





Blood donation is a simple act of kindness that can save countless lives.

- Request Blood
- Donate Blood




Who Can Donate?

Healthy individuals aged 18-65, weighing at least 110 lbs, can donate blood every 56 days.



Donation Process

The entire process takes about an hour, with the actual donation lasting only 8-10 minutes.



Benefits of Donating

Free health screening, reduced risk of heart disease, and the satisfaction of saving lives.

1,000

Active Donors

3,700

Lives Saved

100

Units Available

24/7

Service Available

Frequently Asked Questions (FAQs)

- How often can I donate blood?
- Is blood donation safe?
- Why should I donate blood through this platform?



Services



About Us

Sign in

Sign up



Sign Up Form

Full Name

Sara

Email

sara@gmail.com

Blood Type

O

Date of Birth

1/1/2000

City

Muscat

Password

Medical History (Optional)

.....

Gender

☒ Female ☐ Male

Sign Up



Services



About Us

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Request Blood Form

Full Name

Sara

Email

sara@gmail.com

Blood Type

O

Date Required

1/1/2026

Reason for Request

Surgery

Hospital Name

Sultan Qaboos Hospital

Urgency Level



Normal



Urgent



Critical

Submit



Services



About Us

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Find a Donation Center Near You

Locate the nearest blood donation centers across Oman and schedule your next visit easily.



Hospital / Center Details

Hospital / Center Name: Sultan Qaboos Hospital

Opening Hours: 24/7

Contact Number: 22222222

Address & City: Seeb/Muscat



Hospitals Currently Requesting Blood

Hospital / Center Name: Sultan Qaboos Hospital

Opening Hours: 24/7

Contact Number: 22222222

Address & City: Seeb/Muscat

Requested Blood Type O-, AB

Urgency Level: Urgent



Services



About Us

Sign in

Sign up



Sign In Form

Email

Password

Sign In



Services



About Us

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Sign up



Donate Blood Form

Full Name

Sara

Email

sara@gmail.com

Blood Type

O

Last Donation Date

1/1/2026

Preferred Hospital

Sultan Qaboos Hospital

Willing to Donate Plasma / Platelets?



Yes



No

Are you currently taking any medication? Do you have any chronic illnesses?



No



Yes



No



Yes

Submit



Services



About Us

Sign in

Sign up



User Profile



Sara

O+

Total Donations: 30

Last Donation: 14/5/2025

Next Eligible: 14/8/2025

Donation History



Hospital Name: Royal Hospital Date: 14/5/2025



Hospital Name: Royal Hospital Date: 14/2/2025



Hospital Name: Royal Hospital Date: 14/12/2024