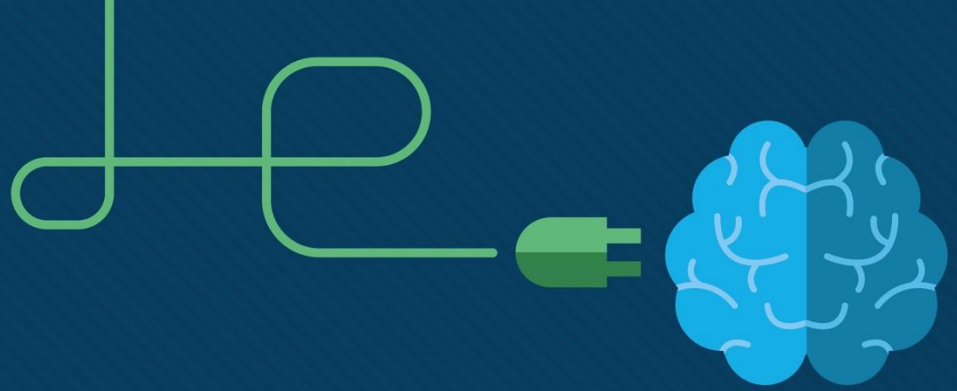
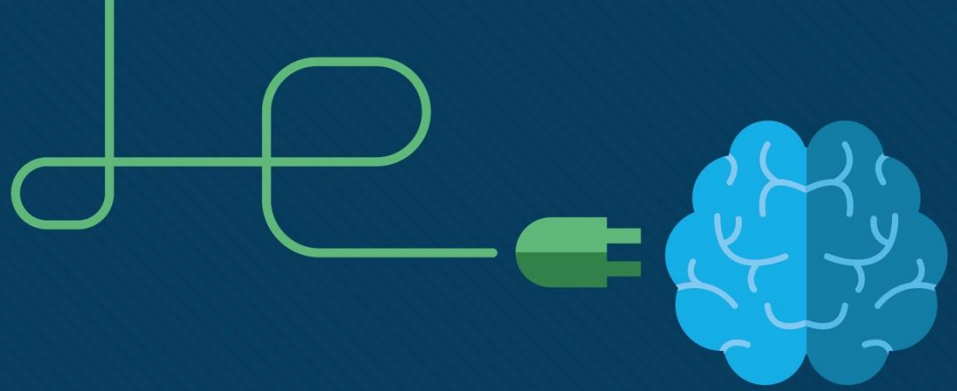


Module 14: Common Threats and Attacks

CyberOps Associate v1.0



Module 14: Common Threats and Attacks

CyberOps Associate v1.0

Module Objectives

Module Title: Common Threats and Attacks

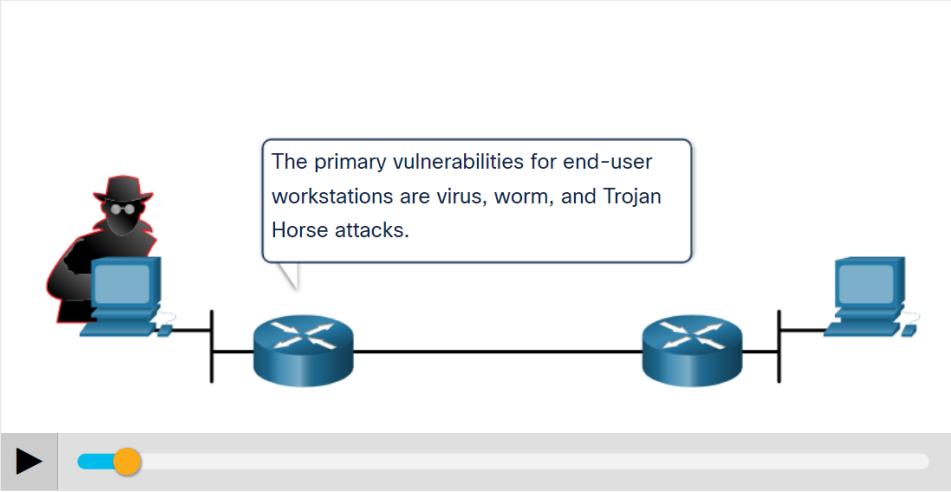
Module Objective: Explain the various types of threats and attacks.

Topic Title	Topic Objective
Malware	Describe types of malware.
Common Network Attacks - Reconnaissance, Access, and Social Engineering	Explain reconnaissance, access, and social engineering network attacks.
Network Attacks - Denial of Service, Buffer Overflows, and Evasion	Explain Denial of Service, buffer overflow, and evasion attacks.

14.1 Malware

Types of Malware

- Malware is a code or software designed to damage, disrupt, steal, or inflict some other ‘bad’ or illegitimate action on data, hosts, or networks.
- The three most common types of malware are Virus, Worm, and Trojan horse.
- Play the animation to view examples of the different malware types.



Viruses

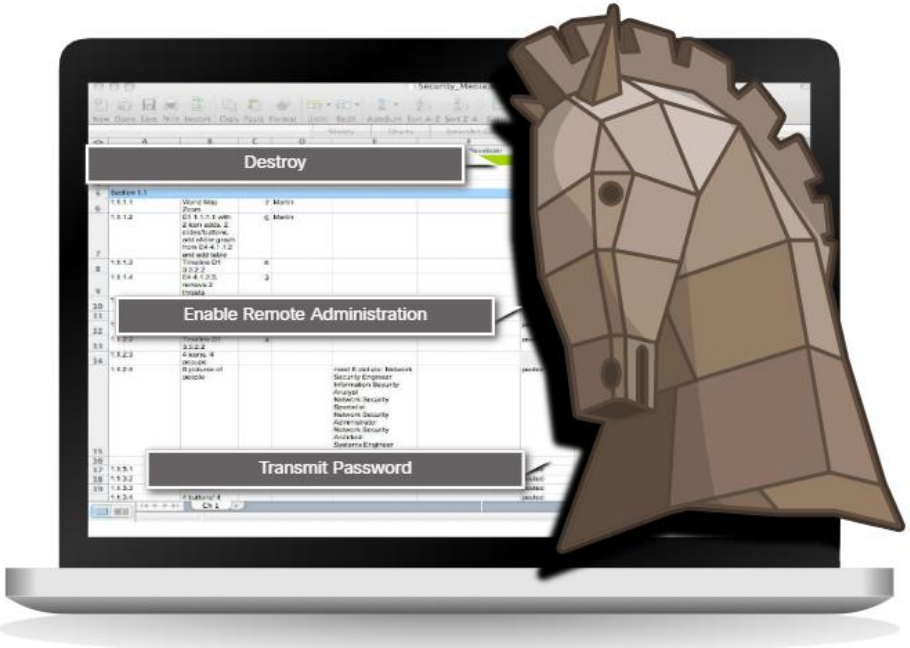
- A virus is a type of malware that spreads by inserting a copy of itself into another program.
- After the program is run, viruses spread from one computer to another, thus infecting the computers.
- A simple virus may install itself at the first line of code in an executable file.
- Viruses can be harmless, for those that display a picture on the screen, or they can be destructive. They can also modify or delete files on the hard drive.
- Most viruses spread by USB memory drives, CDs, DVDs, network shares, and email. Email viruses are a common type of virus.

Trojan Horses

- Trojan horse malware is a software that appears to be legitimate, but it contains malicious code which exploits the privileges of the user that runs it.
- Trojans are found attached to online games.
- Users are commonly tricked into loading and executing the Trojan horse on their systems
- The Trojan horse concept is flexible.
- It can cause immediate damage, provide remote access to the system, or access through a back door.
- Custom-written Trojan horses with a specific target are difficult to detect.

Trojan Horses Classification

- Trojan horses are usually classified according to the damage that they cause, or the manner in which they breach a system.



Trojan Horses Classification (Contd.)

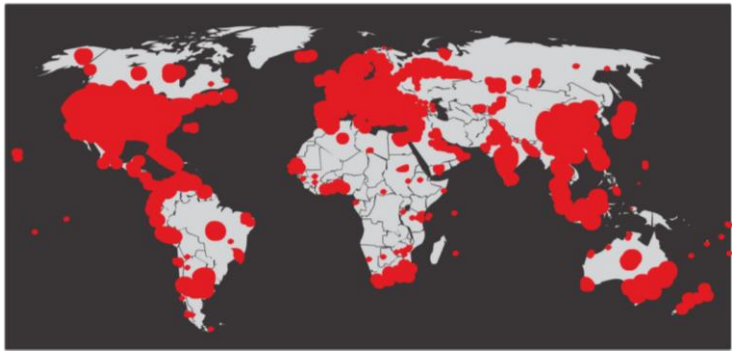
The types of Trojan horses are as follows:

Type of Trojan Horse	Description
Remote-access	Enables unauthorized remote access.
Data-sending	Provides the threat actor with sensitive data, such as passwords.
Destructive	Corrupts or deletes files.
Proxy	Uses the victim's computer as the source device to launch attacks and perform other illegal activities.
FTP	Enables unauthorized file transfer services on end devices.
Security software disabler	Stops antivirus programs or firewalls from functioning.
Denial of Service (DoS)	Slows or halts network activity.
Keylogger	Actively attempts to steal confidential information, such as credit card numbers, by recording keystrokes entered into a web form.

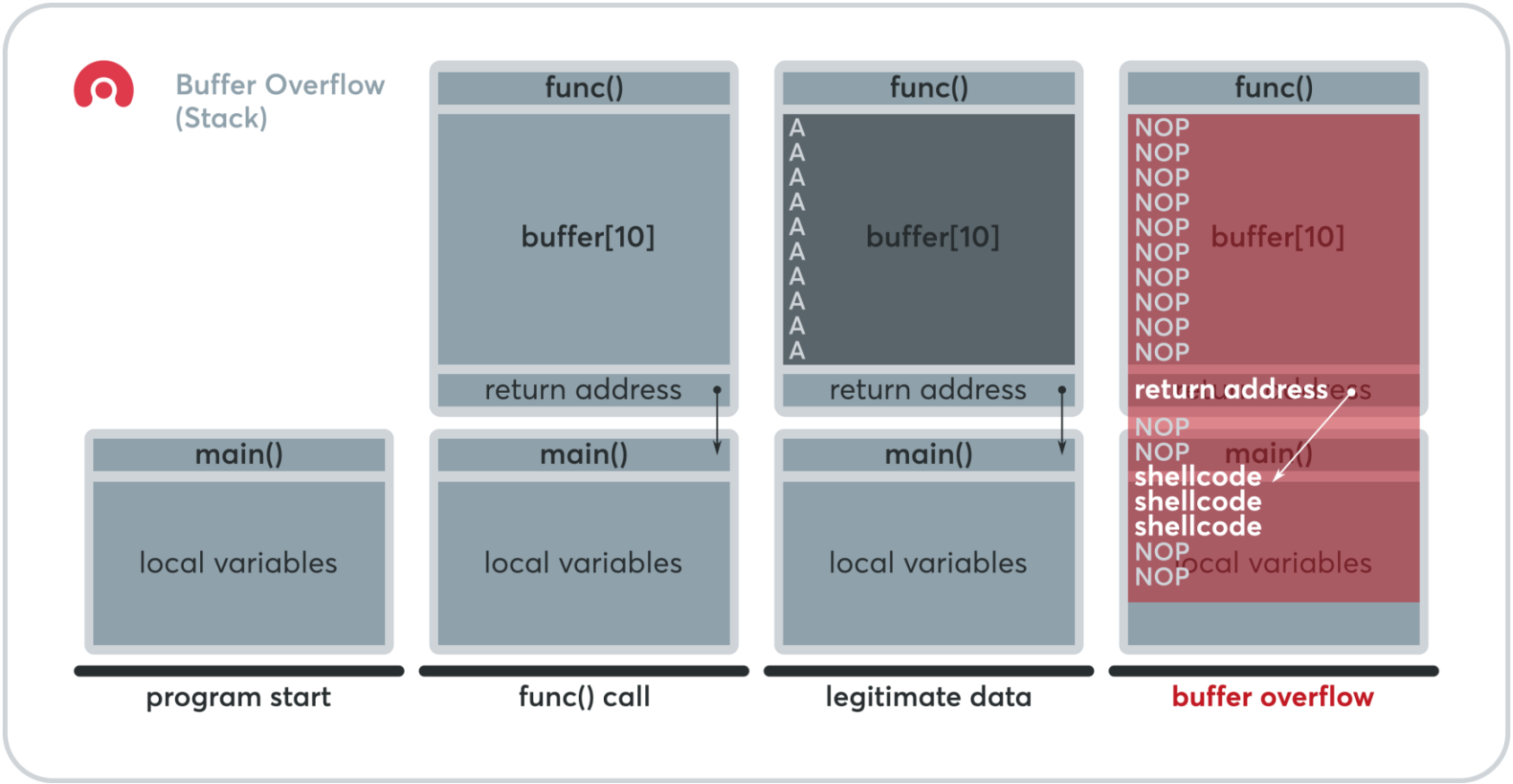
Worms

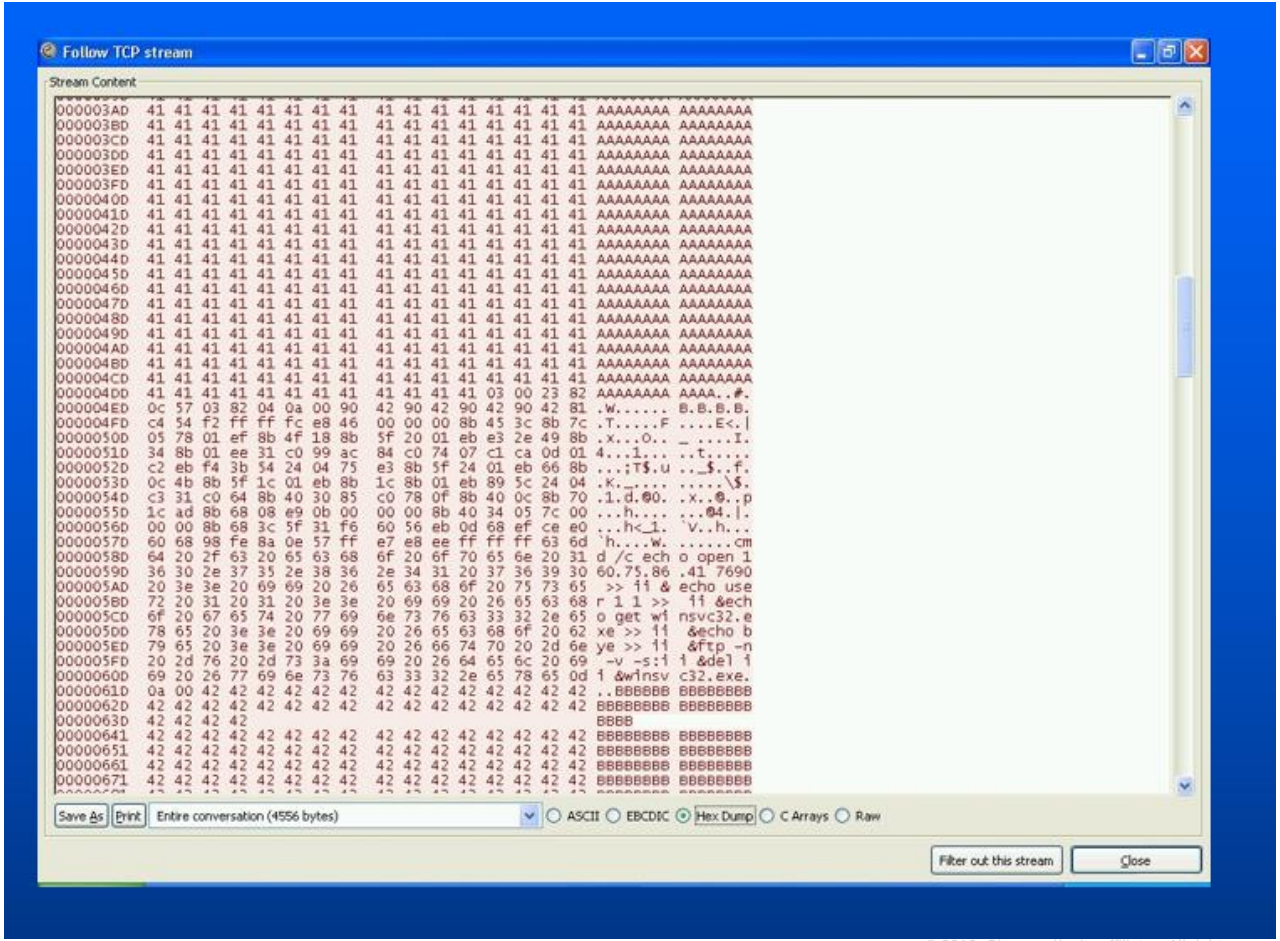
- Computer worms are similar to viruses because they replicate themselves by independently exploiting vulnerabilities in networks.
- Worms can slow down networks as they spread from system to system.
- Worms can run without a host program.
- However, once the host is infected, the worm spreads rapidly over the network.
- In 2001, the Code Red worm had initially infected 658 servers. Within 19 hours, the worm had infected over 300,000 servers.

Initial Code Red Worm Infection

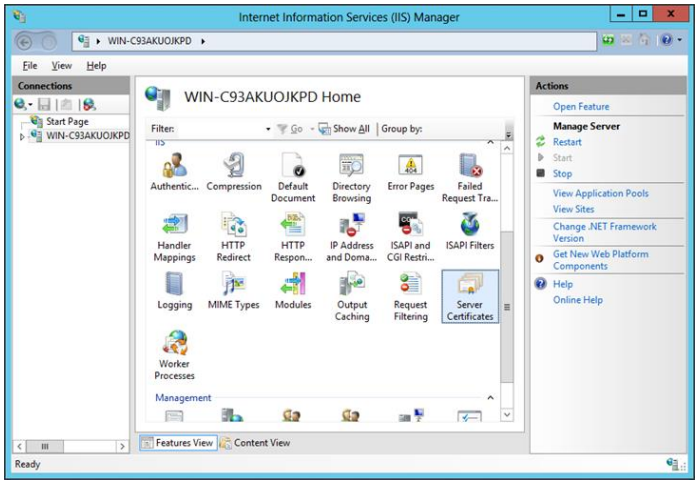


Code Red Infection 19 hours later



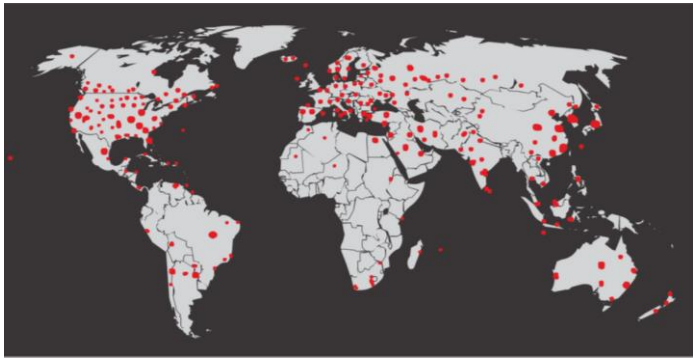


Red Code

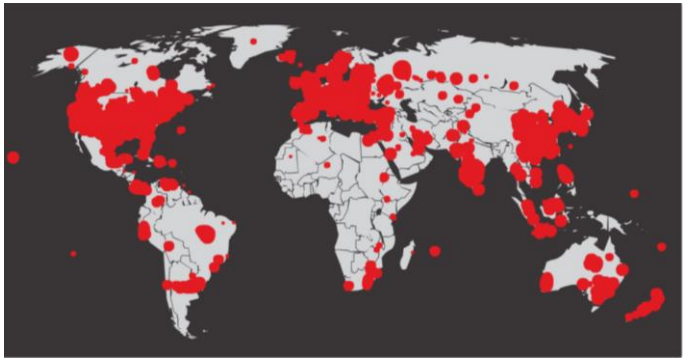


Worms (Contd.)

- The initial infection of the SQL Slammer worm is known as the worm that ate the internet.
- SQL Slammer was a Denial of Service (DoS) attack that exploited a buffer overflow bug in Microsoft's SQL Server.
- The number of infected servers doubled in size every 8.5 seconds.
- The infected servers did not have the updated patch that was released 6 months earlier.
- Hence it is essential for organizations to implement a security policy requiring updates and patches to be applied in a timely fashion.



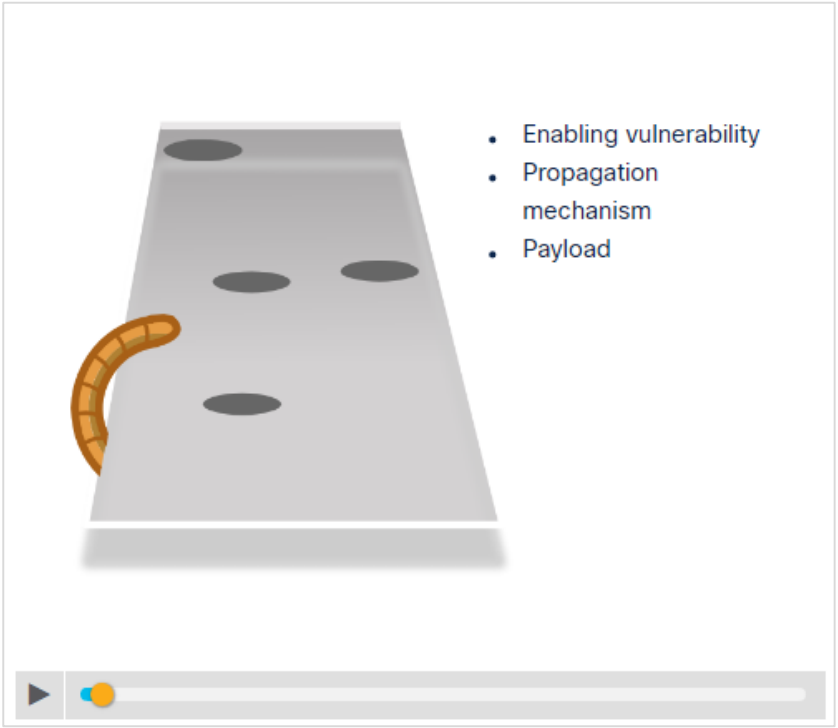
Initial SQL Slammer Infection



SQL Slammer Infection 30 minutes later

Worm Components

Click Play in the figure to view the three components of worm attacks.



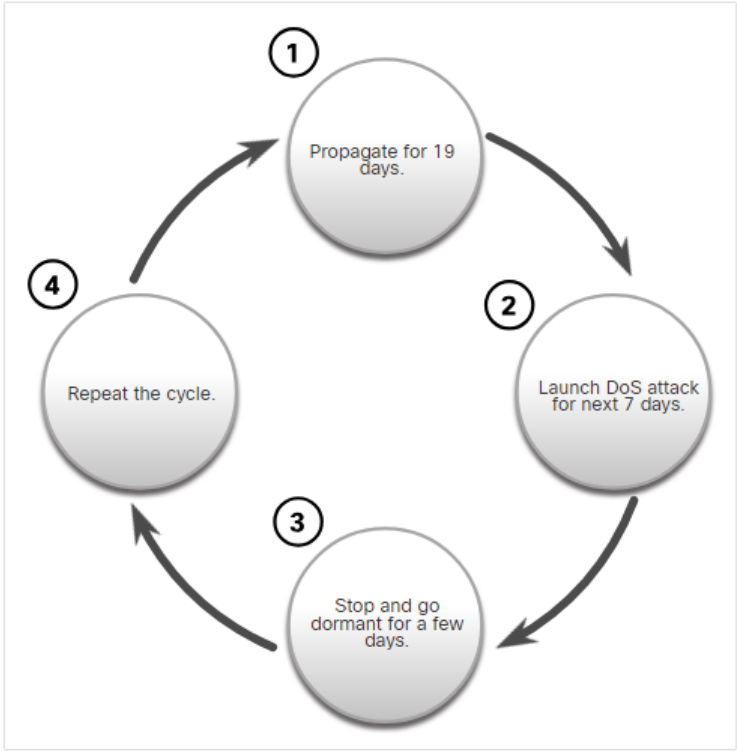
Worm Components (Contd.)

The three worm components are as follows:

- **Enabling vulnerability** - A worm installs itself using an exploit mechanism, such as an email attachment, an executable file, or a Trojan horse, on a vulnerable system.
- **Propagation mechanism** - After gaining access to a device, the worm replicates itself and locates new targets.
- **Payload** - Any malicious code that results in some action is a payload. Most often this is used to create a backdoor that allows a threat actor to access the infected host or to create a DoS attack.

Worm Components (Contd.)

- Worms are self-contained programs that attack a system to exploit a known vulnerability.
- Upon successful exploitation, the worm copies itself from the attacking host to the newly exploited system and the cycle begins again.
- This propagation mechanism is commonly deployed in a way that is difficult to detect.
- **Note**: Worms never stop spreading on the internet. After they are released, worms continue to propagate until all possible sources of infection are properly patched.



Code Red Worm Propagation

Ransomware

- Ransomware is a malware that denies access to the infected computer system or its data.
- Ransomware frequently uses an encryption algorithm to encrypt system files and data.
- Email and malicious advertising, also known as malvertising, are vectors for ransomware campaigns.
- Social engineering is also used, when cybercriminals pretending to be security technicians make random calls at homes and persuade users to connect to a website that downloads ransomware to the user's computer.

Other Malware

The examples of modern malware are as follows:

Type of Malware	Description
Scareware	Includes scam software which uses social engineering to shock or induce anxiety by creating the perception of a threat. It is generally directed at an unsuspecting user and attempts to persuade the user to infect a computer by taking action to address the bogus threat.
Phishing	Attempts to convince people to divulge sensitive information. Examples include receiving an email from their bank asking users to divulge their account and PIN numbers.
Rootkits	Installed on a compromised system. After it is installed, it continues to hide its intrusion and provide privileged access to the threat actor.
Spyware	Used to gather information about a user and send the information to another entity without the user's consent. Spyware can be a system monitor, Trojan horse, Adware, tracking cookies, and key loggers.
Adware	Displays annoying pop-ups to generate revenue for its author. The malware may analyze user interests by tracking the websites visited. It can then send pop-up advertising pertinent to those sites.

Common Malware Behaviors

- Computers infected with malware often exhibit one or more of the following symptoms:
  - Appearance of strange files, programs, or desktop icons
  - Antivirus and firewall programs are turning off or reconfiguring settings
  - Computer screen is freezing or system is crashing
  - Emails are spontaneously being sent without your knowledge to your contact list
  - Files have been modified or deleted
  - Increased CPU and/or memory usage
  - Problems connecting to networks
  - Slow computer or web browser speeds
  - Unknown processes or services running
  - Unknown TCP or UDP ports open
  - Connections are made to hosts on the Internet without user action
  - Strange computer behavior
- **Note:** Malware behavior is not limited to the above list.

Lab – Anatomy of Malware

In this lab, you will research and analyze some recent malware.

- https://www.mcafee.com/enterprise/en-us/lp/insights-preview.html
- https://blog.malwarebytes.com/threats/

- https://www.securityweek.com/virus-threats/virus-malware
- https://www.technewsworld.com/perl/section/viruses-malware/
- https://blog.talosintelligence.com/

14.2 Common Network Attacks - Reconnaissance, Access, and Social Engineering

Types of Network Attacks

- Malware is a means to get a payload delivered .
- When a payload is delivered and installed, it can be used to cause a variety of network-related attacks from the inside as well as from the outside.
- Network attacks are classified into three categories:
  - Reconnaissance Attacks
  - Access Attacks
  - DoS Attacks

Reconnaissance Attacks

- Reconnaissance is information gathering.
- Threat actors use reconnaissance (or recon) attacks to do unauthorized discovery and mapping of systems, services, or vulnerabilities.
- Recon attacks precede access attacks or DoS attacks.

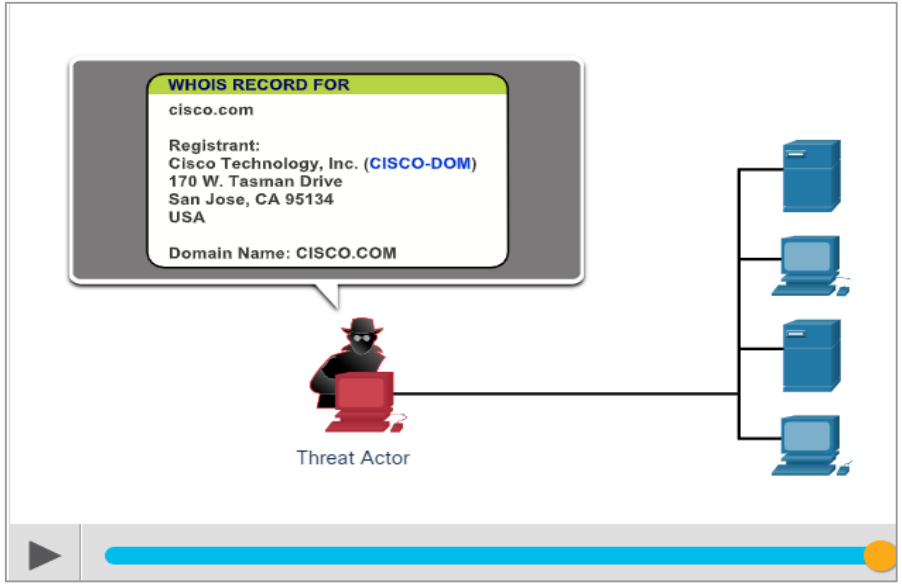
Reconnaissance Attacks (Contd.)

The techniques used by malicious threat actors to conduct reconnaissance attacks are as follows:

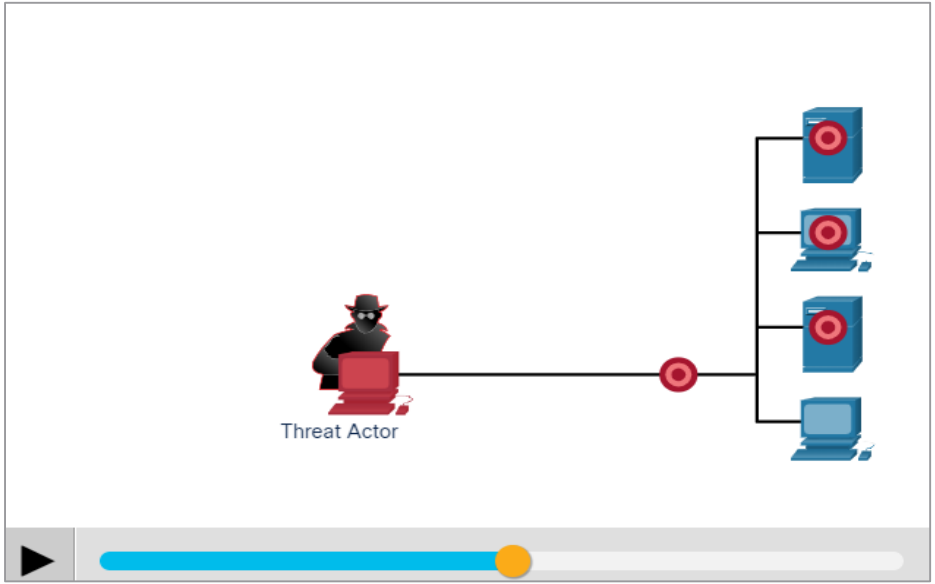
Technique	Description
Perform an information query of a target	The threat actor is looking for initial information about a target. Various tools can be used, including the Google search, organizations website, whois, and more.
Initiate a ping sweep of the target network	The information query usually reveals the target's network address. The threat actor can now initiate a ping sweep to determine which IP addresses are active.
Initiate a port scan of active IP addresses	This is used to determine which ports or services are available. Examples of port scanners include Nmap, SuperScan, Angry IP Scanner, and NetScanTools.
Run vulnerability scanners	This is to query the identified ports to determine the type and version of the application and operating system that is running on the host. Examples of tools include Nipper, Secuna PSI, Core Impact, Nessus v6, SAINT, and Open VAS.
Run exploitation tools	The threat actor now attempts to discover vulnerable services that can be exploited. A variety of vulnerability exploitation tools exist including Metasploit, Core Impact, Sqlmap, Social Engineer Toolkit, and Netsparker.

Reconnaissance Attacks (Contd.)

Internet Information Queries: Click Play in the figure to view an animation of a threat actor using the who is command to find information about a target.

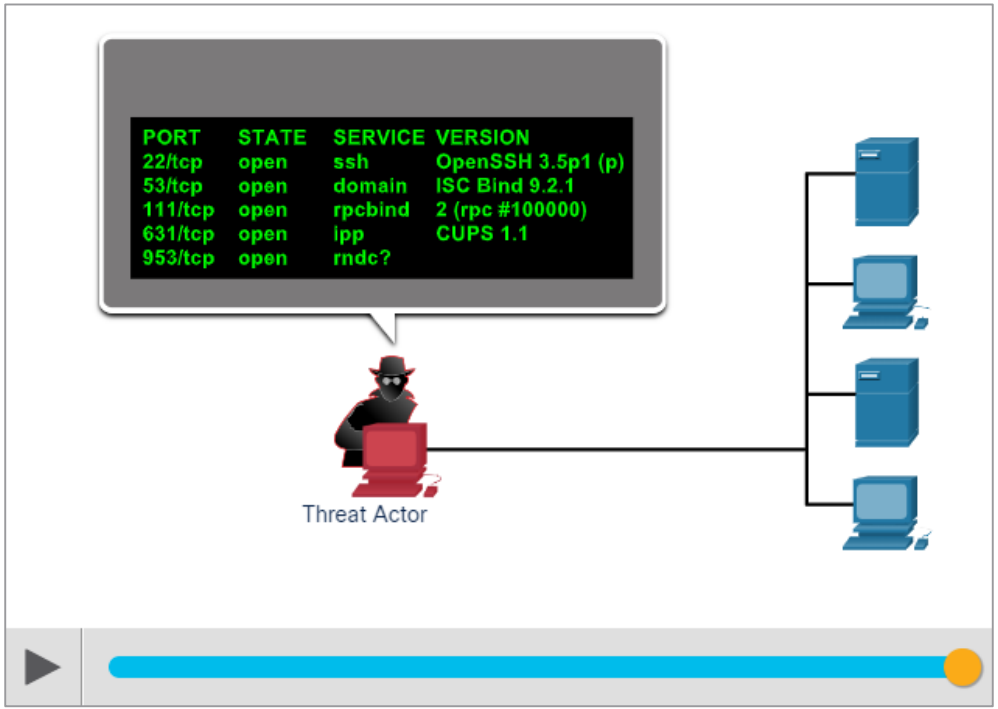


Performing Ping Sweep: Click Play in the figure to view an animation of a threat actor doing a ping sweep of the target's network address to discover live and active IP addresses.



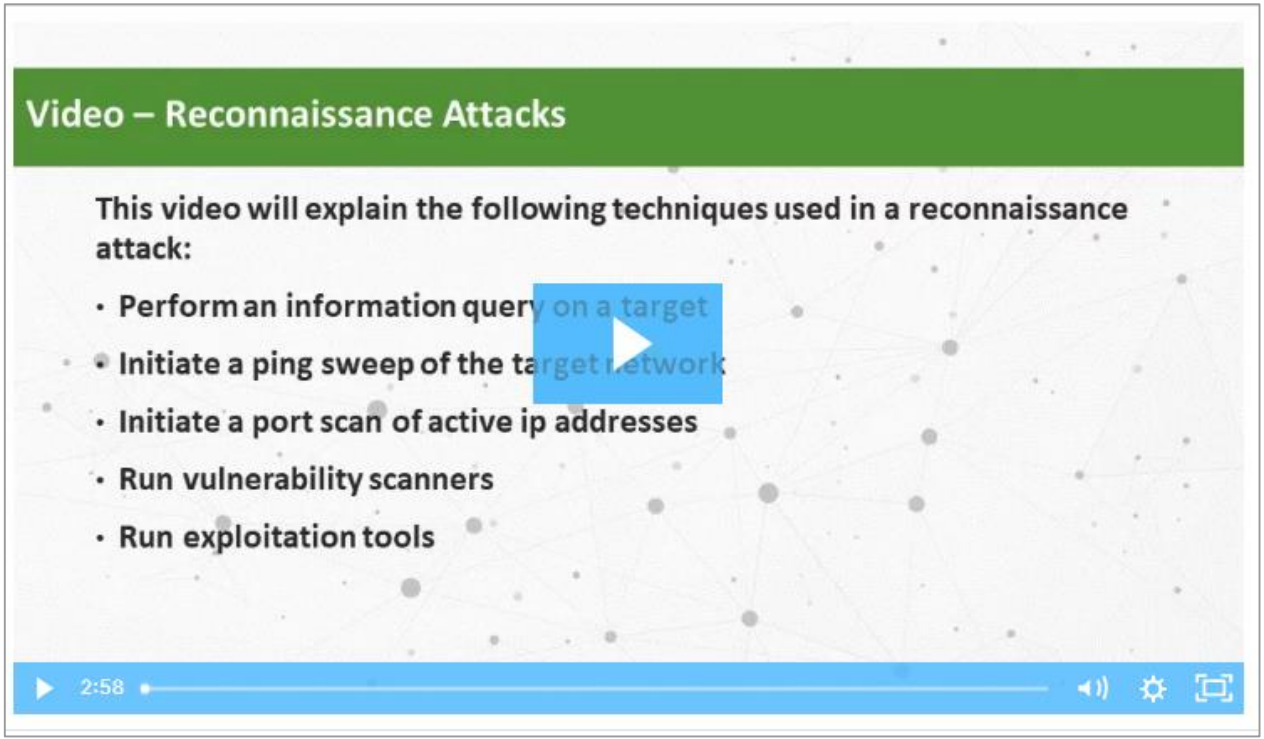
Reconnaissance Attacks (Contd.)

Performing Port Scan: Click Play in the figure to view an animation of a threat actor performing a port scan on the discovered active IP addresses using Nmap.



Video - Reconnaissance Attacks

Watch the video to learn about the different techniques in a reconnaissance attack.



Access Attacks

- Access attacks exploit known vulnerabilities in authentication services, FTP services, and web services to gain entry into web accounts, confidential databases, and other sensitive information.

Password Attacks

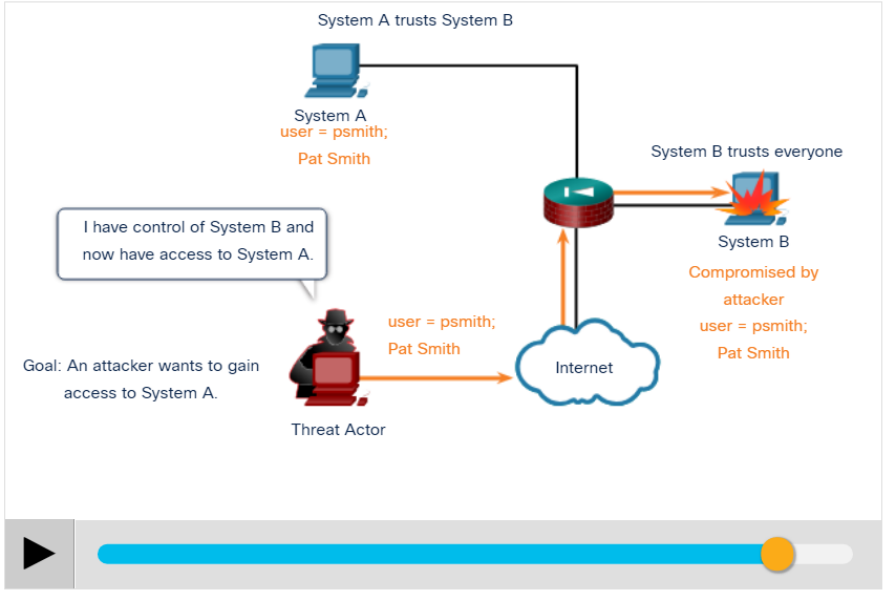
- The threat actor attempts to discover critical system passwords using a variety of password cracking tools.

Spoofing Attacks

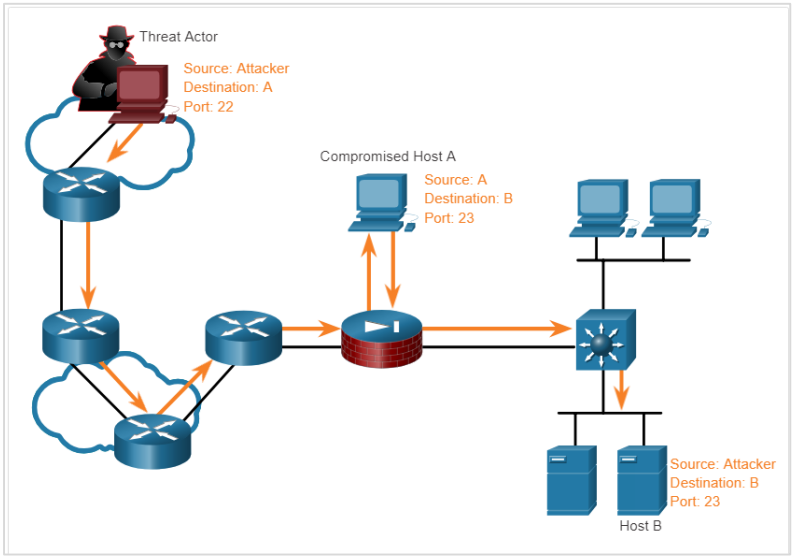
- The threat actor device attempts to pose as another device by falsifying data.
- Common spoofing attacks include **IP spoofing, MAC spoofing, and DHCP spoofing**.
  - Trust exploitations
  - Port redirections
  - Man-in-the-middle attacks
  - Buffer overflow attacks

Access Attacks (Contd.)

Trust Exploitation Example: Click Play in the figure to view an example of trust exploitation.

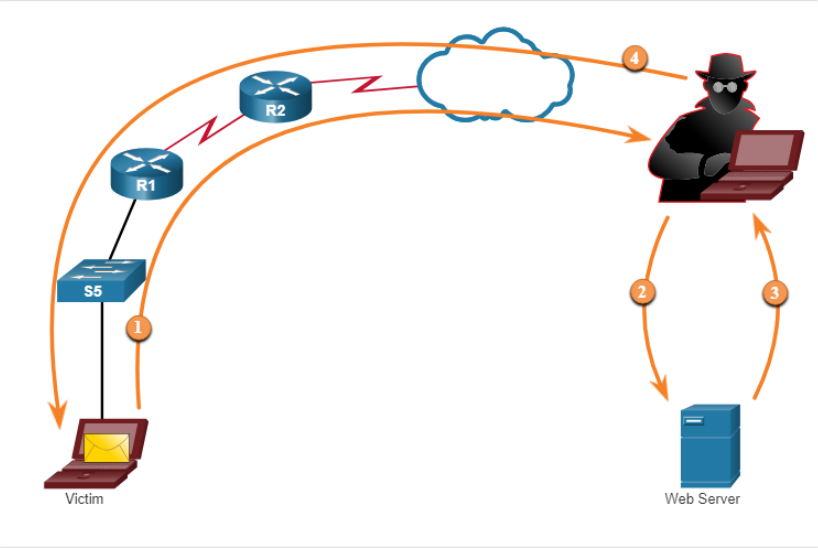


Port Redirection Example: The example shows a threat actor using SSH (port 22) to connect to a compromised Host A trusted by Host B. Hence, the threat actor can use Telnet (port 23) to access it.

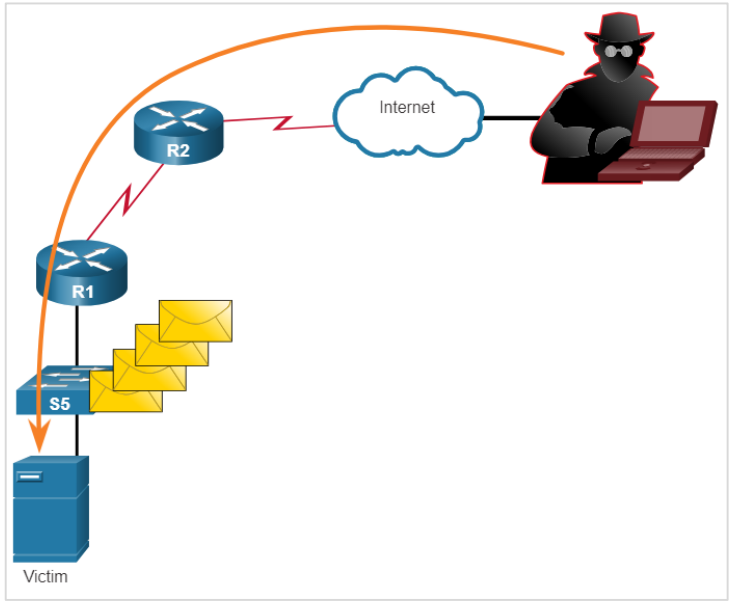


Access Attacks (Contd.)

Man-in-the-Middle Attack Example: The figure displays an example of a man-in-the-middle attack.



Buffer Overflow Attack: The figure shows that the threat actor is sending many packets to the victim in an attempt to overflow the victim's buffer.



Video - Access and Social Engineering Attacks

Watch the video to see the demonstration of the types of access and social engineering attacks.

Social Engineering Attacks

- Social Engineering is an access attack that attempts to manipulate individuals into performing actions or divulging into confidential information.
- Some social engineering techniques are performed in-person or via the telephone or internet.
- Social engineering techniques are explained in the below table.

Social Engineering Attack	Description
Pretexting	A threat actor pretends to need personal or financial data to confirm the identity of the recipient.
Phishing	A threat actor sends fraudulent email which is disguised as being from a legitimate, trusted source to trick the recipient into installing malware on their device, or to share personal or financial information.
Spear phishing	A threat actor creates a targeted phishing attack tailored for a specific individual or organization.
Spam	Also known as junk mail, this is unsolicited email which often contains harmful links, malware, or deceptive content.


9. The hacker uses the backdoor to steal information
1. A hacker targets a company. Using social networks or other internet data, he finds employees with access to company data/systems.
8a. Opened website causes credentials to be stolen/malware to be installed.
7. A link is clicked or attachment opened.
8b. Opened attachment causes malware to infect the computer/ smartphone/network.
ANATOMY OF A SPEAR PHISHING ATTACK
John!
2. Following the social trail, he identifies other people the employee may know.
6. The email is opened because they 'know' the sender.
3. A fake but recognizable email address is created to impersonate a colleague or boss.
5. The email passes the spam filter and arrives at the employee's inbox.
PASSED
4. A personalized email is sent to the employee from the fake address with a link or attachment.

Social Engineering Attacks (Contd.)

Social Engineering Attack	Description
Something for Something	Sometimes called “Quid pro quo”, this is when a threat actor requests personal information from a party in exchange for something such as a gift.
Baiting	A threat actor leaves a malware infected flash drive in a public location. A victim finds the drive and unsuspectingly inserts it into their laptop, unintentionally installing malware.
Impersonation	In this type of attack, a threat actor pretends to be someone else to gain the trust of a victim.
Tailgating	This is where a threat actor quickly follows an authorized person into a secure location to gain access to a secure area.
Shoulder surfing	This is where a threat actor inconspicuously looks over someone’s shoulder to steal their passwords or other information.
Dumpster diving	This is where a threat actor rummages through trash bins to discover confidential documents.

Social Engineering Attacks (Contd.)

- The Social Engineer Toolkit (SET) was designed to help white hat hackers and other network security professionals to create social engineering attacks to test their own networks.
- Enterprises must educate their users about the risks of social engineering, and develop strategies to validate identities over the phone, via email, or in person.

Social Engineering Protection Practices

Strengthening the Weakest Link

- Cybersecurity is as strong as its weakest link.
- The weakest link in cybersecurity can be the personnel within an organization, and social engineering is a major security threat.
- One of the most effective security measures that an organization can take is to train its personnel and create a '**security-aware culture**'.

Lab – Social Engineering

In this lab, you will research examples of social engineering and identify ways to recognize and prevent it.

https://www.sans.org/reading-room/whitepapers/critical/methods-understanding-reducing-social-engineering-attacks-36972

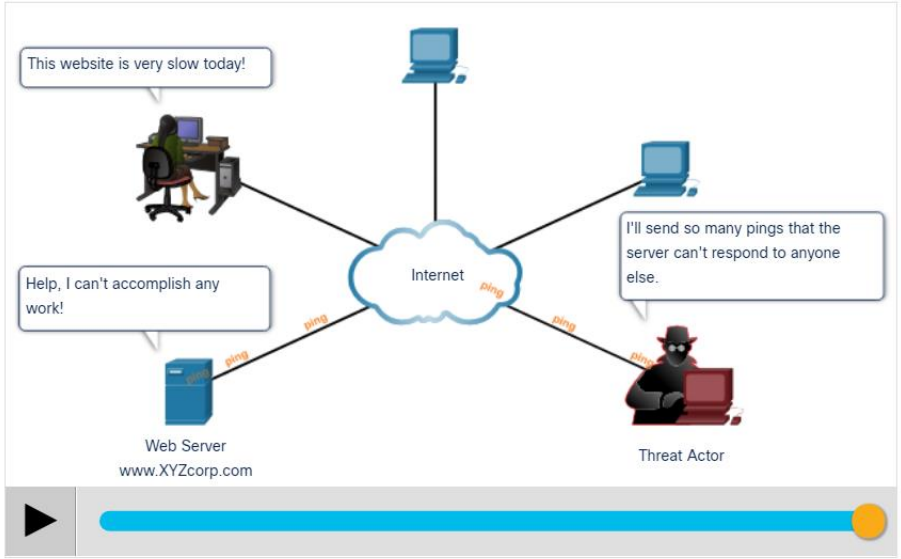
14.3 Network Attacks - Denial of Service, Buffer Overflows, and Evasion

Video – Denial of Service Attacks

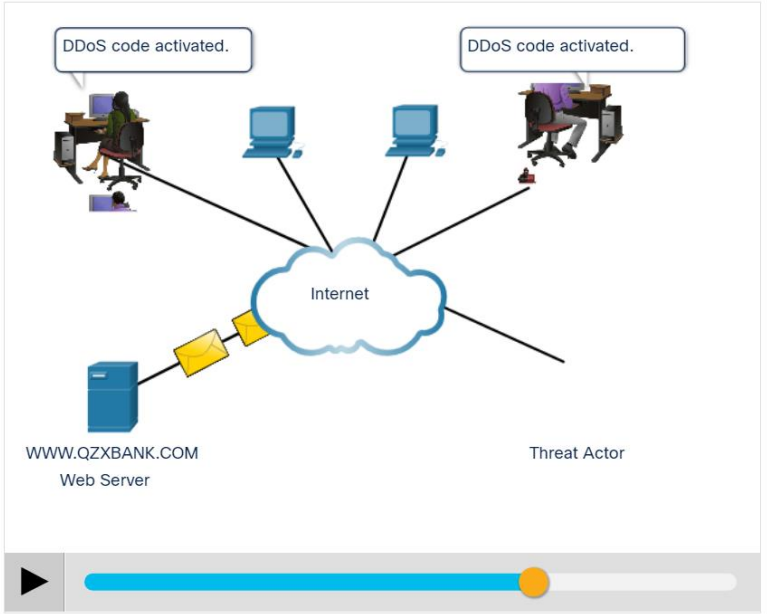
Watch the video to learn about Denial of Service attacks.

DoS and DDoS Attacks (Contd.)

DoS Attack: Click Play in the figure to view the animation of a DoS attack.



DDoS Attack: Click Play in the figure to view the animations of a DDoS attack.



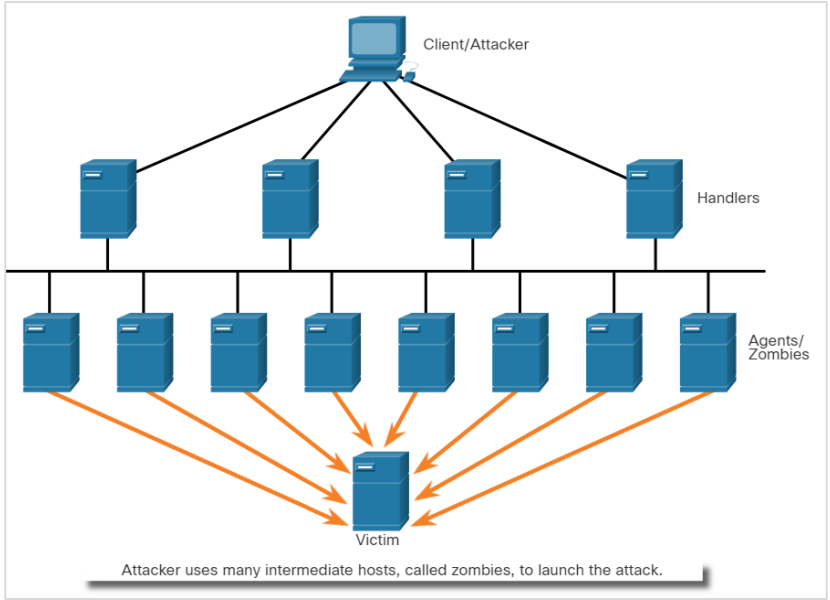
DoS and DDoS Attacks

- A Denial of Service (DoS) attack creates some sort of interruption in network services to users, devices, or applications. The two types of DoS attacks are as follows:
- **Overwhelming Quantity of Traffic** - The threat actor sends an enormous quantity of data at a rate that the network, host, or application cannot handle.
- **Maliciously Formatted Packets** - The threat actor sends a maliciously formatted packet to a host or application and the receiver is unable to handle it.

Components of DDoS Attacks

The following terms are used to describe the components of a DDoS:

Component	Description
zombies	A group of compromised hosts. These hosts run malicious code.
bots	Bots are malware that is designed to infect a host and communicate with a handler system.
botnet	A group of zombies that have been infected using self-propagating malware and are controlled by handlers.
handlers	A master command-and-control (CnC or C2) server controlling groups of zombies.
botmaster	Enables unauthorized file transfer services on end devices.



Video Demonstration – Mirai Botnet

- Mirai is a malware that targeted IoT devices configured with default login information.
- The botnet was used as part of a Distributed Denial of Service (DDoS) attack.

After gaining successful access, Mirai targeted **the Linux-based BusyBox utilities** that run on these devices. These utilities were used to **turn the devices into bots that could be remotely controlled as part of a botnet**. The botnet was then used as part of a distributed denial of service (DDoS) attack. In September 2016, a Mirai botnet of over 152,000 CCTVs and digital video recorders (DVRs) was responsible for the largest DDoS attack known until that time. With peak traffic of over 1 Tb/s, it took down the hosting services of a France-based web hosting company.

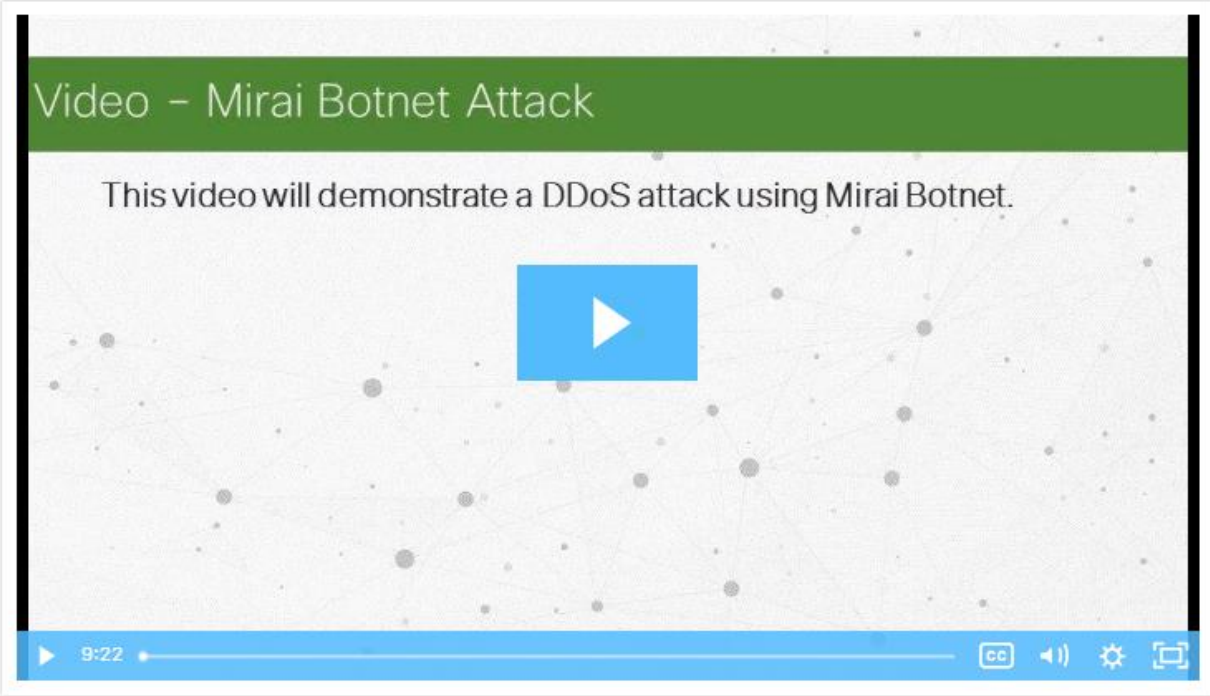
In October 2016 the services of Dyn, a domain name service (DNS) provider, were attacked, causing internet outages for millions of users in the United States and Europe.

Play the video to view a demonstration of how a botnet-based DDoS attack makes services unavailable.

Note: In December 2017, three American threat actors pleaded guilty to conspiring to “conduct DDoS attacks against websites and web hosting companies located in the United States and abroad.” The three felons face up to 10 years in prison and $250,000 in fines.

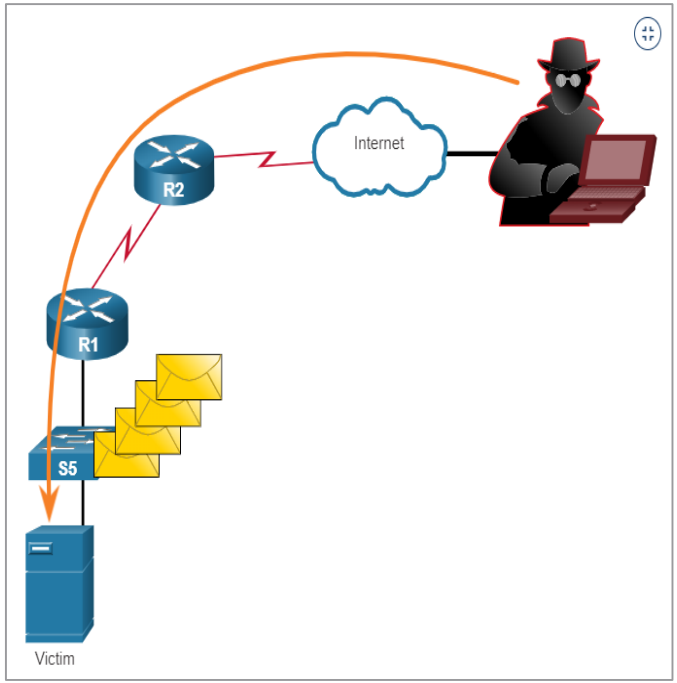
Video Demonstration – Mirai Botnet (Contd.)

Play the video to view a demonstration of how a botnet-based DDoS attack makes services unavailable.



Buffer Overflow Attack

- The threat actor uses the buffer overflow DoS attack to find a system **memory-related flaw** on a server and exploit it.
- For instance, a remote denial of service attack vulnerability was discovered in Microsoft Windows 10, where the threat actor created malicious code to access out-of-scope memory. (https://blog.talosintelligence.com/2016/11/vulnerability-spotlight-windows-10.html)
- Another example is **ping of death**, where a threat actor sends a ping of death, which is an echo request in an IP packet that is larger than the maximum packet size. (legacy attack) The receiving host cannot handle a packet size and it would crash.
- **Note:** It is estimated that one third of malicious attacks are the result of buffer overflows.



Evasion Methods

The evasion methods used by threat actors include:

Evasion Method	Description
Encryption and tunneling	This evasion technique uses tunneling to hide, or encryption to scramble, malware files. This makes it difficult for many security detection techniques to detect and identify the malware. Tunneling can mean hiding stolen data inside of legitimate packets.
Resource exhaustion	This evasion technique makes the target host too busy to properly use security detection techniques.
Traffic fragmentation	This evasion technique splits a malicious payload into smaller packets to bypass network security detection. After the fragmented packets bypass the security detection system, the malware is reassembled and may begin sending sensitive data out of the network.

Evasion Methods (Contd.)

Evasion Method	Description
Protocol-level misinterpretation	This evasion technique occurs when network defenses do not properly handle features of a PDU like a checksum or TTL value. This can trick a firewall into ignoring packets that it should check.
Traffic substitution	In this evasion technique, the threat actor attempts to trick an IPS by obfuscating the data in the payload. This is done by encoding it in a different format. For example, the threat actor could use encoded traffic in Unicode instead of ASCII. The IPS does not recognize the true meaning of the data, but the target end system can read the data.
Traffic insertion	Similar to traffic substitution, but the threat actor inserts extra bytes of data in a malicious sequence of data. The IPS rules miss the malicious data, accepting the full sequence of data.

Evasion Methods (Contd.)

Evasion Method	Description
Pivoting	This technique assumes the threat actor has compromised an inside host and wants to expand their access further into the compromised network. An example is a threat actor who has gained access to the administrator password on a compromised host and is attempting to login to another host using the same credentials.
Rootkits	A rootkit is a complex attacker tool used by experienced threat actors. It integrates with the lowest levels of the operating system. When a program attempts to list files, processes, or network connections, the rootkit presents a sanitized version of the output, eliminating any incriminating output. The goal of the rootkit is to completely hide the activities of the attacker on the local system.
Proxies	Network traffic can be redirected through intermediate systems in order to hide the ultimate destination for stolen data. In this way, known command-and-control not be blocked by an enterprise because the proxy destination appears benign. Additionally, if data is being stolen, the destination for the stolen data can be distributed among many proxies, thus not drawing attention to the fact that a single unknown destination is serving as the destination for large amounts of network traffic.

14.4 Common Threats and Attacks Summary

What Did I Learn in this Module?

- Malware is short for malicious software or malicious code.
- Most viruses are spread through USB memory drives, CDs, DVDs, network shares, and email.
- Trojans are found in online games.
- Three common types of malware are virus, worm, and Trojan horse.
- Threat actors can also attack the network from outside.
- The three major categories are reconnaissance, access, and DoS attacks.
- Recon attacks precede access or DoS attacks.
- Access attacks exploit known vulnerabilities in authentication services, FTP services, and web services.
- DoS attacks create some sort of interruption of network services to users, devices, or applications.

What Did I Learn in this Module? (Contd.)

- DDoS attacks are similar in intent to DoS attacks, except that the DDoS attack increases in magnitude because it originates from multiple, coordinated sources.
- Mirai is a malware that targets IoT devices configured with default login information.
- The goal of a threat actor when using a buffer overflow DoS attack is to find a system memory-related flaw on a server and exploit it.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