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DOST 1 includes Gender and Development Webinars in S&T Week

The Department of Science and Technology Region 1 (DOST 1), through its Gender and Development (GAD) Program, conducted various GAD Webinars in celebration of the 2021 National Science and Technology Week via Zoom platform and streamed live through DOST 1 Official Facebook (FB) Page.

DOST 1 GAD Focal Point System (GFPS), as the lead in gender mainstreaming of projects, programs, and activities (PPAs) of the agency, has prepared activities to perk up the celebration in the region.

Pre-NSTW GAD Webinars

Understanding Basic GAD Concepts and SOGIESC

The first GAD Webinar entitled "Understanding Basic GAD Concepts and SOGIESC" was conducted last October 11, 2021 at 1:00 PM.



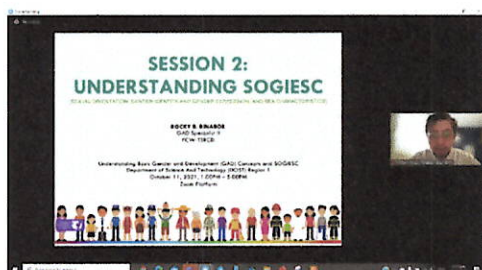
Dr. Diana L. Ignacio, DOST Assistant Secretary for Human Resource Management, Management Services, and Special Concerns, and Officer-in-Charge of GAD and Regional Support Service, stated during her opening message, "This is very essential in incorporating various perspectives into our everyday lives, learning other gender diversities and developing a more well-rounded comprehension of the human experience which ultimately benefits everyone."



The topic on Understanding Basic Gender and Development (GAD) Concepts was discussed by Ms. Maria Fe B. Singson, DOST Supervising Science Research Specialist and National GAD Resource Pool Member. Ms. Singson shared, "As GAD Advocates, we shall start by respecting every individual, regardless of who they are. We shall also recognize and change the inequalities at home, in the community and institutions, by applying a gender lens in fulfilling our tasks which will enable us to examine and assess differential needs of both men and women."

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Furthermore, Mr. Rocky B. Rinabor, Philippine Commission on Women (PCW) GAD Specialist II of the, discussed the topic of Sexual Orientation, Gender Identity and Expression, and Sex Characteristics or SOGIESC. His discussion was focused on the Understanding of SOGIESC, SOGIESC-based rights and related issues, and what we

can do moving forward.

The webinar was participated by 69 Zoom attendees and 47 FB live viewers.

Training on the Use of Gender-fair Language

The second GAD Webinar entitled, "Training on the Use of Gender-fair Language" was conducted last October 15, 2021, at 1:00 PM.



Ms. Kristel May G. Magdaraog, University Extension Specialist III of University of the Philippines – Diliman Gender Office, provided orientation in sexism and its manifestation in the language in the Philippine context. She discussed types of sexism: (1) Hostile Sexism which is defined as the beliefs and behaviors that are openly hostile towards a group of people based on their sex or gender; (2) Benevolent Sexism which is defined as less obvious and sees women as weak; and (3) Ambivalent Sexism which is the combination of the first two types.



Ms. Magdaraog added, "Sexism can be conveyed through behavior, speech, writing, images, gestures, laws and policies enacted, and practices and traditions. Sexism in language devalues members of one's sex or gender where it discriminates against women and LGBT. It misleadingly focuses on the sex of the individual rather than what they are doing." She also added on her discussion the term "Misogyny" which is defined as deep hatred of women, and about controlling and punishing women who challenge male dominance.

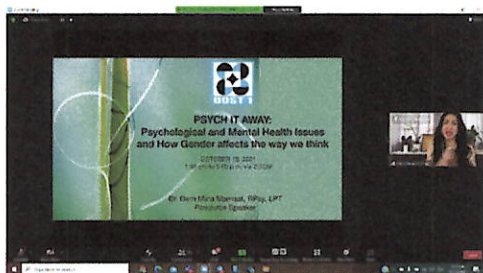
"In non-sexist writing, always take note of the sex-role stereotyping and paraphrase the quote using non-sexist language. Let us promote and foster a gender-inclusive workplace," she concluded.

The webinar was participated by 72 Zoom attendees and 33 FB live viewers.

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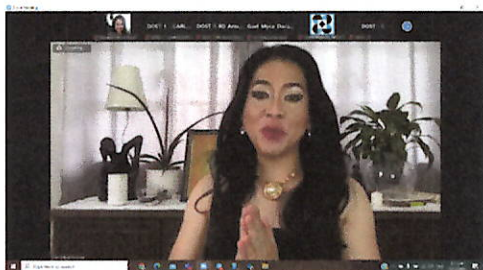
Psyche it Away: Psychological and Mental Health Issues and How Gender Affects the Way We Think

The third GAD Webinar entitled “Psyche it Away: Psychological and Mental Health Issues and How Gender Affects the Way We Think” was conducted last October 19, 2021 at 1:00 PM.



Dr. Dem Mina Mamaat, Free-lance Motivational Speaker, started the webinar with a warm-up game on the various things men and women use daily and a discussion of the realization was done after. She linked the games to the topic and said, “Our differences make us unique and that we should respect each man and women in our society. Mental

health includes our emotional, psychological, and social well-being. It affects how we think, feel and act.”



Dr. Mamaat discussed gender impacts on health and mentioned the importance of medical research. She reiterated that health should not be gender blind because health issues might affect women and men differently. She also added, “When we psyche it away, in terms of mental health, women are more likely than men to experience anxiety

and depression, while men are more likely to be diagnosed with substance use and even antisocial disorders. Hence, the division between men and women in power, responsibilities, and personal characteristics are relevant for mental health.”

Dr. Mamaat discussed various mental health problems, like anxiety disorders, depression, and antisocial personality disorders. Thus, men and women shall be encouraged to seek help and accord respect and support to those who want to speak up, regardless of whatever issues they may have.

The webinar had 65 Zoom attendees and 23 FB live viewers.

Gender Issues and Students Vulnerability to Covid-19

The fourth GAD Webinar entitled “Gender Issues and Students Vulnerability to covid-19” was conducted last October 22, 2021, at 1:00 PM.

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Dr. Eleanor R. Belizar, University of Northern Philippines Associate Professor V and National GAD Resource Pool Member of PCW served as the Resource Person of the webinar.



Dr. Belizar started her presentation with a brief discussion of the differences between sex and gender, manifestations of gender biases, gender stereotyping, gender division of labor, and gender-based violence.

“The pandemic crisis affects women and men in different ways, regardless of where one looks, it is women who bear most of the responsibility for holding societies together, be it at home, in health care, at school, or in caring for the elderly,” she added.

Since the Covid-19 pandemic broke out in late December 2019, education has been hit hard because over 800 million learners from around the world have been affected, and based on the statistics, 1 out of 5 learners cannot attend school.

She cited that girls and young woman are most concerned about their mental health, sexual and reproductive health, education, the disruption in economy everywhere, that they are being infected with covid-19. They need access to information about gender-based and domestic violence as well as access to safe reporting, grievance, and justice mechanisms for victims, mental and emotional support, including psychosocial and wellness programs.



She concluded her presentation by stating an excerpt from the Plan International Philippines, 2021, “We must recognize the needs, voice and potential of every girl in disaster risk management, resilience, and response efforts. It is only through her lens that we can ensure inclusive, equitable, and gender-transformative humanitarian response.”

79 Zoom attendees and 38 FB live viewers participated in the webinar.

Effects of Cyberbullying, Misinformation, and Online Sexual Abuse to Students

Mr. John Michael E. Matibag, Advocacy and Training Officer of Stairway Foundation, served as the Resource Person.



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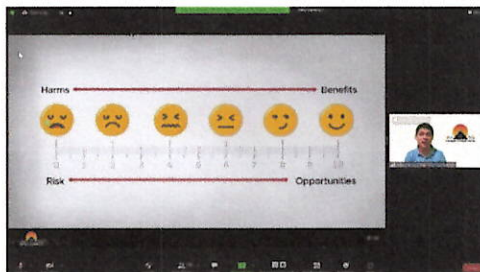
Mr. Matibag started his presentation by sharing the mission of their agency, "Kami ay isang non-government organization na tumutulong upang magkaroon ng karagdagang kaalaman ang iba't-ibang organisasyon, partikular yung mga bata ating komunidad at mga mamamayan upang maipagpatuloy ang pagprotekta sa mga kabataan sa pang-aabusong sekswal, sa online at offline environment sa pamamagitan ng aming Break the Silence Campaign o BTS Campaign."



government organizations.

According to Mr. Matibag, through their organization's BTS Campaign, they are working on advocacy, capacity building, and networking to increase awareness of the issues from ground level to government departments, with a strong focus on training and sensitizing the National Police, social workers, teachers, and multiple non-

In order to lessen the online risks of youth in using the internet, he discussed the context of four (4) Cs: Content or "*nakikita ng bata*"; Contact or "*nakakasalamuha at nakakausap*"; Conduct or "*ginagawa ng bata*"; and Contract "*pagpapadala ng mga hubad na larawan*".



He also specified that harassment, exclusion, masquerading, cyberstalking, flaming, and outing were examples of cyberbullying. As well as the involvement of threat to life, or sexual violence, these violate the Republic Act 10627 or the Anti-bullying Act of 2013.

Furthermore, he shared, "It is important to build up children's protective behavior, but at the end of the day, offenders are accountable for their own behavior."

The webinar got a 4.87 evaluation rating assessed by 160 Zoom attendees and 409 FB live viewers.

NSTW GAD Webinars

Gender and Climate Change

The sixth GAD Webinar entitled "Gender and Climate Change" was conducted last November 9, 2021 at 1:00 PM.

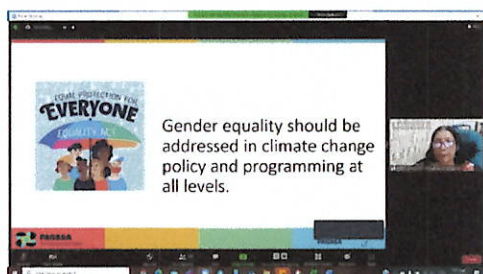


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Ms. Rosalina G. de Guzman, Chief of the Climate Data Section of DOST - Philippine Atmospheric, Geophysical and Astronomical Services Administration (PAGASA) served as the Resource Person.

Ms. De Guzman started her presentation by defining climate change which according to her is the most complex challenge of all time. She added, "Climate change requires a concerted proactive and holistic response. Its effects to men and women varied differently particularly where natural disasters are concerned."



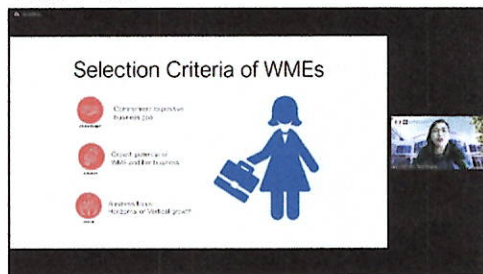
According to Ms. De Guzman, both men and women are vulnerable to climate change particularly if it reduces their capacity to adapt to the negative impact of climate change and adversely affects their ability to contribute to mitigation and adaptation.

More so, she added that women empowerment is often necessary as an explicit form of affirmative action since many women find themselves in a condition of inequality and require specific and targeted attention to enable them to participate fully in gender mainstreaming.

The webinar was participated by 149 Zoom attendees and 60 FB live viewers.

WEE Care, WE Share: An Innovative Initiative to Support Women Entrepres in Region 1

The third GAD Webinar entitled, "WEE Care, WE Share: An Innovative Initiative to Support Women Entrepres in Region 1" was conducted last November 11, 2021 at 1:00 PM.



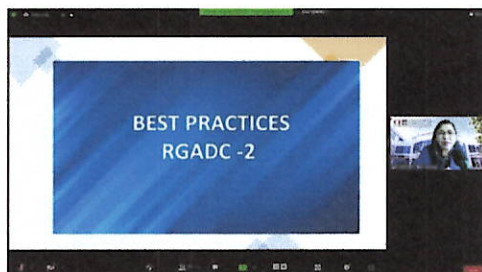
Dr. Teresita A. Tabaog, DOST Region 2 Assistant Regional Director for Technical Operations Services, discussed the gist of the Women Economic Empowerment (WEE) Program of the PCW, the Best Practices of DOST Region 2 in terms of Implementing the WEE Program, and their Chairmanship of the Regional Gender and Development

Committee in Region 2.

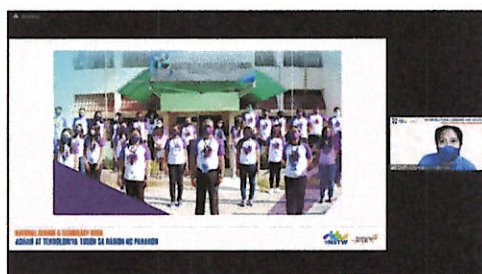
ARD Tabaog said that the WEE Program will be ending this December 2021, however, with DOST 1's initiative, the WEE program can be localized thru a partnership with other national government agencies.



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"WEE want that every woman to start from where they are to move up to the value chain, to be more empowered, to be able to do more, to be able to be more productive as they learn the importance of their existence, not just individually or part of the society," Dr. Tabaog shared.



On the other hand, Ms. Jennifer C. Fernandez, DOST 1 Science Research Specialist II, articulately presented the various projects, programs and activities of DOST 1 which may be of great help to women micro-entrepreneurs in the region.

The webinar had 149 Zoom attendees and 60 FB live viewers.

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