CPR
CARDIO PULMONARY RESUCITATION
Script

Survey the scene……

The Scene is Safe

I have one victim here…

My name is_____ I'm a trained first Aider…. Can I help? If YES…

Check for responsiveness

Hey Mam/Sir are you okay? 2-3x.. Victim is unresponsive

Please activate medical assistance and transfer facility, and get an AED and report back to me while I assess the victim.

+ Pulse – Breathing……Give 2 initial RB. Then. Check for responsiveness..

If still unconscious. Do CPR

Please follow up medical assistance and report back to me while I do the CPR.

-Pulse - Breathing

Do CPR (5 cycles)

30 Compressions 2 RB

If Air bounces back check for any obstruction…..continue CPR

Obstruction seen

Obstruction remove

Continue giving CPR and Rescue Breathing.

After 5 cycles Re assess the victim

+ Pulse – Breathing

Give RB. 1 blow then count…. Maximum of 24 counting ….40 counts for CHILD AND INFANT… or continue as needed and tolerable.

Reassess the Victim..

The victim has now pulse and positive breathing please follow up medical assistance while I do secondary assessment.

Victim has now pulse and breathing put them in Recovery Position.

If unconscious facing towards you..

If conscious facing against you…

Interview , Get Vital Signs…Document

_____

*Use breathing barrier if available…..

*An automated external defibrillator (AED) is a portable device that checks the heart rhythm and can send an electric shock to the heart to try to restore a normal rhythm. AEDs are used to treat sudden cardiac arrest (SCA). SCA is a condition in which the heart suddenly and unexpectedly stops beating

Table of Comparison on Rescue Breathing for Adult, Child and Infant

	ADULT	CHILD	INFANT
Opening of Airway (Head-Tilt-Chin Lift Manuever)	**Maximum tilt of the head**	**Neutral plus position**	**Neutral position**
Checking of pulse	**Carotid pulse (Side of neck)**	**Carotid Pulse**	**Brachial pulse (Inner aspect of upper arm)**
Method	**Mouth to- mouth**	**Mouth to- mouth or Mouth to- nose**	**Mouth to- mouth or Mouth to- nose**
Breaths	**Full, slow breathe (1.5 to 2 seconds per breathe)**	**Full, slow breathe (1 to 1.5 seconds per breathe)**	**Gentle, slow breathe (1 to 1.5 seconds per breathe)**
Rate	**10 to 24 breaths per minute (1 breathe every 4 to 5 seconds)**	**40 breaths per minute (1 breathe every 3 seconds)**	**40 breaths per minute (1 breathe every 3 seconds)**
Counting for standardization purpose: Mnemonic of 1 breathe every 5 seconds	**Breath 1, 1002,1003.1001 Breath 1, 1002,1003,1002, breath 1, 1002,1003, 1003 Breath 1, 1002,1003-, 1010 to 1012 breath**	**Breath 1, 1001, breath 1, 1002, breath 1, 1003 up to breath…1, 1020**	**Breath 1, 1001, breath 1, 1002, breath 1, 1003 up to breath…1, 1020**