

Flagging at NIROG

Variable	Normal	mild	moderate	Severe
BMI	18.5-24.9 kg/m <sup>2</sup>	<18.5	25-29.9 overweight	≥ 30 obese
BP	Up to 130 and 80	>130~140 or >80~90	>140 or >90	>180/110
Temp	<98.4 F	>98.4	>102 F	
FBS	< 6 mmol/L	≥ 6~7	DM > 7 mmol/L	
RBS	<7 mmol/L	≥ 7-11	DM > 11	
Hb	Male 14-18 gm/dl Female 12-16 gm/dl	Male >10 or <14 Female >10 or <12	8-10 gm/dl	<8gm/dl
HR	60-100/min		<60 HR>100	
SPO2	>95%	93-94%	<93%	
Resp rate	12-25 rate/min		<12 and >25/min	
Cardiovascular risk	<10%	Mild 10-20%	20-30%	>30%
HbA1c	<6.5%		≥6.5%	
Diabetes in Pregnancy - Fasting plasma glucose	<5.3 mmol/L		≥5.3	