

Developing ADR Community Recommendations

Icebreaker Questions (In-person workshop)

We will split into two lines (A and B) and face each other forming pairs.

For each of the below questions, the one person will ask the question (e.g. person A for question 1, person B for question 2) and the other person will answer.

After 2 minutes, the people in line B will move one person to the right (line A will remain where they are), forming new pairs. New pairs will ask/answer the next question.

1. **A** – What music do you like to listen too?
2. **B** – Are you a morning person or a night owl?
3. **A** – How do you like to relax after a busy day?
4. **B** – What meal/food do you enjoy sharing with others?
5. **A** – What's the most rewarding part of your work?
6. **B** – What's the least rewarding part of your work?
7. **A** – What makes it easy for you to connect with others?
8. **B** – When have you felt welcomed into a space?
9. **A** – What makes you feel like you belong in a space?
10. **B** – What does empowerment mean to you?
11. **A** – What is the greatest challenge to the success of your work?
12. **B** – What helps you trust others?