

Gliding Frequency Reference Card

Notify changes to paul@ruskin.me.uk

V7 31-Oct-20

TP	Airfield	Freq	TP	Airfield	Freq
ABO	Aboyne	130.105	HAD	Halesland	129.980
AST	Aston Down	129.980	HAL	Halton	130.425
	Bellarena	118.685	HIN	Hinton	119.455
BIC	Bicester	135.480	HTN	Honington	122.100
BID	Bidford	118.685	HUS	HusBos	127.580
BOO	Booker	126.555	KEE	Keevil	129.980
BR1	Bognor Regis	129.980	KEN	Kenley	129.905
BRT	Brentor	130.105	KIR	Kirton in Lindsey	129.980
BRN	Burn	129.980	LAS	Lasham	131.030
BRW	Barrow	129.980	LLE	Lleweni Parc	129.980
BVT	Eyers Field	129.980	LLR	Llanbedr	118.930
CHP	Chipping	118.685	LLS	Llantysilio	129.980
CLD	Culdrose (4)	134.050	LRI	Little Rissington	120.775
CLK	Challock	118.685	LYV	Lyveden	129.980
CPH	Camphill	129.980		Middle Wallop (1)	118.600
CRA	Cranwell North (5)	129.980	MIL	Milfield	130.105
CRL	Crowland	129.980	MRM	Marham	124.150
CSF	Cosford	135.875	MYN	Long Mynd	129.980
CUR	Currock Hill	130.130	NHL	North Hill	129.905
	Darley Moor	135.480	NYM	Nympsfield	129.980
DRL	Darlington	118.685	OBA	Oban	118.055
DUN	Dunstable	119.905	ODI	Odiham (2)	131.300
EAG	Eaglescott	123.000	PAR	Parham	129.980
EAS	Easterton	130.105	POC	Pocklington	118.755
EDG	Shenington	129.980	POR	Portmoak	129.980
ENS	Enstone	129.880	PRK	The Park	118.685
FAL	Falgunzeon	129.980	RDN	Rattlesden	129.980
FES	Feshiebridge	118.685	RIN	Ringmer	129.980
GRL	Gransden Lodge	131.280	RIV	Rivar Hill	129.980

TP	Airfield	Freq	TP	Airfield	Freq
RIW	Ridgewell	129.980	SUT	Sutton Bank	118.685
RUF	Rufforth	129.980	TAL	Talgarth	118.685
SAC	Sackville	135.480	TIB	Tibenham	129.980
SAN	Sandhill Farm	129.980	UPA	Upavon	124.100
SBB	Strubby	129.980	UPW	Upwood	129.980
SBY	Saltby	129.980	USK	Usk	129.980
SE2	Seighford	129.980	WDP	Waldershare Park	
SHO	Shobdon	118.155	WOG	Weston..Green (3)	129.980
SKF	Skelling	129.980	WRM	Wormingford	129.980
SLE	Sleap	122.455	WSM	Wattisham	125.800
SNI	Snitterfield	129.980	YTN	Yeovilton	127.350

Common Frequencies

Primary Use	Secondary use / notes	Frequency	FL
Ground retrieval	Para / Hang-glider	129.905	FL40
Common glider field frequency	Within 10nm and 3000 ft of airfields	129.980 118.685	FL40
Cross-country situational awareness	Competition	130.105 130.130	FL40
Cloud flying	Other Sit Awareness	130.535	FL100
Competition	Coaching	129.890 130.405	FL40
Safetycom		135.480	

Frequencies are first point of contact for x-country gliders

1 PNGC weekends only

2 Kestrel GC on 119.225 when Odiham App inactive

3 Only when EGD129 inactive

4 Seahawk GC on 118.685 when Culdrose closed

5 Weekends. Join from North - avoid airfield



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Common Channels

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Version	Date	Changes
1	10-Jun-19	Original
2	07-Jul-19	Little Rissington -> 120.775 Strubby -> 129.980
3	31-Jul-19	Weston on the Green - note added
4	02-Jan-20	Seahawk - note added
5	03-Mar-20	RAT -> RDN
6	15-Jul-20	Bicester removed Note for Cranwell North added
7	31-Oct-20	Pocklington changed to 118.755 Minor textual changes