UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): July 18, 2024 THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware	1-11840	36-3871531	
(State or other	(Commission	(IRS Employer	
jurisdiction of incorporation)	File Number)	Identification No.)	
3100 Sande	rs Road, Northbrook, III	inois 60062	
(Address of	principal executive offices)	(Zip Code)	
Registrant's telephone number, including area code (847) 402-2800			
Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:			
☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) ☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))			
☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act			

Securities registered pursuant to Section 12(b) of the Act:

(17 CFR 240.13e-4(c))

Title of each class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share	ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053	ALL.PR.B	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.100% Noncumulative Preferred Stock, Series H		New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.750% Noncumulative Preferred Stock, Series I		New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 7.375% Noncumulative Preferred Stock, Series J	ALL PR J	New York Stock Exchange

Indicate by check mark whether the registrant is an e Rule 405 of the Securities Act of 1933 (§230.405 of th Securities Exchange Act of 1934 (§240.12b-2 of this c	is chapter) or Rule 12b-7	•
	Emerging growth company	
If an emerging growth company, indicate by check mark the extended transition period for complying with any ne standards provided pursuant to Section 13(a) of the Exch	ew or revised financial ac	

Section 7 - Regulation FD

Item 7.01. Regulation FD Disclosure

The Registrant's press release dated July 18, 2024, announcing estimated catastrophe losses for June 2024 and second quarter 2024, is posted on all state investors.com and attached hereto as Exhibit 99, which is incorporated herein by reference. This exhibit is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Section 9 - Financial Statements and Exhibits

Item 9.01.	Financial Statements and Exhibits
(d)	Exhibits
Exhibit No.	Description
99	The Registrant's press release dated July 18, 2024
104	Cover Page Interactive Data File (formatted as inline XBRL).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION

(Registrant)

By: /s/ Eric K. Ferren

Name: Eric K. Ferren

Title: Senior Vice President, Controller and

Chief Accounting Officer

Date: July 18, 2024