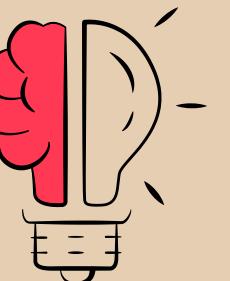
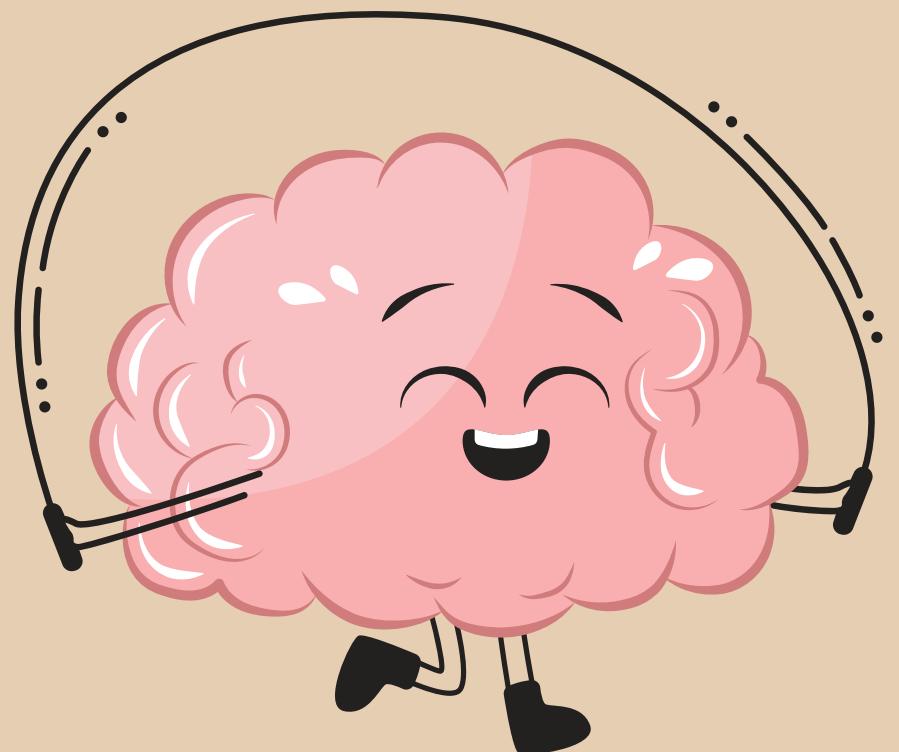




POSTIVO

Let's Talk , Let's Heal , Let's feel 



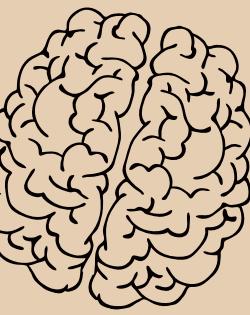
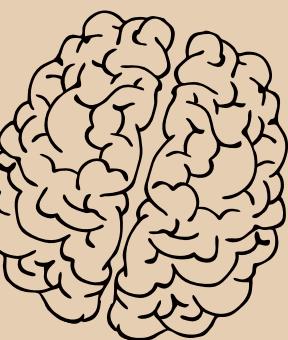
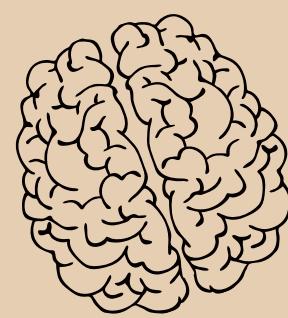


MENTAL HEALTH



Mental health is about how we think, feel and handle stress.

It encompasses emotional, psychological, and social aspects of a person's life.



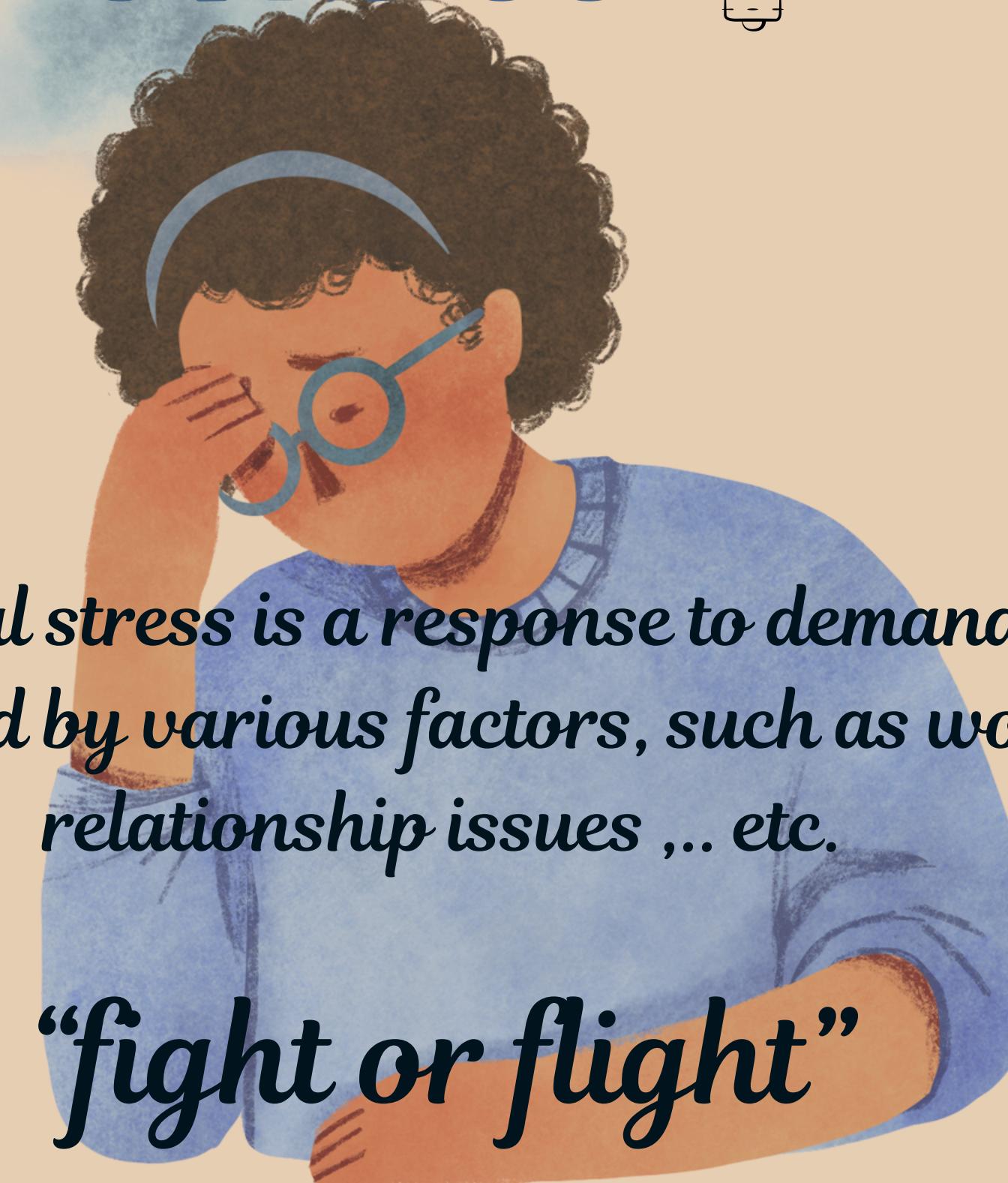
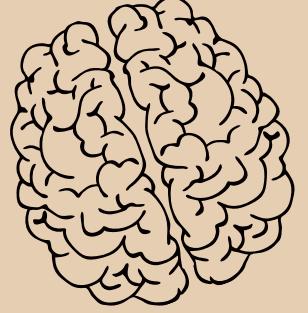
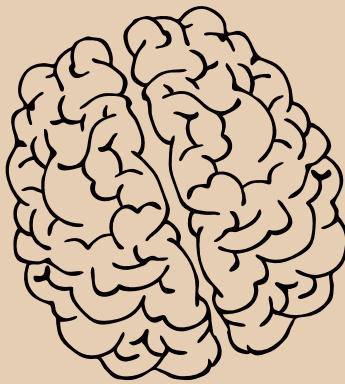


THE MENTAL HEALTH IS IMPORTANT?!

If you are not balanced , You will not be able to live your normal life

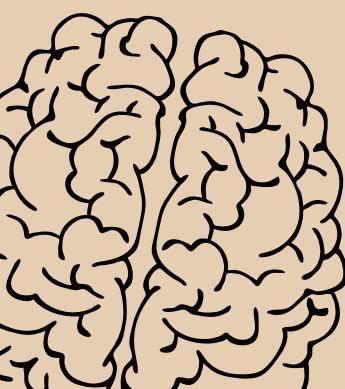


STRESS



*Mental stress is a response to demands.
It can be triggered by various factors, such as work pressures,
relationship issues ,.. etc.*

“fight or flight”



BULLYING



Bullying is a deliberate and repeated act of aggression intended to harm others. often targeting vulnerabilities like appearance or social status.

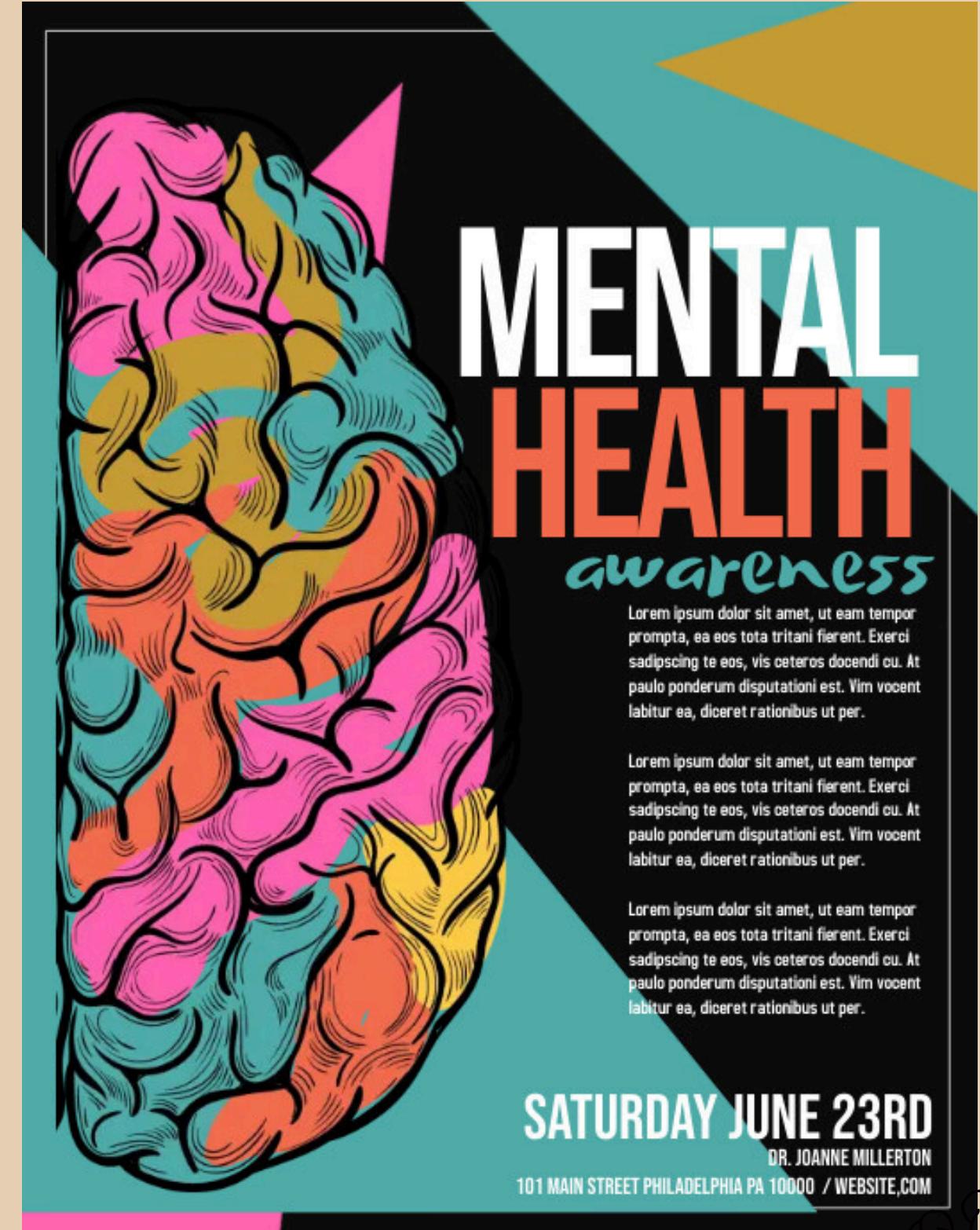
It can occur in various settings, including schools, workplaces, and online environments

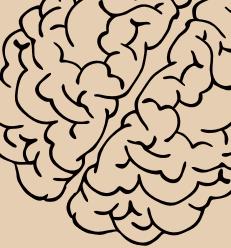


﴿يَا أَيُّهَا الَّذِينَ آمَنُوا لَا يَسْخُرُ قومٌ مِّنْ قَوْمٍ عَسَى أَنْ يَكُونُوا خَيْرًا مِّنْهُمْ وَلَا نِسَاءٌ مِّنْ نِسَاءٍ عَسَى أَنْ يَكُنْ خَيْرًا مِّنْهُنَّ وَلَا تَلْمِزُوهُنَّ أَنفُسَكُمْ وَلَا تَنابِذُوهُنَّ بِالْأَلْقَابِ﴾

UNAWARENESS OF MENTAL HEALTH

*Most of People don't
know a lot of mental
health*





WHY WE AND NOT AI ?

mental health consultation on

PosTivo pros:

- *for free*
- *keep secret personal information*
- *available everytime and everywhere*
saves time
- *AI will not empathize*
- *AI can not give you a consultation like*
a real therapist





HOW TO GET THE WEBSITE



our link:

<https://www.PosTivo.com>



WHAT ABOUT PERSONAL INFORMATION ?!



We secure the information:



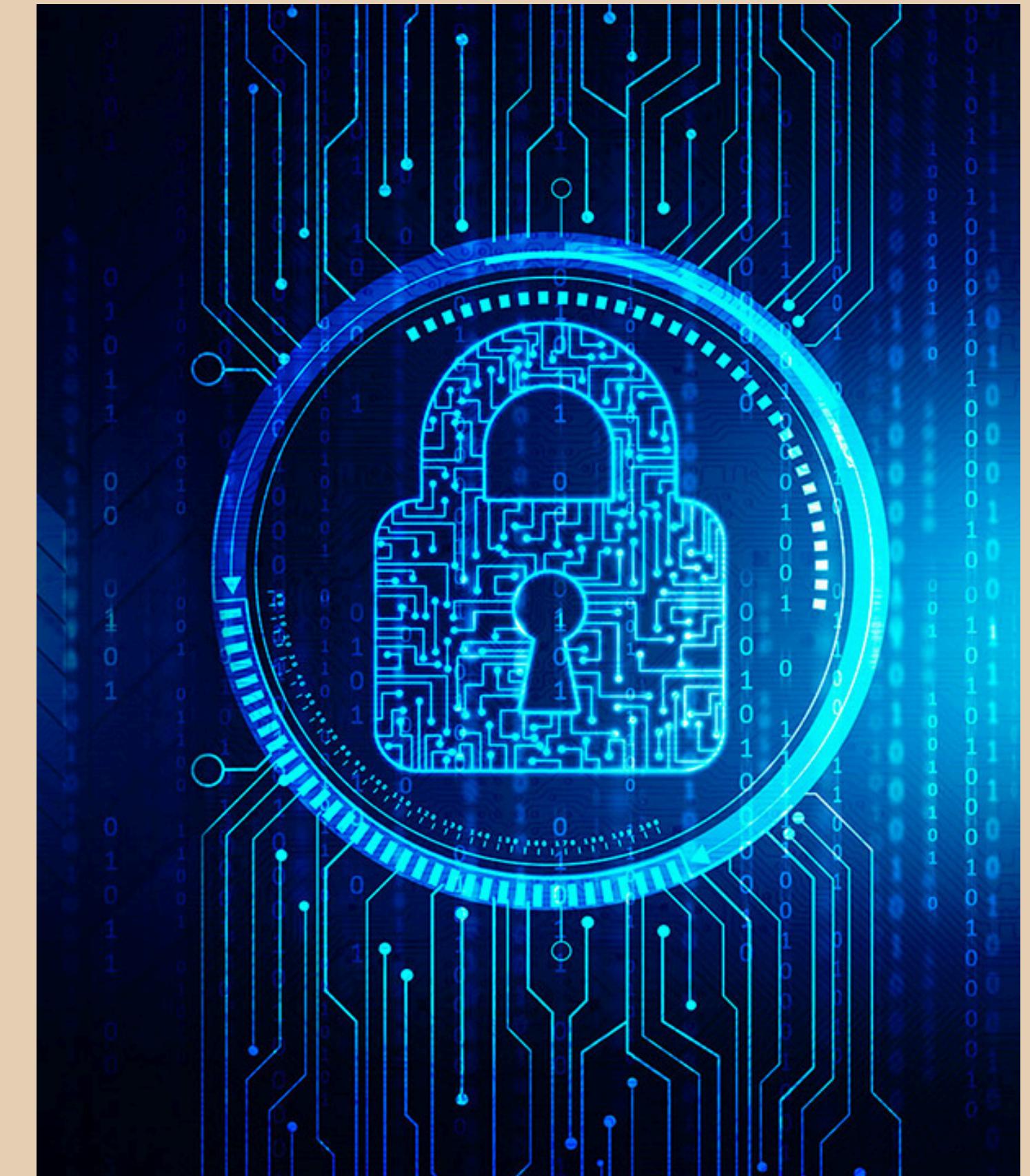
- *E2EE : to encrypt the chats*

- *For the data by AES-256 to encrypt sensitive data*

- *Storage cloud for security storing and accessing*

- *Built-in database encryption (SQL server) & Cloud SQL*

- *HTTPS for network security*





Q & A



This presentation is made by the members of the team:

Rawan khaled

Toqa Osama

Hala Hassan

Mariam Ramy

Thanks