



HAMBURG
Christian Barz for Bald Empathy Movement

POESY PRIZE. conversations



POESY PRIZE. conversations



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POESY PRIZE **conversations**

CURATING GLOBAL MENTORS



The Projects

- Thursday Tutoring
- ChowKids Art Angels a.k.a. Tuesday Art
- Gratitude Letters
- Bald Empathy Movement
- Socks for Japan
- Green Humanity
- Helping Angels in SAVH
- Helping Angels Talk Show on Inspire.FM
- Bangkok Charity Orchestra x Helping Angels
- Accessibility Focus Group
- Pitstop x Helping Angels Special Task Force
- Blankets for People in the Northern Part of Thailand
- Helping Angels Speaker Congress (HASC)
- Operasi Street Cat
- Broadcast with Inspire.fm
- Global Dignity
- Random Ice Cream Kindness in Imbi
- ... and others

THE FOUNDER

Helping Angels 善行天使

Helping Angels 善行天使 is a global movement of compassion based on random kindness, founded in 2007, as a social experiment using Facebook by artist Poesy Liang 梁小詩. Her idea was to plant a seed of awakening in all participating members to achieve happiness through selfless acts. Since we started, 1,500 past volunteer events organised in 24 international cities were designed under 4 strict rules :

NO FUNDRAISING

NO COMMERCE

NO RELIGION

NO POLITICS





HerWorld Woman of the Year 2011

Newman Creative Pioneer
Award for Philanthropy
by Johnnie Walker 2013



JESSICA
梁小诗

MOST SUCCESSFUL WOMEN

2014

梁小诗 Poesy Liang

Founder of Helping Angels

重生天使

2011年5月16日，一名大马女生在第64届康城影展中举行了一项名为“关怀光头运动”，把一头乌亮的长发剃光，并把它制成假发送给一名患上罕见儿童早衰症 (HGPS) 的小女孩。为了这项运动，她更找来了一群国际视觉艺术家联手合作，把落发前后的这名女生摄入镜头内。借以支持因病而脱发的人，同时提倡个人健康生活态度，以便人们提高关注完整生活、健康及对病患的关怀。而这位勇敢及充满“爱”的女生，是 Poesy Liang 梁小诗。

梁

小诗出生于小康之家，母亲是来自台湾的针灸中医师。台湾妈妈都希望自己的孩子什么都会，于是小诗从两岁开始画画，四岁开始由老师教画和音乐，接着更陆续向不同的师傅学国画、书法、雕刻、山水画等。小诗从小便爱艺术，所以学起来也特别有劲儿。

可惜，由于从小便懂如此多才艺，让她感觉自己与其他同龄小孩不同，所以无法合群更造成自闭性格。此情况一直到14岁那年，她被哥哥带去参加 Levi's 广告试镜活动，更成功获得拍摄机会。后来其他广告机会陆续找上门，使得年纪小小的她一边忙着念书一边拍广告。身边的同学们也开始留意起小诗，更主动找她聊天，唯性格独特的小诗依然我行我素。

重新站起来

在小诗17岁那年，人生有了巨大的改变，她因患上急性脊髓脑膜炎而导致瘫痪。但年纪小小的她根本不知道情况的严重性，在医院接受治疗时，看着所有新鲜事不但充满好奇，还开心的不得了。甚至安慰父母

说：不管有什么结果都无所谓。

手术后连医生都觉得小诗没可能恢复行动能力，只能安排她做物理治疗。由于从小便是游泳健将，所以当医生要她以游泳来当物理治疗时难不了她。她每天游泳一公里，一年多后行动能力已恢复正常！

这一次她的巨变，让她意识到最真诚的爱来自家庭，外面的世界是多么的现实和残酷。她更明白拍广告始终不是一生的选择，必须找一份正职才行。她继续修读建筑工程，也一边思考着自己的未来。念完书后，她没选择建筑工作，反而转过市场部、公关部，甚至是饮食部，还到了台湾去唱歌，但每样东西都只做到略有小成就便停止。2000年，她甚至把自己与外界隔绝，只为了要好好的念工商管理；接着，她又念了法律系，怎知没念完就发生了另一件生活的恶梦。

提早的未来

28岁那年，小诗再次被发现嘴部分有肿瘤。虽然手术成功，却让她失去了感觉与肢体控制。这次病发让她更积极的去创造属于自己的室内设计公司，但后来发现自己的脚失去了知觉时，就明白虽然很喜爱这份

Photo: VICHANN / Hair: Jp / JENA PRODUCTION / CELEBRITY MAKEUP: KAREN / Hair: KENT WANG / LING JIE / AVANCE HAIR STUDIO

Sleeveless two-tone
sheath dress by KAREN
MILLEN

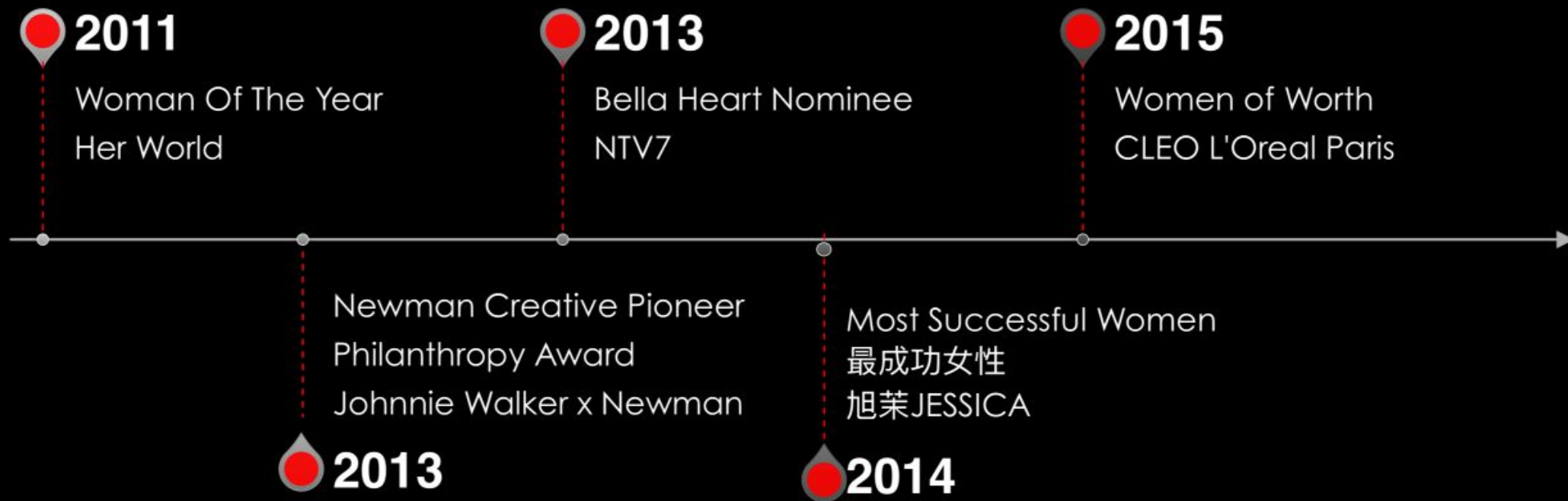
eyeshadow: Ingraine star
eye-podeme: al
lip stick: Edouard
rouge: H3
eyebrow liner: le crayon
sourcil: G3
foundation: white rouge de
All by LANCÔME

MEET THE L'ORÉAL PARIS WOMEN OF WORTH 2015

 **women of
WORTH** | **L'ORÉAL
PARIS**



Honors & Awards



The background is a dark, moody composition featuring several concentric, slightly blurred circles that create a sense of depth and movement. Scattered throughout the scene are numerous small, out-of-focus light spots, or bokeh, in shades of white, yellow, and purple, which add a dreamlike or ethereal quality to the overall image.

IN THE ARCHIVES

THE DOCUMENTARY

The Rooftop Cat has 9 Lives

Release 2025

The background is a dark, textured surface with concentric, slightly blurred circular patterns. A prominent, glowing purple ring is visible on the right side. The overall effect is reminiscent of a lens flare or a view through a telescope.

IN THE PIPELINE

Official websites

@poesyliang 詩

www.poesyliang.com

www.poezjewellers.com

www.harryputter.shop



THAILAND
Bangkok Charity Orchestra

THE COMPOSER



THE POET

Many wheels of change
Many moving parts
What will I exchange
On my current chart?

Where to go from here?
Who does know the way?
Stop mongering the fear
The price we have to pay.

Will we be profitable?
The greedy asks the poor
Is it even noticeable?
Profit is not your saviour.

Entire courses shifting,
Life won't be the same,
Will this lead to awakening?
Reinvention is my game..

Wheels of Reinvention
by Poesy 小詩
December 24th 2017

詩

POESY ART
KUALA LUMPUR

TINY HOUSE MOVEMENT



Poesy is an advocate and community leader for the Tiny House Movement in tandem with zero waste, buy nothing project, sustainable architecture & design; edible gardening, and rainwater harvesting, through the Tiny House Asia Facebook group.

The Tiny House Movement addresses the 17 Sustainable Development Goals of the United Nation.

She designs Tiny Houses and consults on community building and developing Tiny House Villages.





Poesy pledges a portion of her income to support charitable causes and she self-funds her own community art program with Yayasan Chow Kit

Poesy Prize

Poesy Liang, in collaboration with US based 501(c)3 charity Giveable Giggles have established a residency scholarship called the Poesy Prize. It aspires towards becoming an education endowment fund focused on assisting marginalised children of single parents and supporting the community through the arts.

The goal of the Poesy Prize is to facilitate cultural exposure and leadership spirit by means of creative & influential use of resources, to impact and develop bridges for humanity. While the annual program location may change each year, it will be a connection for individuals who are inspired from a place of purpose and calling. Each year, co-founder, Jessica Steinberg, will select a scholar under the umbrella of Giveable Giggles, to be the recipient of the Poesy's Prize award. The criterion includes: an interest in the arts, unique skills, leadership qualities, international awareness and passion in humanitarian objectives. The Poesy Prize program will include opportunities to build new projects, engage in current humanitarian initiatives, life coaching, career placements, artistic brainstorming, cultural experience, exposure to global networks of impactful individuals, introductions to other mentors, and a lifetime membership of the Poesy Prize alumni & affiliated programs in female empowerment such as Power Beauty - a curated list of women leaders from varied fields of expertise

“One of the most direct ways
to impact humanity is to educate
& empower women, my effort is to enrich one skillful girl at
a time”

