



July 2021

Issue 7

## Welcome to Central Ohio Fiction Writers Newsletter

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**Newsletter Editor:** Rachel Dye

**Central Ohio Fiction Writers (COFW) <http://cofwevents.org> is a non-profit professional association for romance writers and a local chapter of the Romance Writers of America® (RWA) organization that offers monthly meetings. Since 1987, COFW has promoted excellence in fiction writing, encouraging writers to grow and gain knowledge in their craft. Members provide a networking system to share knowledge and support the goal of becoming published.**

## **2021 Leadership Board**

President: Bernie Miller

Secretary: Shari Heinrich

Treasurer: Michelle Orloff

### **Non-Board Positions**

Newsletter Editor: Rachel Dye

Programs Chair: Vacant

Education Chair: Vacant

Social Media Chair: Vacant

Incentives Coordinator: Vacant

Ignite the Flame Contest Chair: Vacant

Monthly Meetings Facility Coordinator: Vacant

Equipment Inventory Coordinator: Vacant

## **Meetings**

First "Teen" Saturday of the Month. Social: Noon to 12:30. Business: 12:30. Guest Presentation: 1:30. Location: Check [www.cofwevents.org](http://www.cofwevents.org)

## **Dues**

New Members: \$35

Renewal before January 31: \$30. After January 31: \$35.

- Dues run January to December
- Membership with Romance Writers of America required.

## **Follow COFW**

Twitter <https://twitter.com/COFWriters>

Facebook: <https://facebook.com/COFWriters>

Instagram: <https://www.instagram.com/cofwriters/>

Closed Facebook Group <https://www.facebook.com/groups/177462723049177/>

**Central Ohio Fiction Writers**

P.O. Box 24254 Dayton, OH 45424

## **Next Meeting: August 14, 2021; The Case for Diversity and Inclusion**

This is a workshop that focuses on understanding what Diversity and inclusion really is, how it affects each and every one of us, and focuses on examining the way that we think about the world we live in. The workshop will examine understanding biases, privilege, microaggressions, discomfort, and how to navigate initiating diverse and inclusive dialogue.

Jordyn Blanson was a military child who grew up in culturally diverse environments; she was born in Panama, Central America, has lived in 9 states, and traveled around the world. Her upbringing sparked her passion for Diversity, Equity, and Inclusion and she's been fortunate enough to have made it a focus in both her personal life, and in her career. She is a published author of short stories and a comic that focus on people of color, she provides sensitivity reads for major textbook companies, and is the host of a podcast that focuses on Working while black called 'Wait Say What'. And perhaps more importantly, she has a Masters in Industrial Organizational Psychology, which focuses greatly on Diversity and Inclusion.

Business meeting at 12:30 pm, Discussion at 1:30 pm

Forge Tavern: 1375 Bethel Rd Columbus, Oh

*Our meeting will also be held via Zoom for those unable to attend in person. The password will be posted on the Central Ohio Fiction Writers Group page which can be accessed via the Romance Writers of America website under the Forums tab.*

## **COFW Fiction Plotters Meet Monthly - East**

Need a boost with a story idea that has yet to see words on a page? Can't get your protagonist out of a hole you've written her into? Not sure whether the antagonist is antag-ging enough? Consider stopping by the COFW Fiction Plotters group. We meet the first Wednesday of the month at 10 a.m. at the Panera Bread in Taylor Square in Reynoldsburg, Ohio, 43068.

If you have questions, contact:

Andrea McConnell: [fyrefly93@gmail.com](mailto:fyrefly93@gmail.com)

Saralee Etter: [saralee\\_etter@yahoo.com](mailto:saralee_etter@yahoo.com)

## **COFW Fiction Plotters Meet Monthly - West**

All the same fun as above but located in Huber Heights. We meet the second Monday of the month at 6:30 pm at the Panera Bread off I-70 exit 36.

If you have questions contact:

Jeanne Estridge: [jeanneestridge@gmail.com](mailto:jeanneestridge@gmail.com)

Rachel Dye: [juliette.r.hyland@gmail.com](mailto:juliette.r.hyland@gmail.com)

**Minutes**  
**July 17, 2021 12:30 PM**  
**Zoom Only**

**12:00 Networking**

**12:30 Call Business Meeting to Order**

Feel free to adjust your names on Zoom so we know what to call you all. Remember to silence your phones to reduce interruptions.

I. Welcome Visitors & Round Table: introduction of members and visitors.

II. Works in Progress

- Rachel Dye, writing as Juliette Hyland—writing a contemporary rock star while waiting for edits
- Shari Heinrich—Working on edits to YA Chihuahua Tales, and the Betwixt competition
- Stacy McKittrick—Still working on Ghostly Protector.
- Sandy Kachurek—working on the writing workshop she is hosting in Yellow Springs.
- Nicole—guest, grad student at ohio state, studying chemical engineering, writes fantasy in her free time
- Jeanne Estridge—on page 92 and stalled, but trying to push past it. Faust story—sells soul to make best seller list; a couple who have been in hell since beginning of time, Lilith & Adam, working on 2<sup>nd</sup> draft.
- Tracy Lenning—working on her Georgian historical fiction. Joined COFW about 2 months ago.
- Michelle McCraw—developmental edits back, and hope to get to edit this week

III. Reports

1. President Bernie Miller: He's at a trade show.
2. Secretary Shari Heinrich:
  - June minutes are accepted as published in the newsletter.

3. Treasurer Michelle Orloff

At the end of the month our current assets were as follows:

- Checking = \$5,847.28
- PayPal = \$317.86
- Available cash = \$6,165.14
- Balance in the Perseverance Fund = \$1,519.93

Note that per the RWA Chapter Affiliation agreement, we owe 25% of our treasury to RWA upon disaffiliation. That amount is \$1,541.28. We are working with RWA to complete the transfer of funds.

Membership for June increased to 33 members.

4. Programs Chair Jeanne Estridge/co-chair Shari Heinrich
  - July—Beth Barany, Using Brain Science to Finish your Novel.
  - August—The Case for Diversity and Inclusion, Jordyn Blanson (this is a presentation on diversity, equity, inclusion, and accessibility).
  - September—Trope Your Way to a First Draft, Rachel Dye.

- October— Sexual Tensions, Jeffe Kennedy.
  - November— Storyteller's Toolkit, by Patricia Sargeant: The presentation will diagram premise, high concept, and conflict in a movie to demonstrate how the three elements work together to make a compelling story.
  - January 2021— Priscilla Oliveras, confirmed, topic still TBD based on the Facebook poll.  
Shari will send the November program description to our web developer, to update the webpage.
5. Ignite the Flame—contest not being held this year.
  6. Education Chair—position vacant. Being filled by Laurie, Pub-Craft, and has set up two events. August is “Myths, Fairy Tales & Dreams for Stories that Sell” Workshop with Paula Chaffee Scardamalia. Sign up NOW! (<http://cofwevents.org/classes>)  
Another online workshop is being set for October.
  7. Newsletter Editor Rachel Dye
    - Will someone do the program writeup? Sandy/Jeanne will tag-team it.
    - Have a book coming out? Forgot to send a book to newsletter? Give cover, blurb, and the date it is coming out, or the date it WENT out. She will stalk if she has to!  
Covers look best if she can get them from you full res. **Thanks!**
  8. Incentives:
    - Rachel—She’s doing the yellow highlighter class that Jeanne has done. It’s a developmental edit. And she will get to send all 21K words! You do 7K at a time, and if it doesn’t make sense, she has you re-do, so that’s your next “7K.” Laurie Sanders “the Yellow Highlighter Class.” These are scheduled about 6 months in advance. (price points for 7K and 10K, and what is or is not working). Laurie used to own Black Velvet Seductions (in erotic). Here is the link for the February 2022 session: <https://lauriesplace.net/2021/05/28/its-time-to-register-for-the-february-2022-yellow-highlighter-class/>
    - Jeanne sent the first 7K of her story to yellow highlighter as well.
    - Shari—Turned in her Betwixt round 2 story, powering through the draft Friday through Sunday, with only 4 hours of sleep on the day due. She’s vowing to get her ideas together for round 3 so she doesn’t repeat the R1 and R2 all nighters to reach first draft.
    - Tracy—so nice listening to us talk, and have this community here. Sent her work to writer of Romancing of the Beat where she does a 50-pg dev edit, and highlighted some things to fix. Very minor edits, compared her to Tessa Dare!  
Tracy is looking for a cover designer. Members shared: Jeanne used Paper and Sage Design (<https://www.paperandsage.com/>), Shari had Bernie’s book and hand, and he used Bookfly Design (<https://www.bookflydesign.com/>)

#### IV. Unfinished Business

- We need to start a committee to handle nominations for the 2022 board.

## V. New Business

1. Results of vote for COFW to disaffiliate from RWA. The results of the voting, which took place over 7 days, was to disaffiliate while maintaining our non-profit status and being a romance writing organization. The vote was announced in the loop and on Facebook.
  - What questions does the chapter have? How many voted to disaffiliate? Shari pulled up the results and announced that 16 general members voted to disaffiliate. Several other members voted, and their vote was not counted in that total. 16 exceeded the “greater than 50%” needed to disaffiliate (we had 24 general members at the time of the vote.) Next questions led into “where do we go from here.”
2. Where do we go from here? (What is the board working on during this time of transition? Etc.)
  - RWA has yet to respond to Shari’s question how we are to pay the 25% of our account (excluding the perseverance fun), and what documentation RWA needed, as chapter affiliation agreement did not make any of that clear. She sent the first questions to RWA when she announced the vote results (within 24 hours of the vote concluding, after the board validated the vote). Shari followed up with RWA one week later. She is now leaving it in RWA’s hands to instruct us how to pay, and what supporting documentation they need from us. This non-response has become the pattern when it comes to us asking questions about disaffiliation. RWA lost our chapter liaison, so now it seems the Executive Director is trying to handle those duties.
  - Board is progressing with disaffiliation steps and are using a google doc to track topics, who’s doing what, and when it’s completed. The list will grow as we think about what else we need to do.
  - We need to resubmit our articles of incorporation with the state of Ohio to remove RWA language, and we will need to vote on it. Shari shared her screen, showing the current, and then the proposed amendment for the chapter to chime in.
    - **Original:** The Mission of the Central Ohio Fiction Writers is to promote excellence in romantic fiction, help writers become published and establish careers in their writing field. To this end, the Central Ohio Fiction Writer will abide by the rules and regulations of the Romance Writers of America, Incorporated.

The Central Ohio Fiction Writers shall be an Ohio based chapter of the National Organization titled Romance Writers of America.

- **Amended Articles of Incorporation as decided:** The Mission of the Central Ohio Fiction Writers is to promote excellence in romantic fiction and to help writers become published and establish careers in their writing field.

The Central Ohio Fiction Writers shall foster diversity, education, inclusion, and accessibility (DEIA) for all members.

- Shari Heinrich motions that we amend the COFW Articles of Incorporation for the State of Ohio with the language above. Seconded by Rachel Dye. (More than a quorum is achieved with General Members in attendance.)
 

**Decision:** Unanimously approved.
- Bylaws—Bernie and Rachel started this the week before our meeting, and they’re pulling out text that does not apply because it is specific to RWA. That’s their first cut, and they need another meeting.
- Dues: current dues are \$30 for renewing on time, and \$35 if late or new member—what do we think about dues for members to join, now that we are not part of RWA?
  - One of our big expenses is the D&O insurance, do we still need it? Shari advocated, yes, we do, as it’s part of what protects anyone serving in good faith for the organization.
  - Maybe we could charge more now that members don’t also have to join RWA to join us, but the decision should be based on our ongoing expenses/year.
  - Could we put together ongoing yearly expenses? Answer, the financial reports do give the historical picture. Perhaps Michelle could highlight some of those ongoing expenses?
- We may want to set up a password protected section of the COFW website now that we don’t have national.

Meeting adjourned approximately 1:25 pm. Program follows at 1:30 PM, with Beth Barany speaking on neurolinguistic programming in “Using Brain Science to Finish your Novel.”

Today's guest speaker: Award winning novelist, Beth Barany writes in several genres including YA fantasy, paranormal romance, and science fiction mysteries. Inspired by living abroad in France and Quebec, she loves creating magical tales of romance, mystery, and adventure that empower women and girls to be the heroes of their own lives.

Today's seminar is about NLP and how it can help authors devise and complete great novels: NLP, or neurolinguistic programming, is a tool that helps us write more, better, and faster. Used with respect and compassion, NLP is a gentle way to help us have what we want without having to “work” to be different than who we are.

Starting with the underlying assumption that all behavior has an intended positive intention and that we always do the thing that feels the best, Beth will lead us through a few exercises that help you clarify our writing goals, expand our writer toolkit, and give us a few practical and useful ways to improve our writing, write faster, or handle roadblocks as they come up.

Creativity Coach Beth Barany:  
Neurolinguistic Programming and Writing Great Fiction  
by Sandy Kachurek

What is creativity?

Is it a trait we receive from our ancestors? A skill we pick up in a classroom or learn from a textbook? Does it dwell on the right side of our brain or the left or both? Does creativity come from our emotions or from our intellect?

Wherever it comes from and however it's expressed, one thing is certain: in the life of a genre writer, creativity is a must.

But when creativity eludes us, when we're bombarded by marketing tasks, revision deadlines, or when we can't find the time to write at all, we can turn to Beth Barany, Creative Writing Coach and Neurolinguistic Programming (NLP) Master for help.

According to her website, Beth "specializes in helping writers experience clarity, so they can write, revise, and proudly publish their novels to the delight of their readers. Her courses are packed with useful hands-on information that you can implement right away" ([bethbarany.com](http://bethbarany.com)).

As an author of young adult fantasy, paranormal romance, and science fiction mystery, Beth understands the journey from storytelling to publication.

As a creativity coach and as noted on her website, Beth provides "one-on-one consultations, online school, nonfiction books, group presentations such as ours, and other coaching opportunities to open up the pathways of genre writers who also want to achieve the publication of their own novels."

For COFW, Beth Barany was our guest presenter at a meeting on Zoom. Within 90 minutes and three visualization exercises, she showed us how we can begin right away to implement the changes we want to see within us to write great fiction.

"Writers get stuck all the time," Beth said. "There are tools to help us get back to writing the books that readers enjoy."

A description of the following three exercises are reported as best recalled. Throughout the steps, Beth explains how to apply our self-discoveries not only to our writing habits but also to the writing craft of creating character and conflict.

The first visualization exercise reflected an NLP core presupposition: what we want to see and hear to create our thoughts and feelings.

Beth directed us to look toward the upper right corner of the room we were in, calling it "The Creating Area." The upper left corner was "The Visual Remembering Area."

From those two points, she began the first exercise.

### **Exercise #1, Visualization of a Goal: “What would you like?”**

Step A: Imagine what you would like, a goal you’d like to reach. Frame the goal in a positive way.

Beth gave examples of what writers might want, perhaps a beta reader, editing time for a manuscript, a good title, marketing a novel, the time for everyday writing, or to restart a stalled edit.

The COFW chat room responses included: “finish an outline,” “get my book ready for agents,” “complete my second draft,” “market and promote my series,” “do something with a muddy middle,” “create a more consistent schedule.”

Step B: With our individual responses in mind, Beth directed us look to our upper right and close our eyes.

Step C: Imagine a picture of what we’d like to achieve as if we were seeing it on a movie screen. Consider what we feel and think about that picture.

Step D: Keep that image but move it far away, as if it were at the nearest an airport. Now move it closer to you as if it were down the street. Now bring it up close to your body, about six feet away. How does each movement feel? What do you think about each move?

Step E: Focus Lens: Take your same image and make it fuzzy. Now make it crystal clear. At each change, what do you think and feel?

Step F: Variations: Same image but change its color to black and white, then color it in sepia tones. How does it feel? What do you think? Take it back to normal colors. Now color it in shocking neon lights or technicolor. Exaggerate its colors. What’s is like? What do you think?

Step G: Step into your goal, your image. Express your experience with it. What do you see or hear? What are you thinking or doing? Are you sitting at a desk? Drinking? Dancing? Describe your physical and emotional feelings now that you are at your goal. Breathe.

Step H: Come back to now.

Beth reiterated her suggestion that we see our goal and step into our goal and asked how the exercise was for us. Our responses included: “Ready to step into the next episode of my book.” “Great then fear.” “Well, great!” “Huh.” “Snoopy Happy Dance.” “Relaxed.” “Confident.”

### **Applying Exercise #1 to the Writing Craft: “What do your characters feel?”**

Beth then took us from exploring our personal writing goals to using this same visualization exercise but replacing ourselves with one of our characters. Step into each part of the exercise but do so as if you are your character.

“In your actual writing,” Beth explained, “share in the prose what they have shared in the visualization. Write down what they have felt, seen, heard.”

She continued. “By being the main character in your visualization, you are the main character for your reader. The exercise is a mental checklist that gets your prose popping.”

### **Exercise #2, A Parts Conversation: “What’s standing in the way of your goal?”**

Beth began the second exercise by offering a variety of blocks that tend to get in the way of writers completing their stories. Some challenges were procrastination, writer’s block, feeling overwhelmed.

Responses from us included “analysis paralysis,” “too many options,” “disorganization,” “gotta do something else I think is more important.”

“We have lots of parts that make up our writing habit,” explained Beth. “We have television, cookies, diets, and writing. This exercise, ‘A Parts Conversation,’ is a way to honor all the parts involved.”

Step A: Recall your goal from Exercise #1.

Step B: Describe what’s stopping you from achieving your goal established in exercise #1. Your answer is called The Block.

Step C: Three Parts: 1. The Writer. 2. The Block. 3. The One Who Decides. Beth defined each part.

The Writer is the one putting words on the page; the one doing the writing work.

The Block is the fear or procrastination or distraction or whatever your answer to the question, “What’s standing in the way of your goal?”

The One Who Decides is the final decision. Maybe it’s “I’m sitting here to write” or “the character has blue eyes.”

Step D: Stand, if possible, and envision the three stations as a triangle and close our eyes.

Step E: Be at position one on your triangle and be The Writer. Say into the space what you’d like. Speak from the heart. Be positive. For example, “I’d love more time to write.”

Step F: Step into The Block, the second position on the triangle. How is The Block reacting to you being The Writer and stating you'd love more time to write? What words is The Block using? What body or facial expressions is The Block making?

Step G: As The Writer, ask The Block if it can help you. What is The Block's reply? Now say thank you. Thank The Writer and The Block for their feedback.

Step H: Turn to position number three, The One Who Decides. Ask if it can help you and listen to its answers. Say thank you.

Step I: Move back into the position of The Block. Breathe. Notice the positions of The Writer and The Block and say hello.

Step J: As The Block, say, "This is what I want." [The Block really knows what it wants.]

Step K: Still as The Block, look at The Writer and ask, "Can you support me?" What does The Block say? End by saying thank you.

Step L: Now step into position of The One Who Decides. Take a deep breath. Ask, "What would you like as The One Who Decides?"

Step M: Using your reply as The One Who Decides, turn to both The Writer and The Block and say, "This is what I like. Can you support me?" Listen to their answers and say thank you. Breathe.

Step N: Move out of the triangle and shake, shake, shake. Come back to now.

Beth asked for comments. Some of us said, "The Block wanted something different than what I thought it would want." "My Block wanted unstructured time with no restrictions." "My Block expressed a fear of change and rejection."

Beth added that the more compassion we express with the three positions of The Writer, The Block and The One Who Decides, the better conversation will happen.

### **Applying Exercise #2 to the Writing Craft: "What's standing in the way of your characters?"**

Beth said that we, acting as our character, can sit around a table, representing each position on the triangle and playing it out as the character, or we can watch as our character plays each position. The resulting character's responses could be worked into dialogue.

This exercise is also good for getting into the deeper motivation of your main character. Beth said, "Having your POV character's goal and its deeper motivation can become the surprise for the reader."

### **Exercise #3, The Writing Habit: What Works: "Create or remake your writing habit."**

This exercise reflects the NLP Presupposition: Everything can be learned if you break it down into its smallest steps.

For writers, think of your writing in terms of small, discrete steps. Then chain these small habits together to create a writing life.

Beth shared her experiences with a client who wanted to write science fiction every day but had difficulty getting going. He was a runner, so Beth asked about his running routine. He said he runs every morning. Beth asked how he remembers to do that and he said he has a “running corner” by his door that holds his shoes and his charged watch. And after his run? He always “takes a shower and thinks.”

He also told Beth he has a great set of habits for running, including a coach who “sets my agenda” and “I send my coach my running info. Not every run is a good run but I run okay.”

The client’s writing habit to write science fiction every day looked a lot like his running habit, said Beth. She had advised him to create a “writing corner”; take a glass of water with him as to initiate the writing time in the corner; open up a journal and the day’s topic; send it to Beth with a comment; when done writing, take the glass and drain the water in the sink.

Establishing a writing habit that works for us is similar. The process of establishing a writing habit is meant to explore the triggers and anchors for us. Our responses are the pre-steps to the good habit, such as putting on music or taking a glass of water with us to our writing spaces. It may include saying something out loud (even if no one is there). “I am going to work now” or “I’m setting the timer for five minutes.” It could also require a brief activity such as clearing off the desktop or wearing a favorite pin.

What the writing habit is for us begins with a brief examination of what works for us, and, as with every step that Beth led us through, we needed to frame our responses in a positive way.

**Step A:** In just one to three minutes, think of a writing habit that’s small. It should be only what works for you. Maybe your favorite music, your glass of iced tea, opening up your writing program on your iPad, saying to yourself, “I’m going to get to work.”

**Step B:** See the writing habit as a sequence of events, diagrammed similar to the following:

Event 1  
Event 2  
WRITING  
Event 3  
Event 4

**Step C:** Think, visualize the small habit that you want to create or remake. Examples may be to start writing again after being away from it or to look at the Word document of your book. Your habit would be the middle of the diagram marked WRITING.

Step D: Create the events leading up to that goal in the middle, WRITING or your answer to Step C. Those small, pre-writing events may come from your answers to these questions:

What are you hearing? Is there a special soundtrack? Are you wearing a headset?

What are you thinking? “I can do this?” “What’s my character thinking now?”

What’s next to you? A drink? A desk top with space? A favorite pen? A straight back chair?

How are you feeling?

Beth asked us whether there was anything else that would get us to this writing goal. Someone said she needed a timer set for 15 minutes or 20 minutes. It signaled, “I am writing now.”

Beth recommended to make sure our activity was very doable. Take it in five, 15, 20 minute chunks. Even fear needs attention, she said, like writing for five minutes in a journal on the fear before handling the next task.

She asked, “What is the smallest step to take to accomplish the habit? What small step would give you the forward movement?”

Step E: After the WRITING is achieved, what do you do?

“When you’re done,” Beth asked, “how do you signify the end?”

Do you see yourself hitting “Save” or saying “I did it!” Do you close your laptop? Give a Sigh? Do you get a glass of water?

Exercise 3, The Writing Habit and its diagram explore your entry point, your activity, and your closing point.

“We do it all with appreciation. The more we do good, the more the body wants good,” said Beth.

When she asked us to share how we would build our writing habits, more than one person mentioned having a spouse who tended to delay their writing time or interrupted it.

Beth suggested saying out loud, “This is my writing time”; “I’m going to do my thing”; or “I’m going to work.” Maybe letting the significant other(s) know that when you put on your headset or play your music, you are saying you are working now undisturbed.

Beth reiterated that however we establish our good habit that it be done in a positive way.

**Applying Exercise #3 to the Writing Craft: “Create your character’s habit.”**

Characters have their habits, what triggers them, what anchors them. For example, Beth has a character who wears her mother's necklace. She touches it when she's nervous. The story of the necklace reveals the character's backstory and her relationship with her mother. "Remember," said Beth, "it takes two to three mentions of it in a story for it to become a habit."

Beth would like to know more about how we have applied this exercise to our stories. As you do your exploring, Beth asks that you share your discoveries with her.

Beth's passion is genuine in helping primarily beginning and intermediate authors overcome their blocks, appreciate all the parts of writing, create supportive habits and realize they are not alone.

Why?

"Authors have gifts to bring into the world in the books they publish to delight their readers," explained Beth. "We are strong. We can do this together."

She offered us a 90-120 minutes complimentary call for an NLP session for a "deeper dive." Email her at [beth@bethbarany.com](mailto:beth@bethbarany.com)

**Keep in touch** with Beth Barany on Twitter @BethBarany or website [www.BethBarany.com](http://www.BethBarany.com)

#### **Favorite resources:**

*Transformational NLP: A New Psychology* by Carl Buchheit

*Wired For Story* by Lisa Cron.

*Introducing NLP for Novelists* by Beth Barany. Read about it on her blog *Writer's Fun Zone* at <http://writersfunzone.com>

*Wonder Works: The 25 Most Powerful Inventions in the History of Literature* by Angus Fletcher.

## **COFW RWA Disaffiliation News**

The vote on whether our chapter would disaffiliate from the RWA national organization finished the night of the 25th of June at 11:59PM after seven days of activity. Your board got together the following morning to verify the votes and to count totals. The motion to disaffiliate was carried. The board is currently beginning the process to separate the COFW from the RWA national organization starting this coming week. We would like to thank everyone for taking the time to vote, we know how hard the question on whether to disaffiliate was for a lot of our membership and we appreciate the professional way everyone has handled what could have been a very fraught topic. If anyone has any questions you can email me directly and I will do my best to answer them.

Bernie Miller  
w/a Jordan Riley Swan  
[COFWPresident@gmail.com](mailto:COFWPresident@gmail.com)

## COFW has a goal sheet!



Want to track a daily word count and compete with your fellow COFW members for the highest point total? Add your name and goals to our Magic Spreadsheet here: <https://bit.ly/2Wprwt0>  
July Winner: Shari Heinrich  
The winner gets Eddie!

