# Practical Machine Learning Project

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#### Introduction

The goal of this project is to use data from accelerometers on the belt, forearm, arm, and dumbbell of six participants to predict how well an activity was being performed by the wearer. Each participant was asked to perform one set of 10 repetitions of the Unilateral Dumbbell Biceps Curl in five different fashions (A through E).

The training data and test data sets were provided from the course project web page.

#### Methods

Environment in which the analysis was run.

#### sessionInfo()

```
## R version 3.1.2 (2014-10-31)
## Platform: x86 64-w64-mingw32/x64 (64-bit)
##
## locale:
## [1] LC COLLATE=English United States.1252
## [2] LC CTYPE=English United States.1252
## [3] LC_MONETARY=English_United States.1252
## [4] LC NUMERIC=C
## [5] LC_TIME=English_United States.1252
## attached base packages:
                                                datasets methods
## [1] stats
                 graphics grDevices utils
                                                                     base
##
## loaded via a namespace (and not attached):
                                                 car_2.0-25
   [1] BradleyTerry2_1.0-6 brglm_0.5-9
   [4] caret_6.0-52
                            codetools_0.2-9
                                                 colorspace_1.2-4
##
   [7] digest_0.6.8
                            evaluate 0.5.5
                                                 foreach 1.4.2
                                                 grid_3.1.2
## [10] formatR_1.0
                            ggplot2_1.0.0
## [13] gtable 0.1.2
                            gtools 3.4.2
                                                 htmltools 0.2.6
## [16] iterators_1.0.7
                            kernlab_0.9-20
                                                 knitr_1.9
## [19] lattice_0.20-29
                            lme4 1.1-7
                                                 MASS 7.3-35
## [22] Matrix_1.1-4
                            mgcv_1.8-3
                                                 minqa_1.2.4
## [25] munsell 0.4.2
                            nlme 3.1-118
                                                 nloptr 1.0.4
## [28] nnet_7.3-8
                            parallel_3.1.2
                                                 pbkrtest_0.4-2
## [31] plyr_1.8.1
                            proto_0.3-10
                                                 quantreg 5.11
                            reshape2_1.4.1
                                                 rmarkdown_0.6.1
## [34] Rcpp_0.11.4
## [37] rpart_4.1-8
                            scales_0.2.4
                                                 SparseM_1.6
                                                 stringr_0.6.2
## [40] splines_3.1.2
                            stats4_3.1.2
## [43] tools_3.1.2
                            yaml_2.1.13
```

Load the required libraries.

```
library(downloader)
library(fields)
library(caret)
library(part)
library(plyr)
library(randomForest)
library(partykit)
library(c50)
library(kernlab)
library(dplyr)
library(ggplot2)
```

#### **Data Collection**

A. Load the data

Download the training and testing data files if they do not exist and save the date downloaded.

```
trainingSaveFile <- "trainingData.rda"</pre>
if (! file.exists(trainingSaveFile)) {
    trainingDataFile <- "pml-training.csv"</pre>
    # Download training data.
    download("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv",
        destfile=trainingDataFile)
    trainingDateDownloaded <- date()</pre>
    # Read data file.
    trainingData <- read.csv(trainingDataFile, na.strings=c("NA","#DIV/0!",""))
    # Save as R-data file.
    save(trainingData, trainingDateDownloaded, file=trainingSaveFile)
    unlink(trainingDataFile)
    rm(trainingDataFile)
}
testingSaveFile <- "testingData.rda"</pre>
if (! file.exists(testingSaveFile)) {
    testingDataFile <- "pml-test.csv"</pre>
    # Download training data.
    download("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv",
        destfile=testingDataFile)
    testingDateDownloaded <- date()</pre>
    # Read data file.
    testingData <- read.csv(testingDataFile, na.strings=c("NA","#DIV/0!",""))
    # Save as R-data file.
    save(testingData, testingDateDownloaded, file=testingSaveFile)
    unlink(testingDataFile)
    rm(testingDataFile)
}
```

B. Load the training and testing data into memory if they have not been previously loaded.

```
if (! exists("trainingData")) {
    # Read R-data file.
    load(trainingSaveFile)
}
```

```
if (! exists("testingData")) {
    # Read R-data file.
    load(testingSaveFile)
}
```

Dates data was downloaded.

```
trainingDateDownloaded
```

```
## [1] "Sun Aug 16 19:07:57 2015"
```

```
{\tt testingDateDownloaded}
```

```
## [1] "Sun Aug 16 19:08:02 2015"
```

#### Reproducibility

This analysis is reproducible because seeds are set before any process that uses random sampling including the creation of the training/test sets and the training of each model.

#### **Partition Training Data**

```
set.seed(123)
inTrain <- createDataPartition(y=trainingData$classe, p=0.6, list=FALSE)

training <- trainingData[inTrain,]
testing <- trainingData[-inTrain,]</pre>
```

### **Exploratory Analysis**

```
str(training)
```

```
11776 obs. of 160 variables:
## 'data.frame':
## $ X
                            : int 3 4 6 10 11 12 13 17 18 19 ...
## $ user_name
                            : Factor w/ 6 levels "adelmo", "carlitos",..: 2 2 2 2 2 2 2 2 2 2 ...
## $ raw_timestamp_part_1
                            : int 1323084231 1323084232 1323084232 1323084232 1323084232
## $ raw_timestamp_part_2
                            : int 820366 120339 304277 484434 500302 528316 560359 692324 732306 740
## $ cvtd_timestamp
                            : Factor w/ 20 levels "02/12/2011 13:32",..: 9 9 9 9 9 9 9 9 9 ...
                            : Factor w/ 2 levels "no", "yes": 1 1 1 1 1 1 1 1 1 1 ...
## $ new_window
## $ num_window
                            : int 11 12 12 12 12 12 12 12 12 12 ...
## $ roll_belt
                            : num 1.42 1.48 1.45 1.45 1.45 1.43 1.42 1.51 1.55 1.57 ...
## $ pitch_belt
                            : num 8.07 8.05 8.06 8.17 8.18 8.18 8.2 8.12 8.08 8.06 ...
                            : num -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 ...
## $ yaw_belt
## $ total_accel_belt
                            : int 3 3 3 3 3 3 3 3 3 ...
## $ kurtosis_roll_belt
                            : num NA NA NA NA NA NA NA NA NA ...
## $ kurtosis_picth_belt
                            : num NA NA NA NA NA NA NA NA NA ...
## $ kurtosis_yaw_belt
                            : logi NA NA NA NA NA NA ...
```

```
## $ skewness roll belt
                            : num NA NA NA NA NA NA NA NA NA ...
## $ skewness_roll_belt.1
                            : num NA NA NA NA NA NA NA NA NA ...
## $ skewness yaw belt
                            : logi NA NA NA NA NA NA ...
## $ max_roll_belt
                            : num NA NA NA NA NA NA NA NA NA ...
   $ max_picth_belt
                            : int
                                  NA NA NA NA NA NA NA NA NA ...
## $ max_yaw_belt
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
## $ min_roll_belt
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
##
   $ min_pitch_belt
                            : int
##
   $ min yaw belt
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
##
   $ amplitude_roll_belt
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
   $ amplitude_pitch_belt
                            : int
                                  NA NA NA NA NA NA NA NA NA ...
##
   $ amplitude_yaw_belt
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
   $ var_total_accel_belt
                                  NA NA NA NA NA NA NA NA NA . . .
                            : num
## $ avg_roll_belt
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
## $ stddev_roll_belt
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
##
   $ var_roll_belt
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
## $ avg_pitch_belt
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
## $ stddev_pitch_belt
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
## $ var_pitch_belt
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
## $ avg_yaw_belt
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
## $ stddev_yaw_belt
                            : num NA NA NA NA NA NA NA NA NA ...
## $ var yaw belt
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
## $ gyros_belt_x
                                  0 0.02 0.02 0.03 0.03 0.02 0.02 0 0 0 ...
                            : num
## $ gyros_belt_y
                                  0 0 0 0 0 0 0 0 0.02 0 ...
                            : num
## $ gyros_belt_z
                            : num
                                  -0.02 -0.03 -0.02 0 -0.02 -0.02 0 -0.02 0 -0.02 ...
## $ accel_belt_x
                            : int
                                  -20 -22 -21 -21 -21 -22 -22 -21 -21 -20 ...
## $ accel_belt_y
                                  5 3 4 4 2 2 4 4 5 5 ...
                            : int
                                  23 21 21 22 23 23 21 22 21 21 ...
## $ accel_belt_z
                            : int
## $ magnet_belt_x
                            : int
                                  -2 -6 0 -3 -5 -2 -3 -6 1 -3 ...
## $ magnet_belt_y
                            : int
                                  600 604 603 609 596 602 606 598 600 603 ...
##
   $ magnet_belt_z
                            : int
                                  -305 -310 -312 -308 -317 -319 -309 -317 -316 -313 ...
## $ roll_arm
                            : num
                                  -128 -128 -128 -128 -128 -128 -129 -129 -129 ...
## $ pitch_arm
                                  22.5 22.1 22 21.6 21.5 21.5 21.4 21.3 21.2 21.2 ...
                            : num
## $ yaw_arm
                                  : num
## $ total accel arm
                                  34 34 34 34 34 34 34 34 34 ...
                            : int
## $ var_accel_arm
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
## $ avg roll arm
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
## $ stddev_roll_arm
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
## $ var_roll_arm
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
## $ avg_pitch_arm
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
## $ stddev pitch arm
                                 NA NA NA NA NA NA NA NA NA ...
                            : num
## $ var_pitch_arm
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
## $ avg_yaw_arm
                            : num
## $ stddev_yaw_arm
                                  NA NA NA NA NA NA NA NA NA ...
                            : num
## $ var_yaw_arm
                            : num
                                  NA NA NA NA NA NA NA NA NA ...
##
                                  $ gyros_arm_x
                            : num
## $ gyros_arm_y
                                  -0.02 -0.03 -0.03 -0.03 -0.03 -0.03 -0.02 0 -0.02 -0.02 ...
                            : num
## $ gyros_arm_z
                                  -0.02 0.02 0 -0.02 0 0 -0.02 -0.02 -0.03 -0.02 ...
                            : num
## $ accel_arm_x
                            : int
                                  -289 -289 -289 -288 -290 -288 -287 -289 -288 -289 ...
## $ accel_arm_y
                            : int
                                  110 111 111 110 110 111 111 110 108 109 ...
## $ accel_arm_z
                                  -126 -123 -122 -124 -123 -123 -124 -122 -124 -122 ...
                            : int
## $ magnet_arm_x
                            : int
                                  -368 -372 -369 -376 -366 -363 -372 -371 -373 -369 ...
## $ magnet_arm_y
                            : int 344 344 342 334 339 343 338 337 336 340 ...
## $ magnet_arm_z
                            : int 513 512 513 516 509 520 509 512 510 509 ...
```

```
$ kurtosis roll arm
                                   NA NA NA NA NA NA NA NA NA ...
                             : num
##
                                   NA NA NA NA NA NA NA NA NA ...
   $ kurtosis_picth_arm
                             : niim
##
  $ kurtosis yaw arm
                             : num
                                   NA NA NA NA NA NA NA NA NA ...
                             : num NA NA NA NA NA NA NA NA NA ...
##
  $ skewness_roll_arm
##
   $ skewness_pitch_arm
                             : num
                                   NA NA NA NA NA NA NA NA NA ...
##
                             : num NA ...
  $ skewness yaw arm
                                   NA NA NA NA NA NA NA NA NA ...
##
   $ max roll arm
                             : num
   $ max_picth_arm
                                   NA NA NA NA NA NA NA NA NA ...
##
                             : num
##
   $ max_yaw_arm
                             : int
                                   NA NA NA NA NA NA NA NA NA ...
##
   $ min_roll_arm
                             : num
                                  NA NA NA NA NA NA NA NA NA ...
   $ min_pitch_arm
                             : num NA NA NA NA NA NA NA NA NA ...
##
                                   NA NA NA NA NA NA NA NA NA ...
   $ min_yaw_arm
                             : int
##
   $ amplitude_roll_arm
                                   NA NA NA NA NA NA NA NA NA ...
                             : num
##
  $ amplitude_pitch_arm
                             : num
                                   NA NA NA NA NA NA NA NA NA ...
##
                                   NA NA NA NA NA NA NA NA NA ...
   $ amplitude_yaw_arm
                             : int
##
   $ roll_dumbbell
                                   12.9 13.4 13.4 13.3 13.1 ...
                             : num
##
                                   -70.3 -70.4 -70.8 -70.9 -70.6 ...
   $ pitch_dumbbell
                             : num
##
  $ yaw dumbbell
                                   -85.1 -84.9 -84.5 -84.4 -84.7 ...
                             : num
## $ kurtosis_roll_dumbbell : num NA ...
##
   $ kurtosis picth dumbbell : num
                                   NA NA NA NA NA NA NA NA NA ...
##
  $ kurtosis_yaw_dumbbell
                             : logi NA NA NA NA NA ...
  $ skewness roll dumbbell : num NA ...
   $ skewness_pitch_dumbbell : num
                                   NA NA NA NA NA NA NA NA NA ...
##
   $ skewness yaw dumbbell
##
                             : logi NA NA NA NA NA NA ...
## $ max roll dumbbell
                             : num NA NA NA NA NA NA NA NA NA ...
  $ max_picth_dumbbell
                             : num NA NA NA NA NA NA NA NA NA ...
##
   $ max_yaw_dumbbell
                                   NA NA NA NA NA NA NA NA NA ...
                             : num
   $ min_roll_dumbbell
                             : num
                                   NA NA NA NA NA NA NA NA NA . . .
##
  $ min_pitch_dumbbell
                             : num NA NA NA NA NA NA NA NA NA ...
##
  $ min_yaw_dumbbell
                             : num NA NA NA NA NA NA NA NA NA ...
##
   $ amplitude_roll_dumbbell : num NA ...
     [list output truncated]
```

Almost all of the rows have columns with missing values.

```
sum(!complete.cases(trainingData))
```

## [1] 19622

#### Preprocessing

The following function preprocesses a data set by removing columns that are not predictors, removing columns with near zero variance, and removing columns with NAs or more than 60% missing values.

```
data <- data[, !nzvCols$nzv]

# Remove columns with NAs or more than 60% missing values

tmp <- t(stats(data))
naCols <- apply(tmp, 1, function(currow) {
        all(is.na(currow)) || (currow["missing values"] > nrow(data) * 0.6)
        #print(is.na(currow["mean"]))
        #print(currow)
      })
naCols[length(naCols)] <- FALSE # save classe
data <- data[!naCols]

return(data)
}</pre>
```

Perform preprocessing on the training and testing portions of the Training Data.

```
training <- preProcessData(training)
testing <- preProcessData(testing)</pre>
```

Check for variables that have high correlation.

```
M <- abs(cor(subset(training, select=-classe)))
diag <- 0 # all variables are perfectly correlated with themselves
nrow(which(M > 0.8, arr.ind=T))
```

```
## [1] 90
```

Many rows have correlations > 0.8. We must use models that can handle data with high correlations between predictors (e.g, tree-based algorithms) or the data should be pre-processed with principal component analysis.

#### Modeling and Testing

We chose to create and evaluate models with five different algoritms: RPART, C5.0 (a boosting algorithm in the same category as gbm), Random Forest (rf), Support Vector Machine (svmRadial), and Linear Discriminant Analysis (lda). These algorithms were evaluated with and without additional principal component analysis (pca) preprocessing using the caret package.

After modeling, the following function accumulates results from modeling, performs prediction on the testing data, and creates a results table for all of the models.

```
results <- NULL
testingPredictions <- function(modelName, fit, results, testing) {
   pred <- predict(fit, testing)
   table(pred, testing$classe)
   cm <- confusionMatrix(testing$classe, pred)
   newRow <- as.data.frame(cbind(fit$results[1,], cm$overall["Accuracy"]))
   if (modelName == "rpart" || modelName == "rpartPC") {
        newRow$cp <- NULL
   }
   if (modelName == "C5.0" || modelName == "C5.0PC") {</pre>
```

```
newRow$model <- NULL</pre>
    newRow$winnow <- NULL
    newRow$trials <- NULL
}
if (modelName == "rf" || modelName == "rfPC") {
    newRow$mtry <- NULL</pre>
}
if (modelName == "svmRadial" || modelName == "svmRadialPC") {
    newRow[,1] <- NULL</pre>
    newRow[,1] <- NULL</pre>
}
if (modelName == "lda" || modelName == "ldaPC") {
    newRow[,1] <- NULL</pre>
}
names(newRow)[1:5] <- c("Accuracy", "Kappa", "AccuracySD", "KappaSD", "Test Accuracy")</pre>
rownames(newRow) <- modelName</pre>
results <- rbind(results, newRow)</pre>
results
```

Enable parallel processing.

```
library(doParallel)
registerDoParallel(cores=4)
```

#### **RPART**

#### C5.0

```
fitControl <- trainControl(method = "repeatedcv", number = 10, repeats = 3)
grid <- expand.grid(model = "tree", trials = c(1:100), winnow = FALSE)
set.seed(123)</pre>
```

```
C5.0Fit <- train(classe ~ ., data = training, method = "C5.0",
    tuneGrid = grid,
    trControl = fitControl)

set.seed(123)
C5.0FitPC <- train(classe ~ ., data = training, preProcess="pca", method = "C5.0",
    tuneGrid = grid,
    trControl = fitControl)

results <- testingPredictions("C5.0", C5.0Fit, results, testing)
results <- testingPredictions("C5.0PC", C5.0FitPC, results, testing)</pre>
```

#### Random Forest

## **Support Vector Machines**

## Linear Discriminant Analysis

#### Results

The table below shows the results of the ten models created. The first four data columns are data from the final model chosen by "train" and the Test Accuracy is from predictions made and the test set.

#### results

```
##
                             Kappa AccuracySD
                                                   KappaSD Test Accuracy
               Accuracy
## rpart
               0.8274115 0.7814212 0.017606996 0.022246460
                                                                0.8483304
               0.6061393 0.5012167 0.017266632 0.021924986
## rpartPC
                                                                0.6149630
## C5.0
               0.9515412 0.9387144 0.007752276 0.009794722
                                                                0.9931175
## C5.0PC
               0.8420812 0.8002420 0.012808658 0.016172146
                                                                0.9645679
               0.9906308 0.9881474 0.003392527 0.004292379
## rf
                                                                0.9910783
## rfPC
               0.9692881 0.9611489 0.005378579 0.006805173
                                                                0.9704308
               0.8519309 0.8123256 0.012117371 0.015349921
## svmRadial
                                                                0.9894214
## svmRadialPC 0.8266553 0.7804943 0.012022429 0.015234227
                                                                0.9816467
## lda
               0.6984210 \ 0.6182368 \ 0.011893160 \ 0.015058895
                                                                0.7032883
## ldaPC
               0.5239899 0.3965619 0.011795999 0.014993871
                                                                0.5261280
```

The model with the best combination of training and testing accuracy is the random forest model without PCA adn this model was chosen for final testing on the withheld testingData set.

#### Out of Sample Error

Out of sample error for random forest model without PCA is (1 - Testing Accuracy) or

```
osError <- sprintf("%1.3f", (1 - results[match("rf", rownames(results)),5]) * 100)
print(paste0("Out of Error Sample is: ", osError, "%"))
## [1] "Out of Error Sample is: 0.892%"</pre>
```

#### Variable Importance

The twenty most important variables in the random forest without PCA model are:

## varImp(rfFit)

```
## rf variable importance
##
    only 20 most important variables shown (out of 52)
##
##
##
                       Overall
## roll_belt
                        100.00
## pitch_forearm
                         63.34
## yaw_belt
                         58.19
## magnet_dumbbell_y
                         45.41
## magnet_dumbbell_z
                         44.56
## pitch_belt
                         44.47
## roll_forearm
                         41.93
## accel_dumbbell_y
                         21.76
## magnet_dumbbell_x
                       19.25
## roll_dumbbell
                        18.17
## accel_forearm_x
                        17.68
## magnet_belt_z
                        15.95
## accel_dumbbell_z
                        15.26
## accel_belt_z
                        14.76
## magnet_belt_y
                        14.64
                      14.09
## magnet_forearm_z
## total_accel_dumbbell 13.58
## yaw_arm
                         11.17
## magnet_belt_x
                         10.48
## gyros_belt_z
                         10.17
```

## **Pairs Plot of Three Most Important Predictors vs Outcome**

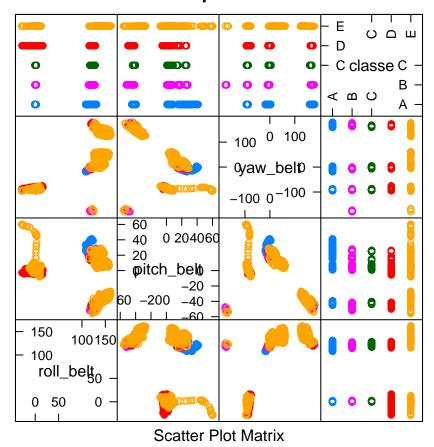


Figure 1: Pairs plot showing the strong correlation between each of the top three most important predictors and the outcome variable (classe).

## Final Testing on Withheld Testing Data

First prepare the data the same way the trainingData was prepared.

```
finalTesting <- preProcessData(testingData)</pre>
```

Make predictions.

```
answers <- as.character(predict(rfFit, newdata=finalTesting))</pre>
```

Generate files to submit with code provided in assignment.

```
pml_write_files = function(x){
    n = length(x)
    for(i in 1:n){
        filename = paste0("answers/problem_id_",i,".txt")
        write.table(x[i],file=filename,quote=FALSE,row.names=FALSE)
}
```

```
pml_write_files(answers)
```

As expected with such a low out of sample error, all 20 predictions were correct.

#### Conclusions

For this data set, the random forest algorithm without PCA provides a better than 99% prediction accuracy. C5.0 without PCA was a close second. The models created with principal component preprocessing (PCA) gave poorer results for each model than the models run without PCA.

#### References

- 1. Velloso, E.; Bulling, A.; Gellersen, H.; Ugulino, W.; Fuks, H. Qualitative Activity Recognition of Weight Lifting Exercises. Proceedings of 4th International Conference in Cooperation with SIGCHI (Augmented Human '13). Stuttgart, Germany: ACM SIGCHI, 2013.
- 2. Coursera Practical Machine Learning Course Project. Training Data: https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv Test Data: https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv Accessesed: 8/15/2015
- 3. R Core. "The R Project for Statistical Computing" URL: http://www.R-project.org.
- 4. Adler, Joseph. R In A Nutshell. O'Reilly, 2010.
- 5. Teetor, Paul. R Cookbook. O'Reilly, 2011.
- 6. Chang, Winston. R Graphics Cookbook. O'Reilly, 2013.
- 7. R Markdown Page. URL: <a href="http://www.rstudio.com/ide/docs/authoring/using\_markdown">http://www.rstudio.com/ide/docs/authoring/using\_markdown</a>. Accessed 8/5/2015.