

[BLOG POST] THE WELL-EDUCATED MIND, CHAPTER 3;  
KEEPING THE JOURNAL: A WRITTEN RECORD OF  
NEW IDEAS

The first step of a

- 1 Classical self-education is the mastery of facts. In order to master facts, you must be able to ~~understand~~ capture, understand, analyze, and develop your own ~~ideas~~ conclusions about the ideas that ~~these facts derive~~ derived from those facts. The most reliable and time-proven way to master the content that you read is to summarize in your own words what the author wrote and then to write down your reactions / thoughts / feelings about ~~these~~ each of these summaries.

### Reading and Journaling Guidelines

- 1) Write the chapter's title at the top of the journal's page.
- 2) Read the chapter <sup>once</sup> from start to finish without stopping (Take notes only for sentences, quotes, thoughts or ideas that catch your attention)
- 3) ~~Read~~ Identify the chapter's major sections and read the chapter a second time. ~~This time~~ after reading each section, write in your own words a summary of the section.  
ask: - What's the writer's most important point?  
- What one thing about the section stands out to me?  
- ~~What else~~ what else is important about this section?

~~What's the writer's most important point?~~  
What's the writer's most important point?  
What's the writer's most important point?

### [BLOG POST] Chapter 3 (cont.)

- 4) after all chapter summaries are written, go back and read all of your summaries. ~~and write your reactions, thoughts~~ for the content of each summary, write down your reactions.

### My Reactions To The Above Chapter Summary.

~~Serious reading requires~~ Doing serious

reading is a lot of work. It also increases the time commitment of double or more over casual reading. After reading the each chapter twice ~~and~~, then ~~is~~ writing (in my own words) summaries of each section, and then going back to and writing down my reactions to each of my section summaries, its no doubt in my mind that I'll master each chapter's content. How sad would it be if otherwise.