Condensed Trading Plan – 5/10 EMA + Stoch + Daily S/R

Market Scan (Daily Close)

[ ] Mark key support & resistance

[ ] Check 5/10 EMA alignment (trend bias)

[ ] Confirm Stoch (OB/OS cross)

Buy Setup

- Price above EMAs, retrace to support/EMAs

- Stoch up from oversold

- SL below support, TP next resistance/2R

Sell Setup

- Price below EMAs, retrace to resistance/EMAs

- Stoch down from overbought

- SL above resistance, TP next support/2R

Management

[ ] Risk 1–2% max

[ ] SL beyond structure

[ ] Optional partial at 1R

[ ] Max open trades = X

Daily Review

[ ] Update S/R zones, EMA trend, watchlist

[ ] Journal decisions (even no trade)

Flowchart (Quick Reference)

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Daily Close → Mark S/R → EMA aligned? Yes → Check Stoch (OB/OS cross?) → Price near S/R?
Yes → Valid setup → Plan entry (SL+TP) → Log & prep No at any step → Wait
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