#### Inter-School Athletics Competition 2021-2022

#### **Division One**

#### **Official List**

Convenor: Mr. Tse Chun Ming (WYK)

Management Committee : Mr. Ng Chi Wai Ms. Chung Ling Sau (CSWCSS) (PCMS)

> Mrs. Miranda Iu Mr. Chan Man Kit (CHECSS) (SPCS) Mr. Chan Chin Wan Mr. Watson Ng (GHS) (WYHK)

Ms. Lee Wai Chi Vicky (HPCCSS)

Marshal : Management Committee Members **Technical Advisors** : Mr. Tang Kun Loi & Mr. Kot Hin Tak

First Aid : Auxiliary Medical Service

Recorders : Mr. Eric Ho & Diocesan Girls' School Recorders

Stewards : BOCHK Schools Sports Volunteers

2. Ms. Vivian : 1. Ms. Janice Cheung Announcers (HYS) (HYS)

#### **Field Events**

: Mr. Ho Ho Yee, Alex Field Event Referee (HKAAA Referee)

High Jump 1 : 1. Mr. Lai Chiu Lun (GHS) - Chief 2. Mr. Fung Ho Yin (MSC)

High Jump 2 : 1. Mr. Wong Chi Tang Charlton (SWC) - Chief 2. Mr. Ho Mau Wang (DBS)

(CHECSS) - Chief Long Jump 1 : 1. Mr. Chan Man Kit 3. Ms. Leung Mei Kei (HKUGA)

> 2. Mr. Kevin Cheong (SSCS)

: 1. Mr. Chim Ha Chuen (SJACS) - Chief 3. Mr. Lee Chi Wai (LKYMS)

4. Ms. Chung Wai Wa

3. Mr. Ken Kwok

4. Ms. Chow Tsui Mei

(DBS)

(MCS)

(SWC)

Triple Jump

Long Jump 2 +

2. Ms. N.Ng 4. Mr. Luk Dick Sang Dickson (PCMS) (DGS)

Shot Put 1 : 1. Mr. Yiu Yu Kei (SMCESPS) - Chief

2. Mr. Leung Yu Tang

2. Ms. Lam Ting Kan (SPCS) 4. Ms. Lau Tsz Ching (SSGC)

Shot Put 2 : 1. Ms. Grace Chau (MCS) - Chief

3. Mr. Szeto Man Ho (LSC)

Discus : 1. Mr. Watson Ng (GHS) - Chief 3. Mr. Chung Chi Kwan Alan (SJACS)

> 2. Mr. Ho Hoi Ning (SMCESPS) 4. Ms. Chau Sau Ying (HPCCSS)

(CHECSS) - Chief Javelin : 1. Mr. Chan Chun Yu 3. Mr. Wu Zhuojing (CSWCSS)

(CSWCSS)

2. Ms. Li Ho Lam (LKYMS) 4. Ms. Li Ki Yan (SSGC)

#### **Track Events**

	Track Event Referee :	Mr. Chan Man Hau, F	Ronn	ie (HKAAA Referee)	
Starters	1. Mr. Chan Chin Wan	(WYHK)	2.	Mr. Kwong Kwan Yin	(WYK)
Recall Starters	1. Mr. Yannick Wong	(KGV)	2.	Mr. Chan Man Keung	(YCKMC)
Starters' Assistants	1. Mr. Fung Ho Tin	(LSC)	2.	Mr. Chow Ka Wa	(YCKMC)
Call Room Judges	1. Ms. Lee Wai Chi Vicky	(HPCCSS) - Chief			
(Roll Call)	2. Mr. Paul Li	(WYHK)	3.	Ms. Scarlet Ip	(KGV)
Track Umpires	1. Mrs. Miranda Iu	(SPCS) - Chief	5.	Mr. Ma Tsz Chung	(WFN)
	2. Mr. Mok Kwan Kiu	(PCMS)	6.	Ms. Li Sau Sau Esther	(HKUGA)
	3. Mr. Wong Kin Kan	(WYK)	7.	Ms. Stephanie Lam	(SSCS)
	4. Mr. Kwan Yat Long	(MSC)	8.	Ms. Wong Ka Yee	(WFN)
Timekeepers Wind Gauge Operators	BOCHK Schools Sports Volunte Diocesan Boys' School Timing T BOCHK Schools Sports Volunte Wah Yan College (Kowloon) Str	Ceam eers			
Relay Take Over Judges	: 4 x 100m First Take Over (Day C	One)	<u>4 x</u>	100m First Take Over (Day	<u>Two)</u>
	1. Mr. Wong Chi Tang Charlton	(SWC)	1.	Mr. Kevin Cheong	(SSCS)
	2. Mr. Ho Mau Wang	(DBS)	2.	Ms. Chung Wai Wa	(DBS)
	3. Mr. Kevin Cheong	(SSCS)	3.	Ms. N.Ng	(DGS)
	4. Ms. Leung Mei Kei	(HKUGA)	4.	Mr. Luk Dick Sang Dickson	(PCMS)
	5. Mr. Chim Ha Chuen	(SJACS)	5.	Mr. Watson Ng	(GHS)
	6. Ms. N.Ng	(DGS)	6.	Mr. Ho Hoi Ning	(SMCESPS)
	7. Mr. Lee Chi Wai	(LKYMS)	7.	Mr. Chung Chi Kwan Alan	(SJACS)
	8. Mr. Luk Dick Sang Dickson	(PCMS)	8.	Ms. Chau Sau Ying	(HPCCSS)
	4 x 100m Second Take Over		<u>4 x</u>	100m Third Take Over	
	1. Mrs. Miranda Iu	(SPCS)	1.	Mr. Ma Tsz Chung	(WFN)
	2. Mr. Mok Kwan Kiu	(PCMS)	2.	Ms. Li Sau Sau Esther	(HKUGA)
	3. Mr. Wong Kin Kan	(WYK)	3.	Ms. Stephanie Lam	(SSCS)
	4. Mr. Kwan Yat Long	(MSC)	4.	Ms. Wong Ka Yee	(WFN)
	5. Ms. Lam Ting Kan	(SPCS)	5.	Mr. Leung Yu Tang	(CSWCSS)
	6. Ms. Lau Tsz Ching	(SSGC)	6.	Ms. Chow Tsui Mei	(SWC)
	4 x 400m Break Line & Take Ov	ver Judges			
	1. Mrs. Miranda Iu	(SPCS)			
	2. Mr. Mok Kwan Kiu	(PCMS)			
	3. Mr. Wong Kin Kan	(WYK)			
	4. Mr. Kwan Yat Long	(MSC)			
	5. Mr. Ma Tsz Chung	(WFN)			
	6. Ms. Li Sau Sau Esther	(HKUGA)			
	7. Ms. Stephanie Lam	(SSCS)			

8. Ms. Wong Ka Yee (WFN)

#### **Time Table**

Divison One

Day One 07 June 2022

8:15am Officials report to duty

This timetable serves as a guide only. The actual event may be held ahead or behind the scheduled time. Competitors are requested to turn up at least 1 hour before the scheduled time of the event.

	No.	Time	Event			No. Heats	No. Fnlists
AM	1	8:30am	High Jump		Girls C		15
	2		Discus	Boys C			25
	3		400m Hurdles	Boys A			3
	4	9:00am	@ Long Jump		Girls A		17
	5		# Long Jump	Boys A			27
	6		Shot Put	Boys A			26
	7		3000m	Boys B			24
	8	9:25am	5000m	Boys A			21
	9	10:00am	Discus	Boys B			28
	10		100m		Girls C	3	
	11		"		Girls B	3	
	12		"		Girls A	3	
_	13	10:30am	11	Boys C		4	
_	14		"	Boys B		4	
_	15		"	Boys A		4	
	16	11:00am	High Jump	Boys C			24
	17		Shot Put		Girls A		14
_	18	11:10am	400m		Girls C	3	
_	19		"		Girls B	3	
_	20		"		Girls A	2	
_	21	11:30am	Discus		Girls B		18
_	22	11:50am	400m	Boys C		4	
_	23		"	Boys B		4	
_	24		"	Boys A		4	
PM	25	1:00pm	@ Long Jump		Girls B		18
	26		# Long Jump	Boys B			28
	27		Discus		Girls C		18
	28	1:45pm	200m		Girls C	3	
	29		"		Girls B	3	
_	30		"		Girls A	2	
_	31	2:00pm	High Jump	Boys B			24
_	32		Shot Put	Boys B			27
	33	2:25pm	200m	Boys C		4	
	34			Boys B		4	
_	35	2.20	D:	Boys A		4	27
_	36	2:30pm	Discus	Boys A	G: 1, G		27
_	37	3:15pm	800m		Girls C		2
_	38		"		Girls B		2
_	39	2.50	11	D C	Girls A		1
_	40	3:50pm	II .	Boys C			2
	41		n .	Boys B			2
	42	4.25		Boys A	Circle C	2	2
	43	4:25pm	4x100m Relay	D C	Girls C	2	
_	44			Boys C	Cirl. D	2 2	
_	45	5:00nm		Dor: D	Girls B		
_	46	5:00pm	"	Boys B	Cinl. A	2	
_	47		"	Pores A	Girls A	2	
	48			Boys A		2	

#### Remarks

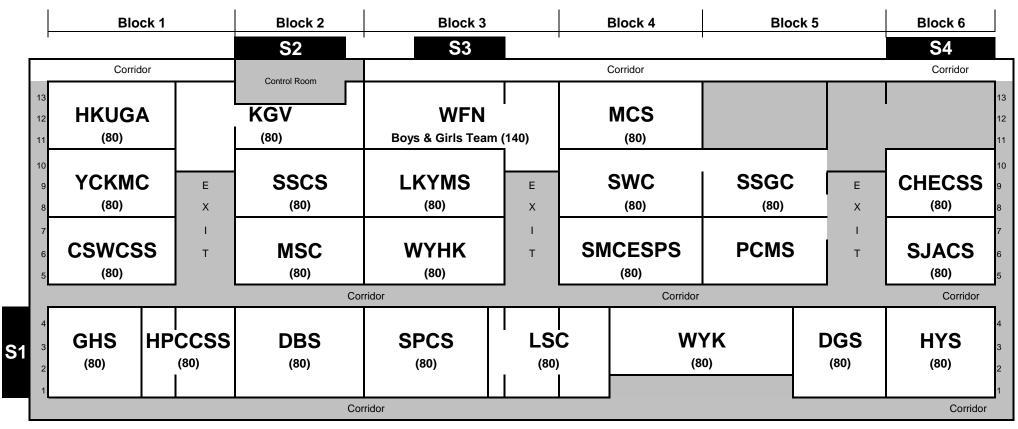
<sup>#</sup> Report to the Long Jump Venue

<sup>@</sup> Report to the Triple Jump Venue

### List of Participating Schools of Division One

			Boys		Girls				
	School			Α	В	С	Α	В	С
1	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	CSWCSS	1	1	1			
2	Choi Hung Estate Catholic Secondary School	彩虹邨天主教英文中學	CHECSS	1	1	1			
3	Diocesan Boys' School	拔萃男書院	DBS	1	1	1			
4	Diocesan Girls' School	拔萃女書院	DGS				1	1	1
5	Good Hope School	德望學校	GHS				1	1	1
6	Heep Yunn School	協恩中學	HYS				1	1	1
7	HKUGA College	港大同學會書院	HKUGA				1	1	1
8	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	HPCCSS	1	1	1			
9	King George V School	英皇佐治五世學校	KGV				1	1	1
10	La Salle College	喇沙書院	LSC	1	1	1			
11	Lee Kau Yan Memorial School	李求恩紀念中學	LKYMS	1	1	1			
12	Maryknoll Convent School	瑪利諾修院學校(中學部)	MCS				1	1	1
13	Munsang College	民生書院	MSC	1	1	1			
14	Pui Ching Middle School	香港培正中學	PCMS				1	1	1
15	St. Joseph's Anglo-Chinese School	聖若瑟英文中學	SJACS	1	1	1			
16	St. Margaret's Co-Educational English Secondary and Primary School	聖瑪加利男女英文中小學	SMCESPS	1	1	1			
17	St. Paul's Convent School (Secondary Section)	聖保祿學校(中學部)	SPCS				1	1	1
18	St. Stephen's College	聖士提反書院	SSCS	1	1	1			
19	St. Stephen's Girls' College	聖士提反女子中學	SSGC				1	1	1
20	STFA Seaward Woo College	順德聯誼總會胡兆熾中學	SWC	1	1	1			
21	TWGHs Wong Fut Nam College	東華三院黃笏南中學	WFN	1	1	1	1	1	1
22	Wah Yan College (Hong Kong)	香港華仁書院	WYHK	1	1	1			
23	Wah Yan College (Kowloon)	九龍華仁書院	WYK	1	1	1			
24	West Island School	西島中學	WIS	1	1	1	1	1	4
25	Yu Chun Keung Memorial College	余振強紀念中學	YCKMC	1	1	1			
				15	15	15	10	10	10

# Inter-School Athletics Competition 2021-2022 Seating Allocation Division One



Keep Clear Staircase

#### Standard for Athletics (Division One ) 2021-2022

		Boys		Girls			
Event	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade	
100m	12.20	12.50	13.30	14.50	14.60	15.00	
200m	25.50	26.40	27.50	30.50	30.80	31.50	
400m	57.80	1:00.00	1:04.00	1:12.50	1:13.00	1:14:50	
800m	2:20.00	2:23.00	2:32.00	2:55:00	2:55.00	2:57.00	
1500m	5:00.00	5:04.00	5:25.00	6:15.00	6:25.00	6:30.00	
3000m	-	11:25.00	-	-	-	-	
5000m	20:00.00	-	-	-	-	-	
100m Hurdles	-	17.00	19.70	19.50	20.20	21.00	
110m Hurdles	18.50	-	-	-	-	-	
400m Hurdles	1:07.50	-	-	-	-	-	
High Jump	1.60	1.52	1.38	1.30	1.30	1.25	
Long Jump	5.45	5.05	4.55	4.10	4.00	3.80	
Triple Jump	11.20	10.50	-	-	-	-	
Shot Put	10.05	10.10	8.30	6.90	7.25	7.00	
Discus	26.00	27.00	20.00	18.80	18.00	16.00	
Javelin	30.00	25.50	-	19.00	17.80	-	
4 x 100m Relay	47.50	49.00	52.00	56.80	57.00	58.80	
4 x 400m Relay	3:54.00	4:02.00	4:20.00	4:55.00	5:00.00	5:05.00	

The followings are the specifications of the throwing events and hurdles races.

Throwing Events (Weight of Implements)

	Boys			Girls		
Event	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade
Shot Put	5 kg	4 kg	4 kg	4 kg	3 kg	3 kg
Discus	1.50 kg	1 kg	1 kg	1 kg	1 kg	1 kg
Javelin	700 gm	600 gm	-	600 gm	500 gm	-

Hurdles Races (Height of Hurdles)

	Boys			Boys Girls			
Event	A Grade	B Grade	C Grade	A Grade	B Grade	C Grade	
100m Hurdles	-	0.914 m	0.84 m	0.762 m	0.762 m	0.762 m	
110m Hurdles	0.914 m	-	-	-	-	-	
400m Hurdles	0.84 m	-	-	-	-	-	

#### **Inter-School Athletics Competition**

(Last Update : 18 March 2019)

#### **BOYS A GRADE (under 19)**

Event	Record	Year	Holder	School
100m	10.60	2017-2018	Tse Yee Hin Rico	St. Joseph's Anglo-Chinese School
200m	21.91	2016-2017	Wong Cheuk Hei Herry	Yu Chun Keung Memorial College
400m	49.92	2015-2016	Ajaz-Ul-Haq	St. Margaret's Co-Educational English Secondary and Primary School
800m	1:55.58	2015-2016	Leung Ho Chun	Wah Yan College (Kowloon)
1500m	4:06.23	2015-2016	Wong Tsz To	Diocesan Boys' School
5000m	15:37.60	2017-2018	Tse Chun Yin	Diocesan Boys' School
110m Hurdles (0.914m)	13.63	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)
400m Hurdles (0.84m)	52.86	2015-2016	Cheung Wang Fung	Wah Yan College (Kowloon)
4 x 100m Relay	42.16	2016-2017	Tsoi Hong Yuen Ma Ka Ho Lo Tsz Yuen Fong Leong Sing	Diocesan Boys' School
4 x 400m Relay	3:25.68	2017-2018	Chan Hiu Hei Ma Chi Fai Fung Sheung Wai Martin Chan Ching Fung	La Salle College
High Jump	2.01	2017-2018	Lam Hin Chak Timothy	La Salle College
Long Jump	7.36	2016-2017	Ko Ho Long	St. Joseph's Anglo-Chinese School
Triple Jump	14.82	2016-2017	Ko Ho Long	St. Joseph's Anglo-Chinese School
Shot Put (5 kg)	15.48	2016-2017	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1.50 kg)	49.69	2015-2016	Tsoi Kin San	Diocesan Boys' School
Javelin (700 gm)	62.06	2016-2017	Lam Ming Yiu	Diocesan Boys' School

#### BOYS B GRADE (under 16)

Event	Record	Year	Holder	School
100m	11.02	2016-2017	Ma Chi Fai	La Salle College
200m	22.13	2009-2010	Chan Yan Lam	Diocesan Boys' School
400m	49.72	2009-2010	Chan Yan Lam	Diocesan Boys' School
800m	2:00.69	2012-2013	Yeung Chi Ho	Creative Secondary School
1500m	4:12.07	2015-2016	Matthew Harrison Ming-Hei Tan	West Island School
3000m	9:06.64	2015-2016	Matthew Harrison Ming-Hei Tan	West Island School
100m Hurdles (0.914m)	13.25	2016-2017	Wong Lok Hei Addis	Cheung Sha Wan Catholic Secondary School
4 x 100m Relay	43.73	2012-2013	Pun Tak Cheung Lee Hong Kit Nip Ho Tin Chau Yung Ho Michael	Diocesan Boys' School
4 x 400m Relay	3:33.81	2017-2018	Fung Chi Lok Tse Cheuk Hin Yau Tse Ho Colin Wong Ching Hoi	Wah Yan College (Kowloon)
High Jump	1.96	2015-2016	Lam Hin Chak Timothy	La Salle College
Long Jump	6.92	2008-2009	Pang Ying Kit	La Salle College
Triple Jump	13.67	2008-2009	Pang Ying Kit	La Salle College
Shot Put (4 kg)	16.33	2012-2013	Yu Chung Yau	Choi Hung Estate Catholic Secondary School
Discus (1 kg)	54.18	2014-2015	Tsoi Kin San	Diocesan Boys' School
Javelin (600 gm)	56.91	2016-2017	Chien Jonathan Shou Zheng	La Salle College

#### **BOYS C GRADE (under 14)**

Event	Record	Year	Holder	School
100m	11.21	2008-2009	Wang Hao Yang	Diocesan Boys' School
200m	22.59	2007-2008	Chan Yan Lam	Diocesan Boys' School
400m	51.23	2007-2008	Chan Yan Lam	Diocesan Boys' School
800m	2:06.64	2018-2019	Slattery Matthew Luke	La Salle College
1500m	4:30.03	2018-2019	Chau Hoi Yeung	Wah Yan College (Kowloon)
100m Hurdles (0.84m)	13.57	2008-2009	Liu Chung Lung	St. Joseph's Anglo-Chinese School
4x100m Relay	45.05	2007-2008	Wong Hung Yiu Lau Ho Tung Li Lut Yin Tsu Ka Chon	La Salle College
4x400m Relay	3:45.03	2014-2015	Ma Kenneth Chun Hei Lam Ansen Ng Wing Ho Lau Chung Kei	Diocesan Boys' School
High Jump	1.86	2012-2013	Chan Yuk Tat Jeffrey	Hoi Ping Chamber of Commerce Secondary School
Long Jump	6.27	2017-2018	Law Ngai Him	CMA Secondary School
Shot Put (4 kg)	14.33	2013-2014	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1 kg)	43.58	2008-2009	Chan Ngan Chuen	Hoi Ping Chamber of Commerce Secondary School

## Inter-School Athletics Competition (Last Update : 18 March 2019)

#### GIRLS A GRADE (under 19)

Event	Record	Year	Holder	School
100m	11.85	2016-2017	Chan Pui Kei	Good Hope School
200m	25.01	2017-2018	Chan Pui Kei	Good Hope School
400m	57.37	2014-2015	Lam Christy Ho Yan	Diocesan Girls' School
800m	2:17.06	2014-2015	Chan Yee Ki	Diocesan Girls' School
1500m	4:53.27	2014-2015	Chan Yee Ki	Diocesan Girls' School
100m Hurdles (0.762m)	14.30	2015-2016	Yuen Wing Nam	Diocesan Girls' School
4 x 100m Relay	48.77	2018-2019	Chan Kei Sze Fung Anneke Chu Pui Ching Chan Pui Kei	Good Hope School
4 x 400m Relay	4:07.82	2014-2015	Chan Tak Yan Lee Suet Ying Chan Yee Ki Lam Christy Ho Yan	Diocesan Girls' School
High Jump	1.74	2018-2019	Lai Yan Hei	Good Hope School
Long Jump	5.63	2014-2015	Yiu Hoi Yan	Sacred Heart Canossian College
Shot Put (4 kg)	10.58	2017-2018	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1 kg)	36.76	2018-2019	Chan Janice	Good Hope School
Javelin (600 gm)	47.16	2013-2014	Lau Hei Ting	Good Hope School

#### GIRLS B GRADE (under 16)

Event	Record	Year	Holder	School
100m	11.89	2015-2016	Chan Pui Kei	Good Hope School
200m	24.96	2015-2016	Chan Pui Kei	Good Hope School
400m	57.29	2001-2002	Sarah Shuttleworth	King George V School
800m	2:15.76	2000-2001	Sarah Shuttleworth	King George V School
1500m	4:37.99	2018-2019	Wright Cade Cameron	St. Stephen's Girls' College
100m Hurdles (0.762m)	14.42	2015-2016	Wu Yi Lam	Good Hope School
4 x 100m Relay	49.44	2014-2015	Au Ka Wing Leung Nga Ching Wong Yuen Nam Lam Yan Tung	Diocesan Girls' School
4 x 400m Relay	4:07.74	2018-2019	Fong Ching Lo Cheuk Yat Mak Wing Ting Ho Kin Ling	Heep Yunn School
High Jump	1.75	2009-2010	Fung Wai Yee	Sacred Heart Canossian College
Long Jump	5.61	2013-2014	Wong Yuen Nam	Diocesan Girls' School
Shot Put (3 kg)	12.25	2008-2009	Ho Florence	Good Hope School
Discus (1 kg)	38.34	2017-2018	Chan Janice	Good Hope School
Javelin (600 gm)	42.92	2011-2012	Lau Hei Ting	Good Hope School

#### GIRLS C GRADE (under 14)

Event	Record	Year	Holder	School
100m	12.48	2009-2010	Lo Ka Lam	Good Hope School
200m	25.85	2011-2012	Poon Hang Wai	Good Hope School
400m	58.78	1999-2000	Sarah Shuttleworth	King George V School
800m	2:19.72	1999-2000	Sarah Shuttleworth	King George V School
1500m	4:53.42	2018-2019	Wright Roxanne Scarlet	St. Stephen's Girls' College
100m Hurdles (0.762m)	15.23	2014-2015	Wu Yi Lam	Good Hope School
4 x 100m Relay	50.33	2018-2019	Chan Wai Ting Tang Cheuk Man Serena Pak Hoi Man Chloe Tse Hang Ki	Diocesan Girls' School
4 x 400m Relay	4:15.44	2016-2017	Mak Wing Ting Ho Kin Ling Lo Cheuk Yat Fong Ching	Heep Yunn School
High Jump	1.66	2006-2007	Wong Siu Ping	Heep Yunn School
Long Jump	5.43	2008-2009	Wu Hoi Ting Dianna	Diocesan Girls' School
Shot Put (3 kg)	10.59	2003-2004	Woo Wing Tung	Diocesan Girls' School
Discus (1 kg)	29.90	2001-2002	Chan Yu Ning	Heep Yunn School

#### **Inter-School Athletics Competition**

#### Instruction on the Use of Wan Chai Sports Ground

Heads of schools and teachers in charge of Athletics please read the following information carefully and pass the information to officials and competitors who will attend the Inter-School Athletics Competition to be conducted in the Wanchai Sports Ground.

#### 1. Safety Precaution

Competitors must leave the **FIELD** as soon as they finish their events.

Accidents can occur in Javelin and Discus events. Teachers-in-charge must emphasize to their athletes that <u>the area around the Javelin Runway and Discus circle should be kept clear at all times.</u>

<u>Competitors must station in the waiting area and can only enter the throwing area after their numbers are called.</u>

Competitors participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the start of the 200m. Provision of discus net cannot be 100% safe.

- 2. All warm up should be done in the warm up track area.
- 3. Nobody will be allowed to go inside the field (grass area) except <u>appointed officials & competitors</u> <u>of the events being held there</u>. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or students of a school do not follow this regulation, the school concerned is liable to disqualification.
- 4. The Federation wishes to emphasize that every precaution has been taken against possible risk, damage and injury to all concerned but this relies heavily on the co-operation of participating schools to point out the importance of safety to their teachers and students.

#### 5. <u>Car Park Arrangement</u>

Parking will no longer be available. Schools or officials must use nearby public car park.

#### 6. **Record Keepers' Office**

The Record Keepers' Office is located on the ground floor of the Sports Ground. Nobody will be allowed to enter the room without permission.

#### 7. **Shoes for competition**

- (A) Ordinary Training shoes or P.E. rubber shoes
- (B) Spikes shoes: (i) Track event: spikes maximum length up to 7mm.
  - (ii) Field event: spikes maximum length up to 9mm.

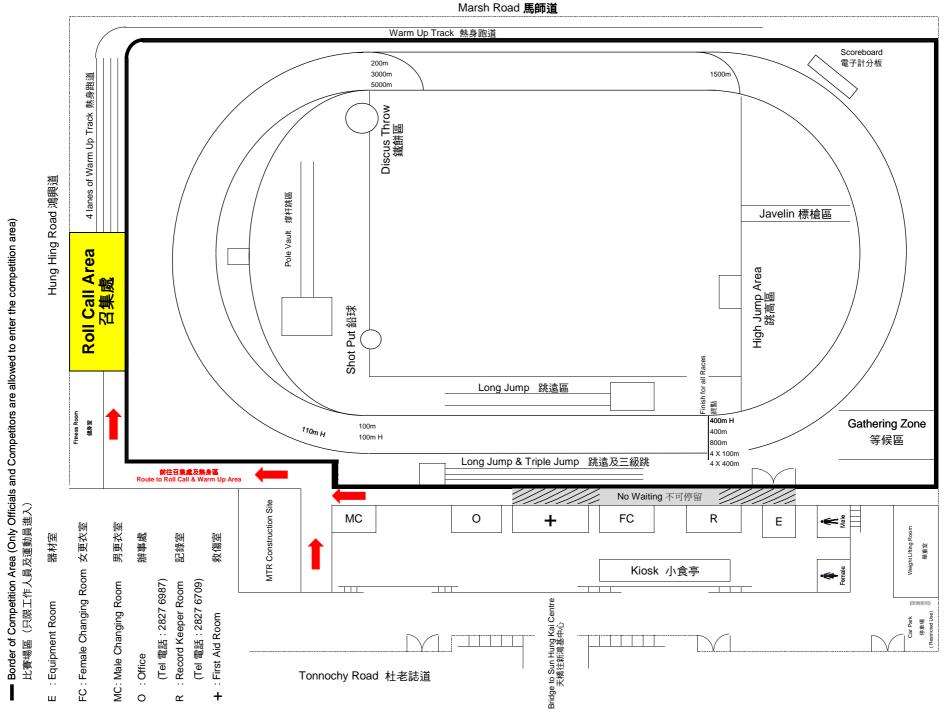
Competitors failing to observe the rules concerning the use of spikes will not be allowed to compete.

#### 8. **Refreshment Kiosk**

Neither food nor drink may be brought into the ground for sale, resale or free distribution.

(wsg)

Legend



**Crowd control measures & Check-in Arrangements** 

at the entrance of Wan Chai Sports Ground

during the Inter-School Athletics (Division One) Competition

In view of the limit on the number of users in LCSD venues (capacity to 50 per cent of the original) under existing social distancing measures, crowd control measures & check-in arrangements will need to put in

place at Wan Chai Sports Ground, with a view to limiting the users and easing the over-crowdedness of the

entrance.

Schools should pay attention and strictly follow the arrangement as below:

1. All participants must pay attention to the <u>latest government arrangements for "Vaccine Pass" of</u>

various premises (i.e Dosage Schedule for Vaccine Pass etc), and strictly comply with the guidelines

and requirements of the premises.

2. Teachers Officials, Students Helpers and Students Volunteers please arrive the venue between 07:30am –

08:00am.

3. Athletes who participating in the  $\underline{\mathbf{morning}}$  please arrive the venue between  $07.45 \,\mathrm{am} - 11.00 \,\mathrm{am}$ .

4. Athletes who participating in the **afternoon** please arrive the venue between 12:30pm – 3:30pm.

5. Athletes who participating in the afternoon only will not be allowed to enter the venue in the morning, and

vice versa.

6. Athletes have to present their identity documents (i.e valid Student Registration Card / Identity card /

Student Card etc) which match the name on the programme when entering the venue. Non registered

personnel will not be permitted to enter the venue.

7. Teacher-in-charge/ registered team manager are advised to gather their athletes for a group check-in to

shorten the process.

8. Teacher-in-charge/ registered team manager shall complete a health declaration form on behalf of his

school (one form for all participants such as athletes, teacher officials, student helpers and student

volunteers etc) and when entering the venue. Latest form will be uploaded to the website on or after  $30^{\text{th}}$ 

May 2022.

9. The Management Committee wishes to remind participating schools that do NOT send spectators to

watch the race and they'll not be allowed to enter the venue as to strictly comply with the government and

venue requirement to ensure the number of user will not exceed the existing limit.

All participating schools are kindly requested to disseminate the above arrangements to teachers, students,

parents and alumni etc. Thank you for your understanding and cooperation.

Tse Chun Ming Convenor

To : Div. I participating schools

Date: 20<sup>th</sup> May 2022

# THE HONG KONG SCHOOLS SPORTS FEDERATION Hong Kong Island & Kowloon Secondary Schools Regional Committee

**Inter-School Athletics Competition** 

# Please Scan This QR code for the competition result of today



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Inter-Secondary Schools Sports Competitions (Hong Kong Island and Kowloon) → Various Sports Information → Athletics → Programs and Results

#### Inter-School Athletics Competition 2021-2022

#### Division One

Day One 07 June 2022

Event 1	Girls C	Grade High Jump	8:30am
ivenc i	Record		Standard : 1.25
Final	1	Chan Ming Wai	GHS
111141	2	Yam Oi Ga	SPCS
	3	Xing, Fiona	KGV
	4	Law Yi Ting	DGS
	5	Wen Qing	HKUGA
	6	Ho Man Sheung Jocelyn	SPCS
	7	Yiu Hong Ching Katelyn	DGS
	8	Lam Wai Faye	MCS
	9	Xu Ching Laam	WFN
	10	Choy Ceci	HYS
	11	Fung Cheuk Li	HKUGA
	12	Li Tsz Yee	
	13		MCS HYS
	13	Ho Sze Ching Woo Sum Yau	GHS
		Tanaka, Sui	
	15	Idilaka, Sul	KGV
Event 2	Boys C	Grade Discus	8:30am
Lvenc 2	-	: 43.58	Standard : 20.00
Final	1	Lee Ka Chun	SWC
11101	2	Chan Hiu Yeung Aston	WYK
	3	Lou Chi Hin	DBS
	4	Chen Lap Hin	CSWCSS
	5	Yiu Chin Yat	HPCCSS
	6	Tang Ka Ho	YCKMC
	7	Lau Lap Yan	MSC
	8	Lau Yiu Hei	WYHK
	9	Chan Lut Yin	WYK
	10	Ng Ka Ho	CSWCSS
	11	Cheung Chi Kit	LKYMS
	12	Leung Chiu Ming	HPCCSS
	13	Chen James	SMCESPS
	14	Cheung Lap Ngong	WFN
	15	Chan Shing Fun	SMCESPS
	16	Cheng Yat Fung	YCKMC
	17	Yip Tin Ching Walter	WYHK
	18	Choi Ching Yat Elvis	CHECSS
	19	Cheung Lap Hang Lucas	LSC
	20	Yung Chun Him	SWC
	21	Leung Tong Yim	LKYMS
	21	• •	
	22	Liu In Hei	LSC DBS
		Wong Cheuk Hei	
	24	Chan Ka Him	WFN
	25	Lee Ching Sing	CHECSS

Event 3	Boys A	Grade 400m Hurdles	8:30am
	Record	: 52.86	Standard : 1:07.50
Final 1	2	Cheung Chi Kit	YCKMC
	3	Ng Tsz Fung	LKYMS
	4	Chiang Shun Ting	CHECSS
	5	Chu Chung Nam Alphonse	SMCESPS
	6	Chow Cheuk Man	HPCCSS
	7	Loh Wai Hei	LSC
Final 2	2	Chan Pak Ho	LKYMS
	3	Tse Hou Ting	HPCCSS
	4	Roeksasud Rattapum	SJACS
	5	Chan Pak Wai	SMCESPS
	6	Lee Cheuk Hei	DBS
	7	Chong Wai Chak	CSWCSS
Final 3	2	Kok Ho Fung	WYK
	3	Tsang Pui Tin	YCKMC
	4	Yip Man Ho	CHECSS
	5	Wong Siu Tung	CSWCSS
	6	Chan Yin Hei	DBS
	7	Ho Kai Shun	LSC
Event 4		Ho Kai Shun A Grade Long Jump	9:00am
Event 4		A Grade Long Jump	
Event 4 Final	Girls A	A Grade Long Jump	9:00am
	Girls A	A Grade Long Jump : 5.63	9:00am Standard : 4.10
	Girls A Record	A Grade Long Jump : 5.63 Zeng Tsz Siu	9:00am Standard : 4.10 HYS
	Girls F Record	A Grade Long Jump : 5.63 Zeng Tsz Siu Yao Hanying	9:00am Standard : 4.10 HYS PCMS
	Girls A Record 1 2 3	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching	9:00am Standard : 4.10 HYS PCMS WFN
	Girls A Record 1 2 3	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila	9:00am Standard: 4.10 HYS PCMS WFN DGS
	Girls A Record 1 2 3 4 5	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN
	Girls F Record 1 2 3 4 5	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN GHS
	Girls F Record 1 2 3 4 5 6	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam Mai Lee Yiu	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN GHS
	Girls A Record 1 2 3 4 5 6 7	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam Mai Lee Yiu Ho Lok Wai	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN GHS MCS SSGC
	Girls A Record 1 2 3 4 5 6 7 8	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam Mai Lee Yiu Ho Lok Wai Luk Ka Yee Mandy	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN GHS MCS SSGC HKUGA
	Girls A Record 1 2 3 4 5 6 7 8 9	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam Mai Lee Yiu Ho Lok Wai Luk Ka Yee Mandy Luo Tsz Yuen	9:00am Standard: 4.10  HYS PCMS WFN DGS WFN GHS MCS SSGC HKUGA HYS
	Girls A Record  1 2 3 4 5 6 7 8 9 10 11	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam Mai Lee Yiu Ho Lok Wai Luk Ka Yee Mandy Luo Tsz Yuen Chan Sze Tsai Marcia	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN GHS MCS SSGC HKUGA HYS SSGC
	Girls A Record  1 2 3 4 5 6 7 8 9 10 11 12	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam Mai Lee Yiu Ho Lok Wai Luk Ka Yee Mandy Luo Tsz Yuen Chan Sze Tsai Marcia Ng Tsz Ying	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN GHS MCS SSGC HKUGA HYS SSGC SPCS
	Girls F Record  1 2 3 4 5 6 7 8 9 10 11 12 13	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam Mai Lee Yiu Ho Lok Wai Luk Ka Yee Mandy Luo Tsz Yuen Chan Sze Tsai Marcia Ng Tsz Ying Guan Guo Yan Tiffany	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN GHS MCS SSGC HKUGA HYS SSGC SPCS MCS
	Girls F Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14	A Grade Long Jump : 5.63  Zeng Tsz Siu Yao Hanying Lum Hei Ching Wong Alisa Mila Chan Wing Ue Tam Hoi Lam Mai Lee Yiu Ho Lok Wai Luk Ka Yee Mandy Luo Tsz Yuen Chan Sze Tsai Marcia Ng Tsz Ying Guan Guo Yan Tiffany Lie Hiu Ching	9:00am Standard: 4.10 HYS PCMS WFN DGS WFN GHS MCS SSGC HKUGA HYS SSGC SPCS MCS GHS

Event 5	_	rade Long Jump	9:00am
	Record :	7.36	Standard : 5.45
Final	1	Woo Yau Hong	SWC
	2	Chan Ka Fung	LKYMS
	3	Chan Nicholas	WYHK
	4	Loong Tsz Hin	WYK
	5	Lui Pak Hei	HPCCSS
	6	Yau Sheung Hei	WYK
	7	Yang Ho Lung	CHECSS
	8	Wong Ho Ching	DBS
	9	Wong Cho Hin	CHECSS
	10	Ling Yu Hon	CSWCSS
	11	Hui Wan Kit	DBS
	12	Cheng Tak Chi	WYHK
	13	Loi Hoi Lam	LSC
	14	Leung Toby E-Hei	SSCS
	15	Mpinyuri Anthony Sindiso Taipa	SMCESPS
	16	Poon Tsz Ho	WFN
	17	Lam Nok Yin	SJACS
	18	Yuen Kin Pong	SMCESPS
	19	Li Yun Tung	YCKMC
	20	Khor Yeuk Ming Daniel	CSWCSS
	21	Ng Tsz Fung	LKYMS
	22	Zhang Chi Keung	SWC
	23	Wong Ho Lai	WFN
	24	Lee Yuk Hei	YCKMC
	25	Yiu Pak Yu	LSC
	26	Wong Chun Lung	SJACS
	27	Xu King Chun Jethro	HPCCSS
Event 6	Boys A G	rade Shot Put	9:00am
Event 6	Boys A G		Standard : 10.05
Event 6 Final	Record :	15.48 Chan Sui Hung	Standard: 10.05
	Record :	15.48 Chan Sui Hung Lin Man Kit	Standard: 10.05 SJACS DBS
	Record : 1 2 3	15.48 Chan Sui Hung Lin Man Kit Mak Kwan Yui	Standard: 10.05
	Record : 1 2 3	15.48 Chan Sui Hung Lin Man Kit	Standard: 10.05 SJACS DBS
	Record : 1 2 3	15.48 Chan Sui Hung Lin Man Kit Mak Kwan Yui	Standard: 10.05 SJACS DBS WYHK
	Record :  1 2 3 4 5 6	15.48 Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin	Standard: 10.05 SJACS DBS WYHK LKYMS
	Record : 1 2 3 4 5	15.48 Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh	Standard: 10.05 SJACS DBS WYHK LKYMS LSC
	Record :  1 2 3 4 5 6	15.48 Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS
	Record :  1 2 3 4 5 6 7	15.48 Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun	Standard: 10.05 SJACS DBS WYHK LKYMS LSC SSCS HPCCSS
	Record :  1 2 3 4 5 6 7 8	15.48  Chan Sui Hung  Lin Man Kit  Mak Kwan Yui  Hong Ka Yin  Dhaliwal Arvind Singh  Fung Justin Long Hin  Ling Man Shun  Tong Hui Wing	Standard: 10.05 SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC
	Record :  1 2 3 4 5 6 7 8 9	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun	Standard: 10.05 SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS
	Record :  1 2 3 4 5 6 7 8 9 10	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin	Standard: 10.05 SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC
	Record :  1 2 3 4 5 6 7 8 9 10 11	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK
	Record :  1 2 3 4 5 6 7 8 9 10 11 12	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan Leung Tze Hin	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK CHECSS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan Leung Tze Hin Wong Kwan Yu	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK CHECSS HPCCSS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan Leung Tze Hin Wong Kwan Yu Lau Bradley P Ho Yin	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK CHECSS HPCCSS SMCESPS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan Leung Tze Hin Wong Kwan Yu Lau Bradley P Ho Yin Leung Chi Hin	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK CHECSS HPCCSS HPCCSS WYK CHECSS HPCCSS WYK CHECSS HPCCSS SMCESPS WFN
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan Leung Tze Hin Wong Kwan Yu Lau Bradley P Ho Yin Leung Chi Hin Kam Chi Kin Jason	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK CHECSS HPCCSS HPCCSS WYK CHECSS HPCCSS SMCESPS WFN WYK
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan Leung Tze Hin Wong Kwan Yu Lau Bradley P Ho Yin Leung Chi Hin Kam Chi Kin Jason Chan Addison	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK CHECSS HPCCSS HPCCSS WYK CHECSS HPCCSS SMCESPS WFN WYK CSWCSS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan Leung Tze Hin Wong Kwan Yu Lau Bradley P Ho Yin Leung Chi Hin Kam Chi Kin Jason Chan Addison Shih Kai Hin	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK CHECSS HPCCSS SMCESPS WYK CHECSS HPCCSS SMCESPS WFN WYK CSWCSS LKYMS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24	Chan Sui Hung Lin Man Kit Mak Kwan Yui Hong Ka Yin Dhaliwal Arvind Singh Fung Justin Long Hin Ling Man Shun Tong Hui Wing Yuen Wang Chun Wong Long Hin Fung Ho Yeung Matthew Law Man Ho Tsoi Shing Yung Tse Ka Kin Tam Tsz Kit Wong Yat Fan Leung Tze Hin Wong Kwan Yu Lau Bradley P Ho Yin Leung Chi Hin Kam Chi Kin Jason Chan Addison Shih Kai Hin Yu Cheuk Him	Standard: 10.05  SJACS DBS WYHK LKYMS LSC SSCS HPCCSS YCKMC DBS LSC WYHK SMCESPS MSC YCKMC CHECSS WYK CHECSS HPCCSS HPCCSS SMCESPS WYK CHECSS LSC HPCCSS SMCESPS WYK CHECSS LKYMS MSC

		2 1 2000	0.00
Event 7	_	Grade 3000m	9:00am
		: 9:06.64	Standard : 11:25.00
Final	1	Wong Sze Lok Justice	YCKMC
	2	Lam Chin Wang	CHECSS
	3	Leung Kwan Yiu	WYK
	4	Poon Chun Ho	LSC
	5	Sy Nok Him	SSCS
	6	Ng Pak Hei	LSC
	7	Tung Fu Shing	YCKMC
	8	Ho Matthew	SMCESPS
	9	Chen Kin Ming	SWC
	10	Cheng Hei Chit Jason	CSWCSS
	11	Tam Pak Yin	LKYMS
	12	Au Chun Ning Gabriel	WYHK
	13	Yip Tsz Hin	DBS
	14	Suen King Hei	CHECSS
	15	Feld Oskar Michel Henri	SMCESPS
	16	Au Ngo Hin	CSWCSS
	17	Po Cheuk Him	WYK
	18	Woo Alvin	SJACS
	19	Wong Koon Hin	HPCCSS
	20	Lei Ka Hing	LKYMS
	21	Sze Pak Wing Owen	DBS
	22	Wong Pak Yiu Anson	MSC
	23	Chan Pak Shing	SWC
	24	Tsui Yat Fei	WYHK
	24	Tsui Yat Fei	WYHK
Event 8		Tsui Yat Fei Grade 5000m	WYHK 9:25am
Event 8	Boys A		
Event 8 Final	Boys A	Grade 5000m	9:25am
	Boys A (	Grade 5000m : 15:37.60	9:25am Standard : 20:00.00
	Boys A (Record	Grade 5000m : 15:37.60 Liu Ryan Bu Yu	9:25am Standard : 20:00.00 WYHK
	Boys A (Record 1 2	Grade 5000m : 15:37.60 Liu Ryan Bu Yu Yim Kai Cheuk	9:25am Standard : 20:00.00 WYHK LSC
	Boys A (Record 1 2 3	Grade 5000m : 15:37.60 Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho	9:25am Standard : 20:00.00 WYHK LSC CSWCSS
	Boys A (Record 1 2 3 4	Grade 5000m : 15:37.60 Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching	9:25am Standard : 20:00.00 WYHK LSC CSWCSS HPCCSS
	Boys A (Record 1 2 3 4 5	Grade 5000m : 15:37.60 Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai	9:25am Standard : 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS
	Boys A (Record 1 2 3 4 5 6 6	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho	9:25am Standard : 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS
	Boys A 6 Record 1 2 3 4 5 6 7	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS
	Boys A 6 Record  1 2 3 4 5 6 7 8	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS
	Boys A (Record 1 2 3 4 5 6 7 8 9	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK
	Boys A (Record 1 2 3 4 5 6 7 8 9 10	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC
	Boys A ( Record  1 2 3 4 5 6 7 8 9 10 11	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS
	Boys A (Record)  1 2 3 4 5 6 7 8 9 10 11 12	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man Law Wai Tung	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS CSWCSS
	Boys A 6 Record  1 2 3 4 5 6 7 8 9 10 11 12 13	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man Law Wai Tung Liu Bu Wan Darian Cheung Kwok Chun	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS CSWCSS WYHK
	Boys A 6 Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man Law Wai Tung Liu Bu Wan Darian Cheung Kwok Chun Shu Hung Cheung	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS CSWCSS WYHK DBS YCKMC
	Boys A 6 Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man Law Wai Tung Liu Bu Wan Darian Cheung Kwok Chun Shu Hung Cheung Mok Pak Fan	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS CSWCSS WYHK DBS YCKMC DBS
	Boys A 6 Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man Law Wai Tung Liu Bu Wan Darian Cheung Kwok Chun Shu Hung Cheung Mok Pak Fan Wong Chi Him	9:25am Standard: 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS CSWCSS WYHK DBS YCKMC DBS HPCCSS
	Boys A (Record 1 2 3 4 5 6 6 7 8 9 10 11 12 13 14 15 16 17 18	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man Law Wai Tung Liu Bu Wan Darian Cheung Kwok Chun Shu Hung Cheung Mok Pak Fan Wong Chi Him Lau Cheuk Wang	9:25am Standard : 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS CSWCSS WYHK DBS YCKMC DBS HPCCSS LKYMS
	Boys A 6 Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man Law Wai Tung Liu Bu Wan Darian Cheung Kwok Chun Shu Hung Cheung Mok Pak Fan Wong Chi Him Lau Cheuk Wang Ngai Pui Shing	9:25am Standard : 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS CSWCSS WYHK DBS YCKMC DBS HPCCSS LKYMS CHECSS LKYMS CCHECSS
	Boys A (Record 1 2 3 4 5 6 6 7 8 9 10 11 12 13 14 15 16 17 18	Grade 5000m : 15:37.60  Liu Ryan Bu Yu Yim Kai Cheuk Yau Chi Ho Tong Chi Ching Choi Ming Kai Cheng Man Ho Lam Ho Yuen Ming Yui Jet Kwok Siu Chung Sun Kai Chun William's Chun Man Law Wai Tung Liu Bu Wan Darian Cheung Kwok Chun Shu Hung Cheung Mok Pak Fan Wong Chi Him Lau Cheuk Wang	9:25am Standard : 20:00.00 WYHK LSC CSWCSS HPCCSS SMCESPS WYK SJACS WYK CHECSS LSC LKYMS CSWCSS WYHK DBS YCKMC DBS HPCCSS LKYMS

vent 9	Boys B	Grade Discus	10:00am
	Record	: 54.18	Standard : 27.00
Final	1	Chan Hin Kiu	HPCCSS
	2	Chan Wai Pong	DBS
	3	Sze Wai Shun	CSWCSS
	4	Wu Chun Yu	LKYMS
	5	Choi Hung Yun	CHECSS
	6	Yeung Ho Wan Owen	MSC
	7	Fung Jeremy Wai Hin	SSCS
	8	Ma King Dom	DBS
	9	Kong Ivan Shing Yui	SJACS
	10	Zhu Hui Fung	SWC
	11	Gurung Biram	WYK
	12	Ng Sze Pang	LKYMS
	13	Wu Yan Lok	MSC
	14	Chan Pak Hei	SWC
	15	Wan Chi Ho	CSWCSS
	16	Yip Luk Yin	WFN
	17	Tsang Cheuk Fung	WYK
	18	Fu Wang	YCKMC
	19	Cheung Gordon	SMCESPS
	20	Ng King Chung	WFN
	21	Yeung Paco	LSC
	22	Chan Tsz Kin	SMCESPS
	23	Luo Ka Cheong	LSC
	24	<del>-</del>	WYHK
	24 25	Law Chi Wang Maurice Leung Kwok Fung	
		Leung Awok Fung	YCKMC
	_		OHE COO
	26	Yiu Cho Yiu	CHECSS
	26 27	Yiu Cho Yiu Wo Lok Hei	HPCCSS
	26	Yiu Cho Yiu	
vont 10	26 27 28	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan	HPCCSS WYHK
vent 10	26 27 28 Girls C	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan	HPCCSS WYHK 10:00am
	26 27 28 Girls (	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan C Grade 100m : 12.48	HPCCSS WYHK 10:00am Standard : 15.00
Event 10	26 27 28 Girls ( Record	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan C Grade 100m : 12.48 Yung Valerie Yiu	HPCCSS WYHK  10:00am Standard: 15.00 GHS
	26 27 28 Girls ( Record 1 2	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan C Grade 100m : 12.48 Yung Valerie Yiu Yadav, Aashvi	HPCCSS WYHK  10:00am Standard: 15.00 GHS KGV
	26 27 28 Girls C Record 1 2 3	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan C Grade 100m : 12.48 Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta	HPCCSS WYHK  10:00am Standard: 15.00 GHS KGV HKUGA
	26 27 28 Girls ( Record 1 2 3	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary	HPCCSS WYHK  10:00am Standard: 15.00 GHS KGV HKUGA MCS
	26 27 28 Girls ( Record 1 2 3 4 5	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan	HPCCSS WYHK  10:00am Standard: 15.00 GHS KGV HKUGA MCS SSGC
	26 27 28 Girls ( Record 1 2 3 4 5 6	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS
	26 27 28 Girls ( Record 1 2 3 4 5	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan	HPCCSS WYHK  10:00am Standard: 15.00 GHS KGV HKUGA MCS SSGC
Heat 1	26 27 28 Girls C Record 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS
Heat 1	26 27 28 Girls C Record 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS
Heat 1	26 27 28 Girls C Record 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN
Heat 1	26 27 28 Girls ( Record 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS
Heat 1	26 27 28 Girls ( Record 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS
Heat 1	26 27 28 Girls ( Record 1 2 3 4 5 6 7 1 2 3 4 5	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole Wong Wing Tung	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS HYS
Heat 1	26 27 28 Girls ( Record 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS
Heat 1	26 27 28 Girls ( Record 1 2 3 4 5 6 7 1 2 3 4 5	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole Wong Wing Tung	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS HYS
Heat 1	26 27 28 Girls ( Record 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole Wong Wing Tung Pinder, Abby Louise	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS  HYS KGV
Heat 1	26 27 28 Girls C Record 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole Wong Wing Tung Pinder, Abby Louise Yu Tsz Lam	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS HYS KGV GHS
Heat 1	26 27 28 Girls C Record 1 2 3 4 5 6 7 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole Wong Wing Tung Pinder, Abby Louise Yu Tsz Lam  Lau Hong Ching	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS  HYS KGV GHS  SPCS
Heat 1	26 27 28 Girls (Record 1 2 3 4 5 6 7 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole Wong Wing Tung Pinder, Abby Louise Yu Tsz Lam  Lau Hong Ching Yip Man Yan	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS HYS KGV GHS  SPCS HKUGA
Heat 1	26 27 28 Girls (Record) 1 2 3 4 5 6 7 1 2 3 4 5 6 7	Yiu Cho Yiu Wo Lok Hei Fung Ho Kwan Johnathan  C Grade 100m : 12.48  Yung Valerie Yiu Yadav, Aashvi Chung Tsz Wai Brietta Leung Michelle Mary Au Yeung Tsz Yan Lau Tsoi Wing Zoie Kwok Sze Yu  Chan Yin Yu Cheung Hoi Ki Chan Hui Wing Nuria Au Wai Ching Nicole Wong Wing Tung Pinder, Abby Louise Yu Tsz Lam  Lau Hong Ching Yip Man Yan Lai Tsz Sen	HPCCSS WYHK  10:00am Standard: 15.00  GHS KGV HKUGA MCS SSGC DGS PCMS  SPCS WFN MCS PCMS HYS KGV GHS  SPCS HKUGA WFN

Event 11	Girls E	Grade 100m	10:00am
	Record	: 11.89	Standard : 14.60
Heat 1	1	Shum Man Huen	WFN
	2	Lam Yan Yee Natasha	MCS
	3	Yu Pui Yi	GHS
	4	Kwok Yee Ki	PCMS
	5	Yau Sin Ting Nicole	SPCS
	6	Lam Tsz Yu	SSGC
	7	Li Tsz To	HKUGA
Heat 2	1	Cheung Nga Ching	SPCS
	2	Casey, Sadie Marie	KGV
	3	Chang Yue Yunice	MCS
	4	Mak Kar Wan	WFN
	5	Tse Hang Ki	DGS
	6	Ma Yan Ching	HYS
	7	So Wai Ki	GHS
Heat 3	2	Wong Wan Chi	HKUGA
	3	Leung Ching Tung	SSGC
	4	Kwong Wing Yiu	HYS
	5	Pak Hoi Man Chloe	DGS
	6	Mook, Esmee Siebrig	KGV
	7	Wong Yan Hei	PCMS
		Crade 100m	10:00am
Event 12	Girls A	Grade IOUM	
Event 12		: 11.85	Standard : 14.50
Event 12 Heat 1			Standard : 14.50
	Record	: 11.85	
	Record 2	: 11.85 Cheung Yuet Yi	MCS
	Record 2 3	: 11.85 Cheung Yuet Yi Tam Hoi Ching	MCS HYS
	Record 2 3 4	: 11.85  Cheung Yuet Yi  Tam Hoi Ching  Lai Ka Ying	MCS HYS WFN
	2 3 4 5	: 11.85  Cheung Yuet Yi  Tam Hoi Ching  Lai Ka Ying  Chen Hiu Yeuk	MCS HYS WFN PCMS
	2 3 4 5 6	: 11.85  Cheung Yuet Yi  Tam Hoi Ching  Lai Ka Ying  Chen Hiu Yeuk  Ng Tsz Ying	MCS HYS WFN PCMS SPCS
Heat 1	2 3 4 5 6 7	: 11.85  Cheung Yuet Yi  Tam Hoi Ching  Lai Ka Ying  Chen Hiu Yeuk  Ng Tsz Ying  Ng Wing Shan	MCS HYS WFN PCMS SPCS GHS
Heat 1	2 3 4 5 6 7 2	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee	MCS HYS WFN PCMS SPCS GHS
Heat 1	2 3 4 5 6 7 2 2 3	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee Wong Si Yan	MCS HYS WFN PCMS SPCS GHS GHS SPCS
Heat 1	2 3 4 5 6 7 2 3 4	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee Wong Si Yan Szeto Lok Yee	MCS HYS WFN PCMS SPCS GHS GHS SPCS MCS
Heat 1	2 3 4 5 6 7 2 3 4 5 5 6 7	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee Wong Si Yan Szeto Lok Yee Tang Cheuk Man Serena	MCS HYS WFN PCMS SPCS GHS GHS SPCS MCS DGS
Heat 1	2 3 4 5 6 7 2 3 4 5 6 6 6	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee Wong Si Yan Szeto Lok Yee Tang Cheuk Man Serena Ho Chan Hung	MCS HYS WFN PCMS SPCS GHS GHS SPCS MCS DGS HKUGA
Heat 1	2 3 4 5 6 7 2 3 4 5 6 7	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee Wong Si Yan Szeto Lok Yee Tang Cheuk Man Serena Ho Chan Hung Chan Wing Tung	MCS HYS WFN PCMS SPCS GHS GHS SPCS MCS DGS HKUGA SSGC
Heat 1	2 3 4 5 6 7 2 3 4 5 6 7 2 2 3 4 5 6 7	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee Wong Si Yan Szeto Lok Yee Tang Cheuk Man Serena Ho Chan Hung Chan Wing Tung  Chan Sze Chai	MCS HYS WFN PCMS SPCS GHS GHS SPCS MCS DGS HKUGA SSGC
Heat 1	2 3 4 5 6 7 2 3 4 5 6 7 2 3 4 5 6 7	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee Wong Si Yan Szeto Lok Yee Tang Cheuk Man Serena Ho Chan Hung Chan Wing Tung  Chan Sze Chai Li Zai Qing	MCS HYS WFN PCMS SPCS GHS GHS SPCS MCS DGS HKUGA SSGC DGS WFN
Heat 1	2 3 4 5 6 7 2 3 4 5 6 7 2 3 4 5 6 7	: 11.85  Cheung Yuet Yi Tam Hoi Ching Lai Ka Ying Chen Hiu Yeuk Ng Tsz Ying Ng Wing Shan  Ng Wing Yee Wong Si Yan Szeto Lok Yee Tang Cheuk Man Serena Ho Chan Hung Chan Wing Tung  Chan Sze Chai Li Zai Qing Lee Wing Yiu	MCS HYS WFN PCMS SPCS GHS GHS SPCS MCS DGS HKUGA SSGC DGS WFN HKUGA

Record: 11.21  Heat 1 1 Lee Hei Long 2 Choy Sheung Wang 3 Chong Tinam	Standard : 13.30 MSC CHECSS
2 Choy Sheung Wang 3 Chong Tinam	
3 Chong Tinam	CHECSS
	SJACS
4 Yau Hoi Tim	HPCCSS
5 Wong Shun Cho	YCKMC
6 Chow Tsz Ho	SWC
7 Yip Chun Ho	WYHK
8 Leung Tsz Hin Bosco	SMCESPS
Heat 2 1 Zhu Yuen Chuen	HPCCSS
2 Mok Kwan Yeung	SSCS
3 Koo Cheuk Fung Jasper	DBS
4 Kwok Hao Yan	LKYMS
5 Lau Cheuk Hei	WFN
6 Lam Ho Fung	WYK
7 Yu Yuk Sing	SJACS
8 Fan Cheuk Nam	CHECSS
Heat 3 1 Yip Hiu Laam	SWC
2 Siu Yuk Nam	LSC
3 Lam Hiu Fai Elvis	CSWCSS
4 Yip Chun Wang	YCKMC
5 Ho Yau Kwan	LKYMS
6 Chiu Chun To	WFN
7 Huang Chun Yu	DBS
Heat 4 1 Chan Yat Nam	WYHK
2 Chan Ching Yeung	SMCESPS
3 Wong Kwok Yau	WYK
4 Chan Yui Chun	MSC
5 Wong Lai Fung	LSC
6 Cheung Shui Chun Curtis	SSCS
7 Chu Chi Wah	CSWCSS

Event 14	Boys B	Grade 100m	10:30am
	Record	: 11.02	Standard : 12.50
Heat 1	1	Wong Sze Yuen Tason	SSCS
	2	Ho Yan Lok	SJACS
	3	Li Zhuoxin	SMCESPS
	4	Zhang Hongyuan	CHECSS
	5	Pan Hing Kwan	YCKMC
	6	Wan Fu Wang David	WYK
	7	Hung Tak Ching	CSWCSS
	8	Chung Long Hei Cyrus	MSC
Heat 2	1	Iu Chun Yeung	HPCCSS
	2	Chan Man Tik	WYK
	3	Chan Chak Ming	CSWCSS
	4	Wong Chun Po	WFN
	5	Yeung Tsz Fung	LSC
	6	Lam Chun Chi Amos	WYHK
	7	Leung Ching Hang Wesley	DBS
	_		
Heat 3	1	Li Hon Wai	LKYMS
	2	Lo Long Hei	MSC
	3	Mok Nai Tin Victor	SMCESPS
	4	Lau Ka Lun Hamish	LSC
	5	Man Ho Lam	SSCS
	6	Yeung Ching Yan	HPCCSS
	7	Johannsson Magnus Prostur	DBS
Heat 4	1	Ho Wai	LKYMS
	2	Wong Sin Yau Sino	CHECSS
	3	Cheung Pak To Marcus	WFN
	4	Lee Ching Yin	SWC
	5	Hui Cheuk Fung	WYHK
	6	Chan Ho Tsun	YCKMC
	7	Luo Tsz Yin	SJACS
Event 15	-	Grade 100m	10:30am
Host 1		: 10.60	Standard : 12.20
Heat 1	1	Ha Tsz Yeung Bosco	MSC
	2 3	Yau Ching Hong	SSCS
	4	Chau Long Yat	CSWCSS
	4 5	Liu Hiu Long Ho Man Hin	HPCCSS
			LKYMS
	6 7	Cheung Ho Hin	DBS
	7	Yung Hin Yung	SMCESPS
	8	Ko Man Ho	CHECSS
Heat 2	1	Lo Ho Ming	SJACS
<del>-</del>	2	Chen Chi Nang	CHECSS
	3	Ng Cheuk Hei Isaac	MSC
	4	Luo Zelin	WFN
	5	Pang Cheuk Yin Justin	WYHK
	6	Cheng Yat Hei	SSCS
	7	Chun Wai Nam	CSWCSS
	8	Chui Kai Yiu	WYK
	J	Carai mai iiu	

Heat 3		Yip King Wai	DBS
		Yuen Kin Pong	SMCESPS
	3	Cheng Wang Chun	WYK
	4	Chung Tsz Sing	LKYMS
	5	Zhang Chi Keung	SWC
	6	Kwok Jamie	LSC
	7	Tsang Sze Kwan	YCKMC
Heat 4	1	Ho Edwin Chun Hei	WYHK
	2	Chan Tsz Wai	SJACS
	3	Yim Wai Chung	SWC
	4	Wan Kai Hei	WFN
	5	Tam Pak Ho	LSC
	6	Chow Chi Hang	YCKMC
	7	Law Lok Him	HPCCSS
Event 16	Boys C	Grade High Jump	11:00am
	Record	: 1.86	Standard : 1.38
Final	1	Yap Kang Rong	SMCESPS
	2	Tsang Hong Yat Arthur	CSWCSS
	3	Cai Wenxi	SWC
	4	Chu To Isaac	DBS
	5	Lee Shing Nok Osmond	WYHK
	6	Chan Chun Yuen	WFN
	7	Wong Lok Hey	LKYMS
	8	Li Larry	WFN
	9	- Huang Zi Ling	CHECSS
	10	Fok Yui Chun	HPCCSS
	11	Ng Chi Tin	CSWCSS
	12	Wong Lim Ho	LKYMS
	13	Ng Wai Tsun	YCKMC
	14	Leung Kwok Fung	LSC
	15	Chan Chun Yue Jan	WYHK
	16	Hui Chi Man	YCKMC
	17	Wong Man Hong	WYK
	18	Chu Ho Isaiah	DBS
	19	Ho Cheuk Lam	SMCESPS
	20	Lau Pak Hei	SWC
	21	Poon Chit Hei Harold	HPCCSS
	22	Yip Shing Chun Jason	WYK
	23	Cheung Jun Jonathan	LSC
	24	Mok Hoi Chau	CHECSS
Event 17	Girls A	Grade Shot Put	11:00am
	Record	: 10.58	Standard : 6.90
Final	1	Yung Cheuk Laam	HYS
	2	Zheng Ka Wai	MCS
	3	Fok, Wing Chun	KGV
	4	Chan Hoi Lam	GHS
	5	Cheung Shun Yu	SPCS
	6	Pun Tsz Yin	GHS
	7	Cheng Nga Chi	HKUGA
	8	Lau Ching Kiu Natalie	DGS
	9	Lai Ching Sze	SSGC
	10	Lee Sum Yuet Charlotte	HYS
	11	Lee Mun Ying	HKUGA
	12	Man Ho Lam Hina	DGS
	13	Jiang Yilin	SSGC
	14	Fung Chun Tsing	SPCS

Event 18	Girls C	Grade 400m	11:10am
	Record :	58.78	Standard : 1:14:50
Heat 1	1	Tam Bernice Yeung Gi	SPCS
	2	Chan Wai Ying Abbie	HKUGA
	3	Law Pui Hin	WFN
	4	Chan Wing	MCS
	5	Au Abbie	PCMS
	6	Tseng Hailey	DGS
	7	Ngai Yu Chuen	GHS
		3	
Heat 2	2	Yadav, Aashvi	KGV
	3	Lau Valerie	HYS
	4	Yip Megan Claire	SSGC
	5	Chan Chun Chun	PCMS
	6	Ho Ching Yin	WFN
	7	Luk Hoi Yan Rita	SPCS
Heat 3	2	Cheuk Nim Yan	DGS
	3	Ngan Chi Ching	SSGC
	4	Chan Pak Yin	HYS
	5	Chan Ching Man	HKUGA
	6	Lee Tsz Yiu	GHS
	7	Worthington, Poppy Mei	KGV
Event 19	Girls B	Grade 400m	11:10am
Event 19	Girls B		11:10am Standard : 1:13.00
Event 19 Heat 1			
	Record :	57.29	Standard : 1:13.00
	Record :	57.29 Casey, Sadie Marie	Standard : 1:13.00 KGV
	Record :	57.29 Casey, Sadie Marie Kwok Tsz Yan	Standard : 1:13.00 KGV SSGC
	2 3 4	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte	Standard : 1:13.00 KGV SSGC SPCS
	2 3 4 5	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching	Standard : 1:13.00 KGV SSGC SPCS HKUGA
	2 3 4 5 6	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice	Standard : 1:13.00 KGV SSGC SPCS HKUGA WFN
	2 3 4 5 6	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice	Standard : 1:13.00 KGV SSGC SPCS HKUGA WFN
Heat 1	Record : 2	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching	Standard : 1:13.00 KGV SSGC SPCS HKUGA WFN HYS
Heat 1	Record : 2 3 4 5 6 7 2	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching Kwok Hiu Yan Serene	Standard : 1:13.00 KGV SSGC SPCS HKUGA WFN HYS
Heat 1	Record : 2 3 4 5 6 7 2 2 3	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok	Standard : 1:13.00  KGV SSGC SPCS HKUGA WFN HYS PCMS SSGC
Heat 1	Record : 2 3 4 5 6 7 2 3 4	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching Kwok Hiu Yan Serene Lui Man Hei Jasmine	Standard : 1:13.00 KGV SSGC SPCS HKUGA WFN HYS PCMS SSGC
Heat 1	Record : 2 3 4 5 6 7 2 3 4 5 5	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching  Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok Fisher, Emily Charlotte	Standard : 1:13.00  KGV SSGC SPCS HKUGA WFN HYS  HYS SCC SCC KGV
Heat 1	Record : 2	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok Fisher, Emily Charlotte Chow Chi Kiu	Standard : 1:13.00 KGV SSGC SPCS HKUGA WFN HYS CMS FCMS SSGC KGV DGS
Heat 1	Record : 2	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok Fisher, Emily Charlotte Chow Chi Kiu	Standard : 1:13.00 KGV SSGC SPCS HKUGA WFN HYS CMS SSGC KGV DGS GHS
Heat 1	Record : 2	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching  Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok Fisher, Emily Charlotte Chow Chi Kiu Chan Sum Yau	Standard : 1:13.00 KGV SSGC SPCS HKUGA WFN HYS CMS SSGC KGV DGS GHS
Heat 1	Record : 2	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching  Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok Fisher, Emily Charlotte Chow Chi Kiu Chan Sum Yau	Standard : 1:13.00  KGV SSGC SPCS HKUGA WFN HYS  HYS PCMS SSGC KGV DGS GHS
Heat 1	Record : 2	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching  Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok Fisher, Emily Charlotte Chow Chi Kiu Chan Sum Yau  Karlsson Jane Christa Ming Suet Ng Kristy Kay Sze	Standard : 1:13.00  KGV SSGC SPCS HKUGA WFN HYS  HYS PCMS SSGC KGV DGS GHS  DGS HKUGA
Heat 1	2 3 4 5 6 7 2 3 4 5 6 7 2 3 4 5 6 7	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching  Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok Fisher, Emily Charlotte Chow Chi Kiu Chan Sum Yau  Karlsson Jane Christa Ming Suet Ng Kristy Kay Sze Choi Season Ng Wai Ting	Standard : 1:13.00  KGV SSGC SPCS HKUGA WFN HYS  HYS PCMS SSGC KGV DGS GHS  DGS HKUGA GHS
Heat 1	Record :  2 3 4 5 6 7 2 3 4 5 6 7 2 3 4 5 6 7	Casey, Sadie Marie Kwok Tsz Yan Wong Marie Benedicte Chan Lok Ching Tam Tsz Yau Bernice Leung Shun Ching  Kwok Hiu Yan Serene Lui Man Hei Jasmine Cheung Man Lok Fisher, Emily Charlotte Chow Chi Kiu Chan Sum Yau  Karlsson Jane Christa Ming Suet Ng Kristy Kay Sze Choi Season	KGV SSGC SPCS HKUGA WFN HYS PCMS SSGC KGV DGS GHS DGS HKUGA GHS WFN

Event 20	Cimlo 7	Grade 400m	11:10am
Event 20		: 57.37	
77			Standard : 1:12.50
Heat 1	1	Cheung Priscilla	SSGC
	2	Ng Ka Huen	MCS
	3	Ho Nok Lam	DGS
	4	Ma Ching Yi	HKUGA
	5	Hung Ying Suet	PCMS
	6	Chan Ling Lei	GHS
	7	Lee Rachel Man Hang	HYS
Heat 2	1	Lee Pui Pui	HYS
	2	Yeung Yee Fei Venus	MCS
	3	Ng Yan Yuet	GHS
	4	Ho Lok Wai	SSGC
	5	Wu Ying Qiao	DGS
	6	Wong Tsz Ching	PCMS
	7	Yeung Tsz Ching	HKUGA
Event 21	Girle	Grade Discus	11:30am
TAGIL TI		: 38.34	Standard: 18.00
Final	1	Hu Katrina	SSGC
	2	Leung Hoi Ying	HKUGA
	3	Kwok Hoi Ting Jasmine	MCS
	4	Chan Wai Shuen	GHS
	5	Gee Sze Yuen	PCMS
	6	Cheung Hoi Yan	DGS
	7	Mak Wan Ki	HYS
	8		
		Ng Jamie	SPCS
	9	Idrees Ariba Imran	GHS
	10	Lam Milla	SSGC
	11	Tsang Nga Ching	WFN
	12	Hong Wing Lam Chloe	DGS
	13	O Yui Yee	HKUGA
	14	Tse Hoi Ting	HYS
	15	Sum Sze Hang	WFN
	16	Lin Hui Yee	SPCS
	17	Leung Wai Yan Natalie	MCS
	18	Lo Wing Miu	PCMS
	D C	G 1- 400	11.50
Event 22	-	Grade 400m : 51.23	11:50am Standard : 1:04.00
Heat 1	1	Zeng Yuen Cho	HPCCSS
neat I	2	-	MSC
	3	Cheung Cheuk Hei Isaac Lin Kin Kwan	
			CHECSS
	4	Law Tin Yat Barret	CSWCSS
	5	Mok Ka Hei	WFN
	6	Law Yik Fung	YCKMC
	7	Leung Him Ching Nick	WYK
	8	Fu Kin Wang	LKYMS
Heat 2	1	Chan Thomas Lok Hin	DBS
-	2	Xie Shing Chun	LKYMS
	3	Lo Hoi Chun	WYK
	4	Ma Jun	SWC
	5	Tin Sing Long	LSC
	6	Yap Kang Rong	SMCESPS
	7	Tam Yuk Wang	SSCS
	•	-am ran nang	2000

Heat 3	1	Wong Tsz Kit	WFN
	2	Lam Yu Hin	LSC
	3	Lee Shing Nok Osmond	
	4	Lau Kai Kit	HPCCSS
	5	Cai Wenxi	SWC
	6	Lo Ka Wai	
			CSWCSS
	7	Au Wai Nam	SJACS
Heat 4	1	Ho Cheuk Lam	SMCESPS
	2	Lee Lok Chit	WYHK
	3	Lee Tin Yui	MSC
	4	Chong Lik Hang Alex	SJACS
	5	Chen Yik Fan	YCKMC
	6	Au Wing Kei	CHECSS
	7	Wong Ho Chuen Hugo	DBS
Event 23	_	Grade 400m	11:50am
	Record		Standard : 1:00.00
Heat 1	1	Chan Hon Chiu	YCKMC
	2	Kwok Hin Chung	WFN
	3	Chan Yat Lung	SJACS
	4	Li Hoi Fung	CHECSS
	5	Fong Chun Kit Jacky	LSC
	6	Tam Chun Ho	SWC
	7	Tan Kwan Ho	WYHK
Heat 2	1	Kwan Yik Yin	MSC
	2	Cheng Tsz Wut	DBS
	3	Xiao Chun Hung	LKYMS
	4	Cheung Hoi Hin Onix	
	5	Yau Ching Hei	SSCS
	6	Cheng Ho Lam	HPCCSS
	7	Leung Chun Wai Tony	
Heat 3	1	Wong Wang Shun	WFN
	2	Cheung Tsung Ho	SMCESPS
	3	Leung Ka Wang	SJACS
	4	Kam Yu Hong	HPCCSS
	5	Ma Yung Sang	WYHK
	6	Chen Shun Tin	YCKMC
	7	Chan Tsz Fung	CSWCSS
Heat 4	1	Tsang Man Chi	DBS
	2	Shing Ying Yip	SWC
	3	Lin Wai Sum	CHECSS
	4	Bui Lang Hei	SMCESPS
	5	Tsui Wai Hin	WYK
	6	Wu Cheuk Fai	CSWCSS
	7	Tam Pak Yin	LKYMS
	•		
Event 24		Grade 400m	11:50am
	Record		Standard : 57.80
Heat 1	1	Chau Pui Yui Austin	SMCESPS
	2	Ma Ho Lung	WYHK
	3	Ho Lai Yin	CSWCSS
	4	Yip Wa Pan	LKYMS
	5	Wong Ka Chun	WYK
	6	Chen Kai Ho	YCKMC
	7	Tsang Hing Lam	SWC

Heat 2	2	Yuen Tsz Shun	T-TV/TTP/
neat 2	3	Mook Chin Pui Justin	WYHK
	-		MSC
	4	Chu Lok Yin	DBS
	5	Liu Yi Qin	CHECSS
	6	Wong Chun Faat	SJACS
	7	Slattery Matthew Luke	LSC
Heat 3	2	Cheung Chi Kit	YCKMC
	3	Law Tsz Chun	HPCCSS
	4	Chan Chun Yu Lucas	WYK
	5	Chan Wang Sum Thompson	SMCESPS
	6	Chan Pak Ho	LKYMS
	7	Lau Tsun San	DBS
Heat 4	2	Wong Chun Hin	HPCCSS
11000 1	3	Li Kevin	SJACS
	4	Nwadike Sheldon Ifeanyichukwu Chikwado	
	5	Pang Yin Ki	CHECSS
	6	Lau Kai Lim	CSWCSS
	7	Fong Tsz Fung	SWC
	,	rong isz rung	SWC
Event 25	Girls B	Grade Long Jump	1:00pm
Event 25	Girls B Record :		1:00pm Standard : 4.00
Event 25 Final			-
	Record :	5.61	Standard : 4.00
	Record :	5.61 Lok Tsz Ching	Standard : 4.00
	Record :	5.61  Lok Tsz Ching  Brunner, Claudia Phoebe Elizabeth	Standard : 4.00 HYS KGV
	Record : 1 2 3	5.61  Lok Tsz Ching  Brunner, Claudia Phoebe Elizabeth  Lam Hei Yu	Standard : 4.00 HYS KGV DGS
	Record : 1 2 3 4	5.61  Lok Tsz Ching  Brunner, Claudia Phoebe Elizabeth  Lam Hei Yu  Wong Chloe	Standard : 4.00 HYS KGV DGS SPCS
	Record : 1 2 3 4 5 5	5.61  Lok Tsz Ching  Brunner, Claudia Phoebe Elizabeth  Lam Hei Yu  Wong Chloe  Lie Hiu Yee	Standard : 4.00 HYS KGV DGS SPCS GHS
	Record : 1 2 3 4 5 6	5.61  Lok Tsz Ching  Brunner, Claudia Phoebe Elizabeth  Lam Hei Yu  Wong Chloe  Lie Hiu Yee  Lo Ching Yiu	Standard: 4.00 HYS KGV DGS SPCS GHS DGS
	Record : 1 2 3 4 5 6 7	5.61  Lok Tsz Ching  Brunner, Claudia Phoebe Elizabeth  Lam Hei Yu  Wong Chloe  Lie Hiu Yee  Lo Ching Yiu  Yiu Fuk Tsz	Standard: 4.00 HYS KGV DGS SPCS GHS DGS PCMS
	Record : 1 2 3 4 5 6 7 8	5.61  Lok Tsz Ching  Brunner, Claudia Phoebe Elizabeth  Lam Hei Yu  Wong Chloe  Lie Hiu Yee  Lo Ching Yiu  Yiu Fuk Tsz  Loewenberg Roxane	Standard: 4.00 HYS KGV DGS SPCS GHS DGS PCMS SSGC
	Record : 1 2 3 4 5 6 7 8 9	5.61  Lok Tsz Ching  Brunner, Claudia Phoebe Elizabeth  Lam Hei Yu  Wong Chloe  Lie Hiu Yee  Lo Ching Yiu  Yiu Fuk Tsz  Loewenberg Roxane  Chiu Hau Ching	Standard: 4.00 HYS KGV DGS SPCS GHS DGS PCMS SSGC HYS
	Record : 1 2 3 4 5 6 7 8 9 10	5.61  Lok Tsz Ching Brunner, Claudia Phoebe Elizabeth Lam Hei Yu Wong Chloe Lie Hiu Yee Lo Ching Yiu Yiu Fuk Tsz Loewenberg Roxane Chiu Hau Ching Siu Brianna Lai Cheuk Kwan	Standard: 4.00  HYS  KGV  DGS  SPCS  GHS  DGS  PCMS  SSGC  HYS  HKUGA
	Record:  1 2 3 4 5 6 7 8 9 10 11	5.61  Lok Tsz Ching Brunner, Claudia Phoebe Elizabeth Lam Hei Yu Wong Chloe Lie Hiu Yee Lo Ching Yiu Yiu Fuk Tsz Loewenberg Roxane Chiu Hau Ching Siu Brianna	Standard: 4.00  HYS  KGV  DGS  SPCS  GHS  DGS  PCMS  SSGC  HYS  HKUGA  SPCS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12	5.61  Lok Tsz Ching Brunner, Claudia Phoebe Elizabeth Lam Hei Yu Wong Chloe Lie Hiu Yee Lo Ching Yiu Yiu Fuk Tsz Loewenberg Roxane Chiu Hau Ching Siu Brianna Lai Cheuk Kwan Cheng Wing Yan Hui Cyrene	Standard: 4.00  HYS  KGV  DGS  SPCS  GHS  DGS  PCMS  SSGC  HYS  HKUGA  SPCS  SSGC
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14	5.61  Lok Tsz Ching Brunner, Claudia Phoebe Elizabeth Lam Hei Yu Wong Chloe Lie Hiu Yee Lo Ching Yiu Yiu Fuk Tsz Loewenberg Roxane Chiu Hau Ching Siu Brianna Lai Cheuk Kwan Cheng Wing Yan Hui Cyrene Chan Sheung Yi	Standard : 4.00  HYS  KGV  DGS  SPCS  GHS  DGS  PCMS  SSGC  HYS  HKUGA  SPCS  SSGC  MCS  WFN
	Record:  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	5.61  Lok Tsz Ching Brunner, Claudia Phoebe Elizabeth Lam Hei Yu Wong Chloe Lie Hiu Yee Lo Ching Yiu Yiu Fuk Tsz Loewenberg Roxane Chiu Hau Ching Siu Brianna Lai Cheuk Kwan Cheng Wing Yan Hui Cyrene Chan Sheung Yi Cheng Yi Kiu Jasmine	Standard : 4.00  HYS  KGV  DGS  SPCS  GHS  DGS  PCMS  SSGC  HYS  HKUGA  SPCS  SSGC  MCS  WFN  MCS
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14	Lok Tsz Ching Brunner, Claudia Phoebe Elizabeth Lam Hei Yu Wong Chloe Lie Hiu Yee Lo Ching Yiu Yiu Fuk Tsz Loewenberg Roxane Chiu Hau Ching Siu Brianna Lai Cheuk Kwan Cheng Wing Yan Hui Cyrene Chan Sheung Yi Cheng Yi Kiu Jasmine Chan Sum Kiu	Standard : 4.00  HYS  KGV  DGS  SPCS  GHS  DGS  PCMS  SSGC  HYS  HKUGA  SPCS  SSGC  MCS  WFN  MCS  HKUGA
	Record :  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	5.61  Lok Tsz Ching Brunner, Claudia Phoebe Elizabeth Lam Hei Yu Wong Chloe Lie Hiu Yee Lo Ching Yiu Yiu Fuk Tsz Loewenberg Roxane Chiu Hau Ching Siu Brianna Lai Cheuk Kwan Cheng Wing Yan Hui Cyrene Chan Sheung Yi Cheng Yi Kiu Jasmine	Standard : 4.00  HYS  KGV  DGS  SPCS  GHS  DGS  PCMS  SSGC  HYS  HKUGA  SPCS  SSGC  MCS  WFN  MCS

Event 26	Boys B	Grade Long Jump	1:00pm
Lvenc 20	Record		Standard : 5.05
Final	1	Hui Cheuk Fung	WYHK
FINAL	2	Chan Pok Him	HPCCSS
	3		LKYMS
	4	Lui Lap Yan Li Zhuoxin	
	=		SMCESPS
	5	Wong Yuen King	CSWCSS
	6	Ho Yan Lok	SJACS
	7	Chan Ka Shing	DBS
	8	Lau Kam Wang	WYK
	9	Au Cheuk Hang	CHECSS
	10	Ng Yi Hei	SMCESPS
	11	Cheung Pak Wai	SWC
	12	Chen Kwun Wai	YCKMC
	13	Lau Shing Him	LSC
	14	Luk Ho Yeung	WFN
	15	Lee Chun	CSWCSS
	16	Cheung Pak To Marcus	WFN
	17	Ho Wai	LKYMS
	18	Guo Baixin	YCKMC
	19	Yeung Man Long	HPCCSS
	20	Li Po Shing	CHECSS
	21	Chau Ho Yin	LSC
	22	Wong Ting Hin	WYK
	23	Yuen Chi Shun Michael	WYHK
	24	Lyu Mingxuan	SSCS
	25	Lee Trevor	DBS
	26	Huang Yu Zhou	MSC
	27	Yau Tsan For Magnus	SJACS
	28	Lau Lok Wan	SWC
Event 27	Girls C	Grade Discus	1:00pm
Event 27		: Grade Discus : 29.90	1:00pm Standard : 16.00
Event 27 Final			-
	Record	: 29.90	Standard : 16.00
	Record 1	: 29.90 Chang Lok Yan	Standard : 16.00
	Record 1 2	: 29.90 Chang Lok Yan Cheung Tsz Yuet	Standard : 16.00 WFN SSGC
	Record  1  2  3	: 29.90 Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele	Standard : 16.00 WFN SSGC GHS
	1 2 3 4	: 29.90  Chang Lok Yan  Cheung Tsz Yuet  Yiu Tsz Wai Gisele  Cheng Hei Yu Grace	Standard : 16.00 WFN SSGC GHS SSGC
	1 2 3 4 5	: 29.90  Chang Lok Yan  Cheung Tsz Yuet  Yiu Tsz Wai Gisele  Cheng Hei Yu Grace  Ma Yung Wai Jocelyn	Standard : 16.00 WFN SSGC GHS SSGC DGS
	1 2 3 4 5 6	: 29.90  Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man	Standard : 16.00 WFN SSGC GHS SSGC DGS MCS
	Record  1 2 3 4 5 6 7	: 29.90  Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh	Standard : 16.00  WFN  SSGC GHS SSGC DGS MCS KGV
	Record  1 2 3 4 5 6 7 8	: 29.90  Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha	Standard: 16.00 WFN SSGC GHS SSGC DGS MCS KGV GHS
	Record  1 2 3 4 5 6 7 8 9	: 29.90  Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu	Standard: 16.00 WFN SSGC GHS SSGC DGS MCS KGV GHS HYS
	Record  1 2 3 4 5 6 7 8 9 10	: 29.90  Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching	Standard: 16.00 WFN SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS
	Record  1 2 3 4 5 6 7 8 9 10 11	: 29.90  Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi	Standard: 16.00  WFN SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN
	Record  1 2 3 4 5 6 7 8 9 10 11 12 13	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas	Standard : 16.00  WFN SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA
	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS
	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS
	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS
	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS KGY SPCS MCS
	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS
Final	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel	Standard: 16.00 WFN SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HKUGA
	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HYS SPCS MCS HYS SPCS MCS HKUGA
Final	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18  Girls C Record	Chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel	Standard: 16.00  WFN  SSGC GHS  SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HYS SPCS MCS HXS SPCS MCS HKUGA
Final	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18  Girls C Record 1	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HYS SPCS MCS HYS SPCS MCS HKUGA  1:45pm Standard: 31.50 DGS
Final  Event 28	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18  Girls G Record  1 2	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel Grade 200m 25.85 Lau Tsoi Wing Zoie Bahrunani, Divina J.	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HYS SPCS MCS HYS SPCS MCS KGV SPCS MCS KGV SPCS KGV SPCS KGV SPCS KGV SPCS KGV SPCS KGV SPCS KGV
Final  Event 28	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18  Girls C Record  1 2 3	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel CGrade 200m CSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSS	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HKUGA  1:45pm Standard: 31.50  DGS KGV MCS
Final  Event 28	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18  Girls C Record  1 2 3 4	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel  Grade 200m  CGrade 200m  CGrade 200m  CGrade Sahrunani, Divina J. Yuen Owena Lai Tsz Sen	Standard: 16.00  WFN SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HKUGA  1:45pm Standard: 31.50 DGS KGV MCS WFN
Final	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18  Girls C Record  1 2 3 4 5	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel  Grade 200m 25.85 Lau Tsoi Wing Zoie Bahrunani, Divina J. Yuen Owena Lai Tsz Sen Navarro Charmaine Kar	Standard: 16.00 WFN SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HKUGA  1:45pm Standard: 31.50 DGS KGV MCS WFN SSGC
Final  Event 28	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18  Girls C Record  1 2 3 4 5 6	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel  Grade 200m 25.85 Lau Tsoi Wing Zoie Bahrunani, Divina J. Yuen Owena Lai Tsz Sen Navarro Charmaine Kar Yu Wing Hei	Standard: 16.00  WFN  SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HKUGA  1:45pm Standard: 31.50  DGS KGV MCS WFN SSGC SPCS
Final	Record  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18  Girls C Record  1 2 3 4 5	chang Lok Yan Cheung Tsz Yuet Yiu Tsz Wai Gisele Cheng Hei Yu Grace Ma Yung Wai Jocelyn Lam Hau Man Joshi, Manya Umesh Chan Tung Yan Samantha Hung On Kiu Malhotra, Prisha Cheung Hoi Ching Lui Pak Yi Wong Tsz Ching Adas Chan Chi Yuet Ng Hoi Ching Fung Nicole Jane Ng Tsz Kwai Venus Li Yi Suen Annabel  Grade 200m 25.85 Lau Tsoi Wing Zoie Bahrunani, Divina J. Yuen Owena Lai Tsz Sen Navarro Charmaine Kar	Standard: 16.00 WFN SSGC GHS SSGC DGS MCS KGV GHS HYS KGV SPCS WFN HKUGA DGS HYS SPCS MCS HKUGA  1:45pm Standard: 31.50 DGS KGV MCS WFN SSGC

Heat 2	1	Lee Lok Yiu	PCMS
	2	Lee Tsz Yiu	GHS
	3	So Sin Hau Hilary	HYS
	4	Au Yeung Tsz Yan	SSGC
	5	Yip Man Yan	HKUGA
	6	Chan Ka Wing Julie	DGS
	7	Chan Hui Wing Nuria	MCS
		-	
Heat 3	2	Yu Tsz Lam	GHS
	3	Chen Wing Yeuk	PCMS
	4	Chan Cheuk Ying	WFN
	5	Bahrunani, Prisha J.	KGV
	6	To Lok Yee	SPCS
	7	Hui Ching Grace	HYS
	•		
Event 29	Girls B	Grade 200m	1:45pm
	Record	24.96	Standard: 30.80
Heat 1	1	Chan Sum Yau	GHS
	2	Ma Yan Ching	HYS
	3	So Yan Ping	WFN
	4	Cheung Nga Ching	SPCS
	5	Wong Yan Hei	PCMS
	6	Fisher, Emily Charlotte	KGV
	7	Leung Ching Tung	SSGC
		3 3	
Heat 2	1	Le Bon, Shanze	KGV
	2	Tse Hang Ki	DGS
	3	Kwok Hiu Yan Serene	HYS
	4	Yau Sin Ting Nicole	SPCS
	5	Chang Yue Yunice	MCS
	6	Choi Season	GHS
	7	Wong Wan Chi	HKUGA
Heat 3	2	Kwok Yee Ki	PCMS
	3	Ouyang Xiyu	WFN
	4	Lee Hiu Wai	MCS
	5	Cheng Wing Yan	SSGC
	6	Li Tsz To	HKUGA
	7	Chow Chi Kiu	DGS
Event 30		Grade 200m	1:45pm
	Record		Standard : 30.50
Heat 1	1	Lee Wing Yiu	HKUGA
	2	Leung Cosette	WFN
	3	Tang Cheuk Man Serena	DGS
	4	Ng Wing Shan	GHS
	5	Wong Tsz Ching	PCMS
	6	Ng Hoi Ki	HYS
	7	Ng Ka Huen	MCS
Heat 2	2	Chan Sze Chai	DGS
2	3	Chan Ling Lei	GHS
	4	Ho Chan Hung	HKUGA
	5	Szeto Lok Yee	MCS
	6	Wong Yan To	PCMS
	7	Tam Hoi Ching	HYS
	,	Tam not citing	

Event 31	Boys B	Grade High Jump	2:00pm
	Record	: 1.96	Standard: 1.52
Final	1	Lui Pak Him Moses	WFN
	2	Zhou Chin Wang	HPCCSS
	3	Pang Sung Him	YCKMC
	4	Ng Yi Hei	SMCESPS
	5	Chan Nok Yin	SWC
	6	Yeung Tsz Fung	LSC
	7	Ng Man Lok	CSWCSS
	8	Chan Chung Yin	WYK
	9	Lai Pak Hei	LSC
	10	Leung Kin Wang	DBS
	11	Liang Jiawei	LKYMS
	12	Chan Pak Kwan	WFN
	13	Siew Hok Rui	SMCESPS
	14	Wong Kat Ming	CHECSS
	15	Lee Pak Yin	HPCCSS
	16	Lyu Mingxuan	SSCS
	17	Guo Baixin	YCKMC
	18	Ng Ching Yu	WYK
	19	Tse Wai Hin	LKYMS
	20	Tse Chak Him Sunny	SWC
	21	Li Kai Chun	CSWCSS
	22	Yiu Cho Yin George	MSC
	23	Chan Pak Kin	CHECSS
	24	Cheng Tsz Wut	DBS
Event 32	Boys B	Grade Shot Put	2:00pm
	Record	: 16.33	Standard : 10.10
			T.00
Final	1	Mak Tung Hong	LSC
Final	1 2	Mak Tung Hong Choi Hung Yun	CHECSS
Final			
Final	2	Choi Hung Yun	CHECSS
Final	2 3	Choi Hung Yun Yung Ngai Tsun	CHECSS HPCCSS
Final	2 3 4	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung	CHECSS HPCCSS SWC
Final	2 3 4 5	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching	CHECSS HPCCSS SWC DBS
Final	2 3 4 5 6	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok	CHECSS HPCCSS SWC DBS MSC
Final	2 3 4 5 6 7	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu	CHECSS HPCCSS SWC DBS MSC WYK
Final	2 3 4 5 6 7 8	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS
Final	2 3 4 5 6 7 8 9	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS
Final	2 3 4 5 6 7 8 9	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS
Final	2 3 4 5 6 7 8 9 10	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS
Final	2 3 4 5 6 7 8 9 10 11 12	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS
Final	2 3 4 5 6 7 8 9 10 11 12 13	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS
Final	2 3 4 5 6 7 8 9 10 11 12 13	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chung Luo Ka Cheong	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin Chan Hoi Fung	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS CSWCSS
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin Chan Hoi Fung Chan Hin Kiu	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS CSWCSS HPCCSS
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin Chan Hoi Fung Chan Hin Kiu Yeung Ho Wan Owen	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS CSWCSS HPCCSS MSC
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin Chan Hoi Fung Chan Hin Kiu Yeung Ho Wan Owen Wu Chun Yu	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS CSWCSS HPCCSS MSC LKYMS
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin Chan Hoi Fung Chan Hin Kiu Yeung Ho Wan Owen Wu Chun Yu Kwok Ka Wing Li Zhengyang	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS CSWCSS HPCCSS MSC LKYMS
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin Chan Hoi Fung Chan Hin Kiu Yeung Ho Wan Owen Wu Chun Yu Kwok Ka Wing Li Zhengyang Kong Ivan Shing Yui	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS CSWCSS HPCCSS MSC LKYMS WFN CHECSS
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin Chan Hoi Fung Chan Hin Kiu Yeung Ho Wan Owen Wu Chun Yu Kwok Ka Wing Li Zhengyang	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS CSWCSS HPCCSS MSC LKYMS WFN CHECSS SJACS
Final	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25	Choi Hung Yun Yung Ngai Tsun Zhu Hui Fung Ku Hok Ching Wu Yan Lok Ng Ching Yu Sze Wai Shun Peng Ka Hei Jaco Fung Jeremy Wai Hin Fung Ho Kwan Johnathan Cheung Gordon Ng King Chung Zhang Chun Kit Fu Wang Luo Ka Cheong Chan Tsz Kin Chan Hoi Fung Chan Hin Kiu Yeung Ho Wan Owen Wu Chun Yu Kwok Ka Wing Li Zhengyang Kong Ivan Shing Yui Law Chi Wang Maurice	CHECSS HPCCSS SWC DBS MSC WYK CSWCSS WYK SSCS WYHK SMCESPS WFN SWC YCKMC LSC SMCESPS CSWCSS HPCCSS MSC LKYMS WFN CHECSS SJACS WYHK

Event 33	Boys C	Grade 200m	2:25pm
	Record	: 22.59	Standard : 27.50
Heat 1	1	Lam Hiu Fai Elvis	CSWCSS
	2	Chan Thomas Lok Hin	DBS
	3	Sou Ho Shing	YCKMC
	4	Yau Hoi Tim	HPCCSS
	5	Choi Chi Ho	CHECSS
	6	Wong Lai Fung	LSC
	7	Au Wai Nam	SJACS
	8	Chan Ching Yeung	SMCESPS
Heat 2	1	Chan Yat Nam	WYHK
	2	Mok Kwan Yeung	SSCS
	3	Ng Tsz Long	SJACS
	4	Chan Yui Chun	MSC
	5	Au Wing Kei	CHECSS
	6	Li Chi Yuen	CSWCSS
	7	Ho Yau Kwan	LKYMS
	8	Ng Cyrus	WFN
Heat 3	1	Yip Chun Wang	YCKMC
	2	Wong Kwok Yau	WYK
	3	Sjafii Sebastian Nathaniel	
	4	Kwok Hao Yan	LKYMS
	5	Lau Cheung Yin	SWC
	6	Koo Cheuk Fung Jasper	DBS
	7	Leung Yu To Kien	sscs
Heat 4	1	Lo Hoi Chun	WYK
	2	Tse Chun Hei	WFN
	3	Chow Tsz Ho	SWC
	4	Chan Chak Sum	WYHK
	5	Siu Yuk Nam	LSC
	6	Cheung Cheuk Hei Isaac	MSC
	7	Zeng Yuen Cho	HPCCSS
Erront 24	Ports P	Crado 200m	2.25mm
Event 34	-	Grade 200m	2:25pm Standard : 26 40
Heat 1	1	: 22.13  Kwan Yik Yin	Standard : 26.40
meat I	2	Iu Chun Yeung	
	3	Wong Sze Yuen Tason	HPCCSS SSCS
	4	Tam Chun Ho	SWC
	5	Li Hon Wai	LKYMS
	6	Ridom Rawnak Azad	SMCESPS
	7	Leung Ka Wang	SJACS
	8	Chan Ho Jun	LSC
T- 1 0		To Tono Hoi	waa
Heat 2	1	Lo Long Hei	MSC
	2	Ngai Wing Chak	LKYMS
	3	Lau Ka Lun Hamish	LSC
	4	Lam Chun Chi Amos	WYHK
	5	Zhang Hongyuan	CHECSS
	6	Cheung Tsung Ho	SMCESPS
	7	Wan Fu Wang David	WYK
	8	Lau Cheuk On	SWC

Heat 3	1	Chan Hon Chiu	YCKMC
	2	Johannsson Magnus Prostur	DBS
	3	Man Ho Lam	SSCS
	4	Tang Ching Lok	WFN
	5	Hung Tsz Ho	HPCCSS
	6	Yung Ka Ho	CSWCSS
	7	Tan Kwan Ho	WYHK
Heat 4	1	Tsui Wai Hin	WYK
	2	Chen Shun Tin	YCKMC
	3	Wong Sin Yau Sino	CHECSS
	4	Chan Chak Ming	CSWCSS
	5	Lam Yu Fung	SJACS
	6	Leung Ching Hang Wesley	DBS
	7	Wong Wang Shun	WFN
Event 35	Boys A G	rade 200m	2:25pm
	Record :		Standard : 25.50
Heat 1	1	Tam Yu Kin	HPCCSS
	2	Ha Tsz Yeung Bosco	MSC
	3	Cheng Wang Chun	WYK
	4	Chen Chi Nang	CHECSS
		Chau Long Yat	CSWCSS
	6	Lo Ho Ming	SJACS
	7	Yung Hin Yung	SMCESPS
	•	Tung nam Tung	51102515
Heat 2	1	Wong Kin Man	WFN
	2	Wong Ka Hei	MSC
	3	Kang Zhong Huan	SWC
	4	Yip King Wai	DBS
	5	Ma Ho Lung	WYHK
	6	Ko Man Ho	CHECSS
	7	Wong Chun Faat	SJACS
		<b>3</b>	
Heat 3	1	Kwok Jamie	LSC
	2	Yim Wai Chung	SWC
	3	Law Tsz Chun	HPCCSS
	4	Chung Tsz Sing	LKYMS
	5	Chung Cheung Ho	WFN
	6	Chen Kai Ho	YCKMC
	7	Chan Chun Yu Lucas	WYK
	•	Citati Id Ideas	
Heat 4	1	Cheung Ho Hin	DBS
	2	Choi Sze Shing	LKYMS
	3	Mpinyuri Anthony Sindiso Taipa	
	4	Yuen Tsz Shun	WYHK
	5	Chun Wai Nam	CSWCSS
	6	Tam Pak Ho	LSC
	7	Yau Ching Hong	SSCS
	-		

Event 36	Bovs A	Grade Discus	2:30pm
	Record		Standard : 26.00
Final	1	Fung Justin Long Hin	SSCS
TIME	2	Leung Chi Hin	WFN
	3	Wan Chun Kiu	YCKMC
	4	Tsoi Shing Yung	MSC
	5	Law Man Ho	SMCESPS
	6	Lau Chun Daniel	WYHK
	7	Yau Hi Sin	LKYMS
	8		LSC
	9	Wong Long Hin	
	10	Wong Kwan Yu Chui Chun Ho	HPCCSS
			CSWCSS
	11	Kwok Hoi Tsun	LSC
	12	Ng Yee Ming	SSCS
	13	Chong Wing Yat Carlos	WYHK
	14	Leung Tze Hin	CHECSS
	15 16	Nip Tsz Tsun	DBS LKYMS
	16	Shih Kai Hin	
	17	Leung Sum Yi	WYK
	18	Chan Sui Hung	SJACS
	19	Law Cheuk Hin	MSC
	20	Au Kim	CHECSS
	21	Lee Clement	HPCCSS
	22	Lee Kai Chun	SJACS
	23	Wong Yat Fan	WYK
	24	Wong Nok Him	SMCESPS
	25	Yuen Wang Chun	DBS
	26	Tse Ka Kin	YCKMC
	27	Chan Addison	CSWCSS
Event 37	Girls C	Grade 800m	3:15pm
		: 2:19.72	Standard : 2:57.00
Final 1	1	Law Mei Hang	GHS
	2	Man Lai Ki	HYS
	3	Au Abbie	PCMS
	4	Tang Hoi Lyn Kellyn	HKUGA
	5	Williams, Florence Molly	
	6	Li Tsz Yee	MCS
	7	Ho Chi Yin	WFN
	8	Lau Hei Tung Chloe	SPCS
	9	Lok Wing Sum	DGS
	10	Yuen Yee Huen	SSGC
Final 2	1	Chan Wai Ying Abbie	HKUGA
	2	Ngan Chi Ching	SSGC
	3	Yeung Lok Yee Jasmine	SPCS
	4	Worthington, Poppy Mei	KGV
	5	Ku Lok Yin	HYS
	6	Chung Pui Ca Charis	PCMS
	7	Ma Gilaine	DGS
	8	Tang Yuen Ching	WFN
	9	Chu Kei Ying Karen	GHS
	9	one wer imig waten	0.110

Event 38	Girls B	Grade 800m	3:15pm
270110 00	Record :		Standard : 2:55.00
Final 1	1	Wong Wan Ki	GHS
	2	Lo Pei Ting	HYS
	3	Ngan Wing Yuet	SPCS
	4	Chan Venice	SSGC
	5	Ng Wai Ting	WFN
	6	Ho So Wai	DGS
	7		PCMS
	•	Cheung King Tung	
	8	Chan Lok Ching	HKUGA
	9	Malkani, Kiara Kamlesh	KGV
Final 2	1	Cheung Chloe	GHS
	2	Karlsson Jane Christa Ming Suet	DGS
	3	Hui Yuet Yu	PCMS
	4	Leung Hun Sum	SSGC
	5	Wong Marie Benedicte	SPCS
	6	Chung Hoi Yiu	WFN
	7	Ng Sin Ying Cheryl	HKUGA
	8	Lightbound, Naomi	KGV
	9	Kwok Sze Ming	HYS
Event 39		Grade 800m	3:15pm
	Record :	2:17.06	Standard : 2:55:00
Final	1	Lee Man Chi	GHS
	2	Tam Hiu Ching	PCMS
	3	Tao Hoi Ting	DGS
	4	Li Chi Ying	HKUGA
	5	Yeung Yee Fei Venus	MCS
	6	Ma Wing Yu	HYS
	7	Luk Sze Wing	GHS
	8	Hung Lok Ching	HKUGA
	9	Lo Cheuk Yat	HYS
	10	Wong Jit	DGS
	11	Choy Shing Yan	PCMS
	12	Ngai Hei Yee	SSGC
	13	Lo Hoi Yan	WFN
	14	Chan Chi Lam	MCS
	15	Chiu Kai On	SSGC
	16	Poon Sze Ching Florence	
	10	room sze ching riorence	SECS
Event 40	Boys C G	rade 800m	3:50pm
	Record :	2:06.64	Standard : 2:32.00
Final 1	1	Chan Yi Ho	WFN
	2	Wong Kwok Kwan	WYHK
	3	Kan Ethan	YCKMC
	4	Fu Shun Ngai	SWC
	5	Chan Kai Long Anson	HPCCSS
	6	Kwan Chun Hei	SMCESPS
	7	Gao Ming Ngai	LSC
	8	Lee Tin Yui	MSC
	9	Lok Ching Ho	CHECSS
	10	-	SSCS
		Chow Nathan Ching Kiu	
	11	Wong Keng Kiu	SJACS
	12	Wang Nok Wang	DBS
	13	Xie Shing Chun	LKYMS
	14	Chan Ka Hei Cyrus	CSWCSS
	15	Cheng On Zit	WYK

Final 2	1	Liu Tsz Hang	WYK
	2	Chow Yik Ming	HPCCSS
	3	Thai Klemens	SMCESPS
	4	Fung Nok Yin	MSC
	5	Tam Yuk Wang	SSCS
	6	Lee Lok Chit	WYHK
	7	Luk Hoi	LKYMS
	8	Kwok Kin Wai	CSWCSS
	9	Gao Ming Ho	LSC
	10	Yuen Pak Hei	CHECSS
	11	Chong Lik Hang Alex	SJACS
	12	Ng Yam Lok	SWC
	13	Lau Chi Hong	WFN
	14	Xu Haojia	YCKMC
	15	Sy Kwan Hon Johann	DBS

Event 41	Boys B	Grade 800m	3:50pm
	Record	: 2:00.69	Standard : 2:23.00
Final 1	1	Tam Pok Yan	SMCESPS
	2	Fong Yuk Ning Matthew	LSC
	3	Lee Yin Lung Max	WYHK
	4	Lee Tsz Ip	LKYMS
	5	Yu Chun Hei	CSWCSS
	6	Wong Tsz Ngo	WYK
	7	Pun Ho Lam	SJACS
	8	Wong Sze Lok Justice	YCKMC
	9	Suen King Hei	CHECSS
	10	Chow Man Hei	HPCCSS
	11	Ng Chun Hei	SWC
	12	Yip Tsz Hin	DBS
	13	Yip Chung Hin	WFN
Final 2	1	Cheung Hoi Hin Onix	WYK
	2	Ng Chun Wai	HPCCSS
	3	Yee Chun Yin	MSC
	4	Chiu One	CHECSS
	5	Chan Chun Ho	CSWCSS
	6	Ng Yat Wing	WYHK
	7	Xiao Chun Hung	LKYMS
	8	Wong Kai Yin	SJACS
	9	Chan Matthew	YCKMC
	10	Fong Chun Kit Jacky	LSC
	11	Chan Yui Fung	DBS
	12	Shing Ying Yip	SWC
	13	Bui Lang Hei	SMCESPS

Event 42	Boys A	Grade 800m	3:50pm
	Record	: 1:55.58	Standard : 2:20.00
Final 1	1	Lo Cheuk Nam Alec	CHECSS
	2	Li Tsz Yau	SJACS
	3	Lao Yin Hung	CSWCSS
	4	Fong Tsz Fung	SWC
	5	Chor Wai Pang	YCKMC
	6	Slattery Matthew Luke	LSC
	7	Chau Pui Yui Austin	SMCESPS
	8	Pang Tsz Yin	WYHK
	9	Wong Ka Chun	WYK
	10	Chow Cheuk Man	HPCCSS
	11	Yip Wa Pan	LKYMS
	12	Chu Lok Yin	DBS
Final 2	1	Sahabudeen Mohamed Ijaz	SMCESPS
	2	Chau Hoi Yeung	WYK
	3	Tse Hou Ting	HPCCSS
	4	Li Ming Jun Justin	MSC
	5	Pang Yin Ki	CHECSS
	6	Wong Yan Long	WYHK
	7	William's Chun Man	LKYMS
	8	Cheung Chin Lap	CSWCSS
	9	Li Kevin	SJACS
	10	Wong Chi Kin	WFN
	11	Lee Tsz Hin	LSC
	12	Tong Tak Sum	DBS
Event 43		Grade 4x100m Relay	4:25pm
	Record	: 50.33	Standard: 58.80
Heat 1	2		PCMS
	3		DGS
	4		HKUGA
	5		MCS
	6		KGV
Heat 2	2		WFN
11040 2	3		HYS
	4		GHS
	5		SSGC
	6		SPCS
	ŭ		5205
Event 44	Boys C	Grade 4x100m Relay	4:25pm
	Record	: 45.05	Standard : 52.00
Heat 1	1		SMCESPS
	2		SWC
	3		DBS
	4		WYHK
	5		WYK
	6		YCKMC
	7		CHECSS
Heat 2	1		WFN
	2		HPCCSS
	3		SJACS
	4		LSC
	5		LKYMS
	6		SSCS
	7		CSWCSS

Event 45	Girls B Grade 4x100m Relay	4:25pm
	Record: 49.44	Standard : 57.00
Heat 1	2	HKUGA
	3	SSGC
	4	KGV
	5	DGS
	6	GHS
Heat 2	2	HYS
	3	PCMS
	4	MCS
	5	WFN
Event 46	Boys B Grade 4x100m Relay	5:00pm
	Record : 43.73	Standard: 49.00
Heat 1	1	CSWCSS
	2	LSC
	3	WYK
	4	SSCS
	5	CHECSS
	6	SMCESPS
	7	SJACS
	8	YCKMC
Heat 2	1	DBS
	2	MSC
	3	HPCCSS
	4	WFN
	5	SWC
	6	WYHK
	7	LKYMS
Event 47	Girls A Grade 4x100m Relay	5:00pm
	Record : 48.77	Standard : 56.80
Heat 1	Record : 48.77	Standard : 56.80
	Record: 48.77 2 3	Standard : 56.80 WFN SSGC
	Record: 48.77 2 3 4	Standard : 56.80 WFN SSGC GHS
	Record: 48.77 2 3 4 5	Standard : 56.80 WFN SSGC GHS HKUGA
	Record: 48.77 2 3 4	Standard : 56.80 WFN SSGC GHS
Heat 1	Record: 48.77  2 3 4 5 6	Standard : 56.80 WFN SSGC GHS HKUGA MCS
	Record: 48.77  2 3 4 5 6	Standard : 56.80  WFN SSGC GHS HKUGA MCS PCMS
Heat 1	Record: 48.77  2 3 4 5 6 2 3	Standard : 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS
Heat 1	Record: 48.77  2 3 4 5 6 2 3 4	Standard : 56.80  WFN  SSGC GHS HKUGA MCS  PCMS DGS KGV
Heat 1	Record: 48.77  2 3 4 5 6 2 3	Standard : 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS
Heat 1	Record: 48.77  2 3 4 5 6 2 3 4 5	Standard : 56.80  WFN  SSGC GHS HKUGA MCS  PCMS DGS KGV
Heat 1	Record: 48.77  2 3 4 5 6 2 3 4	Standard : 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS
Heat 1	Record: 48.77  2 3 4 5 6 2 3 4 5 Boys A Grade 4x100m Relay	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm
Heat 1  Heat 2  Event 48	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50
Heat 1  Heat 2  Event 48	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50 SJACS
Heat 1  Heat 2  Event 48	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC
Heat 1  Heat 2  Event 48	Record: 48.77  2 3 4 5 6 2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3	Standard: 56.80  WFN  SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS
Heat 1  Heat 2  Event 48	Record: 48.77  2 3 4 5 6 2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK
Heat 1  Heat 2  Event 48	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS
Heat 1  Heat 2  Event 48	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5 6	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS CSWCSS
Heat 1  Heat 2  Event 48	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5 6	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS CSWCSS
Heat 1  Heat 2  Event 48  Heat 1	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5 6 7	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS CSWCSS WYK
Heat 1  Heat 2  Event 48  Heat 1	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5 6 7 1	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS CSWCSS WYK  SMCESPS
Heat 1  Heat 2  Event 48  Heat 1	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5 6 7 1 1 2	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS CSWCSS WYK  SMCESPS SWC
Heat 1  Heat 2  Event 48  Heat 1	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5 6 7 1 2 3 4 5 6 7	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS CSWCSS WYK  SMCESPS SWC LSC
Heat 1  Heat 2  Event 48  Heat 1	Record: 48.77  2 3 4 5 6 2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5 6 7 1 2 3 4 5 6 7	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS CSWCSS WYK  SMCESPS SWC LSC CHECSS
Heat 1  Heat 2  Event 48  Heat 1	Record: 48.77  2 3 4 5 6  2 3 4 5  Boys A Grade 4x100m Relay Record: 42.16  1 2 3 4 5 6 7 1 2 3 4 5 6 7	Standard: 56.80  WFN SSGC GHS HKUGA MCS  PCMS DGS KGV HYS  5:00pm Standard: 47.50  SJACS YCKMC SSCS WYHK DBS CSWCSS WYK  SMCESPS SWC LSC CHECSS HPCCSS