soothes digestion, clears sinuses & cools body

JASMINE TEA (cold & hot)
Ingredients: Green Tea with Jasmine Blossoms

₹ 100

Benefits: Relieves stress, supports heart & light antioxidant

ROSE GREEN TEA (cold & hot)

₹ 100

Ingredients: Green Tea & Dried Rose Petals
Benefits: Enhances skin glow, eases digestion & calms mood

CHAMOMILE TEA

Ingredients: Dried Chamomile Flowers

Benefits: Aids sleep, reduces anxiety & soothes stomach

BLUE TEA ₹ 110

Ingredients: Butterfly Pea, ginger, cardamom, cinnamon & clove Benefits: Antioxidant & Cooling Properties, Anti-Ageing, Antibacterial & Antifungal

Benefits: Lowers blood pressure & rich in Vitamin C refreshing

HIBISCUS TEA (cold & hot)
Ingredients: Sun-Dried Hibiscus Petals

₹ 120

# Late night food delivery available till 2.00 am

### **INDIAN**

VEGETABLE	
PEA MUSHROOM	₹ 250
KADHAI PANEER	₹ 250
SAHI PANEER	₹ 270
MIX VEG	₹ 200
DAL FRY	₹ 150
DAL MAKHANI	₹ 250
EGG CURRY	₹ 200
DAL TADKA	₹ 250/ 200
with egg & without egg	
RICE	
PLAIN RICE	₹ 100
CUMIN RICE	₹ 120
MINT ONION RICE	₹ 130
LEMON CORIANDER MINT RICE	₹ 140
FRIED RICE (VEG/EGG)	₹ 180/220
VEG. PULAO	₹ 230
EGG VEG BIRYANI	₹ 270
CHAPATI	
MULTIGRAIN CHAPATI	₹ 20
MULTIGRAIN CHAPATI (BUTTER/GHEE)	₹ 30
PLAIN NAAN	₹ 40
BUTTER NAAN	₹ 50
GARLIC NAAN	₹ 70
CHEESE GARLIC NAAN	₹ 90
RAITA	
CURD BOWL	₹ 70
PLAIN	₹ 100
BOONDI	₹ 140
PINEAPPLE	₹ 160
VEG.	₹ 160
WRAPS	
VEGGIE DELIGHT WRAP	₹ 259
a mix of veggies, tofu, hummus & herbs  MEDITERRANEAN VEGGIE WRAP	₹ 289
cheesy wrap with tomato, garlic, potato, olives, herbs & eggp	
FALAFEL WRAP	₹ 329
with hummus, chips, salad & garlic	

# Scan to Pay



Late night food delivery available till 2.00 am

Call us:

+91 87912 98 999

+91 87912 31 999

# connect with us:













