

# 7 Manipulative Ways People Use To Win Arguments:

( Swipe Left )



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1

**Confusing people is always  
the best strategy:**

If someone is yelling, ask them  
if they want sand.

Works every time.

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2

**While having a conversation with someone, stare at their forehead:**

Stare at their forehead between and slightly above the eye-line.

It throws them off their game, and they have a harder time lying to you or trying to influence you.

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3

**When they want to fight, stay calm & agree with them:**

It frustrates them that they can't rile you up & essentially exposes them for being an aggressor/ manipulator.



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4

## **Give them a sincere compliment:**


If someone yells at you for no specific reason, make it an absolute priority to ask how their day was going or compliment them.

Sometimes when a person acts out against you, it's because they had a bad day or are hurt.

Show them you care, and you may change their entire outlook.

Holding a Grudge is Bad for Your Health.



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5

**When you know you're right,  
but someone is doing their  
best to argue with you:**

Say something like:

"Yeah. I know you are smart enough  
to understand that it is X."

They feel like they will look stupid  
if they keep trying to argue Y.

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## Storytelling goes hand in hand with empathy:


It puts data to support your argument in context.

Create a compelling story using:

- Empathy
- Facts
- Emotions

When your point seems part of a narrative arc, each aspect of what you're arguing is harder to pick on.



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## Silence

Stay quiet for a long, uncomfortable moment whenever someone says anything stupid or makes an unreasonable request.

People start second-guessing everything and revealing the stupid things they have done that got them to this point.



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