

HONG KONG ISLAND & KOWLOON SECONDARY SCHOOLS
INTER-SCHOOL ATHLETICS COMPETITION 2021-2022
DIVISION ONE
FINALS

GUEST OF HONOUR

MR. NG YIN LEUNG, PETER
ASSISTANT GENERAL MANAGER OF PUBLIC SECTOR
BANK OF CHINA (HONG KONG) LIMITED

Acknowledgement

The Hong Kong Island & Kowloon Secondary Schools Regional Committee wishes to express its appreciation to the following organisations and persons for their support & assistance to the Inter-School Athletics Competition (Division One).

- *MR. NG YIN LEUNG, PETER, ASSISTANT GENERAL MANAGER OF PUBLIC SECTOR OF BANK OF CHINA (HONG KONG) LIMITED for presenting prizes to winning schools*
- *MR. CHEUNG SIU HANG, MEMBER OF HONG KONG ATHLETICS TEAM for presenting prizes to winning schools*
- *LEISURE AND CULTURAL SERVICES DEPARTMENT for subventing the Competition*
- *BANK OF CHINA (HONG KONG) for sponsoring the Competition*
- *MR. TSE CHUN MING, CONVENOR for his personal assistance to the Competition*
- *MR. HO HO YEE, ALEX, HKAAA REFEREE for serving as Field Event Referee*
- *MR. CHAN MAN HAU, RONNIE, HKAAA REFEREE for serving as Track Event Referee*
- *MR. TANG KUN LOI & MR. KOT HIN TAK for serving as Technical Advisor*
- *AUXILIARY MEDICAL SERVICES for providing first aid services*
- *STAFF OF WANCHAI SPORTS GROUND for their co-operation and assistance*
- *ALL OFFICIALS & JUDGES of the meet*
- *BOCHK SCHOOLS SPORTS VOLUNTEERS*

Inter-School Athletics Competition 2021-2022

Division One

Official List

Convenor : Mr. Tse Chun Ming (WYK)

Management Committee : Mr. Ng Chi Wai (CSWCSS) Ms. Chung Ling Sau (PCMS)
Mr. Chan Man Kit (CHECSS) Mrs. Miranda Iu (SPCS)
Mr. Watson Ng (GHS) Mr. Chan Chin Wan (WYHK)
Ms. Lee Wai Chi Vicky (HPCCSS)

Marshal : Management Committee Members

Technical Advisors : Mr. Tang Kun Loi & Mr. Kot Hin Tak

First Aid : Auxiliary Medical Service

Recorders : Mr. Eric Ho & Diocesan Girls' School Recorders

Stewards : BOCHK Schools Sports Volunteers

Announcers : 1. Ms. Dora Yum (HYS) 2. Ms. Vivian (HYS)

Field Events

Field Event Referee : Mr. Ho Ho Yee, Alex (HKAAA Referee)

High Jump 1 : 1. Mr. Lai Chiu Lun (GHS) - Chief 2. Mr. Fung Ho Yin (MSC)
High Jump 2 : 1. Mr. Wong Chi Tang Charlton (SWC) - Chief 2. Mr. Ho Mau Wang (DBS)
Long Jump 1 : 1. Mr. Chan Man Kit (CHECSS) - Chief 3. Ms. Leung Mei Kei (HKUGA)
2. Mr. Kevin Cheong (SSCS) 4. Ms. Chung Wai Wa (DBS)
Long Jump 2 + : 1. Mr. Chim Ha Chuen (SJACS) - Chief 3. Mr. Lee Chi Wai (LKYMS)
Triple Jump 2. Ms. N.Ng (DGS) 4. Mr. Luk Dick Sang Dickson (PCMS)
Shot Put 1 : 1. Mr. Yiu Yu Kei (SMCESPS) - Chief 3. Mr. Ken Kwok (MCS)
2. Ms. Lam Ting Kan (SPCS) 4. Ms. Lau Tsz Ching (SSGC)
Shot Put 2 : 1. Ms. Grace Chau (MCS) - Chief 3. Mr. Szeto Man Ho (LSC)
2. Mr. Leung Yu Tang (CSWCSS) 4. Ms. Chow Tsui Mei (SWC)
Discus : 1. Mr. Watson Ng (GHS) - Chief 3. Mr. Chung Chi Kwan Alan (SJACS)
2. Mr. Ho Hoi Ning (SMCESPS) 4. Ms. Chau Sau Ying (HPCCSS)
Javelin : 1. Mr. Chan Chun Yu (CHECSS) - Chief 3. Mr. Wu Zhuojing (CSWCSS)
2. Ms. Li Ho Lam (LKYMS) 4. Ms. Li Ki Yan (SSGC)

Track Events

Track Event Referee : Mr. Chan Man Hau, Ronnie (HKAAA Referee)

Starters	: 1. Mr. Chan Chin Wan (WYHK)	2. Mr. Kwong Kwan Yin (WYK)
Recall Starters	: 1. Mr. Yannick Wong (KGV)	2. Mr. Chan Man Keung (YCKMC)
Starters' Assistants	: 1. Mr. Fung Ho Tin (LSC)	2. Mr. Chow Ka Wa (YCKMC)
Call Room Judges (Roll Call)	: 1. Ms. Lee Wai Chi Vicky (HPCCSS) - Chief 2. Mr. Paul Li (WYHK)	3. Ms. Scarlet Ip (KGV)
Track Umpires	: 1. Mrs. Miranda Iu (SPCS) - Chief 2. Mr. Mok Kwan Kiu (PCMS) 3. Mr. Wong Kin Kan (WYK) 4. Mr. Kwan Yat Long (MSC)	5. Mr. Ma Tsz Chung (WFN) 6. Ms. Li Sau Sau Esther (HKUGA) 7. Ms. Stephanie Lam (SSCS) 8. Ms. Wong Ka Yee (WFN)
Position Judges	: BOCHK Schools Sports Volunteers	
Timekeepers	: Diocesan Boys' School Timing Team	
Wind Gauge Operators	: BOCHK Schools Sports Volunteers	
Starters' Assistants	: Wah Yan College (Kowloon) Student Helpers	

Relay Take Over Judges : 4 x 100m First Take Over (Day One)

1. Mr. Wong Chi Tang Charlton (SWC)
2. Mr. Ho Mau Wang (DBS)
3. Mr. Kevin Cheong (SSCS)
4. Ms. Leung Mei Kei (HKUGA)
5. Mr. Chim Ha Chuen (SJACS)
6. Ms. N.Ng (DGS)
7. Mr. Lee Chi Wai (LKYMS)
8. Mr. Luk Dick Sang Dickson (PCMS)

4 x 100m Second Take Over

1. Mrs. Miranda Iu (SPCS)
2. Mr. Mok Kwan Kiu (PCMS)
3. Mr. Wong Kin Kan (WYK)
4. Mr. Kwan Yat Long (MSC)
5. Ms. Lam Ting Kan (SPCS)
6. Ms. Lau Tsz Ching (SSGC)

4 x 400m Break Line & Take Over Judges

1. Mrs. Miranda Iu (SPCS)
2. Mr. Mok Kwan Kiu (PCMS)
3. Mr. Wong Kin Kan (WYK)
4. Mr. Kwan Yat Long (MSC)
5. Mr. Ma Tsz Chung (WFN)
6. Ms. Li Sau Sau Esther (HKUGA)
7. Ms. Stephanie Lam (SSCS)
8. Ms. Wong Ka Yee (WFN)

4 x 100m First Take Over (Day Two)

1. Mr. Kevin Cheong (SSCS)
2. Ms. Chung Wai Wa (DBS)
3. Ms. N.Ng (DGS)
4. Mr. Luk Dick Sang Dickson (PCMS)
5. Mr. Watson Ng (GHS)
6. Mr. Ho Hoi Ning (SMCESPS)
7. Mr. Chung Chi Kwan Alan (SJACS)
8. Ms. Chau Sau Ying (HPCCSS)

4 x 100m Third Take Over

1. Mr. Ma Tsz Chung (WFN)
2. Ms. Li Sau Sau Esther (HKUGA)
3. Ms. Stephanie Lam (SSCS)
4. Ms. Wong Ka Yee (WFN)
5. Mr. Leung Yu Tang (CSWCSS)
6. Ms. Chow Tsui Mei (SWC)

Time Table

Divison One

Day Two 10 June 2022

8:15am Officials report to duty

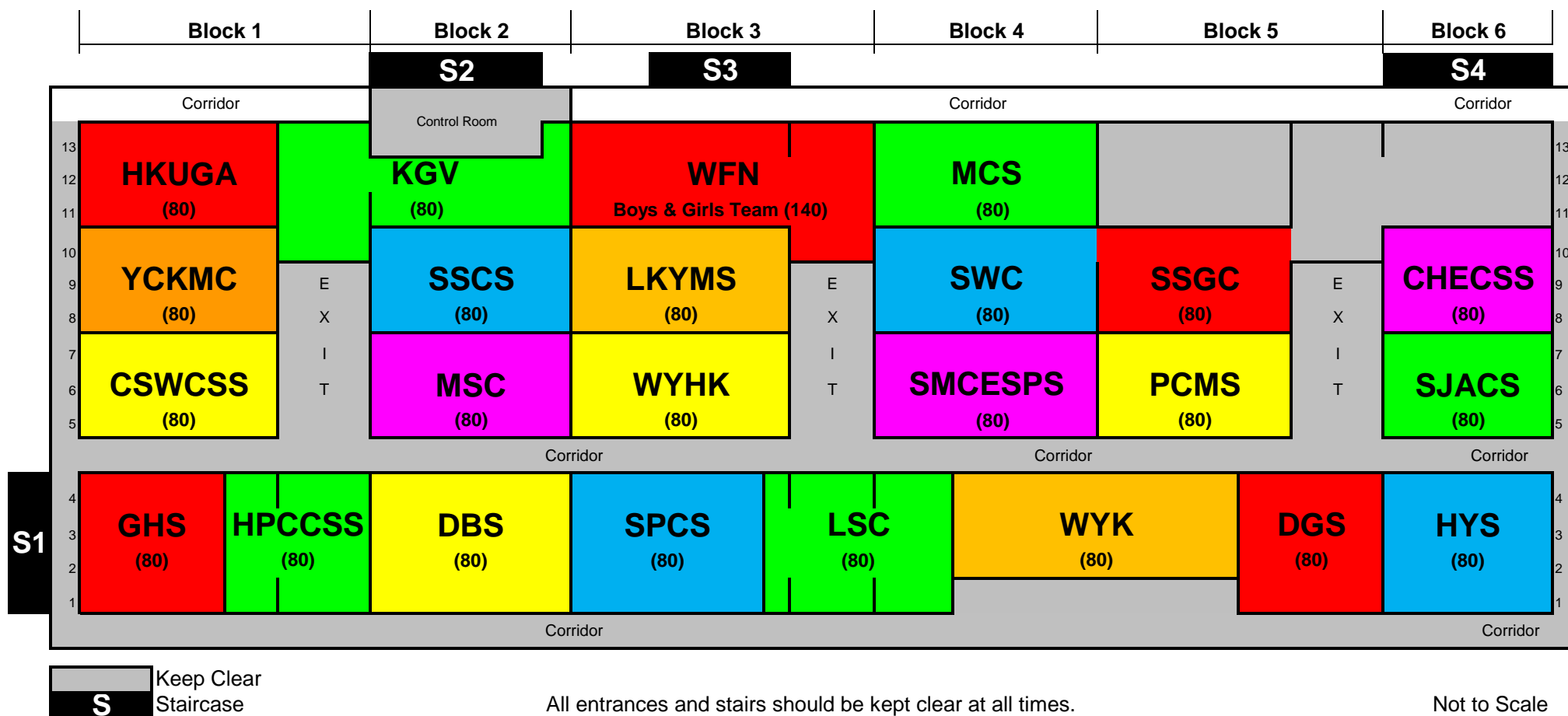
This timetable serves as a guide only. The actual event may be held ahead or behind the scheduled time.
Competitors are requested to turn up at least 1 hour before the scheduled time of the event.

	No.	Time	Event		No. Heats	No. Fnlsts
AM	1	8:30am	High Jump	Girls B		14
	2		Shot Put	Girls B		18
	3		Discus	Girls A		16
	4		100m Hurdles	Girls C	3	
	5		"	Girls B	2	
	6		"	Girls A	2	
	7	9:00am	Long Jump	Girls C		19
	8		Triple Jump	Boys A		22
	9		100m Hurdles	Boys C	4	
	10		"	Boys B	3	
	11		110m Hurdles	Boys A	3	
	12	9:45am	200m	Girls C		1
	13		"	Girls B		1
	14		"	Girls A		1
	15	10:00am	Javelin	Boys B		24
	16		200m	Boys C		1
	17		"	Boys B		1
	18		"	Boys A		1
	19	10:15am	1500m	Girls C		1
	20		"	Girls B		1
	21		"	Girls A		1
	22	10:30am	Shot Put	Boys C		25
	23	10:40am	100m Hurdles	Girls C		1
	24		"	Girls B		1
	25		"	Girls A		1
PM	26	10:55am	"	Boys C		1
	27		"	Boys B		1
	28		110m Hurdles	Boys A		1
	29	11:00am	High Jump	Girls A		13
	30	11:30am	Javelin	Boys A		27
	31	1:00pm	Long Jump	Boys C		28
	32		Triple Jump	Boys B		23
	33		Javelin	Girls B		18
	34		400m	Girls C		1
	35		"	Girls B		1
	36		"	Girls A		1
	37	1:15pm	"	Boys C		1
	38		"	Boys B		1
	39		"	Boys A		1
	40	1:30pm	100m	Girls C		1
	41		"	Girls B		1
	42		"	Girls A		1
	43	1:45pm	"	Boys C		1
	44		"	Boys B		1
	45		"	Boys A		1
	46	2:00pm	High Jump	Boys A		24
	47		Shot Put	Girls C		19
	48		1500m	Boys C		2
	49		"	Boys B		2
	50		"	Boys A		2
	51	2:30pm	Javelin	Girls A		12
	52	2:35pm	4x100m Relay	Girls C		1
	53		"	Boys C		1
	54		"	Girls B		1
	55	2:50pm	"	Boys B		1
	56		"	Girls A		1
	57		"	Boys A		1
	58	3:05pm	4x400m Relay	Girls C		2
	59		"	Boys C		2
	60		"	Girls B		1
	61	3:45pm	"	Boys B		2
	62		"	Girls A		2
	63		"	Boys A		2

List of Participating Schools of Division One

	School			Boys			Girls		
				A	B	C	A	B	C
1	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	CSWCSS	1	1	1			
2	Choi Hung Estate Catholic Secondary School	彩虹邨天主教英文中學	CHECSS	1	1	1			
3	Diocesan Boys' School	拔萃男書院	DBS	1	1	1			
4	Diocesan Girls' School	拔萃女書院	DGS				1	1	1
5	Good Hope School	德望學校	GHS				1	1	1
6	Heep Yunn School	協恩中學	HYS				1	1	1
7	HKUGA College	港大同學會書院	HKUGA				1	1	1
8	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	HPCCSS	1	1	1			
9	King George V School	英皇佐治五世學校	KGV				1	1	1
10	La Salle College	喇沙書院	LSC	1	1	1			
11	Lee Kau Yan Memorial School	李求恩紀念中學	LKYMS	1	1	1			
12	Maryknoll Convent School	瑪利諾修院學校(中學部)	MCS				1	1	1
13	Munsang College	民生書院	MSC	1	1	1			
14	Pui Ching Middle School	香港培正中學	PCMS				1	1	1
15	St. Joseph's Anglo-Chinese School	聖若瑟英文中學	SJACS	1	1	1			
16	St. Margaret's Co-Educational English Secondary and Primary School	聖瑪加利男女英文中小學	SMCESPS	1	1	1			
17	St. Paul's Convent School (Secondary Section)	聖保祿學校(中學部)	SPCS				1	1	1
18	St. Stephen's College	聖士提反書院	SSCS	1	1	1			
19	St. Stephen's Girls' College	聖士提反女子中學	SSGC				1	1	1
20	STFA Seaward Woo College	順德聯誼總會胡兆熾中學	SWC	1	1	1			
21	TWGHs Wong Fut Nam College	東華三院黃笏南中學	WFN	1	1	1	1	1	1
22	Wah Yan College (Hong Kong)	香港華仁書院	WYHK	1	1	1			
23	Wah Yan College (Kowloon)	九龍華仁書院	WYK	1	1	1			
24	West Island School	西島中學	WIS	4	4	4	4	4	4
25	Yu Chun Keung Memorial College	余振強紀念中學	YCKMC	1	1	1			
				15	15	15	10	10	10

Inter-School Athletics Competition 2021-2022
Seating Allocation
Division One



Standard for Athletics (Division One) 2021-2022

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
100m	12.20	12.50	13.30	14.50	14.60	15.00
200m	25.50	26.40	27.50	30.50	30.80	31.50
400m	57.80	1:00.00	1:04.00	1:12.50	1:13.00	1:14:50
800m	2:20.00	2:23.00	2:32.00	2:55:00	2:55.00	2:57.00
1500m	5:00.00	5:04.00	5:25.00	6:15.00	6:25.00	6:30.00
3000m	-	11:25.00	-	-	-	-
5000m	20:00.00	-	-	-	-	-
100m Hurdles	-	17.00	19.70	19.50	20.20	21.00
110m Hurdles	18.50	-	-	-	-	-
400m Hurdles	1:07.50	-	-	-	-	-
High Jump	1.60	1.52	1.38	1.30	1.30	1.25
Long Jump	5.45	5.05	4.55	4.10	4.00	3.80
Triple Jump	11.20	10.50	-	-	-	-
Shot Put	10.05	10.10	8.30	6.90	7.25	7.00
Discus	26.00	27.00	20.00	18.80	18.00	16.00
Javelin	30.00	25.50	-	19.00	17.80	-
4 x 100m Relay	47.50	49.00	52.00	56.80	57.00	58.80
4 x 400m Relay	3:54.00	4:02.00	4:20.00	4:55.00	5:00.00	5:05.00

The followings are the specifications of the throwing events and hurdles races.

Throwing Events (Weight of Implements)

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
Shot Put	5 kg	4 kg	4 kg	4 kg	3 kg	3 kg
Discus	1.50 kg	1 kg	1 kg	1 kg	1 kg	1 kg
Javelin	700 gm	600 gm	-	600 gm	500 gm	-

Hurdles Races (Height of Hurdles)

Event	Boys			Girls		
	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
100m Hurdles	-	0.914 m	0.84 m	0.762 m	0.762 m	0.762 m
110m Hurdles	0.914 m	-	-	-	-	-
400m Hurdles	0.84 m	-	-	-	-	-

Inter-School Athletics Competition

(Last Update : 18 March 2019)

BOYS A GRADE (under 19)

Event	Record	Year	Holder	School
100m	10.60	2017-2018	Tse Yee Hin Rico	St. Joseph's Anglo-Chinese School
200m	21.91	2016-2017	Wong Cheuk Hei Herry	Yu Chun Keung Memorial College
400m	49.92	2015-2016	Ajaz-UI-Haq	St. Margaret's Co-Educational English Secondary and Primary School
800m	1:55.58	2015-2016	Leung Ho Chun	Wah Yan College (Kowloon)
1500m	4:06.23	2015-2016	Wong Tsz To	Diocesan Boys' School
5000m	15:37.60	2017-2018	Tse Chun Yin	Diocesan Boys' School
110m Hurdles (0.914m)	13.63	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)
400m Hurdles (0.84m)	52.86	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)
4 x 100m Relay	42.16	2016-2017	Tsoi Hong Yuen Ma Ka Ho Lo Tsz Yuen Fong Leong Sing	Diocesan Boys' School
4 x 400m Relay	3:25.68	2017-2018	Chan Hiu Hei Ma Chi Fai Fung Sheung Wai Martin Chan Ching Fung	La Salle College
High Jump	2.01	2017-2018	Lam Hin Chak Timothy	La Salle College
Long Jump	7.36	2016-2017	Ko Ho Long	St. Joseph's Anglo-Chinese School
Triple Jump	14.82	2016-2017	Ko Ho Long	St. Joseph's Anglo-Chinese School
Shot Put (5 kg)	15.48	2016-2017	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1.50 kg)	49.69	2015-2016	Tsoi Kin San	Diocesan Boys' School
Javelin (700 gm)	62.06	2016-2017	Lam Ming Yiu	Diocesan Boys' School

BOYS B GRADE (under 16)

Event	Record	Year	Holder	School
100m	11.02	2016-2017	Ma Chi Fai	La Salle College
200m	22.13	2009-2010	Chan Yan Lam	Diocesan Boys' School
400m	49.72	2009-2010	Chan Yan Lam	Diocesan Boys' School
800m	2:00.69	2012-2013	Yeung Chi Ho	Creative Secondary School
1500m	4:12.07	2015-2016	Matthew Harrison Ming-Hei Tan	West Island School
3000m	9:06.64	2015-2016	Matthew Harrison Ming-Hei Tan	West Island School
100m Hurdles (0.914m)	13.25	2016-2017	Wong Lok Hei Addis	Cheung Sha Wan Catholic Secondary School
4 x 100m Relay	43.73	2012-2013	Pun Tak Cheung Lee Hong Kit Nip Ho Tin Chau Yung Ho Michael	Diocesan Boys' School
4 x 400m Relay	3:33.81	2017-2018	Fung Chi Lok Tse Cheuk Hin Yau Tse Ho Colin Wong Ching Hoi	Wah Yan College (Kowloon)
High Jump	1.96	2015-2016	Lam Hin Chak Timothy	La Salle College
Long Jump	6.92	2008-2009	Pang Ying Kit	La Salle College
Triple Jump	13.67	2008-2009	Pang Ying Kit	La Salle College
Shot Put (4 kg)	16.33	2012-2013	Yu Chung Yau	Choi Hung Estate Catholic Secondary School
Discus (1 kg)	54.18	2014-2015	Tsoi Kin San	Diocesan Boys' School
Javelin (600 gm)	56.91	2016-2017	Chien Jonathan Shou Zheng	La Salle College

BOYS C GRADE (under 14)

Event	Record	Year	Holder	School
100m	11.21	2008-2009	Wang Hao Yang	Diocesan Boys' School
200m	22.59	2007-2008	Chan Yan Lam	Diocesan Boys' School
400m	51.23	2007-2008	Chan Yan Lam	Diocesan Boys' School
800m	2:06.64	2018-2019	Slattery Matthew Luke	La Salle College
1500m	4:30.03	2018-2019	Chau Hoi Yeung	Wah Yan College (Kowloon)
100m Hurdles (0.84m)	13.57	2008-2009	Liu Chung Lung	St. Joseph's Anglo-Chinese School
4x100m Relay	45.05	2007-2008	Wong Hung Yiu Lau Ho Tung Li Lut Yin Tsu Ka Chon	La Salle College
4x400m Relay	3:45.03	2014-2015	Ma Kenneth Chun Hei Lam Ansen Ng Wing Ho Lau Chung Kei	Diocesan Boys' School
High Jump	1.86	2012-2013	Chan Yuk Tat Jeffrey	Hoi Ping Chamber of Commerce Secondary School
Long Jump	6.27	2017-2018	Law Ngai Him	CMA Secondary School
Shot Put (4 kg)	14.33	2013-2014	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1 kg)	43.58	2008-2009	Chan Ngan Chuen	Hoi Ping Chamber of Commerce Secondary School

Inter-School Athletics Competition

(Last Update : 18 March 2019)

GIRLS A GRADE (under 19)

Event	Record	Year	Holder	School
100m	11.85	2016-2017	Chan Pui Kei	Good Hope School
200m	25.01	2017-2018	Chan Pui Kei	Good Hope School
400m	57.37	2014-2015	Lam Christy Ho Yan	Diocesan Girls' School
800m	2:17.06	2014-2015	Chan Yee Ki	Diocesan Girls' School
1500m	4:53.27	2014-2015	Chan Yee Ki	Diocesan Girls' School
100m Hurdles (0.762m)	14.30	2015-2016	Yuen Wing Nam	Diocesan Girls' School
4 x 100m Relay	48.77	2018-2019	Chan Kei Sze Fung Anneke Chu Pui Ching Chan Pui Kei	Good Hope School
4 x 400m Relay	4:07.82	2014-2015	Chan Tak Yan Lee Suet Ying Chan Yee Ki Lam Christy Ho Yan	Diocesan Girls' School
High Jump	1.74	2018-2019	Lai Yan Hei	Good Hope School
Long Jump	5.63	2014-2015	Yiu Hoi Yan	Sacred Heart Canossian College
Shot Put (4 kg)	10.58	2017-2018	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1 kg)	36.76	2018-2019	Chan Janice	Good Hope School
Javelin (600 gm)	47.16	2013-2014	Lau Hei Ting	Good Hope School

GIRLS B GRADE (under 16)

Event	Record	Year	Holder	School
100m	11.89	2015-2016	Chan Pui Kei	Good Hope School
200m	24.96	2015-2016	Chan Pui Kei	Good Hope School
400m	57.29	2001-2002	Sarah Shuttleworth	King George V School
800m	2:15.76	2000-2001	Sarah Shuttleworth	King George V School
1500m	4:37.99	2018-2019	Wright Cade Cameron	St. Stephen's Girls' College
100m Hurdles (0.762m)	14.42	2015-2016	Wu Yi Lam	Good Hope School
4 x 100m Relay	49.44	2014-2015	Au Ka Wing Leung Nga Ching Wong Yuen Nam Lam Yan Tung	Diocesan Girls' School
4 x 400m Relay	4:07.74	2018-2019	Fong Ching Lo Cheuk Yat Mak Wing Ting Ho Kin Ling	Heep Yunn School
High Jump	1.75	2009-2010	Fung Wai Yee	Sacred Heart Canossian College
Long Jump	5.61	2013-2014	Wong Yuen Nam	Diocesan Girls' School
Shot Put (3 kg)	12.25	2008-2009	Ho Florence	Good Hope School
Discus (1 kg)	38.34	2017-2018	Chan Janice	Good Hope School
Javelin (600 gm)	42.92	2011-2012	Lau Hei Ting	Good Hope School

GIRLS C GRADE (under 14)

Event	Record	Year	Holder	School
100m	12.48	2009-2010	Lo Ka Lam	Good Hope School
200m	25.85	2011-2012	Poon Hang Wai	Good Hope School
400m	58.78	1999-2000	Sarah Shuttleworth	King George V School
800m	2:19.72	1999-2000	Sarah Shuttleworth	King George V School
1500m	4:53.42	2018-2019	Wright Roxanne Scarlet	St. Stephen's Girls' College
100m Hurdles (0.762m)	15.23	2014-2015	Wu Yi Lam	Good Hope School
4 x 100m Relay	50.33	2018-2019	Chan Wai Ting Tang Cheuk Man Serena Pak Hoi Man Chloe Tse Hang Ki	Diocesan Girls' School
4 x 400m Relay	4:15.44	2016-2017	Mak Wing Ting Ho Kin Ling Lo Cheuk Yat Fong Ching	Heep Yunn School
High Jump	1.66	2006-2007	Wong Siu Ping	Heep Yunn School
Long Jump	5.43	2008-2009	Wu Hoi Ting Dianna	Diocesan Girls' School
Shot Put (3 kg)	10.59	2003-2004	Woo Wing Tung	Diocesan Girls' School
Discus (1 kg)	29.90	2001-2002	Chan Yu Ning	Heep Yunn School

Inter-School Athletics Competition

Instruction on the Use of Wan Chai Sports Ground

Heads of schools and teachers in charge of Athletics please read the following information carefully and pass the information to officials and competitors who will attend the Inter-School Athletics Competition to be conducted in the Wanchai Sports Ground.

1. **Safety Precaution**

Competitors must leave the **FIELD** as soon as they finish their events.

Accidents can occur in Javelin and Discus events. Teachers-in-charge must emphasize to their athletes that *the area around the Javelin Runway and Discus circle should be kept clear at all times. Competitors must station in the waiting area and can only enter the throwing area after their numbers are called.*

Competitors participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the start of the 200m. Provision of discus net cannot be 100% safe.

2. All warm up should be done in the warm up track area.

3. Nobody will be allowed to go inside the field (grass area) except *appointed officials & competitors of the events being held there.* The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or students of a school do not follow this regulation, the school concerned is liable to disqualification.

4. The Federation wishes to emphasize that every precaution has been taken against possible risk, damage and injury to all concerned but this relies heavily on the co-operation of participating schools to point out the importance of safety to their teachers and students.

5. **Car Park Arrangement**

Parking will no longer be available. Schools or officials must use nearby public car park.

6. **Record Keepers' Office**

The Record Keepers' Office is located on the ground floor of the Sports Ground. Nobody will be allowed to enter the room without permission.

7. **Shoes for competition**

(A) Ordinary Training shoes or P.E. rubber shoes

(B) Spikes shoes: (i) Track event: spikes maximum length up to 7mm.

(ii) Field event: spikes maximum length up to 9mm.

Competitors failing to observe the rules concerning the use of spikes will not be allowed to compete.

8. **Refreshment Kiosk**

Neither food nor drink may be brought into the ground for sale, resale or free distribution.

(wsg)

Wan Chai Sports Ground

灣仔運動場

Legend 圖列：

Border of Competition Area (Only Officials and Competitors are allowed to enter the competition area)
比賽場區 (只限工作人員及運動員進入)

E : Equipment Room 器材室

FC : Female Changing Room 女更衣室

MC : Male Changing Room 男更衣室

O : Office 辦事處

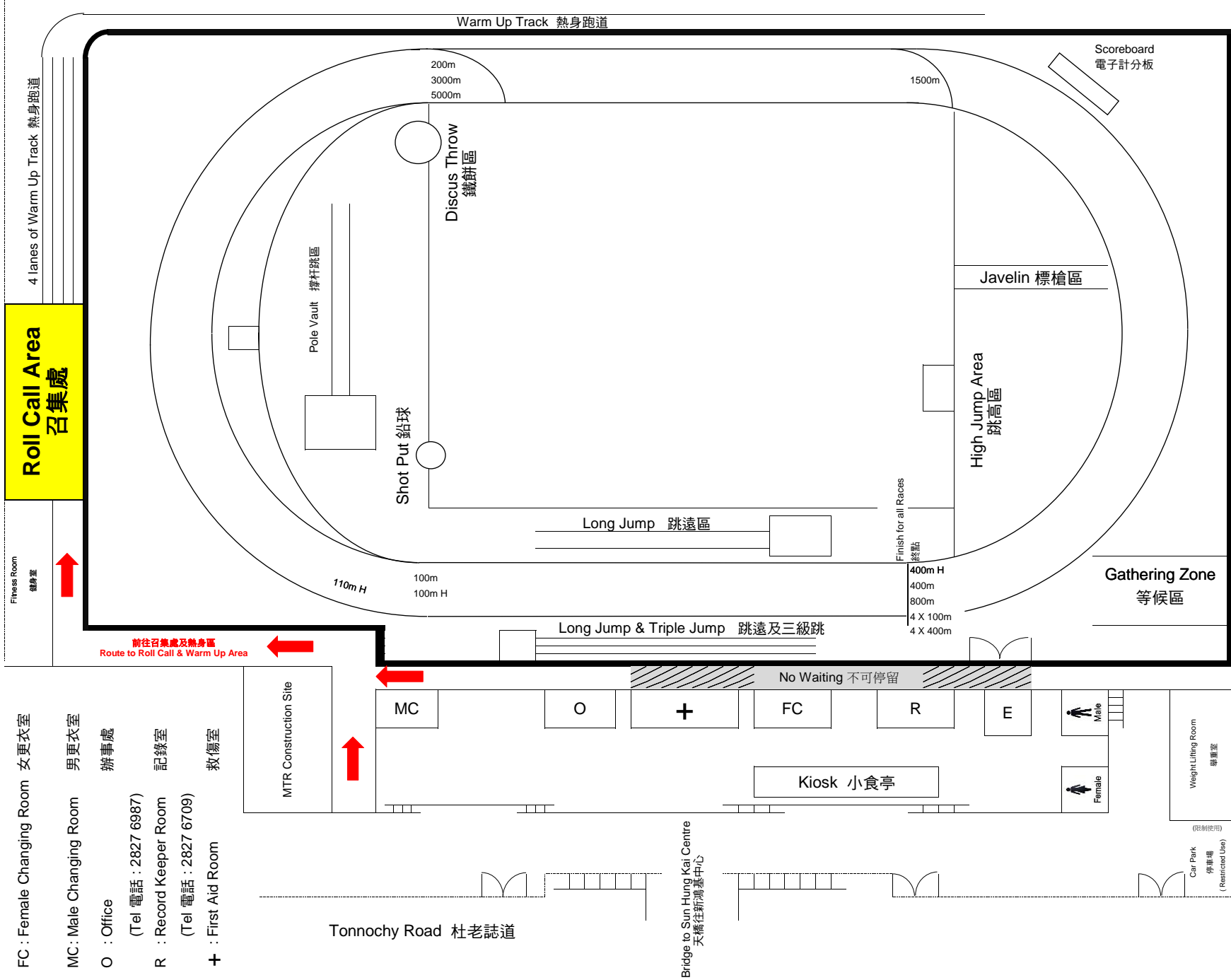
(Tel 電話 : 2827 6987)

R : Record Keeper Room 記錄室

(Tel 電話 : 2827 6709)

+: First Aid Room 救傷室

Hung Hing Road 鴻興道



Not to Scale 不按比例

Gloucester Road 告士打道

Inter-School Athletics Competition 2021-2022

Division One

Day One 07 June 2022

Boys Overall

Position	School	A	B	C	Total
1	Diocesan Boys' School	77	78	42.5	197.5
2	Hoi Ping Chamber of Commerce Secondary School	47	38	20.5	105.5
3	La Salle College	44	42	18	104
4	Cheung Sha Wan Catholic Secondary School	42	16	32	90
5	Wah Yan College (Kowloon)	26	24	22	72
6	Yu Chun Keung Memorial College	24	28	9	61
7	Munsang College	7	30	7	44
8	Wah Yan College (Hong Kong)	7	13	19	39
9	St. Joseph's Anglo-Chinese School	18	17	0	35
10	Choi Hung Estate Catholic Secondary School	15	14	1	30
11	St. Stephen's College	3	16	6	25
12	TWGHs Wong Fut Nam College	1	14	7	22
13	Lee Kau Yan Memorial School	11	5	4	20
14	St. Margaret's Co-Educational English Secondary and Primary School	4	4	11	19
15	STFA Seaward Woo College	1	0	2	3

Inter-School Athletics Competition 2021-2022

Division One

Day One 07 June 2022

Girls Overall

Position	School	A	B	C	Total
1	Diocesan Girls' School	44	49	49	142
2	Heep Yunn School	36	30	52	118
3	Good Hope School	35	33	27.5	95.5
4	St. Paul's Convent School (Secondary Section)	12	17	15	44
5	HKUGA College	5	14	14.5	33.5
6	King George V School	0	10	18	28
7	Pui Ching Middle School	16	5	3	24
8	TWGHs Wong Fut Nam College	1	6	9	16
9	St. Stephen's Girls' College	9	1	5	15
10	Maryknoll Convent School	0	6	5	11

THE HONG KONG SCHOOLS SPORTS FEDERATION
Hong Kong Island & Kowloon Secondary Schools Regional Committee

Inter-School Athletics Competition

Please Scan This QR code for the
competition result of today



Result will be removed from the above link after today and uploaded to our website.
For competition result of other days, please visit <http://hkssf.org.hk/>

Inter-Secondary Schools Sports Competitions (Hong Kong Island and Kowloon) →
Various Sports Information → Athletics → Programs and Results

Inter-School Athletics Competition 2021-2022

Division One

Day Two 10 June 2022

Event 1	Girls B Grade High Jump		8:30am
	Record : 1.75		Standard : 1.30
Final	1	Lam Yan Yee Natasha	MCS
	2	Poan Tsz Nam	GHS
	3	Lok Tsz Ching	HYS
	4	Mook, Esmee Siebrig	KGV
	5	Tam Tsz Wing	WFN
	6	Karlsson Grace Elsa Ping Chuen	DGS
	7	Jiang King Ming Jolyn	MCS
	8	Lo Ka Lam	HYS
	9	Li Joy Sze	HKUGA
	10	Yang Zhichu	DGS
	11	Lam Yu Ching	WFN
	12	Yiu Hoi Nam	GHS
	13	Siu Brianna	HKUGA
	14	Liu, Kelly Changyan	KGV

Event 2	Girls B Grade Shot Put		8:30am
	Record : 12.25		Standard : 7.25
Final	1	Iu Choi Wan	HYS
	2	Lee Yuet Hei	HKUGA
	3	Tsang Nga Ching	WFN
	4	Chan Wai Shuen	GHS
	5	Hong Wing Lam Chloe	DGS
	6	Wu Pak Shun	SSGC
	7	Chan Yuen Yau Evelyn	PCMS
	8	Cheung Hoi Yan	DGS
	9	Leung Tsz Yiu Coral	SSGC
	10	Wong Yeuk Nam	MCS
	11	Chung Yan Ting Jennifer	GHS
	12	Leung Tsi Yan Audrey	SPCS
	13	Choi San Yi	WFN
	14	Gee Sze Yuen	PCMS
	15	Lau Kit Yu	SPCS
	16	Kwok Hoi Ting Jasmine	MCS
	17	Ho Lok Sum	HYS
	18	O Yui Yee	HKUGA

Event 3	Girls A Grade Discus		8:30am
	Record : 36.76		Standard : 18.80
Final	1	Leung Sin Ki Christie	MCS
	2	Fung Tsz Yui	WFN
	3	Lee Sum Yuet Charlotte	HYS
	4	Yung Samantha	PCMS
	5	Wong Lok Yiu	SSGC
	6	Pun Tsz Yin	GHS
	7	Chen Sze Ki	HKUGA
	8	Yeung Karin	SPCS
	9	Lai Ching Sze	SSGC
	10	Man Ho Lam Hina	DGS
	11	Cheng Nga Chi	HKUGA
	12	Lau Ching Kiu Natalie	DGS
	13	Lai Wai Nam	SPCS
	14	Yung Cheuk Laam	HYS
	15	Chan Hoi Lam	GHS
	16	Zheng Ka Wai	MCS

Event 4	Girls C Grade 100m Hurdles		8:30am
	Record : 15.23		Standard : 21.00
Heat 1	2	Ho Ho Ying	HKUGA
	3	Sum Hau Kiu	HYS
	4	Wu Sze Pui	SPCS
	5	Wo Hoi Yiu Richelle	DGS
	6	Li Simiao Emily	WFN
	7	Chellaram, Indira	KGV
Heat 2	2	Ho Tsz Ling	GHS
	3	Fong Hei Man Tiffany	DGS
	4	Fong Amelia Zi Ching	HKUGA
	5	Au Wai Ching Nicole	PCMS
	6	Fung Wan Hei Scarlet	SPCS
	7	Xing, Fiona	KGV
Heat 3	2	Sze Yan Chee Natalie	GHS
	3	Dai Yongshan	WFN
	4	Chan Wing	MCS
	5	So Sin Hau Hilary	HYS
	6	Chan Hoi Tung	PCMS

Event 5	Girls B Grade 100m Hurdles		8:30am
	Record : 14.42		Standard : 20.20
Heat 1	1	Shum Man Huen	WFN
	2	Pak Hoi Man Chloe	DGS
	3	Yu Pui Yi	GHS
	4	Lin Sze Wun	MCS
	5	Ng Kristy Kay Sze	HKUGA
	6	Le Bon, Shanze	KGV
	7	Chiu Hau Ching	HYS
Heat 2	1	Lie Hiu Yee	GHS
	2	Leung Shun Ching	HYS
	3	Chick Yee Ching Sharon	MCS
	4	Tam Tsz Wing	WFN
	5	Lam Hei Yu	DGS
	6	Lum Sze Nga	SPCS
	7	Li Joy Sze	HKUGA

Event 6	Girls A Grade 100m Hurdles		8:30am
	Record : 14.30		Standard : 19.50
Heat 1	1	Luk Ka Yee Mandy	HKUGA
	2	Tsang Tsz Wun	GHS
	3	Yeung Sze Pui	WFN
	4	Shing Yee Isis	HYS
	5	Yao Hanying	PCMS
	6	Huang Zhi Xun Iris	DGS
	7	Mai Lee Yiu	MCS
Heat 2	2	Tong Tsz Lui Audrey	DGS
	3	Lai Ka Ying	WFN
	4	Guan Guo Yan Tiffany	MCS
	5	Ming Xiao Tong	GHS
	6	Lee Rachel Man Hang	HYS
	7	Wat Hoi Ching	PCMS
Event 7	Girls C Grade Long Jump		9:00am
	Record : 5.43		Standard : 3.80
Final	1	Kobayashi, Momoka	KGV
	2	Lau Valerie	HYS
	3	Fung Wan Hei Scarlet	SPCS
	4	Chan Sze Ching	GHS
	5	Yuen Owena	MCS
	6	Ku Sin Yau Ashley	SSGC
	7	Wong Wing Tung	HYS
	8	Leung Hoi Lam	GHS
	9	Kwok Sze Yu	PCMS
	10	Wen Qing	HKUGA
	11	Pinder, Abby Louise	KGV
	12	Cheng Sin Man	DGS
	13	Ngan Hei Chi	SSGC
	14	Lam Yan Ching	WFN
	15	Chan Cheuk Kwan	SPCS
	16	Leung Michelle Mary	MCS
	17	Ng Hei Yin	DGS
	18	Chan Chung Man Daphne	HKUGA
	19	Cheung Hoi Ki	WFN

Event 8	Boys A Grade Triple Jump		9:00am
	Record : 14.82		Standard : 11.20
Final	1	Ling Yu Hon	CSWCSS
	2	Hsueh Che Daron	SMCESPS
	3	Lui Pak Hei	HPCCSS
	4	Yan Wang Leong Byron	SJACS
	5	Yang Ho Lung	CHECSS
	6	Tao Tsz Sum	WYHK
	7	Tse Hugo	DBS
	8	Loi Hoi Lam	LSC
	9	Tsang Tsz Chun Joshua	LKYMS
	10	Lee Yuk Hei	YCKMC
	11	Yau Sheung Hei	WYK
	12	Yiu Pak Yu	LSC
	13	Chow Hon Lam	CSWCSS
	14	Wong Cho Hin	CHECSS
	15	Loong Tsz Hin	WYK
	16	Leung Tsz Wun Andrew	WYHK
	17	Lam Nok Yin	SJACS
	18	Chan Pak Wai	SMCESPS
	19	Hui Wan Kit	DBS
	20	Li Yun Tung	YCKMC
	21	Chan Ka Fung	LKYMS
	22	Xu King Chun Jethro	HPCCSS

Event 9	Boys C Grade 100m Hurdles		9:00am
	Record : 13.57		Standard : 19.70
Heat 1	1	Chan Cheok Hin	WFN
	2	Wong Man Hong	WYK
	3	Cheung Jun Jonathan	LSC
	4	Lo Wang Shing	SWC
	5	Choi Chi Ho	CHECSS
	6	Li Chun Hin	MSC
	7	Hui Chun	SMCESPS
Heat 2	1	Hui Chi Man	YCKMC
	2	Chan Chun Yue Jan	WYHK
	3	Ma Jun	SWC
	4	Wen Ka Wai	LKYMS
	5	Kam Chak Wang	DBS
	6	Au Kin Ping	HPCCSS
	7	Lam Yu Hin	LSC
Heat 3	2	Mak Wai Lok	WYHK
	3	Ng Shing Lok	CSWCSS
	4	Au Yeung Tin	WYK
	5	Yeung Hoi To	LKYMS
	6	Chen Yik Fan	YCKMC
	7	Zhu Yuen Chuen	HPCCSS
Heat 4	2	Lam Kin Hei	DBS
	3	Chong Tinam	SJACS
	4	Wong Cheuk Nam Adonis	CHECSS
	5	Lai Owen	CSWCSS
	6	Leung Po Hong Cedric	WFN
	7	Lee Chin Ho	SMCESPS

Event 10	Boys B Grade 100m Hurdles		9:00am
	Record : 13.25		Standard : 17.00
Heat 1	1	Ching Hon	WYK
	2	Tam Pok Yan	SMCESPS
	3	Wong King Chi	LKYMS
	4	Liu Lap Yu	LSC
	5	Ng Tsz Ho	SJACS
	6	Pan Hing Kwan	YCKMC
	7	Tsang Man Chi	DBS
	8	Wong Chun Kam	CSWCSS
Heat 2	1	Chau Ho Yin	LSC
	2	Ho Tin Wing	SJACS
	3	Ridom Rawnak Azad	SMCESPS
	4	Yeung Lai Lun	LKYMS
	5	Zheng Wang Kei	DBS
	6	Hui Yik Yeung Colby	HPCCSS
	7	Seeto Shun Yin	CHECSS
	8	Wong Chun Po	WFN
Heat 3	1	Chan Pak Kwan	WFN
	2	Lai Ryan	CSWCSS
	3	Kam Yu Hong	HPCCSS
	4	Pang Sung Him	YCKMC
	5	Au Cheuk Hang	CHECSS
	6	Chung Long Hei Cyrus	MSC
	7	Lai Pak Ho	WYK
Event 11	Boys A Grade 110m Hurdles		9:00am
	Record : 13.63		Standard : 18.50
Heat 1	1	Ng Chun Hei	CSWCSS
	2	Tong Ka Wai	LKYMS
	3	Wong Tsz Hin Simon	SSCS
	4	Chan Lok Wang	SWC
	5	Liu Hiu Long	HPCCSS
	6	Ho Cheuk San	LSC
	7	Yip Shing Yau	SMCESPS
	8	Chui Kai Yiu	WYK
Heat 2	1	Roeksasud Rattapum	SJACS
	2	Chan Nicholas	WYHK
	3	Lau Chun Hang	DBS
	4	Kok Ho Fung	WYK
	5	Cheng King San	CHECSS
	6	Ho Cheuk Yin	LSC
	7	Chiu Sau Wai	LKYMS
Heat 3	1	Yip Man Ho	CHECSS
	2	Ng Chun Kam	HPCCSS
	3	Chu Chung Nam Alphonse	SMCESPS
	4	Wong Siu Tung	CSWCSS
	5	Heung Ho Yeung	DBS
	6	Tsang Pui Tin	YCKMC
	7	Pang Cheuk Yin Justin	WYHK

Event 12	Girls C Grade 200m		9:45am
	Record : 25.85		
Final	1	Chan Ka Wing Julie	DGS
	2	Yip Man Yan	HKUGA
	3	Chan Hui Wing Nuria	MCS
	4	Yu Tsz Lam	GHS
	5	Lee Tsz Yiu	GHS
	6	Hui Ching Grace	HYS
	7	Chan Ching Man	HKUGA
	8	So Sin Hau Hilary	HYS
Event 13	Girls B Grade 200m		9:45am
	Record : 24.96		
Final	1	Kwok Yee Ki	PCMS
	2	Yau Sin Ting Nicole	SPCS
	3	Wong Wan Chi	HKUGA
	4	Li Tsz To	HKUGA
	5	Chow Chi Kiu	DGS
	6	Choi Season	GHS
	7	Kwok Hiu Yan Serene	HYS
	8	Tse Hang Ki	DGS
Event 14	Girls A Grade 200m		9:45am
	Record : 25.01		
Final	1	Leung Cosette	WFN
	2	Tang Cheuk Man Serena	DGS
	3	Chan Sze Chai	DGS
	4	Chan Ling Lei	GHS
	5	Ho Chan Hung	HKUGA
	6	Tam Hoi Ching	HYS
	7	Lee Wing Yiu	HKUGA
	8	Ng Hoi Ki	HYS
Event 15	Boys B Grade Javelin		10:00am
	Record : 56.91		Standard : 25.50
Final	1	Ma Ming Sum	HPCCSS
	2	Zeng Yu Kwan	CSWCSS
	3	Liu Ho Wai	SSCS
	4	Cheng Mun Murphy	YCKMC
	5	Yang Xiancong	CHECSS
	6	Chiu Chun Hoi	WFN
	7	Wong Yi Hin	DBS
	8	Leung Kwok Fung	YCKMC
	9	Kwok Ching Ting	WYHK
	10	Tsang Cheuk Fung	WYK
	11	Leung Chun Wai Tony	LSC
	12	Tam Jeffrey Pok Hin	MSC
	13	Lee Lynus Edison	SSCS
	14	Siu Hoi Chun	LKYMS
	15	Tang Kin Hei	SMCESPS
	16	Yiu Cho Yiu	CHECSS
	17	Wong Kwong Lik Nicholas	DBS
	18	Chan Hoi Fung	CSWCSS
	19	Gurung Biram	WYK
	20	Ye Xiacong	LKYMS
	21	Cheng Pok Ho	LSC
	22	Pan Yat Long	WFN
	23	Wong Kyle	SMCESPS
	24	Wo Lok Hei	HPCCSS

Event 16	Boys C Grade 200m		10:00am
	Record : 22.59		
Final	1	Chan Yat Nam	WYHK
	2	Koo Cheuk Fung Jasper	DBS
	3	Wong Kwok Yau	WYK
	4	Chan Thomas Lok Hin	DBS
	5	Siu Yuk Nam	LSC
	6	Cheung Cheuk Hei Isaac	MSC
	7	Lo Hoi Chun	WYK
	8	Yau Hoi Tim	HPCCSS
Event 17	Boys B Grade 200m		10:00am
	Record : 22.13		
Final	1	Chen Shun Tin	YCKMC
	2	Johannsson Magnus Prostur	DBS
	3	Kwan Yik Yin	MSC
	4	Wan Fu Wang David	WYK
	5	Lau Ka Lun Hamish	LSC
	6	Chan Ho Jun	LSC
	7	Tsui Wai Hin	WYK
	8	Iu Chun Yeung	HPCCSS
Event 18	Boys A Grade 200m		10:00am
	Record : 21.91		
Final	1	Cheung Ho Hin	DBS
	2	Yip King Wai	DBS
	3	Tam Pak Ho	LSC
	4	Chung Tsz Sing	LKYMS
	5	Kwok Jamie	LSC
	6	Chau Long Yat	CSWCSS
	7	Chan Chun Yu Lucas	WYK
	8	Wong Chun Faat	SJACS
Event 19	Girls C Grade 1500m		10:15am
	Record : 4:53.42		Standard : 6:30.00
Final	1	Lau Hei Tung Chloe	SPCS
	2	Choy Yan Yue Cheryl	PCMS
	3	Wong Yuen Chi	WFN
	4	Sundjaja Oceana	HKUGA
	5	Law Mei Hang	GHS
	6	Williams, Florence Molly	KGV
	7	Yuen Yee Huen	SSGC
	8	Ku Lok Yin	HYS
	9	Ma Gilaine	DGS
	10	Fok Jasmine Wai Ting	WFN
	11	Yip Megan Claire	SSGC
	12	Chui On Tsz	HKUGA
	13	Lam Tsz Yee	GHS
	14	Man Lai Ki	HYS
	15	Ho So Yu	DGS
	16	Searle, Brianna Elizabeth	KGV
	17	Chung Pui Ca Charis	PCMS
	18	Yeung Lok Yee Jasmine	SPCS

Event 20	Girls B Grade 1500m		10:15am
	Record : 4:37.99		Standard : 6:25.00
Final	1	Cheung King Tung	PCMS
	2	To Wing Yan	DGS
	3	Leung Hun Sum	SSGC
	4	Malkani, Kiara Kamlesh	KGV
	5	Lo Pei Ting	HYS
	6	Hui Choi Yan	PCMS
	7	Chung Hoi Yiu	WFN
	8	Ho So Wai	DGS
	9	Lightbound, Naomi	KGV
	10	Ng Sin Ying Cheryl	HKUGA
	11	Cheung Chloe	GHS
	12	Kwok Sze Ming	HYS
	13	Wong Po Yin Bonnie	MCS
	14	Chow Sin Ying	HKUGA
	15	Wong Wan Ki	GHS
	16	Chan Venice	SSGC

Event 21	Girls A Grade 1500m		10:15am
	Record : 4:53.27		Standard : 6:15.00
Final	1	Luk Sze Wing	GHS
	2	Wong Sheung Kiu	MCS
	3	Wong Jit	DGS
	4	Ngai Hei Yee	SSGC
	5	Ma Wing Yu	HYS
	6	Chan Chi Lam	MCS
	7	Chiu Kai On	SSGC
	8	Tam Hiu Ching	PCMS
	9	Siu Pui Yuet	HKUGA
	10	Lo Cheuk Yat	HYS
	11	Lee Man Chi	GHS
	12	Choy Shing Yan	PCMS
	13	Lam Kwan Yat	HKUGA
	14	Poon Sze Ching Florence	SPCS
	15	Tao Hoi Ting	DGS

Event 22	Boys C Grade Shot Put		10:30am
	Record : 14.33		Standard : 8.30
Final	1	Chan Shing Fun	SMCESPS
	2	Ng Ka Ho	CSWCSS
	3	Tang Ka Ho	YCKMC
	4	Choi Ming Hin Mathew	WYHK
	5	Tsang Chun Hui	SWC
	6	Chan Lut Yin	WYK
	7	Tam Kin Pan	LKYMS
	8	Cheung Lap Ngong	WFN
	9	Yip Chun Ho	WYHK
	10	Lee Ching Sing	CHECSS
	11	Wong Lok Yin	DBS
	12	Yiu Chin Yat	HPCCSS
	13	Yip Shing Chun Jason	WYK
	14	Chan Man Him	LSC
	15	Choi Ching Yat Elvis	CHECSS
	16	Chen James	SMCESPS
	17	Ng Ka Kit	SWC
	18	Cheung Chi Kit	LKYMS
	19	Cheng Yat Fung	YCKMC
	20	Chan Yung Yuen	LSC
	21	Lau Lap Yan	MSC
	22	Yan Jason Tsz Shing	WFN
	23	Wong Cheuk Hei	DBS
	24	Chen Lap Hin	CSWCSS
	25	Leung Chiu Ming	HPCCSS

Event 23	Girls C Grade 100m Hurdles (F)		10:40am
	Record : 15.23		
Final	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		

Event 24	Girls B Grade 100m Hurdles (F)		10:40am
	Record : 14.42		
Final	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		

Event 25	Girls A Grade 100m Hurdles (F)		10:40am
	Record : 14.30		
Final	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		

Event 26	Boys C Grade 100m Hurdles (F)		10:55am
	Record : 13.57		
Final	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		
Event 27	Boys B Grade 100m Hurdles (F)		10:55am
	Record : 13.25		
Final	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		
Event 28	Boys A Grade 110m Hurdles (F)		10:55am
	Record : 13.63		
Final	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		
Event 29	Girls A Grade High Jump		11:00am
	Record : 1.74		Standard : 1.30
Final	1	Leung Yoanna	HKUGA
	2	Chow Hei Tung Xena	GHS
	3	Yun Bernice Lok Kwan	MCS
	4	Lee Pui Pui	HYS
	5	Tse Yu Sum Maisie	MCS
	6	Siu Annissa	DGS
	7	Ching Po Tin Kaly	SPCS
	8	Yu Hei Man	HKUGA
	9	Ko Charis	DGS
	10	Wong Hoi Ling Vivian	GHS
	11	Mo Hoi Yan	HYS
	12	Li Zai Qing	WFN
	13	Li Yik Tung Farrah	SPCS

Event 30	Boys A Grade Javelin		11:30am
	Record : 62.06		Standard : 30.00
Final	1	Chung Ching Ho	WFN
	2	Hong Ka Yin	LKYMS
	3	Situ Wing Pan	SWC
	4	Chow Chi Hang	YCKMC
	5	Chan Kai Hin	CSWCSS
	6	Chan Ka Hei	WFN
	7	Siu Man Sing	DBS
	8	Tse Tak Chi	LSC
	9	Li Tsz Yau	SJACS
	10	Yau Marc	DBS
	11	Chong Wing Yat Carlos	WYHK
	12	Leung Sum Yi	WYK
	13	Hung Ho Ting	LSC
	14	Wong Nok Him	SMCESPS
	15	Chan Ka Wing	SWC
	16	Lai Tsz Ho	HPCCSS
	17	Yeung Ho Wang	WYHK
	18	Wan Chun Kiu	YCKMC
	19	Yip Pui Chung	CSWCSS
	20	Fan Kwok Kuen	LKYMS
	21	Lee Ho Yin	CHECSS
	22	Lee Clement	HPCCSS
	23	Mui Godwin Yan Ming	SMCESPS
	24	Lam Cheuk Hei	WYK
	25	Law Cheuk Hin	MSC
	26	Lee Kai Chun	SJACS
	27	Cheng Lik Wang	CHECSS

Event 31	Boys C Grade Long Jump		1:00pm
	Record : 6.27		Standard : 4.55
Final	1	Yeung Hoi To	LKYMS
	2	Ng Wai Tsun	YCKMC
	3	Lam Pak Yui	WYHK
	4	Li Cheuk Long	LSC
	5	Fu Shun Ngai	SWC
	6	Yeung Tsz Hong	SJACS
	7	Ng Chi Tin	CSWCSS
	8	Shing Ka Hei	DBS
	9	Poon Wai Sum	LSC
	10	Yu Yuk Sing	SJACS
	11	Au Yeung Tin	WYK
	12	Yick Yu Lam	LKYMS
	13	Ali Kasim	SMCESPS
	14	Huang Zi Ling	CHECSS
	15	Mak Wai Lok	WYHK
	16	Lau Kwok Hay	HPCCSS
	17	Chow Cheuk Him	WFN
	18	Lau Cheung Yin	SWC
	19	Law Yik Fung	YCKMC
	20	Cheung Marcus	WFN
	21	Zhu Zixi	SSCS
	22	Ng Shing Lok	CSWCSS
	23	Fan Cheuk Nam	CHECSS
	24	Lee Hei Long	MSC
	25	Lee Long Yui	HPCCSS
	26	Lam Ho Fung	WYK
	27	Huang Chun Yu	DBS
	28	Leung Tsz Hin Bosco	SMCESPS

Event 32	Boys B Grade Triple Jump		1:00pm
	Record : 13.67		Standard : 10.50
Final	1	Yeung Man Long	HPCCSS
	2	Chan Chung Yin	WYK
	3	Lo Nok Him	WFN
	4	Mok Nai Tin Victor	SMCESPS
	5	Seeto Shun Yin	CHECSS
	6	Liang Jiawei	LKYMS
	7	Chen Kwun Wai	YCKMC
	8	Yau Tsan For Magnus	SJACS
	9	Chan Nok Yin	SWC
	10	Chan Ho Jun	LSC
	11	Leung Kin Wang	DBS
	12	Lui Lap Yan	LKYMS
	13	Wong Kwun Ho	WFN
	14	Siew Hok Rui	SMCESPS
	15	Li Kai Chun	CSWCSS
	16	Chan Ho Tsun	YCKMC
	17	Chan Pok Him	HPCCSS
	18	Huang Yu Zhou	MSC
	19	Chan Pak Kin	CHECSS
	20	Wong Ting Hin	WYK
	21	Wong Yuen King	CSWCSS
	22	Lam Wai Lok	LSC
	23	Chan Ka Shing	DBS

Event 33	Girls B Grade Javelin		1:00pm
	Record : 42.92		Standard : 17.80
Final	1	Lam Milla	SSGC
	2	Choi San Yi	WFN
	3	Lee Yuet Hei	HKUGA
	4	Lin Hui Yee	SPCS
	5	Chung Yan Ting Jennifer	GHS
	6	Leung Wai Yan Natalie	MCS
	7	Lui Tung Tung	HYS
	8	Siu Ho Kiu	WFN
	9	Wong Sum Yin Jada	DGS
	10	Wu Pak Shun	SSGC
	11	Hui Cyrene	MCS
	12	Lo Wing Miu	PCMS
	13	Tse Sau Lam Bernice	DGS
	14	Kwok Huen	HYS
	15	Kwong Sum Yuet	PCMS
	16	Cheng Lok Yiu	GHS
	17	Leung Hoi Ying	HKUGA
	18	Yue Sze Wing Sherise	SPCS

Event 34	Girls C Grade 400m		1:00pm
	Record : 58.78		
Final	1	Chan Pak Yin	HYS
	2	Cheuk Nim Yan	DGS
	3	Lee Tsz Yiu	GHS
	4	Lau Valerie	HYS
	5	Chan Ching Man	HKUGA
	6	Tseng Hailey	DGS
	7	Ngai Yu Chuen	GHS
	8	Worthington, Poppy Mei	KGV

Event 35	Girls B Grade 400m	1:00pm
	Record : 57.29	
Final	1	Fisher, Emily Charlotte KGV
	2	Karlsson Jane Christa Ming Suet DGS
	3	Chow Chi Kiu DGS
	4	Chan Lok Ching HKUGA
	5	Choi Season GHS
	6	Casey, Sadie Marie KGV
	7	Kwok Hiu Yan Serene HYS
	8	Chan Sum Yau GHS
Event 36	Girls A Grade 400m	1:00pm
	Record : 57.37	
Final	1	Lee Rachel Man Hang HYS
	2	Chan Ling Lei GHS
	3	Wu Ying Qiao DGS
	4	Ho Nok Lam DGS
	5	Cheung Priscilla SSGC
	6	Lee Pui Pui HYS
	7	Ng Yan Yuet GHS
	8	Wong Tsz Ching PCMS
Event 37	Boys C Grade 400m	1:15pm
	Record : 51.23	
Final	1	Lam Yu Hin LSC
	2	Chan Thomas Lok Hin DBS
	3	Wong Ho Chuen Hugo DBS
	4	Cheung Cheuk Hei Isaac MSC
	5	Lee Tin Yui MSC
	6	Tam Yuk Wang SSCS
	7	Xie Shing Chun LKYMS
	8	Zeng Yuen Cho HPCCSS
Event 38	Boys B Grade 400m	1:15pm
	Record : 49.72	
Final	1	Tsang Man Chi DBS
	2	Kwan Yik Yin MSC
	3	Tsui Wai Hin WYK
	4	Chen Shun Tin YCKMC
	5	Cheung Hoi Hin Onix WYK
	6	Kam Yu Hong HPCCSS
	7	Cheng Ho Lam HPCCSS
	8	Fong Chun Kit Jacky LSC
Event 39	Boys A Grade 400m	1:15pm
	Record : 49.92	
Final	1	Law Tsz Chun HPCCSS
	2	Lau Tsun San DBS
	3	Chu Lok Yin DBS
	4	Wong Chun Faat SJACS
	5	Mook Chin Pui Justin MSC
	6	Slattery Matthew Luke LSC
	7	Wong Chun Hin HPCCSS
	8	Ho Lai Yin CSWCSS

Event 40	Girls C Grade 100m		1:30pm
	Record : 12.48		
Final	1	Lau Tsoi Wing Zoie	DGS
	2	Chan Hui Wing Nuria	MCS
	3	Wong Wing Tung	HYS
	4	Yu Tsz Lam	GHS
	5	Yip Man Yan	HKUGA
	6	Hui Ching Grace	HYS
	7	Chan Ka Wing Julie	DGS
	8	Chung Tsz Wai Brietta	HKUGA
Event 41	Girls B Grade 100m		1:30pm
	Record : 11.89		
Final	1	Casey, Sadie Marie	KGV
	2	Pak Hoi Man Chloe	DGS
	3	Yu Pui Yi	GHS
	4	Yau Sin Ting Nicole	SPCS
	5	Li Tsz To	HKUGA
	6	Wong Wan Chi	HKUGA
	7	Kwok Yee Ki	PCMS
	8	So Wai Ki	GHS
Event 42	Girls A Grade 100m		1:30pm
	Record : 11.85		
Final	1	Ng Hoi Ki	HYS
	2	Tang Cheuk Man Serena	DGS
	3	Chan Sze Chai	DGS
	4	Ho Chan Hung	HKUGA
	5	Tam Hoi Ching	HYS
	6	Lee Wing Yiu	HKUGA
	7	Ng Wing Shan	GHS
	8	Ng Wing Yee	GHS
Event 43	Boys C Grade 100m		1:45pm
	Record : 11.21		
Final	1	Wong Lai Fung	LSC
	2	Koo Cheuk Fung Jasper	DBS
	3	Wong Kwok Yau	WYK
	4	Lam Ho Fung	WYK
	5	Huang Chun Yu	DBS
	6	Siu Yuk Nam	LSC
	7	Leung Tsz Hin Bosco	SMCESPS
	8	Yip Chun Ho	WYHK
Event 44	Boys B Grade 100m		1:45pm
	Record : 11.02		
Final	1	Iu Chun Yeung	HPCCSS
	2	Johannsson Magnus Prostur	DBS
	3	Wan Fu Wang David	WYK
	4	Leung Ching Hang Wesley	DBS
	5	Chan Man Tik	WYK
	6	Yeung Tsz Fung	LSC
	7	Lau Ka Lun Hamish	LSC
	8	Ho Yan Lok	SJACS

Event 45	Boys A Grade 100m		1:45pm
	Record : 10.60		
Final	1	Chau Long Yat	CSWCSS
	2	Yip King Wai	DBS
	3	Chung Tsz Sing	LKYMS
	4	Cheung Ho Hin	DBS
	5	Kwok Jamie	LSC
	6	Tam Pak Ho	LSC
	7	Liu Hiu Long	HPCCSS
	8	Chan Tsz Wai	SJACS
Event 46	Boys A Grade High Jump		2:00pm
	Record : 2.01		Standard : 1.60
Final	1	Xian Chi Lai	LKYMS
	2	Chan Lok Kan	DBS
	3	Nwadike Sheldon Ifeanyichukwu Chikwado	LSC
	4	Wong King	SJACS
	5	Chow Pak Him	CSWCSS
	6	Wong Tsz Hong	SMCESPS
	7	Tsang Chun Kit	SWC
	8	Cheng Tak Chi	WYHK
	9	Ng Chun Kam	HPCCSS
	10	Tao Tsz Sum	WYHK
	11	Lo Cheuk Nam Alec	CHECSS
	12	Wong Tsun Fung Frank	WFN
	13	Lam Cheuk Hei	WYK
	14	Tse Tak Chi	LSC
	15	Yip Shing Yau	SMCESPS
	16	Tsang Tsz Chun Joshua	LKYMS
	17	Leung Toby E-Hei	SSCS
	18	Che Hau Nam	DBS
	19	Kam Chi Kin Jason	WYK
	20	Li Ching Nam	CSWCSS
	21	Wong Wai Shun Marcus	HPCCSS
	22	Tsang Sze Kwan	YCKMC
	23	Ng Cheuk Hei Isaac	MSC
	24	Liu Yi Qin	CHECSS
Event 47	Girls C Grade Shot Put		2:00pm
	Record : 10.59		Standard : 7.00
Final	1	Ng Yan Ki	HYS
	2	Yiu Tsz Wai Gisele	GHS
	3	Lui Pak Yi	WFN
	4	Sze Hiu Tung	DGS
	5	Ng Tsz Kwai Venus	MCS
	6	Kobayashi, Momoka	KGV
	7	Wong Tsz Ching Adas	HKUGA
	8	Chan Tung Yan Samantha	GHS
	9	Liu Leanna Man Ching	DGS
	10	Shai Cheuk Ying	PCMS
	11	Joshi, Manya Umesh	KGV
	12	Cheung Hoi Ching	SPCS
	13	Li Yi Suen Annabel	HKUGA
	14	Cheng Hei Yu Grace	SSGC
	15	Leung Wa Yan	HYS
	16	Huang Tsz Lam Ashley	WFN
	17	Fung Nicole Jane	SPCS
	18	Lam Hau Man	MCS
	19	Cheung Tsz Yuet	SSGC

Event 48	Boys C Grade 1500m		2:00pm
	Record : 4:30.03		Standard : 5:25.00
Final 1	1	Kwok Kin Wai	CSWCSS
	2	Kan Ethan	YCKMC
	3	Sy Kwan Hon Johann	DBS
	4	Wong Kwok Kwan	WYHK
	5	Liu Tsz Hang	WYK
	6	Kwan Chun Hei	SMCESPS
	7	Wong Ngo	LKYMS
	8	Han Tsun Kwong	HPCCSS
	9	Ng Yam Lok	SWC
	10	Lok Ching Ho	CHECSS
	11	Ma Yong Qiang	WFN
	12	Chow Nathan Ching Kiu	SSCS
	13	Gao Ming Ho	LSC
Final 2	1	Cheng On Zit	WYK
	2	Tang Yik Long	LSC
	3	Lo Ho Ming	WFN
	4	Chan Ka Hei Cyrus	CSWCSS
	5	Wang Nok Wang	DBS
	6	Law Tsun Lam	WYHK
	7	Chan Chik Hung	HPCCSS
	8	Chan Cheuk Gee	SWC
	9	Yuen Pak Hei	CHECSS
	10	Thai Klemens	SMCESPS
	11	Fung Nok Yin	MSC
	12	Xu Haojia	YCKMC
	13	Luk Hoi	LKYMS
Event 49	Boys B Grade 1500m		2:00pm
	Record : 4:12.07		Standard : 5:04.00
Final 1	1	Fong Yuk Ning Matthew	LSC
	2	Chiu One	CHECSS
	3	Wong Kai Yin	SJACS
	4	Chan Yui Fung	DBS
	5	Tung Fu Shing	YCKMC
	6	Yu Chun Hei	CSWCSS
	7	Au Chun Ning Gabriel	WYHK
	8	Feld Oskar Michel Henri	SMCESPS
	9	Wong Pak Yiu Anson	MSC
	10	Lee Tsz Ip	LKYMS
	11	Chow Man Hei	HPCCSS
	12	Yip Chung Hin	WFN
	13	Chan Ching Hei	WYK
	14	Yau Ching Hei	SSCS
	15	Wong Shek Fai	SWC

Final 2	1	Sze Pak Wing Owen	DBS
	2	Cheung Yu Hei	WFN
	3	Ho Matthew	SMCESPS
	4	Sy Nok Him	SSCS
	5	Ng Chun Wai	HPCCSS
	6	Chan Matthew	YCKMC
	7	Lei Ka Hing	LKYMS
	8	Ng Pak Yin	LSC
	9	Lam Chin Wang	CHECSS
	10	Woo Alvin	SJACS
	11	Chen Kin Ming	SWC
	12	Cheng Hei Chit Jason	CSWCSS
	13	Po Cheuk Him	WYK
	14	Tsui Yat Fei	WYHK
Event 50	Boys A Grade 1500m		2:00pm
	Record : 4:06.23		Standard : 5:00.00
Final 1	1	Chen Wei Xing	LKYMS
	2	Law Wai Tung	CSWCSS
	3	Zhen King Chak	SWC
	4	Dawes William Ernest	SMCESPS
	5	Chau Hoi Yeung	WYK
	6	Shu Hung Cheung	YCKMC
	7	Au Joshua Ho Kiu	DBS
	8	Chan Cheung Man	WYHK
	9	Li Ming Jun Justin	MSC
	10	Ngai Pui Shing	CHECSS
	11	Yim Kai Cheuk	LSC
	12	Lam Ho	SJACS
	13	Wong Chi Him	HPCCSS
	14	Hui Hou Ming	WFN
Final 2	1	Chan Hon Ki Keir	CHECSS
	2	Cheung Chin Lap	CSWCSS
	3	Tong Tak Sum	DBS
	4	Choi Ming Kai	SMCESPS
	5	So Theodore Clement	WFN
	6	Sun Kai Chun	LSC
	7	Tong Chi Ching	HPCCSS
	8	Chor Wai Pang	YCKMC
	9	Cheng Man Ho	WYK
	10	Pang Tsz Yin	WYHK
	11	Guo Chi Shun	SJACS
	12	Lau Cheuk Wang	LKYMS
	13	Ho Ivan Bellagio Yui	SSCS
Event 51	Girls A Grade Javelin		2:30pm
	Record : 47.16		Standard : 19.00
Final	1	Cheng Wing Chi Angelina	DGS
	2	Yung Samantha	PCMS
	3	Lo Yui Chit Ashley	GHS
	4	Cheung Shun Yu	SPCS
	5	Lee Lok Yiu	HYS
	6	Pong Tin Yan Elly	DGS
	7	Chen Sze Ki	HKUGA
	8	Lam Yan Nam	GHS
	9	Leung Sin Ki Christie	MCS
	10	Chiu Yi Shun	HYS
	11	Fung Tsz Yui	WFN
	12	Lai Wai Nam	SPCS

Event 52	Girls C Grade 4x100m Relay	2:35pm
	Record : 50.33	
Final	1	KGV
	2	HYS
	3	GHS
	4	HKUGA
	5	MCS
	6	DGS
	7	SPCS
	8	SSGC
Event 53	Boys C Grade 4x100m Relay	2:35pm
	Record : 45.05	
Final	1	SSCS
	2	DBS
	3	WYK
	4	LSC
	5	WYHK
	6	CSWCSS
	7	HPCCSS
	8	SMCESPS
Event 54	Girls B Grade 4x100m Relay	2:35pm
	Record : 49.44	Standard : 57.00
Final	1	GHS
	2	SSGC
	3	MCS
	4	DGS
	5	HKUGA
	6	HYS
	7	PCMS
	8	KGV
Event 55	Boys B Grade 4x100m Relay	2:50pm
	Record : 43.73	
Final	1	SSCS
	2	DBS
	3	LSC
	4	WYK
	5	HPCCSS
	6	SJACS
	7	CHECSS
	8	CSWCSS
Event 56	Girls A Grade 4x100m Relay	2:50pm
	Record : 48.77	Standard : 56.80
Final	1	HKUGA
	2	MCS
	3	PCMS
	4	HYS
	5	DGS
	6	SSGC
	7	GHS

Event 57	Boys A Grade 4x100m Relay	2:50pm
	Record : 42.16	
Final	1	WYK
	2	LSC
	3	DBS
	4	CSWCSS
	5	LKYMS
	6	HPCCSS
	7	WYHK
	8	YCKMC
Event 58	Girls C Grade 4x400m Relay	3:05pm
	Record : 4:15.44	Standard : 5:05.00
Final 1	2	SSGC
	3	SPCS
	4	KGV
	5	DGS
	6	HYS
Final 2	2	WFN
	3	GHS
	4	PCMS
	5	HKUGA
Event 59	Boys C Grade 4x400m Relay	3:05pm
	Record : 3:45.03	Standard : 4:20.00
Final 1	1	CSWCSS
	2	LKYMS
	3	SJACS
	4	SSCS
	5	YCKMC
	6	LSC
	7	DBS
	8	SMCESPS
Final 2	1	WYHK
	2	MSC
	3	HPCCSS
	4	WFN
	5	SWC
	6	WYK
	7	CHECSS
Event 60	Girls B Grade 4x400m Relay	3:05pm
	Record : 4:07.74	Standard : 5:00.00
Final	1	KGV
	2	GHS
	3	PCMS
	4	HYS
	5	HKUGA
	6	DGS
	7	SSGC
	8	WFN

Event 61	Boys B Grade 4x400m Relay	3:45pm
	Record : 3:33.81	Standard : 4:02.00
Final 1	1	CHECSS
	2	WYK
	3	LSC
	4	SWC
	5	DBS
	6	HPCCSS
	7	LKYMS
Final 2	1	SMCESPS
	2	SJACS
	3	YCKMC
	4	WYHK
	5	CSWCSS
	6	WFN
	7	SSCS
Event 62	Girls A Grade 4x400m Relay	3:45pm
	Record : 4:07.82	Standard : 4:55.00
Final 1	2	WFN
	3	HYS
	4	SSGC
	5	HKUGA
	6	MCS
Final 2	2	DGS
	3	PCMS
	4	KGV
	5	GHS
Event 63	Boys A Grade 4x400m Relay	3:45pm
	Record : 3:25.68	Standard : 3:54.00
Final 1	1	SJACS
	2	LKYMS
	3	DBS
	4	SSCS
	5	HPCCSS
	6	WYHK
	7	SWC
Final 2	1	WFN
	2	CSWCSS
	3	WYK
	4	LSC
	5	CHECSS
	6	SMCESPS
	7	YCKMC