

CLUB ID: 8165

ROTARACT BANGALORE WEST

Sponsored by:

ROTARY BANGALORE WEST | RI DISTRICT 3190



Rtr. Chethan Krishna G R
President | 2020-21

Rtr. Diya S Bangera
Secretary | 2020-21



PRESIDENT

Rtr. Chethan Krishna G R

The word TEAM - means 'Together Everybody Achieves More' and we at RBW stand for just that. As the 43rd president of RBW, it has been an absolute honor to serve the club among such elite set of members. It has moulded me into a better leader and a better person overall. I'm grateful for every opportunity that has come my way and I hope to take the legacy of RBW forward. Let's Rise to be the Best.





SECRETARY

Rtr. Diya S Bangera

Being the Secretary this year was a turning point in my Rotaract journey. It has given me a lot of exposure and has also groomed me into being a better administrator. This year was a very unexpected one and maintaining communications with each and every member was very important as one might easily lose interest if the club also indulges in something monotonous, but I feel given the situation and availability of the members, we as a club have put on a great show. One of the main achievements of this Rota-year according to me is that the new members have shown interest and chaired various projects even though they have not witnessed projects prior to this.

I would like to thank the seniors of our club for mentoring me, Rtr. Chethan Krishna G R for believing in me and giving me the opportunity, the wonderful BOD, and last but not the least my beloved members without nothing would be possible at all.



#AVENUEWISE

PARENT ROTARY	ROTARY BANGALORE WEST
TYPE OF CLUB	COMMUNITY BASED
CLUB ID	8165
CHARTER DATE	09 th FEBRUARY 1978
MEETING VENUE	GOVT. GIRLS' HIGH SCHOOL, 13 th CROSS, MALLESHWARAM, BENGALURU - 03.
MEETS ON	SUNDAYS

- 14 CLUB SERVICE PROJECTS
- 21 COMMUNITY SERVICE PROJECTS
- 06 PROFESSIONAL DEVELOPMENT PROJECTS
- 15 INTERNATIONAL SERVICE PROJECTS
- 02 PUBLIC IMAGE PROJECTS



#CLUBFACTS

MEMBER RECOGNITIONS

Rtr. RAJ VAMSHI : District Rotaract Representative

Rtr. CHETHAN KRISHNA : DRR's HOME CLUB PRESIDENT

Rtr. DIYA BANGER : ICGF Emcee

Rtr. RUSHIL RAM : DC TREASURY

Rtr. NAVEEN SENNA : Pets n Sets Trainer

ROTARY DISTRICT COMMITTES : 02 MEMBERS

CLUB RECOGNITIONS

STAR CLUB AWARD

SEARIC MDIO COVID RESPONSE

VAIBHAVA - HIGHEST REGISTERED (CB)

EXECUTIVE COUNCIL : 02 MEMBERS

ROTASIA COIMBATORE : 05 PARTICIPANTS

MEMBER RECOGNITIONS

SEARIC MDIO OUTSTANDING DRR

VAIBHAVA AMBASSADOR AND ZONAL CO-ORDINATOR

Rtr. HARIPRIYA : MHM Committee Zonal Co-ord

Rtr. EMILY JOSEPH : DC Club, Vaibhava Emcee

RADIATE (DOTS) : 03 TRAINERS (Vivek, Praveen)

ANNUAL DISTRICT TRAINING (DLTWO : 04 TRAINERS

#CLUBFACTS



TREASURER

Rtr. Chandana A Poovadi

"Sometimes it's not about the money but rather the process of managing the money"- it was indeed a great learning experience and a privilege to manage the financial matters of Rotaract Bangalore West, a club which is known for its administration, talents, members and leaders. I believe that continuous improvement is better than delayed perfection and taking up this position, made me improve and get better as a person. And also RBW has been a major support system during the worst phase of my life, for which I am eternally grateful❤️



CLUB FACTS:

Type of Club:
Community Based

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Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

PROJECT VALUATION

Rs.

5,00,744/-



SERGEANT-AT-ARMS

Rtr. Ravichandra S D

A team with immense energy and work force. Every member is a Gem in their capabilities. A team which works on the most wonderful Initiatives in an effective manner, I am much Honoured to be one among them, a proud Rotaract Bangalore West's member ❤️





MEMBERSHIP EXT. & RTN.

Rtr. Rakshitha B M

**As membership and rentionsion
director got great opportunity to be
with new members and educating
about Rotaract and RBW. It was great
Rota year.**



CLUB SERVICE

Rtr. Sahana H J



Rotaract
Bangalore West

Rotary
Bangalore West



Rotaract
R.I.District 3190





Manvanthara

Date :	6/7/2020
Venue :	Zoom Meeting
Aim :	43rd Installation of the President and the BOD.
Project Chair :	Rtr Sahana HJ and Rtr Sushama CS
No. of attendees :	183
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	700 hours
No. of Volunteers :	20
Cash :	Rs.0/-
In-kind :	Rs.3000/-



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Manvanthara-43rd Installation of the Club

An Installation ceremony celebrates the end of an era and a beginning of a new year welcoming the new President and the Board of Directors for the new Rota year . The event started off with fellowship activity, followed by an introduction and Installation of our incoming office bearers by Parent Rotary President ,Parent Rotary YSD , DRCC , DYSD .The new members were inducted by the DRR . We had around 160 people attending the Installation and thus we have planted 88 trees in the month of July and we planted the remaining trees in the month of August and September.



CLUB SERVICE

Bangalore West

Rotaract Bangalore West

sponsored by
Rotary Bangalore West
RI DIST 3190

www.facebook.com/RIDIST3190

president.rbw@gmail.com
meets every Saturday at 4pm at

Live Streaming Service

INSTALLING

Rtr. CHETHAN KRISHNA GR

Rotaract
Bangalore West

From Rtr. Akshay | President
Rc PES University to
Everyone

Congrats Chetan & team

Participants Chat Share Screen Reactions

Rotaract International

Rotary International

Rotaract Bangalore West



Live Streaming Service

Vivek Leo Rtr. Prajwal M

Participants Chat Share Screen Reactions

Rotaract Bangalore West



Watch Party

Date :	Year Long
Venue :	Zoom Meeting
Aim :	Movie Night
Project Chair :	Rtr Sahana H J
No. of attendees :	30
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	240
No. of Volunteers :	2
Cash :	Rs.0/-
In-kind :	Rs.0/-



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On Sundays

Watch party

RBW hosted watch parties of movies like Hachi, Johnny English, Ugram, Abominable and an IPL match of RCB v/s CSK which indeed increased the bonding between the members.



Sahana H J is presenting

23 21:53 You

SRI GANESH VIDEO

SRI GANESH VIDEO Presents

Meeting details ^

Meeting controls: Minimize, Stop video, End meeting

Jayanth K.S is presenting

23 21:53 You

RBW-RID 3190 Watch Party!!!

23 People (14) Chat

Mr. Chethan Krishna G R 22:18
Yea... He sensed the illness

Diya Bangera 22:18
oooch... Jaani

Ravichandra Devangon 22:18
Jayanth K.S 22:18
Anytime! 🐾🐾

Aditi Arun 22:18
It's just surprising how dogs understand our feelings better than humans

Very true 22:18
It's also pure

Jayanth K.S 22:20
Not so sound too hard but they're better than all the humans put together!

Aditi Arun 22:20
Very true

Diya Bangera 22:20
So true

Mr. Vivek Shah 22:20
Yea... For sure

Send a message to everyone

Meeting controls: Minimize, Stop video, End meeting

Jayanth K.S is presenting

23 21:02 You

hotstar

Meeting details ^

Meeting controls: Minimize, Stop video, End meeting

Jayanth K.S is presenting

23 21:02 You

RBW-RID 3190 Watch Party!!!

23 People (14) Chat

Ravichandra Devangon 21:02
Chethan Krishna G R 21:02
Shwetha J Jain 21:02
Jayanth K.S 21:02
Ravichandra Devangon 21:02
Chethan Krishna G R 21:02
Shwetha J Jain 21:02

Meeting controls: Minimize, Stop video, End meeting



Grandfriend - Online

Date :	4/8/2020
Venue :	Online
Aim :	Spending time with Grandparents.
Project Chair :	Rtr Aditi Arun and Rtr Sahana H J
No. of attendees :	15
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	3 hours
No. of Volunteers :	2
Cash :	Rs.0/-
In-kind :	Rs.0/-



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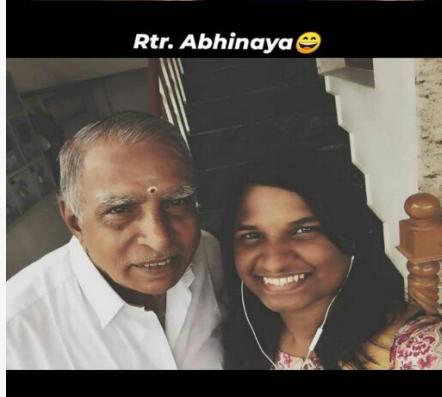
Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Grandfriend - Online

Rotaractors all over the district were asked to click a selfie with their grandparents or to click a screenshot of them video calling them and to send it to our team .This was then posted as stories on our Club's Instagram page to promote friendship day with our beloved grandparents.



Parinitha M.N 😊



RBW Independence Day- Fellowship Night

Date :	14/8/2020 - 15/8/2020
Venue :	Zoom Meeting
Aim :	Fellowship with club members.
Project Chair :	Rtr Sahana HJ
No. of attendees :	30
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	90
No. of Volunteers :	2
Cash :	Rs.0/-
In-kind :	Rs.0/-



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On Sundays

RBW Independence Day- Fellowship Night

An exciting night with our fellow members where games such as tambola and Battle of charades were played. On the eve of Independence day of India, the members of Rotaract Bangalore West got together from 14th August from 10:30 pm to 15th August 12:30 pm for a game of TAMBOLA and Battle of charades in order to be in each others company and wish each other a Independence day at midnight.



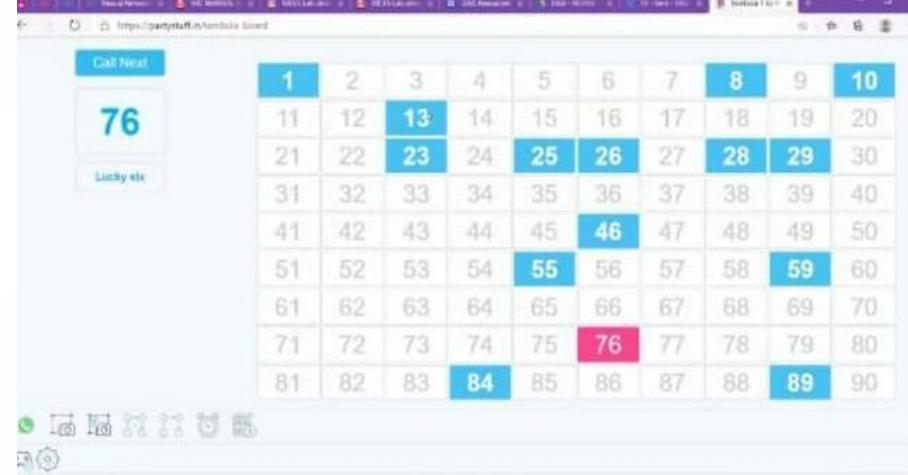
Rotaract Bangalore West



RBW Fellowship Night



Rotaract Bangalore West



RBW Fellowship Night



Dandiya Dhamaal - Online

Date :	1/11/2020
Venue :	Google Meet
Aim :	Fellowship with members.
Project Chair :	Rtr Sujay Kumar and Rtr Sahana H J
No. of attendees :	20
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	80
No. of Volunteers :	4
Cash :	Rs.0/-
In-kind :	Rs 2000/-



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Meets:
On Sundays

Dandiya Dhamaal - Online

An exclusive set of games and activities such as Air crash, In and Out Bengaluru, etc. with exciting prizes for the winners was organised with a cause to set up Libraries.



Rotaract Bangalore West
Sponsored by
Rotary Bangalore West

Presents
E-Dandiya Dhamaal

"Upon the request of many Rotaract clubs, Dandiya is now postponed to 1st November"

Cause
"Setting up of Libraries"

Uplifting Literacy Together

Date
1st November (Sunday)

Brochure Link
<https://links.rotaract3190.org/DD2020pdf>

Contact Details
Rtr. Sujay : +91 99455 62617
Rtr. Sahana: +91 90669 77353

Registration Link
<https://links.rotaract3190.org/DD2020>

Design Partner
Rotaract Club of Amanora Youngistan
District 3190

#WhereEveryoneStandsTogether

f i y Rotaract Bangalore West

About Dandiya Dhamaal

Raas or Dandiya Raas is the socio-religious folkdance originating from Indian state of Gujarat and popularly performed in the festival of Navaratri. Dandiya Dhamaal, which is a flagship project of Rotaract Bangalore West and has been taking place from past 7 years.

This year Dandiya Dhamaal is to take place on the 24th of October For the year 2020, we have planned a lot of exclusive activities and games for you!! With some exciting prizes for the winners and various prizes such as most enthusiastic club, club with the highest participation, Best Dressed..



RBW Christmas Party

Date :	25/12/2020
Venue :	Rotary Bangalore West Auditorium
Aim :	Christmas Party
Project Chair :	Rtr Sahana and Rtr Rushil Ram
No. of attendees :	15
Project Type :	Stand alone
<u>Impact Eval</u>	
Volunteer hours :	60
No. of Volunteers :	3
Cash :	Rs.0/-
In-kind :	Rs.0/-



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38

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9th February 1978

Meets:
On Sundays

RBW Christmas Party

The members of Rotaract Bangalore West had a fun get together on account of Christmas and New year, inclusive of a pot luck and a few fun filled activities.



Charter's Day

Date :	25/12/2020
Venue :	Rotary Bangalore West Auditorium
Aim :	Christmas Party
Project Chair :	Rtr Sahana and Rtr Rushil Ram
No. of attendees :	15
Project Type :	Stand alone
<u>Impact Eval</u>	
Volunteer hours :	60
No. of Volunteers :	3
Cash :	Rs.0/-
In-kind :	Rs.0/-



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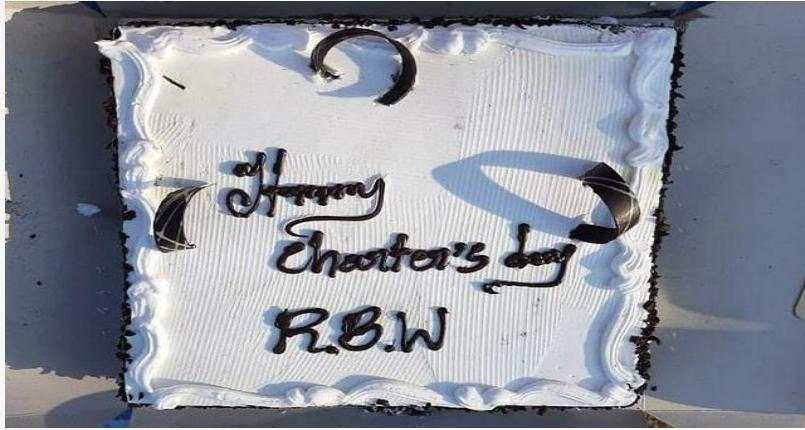
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38

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9th February 1978

Meets:
On Sundays

Charter's Day

Rotaract Bangalore West celebrated it's 44th Charter's Day on 7th Feb, 2021 at Ramanagar on occasion of the club's birthday. The members came together for a day filled with fun and frolic.





KalaAnkuram

Date :	10/04/2021-11/04/2021
Venue :	Bapuji School,Magadi Road
Aim :	To paint the school walls
Project Chair :	Rtr Ramya J
No. of attendees :	25
Project Type :	Joint Project with Mathru Groups.
<u>Impact Eval</u>	
Volunteer hours :	23
No. of Volunteers :	25
Cash :	Rs.1000/-
In-kind :	Paint Brushes were sponsored



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9th February 1978

Meets:
On Sundays

KalaAnkuram

The Project was all about painting the walls of the school.

With the support of Mr.Bhaskar we planned to paint the walls of Bapuji School in Magadi road where creative and Admiring paintings were done on the walls of the school Building.





Sahasra- Gathering of a century

Date :	13/12/2020
Venue :	Rotary Bangalore West Auditorium, Malleswaram
Aim :	44th District Installation of RID 3190
Project Chair :	Rtr Chethan Krishna G R
No. of attendees :	40
Project Type :	Host Club-District Project
<hr/>	
<u>Impact Eval</u>	
Volunteer hours :	160
No. of Volunteers :	7
Cash :	Rs.0/-
In-kind :	Rs.0/-



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9th February 1978

Meets:
On Sundays

Sahasra-Gathering of a century (District Installation)

The 44th District Installation of team ELITE was hosted by Rotaract Bangalore West in the presence of DGE Rtn. Faizal Mohamood sir, DYSD Krishna B Mariyanka sir, DRR Rtr. Raj Vamshi, the Executive Council and representatives from various clubs.





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SARATHIS - TEAM LEADERS

Sarathis are the pillars of the club!

SARATHI - ABHIVRUDDHI

Rtr. Sushama C S





SARATHI - KEERTHI

Rtr. Haripriya Gowda

**Do your little bit of good where you are,
It's that little bits of good put together that
overwhelms the World"**

**This is what Roatarct has made me believe in and this
is how Rotaract has transformed me into a better
person.**

**I thank Rtr. Chethan Krishna and Rtr Diya for this
opportunity, it truly was a great Rota Year.**





SARATHI - SHANTHI

Rtr. Priyanka J

I've come across in Rotaract, a very important word : "We". Inspired with the dedication of each and everyone in helping even in their busy schedule, I am blessed to be a part of RBW.

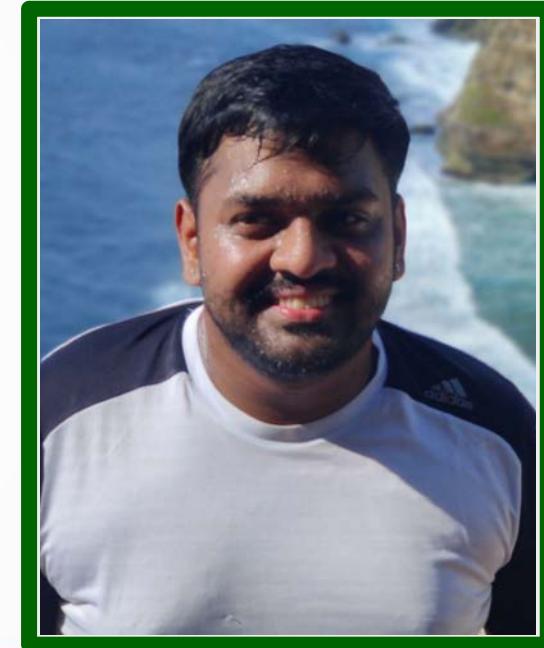




SARATHI -

VIJAYA

This is the voice of Rtr. Chirag Rathnakar, I'd like to start, by saying Rotaract Bangalore West is my second home where each and every Rotaractor is a family member to me. It gives me immense pleasure to come here and take part in activities. Due to pandemic situations we as a club on the whole have worked together to make an impact in the society. I really like the way our team coordinates and we should keep up the same good work in the coming years. Cheers





SARATHI - KANAKA

Rtr. Bhumika R

Every project in the club gives us new information and experience. I always love and enjoy the uniqueness in the activities of this club. There were many prospective members and I will look forward to the same thing in upcoming days. I would like to thank everyone for their contribution.  





SARATHI - AROGYA

Rtr. Sujay Kumar P S

"Alone we can do so little; together we can do so much." I am proud to be a part of rotaract, where we make it our responsibility to stand with the people and support them at their trying times. Being in Rotaract has been such a wonderful experience and I'm forever grateful for my fellow Rotaractors for standing by my side in this wonderful journey. It gives me immense pleasure to be a part of this elite organization and help it grow. I wish the Club the very best in its future endeavours. ✨





SARATHI - PAUTHRA

Rtr. Praveen R

"The heart of a volunteer is not measured by its size but the depth of their commitment to make a difference in others." I am truly inspired by the dedication of each and every Rotaractor in helping others and delighted with my Journey in RBW.



SARATHI - AYUR

Rtr. Ruthuparna D

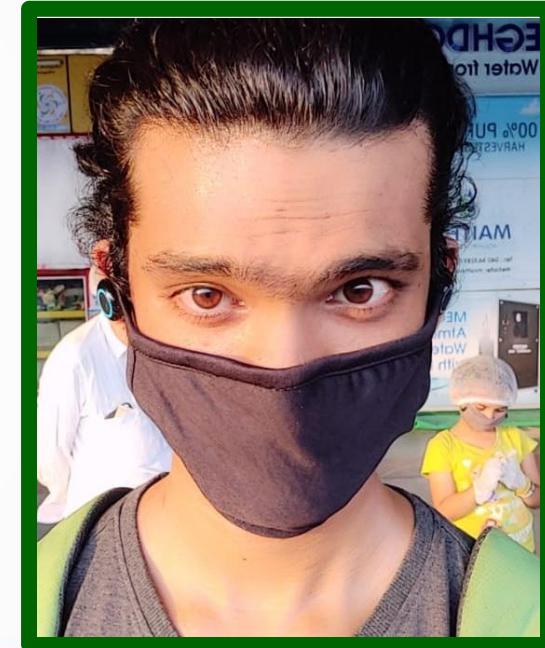




COMMUNITY SERVICE

Rtr. Hemanth C H

A person's most useful asset is not a head full of knowledge, but a heart full of love , an ear ready to listen and a hand willing to help others. ❤





Grand friend - Offline

Date :

4/8/2020

Venue :

Florence Old Age Home and Medical Center

Aim :

Mask and Sanitiser drive

Project Chair :

Rtr Chirag Rathnakar

No. of attendees :

2

Project Type :

Stand Alone

Impact Eval

Volunteer hours :

10

No. of Volunteers :

2

Cash :

Rs.0/-

In-kind :

Rs.3000/-



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Grand friend - Offline

On the account of Friendship Day on 30th of July , a donation of masks and sanitizer cans were made to Florence Old Age Home and Medical Centre .The Old Age Home has 3 centers and hence a total of 130 masks and 15 litres of sanitizer cans were donated.





Face Shield donation drive

Date :

23/7/2020

Venue :

Rajajinagar

Aim :

Face Shield donation drive

Project Chair :

Rtr Priyanka Jayashankar

No. of attendees :

30

Project Type :

Stand Alone

Impact Eval

Volunteer hours :

8

No. of Volunteers :

2

Cash :

Rs.0/-

In-kind :

Rs.5000/-



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Meets:
On Sundays

Face shield donation drive

**Distributed around 50 face shields to
Rajajinagar Police Station and 50 face shields
to Subramanya Nagar Police station in the
presence of Assistant Commissioner of Police
from Malleshwaram and Yeshwanthpur.**



RTR. @PRIYANKAJAISHANKAR AND RTR.
@RASHMI_RACCHU_6 OF ROTARACT
BANGALORE WEST DISTRIBUTED 100 FACE
SHIELDS TO OUR CORONA WARRIORS.
YESHWANTHPUR ACP, MALLESHWARAM ACP
AND OTHER INSPECTORS.



Food Drive - Offline

Date : **18/10/2020**

Venue : **Rotary Bangalore West Auditorium**

Aim : **To feed the people in need.**

Project Chair : **Rtr Bhargava V Desai and Rtr Rushil Ram**

No. of attendees : **30**

Project Type : **Stand Alone**

Impact Eval

Volunteer hours : **150**

No. of Volunteers : **10**

Cash : **Rs.2000/-**

In-kind : **Rs.8000/-**

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Meets:
On Sundays

Food Drive - Offline

Food Drive was conducted on 18th of October, which was the closest weekend to World Food Day. By planning with precision, by posting and sharing posters, we gathered on the day of the event with all precautionary measures. A Professional Chef volunteered to help us with the cooking. We were able to generate 200 food packets, post which the attendees divided themselves into smaller groups with packets of food for distribution.





Paw Drive

Date :	14/2/2021
Venue :	Rotary Bangalore West Auditorium
Aim :	Raise funds for the rescued dogs at Sarvoham.
Project Chair :	Rtr Chandana AP, Rtr Amrutha KM and Rtr Sriraksha P
No. of attendees :	50
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	170
No. of Volunteers :	5
Cash :	Rs.5500/-
In-kind :	Rs.0/-

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9th February 1978

Meets:
On Sundays

Paw Drive

Rotaract Bangalore West organised a dog show as a fundraiser initiative to facilitate and assist the medical requirements of the rescued dogs and to generate emergency funds for “Sarvoham Indie Harbour”. We were able to raise a sum of Rs 5,500 and few dog care equipments as in kind contribution.





Plantation Drive – Phase 1

Date :	25/8/2020
Venue :	Gulbarga
Aim :	Towards a Green Planet
Project Chair :	Rtr Ravichandra S D and Rtr Vishwajeeth H R
No. of attendees :	2
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	10
No. of Volunteers :	2
Cash :	Rs 1000/-
In-kind :	Rs 500/-



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Plantation Drive – Phase 1

Hasiru Committee

We had around 160 members attending our Installation and as mentioned , we had taken the initiative of planting 160 trees and an additional number of 40 trees for all the well wishers who couldn't attend our Installation.





Ecoville

Date :	20/9/2020
Venue :	Zoom Meeting
Aim :	Promote sustainable living
Project Chair :	Rtr Thulasi Jagadish
No. of attendees :	390
Project Type :	Collaborative
<u>Impact Eval</u>	
Volunteer hours :	780
No. of Volunteers :	20
Cash :	Rs.0/-
In-kind :	Rs.0/-



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Ecoville

Hasiru Committee

Rotaract Bangalore West supported by Hasiru Committee conducted a 90 minutes webinar on Waste Management and a bioenzyme workshop by Vani Murthy with 25 partnering clubs with 1067 registrations and 361 participants on the day of the event. The speaker - Vani Murthy is the Queen of Composting , an Environmentalist , founder member of Solid Waste Management Round Table , TEDx speaker and an urban farmer .We also had Rtn Krishna B Mariyanka to grace the occasion.



Rotaract Bangalore West

The video call interface shows a woman with glasses and a bindi speaking and gesturing towards two bowls she is holding. The interface includes participant names like Rtr. Ramya, Rtr. Vinod, and Galaxy M30s, along with standard video call controls for mute, start video, participants, chat, share screen, record, and leave.

ECOVILLE

Rotaract Bangalore West

A large grid of video feeds showing numerous participants. The grid is organized into several rows and columns, with names visible next to some of the feeds. The overall theme of the video feed is "ECOVILLE".

ECOVILLE



Vidhyadhaan 2020

Date :

Venue :

Aim :

Project Chair :

No. of attendees :

Project Type :

Impact Eval

Volunteer hours :

No. of Volunteers :

Cash :

In-kind :

July 2020-August 2020

Rotary Bangalore West Auditorium, Malleswaram

To provide scholarship for economically backward and meritorious students

Rtr Haripriya P, Rtr Sahana H J

Beneficiaries: 56

Stand-Alone

160

15

Rs 4,56,000/-

Rs 0/-



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Vidhyadhaan 2020

Literacy Committee

We contacted the parents of students who have been availing scholarships from us previously. For documentation, we collect necessary documents and follow the same procedure with new applicants that we get every year after scrutiny and background check. After we have completed our background work, parents come to our Auditorium and collect the respective scholarships. This year we had a total of 56 students out of which 7 were new applicants and our total contribution is INR 4,56,000/-.





Spell-o-Well

Date :	13/9/2020
Venue :	Zoom Meeting
Aim :	Raise funds for Library Project
Project Chair :	Rtr Sirisha Jagadish
No. of attendees :	20
Project Type :	Joint
<u>Impact Eval</u>	
Volunteer hours :	100
No. of Volunteers :	6
Cash :	Rs.1000/-
In-kind :	Rs.0/-



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Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Spell-o-Well Literacy Committee

Spell-O-Well was an online spell bee competition organised by Rotaract Bangalore West supported by District 3190 Literacy Committee on 13th September, 2020. It was initiated to raise funds for promoting literacy by donating basic school needs for the underprivileged children in rural areas. There were 25 participants in which some were Rotaractors from different clubs who actively participated in the event. Rotaract Club of BIT collaborated with RBW for this project. The participants were divided into teams and assigned to breakout rooms. The event comprised of three rounds: Spell it right, Word Unscramble and Weave a Story. The ultimate two winners bagged their exclusive prizes.



Rotaract Bangalore West

Example Set

Communication or cooperation which facilitates a close working

Time up

SPELL IT RIGHT

Spell-O-Well



Library Project

Date :	2/1/2021
Venue :	Mathikere
Aim :	To set up a Library
Project Chair :	Rtr Haripriya Gowda
No. of attendees :	3
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	6
No. of Volunteers :	3
Cash :	Rs.1000/-
In-kind :	Rs.2000/-



CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Library project

Literacy Committee

One of Rotaract Bangalore West's long term projects is the Library Project. We set up a Library at Srinidhi Vidyanikethan High School. Books are the most valuable treasure to man. Most of us are lucky enough to get access to reading these and it is our moral responsibility to help and spread the importance of the same. Most of the educational institutions are operating online due to trying times but we were able to identify one such school, which still allows student's personal interaction with their teachers. We set up a library which consisted of 56 books. We look forward to set more libraries when the situation gets better.





Sign Language Workshop

Date :	21/2/2021
Venue :	Rotary Bangalore West Auditorium
Aim :	To promote inclusive learning.
Project Chair :	Rtr Niharika D and Rtr Sirisha Jagadish
No. of attendees :	28
Project Type :	Joint
<u>Impact Eval</u>	
Volunteer hours :	112
No. of Volunteers :	7
Cash :	Rs.3000/-
In-kind :	Rs.0/-



CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Sign Language Workshop

Rotaract Bangalore West conducted the Sign Language Workshop on 21st of February on the account of World Mother Tongue Day. The motto of this workshop was to promote the importance and need to accept the people with this disability . This was also a fundraiser initiative to facilitate the medical requirements and to aid the child's ear impairment surgery. We were able to raise Rs 1,200/-





Red Wave Training

Date :	21/8/2020
Venue :	Zoom Meeting
Aim :	To Spread the MHM awareness.
Project Chair :	Rtr Shwetha Jain
No. of attendees :	18
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	54
No. of Volunteers :	2
Cash :	Rs.0/-
In-kind :	Rs.1000/-

CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Red Wave Training

MHM Committee

Red Wave is one of Rotaract Bangalore West's flagship projects. Rotaract Bangalore West's MHM representative Rtr Shwetha Jain had conducted a 'Red Wave Training', under the Flagship project 'Red Wave' for its Rotaractors on Menstrual Hygiene and Management. Rtn Dr Meenakshi Bharath who is a profound Gynecologist also bestowed her presence for the session.



Rotaract
Bangalore West

Rotaract Bangalore West

Red Wave Training

Rotaract
Bangalore West

Rotaract Bangalore West

Female Reproductive System

The female reproductive system comprises:
2 ovaries(left and right)
2 Fallopian tube(left and right)

Uterus/womb
Cervix
Vagina

Fundus
Fallopian tube
Uterine cavity
Endometrium
Myometrium
Ovary
Uterus
Cervix

Red Wave Training



The Ants Project

Date :	29/4/2021 (Launch)
Venue :	Online
Aim :	To provide verified resources contact during Covid-19
Project Chair :	Rtr Jayanth
No. of attendees :	-
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	12,000
No. of Volunteers :	145
Cash :	Rs.0/-
In-kind :	Rs.0/-



CLUB FACTS:

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Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

The Ants Project

On 29th April, RBW launched Ant's Project with 120+ Volunteers with the sole Aim to provide Verified Data to people in need. It started with 14 verified data from 80+ Raw data. In the first week, our team Saved 80+ lives directly, went on to save many more lives and served our people for the betterment of the situation. By doing so we had almost 160 valid resources with the help of 550+ raw data. The chain grew by the number of people who started helping us by providing essential information to the affected families, listening to and adhering to their queries. This was possible only with the help of social media and our presence as a club to encourage everyone we were connected to, to help us to build and support the project for a cause.

"Each one brings one" was the method used to reach as many people as possible to create awareness and visibility. Hashtags were used at every impact we had on a life "#1MoreLifeSaved". This gave all the volunteers the required motivation to do more. We were able to see the rise in the number of people knowing about the project by Rotaract Bangalore West in a span of 1-2 weeks. This gave us the head start and little did we know this was just the tip of the iceberg.



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On Sundays

The Ants Project

Impact: With 16,000 views on the website, it is estimated to have indirectly impacted ~1000 lives in the city of Bengaluru. About 12,000 volunteer hours were invested into this project.

We had a panel of doctors treating covid patients who wanted to be a part of the project in educating the public about precautions, care and the do's and don'ts. They also answered several questions asked by the attendees.

The Ants Project – Just like how each ant brings in food like a soldier daily to the ant hill for everyone to survive and fight together, helped a lot of people to fight this pandemic together.



ONLINE SESSION ON COVID-19

Rotaract Bangalore West



PATHOLOGY OF COVID INFECTION, SYMPTOMS AND SIGNS

Dr. Nithin
Post Graduate, Internal Medicine



MANAGEMENT, HOME ISOLATION, VACCINATION, PRECAUTIONS & WARNING SIGNS

Dr. Rtr. Anil Kumar
COVID Doctor
Prestine Hospital



COVID AND MUCORMYCOSIS

Dr. Arun
Post Graduate, Dermatology

Monday, 24th May 2021 | 5.30 PM

<https://meet.google.com/eks-rmui-acu>

#FightAgainstCOVID

THE ANTS PROJECT



The ANTS Project
Created by Rtr. Diya RBW, 4/28/21

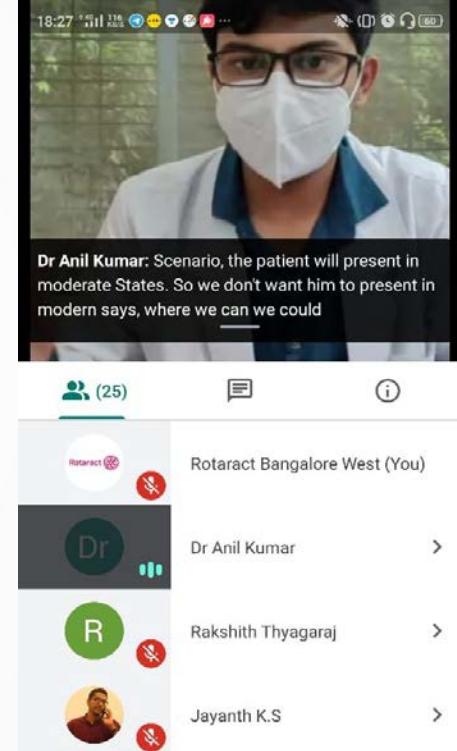
Description

Website: <https://covid.rbw1978.org>

Standard Operating Procedure: <https://covid.rbw1978.org/brief>

POC for resources:
 Plasma - Aditi
 Oxygen - Jayanth
 Ambulance+Food - Raksha
 Beds - Rushil
 Medicines and RT-PCR - Ravi

Media, links, and docs 132 >



18:27 5/11/21 60

Dr Anil Kumar: Scenario, the patient will present in moderate States. So we don't want him to present in modern says, where we can we could

(25)

Rotaract Bangalore West (You)

Dr Anil Kumar

Rakshith Thyagaraj

Jayanth K.S.

Also in the meeting (21)

The screenshot shows the Google Analytics interface for the account "Rotaract Bangalore West - The Ants Project". The left sidebar includes links for Home, Real-time, Acquisition, Engagement, Monetisation, Retention, and Admin. The main area displays a world map with blue highlights representing active users. To the right is a table of top countries by user count:

COUNTRY	USERS
India	16K
United States	325
United Kingdom	50
United Arab Emirates	38
Germany	33
Singapore	32
Canada	23

A search bar at the top says "Try searching 'add user'". A video call overlay on the right shows a man wearing glasses and a white lab coat, gesturing with his hand near his face. The video interface includes icons for headphones, CC, participants (16), and a message box.



Blood Donation

Date :	27/4/2021
Venue :	RBW Auditorium, Malleshwaram
Aim :	Blood donation during Covid-19
Project Chair :	Rtr Chethan Krishna GR and Rtr Diya S Bangera
No. of attendees :	
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	12
No. of Volunteers :	5
Cash :	Rs.0/-
In-kind :	Rs.0/-



CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Blood Donation

With the Support of TTK Blood Bank, Blood Donation camp following all the protocols was organized. Volunteers from various parts of Bangalore donated blood.





Pulse Polio Drive

Date :	31/1/2021
Venue :	Rajajinagar
Aim :	To Immunise children of Rajajinagar.
Project Chair :	Rtr Chethan Krishna GR and Rtr Diya S Bangera
No. of attendees :	30
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	210
No. of Volunteers :	30
Cash :	Rs.0/-
In-kind :	Rs.0/-



CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Pulse Polio Drive

Joint projects/Collaborations

On account of National Immunisation day, on 31st January 2021, the members of Rotary and Rotaract Bangalore West conducted the pulse polio drive. The members assembled in Rajajinagar Government Hospital where the education minister of Karnataka, Sri S.Suresh Kumar addressed the members and gave his thoughts about the impact of our organisation on the society. Rotaractors of our club were given two wards in Rajajinagar where the members of our club vaccinated 190 children.





Chinnara loka

Date :	18/10/2020
Venue :	Bhattarahalli
Aim :	Promote sustainable education.
Project Chair :	Rtr Ravichandra S D
No. of attendees :	45
Project Type :	Joint
<u>Impact Eval</u>	
Volunteer hours :	9
No. of Volunteers :	3
Cash :	Rs.2028/-
In-kind :	Rs.0/-



CLUB FACTS:

Type of Club:
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Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Chinnara loka

Rotaract Bangalore West partnered for a community project launched by Rotaract Club of Shishu Mandir, an initiative to renovate the Government Primary School, Bhattarahalli. The project is a collaboration with 18 other clubs from RID 3190. The total expenses of the project (including paint, brushes, labour, transportation, food and oil paint) was ₹38660. All the 18 clubs and Advaya Educational Trust together divided the cost equally to raise this money for the project.





Beat the heat

Date :	12/7/2020
Venue :	Malleshwaram
Aim :	To help the construction site workers.
Project Chair :	Rtr Rushil Ram
No. of attendees :	5
Project Type :	Joint
<u>Impact Eval</u>	
Volunteer hours :	5
No. of Volunteers :	1
Cash :	Rs.0/-
In-kind :	Rs.0/-



CLUB FACTS:

Type of Club:
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Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Beat the heat

Rotaract Club of Koramangala

Coca-cola India Pvt. Ltd had sent 94 bottles of their energy drink powerADE . Our club helped the partner club with the distribution of the same to 94 construction workers near Malleshwaram helping them to Beat the Heat .



THE FACE OF CHANGE
Rotaract Club of Koramangala

Rotaract club of Koramangala
in collaboration with
Rotaract Bangalore West

Rotaract
Bangalore West

Beat the Heat

The collage consists of 11 photographs arranged in a grid-like pattern. The top row shows a group of women in colorful saris, a group of people outdoors, and a group of people under a shelter. The middle row shows a group of people gathered around a table, a long line of people standing outdoors, and two men holding a large cardboard box labeled 'POWER'. The bottom row shows three men standing together, a man and a woman holding a box, and three men standing together again.



Clay Ganesha making

Date :	16/8/2021
Venue :	Zoom
Aim :	Clay Ganesha Making Workshop
Project Chair :	Rtr Thulasi J
No. of attendees :	15
Project Type :	Partnered with RaC Vidyaranyapura
<u>Impact Eval</u>	
Volunteer hours :	10
No. of Volunteers :	15
Cash :	Rs.2075/-
In-kind :	Rs 0/-



CLUB FACTS:

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Active Members:
38

Charter Date:
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Meets:
On Sundays

Clay Ganesha making

Rotaract Club of Vidyaranyapura

The Clay Ganesha making workshop hosted by the Rotaract Club of Vidyaranyapura supported by Hasiru Committee RID 3190 was an event to promote making eco-friendly Ganesha using clay. The kits that were distributed had seeds along with clay which was very thoughtful.



Rotaract
Bangalore West

@/o RotaractBangaloreWest #WhereEveryoneStandsTogether





Water Conservation webinar

Date :	19/9/2020
Venue :	Zoom
Aim :	Awareness about Water conservation
Project Chair :	Rtr Thulasi J
No. of attendees :	180
Project Type :	Joint Project
<u>Impact Eval</u>	
Volunteer hours :	2
No. of Volunteers :	10
Cash :	Rs.0/-
In-kind :	Rs.0/-



CLUB FACTS:

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Community Based

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Active Members:
38

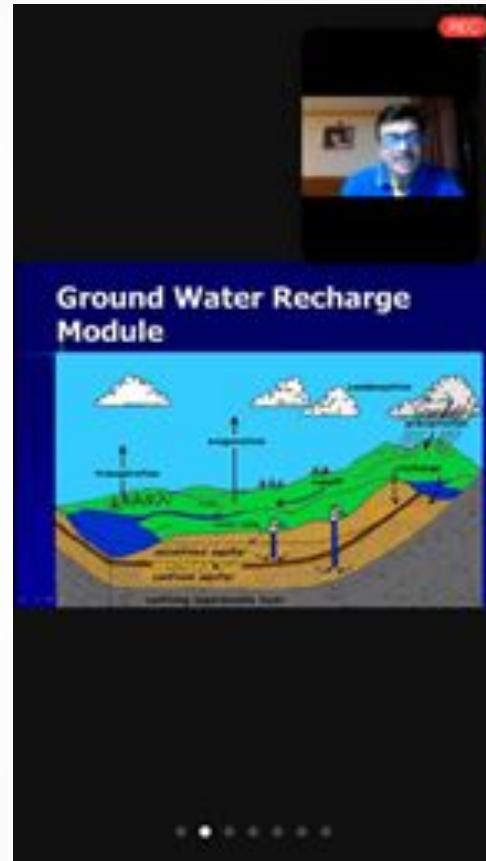
Charter Date:
9th February 1978

Meets:
On Sundays

Water Conservation webinar

District Hasiru and WINS committee collaboration

The Water Conservation Webinar was organized by Hasiru Committee and WINS committee RID 3190 and partnered by our club , Rotaract Bangalore West. It was held on 19th of September 2020 . It was an informative session which focused on various practices for urban and rural water management and the importance of Water management as it is the need of the hour.





National eye donation fortnight

Date :	27/8/2021
Venue :	Online
Aim :	Create awareness about eye donation
Project Chair :	Rtr Chethan Krishna G R
No. of attendees :	19
Project Type :	Joint project with district
<u>Impact Eval</u>	
Volunteer hours :	2
No. of Volunteers :	19
Cash :	Rs 0/-
In-kind :	Rs 0/-



CLUB FACTS:

Type of Club:
Community Based

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Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

National eye donation fortnight District collaboration

Rotaract District 3190 in accordance with Nayana Jyothi initiated an awareness drive to promote the importance of Eye Donation. 12 clubs from RID 3190 partnered for this project. This is an initiative by Rotaract District 3190 and Nayana Jyothi where we spread awareness by SMS pledging. Rotaract Bangalore West is proud to say that our club has 19 Sight Ambassadors.





Bike rally for Polio awareness 4.0

Date :	30/01/2021
Venue :	Vidyaranyapura
Aim :	To spread awareness about Polio
Project Chair :	Rtr Diya S Bangera
No. of attendees :	10
Project Type :	Joint Project with RaC Vidyaranyapura
<u>Impact Eval</u>	
Volunteer hours :	28
No. of Volunteers :	11
Cash :	Rs 0/-
In-kind :	Rs 0/-



CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Bike rally for Polio awareness 4.0- Rotaract club of Vidyaranyapura

Rotaract Club of Vidyaranyapura in association with Rotaract Bangalore West organised a Bike Rally on the 30th of January, 2021. Our club helped with Marketing, Advertisement, volunteers and registration for the Rally. Bikers from various organisations, general public and Rotaractors had participated for the rally, helping the organisation raise awareness and funds.





Environmental Day Celebrations

Date :	6/6/2021
Venue :	ZOOM
Aim :	To Educate on home gardening
Project Chair :	Rtr Ravichandra SD
No. of attendees :	140
Project Type :	Joint Project
<hr/>	
<u>Impact Eval</u>	
Volunteer hours :	4 hrs
No. of Volunteers :	2
Cash :	0/-
In-kind :	0/-



CLUB FACTS:

Type of Club:
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Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Environmental Day Celebrations with Ms Pratiksha (Plant mom) and Hasiru Committee

On the auspicious day of World Environment day, We in collaboration with Hasiru Committee and few clubs in our district had a wonderful webinar on home/terrace gardening with Ms Pratiksha with 140+ participants on Zoom meeting. Listening to her journey and the way of her looking at plants was overwhelming. We also conducted Essay Writing Competition and winners were announced with the help of the Judges assigned!



Rtr Aditi Patel joined

LIVE

Pratisha Hazarika

1/4

Mute Stop Video Security Participants Chat Share Screen Pause/Stop Recording Reactions Leave

HASIRU COMMITTEE REP.

Rtr. Dr. Thulasi J





LITERACY COMMITTEE REP.

Rtr. Sirisha J

Rotaract brings out attributes within me that I never realized existed, challenges me to become more socially active, creative, enthusiastic and encourages me to strive towards being a better person and do my best in every possible way. This experience has helped me to cherish my ability to influence and impact others in a positive way and I wish to involve and contribute more in the future.





MHM COMMITTEE REP.

Rtr. Shwetha J Jain

RBW has been an amazing platform to contribute, learn and grow as an individual. It has helped me cultivate gratitude and has given me a new learning experience each time.





WINS COMMITTEE REP.

Rtr. Mohammed Maaz

Hey this is Rtr. Md Maaz.

"Before joining rotaract, I was in search of a platform to do something productive apart from my routine like studies, hobbies, and spending time with my people. Rotaract is the best platform to do something productive as far as serving the society is concerned. As a bonus I got to enhance my skills, make contacts and have an amazing time with my fellow rotaractors. Cheers!!





PROFESSIONAL DEVELOPMENT

Rtr. Amrutha K M

Care and concern in the worst times of life, Support and love to create the best moments of life... VIRTUALity to cherish the wonderful side of REALity, POSITIVity to deal with the new NEGATIVity... That's RBW for me♥





E- Orientation Programme

Date :	28/6/2020
Venue :	Zoom
Aim :	To educate new members about Rotaract.
Project Chair :	Rtr Rakshitha
No. of attendees :	35
Project Type :	Stand Alone
<u>Impact Eval</u>	
Volunteer hours :	2
No. of Volunteers :	2
Cash :	Rs 0/-
In-kind :	Rs 0/-

CLUB FACTS:

Type of Club:
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Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

E- Orientation Programme

An orientation Program was conducted for new members of the club to educate them about Rotaraction. The session was conducted by PDRR Rtr. Naveen P Senna, who explained everything about Rotaract and Rotary. It was an interactive session followed by a Club Service activity.



E-ORIENTATION PROGRAM BY PDRR NAVEEN SENNA.

@naveensenna



RBW talks with Varun Sunil

Date :	16/8/2020
Venue :	Zoom
Aim :	To know more about various talents and interact with them
Project Chair :	Rtr Jayanth
No. of attendees :	60
Project Type :	Stand alone
<u>Impact Eval</u>	
Volunteer hours :	15
No. of Volunteers :	10
Cash :	0/-
In-kind :	0/-



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Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

RBW talks with Varun Sunil

A wonderful start to the revived edition of RBW talks with Varun Sunil, the founder and percussionist of Masala Coffee. An inspirational session with around 60 music lovers .





RotaSambandh

Date :	Year Long
Venue :	RBW Auditorium, Malleshwaram
Aim :	To provide career guidance to Rotaractors
Project Chair :	Rtr Rushil Ram
No. of attendees :	80
Project Type :	Joint Project with Rotaract Bangalore East
<hr/>	
<u>Impact Eval</u>	
Volunteer hours :	20
No. of Volunteers :	11
Cash :	0/-
In-kind :	0/-



CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

RotaSambandh

Joint Project with Rotaract Bangalore East

A navigator to your destination. An opportunity for Rotaractors for exposure and mentoring from expert Rotarians of various fields.



The banner features a black background with gold decorative borders at the top and bottom. In the top left corner are the Rotaract and Rotary International logos. To the right of the logos are the "Jyoti Jyoti Seva Jagat" and "Rotary Opens Opportunities" logos. The main title "ROTA SAMBANDH" is in large, bold, gold letters, with the subtitle "A NAVIGATOR TO YOUR DESTINATION" in smaller gold letters below it. A central text block in gold script reads: "Rotaractors now have an opportunity for exposure and mentoring from expert Rotarians of various fields !!". At the bottom, there is a call to action: "Apply Now @ www.rotasambandh.com".





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District collaboration projects

- ★ **Email construction**
- ★ **Linked-In profiling**
- ★ **Resume building**

It was a great learning session to all the freshers and working professionals to build their presentation skills.



REASONS WHY YOU SHOULD REGISTER!

- We all assume that we know how to write emails, true! But not professionally communicative emails.
- It is an interactive session. Live examples will be discussed.
- There is a surprise waiting for you at the end of the session.
- It's only Rs 50/club and unlimited members from a club can participate.
- You will receive an e-certificate of participation on successful completion of the assignment.

19TH JULY, SUNDAY
AT 11:00AM

Rotaract R.I.District 3190

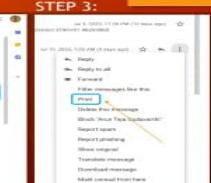
FORMAL COMMUNICATION
focusing on **EMAIL CONSTRUCTION**

ASSESSMENT TOPIC
Write an email to the DRR inviting him to be the guest of honor for your club's Independence Day celebrations on 15th August 2020.

Kindly detail out the series of events that would take place on the day, DRR's involvement and the duration of the event in your email. [Link](#)

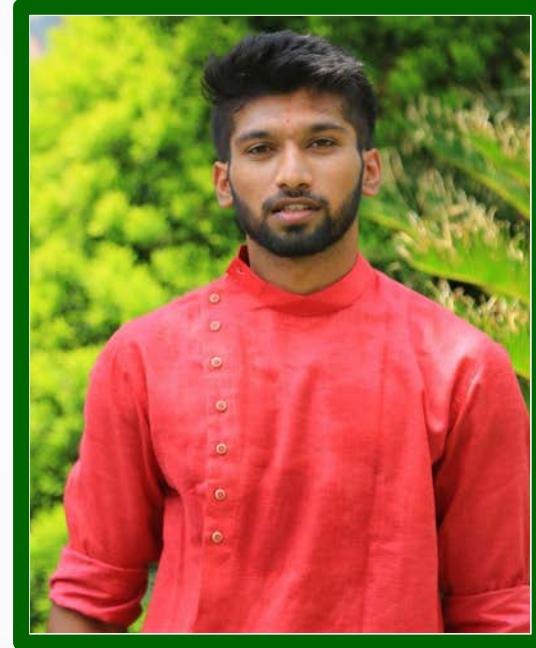
STEP 1: Write the email to yourself! (your own email ID)

STEP 2: 

STEP 3: 

CHIEF DESIGN OFFICER

Rtr. Vivekananda Reddy S



PUBLIC RELATIONS

Rtr. Aditi S Arun





INTERNATIONAL SERVICE

Rtr. Ramyashree S J

**If you believe you can spare
positivity to the society, to be useful,
to be honorable, to be
compassionate, to make some
difference while you connect with
people and grow together... start
small, start here!**





Madhumeha

Date : **19/7/2020-30/7/2020**

Venue : **Online**

Aim : **To spread awareness on Diabetes**

Project Chair : **Rtr Rushil Ram and Rtr Ramya Janardhan**

No. of attendees : **18,000**

Project Type : **Joint**

Impact Eval

Volunteer hours : **72,000**

No. of Volunteers : **250(RID 3190)**

Cash : **Rs 0**

In-kind : **Rs 0**



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38

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Meets:
On Sundays

Madhumeha

Rotaract Club of Vizag City from RI District 3020 collaborated to host Diabetes Awareness Project Madhumeha - Helping you to help your loved ones from 19th to 30th July 2020. We have collaborated with 338 clubs across 32 RI Districts with 18000 + Rotaractors

The project was concluded with 3 phases containing awareness, survey with 561 responses and a webinar on 'How To Prevent Diabetes?' with 250+ audience.



TOGETHER WE CAN PREVENT DIABETES

An Initiative By
ROTARACT CLUB OF VIZAG CITY RID 3020

Madhumeha
Helping you to help your loved ones... ❤

Follow us at:
 • @Rotaractclubvizag
 • @Rotaract_vizagcity
 • @vrc3020
 • @vrc3020

Follow us at:
 • @Rotaract_vizagcity
 • @Rotaract_vizagcity
 • @Rotaract_vizagcity
 • @vrc3020
 • @vrc3020

DIABETES COMPLICATIONS

Gestational Diabetes

Uncontrolled gestational diabetes can lead to problems that affect both the mother and baby.

Complications affecting the baby can include:

- Premature birth
- Higher-than-normal weight at birth
- Increased risk for type 2 diabetes later in life
- Low blood sugar
- Jaundice
- Stillbirth

The Mother can develop complications such as High Blood Pressure or Type 2 diabetes. She may also require Cesarean Delivery.

Follow us at:
 • @Rotaractclubvizag
 • @Rotaract_vizagcity
 • @Rotaract_vizagcity
 • @vrc3020
 • @vrc3020

In Association With
Rotaract Club Of Vizag City
RID 3020

Madhumeha
Helping you to help your loved ones. ❤

Live Session

How To Prevent Diabetes?

30/07/2020 5.00 PM(IST)

Dr.A.Mythili , MD.DM.FACE
Professor of Endocrinology,
Andhra Medical College

ZOOM FACEBOOK LIVE

Follow us at:
 • @Rotaractclubvizag
 • @Rotaract_vizagcity
 • @Rotaract_vizagcity
 • @vrc3020
 • @vrc3020

Follow us at:
 • @Rotaractclubvizag
 • @Rotaract_vizagcity
 • @Rotaract_vizagcity
 • @vrc3020
 • @vrc3020



Meet and Greet with RaC Delhi Elite

Date :	24/7/2020
Venue :	Google Meet
Aim :	Token of friendship and Fellowship
Project Chair :	Rtr Ramya J
No. of attendees :	16
Project Type :	Joint Project with RaC Delhi Elite
<u>Impact Eval</u>	
Volunteer hours :	2
No. of Volunteers :	1
Cash :	Rs 0
In-kind :	Rs 0



CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Meet and Greet with RaC Delhi Elite

A joint E-meet between Rotaract Bangalore West and Rotaract Club of Delhi Elite as a token of friendship was held on 24th July on Google meet.

Avenue directors giving an insight on their project ideas/flagship projects and Both clubs shall come up with many more interesting projects for the year.



(10) WhatsApp

Rotaract Bangalore West is presenting

The screenshot shows a WhatsApp video call interface. On the left, there's a thumbnail of a presentation slide titled "Rotaract Bangalore West". The main screen displays a grid of 16 video feeds. In the top-left corner of the grid, a small message says "Rotaract Bangalore West has joined". A sidebar on the right lists the participants with their names and profile pictures. At the bottom, there are standard video call controls.

Meeting details

16 People (16)

Chat

Rotaract Bangalore West

Dipshikha G.

Shrey Sharma

Aditi Arun

Anmolika M.

Chandana A proved

Chirag Rathore

Dipa Bangera

Loni Manchanda

Utkarsh Hora

Rotaract Bangalore West has joined

(10) WhatsApp

This screenshot shows a WhatsApp video call interface with 16 participants. The layout is a 4x4 grid of video feeds. Each participant has a small circular profile picture and a name label below it. The names listed include Dipa Bangera, Shrey Sharma, Aditi Arun, Anmolika M., Chandana A proved, Chirag Rathore, Dipa Bangera, Loni Manchanda, Utkarsh Hora, Rotaract Bangalore West, HAMPIRA GOVDA, Loni Manchanda, Shrey Sharma, Dipa Bangera, Anmolika M., Chandana A proved, Dipa Bangera, Sushma Ch, and Ranichandra Devangam. The interface includes standard video call controls at the bottom.

Meeting details

16 People (16)

Chat

Rotaract Bangalore West

HAMPIRA GOVDA

Loni Manchanda

Shrey Sharma

Utkarsh Hora

Dipa Bangera

Aditi Arun

Anmolika M.

Chandana A proved

Chirag Rathore

Dipa Bangera

Sushma Ch

Ranichandra Devangam

Turn on captions

Present now



Human Library

Date : **9/08/2020**

Venue : **Zoom**

Aim :

Interaction between Human Books and readers

Project Chair : **Rtr Chandana , Rtr Arpitha S**

No. of attendees : **85**

Project Type :

Stand-alone

Impact Eval

Volunteer hours : **80 hours**

No. of Volunteers : **18**

Cash :

Rs 0

In-kind :

Rs 0



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38

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9th February 1978

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On Sundays

Human Library

The Human Library creates a safe space for dialogue where topics are discussed openly between our human books and their readers. We hosted the event on 9th August 2020, where our readers can borrow human beings serving as open books and have conversations they would not normally have access to. Every human book from our bookshelf, represent a group in our society that is often subjected to prejudice, stigmatization or discrimination because of their lifestyle, diagnosis, belief, disability, social status, ethnic origin etc.



ROTARACT BANGALORE WEST
Presents

HUMAN LIBRARY

let me tell you a story...

Time: 3 PM - 6 PM
Date: 9th August

Venue:
ZOOM meeting

Registrations open for first 100 participants only

@RotaractBangaloreWest

#WhereEveryoneStandsTogether





Rotaract Goosebumps stories

Date :	10/08/2020
Venue :	Online
Aim :	To share and spread passionate stories of Rotaract
Project Chair :	Rtr Hemanth
No. of attendees :	18
Project Type :	Standalone
<u>Impact Eval</u>	
Volunteer hours :	15
No. of Volunteers :	4
Cash :	0/-
In-kind :	0/-



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38

Charter Date:
9th February 1978

Meets:
On Sundays

Rotaract goosebump stories

Rotaract Bangalore West came up with a new project where Rotaractors from all over India shared their Rotaract stories from 10th August 2020 which they shall always cherish. Some stories of ours and many others', Few stories are emotions , few are memories and a few make us maudlin.... so rotaractors were nominated to share their story.



ROTARACT GOOSEBUMPS STORIES

Rotaract Bangalore West Rotaract Bangalore West Involve Everyone Impact

I further nominate @_____

Nov 17th 2018 . A big day for me .It was the first day for the Art Carnival to begin at Chitrakala Parishath. After working for a whole week continuously visiting around 50 schools in Bangalore travelling more than 2000 kms on the bike to visit schools and finally on that day of the event there were around 500 kids waiting in line to attend the competition for that session. That alone was enough to give Goosebumps seeing all the happy and smiling faces,excitement in them to play with colours ❤.

To get featured on our page, mail your story to rotaractimpact@gmail.com

This is my story what is yours?

Rotaract Bangalore West Rotaract Bangalore West presents

Rotaract Goosebumps stories

coming soon...

#WhereEveryoneStandsTogether

Rotaract Bangalore West Rotaract Bangalore West Involve Everyone Impact

I further nominate @rashmireeti_dinesh_1994 @suresh_habesh_1992 @sneha_kar_mehaffy_1996_06 @rbw_hemant_chhabria2009 @rotaractkhalcon @rotaract_khalcon

10th March,2019 @sneha_kar_mehaffy_1996_06 @rbw_hemant_chhabria2009 National Immunization Day @rotaractkhalcon @rotaract_khalcon

RBW polio drive was happening, all excited because it was my first time....
On that day i got the chance to give polio vaccine for a newborn just 2 weeks old.
Tiny little feet and hands,half opened eyes,cute pink lips
Everything just soo adorable..
I just cant explain the heavenly feeling, I was blessed for that opportunity to eradicate polio from the life of that newborn who is a dream of wonder,hope and possibilities....

Two tiny drops from a vile made me feel special,for making a difference in her life ❤️

To get featured on our page, mail your story to rotaractimpact@gmail.com



Healing souls Phase-1

Date : **1/09/2020-10/10/2020**

Venue : **Online**

Aim :

Create Awareness about Mental Health

Rtr Ramya J, Rtr Joshua S Chacko

No. of attendees :
200

Project Type :
Stand-Alone

Impact Eval

Volunteer hours :
150

No. of Volunteers :
25

Cash :
Rs 0/-

In-kind :
Rs 0/-



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Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Healing souls Phase-1:

'Let's learn to truly hear'

In association with TalkAloud, we had a series of virtual webinars conducted from 6th September to 25th September 2020 by renowned psychologists: Dr. Malleka, Masters in Clinical Psychology and Pre doctoral in child and Adolescent psychology and Dr. Sakshi, MD psychiatry, LHMCH, Delhi., for 250+ registered participants on various aspects of mental disease.



ROTARACT BANGALORE WEST
in association with
TALK ALOUD
presents

Let's Learn To Truly Hear

Curriculum for webinar

- 6th September Introduction to mental health diseases and how to recognise them by Dr Sakshi
- 13th September Introduction to how to deal with a person in distress by Dr Mallika
- 13th September How to screen for mental health diseases by Dr Sakshi
- 18th September Let's talk about it part one by Dr Mallika
- 22nd September Let's talk about it part two by Dr Mallika
- 25th September mock call session with Dr Mallika

Dr Mallika
Masters in clinical psychology and postdoctoral in child and adolescent psychology

Dr Sakshi Gupta
MAMs, MSc Psychology, LPU, Delhi

Registration fees: Rs.30
30% reduction for collaborating clubs (above 10 registrations)
20% reduction for educational institutions (above 20 registrations)

For any queries contact:
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 Rtr Ramya SJ +919226068155 Stuti Bagga +91 93368 05902
 Rtr Kashmi R +91 94814 08325





Converge

Date :

29/08/2020

Venue :

Zoom

Aim :

Fellowship with the clubs outside the district

Project Chair :

Rtr Sahana H J, Rtr Ramya Janardhan

No. of attendees :

Project Type :

Joint project with RaC CBE Galaxy

Impact Eval

Volunteer hours :

12 hours

No. of Volunteers :

5

Cash :

₹1000

In-kind :

₹10,000



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Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Converge

An International Club Service virtual Event was organised on 29th August 2020 with RaC Coimbatore Gaalaxy to develop fellowship among Rotaractors.. This event holds the motto of fellowship with the opportunity to know more about Rotaraction in each other districts through a fun and healthy virtual discussion followed by a letterhead exchange.



The Rotaract Club of Bangalore West, Sponsored by, Rotary Bangalore West, RI DIST 3190

To,
Mr. Sathish R,
President, RI DIST 3190
Rotary Club of Connaught Garden
Mumbai 400022

It is with great pleasure that Rotaract Bangalore West exchange the official letterhead with the rotary club of Connaught Garden to mark the beginning of a meeting friendship.

This exchange is an initiative to accomplish a membership of like minded people by encouraging any existing cultural or geographical barriers.

This exchange is meant to be a platform for sharing ideas which can be planned and put into action against a collaborative project and in the way contribute to the community in corrections. We also consider this a starting point beyond which we hope to achieve the Rotaract motto of "Following through service".

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President 2020-21
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president.rbw@gmail.com
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Mr. Olga S Bangalore
President 2020-21
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Secretary 2020-21
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Mr. Chethan
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Mr. Sathish R Bangalore
Secretary 2020-21
+91 98862 11750
secretary@rbw.org.in

Mr. Mohamed Jassim



Healing souls phase-2

Date : **1/09/2020-10/10/2020**

Venue : **Online**

Aim :

Create Awareness about Mental Health

Rtr Ramya J, Rtr Joshua S Chacko

No. of attendees :
200

Project Type :
Stand-Alone

Impact Eval

Volunteer hours :
150

No. of Volunteers :
25

Cash :
Rs 0/-

In-kind :
Rs 0/-



CLUB FACTS:

Type of Club:
Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Healing souls phase-2:

'An online awareness drive'

Not just creating awareness but from 1st September 2020 to 10th October 2020, we conducted an emphasis on mental health in association with TalkAloud including informative quizzes, answered to your questions and talked on 6 of the most common mental disorders on our Instagram portals. We had 8 clubs collaborate from 3 countries.



Rotaract Bangalore West
In association with
Talk Aloud

HEALING SOULS
Sep. 1st-Oct. 10th

ONLINE CHAT <https://bit.ly/3fCQJLc>

AWARNESS

WEBINARS <https://bit.ly/3fCQJLc>

WEEK 1: DEPRESSION **WEEK 2: BPD** **WEEK 3: ANXIETY**

WEEK 4: EATING DISORDERS **WEEK 5: SCHIZOPHRENIA** **WEEK 6: MENTAL HEALTH DURING COVID-19**

PROJECT CHAIRS

Mr. Anupam - +91 87622 70166
(Rotaract Bangalore West)

Mr. Ramesh - +91 93944 36750
(Rotaract Bangalore West)

Mr. Sampath - +91 94478 36750
(Chief coordinating officer, Talk Aloud)

Talk Aloud



Rotaract Bangalore West
Talk Aloud

Debunking Myths about Depression
SEPARATING FACT FROM FICTION

Rotaract Bangalore West
Healing Souls
A joint initiative by Rotaract Bangalore West (RID 3190) and Talk Aloud

we are glad to present collaborating clubs

RC of BMS Yelahanka, RID 3190 **RC of Birgunj Metropolis, RID 3292** **RC of Bhaktapur, RID 3292**

Rotaract University of Sri Jayewardenepura
RC university of Sri Jayewardenepura, RID 3220

Rotaract Club of Coimbatore Ganalay
RC of Coimbatore Ganalay, RID 3201

Rotaract RC of Bangalore Southwest
RC of Bangalore Southwest, RID 3190

Rotaract RC of AIMIT
RC of AIMIT, RID 3190

RC of Kathmandu
RC of Kathmandu, RID 3292

Talk Aloud



Food drive-Online

Date : **16/10/2020 - 26/10/2020**

Venue : **Online**

Aim :

To Create awareness on World Food day

Rtr Bharghav Desai-RBW

450 Beneficiaries

Stand-alone

Impact Eval

Volunteer hours : **2**

3

Rs 0

Rs 0



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9th February 1978

Meets:
On Sundays

Food drive-Online

Food drive online phase has been a flagship project of Rotaract Bangalore West happening for the 4th time consequently where create an opportunity to showcase efforts of people helping for the cause. Participants Shared their moments with us between 16th and 26th of October, by tagging us on Social Media. We received entries from non-rotaractors and clubs Rotaract club of Mysore Ambari, Rotaract club of KGF, Rotaract club of SBMJC KGF with a total of 450 beneficiaries.





Grand Letterhead Exchange

Date :	06/01/2021
Venue :	Rotary Bangalore West Auditorium,Malleswaram
Aim :	Inter-District Meeting and Letter Head Exchange
Project Chair :	Rtr Ramya Janardhan
No. of attendees :	3
Project Type :	District - Meet Host Club
<u>Impact Eval</u>	
Volunteer hours :	5
No. of Volunteers :	3
Cash :	Rs 0
In-kind :	Rs 0



CLUB FACTS:

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Community Based

Parent Club:
Rotary Bangalore West

Active Members:
38

Charter Date:
9th February 1978

Meets:
On Sundays

Grand Letterhead Exchange

Rotaract Bangalore West hosted the letter head exchange program at Rotary Bangalore West Auditorium where Rotaractors of RID 3190 could meet officials of RID 3232 on their visit to Bangalore.





DISTRICT ROTARACT REP.

Rtr. Raj Vamshi K B

I have always been proud to say that I'm from Rotaract Bangalore West and even during such tough times in a pandemic, I could see RBW has been a place Where Everyone Stands Together (WEST).

One major highlight of this Rota Year is definitely the ANTS Project, where a simple thought of helping, benefited thousands of people in need.

Let's Involve Innovate Impact for a better tomorrow.





PRESIDENT ELECT

Rtr. Diya S Bangera

Together we Inspire - We as a club, draw inspiration from each and every member and everything they do, ranging from the way our seniors have flourished to a budding member achieving something. By achievement I mean academically, professionally, personally and also in terms of Rotaract. A happy club is only when its members are happy and hence my primary priority is my members and to cater to their needs and aspirations.

I'm entering my 4th year in Rotaract and I can safely say that this platform has helped me build my personality. The amazing memories, friends and the projects we've done and intend on doing is something that keeps me motivated and it's time for me to give back something towards my club and Rotaraction.

My team and I strive to uphold the legacy with determination and sincerity that our predecessors have bestowed upon us.

I would also like to thank my seniors who thought I was worthy of this responsibility, the BOD of 2021-22 for always being so enthusiastic and my beloved club members without whom nothing would ever be possible.



THANK YOU

Rotaract
Bangalore West



Rotary
Bangalore West



Rotaract
R.I.District 3190

