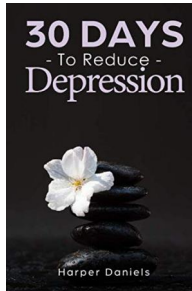


## 30 Days to Reduce Depression: A Mindfulness Program with a Touch of Humor (Paperback)



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