Questions

- 1. What is your normal day to day like and is there any down time in which you struggle to fill with something?
- 2. When is the last time you needed to learn a set of vocabulary words or phrases? Was it for a test, job, travel etc.?
- 3. What time of day do you usually study and how much time do you dedicate to learning something new?
- 4. What methods did you use to learn the vocabulary and why was this your choice?
- 5. How do you measure if the study method was effective or not?
- 6. When failing to retain the new vocabulary, what did you do to make it stick?
- 7. What did you find challenging in the method you were using for learning vocabulary?
- 8. How do you motivate yourself to keep proceeding with the study method?
- 9. How would you improve your study method?

Name: Cassidy B. Age Range: 20's

Profession: Telecommunicator

Race: White

Residence: Dorchester County

1. What is your normal day to day like and is there any down time in which you struggle to fill with something?

I come home at 6am and sleep until 4 pm and go into work at 6 pm I find that I have a few hours in the night (12am - 3am) at work where I don't have much to do.

2. When is the last time you needed to learn a set of vocabulary words or phrases? Was it for a test, job, travel etc.?

For my anatomy and physiology courses when I was attending college.

3. What time of day do you usually study and how much time do you dedicate to learning something new?

I tend to spread study sessions out a few hours a day.

4. What methods did you use to learn the vocabulary and why was this your choice?

Making flashcards. Repetition is the easiest for me when learning something new.

5. How do you measure if the study method was effective or not?

When I pass the test.

6. When failing to retain the new vocabulary, what did you do to make it stick?

Use of practice quizzes, use mnemonic devices, write + rewrite the vocabulary words.

Name: Cassidy B. Age Range: 20's

Profession: Telecommunicator

Race: White

Residence: Dorchester County

7. What did you find challenging in the method you were using for learning vocabulary?

I find staying focused while studying can be difficult due to attention deficit hyperactive disorder and losing motivation.

8. How do you motivate yourself to keep proceeding with the study method?

I always keep my end goal in sight whatever it be passing a class or just gaining more knowledge.

9. How would you improve your study method?

Make it fun or entertaining somehow to stay motivated.

Doing

- I have downtime during the late night.
- I make flashcards.
- I typically study a few hours a day.
- I use practice quizzes, mnemonic devices, and rewriting the words to help me retain new information.

<u>Feeling</u>

- I feel staying focused can be difficult due to my ADHD and losing motivation.
- I feel I always have my end goal in sight.

Thinking

- I think my study method is successful when I passed the test.
- I think learning vocabulary should be made fun and entertaining to keep me focused.

Name: Casey W. Age Range: 30's

Profession: EMS + Nursing

Race: White

Residence: Charleston

1. What is your normal day to day like and is there any down time in which you struggle to fill with something?

I have a very busy schedule. I am a full time mom, wife, student, and worker. I do not have much downtown.

2. When is the last time you needed to learn a set of vocabulary words or phrases? Was it for a test, job, travel etc.?

My anatomy and physiology classes.

3. What time of day do you usually study and how much time do you dedicate to learning something new?

I tend to spend my time studying during the hours of (8pm - 1am).

4. What methods did you use to learn the vocabulary and why was this your choice?

Making flashcards and highlighting words and phrases in books. The old school approach.

5. How do you measure if the study method was effective or not?

If I feel confident enough to test my knowledge.

6. When failing to retain the new vocabulary, what did you do to make it stick?

Repetitive studying.

Name: Casey W. Age Range: 30's

Profession: EMS + Nursing

Race: White

Residence: Charleston

7. What did you find challenging in the method you were using for learning vocabulary?

I have a hard time with focusing due to my attention deficit hyperactive disorder.

8. How do you motivate yourself to keep proceeding with the study method?

I just know I don't have any option and have to pass my class.

9. How would you improve your study method?

I honestly don't know. I'm always open to learning new things.

Doing

- I have a busy schedule.
- I tend to study at night.
- I learn best making flashcards and highlighting words or phrases.
- I keep myself motivated by knowing I have to pass my class.

Feeling

- I feel I have a difficult time staying focused due to my ADHD.
- I feel a repetitive studying method is best for me to retain new information.
- I feel I'm always open to learning new things.

Thinking

- I think the study method was successful if I feel confident enough to test my knowledge.
- I believe there has to be a better method to studying, I just don't know what that is.

Name: Andielica B. Age Range: 20's

Profession: 911 Dispatcher Race: Filipino / American Residence: Hanahan

1. What is your normal day to day like and is there any down time in which you struggle to fill with something?

Waves of incredible stress with little downtime and then sudden boots of boredom.

2. When is the last time you needed to learn a set of vocabulary words or phrases? Was it for a test, job, travel etc.?

Last week I learned new terms for Magic The Gathering since a set of new cards came out.

3. What time of day do you usually study and how much time do you dedicate to learning something new?

Late night and early morning when its quiet.

4. What methods did you use to learn the vocabulary and why was this your choice?

Repetition of the the words.

5. How do you measure if the study method was effective or not?

If I remember the subject vaguely the next day.

6. When failing to retain the new vocabulary, what did you do to make it stick?

Keep using the vocabulary and possibly flashcards.

7. What did you find challenging in the method you were using for learning vocabulary?

Spelling is hard for me and I have a short attention span.

Name: Andielica B. Age Range: 20's

Profession: 911 Dispatcher Race: Filipino / American Residence: Hanahan

8. How do you motivate yourself to keep proceeding with the study method?

I pretend I don't have a choice.

9. How would you improve your study method?

A schedule would help.

<u>Doing</u>

- I typically study during the late night and early morning hours when its quite.
- I repetitively use the words and make flashcards to help me retain new information.
- I motivate myself by pretending I don't have a choice.

Feeling

- I feel stressed with little downtime.
- I feel spelling is really difficult for me and I have a short attention span.

Thinking

- I think I have successfully learned the vocabulary word if I vaguely remember the subject the next day.
- I believe a schedule would help me improve my study method.