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| Name: SMT. SIRISHA | Reg No: 10-9SMHC17 |
| Age / Sex:34/F | Contact No: 8884675553 |
| Marital Status:ML-6 YEARS | Date:23/9/17 |
| Occupation:SE. BCA AND MBA | Dr. PJFP |
| Address:  NATIVE OF GUNTAKAL IN BLORE SINCE 10 YRS | DIAGNOSIS- |

1. NO ISSUES BUT CONCERN ABOUT HER HB

USE TO HAVE VIT AND CA DEFICIENCY AND TABLETS FR IT IN CHILDHOOD.

WEAK IN CHILDHOOD. NO ENERGY. DAD HAD SOME NERVOUS RELATED ISSUE. NO STRENGHT IN FINGERS.

-FEELS LIKE NO CONTROL WITH MY LIFE. WANTED IN THE SAME WAY OF PLAN.

- TAKES OWN DECISIONS. NOT DEPENDENT ON OTHERS. I CANT DO WELL MAYBE, I CAME FROM A SMALL TOWN , BUT ONCE SOMEONE RECOGNISED HER PROF AND TOLD HER U CN DO IT SO AFTER EXPOSURE ABLE TO GET.

BEFORE PERIODS MOOD SWINGS A LOT.

PERIODS 35-37 DAY CYCLE.

BACK PAIN MORE WHEN DOING LIFTING AND ALL.

DOESN’T LIKE PEOPLE LOOKING DOWN ABUT HER. EXPECT MUTUAL RELATIONSHIP.

NO NON VEG DOESN’T LIKE MUCH.

RX:

1. SIL 6X. BID.
2. FERR PHOS 6X.
3. NAT MUR 1 DOSE-

7/10/17: periods were on time. Kadupu manta, ila chesadenduku, angry about her bro in laws life. She doesnt like to take anything against her decision. Off late started to throw things in temper. She expects that after a quarrel he shd say sorry and talk to her. Prior to marriage she was disciplined, fun loving.

lmp: 2/10/17 . heat during the body, had a lot of temper. Njoys sex no issues.

Rx:

1. Nat mur1m – 1dose – water.
2. Sil 6x bid
3. Ferr.phos 6x bid.

15 days medicine.

28/10/17: INABSENTIA. SAID SHE WILL NOT TAKE PILLS BCOZ SHE FEELS THESE R NOT HELPING HE HAS SOME PSYCHOLOGICAL PROBLEM. MOOD SWINGS BEFORE PERIOD 10DAYS. LMP: 1/OCT/17. FRUSTRATION IF OTHERS NOT ABLE TO DO.

RX:

1. STAPHYSGRIA 200- M- 4 PILLS
2. IGNATIA 200 – A – 4 PILLS
3. PLATINA 200 NIGHT – 4 PILLS

**SRESHTA**: COLD COUGH AND FEVER. RUBBING HER GENITALS A LOT ITCHING MAYBE? COUGH MORE, VOMITS MORE IF ITS SEVERE. <EVENING. NIGHT ALSO.DOESNT DRINK WATER. FOOD ALSO.

RX:

1. APIS200 + BELL200+ACONITE 200- 2 HOURLY 4PILLS.
2. PULS 1M – 4 DOSES.
3. COCCUS CACTI+IPECAC 200 4 TIMES

26/11/17:

Feels very weak.

1. Sil 1m – 4 doses- weekly b/brush food.
2. Pl 30 – nit one dose.
3. Ferr phos 12 x.
4. Disc 4-0-4.