

# HORSIN' AROUND

LHRA's Monthly Newsletter

May 2025 Edition

## IMPORTANT DATES

- **May 14-17:** Chapter 5 Horse Show
- **May 26:** Memorial Day - No Regular Lessons
- **May 26-June 1:** Show Prep Camp
- **May 27:** Summer Schedule Begins
- **May 31-June 1:** Here Comes the Boom Show
- **June 9-14:** Advanced Rider Camp
- **June 28-29:** Mid-America Horse Show



## Don't Miss Summer Camp at LHRA

*If you've never done a summer camp at LionHeart, you're missing out! We've got a few opportunities for every rider to consider this summer:*

### May 26-June 1: Show Prep Camp \$600 - (\$850 if showing).

**Open to intermediate and advanced riders** (must be able to walk, trot, halt, guide effectively in a group, and post). Participation in the horse show is not required to attend camp; however, all campers will travel to the show to observe, assist, and learn.

Camp runs Monday through Thursday from 8:30 AM to 3:30 PM (early release may occur depending on group stamina). Riders will spend the week preparing horses for the show ring and riding twice daily. Campers must bring their own lunch.

On Friday, we'll haul horses to Fulton. Campers will help set up at the show grounds and each rider will have a chance to ride in the show ring that afternoon or evening. The actual show takes place Saturday and Sunday, with riders having the opportunity to compete in two classes per day.

**All show-related costs are included in the camp fee.** Please note: this is a high-energy week with long days and late nights during the show weekend. Campers should arrive well-rested and fuel their bodies with meals that provide lasting energy.

### June 9-14: Advanced Show Rider Camp - \$600

**This camp is designed for our most advanced show riders**—those who have previously attended Academy Nationals or are hopefuls for this year's event. Completion of a prior Show Prep Camp is required.

Camp will be held at home Monday through Friday, followed by a group day trip to the Midwest Charity Horse Show in Springfield, IL on Saturday. We'll depart early in the morning and return late in the evening.

### July 7-11: Cub Camp - \$400 half day, \$500 full day.

**This camp is perfect for younger or less experienced riders**—and a great one to invite a friend along!

Riders will enjoy one lesson per day during the half-day option, or two lessons per day with the full-day option. Camp includes fun, hands-on learning about horse parts, tack, colors, markings, and more. Sometimes we'll do a craft project—though past campers have often voted to spend extra time with the horses instead!

This is a lower-intensity camp compared to Show Prep Camp and offers a supportive, beginner-friendly environment.

- Half-day: 8:00 AM – 12:00 PM (bring a snack)
- Full-day: 8:00 AM – 2:00 PM (bring snacks and lunch)

To sign up for ANY of the camps above, [CLICK HERE!](#) Space is limited so be sure to reserve your spot ASAP.



[SIGN UP](#)





***In Loving Memory of Karen Coup***  
***March 5, 1950 – April 22, 2025***

Karen Frances (White) Coup, aged 75, passed away peacefully on April 22, 2025, in Ashland, Missouri. She died as she lived – on her own terms and with her cats and family surrounding her.

Karen was born on March 5, 1950, in Wichita, Kansas, to Mary H. and Robert F. White. She grew up with her younger brother, Robert, in Wichita, spending as much time as possible riding and showing American Saddlebred horses. She graduated from Wichita Southeast High School in 1968 before attending William Woods College in Fulton, Missouri, where she completed her degree in History in 1972.

However, most of her time at William Woods was spent in the barn, as an early student of Gayle Lampe and also riding nearby with Dale and Glenda Pugh. It was during this time that she had her most famed show partner, CH Rob Shriver, with whom she earned innumerable titles, including a World's Championship.

Karen went on to work as a professional horse trainer for a time in Wentzville, Missouri, before settling back in Wichita to raise her two daughters, Kate and Betts, with whom she shared her love of horses. She was also deeply involved with Wichita Theatre Organ, functioning as the non-profit's manager and writing a much-beloved cookbook as a fundraiser.

She relocated permanently to the Columbia, Missouri, area in April 2007, where she lived out many of her days on the beautiful horse farm on which her daughter, Kate, taught riding lessons: caring for horses, mucking stalls, feeding chickens, correcting diagonals, and mowing the yard. She treasured her cats – indoor and outdoor alike – and enjoyed keeping a charm of hummingbirds well-fed throughout the summers. An avid reader, Karen loved to cook, was passionate about ice cream, and was a dedicated fan of University of Kansas basketball, even while residing in enemy territory.

Karen is survived by her daughter Kate Johnson (Neal); her daughter Betts Coup (Lucas Stanczyk); two cats Harrison Ford and Jilly Biden; three chickens; grand-dogs Brutus Johnson and Nina Coup-Stanczyk; and grand-cats Matilda, Ilona, Annie, and Hedwig Johnson – as well as more grand-horses than we can currently count.

In lieu of flowers, please make donations in Karen's name to Saddlebred Rescue or Jenny's Wildlife Wonderland.

## *Grooms & Interns:*

A reminder for grooms and interns: you are staff! 😊 If you are going to miss your shift for any reason, please try to find a replacement! You can always trade with another staff member, or see who is already going to be at the barn on the day you'll be gone. Being down one helper hurts everyone so please do your best to find someone to take your spot.

## *Summer Schedule:*

The summer schedule is now LIVE on the LHRA calendar. Please remember, the summer hours begin on **Tuesday, May 27**. If you are going to be gone for any reason, our lesson cancellation policy and scheduling change procedure still applies.

- [Link to Calendar](#)
- [Link to Schedule Change Doc](#)

## *Did Someone Say Carpool?*

We know the drive to the new barn is a few extra minutes for Columbia riders. But we've seen a few families trade carpooling. What a great idea! Check the schedule and see how it might work to share rides with another family or two to save time and gas.

