

## PRESS RELEASE

## DOST I Women's Month Celebration Highlights (March 20, 2018):



Reproductive Health and Cardiovascular Talk

Based on the Proclamation No. 1675, s. 2008 stated that cardiovascular disease "is the number one killer of women in the Philippines", quoting statistics in that year showing that 1 of 30 women in the country would die of breast cancer while 1 of 4 would fall to heart disease instead. As a countermeasure, President Gloria Macapagal-Arroyo signed the proclamation, which encouraged the promotion of heart health for women in particular during March. Ms. Carla Joyce Cajala, a registered nurse and project staff of RxBox 1000, shared that women's reproductive health has a distinct difference compared to men's health because it is associated with pregnancy and child birth. Thus, they are more vulnerable to reproductive diseases. Cardiovascular diseases top the 10 leading causes of mortality with female recognized being the most risky. In addition to, reproductive health should be well-attended to as a number of sexually transmitted diseases are irreversible.

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