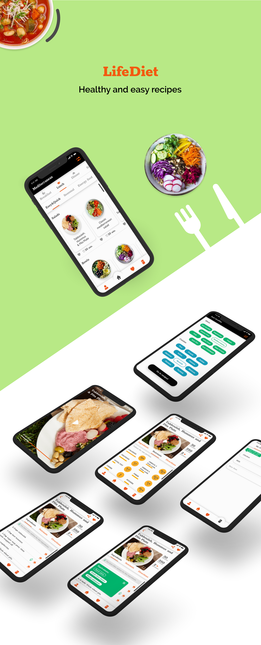
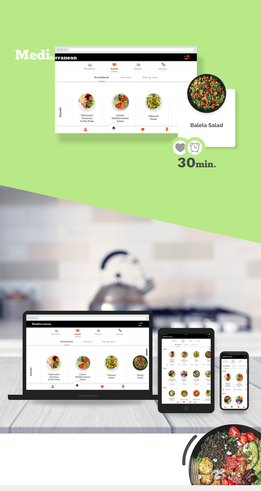
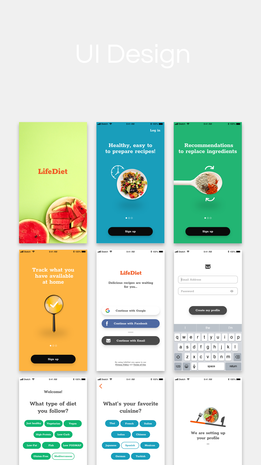
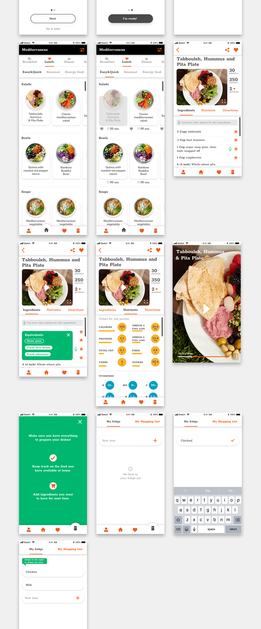

LifeDiet
Healthy and easy recipes


Medi
Breakfast
Lunch
Dinner
Snacks
Breakfast
Tofuscramble & Pita Pizza
Classic Mediterranean Cheese
Tofuscramble & Pita Pizza
Baleta Salad
30min.


Mediterranean
Breakfast
Lunch
Dinner
Snacks
Breakfast
Tofuscramble & Pita Pizza
Classic Mediterranean Cheese
Tofuscramble & Pita Pizza

UI Design


LifeDiet
Log In
Healthy, easy to to prepare recipes!
Sign up
Recommendations to replace ingredients
Sign up
Track what you have available at home
Sign up
LifeDiet
Delicious recipes on making for you.
Continue with Google
Continue with Facebook
Continue with Email
By signing up, you agree to our Terms of Service and Privacy Policy
Email Address
Password
Create my profile
Welcome!
What type of diet you follow?
Vegetarian
Mediterranean
Vegan
Gluten free
Low fat
Low carb
Low cholesterol
Sugar free
Diabetic friendly
Mediterranean
Next
Skip for now
What's your favorite cuisine?
Greek
Italian
Mexican
Spanish
Chinese
Japanese
Indian
Thai
Mediterranean
I'm ready!
We are setting up your profile
Mediterranean
Breakfast
Lunch
Dinner
Snacks
Breakfast
Tofuscramble & Pita Pizza
Classic Mediterranean Cheese
Tofuscramble & Pita Pizza
Tofuscramble, Hummus and Pita Plate
Ingredients
Nutrients
Directions
Tofuscramble, Hummus and Pita Plate
Ingredients
Nutrients
Directions
Tofuscramble, Hummus and Pita Plate
Ingredients
Nutrients
Directions
Ingredients
Tofu
Add ingredient
Add ingredients you want to have for meal time
Make sure you have everything to prepare your dishes!
Keep track on the food you have available at home
Add ingredients you want to have for meal time
My Fridge
My Shopping List
Tofu
Add
My Fridge
My Shopping List
Tofu
Chicken
My Fridge
My Shopping List
Chicken
Tofu
Add
My Fridge
My Shopping List
Chicken
Tofu
Add