Greetings,  
  
I am a Research Assistant at the NIU Computer Science Department and would appreciate your help with a research study. During the experiment, a wrist-worn device will be tied on your wrist. This device is very similar to Apple and Samsung smartwatch embedded with accelerometer and gyroscope sensors.

Procedures for the study:

1. The study will take place at Psychology Building, room no PM256 and will held for approximately 15 minutes.
2. Participants will be asked to perform some everyday activities such as walking, eating, drinking, touching face, sitting, standing, etc. with each session 30 seconds long. Participants have to perform the enlisted activities repeatedly for the given time. Participants can take rest between each session or withdraw from the study anytime they want.
3. The data collection for walking upstairs and walking downstairs will be conducted near the stairs of psychology building. Except for these two activities, rest all experiments will be taking place within the lab.
4. Participants will be given instructions for performing the activities before the procedure begins.
5. Participant can decline to participate in the study at any time.

In order to participate in this study, participant must meet the following criteria:

1. They are 18 years or older.
2. They must be able to walk for 30 seconds on a flat surface as well as stairs.
3. They must NOT have any kind of physical illness or injuries or medical condition that restricts the movement of their hands or perform basic activities.
4. The participant must be able to lift weights close to 2 lbs with their dominant hand.

If you meet these requirements and are interested in participating, please reply back to this email saying you are interested and I will contact you with additional information.  
  
Regards,  
Devesh Seethi