

MEDICAL HISTORY		PHYSICAL EXAMINATION	
HEENT <input type="checkbox"/> Epilepsy/Convulsion <input type="checkbox"/> Severe headache/dizziness <input type="checkbox"/> Visual disturbance <input type="checkbox"/> Yellowish discoloration <input type="checkbox"/> Enlarged thyroid		Blood Pressure: _____ Height: _____ Weight: _____ Blood Type: _____	
CHEST/HEART <input type="checkbox"/> Severe chest pain <input type="checkbox"/> Shortness of breath and easy fatigability <input type="checkbox"/> Breast/axillary masses <input type="checkbox"/> Nipple discharge (blood or pus) <input type="checkbox"/> Systolic of 140 and above <input type="checkbox"/> Diastolic of 90 and above <input type="checkbox"/> Family history of CVA (strokes), hypertension, asthma, rheumatic heart disease		CONJUNCTIVA <input type="checkbox"/> Pale <input type="checkbox"/> Yellowish NECK <input type="checkbox"/> Enlarged Thyroid <input type="checkbox"/> Enlarged lymph nodes BREAST <input type="checkbox"/> Mass <input type="checkbox"/> Nipple discharge <input type="checkbox"/> Skin-orange-peel or dimpling <input type="checkbox"/> Enlarged axillary lymph nodes THORAX <input type="checkbox"/> Abnormal heart sounds/cardiac rate <input type="checkbox"/> Abnormal health sounds/respiratory rate	
ABDOMEN <input type="checkbox"/> Mass in the abdomen <input type="checkbox"/> History of gallbladder disease <input type="checkbox"/> History of liver disease <input type="checkbox"/> Previous surgical operation		ABDOMEN - Fundic height in cms. - Fetal heart tone (if applicable by AOG) - Fetal movement	
EXTREMITIES <input type="checkbox"/> Severe varicosities <input type="checkbox"/> Deformities <input type="checkbox"/> Swelling of severe pain in the legs not related to injuries		LEOPOLD'S MANEUVER 1. fetal part in the fundus 2. position of fetal back 3. presenting part 4. status of the presenting part - Uterine Activity	
SKIN <input type="checkbox"/> Yellowish discoloration HISTORY OF ANY OF THE FF: <input type="checkbox"/> Smoking <input type="checkbox"/> Allergies <input type="checkbox"/> Drug intake <input type="checkbox"/> Drug abuse and alcoholism <input type="checkbox"/> STD, multiple partners <input type="checkbox"/> Bleeding tendencies, anemia <input type="checkbox"/> Diabetes/congenital anomalies		PELVIC EXAMINATION <u>Perineum</u> <input type="checkbox"/> Scars <input type="checkbox"/> Warts/mass <input type="checkbox"/> Laceration <input type="checkbox"/> Severe varicosities <u>Vagina</u> <input type="checkbox"/> Bartholin's cyst <input type="checkbox"/> Warts/Skene's gland discharge <input type="checkbox"/> Cystocele/rectocele <input type="checkbox"/> Purulent discharge/bleeding <input type="checkbox"/> Erosion/polyp/foreign body	
OBSTETRICAL HISTORY 0 1/R 2 3 4 and above/R/H ____ Fullterm ____ Preterm ____ Abortion ____ Living Children ____ Date of last delivery (M/D/YR) ____ Type of last delivery ____ Past Menstrual Period ____ Last Menstrual Period ____ Age of gestation in weeks (AOG) ____ Expected Date of Confinement (EDC)		INTERNAL EXAMINATION <u>Cervix</u> - Consistency - firm or soft - Dilatation - Palpable presenting part - Status of bag of water	
HISTORY OF ANY OF THE FF: <input type="checkbox"/> Previous Cesarean Section <input type="checkbox"/> 3 Consecutive Miscarriages <input type="checkbox"/> Ectopic Pregnancy/H.mole <input type="checkbox"/> Postpartum hemorrhage <input type="checkbox"/> Forceps delivery <input type="checkbox"/> Pregnancy Induced Hypertension <input type="checkbox"/> Weight of baby > 4kgs		IMPRESSION: PLANS (Procedure/Treatment/Referral/Return Visit): <div style="text-align: right;">_____ Signature of Service Provider</div>	
Legend R Refer to Back-up Physician for clearance N No/Absent R/H Refer to a Hospital Y Yes/Present			

Birth and Emergency Plan

I know that any complication can develop during delivery and I know that I should deliver in a health facility.

I will be attended at delivery by _____.

I plan to deliver at _____.

This is a PhilHealth accredited facility ☐ Yes ☐ No

The estimated cost of the maternity package in this facility is _____.

The mode of payment is cash.

The available transport is _____.

I have contacted _____ to bring me to the hospital/health center.

I will be accompanied by _____.

_____ will take care of my children/home while I am in the health facility.

In case of a need for blood transfusion, my possible donors are:

○ _____

○ _____

In case of complications, I will be referred right away to:

Person to notify in case of emergency:

Name and Relationship: _____

Address: _____

Contact Number/s: _____

Patient's Signature Over Printed Name