

SOLACE FOR MENTAL HEALTH

Why Mental Health?

Solace (the name of our website) was created to raise awareness and support other students who may be struggling with mental health. We've noticed that many people our age deal with different emotional problems such as, but not limited to: stress, pressure, or anxiety. By sharing reliable information, helpful tips, and encouraging messages, we want to make it easier for others to understand and destigmatize mental health in order for them to feel comfortable reaching out without being afraid of judgement.

The Individual Contributions of Each Member

Below is a compilation of each member's contribution to this project:

Jzhywll Acdal

- **Finalization of wireframe**

Reese Cady Burnea

- **Creation of this document**
- **Organization of website files**
- **Coding**

Arnie Mar Pajaron

- **Conceptualization of wireframe**
- **Coding**

Screenshots/Photos While Doing The Project

