

Analyzing Fitts' Law using Offline and Online Optimization with Motor Noise

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Abstract—TODO: rewrite this

The cause of the speed-accuracy tradeoff is a debated topic of interest in motor neuroscience. Two prominent theories are the presence of signal dependent motor noise and planning variability. In this work, we aim to determine how well the presence of both factors simultaneously explains the speed-accuracy tradeoff. A human arm reaching model is developed with bio-realistic signal dependent motor noise, and a Gaussian noise model is used to deterministically approximate the motor noise. Trajectory optimization is used to simulate several different reaching tasks with varying target sizes and movement durations. These reaching trajectories are then compared to experimental human reaching data as well as experimentally observed trends, revealing a high degree of similarity. These results suggest the speed-accuracy tradeoff is likely caused by a combination of these two factors.

I. INTRODUCTION

TODO: condense this for ACC audience

The speed-accuracy tradeoff is a phenomenon in motor neuroscience which describes the relationship between the speed of a motion and the accuracy required of the task being performed. The presence of the speed-accuracy tradeoff means that the more accuracy a movement requires, the more time the movement will take and vice versa. It is easy to observe the phenomena in many activities in daily life. Even tasks as simple as moving a computer mouse to control a cursor clearly demonstrate the increased precision gained from low movement speed. The speed-accuracy tradeoff is fairly ubiquitous across different animal species as well as motor, perceptual, and cognitive tasks [?]. As a result, understanding the relationship is a frequent topic of study, as the tradeoff must be considered in order to produce accurate models of a controlled motion [?], reaction time, and accuracy [?]. The tradeoff can be quantitatively modeled using Fitts' law. Fitts' Law relates the width of the target of motion W , the movement distance A , and the movement duration MD , as shown below [?]. Fitts' law is frequently used in combination with empirical data from laboratory testing to determine the efficacy of models in relation to the speed-accuracy tradeoff.

$$MD = a + b \log_2 \left(\frac{2A}{W} \right) \quad (1)$$

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Historically, the speed-accuracy tradeoff has been attributed to signal dependent motor noise, which is noise which has increasing variance depending on the strength of a neural control signal [?]. Noise in neural control will cause a change in the desired trajectory of a motion. These perturbations will eventually result in inaccuracies in the final movement. If noise was not a factor in the control of motion, then theoretically faster movements would result in less motor inaccuracy since there would be less time for noise to make an impact on the motion. In fact, the opposite is true as shown by Fitts' law. The conclusion therefore is that higher speeds result in larger noise signals in motor control, resulting in larger movement variability.

However, a new development proposes that a biomechanically realistic computational model can demonstrate the speed-accuracy tradeoff without incorporating motor noise [?]. The findings propose that the speed-accuracy tradeoff is caused by tighter constraints in trajectory optimization for an accurate problem which reduces the number of fast solutions for the problem. As a result, motor planning variability is the root cause of the speed-accuracy tradeoff and not the motor noise as previously proposed. In order to reach this conclusion, the researchers employed a three dimensional, five degree-of-freedom model of the arm utilizing 47 muscles to produce realistic motions. Then, they utilized minimization of a cost function to model point to point movements in order to synthesize movement. They found that the motor variability can be explained using optimal control theory. Essentially, when a movement is being planned, if there is a large target there are many potential optimal paths which are found using the stochastic optimizer. Since there are more potential solutions to the movement problem, there will be many "good" solutions. However, if the search space is decreased by increasing the required accuracy needed for the movement, there will be fewer "good" options, and a less efficient option is more likely to be found when compared to a movement with lower required accuracy.

Their hypothesis about motor planning was further reinforced using a study of the motor cortex of a Rhesus monkey by correlating data for the preparatory neural state variability for accurate and inaccurate tasks to the movement variability. This further emphasizes that motor planning variability results in variability in the executed motion, and indicates some kind of optimal control is involved in motor planning.

A key emphasis of the researchers is the further room for improvement on their model. Signal dependent noise and motor planning optimization are likely both contributors to the speed-accuracy tradeoff as they both are able to correlate

to Fitts' law, so a model which combines both would be an improvement over either model on its own. Additionally, improvement on the optimizer used would also have potential to increase the accuracy of the model [?].

TODO: adapt this into related work section

The decision to combine noise into a trajectory optimization model meant we needed to find more information on modeling signal dependent noise. This led to the frequently referenced model by Harris and Wolpert [?]. This model applied white noise to the neural command signal that activates muscles. The noise is increased proportionally to the control signal strength. In order to add noise into a trajectory optimization model, we began researching other potential models which combined both noise and trajectory optimization. This lead us to the model by Todorov and Li [?], which uses an iterative LQG model for locally-optimal feedback control which incorporates control dependent noise. Todorov found the control dependent noise has a similar effect to an energy cost, and utilized a stochastic model of the human arm with six muscle actuators in their model. Their work was further iterated on by Van Wouwe et al. [?], who determined that the iLQG model required assumptions and tuning which might not be physically realistic. They acknowledged that the hand tuned cost functions were a simplification that potentially sacrificed accuracy. As a result, the Van Wouwe model uses stochastic simulations for both feedforward and feedback control their nonlinear musculoskeletal model, which also uses six muscles.

II. PROBLEM FORMULATION

We aim to answer the following questions:

- When using **TODO: mention MPC** trajectory optimization to simulate reaching movements on a human arm model, how well does the simulated behavior match human behavior, particularly with respect to the speed-accuracy tradeoff? (Question studied in [?])
- How does the introduction of signal-dependent motor noise to the model affect this comparison?
- How does this behavior change when simulating execution of reaching movements using feedback control rather than just planning them?

For each of these questions, we use the following metrics to compare the simulated behavior (collected from our models) to human behavior (experimental data collected and used in [?]):

- Similarity of hand velocity profile during center-out fast reaching movements, evaluated qualitatively by appearance and quantitatively by time and value of maximum velocity:

$$V_{\max} = \max |V_{\text{sim}}(t)| \quad (2)$$

$$T_{\max} = \arg \max_{t \in [0, t_f]} |V_{\text{sim}}(t)| \quad (3)$$

Where V_{sim} is the simulated velocity of the hand during its reaching trajectory, and t_f is the time at which the hand reaches the target.

- Delay in time of maximum velocity between large and small targets:

$$t_{\text{delay}} = \arg \max_{t \in [0, t_f]} |V_{\text{sim}}^L(t)| - \arg \max_{t \in [0, t_f]} |V_{\text{sim}}^S(t)| \quad (4)$$

Where V_{sim}^L and V_{sim}^S are the simulated velocities of the hand during its reaching trajectory to large and small targets, respectively.

- Fitts' Law model parameters a and b . Several reaching tasks with variable target distance and target width will be simulated. A least squares regression will then be performed on the resulting movement duration data from each trial in order to fit the parameters:

$$\begin{bmatrix} a^* \\ b^* \end{bmatrix} = \arg \min_{a, b} \sum_{i=1}^N \left(MD_i - \left(a + b \log_2 \left(\frac{2A_i}{W_i} \right) \right) \right)^2 \quad (5)$$

Where MD_i is the movement duration, A_i the target distance, and W_i the target width for the i th trial, and N is the number of trials.

A. System Model and Dynamics

We model the human arm as a two degree of freedom planar arm with shoulder and elbow joints, actuated by six Hill-type muscles. The majority of this model is taken from [?], which we will now review here. Adaptations have been made from the original model to include signal dependent motor noise and to formulate it as a constrained optimization problem. A diagram of the model is shown in figure 1.

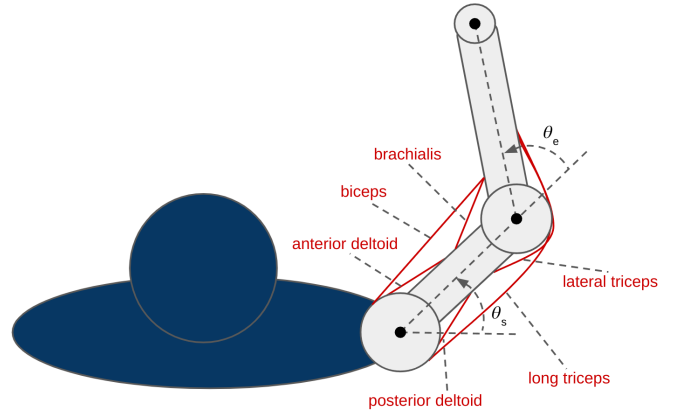


Fig. 1. Diagram of the musculoskeletal human arm model.

The state and control input vectors are defined below:

$$\mathbf{x} = [\mathbf{q} \quad \dot{\mathbf{q}}]^\top = [\theta_s \quad \theta_e \quad \dot{\theta}_s \quad \dot{\theta}_e]^\top \quad (6)$$

$$\mathbf{u} = [a_{\text{brach}} \quad a_{\text{lattri}} \quad a_{\text{antdel}} \quad a_{\text{postdel}} \quad a_{\text{bic}} \quad a_{\text{lattri}}] \quad (7)$$

Where θ_s and θ_e are the shoulder and elbow joint angles, respectively, and $\dot{\theta}_s$ and $\dot{\theta}_e$ are the corresponding joint angular velocities. The control input \mathbf{u} is a vector of muscle activations for each of the 6 muscles in the model. The

stochastic dynamics of the system are given by the following differential equation:

$$\dot{\mathbf{x}} = f(\mathbf{x}, \mathbf{u}, \mathbf{w}) \quad \mathbf{w} \sim \mathcal{N}(0, \Sigma_w) \quad (8)$$

$$= \begin{bmatrix} \dot{\mathbf{q}} \\ M(\mathbf{q})^{-1} (C(\mathbf{q}, \dot{\mathbf{q}}) + T_M(\tilde{\mathbf{u}}, \mathbf{q})) \end{bmatrix} \quad (9)$$

$$\tilde{\mathbf{u}} = \mathbf{u} + \text{diag}(\mathbf{u}) \cdot \mathbf{w} \quad (10)$$

Where $M(\mathbf{q})$ is the mass matrix of the arm model, $C(\mathbf{q}, \dot{\mathbf{q}})$ is the term describing the Coriolis forces, and $T_M(\mathbf{u}, \mathbf{q})$ is the term describing the torques generated by the muscles. Note that the noise vector is effectively scaled element-wise by the control input vector, thus modeling signal dependent motor noise as described earlier.

We approximate the stochastic state trajectories of the system as normally distributed trajectories. This allows us to represent the stochastic state trajectory as a mean trajectory $\bar{\mathbf{x}}(t)$ and a covariance trajectory $P(t)$. We can then use this representation to create a deterministic first order approximation of the dynamics:

$$\begin{aligned} \dot{\bar{\mathbf{x}}}(t) &= f(\bar{\mathbf{x}}(t), \mathbf{u}(t), 0) \\ \dot{P}(t) &= A(t)P(t) + P(t)A(t)^\top + C(t)\Sigma_w C(t)^\top \\ A(t) &= \left. \frac{\partial f}{\partial \mathbf{x}} \right|_{\bar{\mathbf{x}}(t), \mathbf{u}(t), 0} \\ C(t) &= \left. \frac{\partial f}{\partial \mathbf{w}} \right|_{\bar{\mathbf{x}}(t), \mathbf{u}(t), 0} \end{aligned}$$

B. Trajectory Optimization

TODO: Make this more general to account for MPC and separate it from approach/methods section

To plan the trajectory of the arm during a reaching task, we aim to solve the following optimal control problem:

TODO: add joint bounds and positive time constraint

$$\mathbf{u}^* = \arg \min_{\mathbf{u}(t)} k_u \cdot \int_0^{t_f} \mathbf{u}(t)^\top R \mathbf{u}(t) dt + k_t \cdot t_f \quad (11)$$

$$\text{subject to } \dot{\bar{\mathbf{x}}}(t) = f(\bar{\mathbf{x}}(t), \mathbf{u}(t), 0), \quad \bar{\mathbf{x}}(0) = \mathbf{x}_0 \quad (12)$$

$$\begin{aligned} \dot{P}(t) &= A(t)P(t) + P(t)A(t)^\top \\ &+ C(t)\Sigma_w C(t)^\top, \quad P(0) = P_0 \end{aligned} \quad (13)$$

$$\dot{\bar{\mathbf{x}}}(0) = 0, \quad \dot{\bar{\mathbf{x}}}(t_f) = 0 \quad (14)$$

$$F_k(\bar{\mathbf{x}}(t_f)) = \mathbf{p}_{\text{target}} \quad (15)$$

$$[HP(t_f)H^\top]_{i,i} \leq \sigma_{\text{target},i}^2, \quad (16)$$

$$H = \left. \frac{\partial F_k}{\partial \mathbf{x}} \right|_{\bar{\mathbf{x}}(t_f)}, \quad i = 1, \dots, n$$

Where t_f is the duration of the trajectory, R is a weight matrix for muscle activations, k_u is a weight for muscle activation, k_t is a weight for duration, \mathbf{x}_0 is the initial state of the arm, P_0 is the initial state covariance, F_k is the arm forward kinematics function, $\mathbf{p}_{\text{target}}$ is the position of the target, and $\sigma_{\text{target},i}$ is the desired standard deviation of the final position of the i th dimension of the target.

Equation 11 works to minimize muscle activations and trajectory duration. Equations 12 and 13 enforce the dynamics of the system. Equation 14 enforces zero velocity and acceleration at the beginning and end of the trajectory, while equation 15 enforces the final mean position of the arm's end effector to be at the target. Finally, equation 16 enforces the final position of the arm's end effector to be within a certain standard deviation of the target position. This standard deviation can be adjusted to model variation in target size in order to test the speed-accuracy tradeoff.

III. APPROACH

A. Feedforward Planning using Direct Collocation

Working with the Van Wouwe model, we adapted the optimal control framework from [?] to perform only feed forward control and to fit our trajectory optimization problem. This implementation required us to discretize the muscle activation trajectory into a vector of N nodes, and to optimize over that vector. To enforce the dynamics efficiently, we use a direct collocation based method [?]. This involves similarly discretizing the state trajectory into a series of N nodes that are added to the design vector, and then enforcing the dynamics constraints between each consecutive node. This formulation results in the following design vector:

$$\mathcal{X} = [\mathbf{u}_1 \cdots \mathbf{u}_N \quad \bar{\mathbf{x}}_1 \cdots \bar{\mathbf{x}}_N \quad P_1 \cdots P_N \quad t_f]^\top \quad (17)$$

Where \mathbf{u}_i , $\bar{\mathbf{x}}_i$, and P_i are the muscle activations, state, and state covariance at the i th node, respectively. Then the discretized optimization problem can be formulated as follows: **TODO: change to actual fancier discretization used or at least mention it as a note**

$$\mathbf{u}^* = \arg \min_{\mathbf{u}} k_u \cdot \sum_{i=1}^N \mathbf{u}_i^\top R \mathbf{u}_i + k_t \cdot t_f \quad (18)$$

$$\text{subject to } \bar{\mathbf{x}}_{i+1} = \bar{\mathbf{x}}_i + f(\bar{\mathbf{x}}_i, \mathbf{u}_i, 0)\delta t \quad (19)$$

$$\begin{aligned} P_{i+1} &= (I + A_i \delta t) P_i (I + A_i \delta t)^\top \\ &+ C_i \Sigma_w C_i^\top \delta t \end{aligned} \quad (20)$$

$$\bar{\mathbf{x}}_1 = \mathbf{x}_0, \quad f(\bar{\mathbf{x}}_0, \mathbf{u}_0, 0) = 0 \quad (21)$$

$$f(\bar{\mathbf{x}}_N, \mathbf{u}_N, 0) = 0, \quad F_k(\bar{\mathbf{x}}_N) = \mathbf{p}_{\text{target}} \quad (22)$$

$$[HP_N H^\top]_{i,i} \leq \sigma_{\text{target},i}^2, \quad H = \left. \frac{\partial F_k}{\partial \mathbf{x}} \right|_{\bar{\mathbf{x}}_N} \quad (23)$$

$$i = 1, \dots, n \quad (24)$$

Note at the dynamics of the mean and covariance trajectories are enforced using simple forward Euler integration. We may experiment with different integration methods in the future to improve accuracy.

B. Model Predictive Feedback Control

To simulate the act of executing a reaching motion, rather than just planning it, we implemented a nonlinear model predictive controller (MPC). This controller uses the same nonlinear trajectory optimization problem as the feedforward planner, and simply solves that problem at each iteration of the controller. The control algorithm is detailed in Algorithm 1.

Algorithm 1 Model Predictive Feedback Simulation

Input

\mathbf{x}_0 : initial arm state
 t_{iter} : duration to execute before replanning
 $\mathbf{p}_{\text{target}}$: target position
 σ_{target} : target standard deviation
 N : number of nodes in trajectory

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 $\mathbf{x}_{\text{current}} \leftarrow \mathbf{x}_0$ 
while  $\|F_k(\mathbf{x}_{\text{current}}) - \mathbf{p}_{\text{target}}\| > \sigma_{\text{target}}$  do
   $\mathbf{u}^*, \delta t \leftarrow \text{SolveOptimization}(\mathbf{x}_{\text{current}}, \mathbf{p}_{\text{target}}, \sigma_{\text{target}}, N)$ 
   $N_{\text{iter}} \leftarrow \min(\lceil t_{\text{iter}}/\delta t \rceil, N)$ 
  for  $i = 1$  to  $N_{\text{iter}}$  do
     $\mathbf{w} \leftarrow \mathcal{N}(0, \Sigma_w)$ 
     $\mathbf{x}_{\text{current}} \leftarrow \mathbf{x}_{\text{current}} + f(\mathbf{x}_{\text{current}}, \mathbf{u}_i^*, \mathbf{w})\delta t$ 
  end for
end while

```

C. Implementation

To execute both our feedforward planning and feedback MPC simulations, the algorithms were implemented in MATLAB. We used the CasADi library [?] as an optimization framework to specify the problem and provide automatic differentiation for gradient and Jacobian computation. The IPOPT nonlinear solver was then used to perform the numerical optimization, with trivial constants provided as initial guesses for elements of the design vector. IPOPT was run for a maximum of 3000 iterations, after which the problem was considered infeasible. For MPC simulation, the optimization at the first iteration was solved as described previously, and all consecutive iterations were “warm-started” by setting the initial design vector guess equal to the solution from the previous iteration. Most optimization runs converged in less than 500 iterations and took less than 30 seconds to run on a high end consumer grade CPU, although MPC optimization runs that were “warm started” typically converged significantly faster and in fewer iterations. All of the code used to implement the optimization problem can be found in the project GitHub repository: <https://github.com/rbridges12/eecs-598-project>. **TODO: rename github repo to paper name**

IV. SIMULATIONS

A. Model Validation

To tune and validate our feedforward planning model, we first performed a series of reaching simulations with different combinations of k_u , k_t , \mathbf{x}_0 , $\mathbf{p}_{\text{target}}$, and σ_{target} . Target width W was encoded as σ_{target} , effectively defining the target as

the 95% confidence ellipse for final end effector position. For each simulation, we recorded the reaching duration and the value and time of the maximum velocity of the end effector mean trajectory. These values were then compared to experimental data from [?] and ideal parameters were chosen based on similarity to the data. The same procedure was followed for the feedback MPC model, except that the actual end effector trajectory was recorded and each trial was repeated several times and averaged to reduce the effect of noise. Normalized velocity profiles for a slow and a fast trial of the feedforward model are shown in Figure 2, and the same is shown for the feedback MPC model in Figure 3.

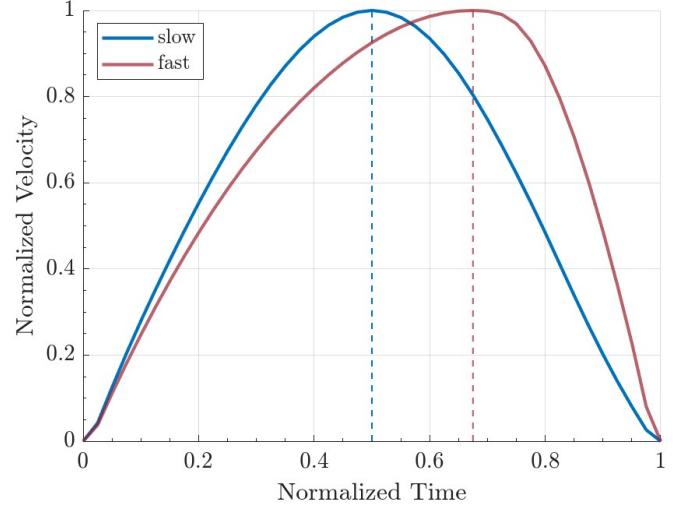


Fig. 2. Normalized end effector velocity profiles for slow and fast feedforward reaching simulations. Each velocity peak is marked with a dashed line.

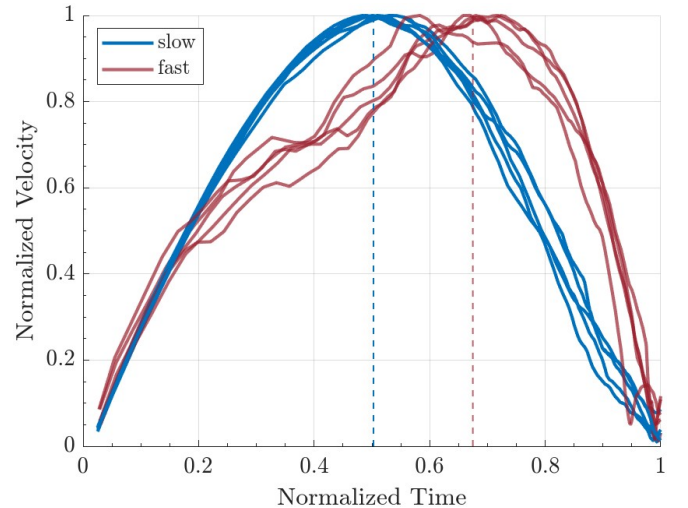


Fig. 3. Normalized end effector velocity profiles for slow and fast MPC reaching simulations. Profiles of each trial are shown along with the average velocity peaks.

TODO: table of parameters?

For the fast feedforward trajectory, the maximum velocity

was 1.05 m/s and occurred at a normalized time of 0.68. This falls within the range of maximal speeds reported in [?] (0.65-1.35 m/s), and is similar to the simulated maximum velocity from [?] (1.10 m/s). The control effort weight was 1 and the duration weight was 20, with a movement distance of 0.17 m and a target radius of 0.1 m. For the feedforward slow trajectory, the maximum velocity was 0.76 m/s and occurred at a normalized time of 0.50. The control effort and duration weights were both 1, with a movement distance of 0.27 m and a target radius of 0.05 m. When comparing maximum velocities between large and small targets, our model shows a normalized time delay of 0.18 between the two, which is larger but still within the same order of magnitude as the average delay from [?] (≈ 0.08).

The MPC model showed similar results, with the maximum velocity of the fast trajectory falling near the experimental range (2.04 m/s), and occurring at a normalized time of 0.67. The control effort weight was 1 and the duration weight was 100, with a movement distance of 0.36 m and a target radius of 0.1 m. For the slow trajectory, the maximum velocity was 0.76 m/s and occurred at a normalized time of 0.50. The control effort and duration weights were both 1, with a movement distance of 0.27 m and a target radius of 0.05 m. The normalized time delay between large and small targets was 0.17, which is similar to the feedforward model.

Qualitatively, these velocity profiles reproduce several trends found in experimental data. Existing studies show that normalized velocity profiles will be symmetric for medium velocities, shift to the left for slow movements, and shift to the right for fast movements [?] [?]. Our simulations produce a similar trend, with the normalized velocity profile becoming less symmetric as movement duration decreases. These results are more realistic than a pure motor noise model, which displays primarily symmetric velocity profiles [?]; they are also more realistic than a torque model, which shows poorer correlation with experimental data [?]. Although the model fails to replicate a shift of the normalized velocity peak to the left at the lowest speed ranges, it importantly replicates the trend of slower movements having earlier peak velocities, which is a key feature of the experimental data. From these results we can conclude that although our underlying dynamical model is not as accurate as the high fidelity model used in [?], both the feedforward and feedback reaching models show a level of realism that make them useful for studying the speed-accuracy tradeoff in reaching movements.

B. Fitt's Law Experiment

In order to determine Fitt's Law parameters for each model, we performed a series of simulations with varying index of difficulty (ID) and recorded the movement duration for each trial. We varied both the distance to the target and the target width to obtain a range of ID values from 2.14 to 3.22, calculated using eq. 25:

$$\text{ID} = \log_2 \left(\frac{2A}{W} \right) \quad (25)$$

Where A is the distance to the target and W is the target width. The target radius was varied from 0.03 m to 0.04 m, and the target distance was varied from 0.35 m to 0.60 m. All other parameters were held constant across trials, and the same set of parameters was used for both the feedforward and MPC models. $N = 40$ nodes were used, $t_{\text{iter}} = 0.1$ s, $k_u = 1$, and $k_t = 100$. **TODO: remove these parameters?**

Once all trials were complete, a least-squares fit was performed on the data from each model in order to determine the a and b parameters for Fitts' Law. Fit lines for the feedforward and feedback models are shown in Figures 4 and 5, respectively.

TODO: regenerate plots with latex labels and index of difficulty instead of difficulty index

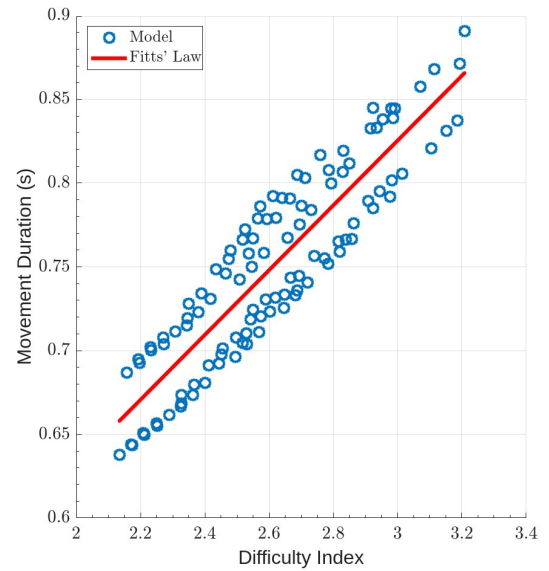


Fig. 4. Speed-accuracy tradeoff for the feedforward model. Fitts' Law parameters are $a = 0.25$ and $b = 0.19$, with $R^2 = 0.81$.

Both models produce a, b values that fall within the experimentally observed ranges of $a \in [0.0047, 0.5239]$ and $b \in [0.0393, 0.1987]$ reported in [?], and their R^2 values indicate good agreement with Fitts' Law. **TODO: discuss significance of different parameters between models, higher variance data in MPC model**

Since our models are both able to partially replicate the kinematic profiles of real reaching experiments, and the movement duration predicted by our simulations can be predicted by Fitts' Law, our model is reasonably effective at representing the speed-accuracy tradeoff phenomenon. Our model surpasses the capabilities of a simple torque model, indicating that trajectory optimization while applying signal dependent motor noise to muscle activation is an effective and promising method for improving the modeling of human reaching. Both noise and trajectory optimization appear to be valid explanations for speed-accuracy tradeoff, and they are not mutually exclusive.

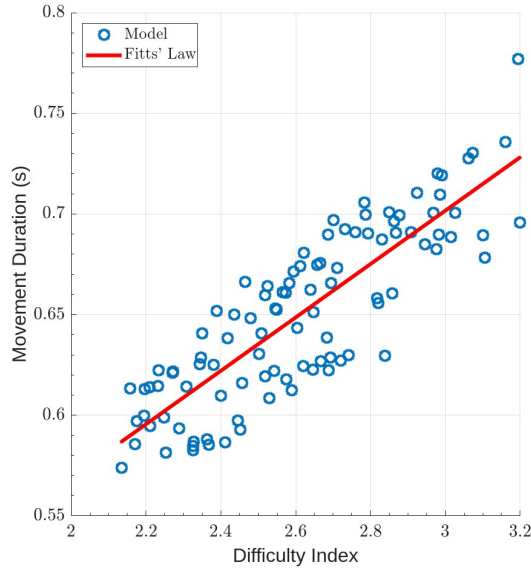


Fig. 5. Speed-accuracy tradeoff for the feedback MPC model. Fitts' Law parameters are $a = 0.30$ and $b = 0.13$, with $R^2 = 0.72$.

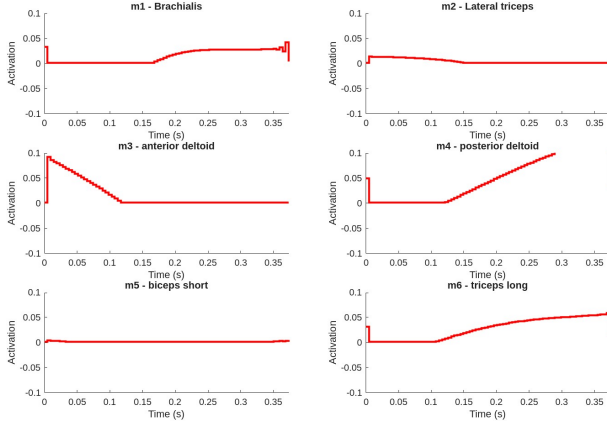


Fig. 6. Muscle activation trajectories for a reaching task using the Van Wouwe model.

V. LIMITATIONS AND FUTURE WORK

One limitation of this work is the lack of a more complex arm model. While the 2D model was sufficient to demonstrate the speed-accuracy tradeoff, a more complex model like the one used in [?] could provide more biologically realistic data and results, and would allow us to interpret the details of our simulated results rather than simply looking at high level trends.

the use of different trajectory optimization methods would allow us to determine the best method for modeling the speed-accuracy tradeoff, and therefore gain insight into the biological accuracy of each method. This could also give us a more fair comparison to the simulated results in [?], since they used a different optimization method which could contribute to the comparison. We suspect that with an ideal noise model and optimization technique, signal dependent noise can be fully implemented into a high fidelity musculoskeletal model to achieve the best lifelike simulations.

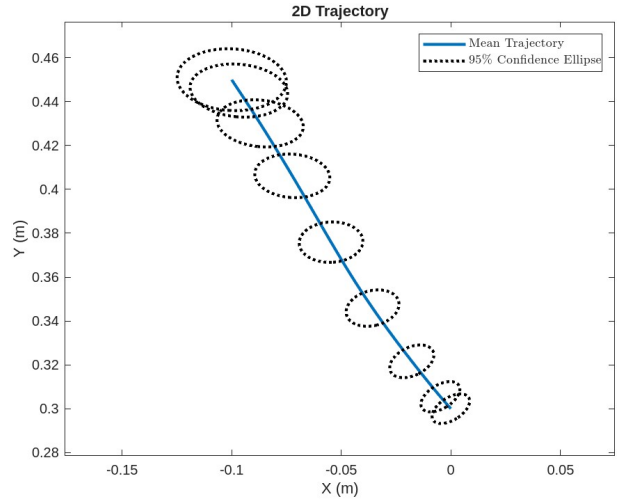


Fig. 7. End Effector trajectory for reaching task using the Van Wouwe model.

TODO: mention use of different optimization methods like shooting, also use of stochastic optimization to better simulate natural variation in human movements, mention difficulty with converging **TODO:** mention adding sensor noise and feedback delay to MPC model