

F# Training

Functional patterns for computation expressions

2025 July



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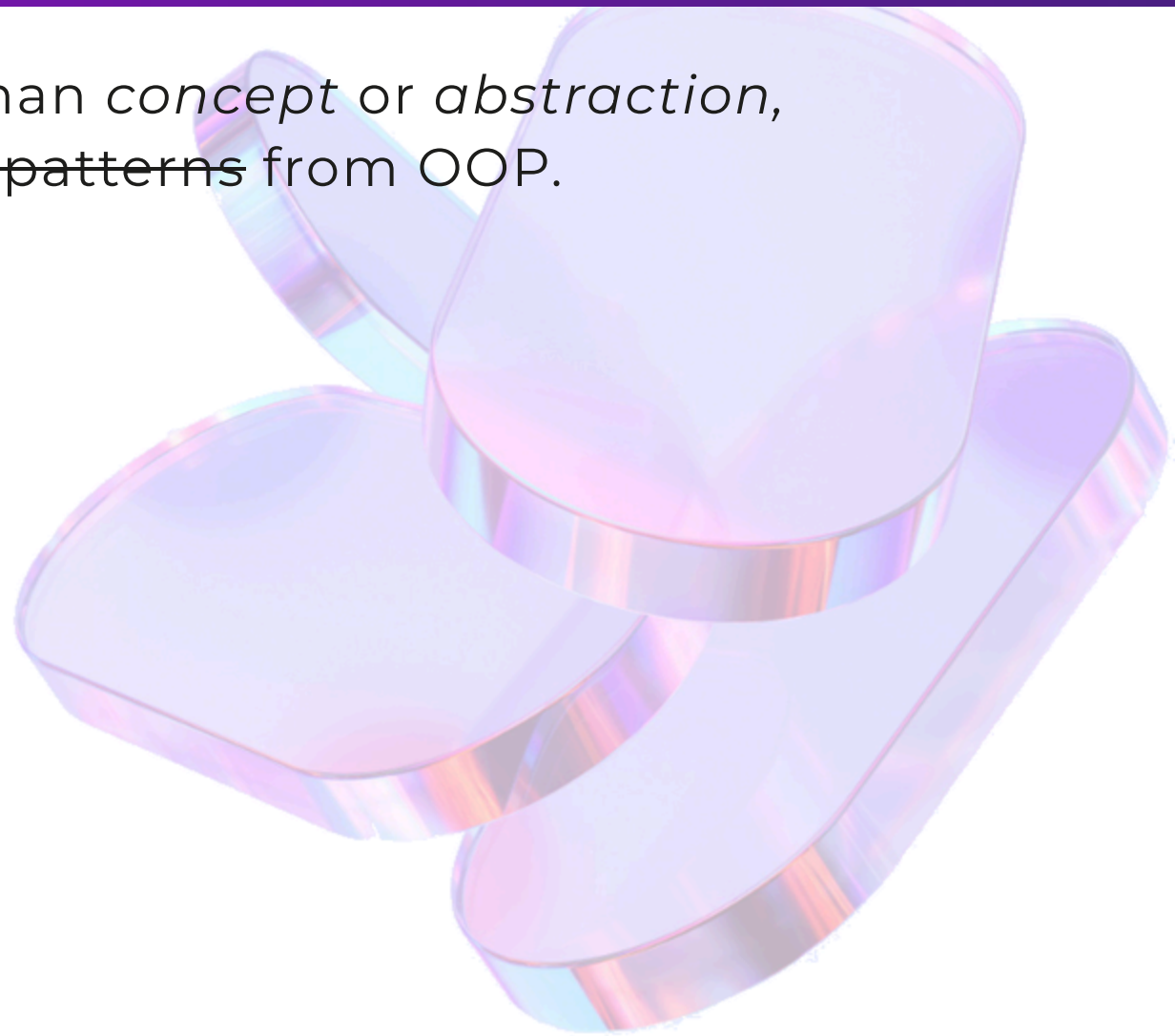


1. Intro



Preliminary note 🙅

The word “**pattern**” is used here rather than *concept* or *abstraction*, with a broader meaning than the ~~design patterns~~ from OOP.

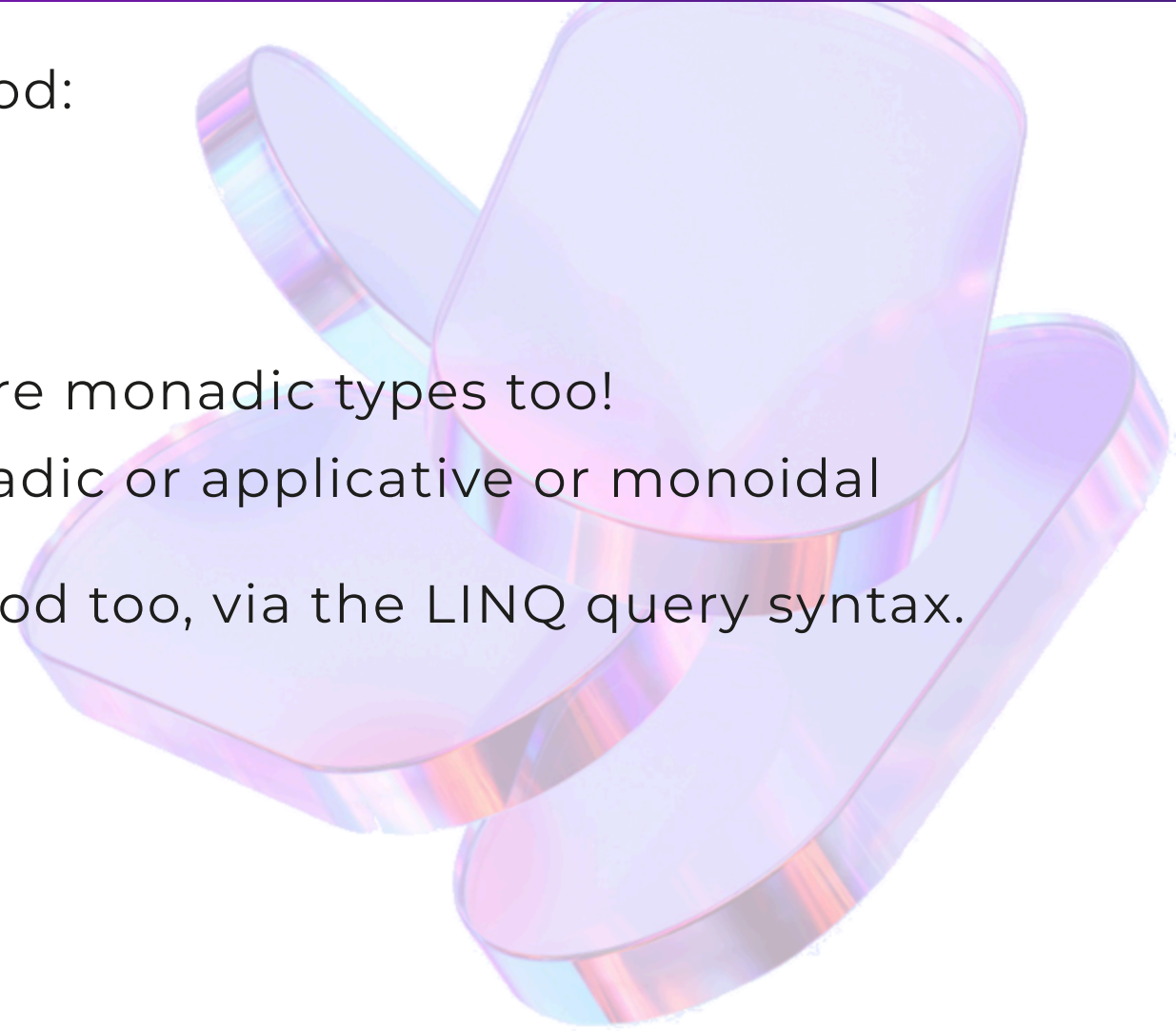


Languages hidden patterns 🔍

F# uses functional patterns under the hood:

- `Option` and `Result` are monadic types
- `Async` is monadic
- Collection types `Array`, `List` and `Seq` are monadic types too!
- Computation expressions can be monadic or applicative or monoidal

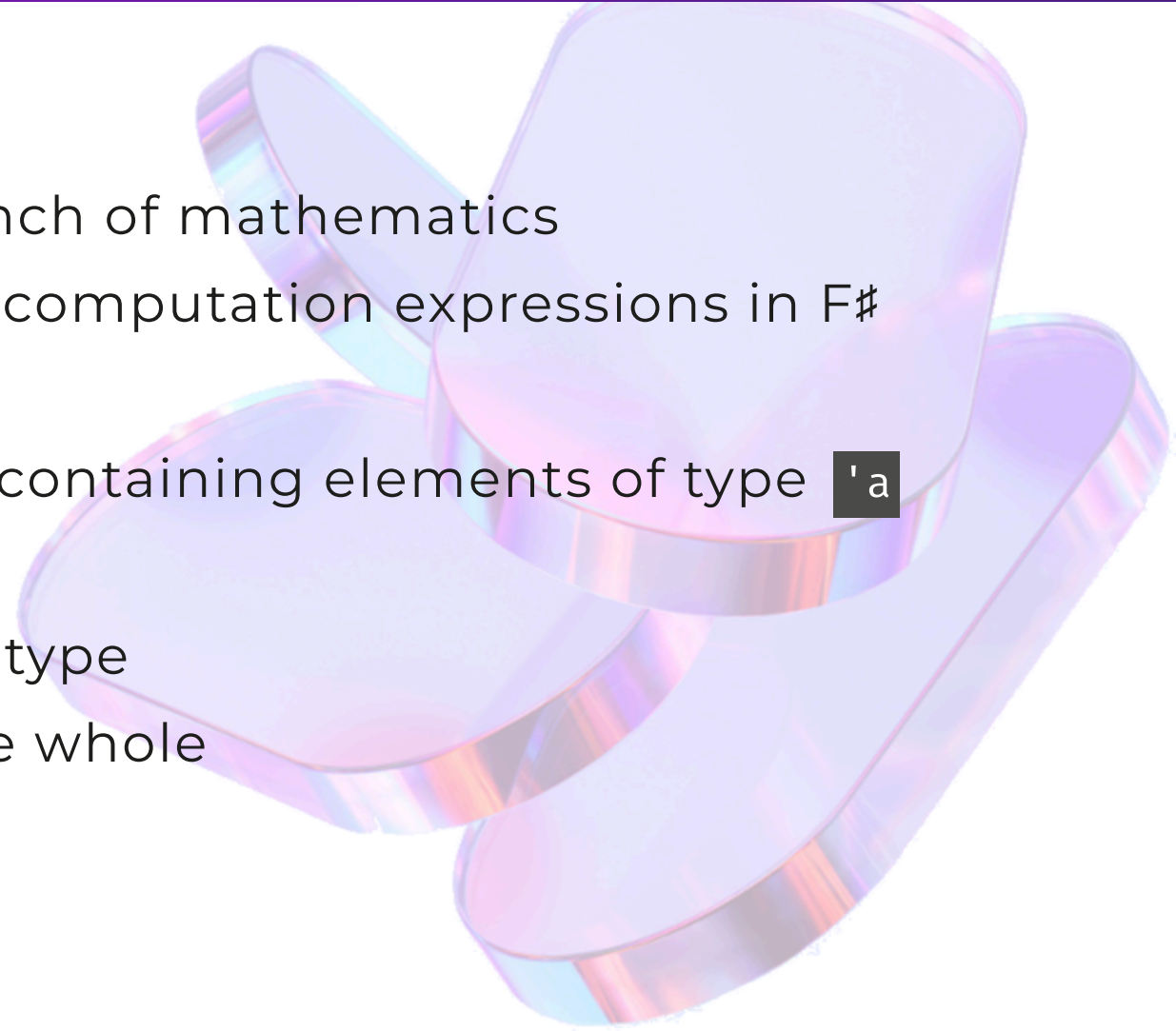
C# uses functor and monad under the hood too, via the LINQ query syntax.



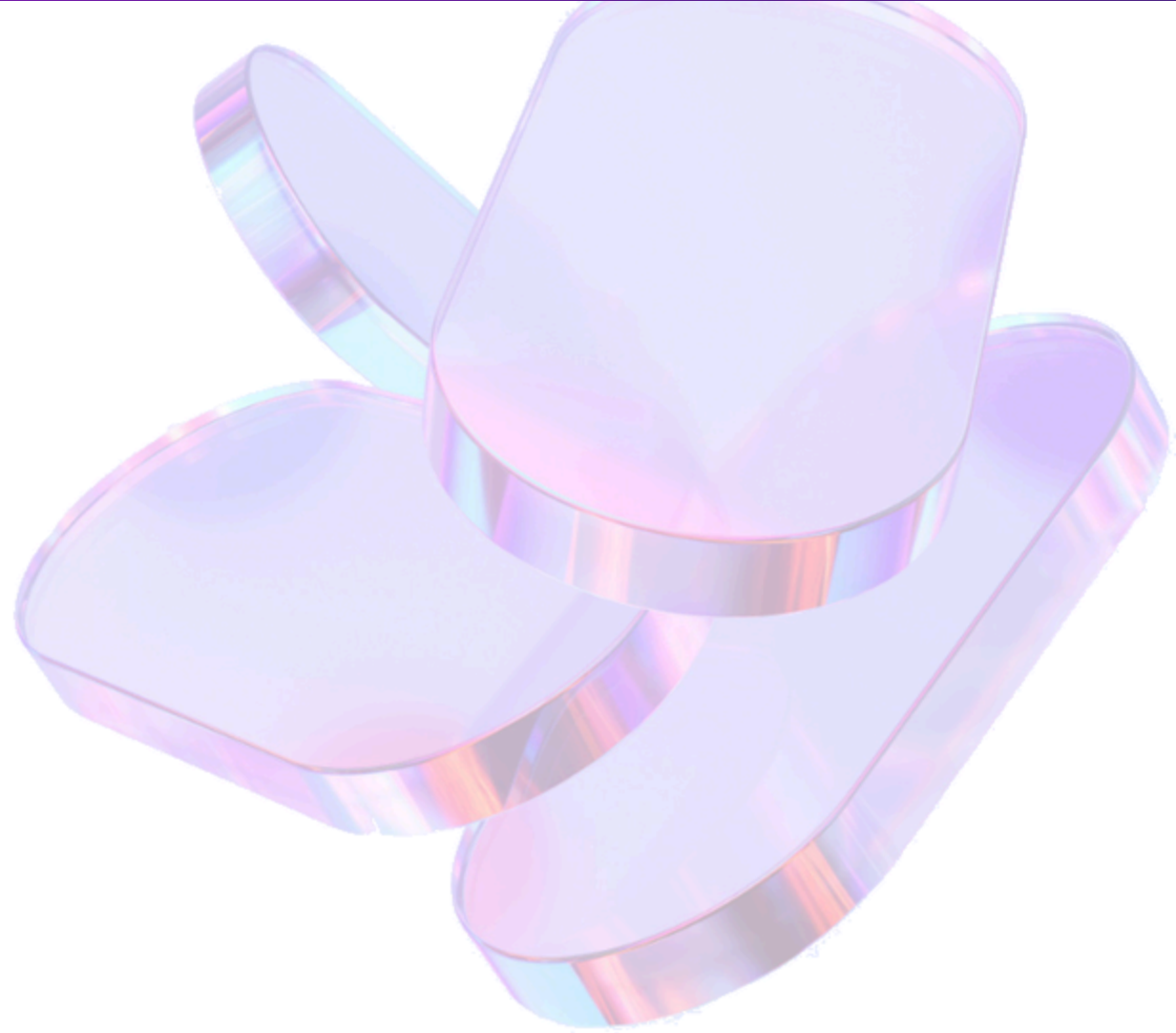
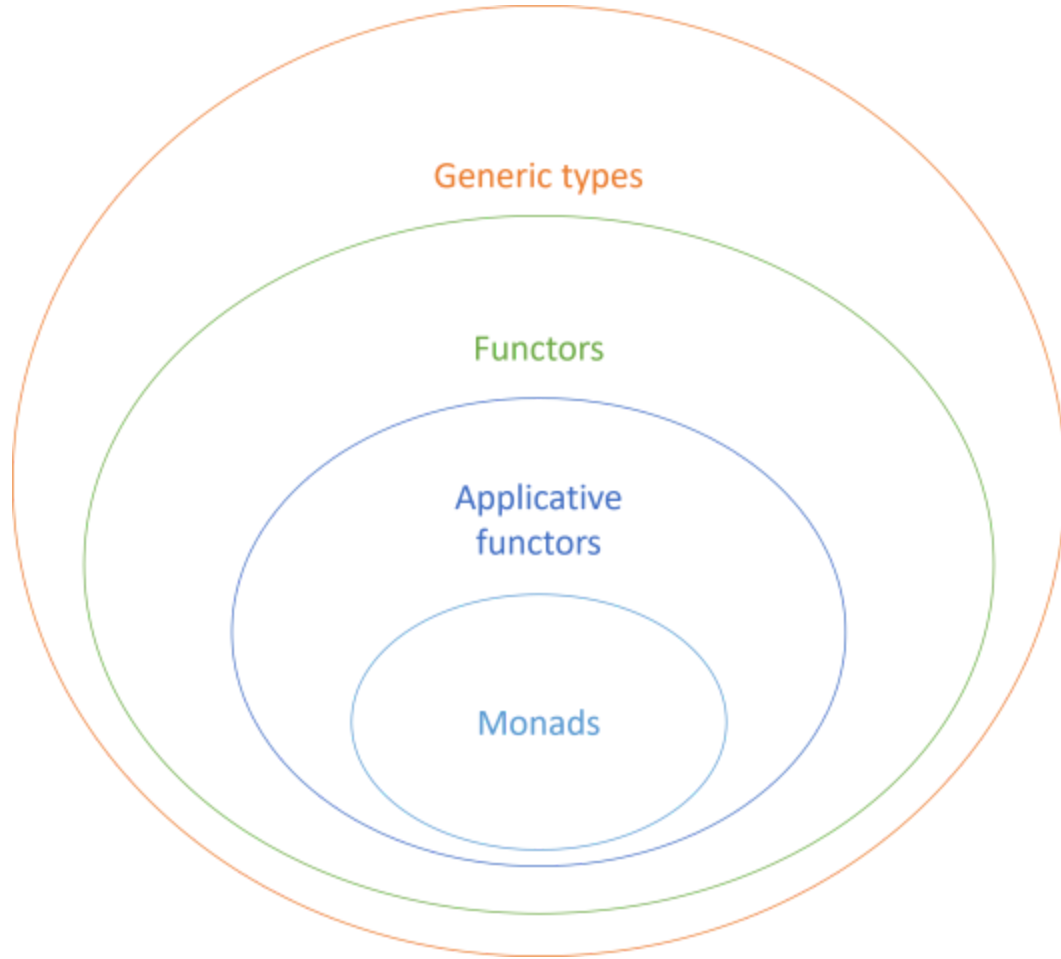
Functional patterns overview

The patterns presented here:

- Come from the *category theory*, a branch of mathematics
- Are useful to understand how to write computation expressions in F#
- Consist of
 - A type, mainly a *generic type* `X<'a>` containing elements of type `'a`
 - 1 or 2 operations on this type
 - An eventual special instance of this type
 - Some laws constraining/shaping the whole



Monad big picture



[🔗 Monads Series](#) (by Mark Seemann)

2. Monoid



Monoid definition

Etymology (Greek): **monos** (*single, unique*) • **eidos** (*form, appearance*)

\simeq Type **T** defined with:

- Binary operation **+**: **T** \rightarrow **T** \rightarrow **T**
→ To *combine* 2 elements into 1
- Neutral element **e**
(a.k.a. *identity*)



Monoid laws

1. Associativity

`+` is associative

$$\rightarrow a + (b + c) \equiv (a + b) + c$$

2. Identity Element

`e` is combinable with any instance `a` of `T` without effect

$$\rightarrow a + e \equiv e + a \equiv a$$



Monoid examples

Type	$+$	Identity e	Law 2
<code>int</code>	$+$ (<i>add</i>)	<code>0</code>	$i + 0 = 0 + i = i$
<code>int</code>	$*$ (<i>multiply</i>)	<code>1</code>	$i * 1 = 1 * i = i$
<code>string</code>	$+$ (<i>concat</i>)	<code>""</code> (<i>empty string</i>)	$s + "" = "" + s = s$
'a list	$@$ (<code>List.append</code>)	<code>[]</code> (<i>empty list</i>)	$l @ [] = [] @ l = l$
Functions	$>>$ (<i>compose</i>)	<code>id</code> (<code>fun x → x</code>)	$f >> id = id >> f = f$

💡 The monoid is a generalization of the **Composite** OO design pattern
🔗 [Composite as a monoid](#) (by Mark Seemann)

3. Functor

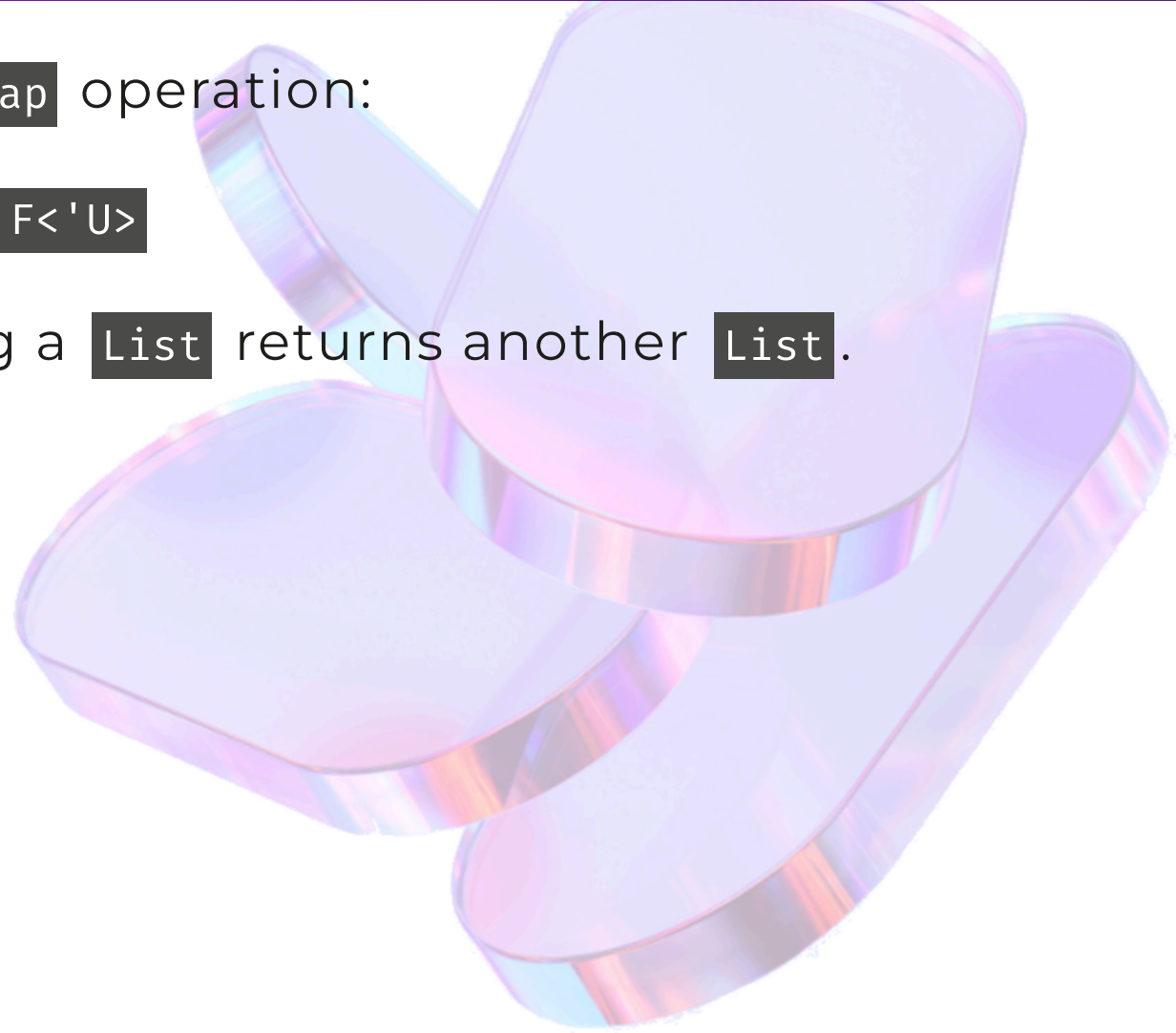


Functor definition

≈ Any generic type, noted `F<'T>`, with a `map` operation:

- Signature: `map: (f: 'T → 'U) → F<'T> → F<'U>`

`map` preserves the structure: e.g. mapping a `List` returns another `List`.



Functor laws

Law 1 - Identity law

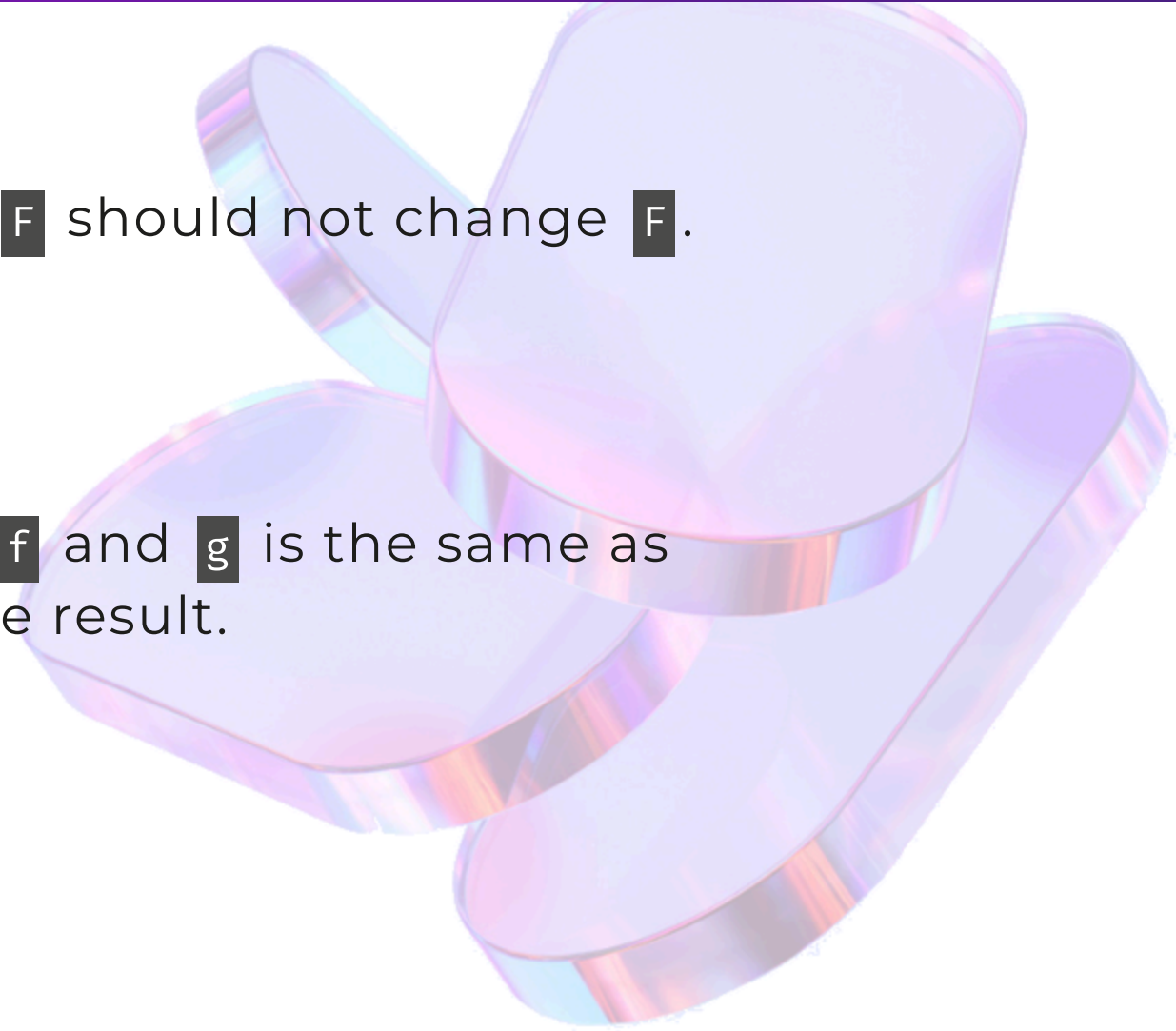
Mapping the `id` function over a Functor `F` should not change `F`.

→ `map id F` \equiv `F`

Law 2 - Composition law

Mapping the composition of 2 functions `f` and `g` is the same as mapping `f` and then mapping `g` over the result.

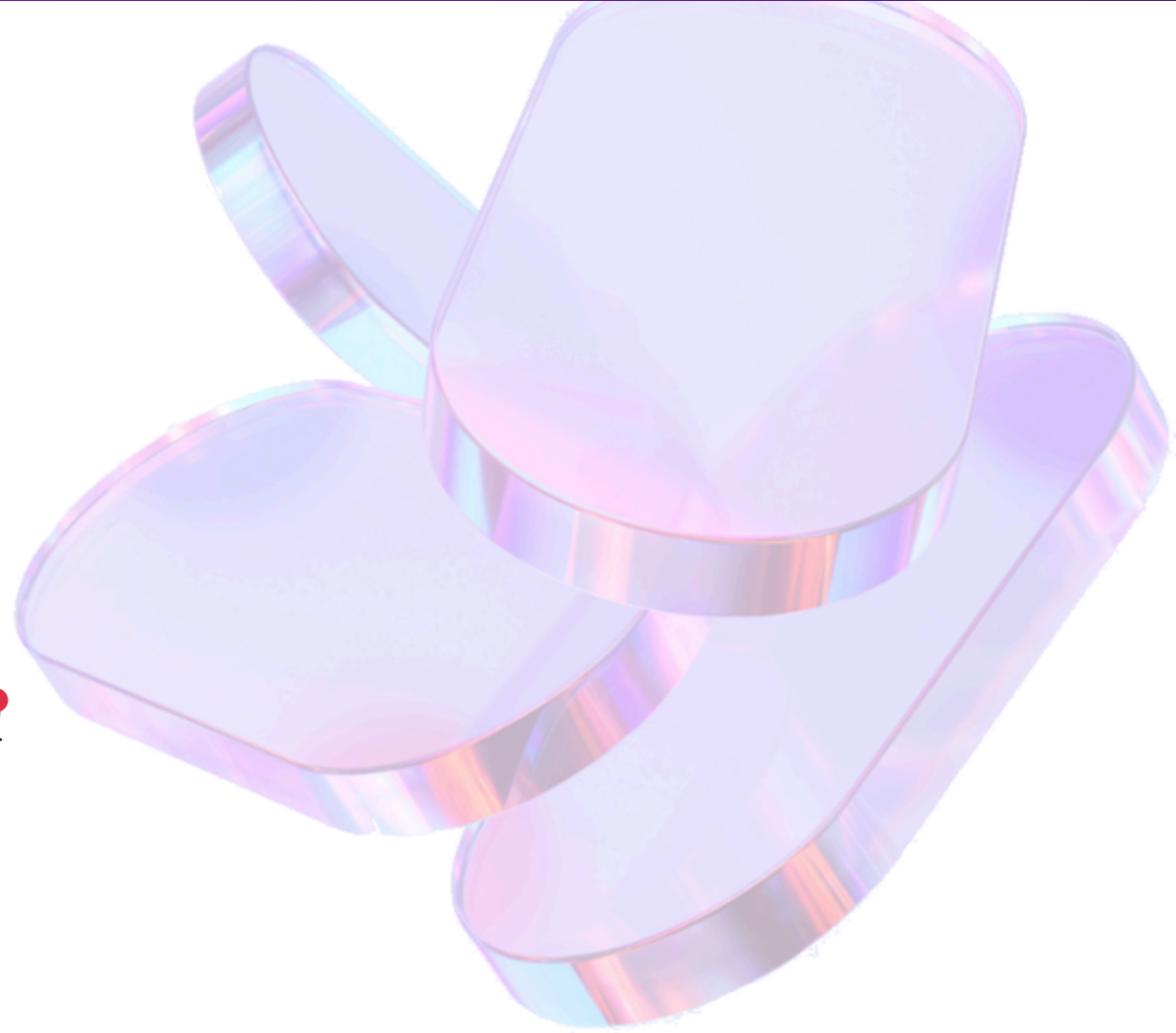
→ `map (f >> g)` \equiv `map f >> map g`



Functor examples

Type	Map
<code>Option<'T></code>	<code>Option.map</code>
<code>Result<'T, _></code>	<code>Result.map</code>
<code>List<'T></code>	<code>List.map</code>
<code>Array<'T></code>	<code>Array.map</code>
<code>Seq<'T></code>	<code>Seq.map</code>

`Async<'T>` too, but through the `async` CE !



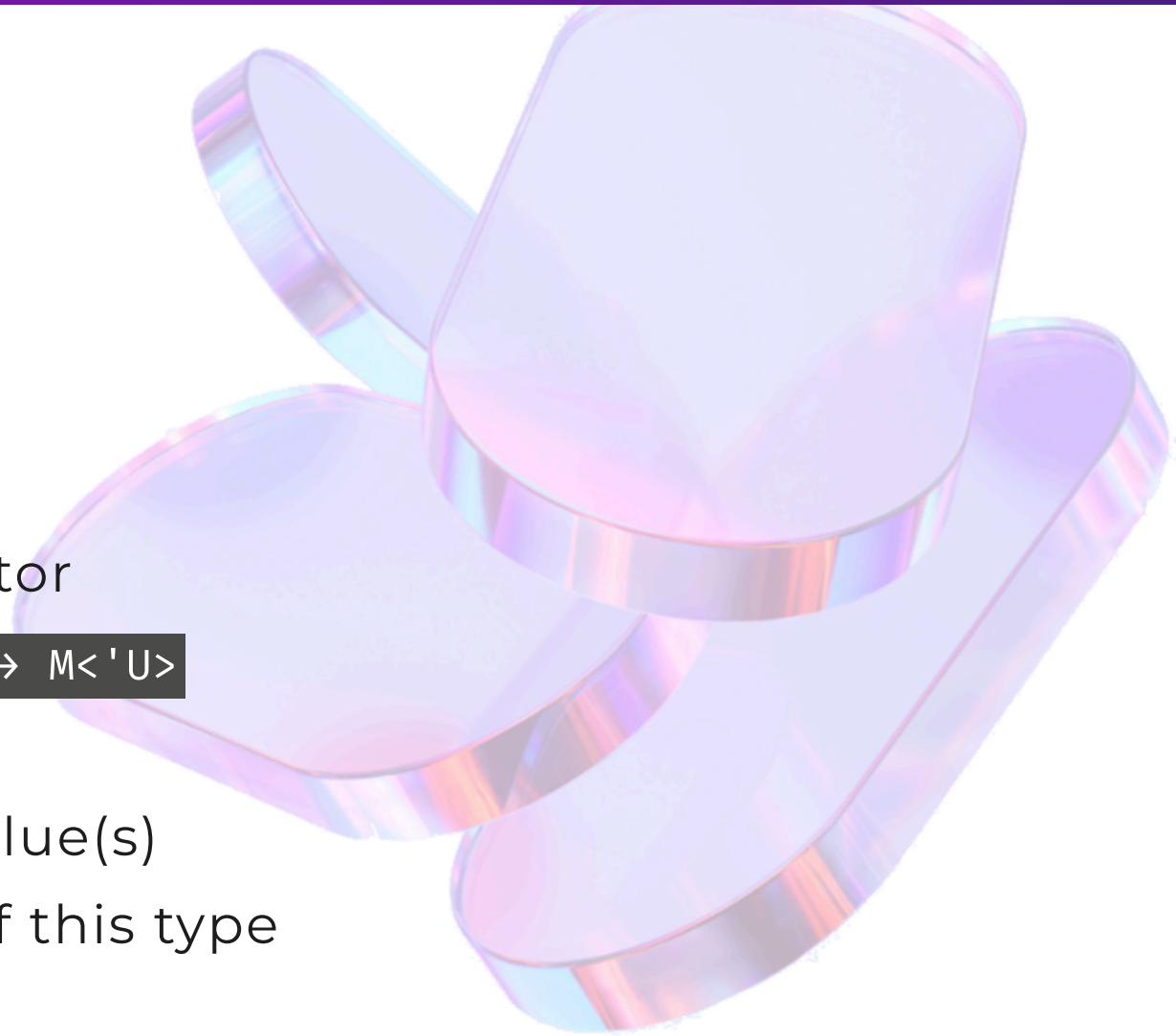
4. Monad



Monad definition

≈ Any generic type, noted `M<'T>`, with:

- Construction function `return`
 - Signature : `(value: 'T) → M<'T>`
 - ≈ Wrap (lift/elevate) a value
- Chaining function `bind`
 - Noted `»=` (`>` `>` `=`) as an infix operator
 - Signature : `(f: 'T → M<'U>) → M<'T> → M<'U>`
 - Take a **monadic function** `f`
 - Call it with the eventual wrapped value(s)
 - Get back a new monadic instance of this type



Monad laws (1-2/3)

1. Left Identity

`return` then `bind` are neutral.

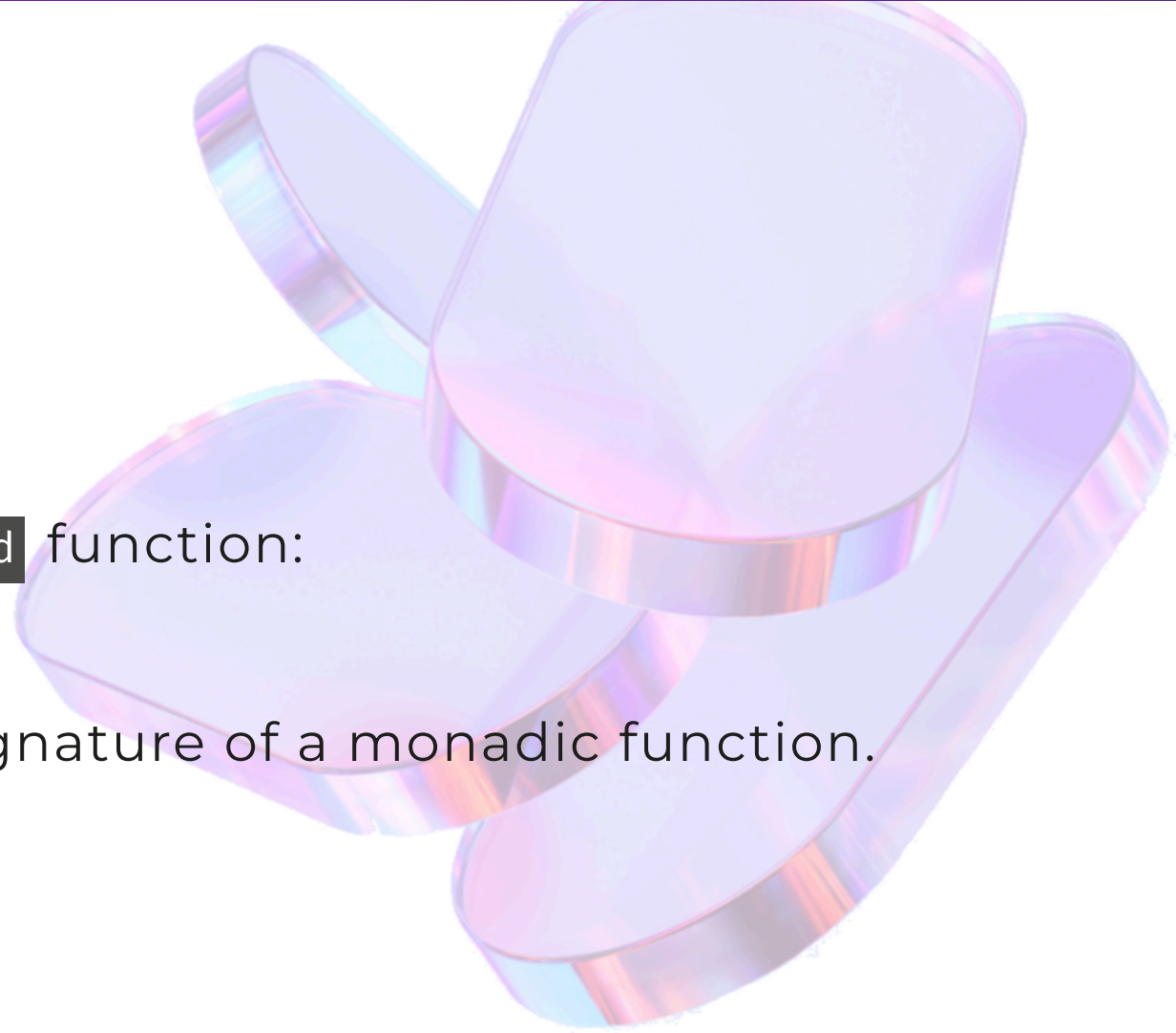
→ `return >> bind f` \equiv `f`

2. Right Identity

`bind return` is neutral, equivalent to the `id` function:

→ `m ▷ bind return` \equiv `m ▷ id` \equiv `m`

👉 It's possible because `return` has the signature of a monadic function.



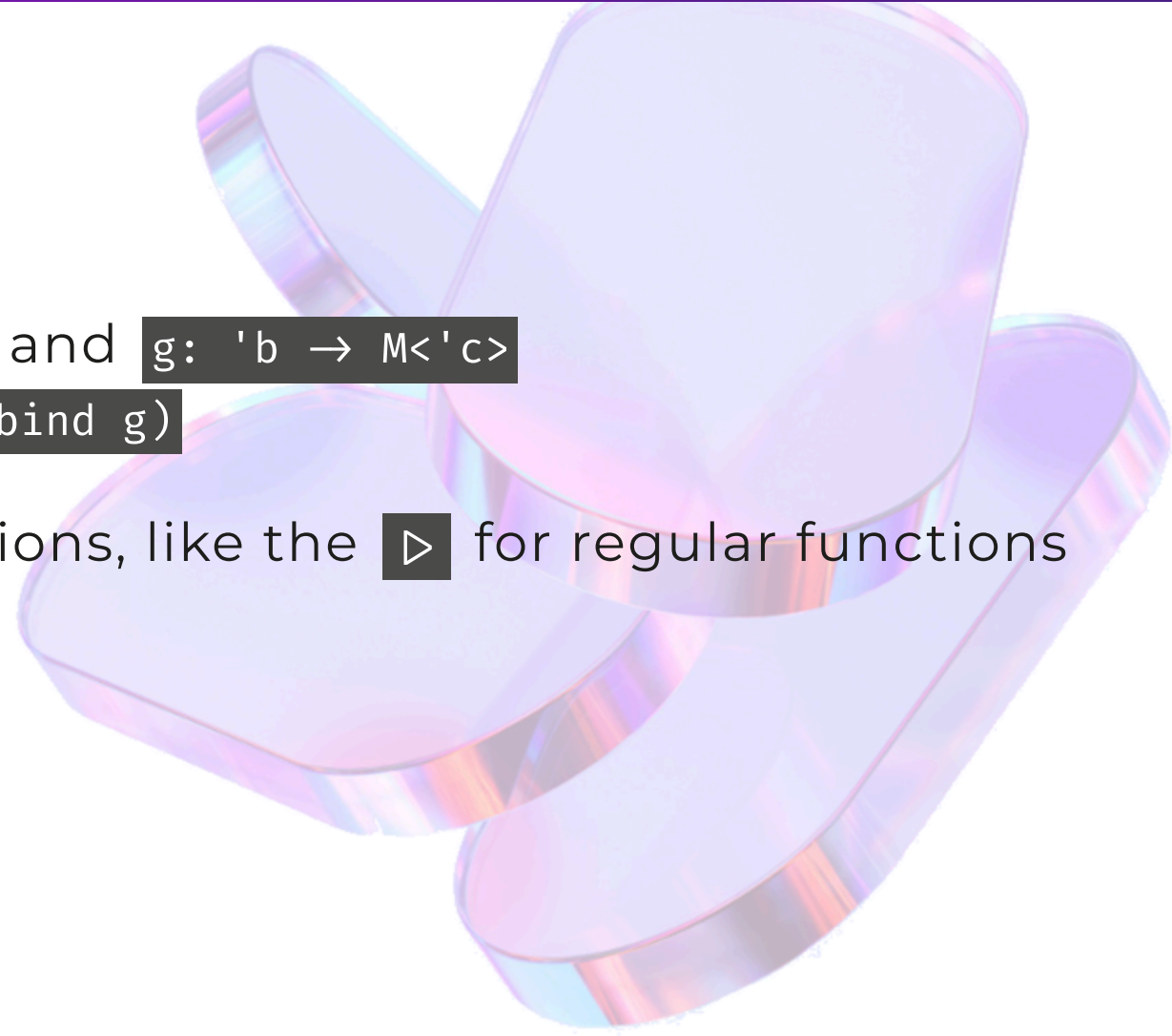
Monad laws (3/3)

3. Associativity

`bind` is associative.

Given 2 monadic functions `f: 'a → M<'b>` and `g: 'b → M<'c>`
→ `(m ▷ bind f) ▷ bind g ≡ m ▷ bind (f >> bind g)`

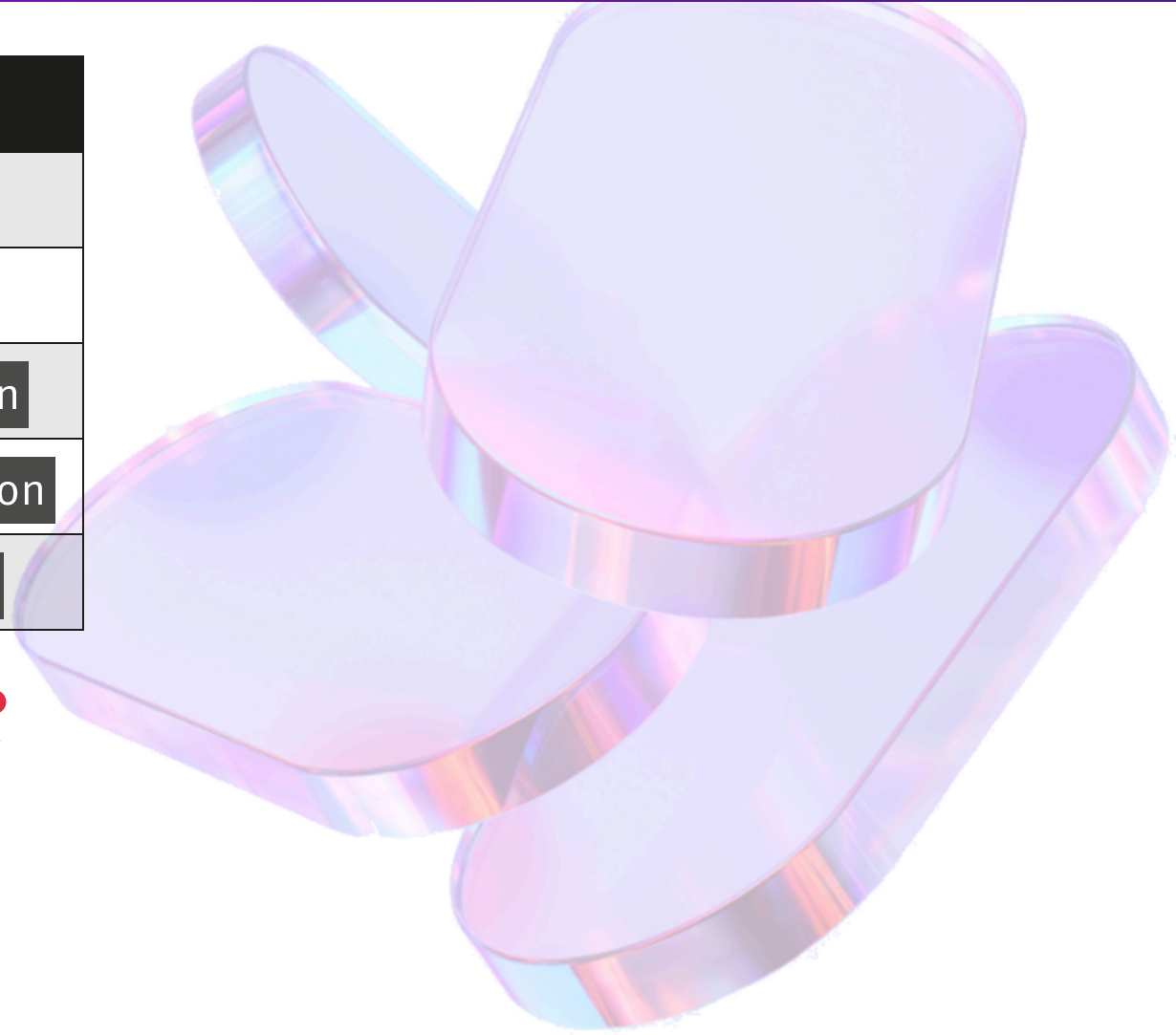
💡 `bind` allows us to chain monadic functions, like the `▷` for regular functions



Monad examples

Type	Bind	Return
<code>Option<'T></code>	<code>Option.bind</code>	<code>Some</code>
<code>Result<'T, _></code>	<code>Result.bind</code>	<code>Ok</code>
<code>List<'T></code>	<code>List.collect</code>	<code>List.singleton</code>
<code>Array<'T></code>	<code>Array.collect</code>	<code>Array.singleton</code>
<code>Seq<'T></code>	<code>Seq.collect</code>	<code>Seq.singleton</code>

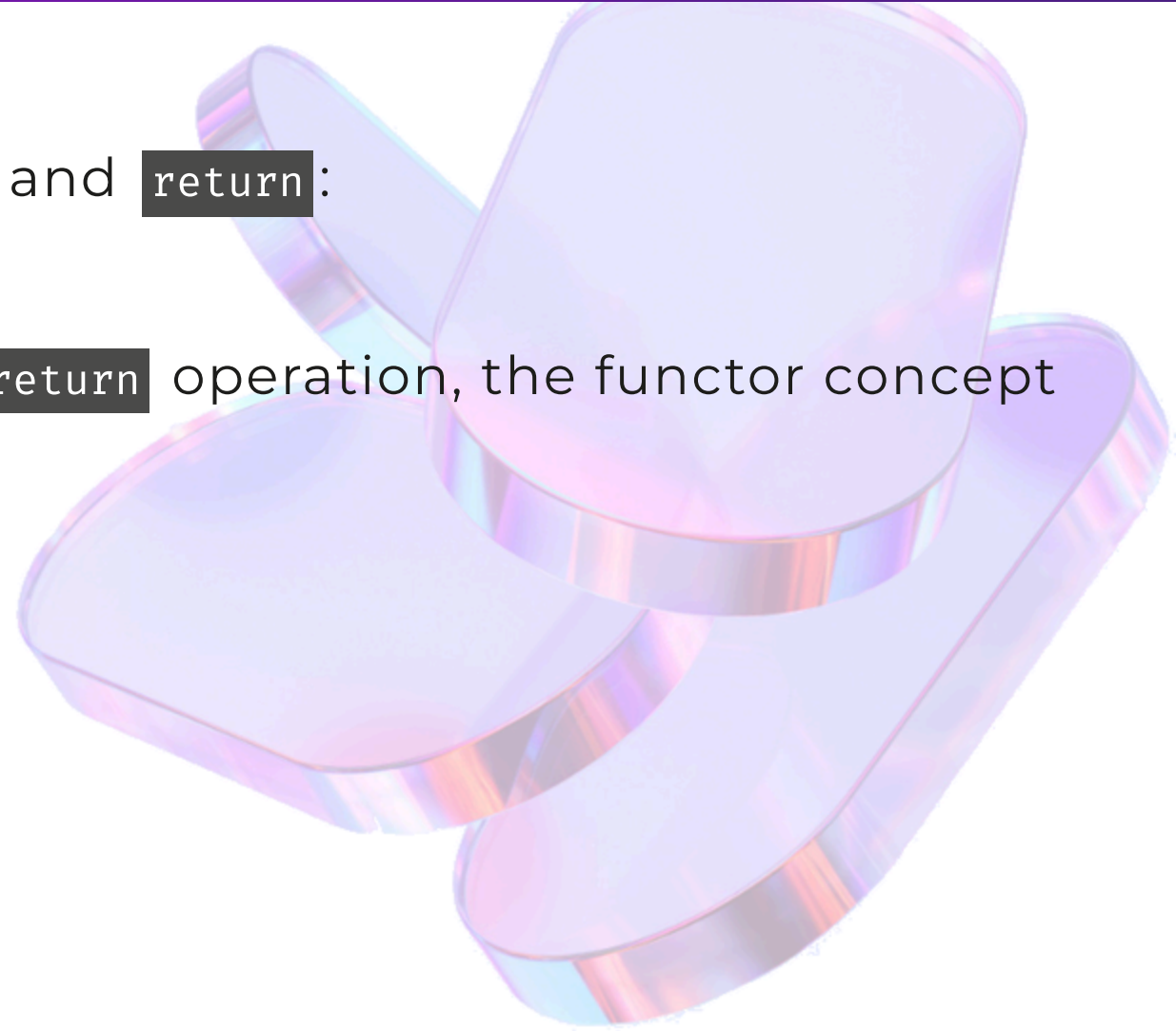
`Async<'T>` too, but through the `async` CE 📌



Monad vs Functor

- A monad is also a **functor**
- `map` can be expressed in terms of `bind` and `return`:
`map f ≡ bind (f >> return)`

👉 **Note:** Contrary to the monad with its `return` operation, the functor concept does not need a "constructor" operation.



Monad alternative definition

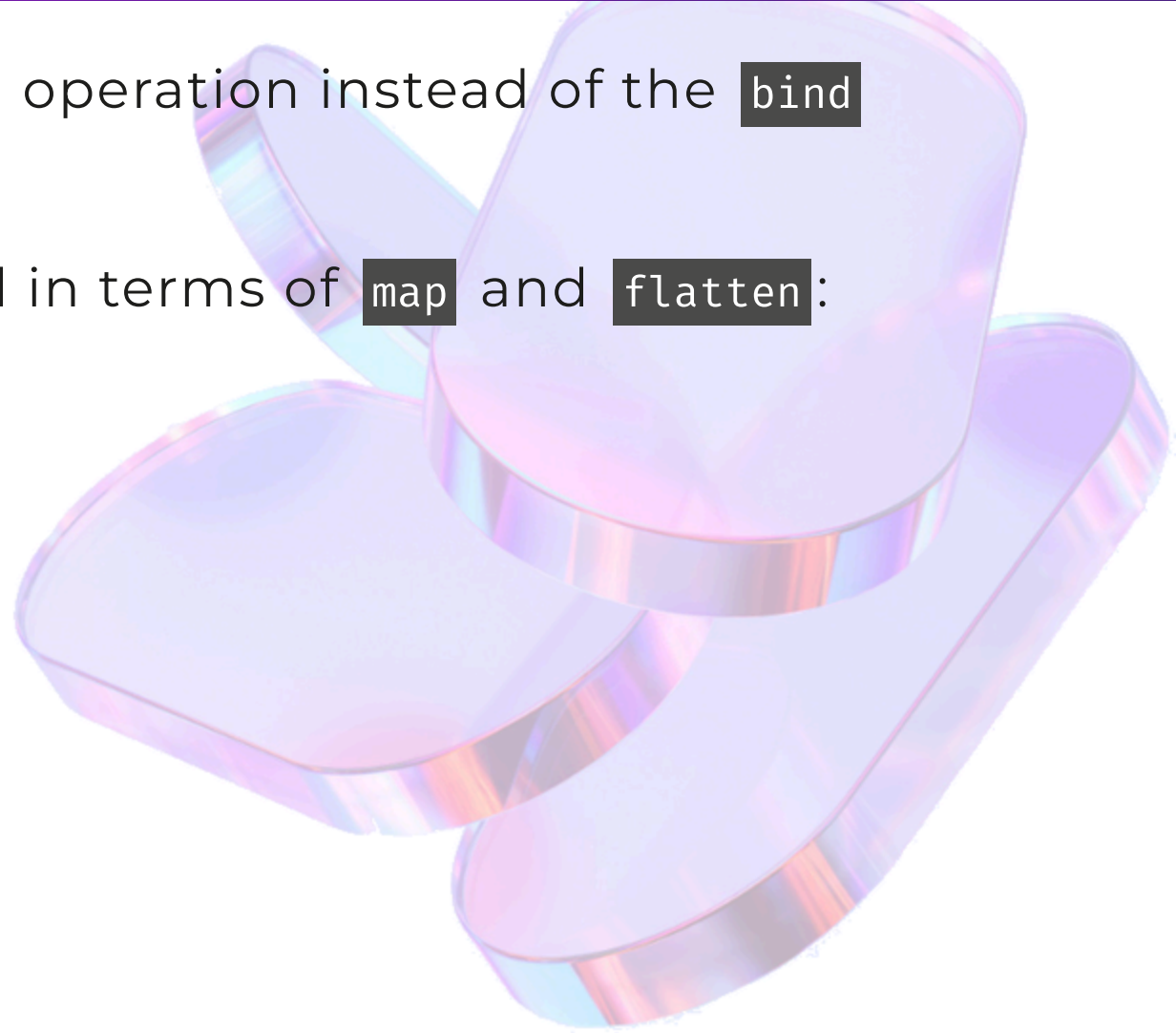
A monad can be defined with the `flatten` operation instead of the `bind`

→ Signature: `M<M<'T>> → M<'T>`

Then, the `bind` function can be expressed in terms of `map` and `flatten`:

→ `bind` \equiv `map >> flatten`

💡 This is why `bind` is also called `flatMap`.



Regular functions vs monadic functions

Function	Op	Signature
Pipeline		
Regular	<code>▷ pipe</code>	<code>(f: 'a → 'b) → (x: 'a) → 'b</code>
Monadic	<code>»= bind</code>	<code>(f: 'a → M<'b>) → (x: M<'a>) → M<'b></code>
Composition		
Regular	<code>>> comp.</code>	<code>(f: 'a → 'b) → (g: 'b → 'c) → ('a → 'c)</code>
Monadic	<code>» fish</code>	<code>(f: 'a → M<'b>) → (g: 'b → M<'c>) → ('a → M<'c>)</code>

- Fish operator definition: `let (») f g = fun x → f x ▷ bind g` \equiv `f >> (bind g)`
- Composition of monadic functions is called *Kleisli composition*

Monads vs Effects

Effect (a.k.a. "side effect"):

→ change somewhere, inside the program (*state*) or outside

→ examples:

- **I/O** (*Input/Output*): file read, console write, logging, network requests
- **State Management**: global variable update, database/table/row delete
- **Exceptions/Errors**: program crash
- **Non-determinism**: same input → ≠ value: random number, current time
- **Concurrency/Parallelism**: thread spawn, shared memory

Pure function causes no side effects → deterministic, predictable

→ FP challenge: separate pure/impure code (*separation of concerns*)

Monads vs Effects (2)

Monads purposes:

- Encapsulate and sequence computations that involve effects,
- Maintain purity of the surrounding functional code,
- Provide a controlled environment in which effects can happen.

Dealing with an effectful computation using monads means:

1. **Wrapping:** we don't get a value directly, we get a monadic value that represents the computation and its associated effect.
2. **Sequencing:** `bind` (or `let!` in a monadic CE) allows you to chain together effectful computations in a sequential order.
3. **Returning:** `return` wraps a **pure** value → computation w/o effects.
👉 A monadic sequence can mix pure and effectful computations.

Monads vs Effects (3)

From the *caller* perspective, a function returning a monadic value is **pure**.
→ Encapsulated effects only "happen" when monadic value is **evaluated**.

Examples in F#:

- `Async`: by calling `Async.RunSynchronously` / `Start`
 - `Option` / `Result`: by pattern matching and handle all cases
 - `Seq`: by iterating the delayed sequence of elements
- 👉 Monads effectively bridge the gap between:
- mathematical elegance of pure functional programming
 - practical necessity of interacting with an impure, stateful world

Other common monads

👉 *Rarely used in F#, but common in Haskell*

- **Reader**: to access a read-only environment (like configuration) throughout a computation without explicitly passing it around
- **Writer**: accumulates monoidal values (like logs) alongside a computation's primary result
- **State**: manages a state that can be read and updated during a computation
- **IO**: handles I/O effects (disk, network calls...)
- **Free**: to build series of instructions, separated from their execution (interpretation phase)

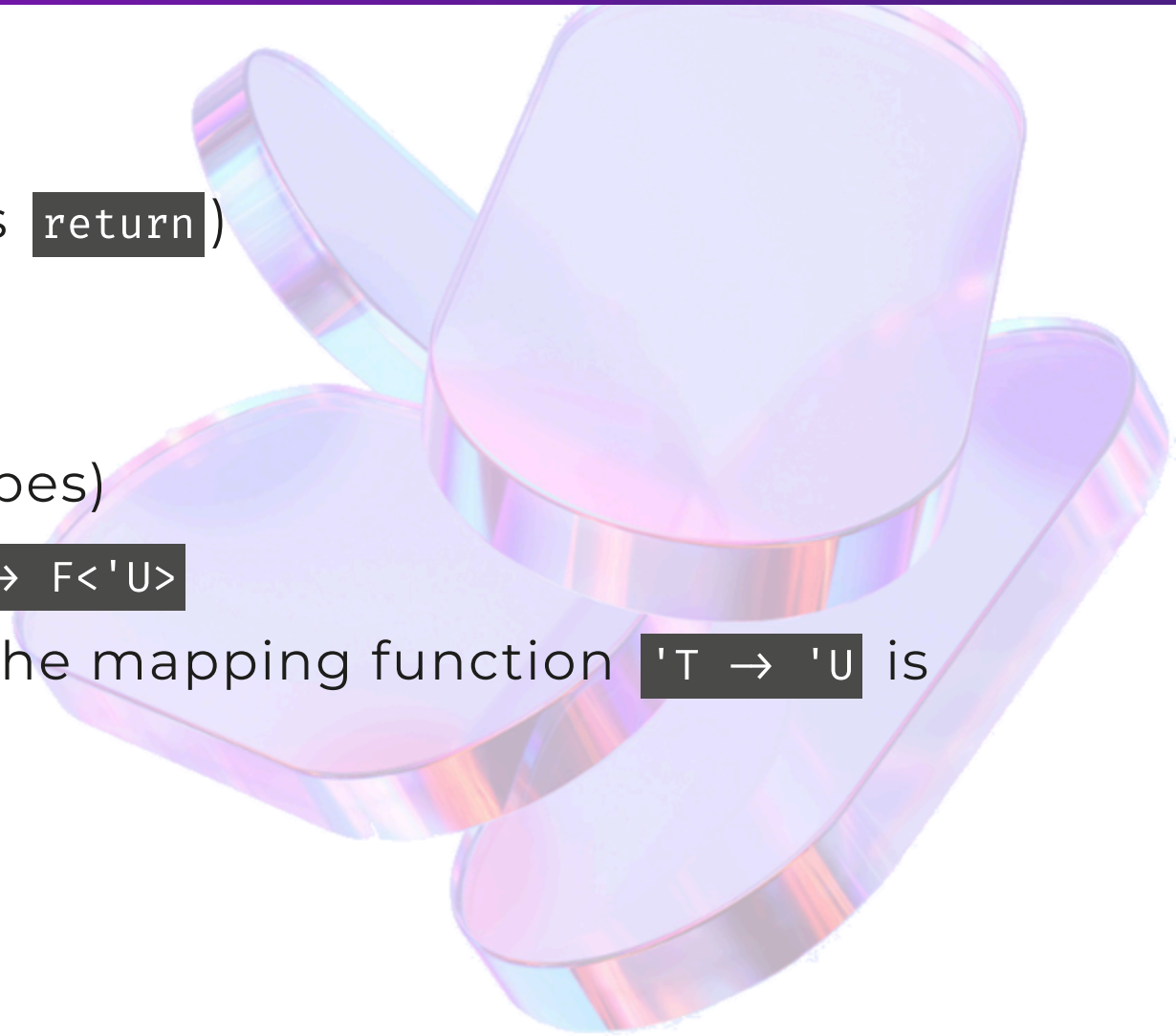
4. **Applicative** **(Functor)**



Applicative definition

≈ Any generic type, noted `F<'T>`, with:

- Construction function `pure` (≡ monad's `return`)
 - Signature : `(value: 'T) → F<'T>`
- Application function `apply`
 - Noted `<*>` (same `*` than in tuple types)
 - Signature : `(f: F<'T → 'U>) → F<'T> → F<'U>`
 - Similar to functor's `map`, but where the mapping function `'T → 'U` is wrapped in the applicative object



Applicative laws (1/4)

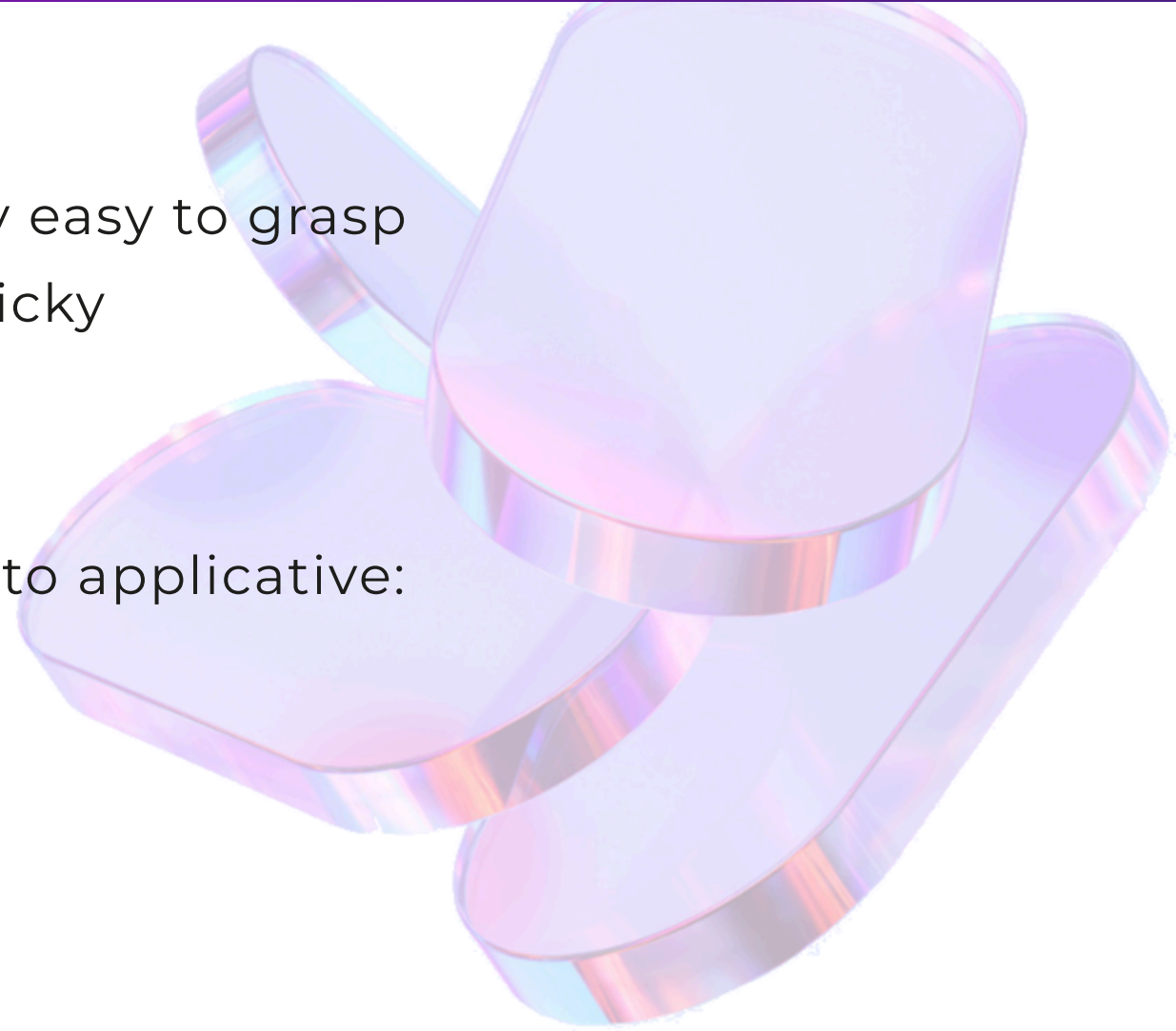
There are 4 laws:

- *Identity* and *Homomorphism* relatively easy to grasp
- *Interchange* and *Composition* more tricky

Law 1 - Identity

Same as the functor identity law applied to applicative:

Pattern	Equation
Functor	<code>map id F</code> \equiv <code>F</code>
Applicative	<code>apply (pure id) F</code> \equiv <code>F</code>

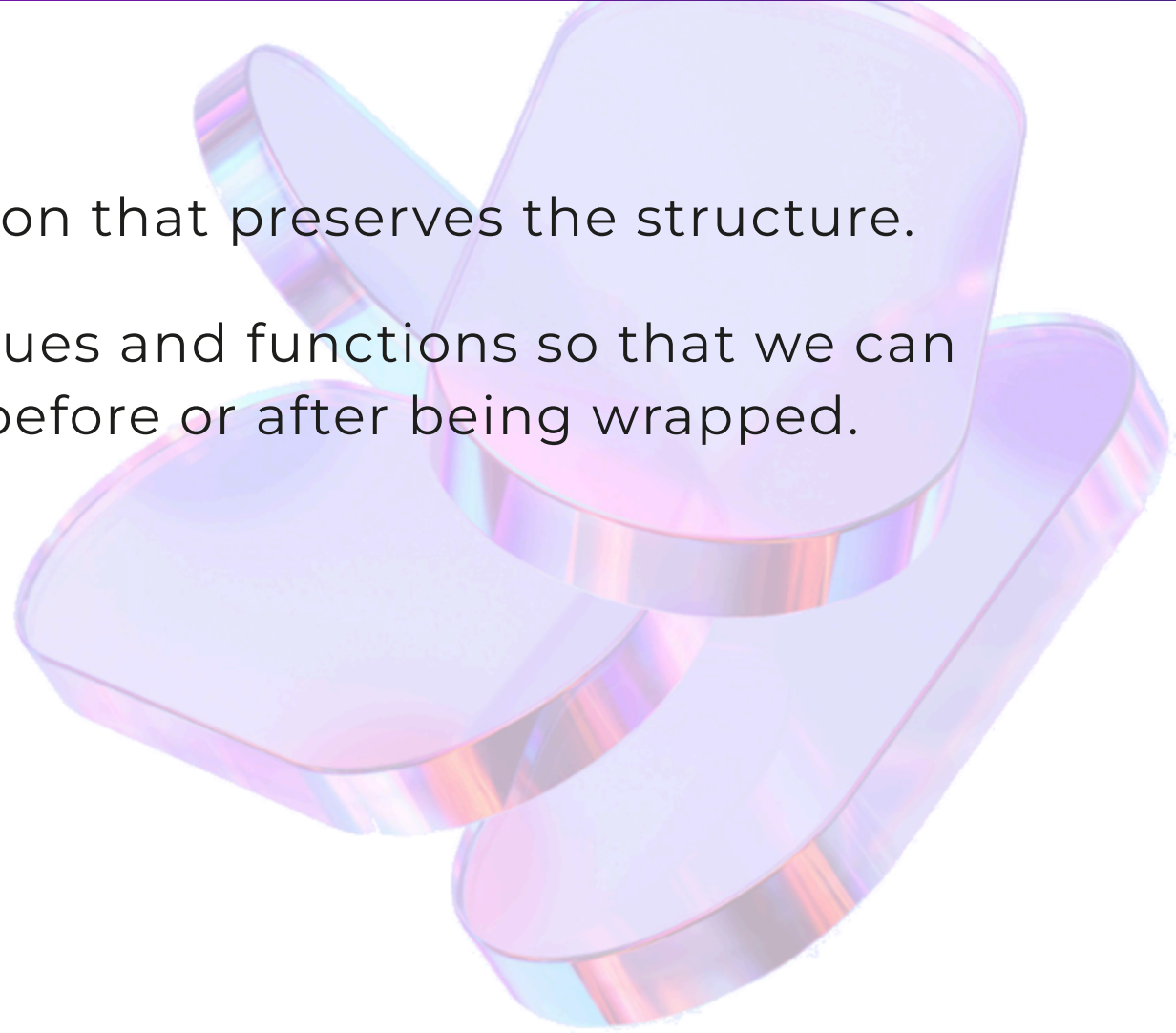


Applicative laws (2/4)

Law 2 - Homomorphism

💡 *Homomorphism* means a transformation that preserves the structure.

→ `pure` does not change the nature of values and functions so that we can apply the function to the value(s) either before or after being wrapped.

$$\begin{aligned} (\text{pure } f) \lt*> (\text{pure } x) &\equiv \text{pure } (f \ x) \\ \text{apply } (\text{pure } f) (\text{pure } x) &\equiv \text{pure } (f \ x) \end{aligned}$$


Applicative laws (3/4)

Law 3 - Interchange

We can provide the wrapped function `Ff` first or the value `x`, wrapped directly or captured in `(▷) x` (*partial application of the `▷` operator used as function*)

$$Ff \lt*> (\text{pure } x) \equiv \text{pure } ((\triangleright) x) \lt*> Ff$$

💡 When `Ff = pure f`, we can verify this law with the homomorphism law:

<code>apply Ff (pure x)</code>		<code>apply (pure ((▷) x)) Ff</code>
<code>apply (pure f) (pure x)</code>		<code>apply (pure ((▷) x)) (pure f)</code>
<code>pure (f x)</code>		<code>pure (((▷) x) f)</code>
		<code>pure (x ▷ f)</code>
		<code>pure (f x)</code>

Applicative laws (4/4)

Law 4 - Composition

- Cornerstone law: ensures that function composition works as expected within the applicative context.
- Hardest law, involving to wrap the `<<` operator (right-to-left compose)!

`Ff <*> (Fg <*> Fx) ≡ (pure (<<) <*> Ff <*> Fg) <*> Fx`

💡 Same verification:

<code>(pure f) <*> ((pure g) <*> (pure x))</code>		<code>(pure (<<) <*> (pure f) <*> (pure g)) <*> (pure x)</code>
<code>(pure f) <*> (pure g x)</code>		<code>(pure ((<<) f) <*> (pure g)) <*> (pure x)</code>
<code>pure (f (g x))</code>		<code>(pure ((<<) f g)) <*> (pure x)</code>
<code>pure ((f << g) x)</code>		<code>(pure (f << g)) <*> (pure x)</code>
		<code>pure ((f << g) x)</code>

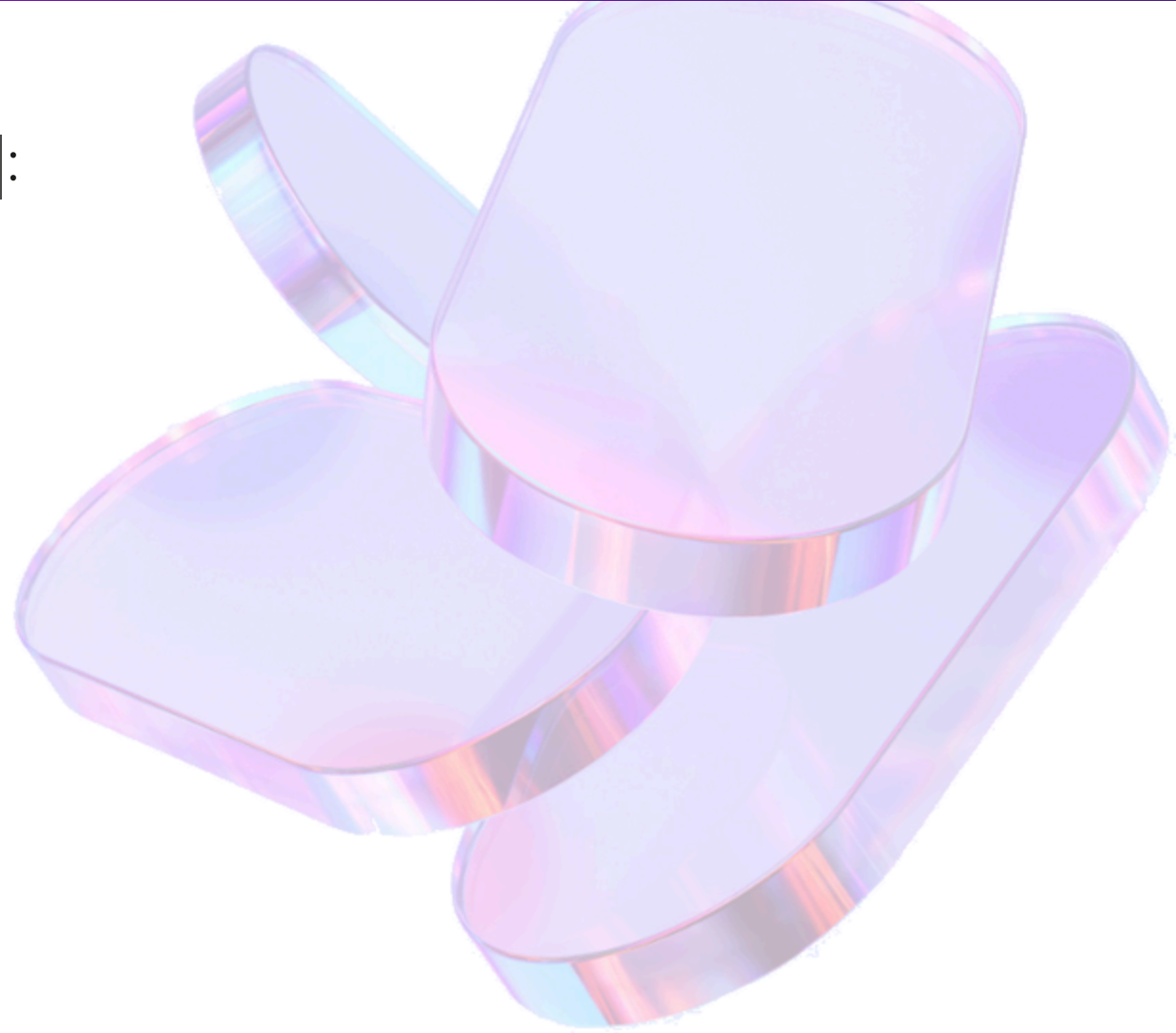
Applicative vs Functor

Every applicative is a functor

→ We can define `map` with `pure` and `apply`:

$$\text{map } f \ x \equiv \text{apply } (\text{pure } f) \ x$$

💡 It was implied by the 2 identity laws.



Applicative vs Monad

Every monad is also an applicative

- `pure` and `return` are just synonym
- `apply` can be defined using `bind`
 - given `mx` a wrapped value `M<'a>`
 - and `mf` a wrapped function `M<'a → 'b>`
 - `apply mf mx` \equiv `mf ▷ bind (fun f → mx ▷ bind (fun x → return (f x)))`

`apply` vs `bind` 💡

- Where `apply` unwraps both `f` and `x`, 2 nested `bind`s are required.
- `bind` extra power comes from its ability to let its 1st parameter — the function `'a → M<'b>` — create a whole new computational path.

Applicative: multi-param curried function

Applicative helps to apply to a function its arguments (e.g. `f: 'x → 'y → 'res`) when they are each wrapped (e.g. in an `Option`).

Let's try by hand:

```
let call f optionalX optionalY =  
  match (optionalX, optionalY) with  
  | Some x, Some y → Some(f x y)  
  | _ → None
```

💡 We can recognize the `Option.map2` function.

🤔 Is there a way to handle any number of parameters?

Applicative: multi-param function (2)

The solution is to use `apply` N times, for each of the N arguments, first wrapping the function using `pure`:

```
// apply and pure for the Option type
let apply optionalF optionalX =
    match (optionalF, optionalX) with
    | Some f, Some x → Some(f x)
    | _ → None

let pure x = Some x

// ---

let f x y z = x + y - z
let optionalX = Some 1
let optionalY = Some 2
let optionalZ = Some 3
let res = pure f ▷ apply optionalX ▷ apply optionalY ▷ apply optionalZ
```

Applicative: multi-param function (3)

We can "simplify" the syntax by:

- Replacing the 1st combination of `pure` and `apply` with `map`
- Using the operators for map `<!>` and apply `<*>`

```
// ...  
let res = pure f ▷ apply optionalX ▷ apply optionalY ▷ apply optionalZ  
  
let res' = f <!> optionalX <*> optionalY <*> optionalZ
```

Still, it's not ideal!

Applicative - 3 styles

The previous syntax is called “**Style A**” and is not recommended in modern F# by Don Syme - see its [Nov. 2020 design note](#).

When we use the `mapN` functions, it's called “**Style B**”.

The “**Style C**” relies on F# 5 `let! ... and! ...` in a CE like `option` from `FsToolkit`:

```
let res'' =  
    option {  
        let! x = optionalX  
        and! y = optionalY  
        and! z = optionalZ  
        return f x y z  
    }
```

👉 Avoid style A, prefer style C when a CE is available, otherwise style B.

Applicative vs Monadic behaviour

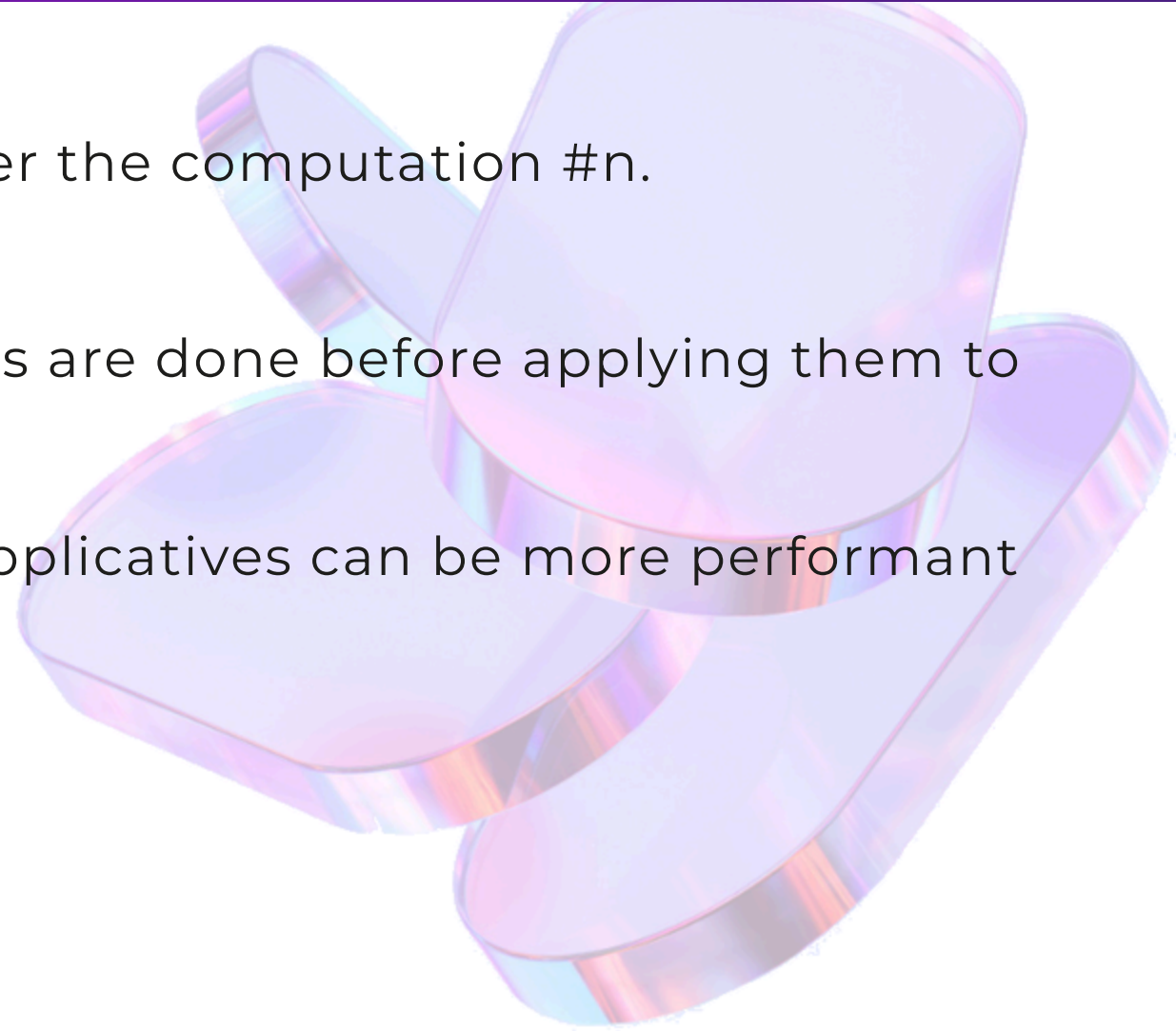
The monadic behaviour is **sequential**:

→ The computation $\#n+1$ is done only after the computation $\#n$.

The applicatives behave in **parallel**:

→ All the computations for the arguments are done before applying them to the wrapped function.

👉 Even if monads can do more things, applicatives can be more performant on what they can do.



Applicative parallel behaviour

The corollary is about the `Result` type and its `bind` function:

```
let bind (f: 'a → Result<'b, _>) result =  
    match result with  
    | Ok x → f x  
    | Error e → Error e
```

- As soon as the current `result` is an `Error` case, `f` is ignored.
- On the 1st error, we "unplug".

Applicative parallel behaviour (2)

Given the `Result<'ok, 'error list>` type, the `apply` below can **accumulate errors**:

```
(* 1 *) let apply (rf: Result<'a → 'b, 'err list>) (result: Result<'a, 'err list>) : Result<'b, 'err list> =
(* 2 *)     match rf, result with
(* 3 *)     | Ok f, Ok x → Ok(f x)
(* 4 *)     | Error fErrors, Ok _ → Error fErrors
(* 5 *)     | Ok _, Error xErrors → Error xErrors
(* 6 *)     | Error fErrors, Error xErrors → Error(xErrors @ fErrors)
```

👉 Notes:

- Errors are either accumulated (L6) or propagated (L4, L5).
- At lines L4, L6, `rf` is no longer a wrapped function but an `Error`. It happens after a first `apply` when there is an `Error` instead of a wrapped value (L5, L6).

💡 Handy for validating inputs and reporting all errors to the user.

🔗 [Validation with F# 5 and FsToolkit](#), Compositional IT

5. Wrap up



Functional patterns key points

Pattern	Key words
Monoid	<code>+</code> (combine), composite design pattern <code>++</code>
Functor	<code>map</code> , preserve structure
Monad	<code>bind</code> , functor, flatten, effects, sequential composition
Applicative	<code>apply</code> , functor, multi-params function, parallel composition

Functional patterns in F#

In F#, these functional patterns are applied under the hood:

- Monoids with `int`, `string`, `list` and functions
- Monads with `Async`, `List`, `Option`, `Result`...
- All patterns when using computation expressions

👉 After the beginner level, it's best to know the principles of these patterns, in case we need to write computation expressions.

Functional patterns in F# (2)

🤔 Make these patterns more explicit in F# codebases

Meaning: what about F# codebases full of `monad`, `Reader`, `State` ...?

- Generally **not recommended**, at least by Don Syme
 - Indeed, the F# language is not designed that way.
 - Albeit, libraries such as *FSharpPlus* offer such extensions to F#. 📌
- To be evaluated for each team: idiomatic vs consistency ⚖️
 - Examples:
 - **Idiomatic F#** in .NET teams: using both C# and F# code
 - **Functional F#** in FP team: using F#, Haskell and/or OCaml

Additional resources

- [The "Map and Bind and Apply, Oh my!" series](#), F# for Fun and Profit
- [Applicatives IRL](#), Jeremie Chassaing
- [Functional patterns | F# training GitBook](#), Romain Deneau



Thanks 🙏

