

START. 14:45

FREE TIME, LONG WALK

END. 17:30

- 1 **14:45, Rochester Main Entrance**
A longer walk to explore Durham's charming countryside.

Notes: This is a ~ 5 mile walk, and will take roughly just over two hours to complete. Some of the terrain may be muddy and uneven, so if you wish to come along, make sure you're wearing suitable shoes!

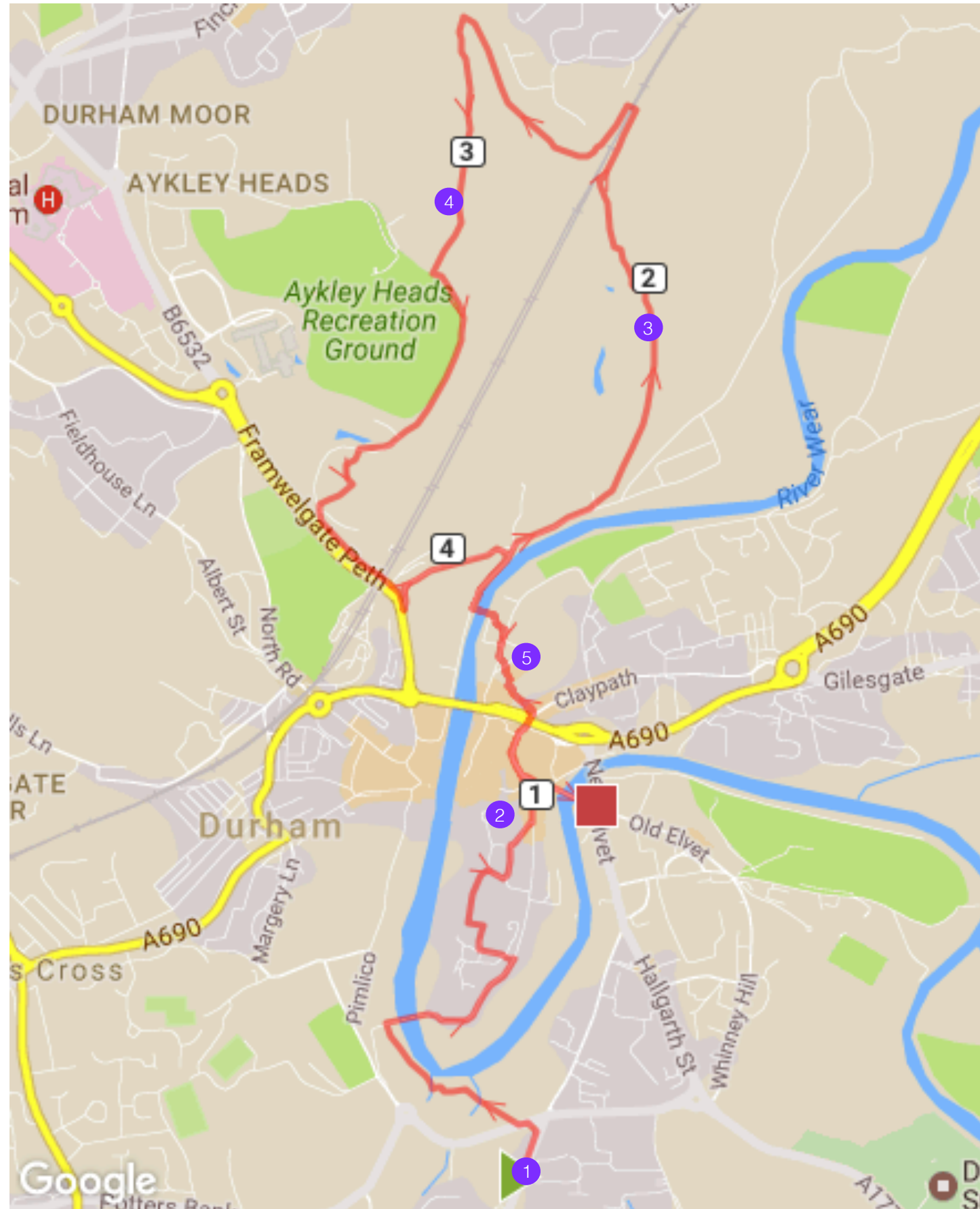
- 2 **Mile 1: Riverbanks and Cathedral**
The first mile explores the scenic banks of the River Wear that snakes its way throughout the city. On its main peninsular sits the Cathedral. This Norman spectacle was built in 1096 as a resting place for St Cuthbert. The surrounding city has benefitted greatly from its presence.

Notes: We will have a ~10 min stop at Elvet Bridge/ Pennyferry Bridge to drop off gear at hotels.



- 3 **Mile 2: City Centre & Hoppers Wood**
Mile 2 takes us through the cobbled market place at the heart of Durham city, and over the river to the beginnings of the countryside. Hoppers Wood is one of the many wooded areas that adorn the North East. Keep your eyes peeled for deer!

Notes: There are some steep hills to climb in this section of the walk



- 4 **Mile 3: Aykley Woods Nature Reserve**
The half way point of the walk sees us venture into Aykley Woods Nature Reserve- a collection of wild meadows, fields and ponds teeming with nature. Keep your eyes peeled for viewing platforms that will give you a look over the stunning scenery of the city.



- 5 **Mile 4: Back to the City**
The last leg of the walk leaves the woodland outskirts and brings us back down into the city centre. Look out for Crook Hall, a stately manor house located on the banks of the Wear. Coming back through Walkergate, we see some of the city's modern developments. There are plenty of bars here to grab a drink before the conference dinner! If you're looking for places to dine later in the week, there are also plenty of restaurants to choose from.

