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| Name: smt. Radhika.s | Reg No: 2-7SMHC17 |
| Age / Sex: 38 yrs..f | Contact No:9060937722 |
| Marital Status:MARRIED – 15yrs | Date:7/7/17 |
| Occupation:housewife. Ba arts | Dr. PJFP |
| Address:  Blore – 15 yrs | DIAGNOSIS- |

1. Joint pain since 1month. <sitting on floor, on waking cant walk due to pain.. Knees and fingers and ankle pain. swelling and feels hot on knees and ankles. >hot water. <cold
2. Weight loss 8 kgs 2-3 months.
3. Dm since 3 years. Found out by having some vaginal infection. Gynac suggested fr a test and came to know tht she is diabetic.

**Itching** vagina <coition and after coition fr 2-3days. Light burnin urination on and off > scratching. During menses <burning urination. Night urine 2-3 times.

1. Constipation. Will get motion only if takes sugar tablet.
2. Headache 15 days once. Whole headache.

Lmp: 28/6/17. 5 day flow. 3 pads /day. First 3 days. Nausea.

Bp: 130/70mmhg

Hb-6.3 % 7/4/17.

Fasting – 162mg/dl

FAMILY H/O:

DAD: DM DIED DUE TO GANGRENE.

MOM: ?THYROID DYSFUNCTION.

ELDER SIS: dm.

PAST H/O:

2002 MARRIAGE. 2003 CONCEIVED. 5 MONTH ABORTION AFTER THAT HAD 3 TIMES ABORTION. BABY NOT FORMING WELL . TOOK HEPARIN FR 9 MONTH

Tb 2000 – took 9 months rx.

Rx:

1) rhus tox 200 4-4-4-4

2) helonias 200 – 4 doses

3) sygizuim Q – 15-15-15-15 drops.

4) AC.NIT 200 – 2 DOSES – WEEKLY ONCE.

22/7/17: no relief from pain. fbs: 142 mg/dl. Ppbs: 198mg/dl. Vaginal infection feels better. 2-3 days has cold. First started with left knee then to right. Numbness in right middle 3 fingers feels numbness more in the night only. > cold water.cant sit down at all. needs grip to sit down due to pain.

Rx:

1.rt 10m

2.led 200.

3. lyco 200 – 4 doses alt days with water.

Carc 1m

21/8/17: feels pain slightly inc than b4 but not to tht extent whr she required to take med alorx. Numbness better in fingers ocassionlly getz it. Vaginal infection. No burning urination. Headache not getting now. Says has always been very anaemic due to heavy bleeding. after marriage and deliveries feels flow has reduced. First day pain in back for menses. Very painful then.

Rx:

1.polyporus pinicola 200 – 4-0-4 disc with water

2.eup perf 200 – 4-0-4 disc with water

3. sepia 200 – 4 doses. Weekly once wit water.

4. medo 200 – 2 doses – 15 days once with water.

22/9/17: AS LONG AS MED WAS THER NO PAIN. TODY NO MED SO FELT THERE IS PAIN A BIT. FEELS BETTER WITH URINATION. PAINS. BUT INFECTION NO CHANGE. LMP: 4 DAYS AFTER VINAYAKA CHAVITHI. MOTION CLEAR.

RX:

1. CHINA 1M – 4 PILLS – MNG B/FOOD WATER
2. polyporus pinicola 200 – 4-0-4 disc with water
3. ACID NITRICUM 1M/ MEDO 1M/THUJA200 – 4 DOSES – WEEKLY ONCE – B/FOOD WITH WATER MNG..
4. ZINC MET 200 – DISC 4-0-4 WITH WATER B/FOOD.
5. SYZIZIUM Q – 10-10-10 DROPS A/FOOD.

30/11/17: NO JOINT PAIN . ABLE TO WALK. FROM ONE MONTH NO TABLTS. SLEEP A BIT DISTURBED. THINKING DUE TO HER FAMILY HEALTH N OTHER PBMS. NO PULLING PAIN IN FINGERS ALSO. HAS SUGAR , URINE INFECTION. ITHCING. COLD WATER WASHING FEELS BETTER. FEELING THAT HER MOTHER IS VERY DISTUBED DUE TO .

RX:

1. FERR PHOS 12 X 4-4-4-4
2. MERC SOL 1M / MEDO 10 M/ SULPHUR 1M – 1 DRAM PILLS 4-4-4
3. RUBRUM 15 . 1 DOSE NIGHT B/FOOD.
4. AVENA Q+SYSZQ 10-10-10-10 DROPS A/FOOD WATER.

23/1/18:burning more after coition only after coition then stays till 3-4 days. Heavy bleeding whenever menses. 4 /day pads. Stays for 3 days. 4th n 5th day minimal. Clots < whenever passes urine. Gets motion frequently almost 2-3 times durin menses only off late. Back pain in the lumbar region and sometimes radiates a bit lower. From 2-3 years only has this pbm. If eats any hard substance gets cut on the tongue. Eats raw rice while cleanin likes to eat. slate pencils use to like to eat. now changed to dove soap. Fear that anything may happen to the uterus and may get removed and all. first time when she was 18-19 years she fainted in a temple. Then got to know her hb was low. Then got a blood transfusion. Numbness if she eats sugar. 3 months baby she fell down from bed didn’t cry doc had to beat her a lot on back to make her cry.

Before marriage 21 years of age got wisdom tooth . couldn’t breathe then at all. got tooth on tooth said there was a lot of pressure on the structures beside. After removing the impacted tooth she felt better but thr was no further cure. Cries a lot. Gets a lot of pain in the heart region says she feels left hand pains. She liked to work but she didn’t get credit so quit saying why shd she burden herself and work. Gets nausea with iron tablets. No interest in sex. Feels should be more neat. If she has interest will have no pain. no interest with neat. Feels its wrong and only to have kids it is important otherwise no need. Feeling pain for everything. Dryness vagina then. Drank on breastfeeding only fr 3 months. After that only top feeds. Delayed in walking

Rx:

1. Lecithin 30 – disc 4-4-4-4
2. Ferr phos 12 x 4-4-4-4
3. Tuberculinum 1m – 3 doses 5 days once b/food.
4. Nat mur 1m – 2 doses – 1 dose bfood weekly.

24/11/18: lmp: 18/11/18. Same no change in bleeding. Burning vagina is more than itching. Must use ointment. Fbs is 140 ; ppbs -240 mgdl. Hb- 6gm%. No weakness no hunger infact feels less hungry. No profuse urination no exces sweating.

Rx:

First one month

1. Carc 0/1 2 pills twice b/food alternate days for one month.
2. Acid phos 1m disc 3-0-3 a/food.
3. Thlaspi bursa pastoris 10-10-10 drops a/food.
4. Ignatia 1m – 4 doses – weekly before food.
5. Syzizium Q 10-10-10 drops a/food.
6. Rheumagic oil
7. Pl doses 30- 1 dose nt b/food.

2nd month:

1. Continue 2,3,4,5,7.
2. Penta phos tabs 2-0-2

28/12/18: hb- 5.4 gm%. Morning vomiting sensation. Pica there. Neatness more. Obsessed. Cant eat others engili. Even husband. Not even kids. Now a days cant eat in hotels also. Feeling very irritated. Bleeding 5 days . 4pads /day. Fr 3days. 4 n 5 th day less. Backpain during menses but still reduced after my med last year now started to get again. Very fixed in the ideas will fast. Religious obsession. Milk aversion.

Rx:

1. Lecithin 200 – 4-4-4
2. Alfalfa avenaQ ginseng– 15-15-15 drops a/food water.
3. Lachesis 1m – 2 doses – water mng
4. Carcinosin 1m – mng 1 tab b/food.

12/1/19: lmp: dec 13th 2018. Bleeding better. 1 week cough and cold. Morning sickness there.

Rx:

1. Lach 1m – 2 doses – weekly.
2. Ferr phos 6x 4-4-4-4
3. Pl 15 – 1 dose night b/food.
4. Benzenum 200 – disc 4-0-4.
5. Disc 4—0-4.

19/2/19: vomiting sensation not there. Lmp: 20/1/19. Bleeding normal. Night no sleep frm 5 days. Itching reduced this time in genitals. Wt: 61.2kg.

Rx:

1. Lach 1m – 4-4-4 for 4 days alternate weeks.
2. Ferr phos 6x 4-4-4
3. Pl 30 – 1 dose night b/food.
4. Benzenum 200 – disc 4-0-4.
5. Disc 4-0-4. A/food.

28/3/19: VOMITING SENSATION IS NOT THERE. LMP: 25/3/19: SLEEP BETTER. NO ITCHING ALSO.

RX:

1. Lach 1m – 4-4-4 for 4 days alternate weeks.
2. Ferr phos 6x 4-4-4
3. Pl 30 – 1 dose night b/food.
4. Benzenum 200 – disc 4-0-4.
5. Disc 4-0-4. A/food.

MEDICINE FOR 2 MONTHS.