

W3L2

Angular momentum \vec{J} is defined as

$$[J_i, J_j] = i\hbar \epsilon_{ijk} J_k \quad *$$

- generator of rotations.

For any vector operator \vec{A} , we have

$$[\vec{A}, \hat{n} \cdot \vec{J}] = i\hbar \hat{n} \times \vec{A}$$

$$[A_i, J_k] = i\hbar \epsilon_{ijk} \delta_{je} A_e = i\hbar \epsilon_{iek} A_k$$

$$[J_k, A_i] = -[A_i, J_k] = -i\hbar \epsilon_{iek} A_k = i\hbar \epsilon_{kik} A_k$$

Another important commutator relation for \vec{J} :

$$[J_i, J^2] = [J^2, J_i] = 0 \quad *$$

Recall

For central potentials (i.e. V depends only on $|\vec{r}|$),
 $H = T + V$ commutes with $\vec{L} = \vec{r} \times \vec{p}$.

Claim: $[\vec{L}, |\vec{r}|] = 0$
 $[\vec{L}, |\vec{r}|^2] = 0$

$$[L_i, \vec{r} \cdot \vec{r}] = 0 \quad \checkmark \quad r_1 r_1 + r_2 r_2 + r_3 r_3$$

$$[L_i, \vec{r} \cdot \vec{r}] = [L_i, \underline{r_j} r_j] \quad \left(\begin{matrix} \times \\ a_i b_i c_i \end{matrix} \right)$$

j appears twice in each term

$$= \underline{r_j} [L_i, r_j] + [L_i, \underline{r_j}] r_j$$

\vec{r} is a vector operator.

$$= r_j (i\hbar \epsilon_{ijk} r_k) + (i\hbar \epsilon_{ijk} r_k) r_j$$

$$= 2i\hbar (\vec{r} \times \vec{r})_i \quad (\epsilon_{ijk} r_j r_k = (\vec{r} \times \vec{r})_i)$$

$$= 0$$

Likewise, $[L_i, \vec{p} \cdot \vec{p}] = 0$

Similarly, we can show $[J_i, \vec{J} \cdot \vec{J}] = 0$ or $[J_i, J^2] = 0$

Tut 1 Q3

To show $[L_i, L_j] = i\hbar \epsilon_{ijk} L_k$ using $[r_i, p_j] = i\hbar \delta_{ij}$
and $\vec{L} = \vec{r} \times \vec{p}$; $L_i = \epsilon_{ijk} r_j p_k$

$$[L_i, L_j] = [\epsilon_{ijk} r_l p_k, \epsilon_{jmn} r_m p_n]$$

↑↑ anything except i, j.
↑↑ any letter except i, j, l, k

$$= \underbrace{\epsilon_{ilk}}_{\nearrow} \underbrace{\epsilon_{jmn}}_{\nearrow} [r_l p_k, r_m p_n]$$

$$\delta_{lm} \delta_{kn} - \delta_{ln} \delta_{km}$$

$$[ab, c] = a[b, c] + [a, c]b.$$

We will now work toward:

$$[J^2, J_i] = 0$$

⇒ common eigenstates for J^2 & J_i .

label them $|j, m\rangle$

(cf. $|n, l, m\rangle$)

$$J^2 |j, m\rangle = \hbar^2 j(j+1) |j, m\rangle,$$

$j \geq 0$ and j is integer or half-integer

$$J_z |j, m\rangle = \hbar m |j, m\rangle,$$

$$-j \leq m \leq j$$

$$m = -j, -j+1, -j+2, \dots, j-1, j$$

(Recall) 1D Harmonic Oscillator

$$H = \frac{p^2}{2m} + \frac{1}{2} m \omega^2 x^2$$

$$a = \sqrt{m\omega} x + \frac{i}{\sqrt{m\omega}} p$$

$$a = \sqrt{\frac{m\omega}{2\hbar}} x + \frac{i}{\sqrt{2m\hbar\omega}} p$$

$$a^\dagger = \sqrt{\frac{m\omega}{2\hbar}} x - \frac{i}{\sqrt{2m\hbar\omega}} p$$

Can show $[a, a^\dagger] = 1$

$$\text{Can show } a^\dagger a = \frac{m\omega}{2\hbar} x^2 + \frac{1}{2m\hbar\omega} p^2 + \underbrace{\frac{i}{2\hbar} [x, p]}_{\text{non-classical}}$$

$$\Rightarrow \hbar\omega (a^\dagger a) = \underbrace{\frac{1}{2} m \omega^2 x^2 + \frac{p^2}{2m}}_H + \frac{i\omega}{2} (i\hbar 1)$$

$$\Rightarrow H = \hbar\omega (a^\dagger a) + \frac{1}{2} \hbar\omega$$

$$= \hbar\omega (N + \frac{1}{2} 1), \quad N = a^\dagger a$$

(final result:
eigenvalues of H
are $E_n = (n + \frac{1}{2}) \hbar\omega$
 $n = 0, 1, 2, \dots$)

What are possible values of n ,
where $N|n\rangle = n|n\rangle$?

Commutator relations: $[a, a^\dagger] = 1$

$$[N, a] = -a$$

$$[N, a^\dagger] = a^\dagger$$

Is $a^\dagger|n\rangle$ also an eigenstate of N ?

$$N(a^\dagger|n\rangle) = \underbrace{a^\dagger N|n\rangle}_{\text{we know this}} + [N, a^\dagger]|n\rangle$$

$$= n a^\dagger|n\rangle + a^\dagger|n\rangle$$

$$= (n+1) a^\dagger|n\rangle$$

$\Rightarrow a^\dagger|n\rangle$ is an eigenvector of N , with eigenvalue $(n+1)$.

$$\begin{array}{c} \cdot (n+1), |n+1\rangle \\ a^\dagger \uparrow \\ \cdot n, |n\rangle \\ a \downarrow \\ \cdot (n-1), |n-1\rangle \end{array}$$

$$\text{ie. } a^\dagger |n\rangle = c_+ |n+1\rangle$$

$$\begin{aligned} N(a|n\rangle) &= a N|n\rangle + [N, a]|n\rangle \\ &= n a|n\rangle - a|n\rangle \\ &= (n-1) a|n\rangle \end{aligned}$$

$\Rightarrow a|n\rangle$ is an eigenvector of N , with eigenvalue $(n-1)$.

$$\text{ie. } a|n\rangle = c_- |n-1\rangle$$

Some bounds on n ?

$$\begin{aligned} n &= \langle n | N | n \rangle \\ &= \langle n | a^\dagger a | n \rangle \\ &= \|a|n\rangle\|^2 \\ &\geq 0 \end{aligned} \quad (a|n\rangle)^\dagger = \langle n | a^\dagger$$

$$\left. \begin{aligned} n=0 \text{ iff } \|a|n\rangle\| &= 0 \\ \text{ie. } a|n\rangle &= 0. \end{aligned} \right\} a|0\rangle = 0. \quad \uparrow_{n=0}$$

Claim: n can only be integer-valued.

Proof by contradiction

$$\text{Suppose } \exists n' = m - \delta, \quad 0 < \delta < 1, \quad m = \lceil n' \rceil$$

$$\begin{aligned} a^{m-1} |n'\rangle &\propto |1-\delta\rangle \\ (n' - (m-1)) &= 1-\delta \end{aligned}$$

ie. $a^{m-1} |n'\rangle$ has eigenvalue for N to be $(1-\delta)-1 = -\delta < 0$

Contradiction

\therefore all eigenvalues of $N \geq 0$.
because

$\Rightarrow n$ is an integer.

a.g. $|0\rangle$ \odot
No $| -1 \rangle$.

Suppose

a.g. $| \frac{1}{2} \rangle$
 $| -\frac{1}{2} \rangle$
problem because $n \geq 0$.

$$H = \hbar\omega \left(N + \frac{1}{2}\right)$$

$$E_n = \hbar\omega \left(n + \frac{1}{2}\right), \quad n = 0, 1, 2, \dots$$

integers ≥ 0 .

Find c_+ , c_- :

$$a^+ |n\rangle = c_+ \underbrace{|n+1\rangle}_{\substack{\uparrow \\ \text{normalized to 1.}}}$$

$$\begin{aligned} \|a^+ |n\rangle\|^2 &= \langle n | a a^+ | n \rangle \\ &= \langle n | (a^+ a + 1) | n \rangle \\ &= (n+1) \end{aligned}$$

$$\text{So } a^+ |n\rangle = \sqrt{n+1} |n+1\rangle.$$

$$\|a |n\rangle\|^2 = \langle n | a^+ a | n \rangle = n$$

$$\text{So } a |n\rangle = \sqrt{n} |n-1\rangle.$$

Angular momentum

$$\boxed{[J_i, J_j] = i\hbar \epsilon_{ijk} J_k}$$

$$\boxed{[J^2, J_i] = 0}$$

$\exists |a, b\rangle$ s.t.

$$J^2 |a, b\rangle = a |a, b\rangle$$

$$J_z |a, b\rangle = b |a, b\rangle$$

eigenvalue labels

What are the possible values of a and b ?

Use ladder operators

$$J_+ = J_x + i J_y$$

$$J_- = J_x - i J_y = J_+^\dagger$$

} ladder operators
bring us from
one eigenstate of

$$J_- = J_x - i J_y = J_+^\dagger$$

Find $[J_z, J_+]$, $[J_z, J_-]$.

$$\begin{aligned} [J_z, J_+] &= [J_z, J_x + i J_y] \\ &= [J_z, J_x] + i [J_z, J_y] \\ &= i \hbar J_y + i (-i \hbar J_x) \\ &= \hbar (J_x + i J_y) \\ &= \hbar J_+ \end{aligned}$$

(recall $[N, a^\dagger] = a^\dagger$)

$$\begin{aligned} [J_z, J_-] &= [J_z, J_x - i J_y] \\ &= [J_z, J_x] - i [J_z, J_y] \\ &= i \hbar J_y - i (-i \hbar J_x) \\ &= -\hbar (J_x - i J_y) \\ &= -\hbar J_- \end{aligned}$$

(recall $[N, a] = -a$)

$[J^2, J_+]$?, $[J^2, J_-]$?

$$\begin{aligned} [J^2, J_\pm] &= [J^2, J_x \pm i J_y] \\ &= [J^2, J_x] \pm i [J^2, J_y] \\ &= 0 \pm 0 \\ &= 0 \end{aligned}$$

$$[J_z, J_+] = \hbar J_+, \quad [J_z, J_-] = -\hbar J_-$$

Starting with $|a, b\rangle$,

Is $J_+ |a, b\rangle$ also an eigenstate of J_z and J^2 ?
If so, what are the eigenvalues?

Consider:

know this

bring us from one eigenstate of J_z to the next.

$[J_z, J_+]$, ?

$[J_z, J_-]$?

(a, a^\dagger bringing us from one eigenstate of N to the next.
 $[N, a^\dagger], [N, a]$.)

$$[J_i, J_j] = i \hbar \epsilon_{ijk} J_k$$

$$[J_z, J_x] = i \hbar \epsilon_{zx y} J_y = i \hbar J_y$$

$$[J_z, J_y] = i \hbar \epsilon_{zy x} J_x = i \hbar (-1) J_x = -i \hbar J_x$$

IT IS, HOWEVER, THE

know this

eigenstates of J_z & J^2 .

$$\begin{array}{l} I_+ \hookrightarrow +h \\ I_- \hookrightarrow -h \end{array}$$

Consider also

2
eigenvalue of T^2

$$J^2 J_- |a, b\rangle = J_- J^2 |a, b\rangle = a J_- |a, b\rangle$$

$$\begin{aligned} S_0 \quad J_+ |a, b\rangle &= c_+ |a, b+\hbar\rangle \\ J_- |a, b\rangle &= c_- |a, b-\hbar\rangle \end{aligned}$$

What are possible values for a and b ?

We use the idea of norms as before:

$$\|J_+|a, b\rangle\|^2 \geq 0$$

eigenvector for J^2 and J_z .

$$\rightarrow (\hat{I}_x^2 + \hat{I}_y^2 + \hat{I}_z^2)$$

$$a - b^2 - hb$$

$$(J_n^2 |a, b\rangle = ?)$$

$$\text{So } a - b^2 - \hbar b \geq 0$$

$$b^2 + \hbar b - a \leq 0 \quad \text{--- (1)}$$

Likewise $\|J_- |a, b\rangle\|^2 \geq 0$

$$\langle a, b | J_-^\dagger J_- | a, b \rangle$$

$$\langle a, b | J_+ J_- | a, b \rangle$$

$$\langle a, b | J^2 - J_z^2 + \hbar J_z | a, b \rangle$$

$$a - b^2 + \hbar b$$

$$\text{So } a - b^2 + \hbar b \geq 0$$

$$b^2 - \hbar b - a \leq 0 \quad \text{--- (2)}$$

$$(1): b^2 + \hbar b - a \leq 0$$

When $b^2 + \hbar b - a = 0$,

$$b = \frac{-\hbar \pm \sqrt{\hbar^2 - 4(-a)}}{2}$$

$$= \frac{\hbar}{2} (-1 \pm \sqrt{1 + 4\gamma})$$

$$= \frac{\hbar}{2} (-1 \pm \sqrt{(2\alpha+1)^2})$$

where $\gamma = \alpha(\alpha+1)$,
 $\alpha \geq 0$

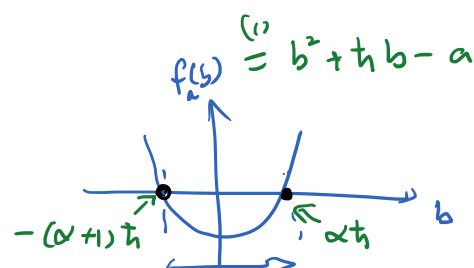
$$= \frac{\hbar}{2} (-1 \pm (2\alpha+1))$$

$$= \begin{cases} \frac{\hbar}{2} (2\alpha) = \alpha \hbar \\ \frac{\hbar}{2} (-1 - (2\alpha+1)) = -(\alpha+1)\hbar \end{cases}$$

$$J_+ J_- = (J_x + iJ_y)(J_x - iJ_y)$$

$$= J_x^2 + J_y^2 + i[J_y, J_x]$$

$$= J^2 - J_z^2 + \hbar J_z$$



For (1) to hold,

$$-(\alpha+1)\hbar \leq b \leq \alpha\hbar$$

$$a = \hbar^2 \gamma$$

i) a is the eigenvalue for J^2

$$a \geq 0$$

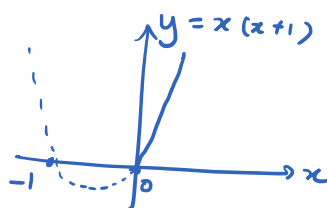
$$\gamma \geq 0$$

ii) $\gamma \geq 0 \Rightarrow \gamma = \alpha(\alpha+1), \alpha \geq 0$

We can write any real, non-negative number as $\alpha(\alpha+1)$, $\alpha \geq 0$

$$1 + 4\alpha(\alpha+1) = 4\alpha^2 + 4\alpha + 1$$

$$= (2\alpha+1)^2$$



For (1) to hold,

$$-(\alpha+1)\hbar \leq b \leq \alpha\hbar \quad \text{--- (1)'}$$

$$a = \hbar^2 \alpha(\alpha+1)$$

For (2) to hold,

...

$$-\alpha\hbar \leq b \leq (\alpha+1)\hbar \quad \text{--- (2)'}$$

$$\alpha \geq 0$$

For BOTH (1)' & (2)' to hold,

$$-\alpha\hbar \leq b \leq \alpha\hbar$$

from (2):

$$J_- |a, b_{\min}\rangle = 0$$

from (1):

$$J_+ |a, b_{\max}\rangle = 0$$

$$(\text{recall } a|0\rangle = 0)$$

