

HAPPY HAVEN

MISSION

Happy Haven is an agency committed to building supportive homes where individuals 18 and older, with intellectual and developmental disabilities are inspired to dream and encouraged to live those dreams by being mentored and coached by our support professionals.

VISION

Our vision is:

- For individuals with intellectual and developmental disabilities to be supported and cared for by **professionals who care.**
- Motivate our consumers to become valuable contributing citizens by community integration.
- To empower the right to choose for our consumers and help them make good decisions on their own.
- To help our consumers feel safe and be safe in the community.
- To equip our consumers with social skills in order to achieve independency.

SERVICES

Residential services

Happy Haven, LLC, an Auburn & Lewiston based company, seeks to furnish a productive, safe, relaxed, and family-model environment for individuals with intellectual and developmental disabilities, in homes throughout Androscoggin, Cumberland, and York counties. We plan to house two consumers per home, where each consumer has their own comfortable room to embellish with their choice of style. Communal areas will be available to residents for socializing activities and relaxation. Consumers will also enjoy the entertainment center, equipped with a T.V, D.V.D. player, game system, board games, and puzzles.

- **Program supervisors:**

A Program Supervisor is there to give the homes extra support. The staff member in this position provides daily oversight, including on-site support and supervision of residents. Core responsibilities include community coordination, emergency response, including behavioral emergencies in the homes, medication management, and coordination of medical appointments.

High Risk Behavioral Support

We pride ourselves in being the only agency in our area that serves individuals with intellectual and developmental disabilities who have high-risk behaviors. We don't deny services to individuals who have committed criminal offenses or a history of aggressive behaviors, instead we provide them with staff who are highly trained in CPI and Safety Care to ensure their safety and the safety of the community. Happy Haven, LLC may be the last hope for these individuals whose high-risk behaviors are not supported elsewhere.

Positive Support Plan/ Crisis Prevention Plan:

Within the first couple of weeks of moving in the consumer and their supporting team will develop a crisis prevention plan & Positive Support Plan. The Crisis Prevention Plan will outline problematic behaviors, triggers, warning signs, and interventions for staff to be familiar with and go by. Staff utilize a crisis prevention plan that works on self-reflection/monitoring, coping strategies staff can prompt/support, and a plan for when these are unsuccessful. The positive support plan will promote client self-worth, community connection, natural supports, and work towards independent living skills training.

Personal care

Consumers are motivated to exercise their self-determination each day by having the right to control their personal resources and implement the goals that they chose. Staff will help consumers complete daily tasks, such as taking medication, bathing, making meals, attending medical appointments, getting to and from work or day program services. Each consumer will be encouraged to participate in meal preparation (identifying balanced meals, menu planning, food preparation, portion size), consisting of three nutritional meals and two snacks per day.

Recreational activities

Staff will help consumers plan their schedules for the day, by identifying areas of interest, looking for activities, all while exercising safety awareness and the right of choice. These activities may include personal grocery shopping, budgeting their personal allowance, community recreational events; such as going to the movies, attending community events, theater plays, the library, the mall, eating out, and exercise regularly amongst other activities(YMCA).

Mentorship

Our staff will have a plethora of training and experience, including but not limited to Direct Support Professional, CPI, and medication administration also known as CRMA. But most importantly staff will be committed to promote a family-orientated environment, where consumers are inspired to dream and bring those dreams into reality. Staff will be on duty 24 hours a day, providing supervision 1:1 or 2:1 to meet the needs of all the consumers. Each day staff and consumers will work to develop skills such as independency, self-advocacy and problem-solving, which will be based on their Person-Centered Plan.

