

A silhouette of a person in mid-jump, clearing a hurdle, set against a bright blue sky with scattered white clouds. The image is split diagonally from the top left to the bottom right. The left side is a solid blue, while the right side is a darker, muted blue with a subtle cloud pattern. The person's jump is positioned on the left side, just before the diagonal split.

# CHALLENGING EMPLOYEES

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[readysetpresent.com](http://readysetpresent.com)

# Program Objectives

( 1 of 2 )



Be able to locate and identify difficult employees.



Learn that every employee has a unique way of completing tasks, and learn how to gel everyone's abilities.



Learn how to deal with a continually troubling employee.

# Program Objectives

( 1 of 2 )



Understand what is expected and how to work more effectively in the office environment.



Learn the tools that allow for constructive feedback and more productive employees.

# A CHALLENGE



Please write your definition of a  
PROBLEM and CHALLENGING EMPLOYEE

Someone who, whether consciously or subconsciously, disrupts or hinders the advancement of productivity in the work place.



# Etymology – Challenge



The word, “challenge” came from the French word, “chalonge” in the late 13<sup>th</sup> century.



It originally meant “calumny” or “slander.”



In legal use, it meant “accusation, claim,” or “dispute.”



# Etymology – Challenge



The word “employ” came from the early 15<sup>th</sup> century from the Middle French word, “employer” and the Old French word, “emploier.”



It originally meant “make use of, apply; increase; entangle; devote.”



It later came to mean to “hire” in English in 1580.



The word “employee” came from the combination of “employ” and the suffix, -ee.

# People Aren't Difficult, They Are Different



Employees at all levels may feel insecure and under pressure to perform.

More dissatisfaction amounts to more difficult people.

Dissatisfaction:

- Can cause the loss of clients.
- Can slow down productivity.
- Can cause absenteeism to increase.



# Being Objective

Being objective is very important because...

It prevents favoritism.

It ensures that personal dislike is not affecting judgment.

It ensures that the employee is evaluated on the basis of performance standards.

It prevents legal issues.

It prevents emotions from clouding judgment.

Challenging Employees

# How to Ensure Objectivity

(1 of 2)

Analyze your personal history with the employee.

Analyze any biases you have that may be affecting your perceptions.

Try to separate your emotions and personal feelings from your work.

Do not allow other people to influence you with their opinions.

Challenging Employees

# How to Ensure Objectivity

(2 of 2)



Make sure your expectations are reasonable.

Do not play favorites.

Hold every employee to the same standards.

# Problem of Difficult People



Each of us has certain needs that must be satisfied if we're going to feel good about ourselves.

Some people need to have people like them, while to others, the most important thing is to make sure that all the i's are dotted and the t's are crossed.



Challenging Employees

# Individual Strengths



**We all complement each other.**  
Where one person is weak, somebody  
else is strong, and vice versa.

We have to find a way to allow people to  
use their strengths.

If we don't, those strengths may turn into  
weaknesses, and those weaknesses aren't  
a pretty sight to see.

Challenging Employees

# Intentions

(1 of 3)



Remember, every type of behavior or action has an intention or motivation behind it.

Trying to figure out what that intention is can be helpful in solving the problem.



Challenging Employees

# Intentions

(2 of 3)



According to “Coping With Difficult People” by Dr. Robert Bramson and “Dealing With People You Can’t Stand” by Dr. Rick Brinkman and Dr. Rick Kirschner, there are **four general intents**.

# Intentions

(3 of 3)



1

To get the job done.

2

To get the job done right.

3

To get along with people.

4

To get appreciation from people.

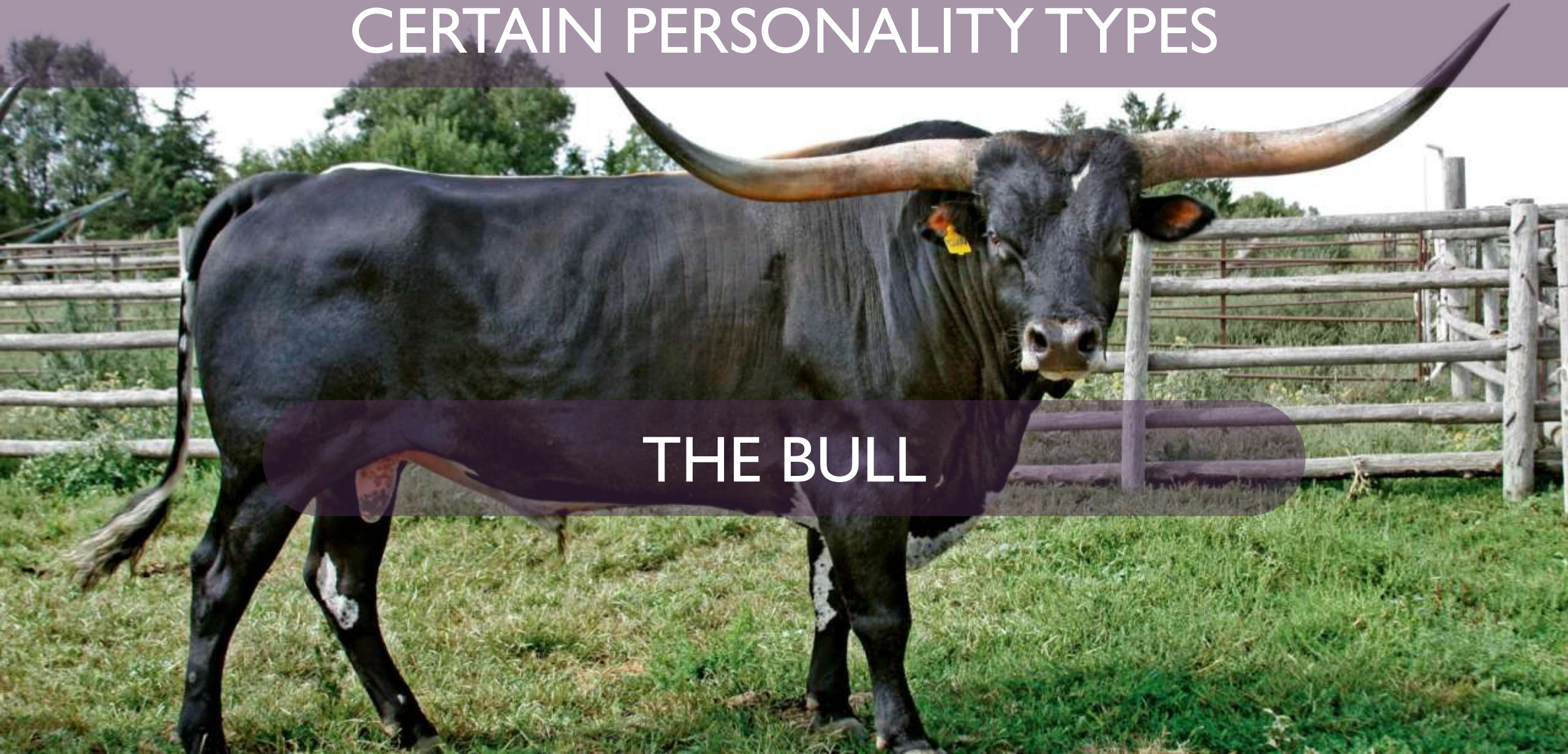
# CERTAIN PERSONALITY TYPES





CERTAIN PERSONALITY TYPES

THE BULL





# Qualities of the Bull

Likes to be in control



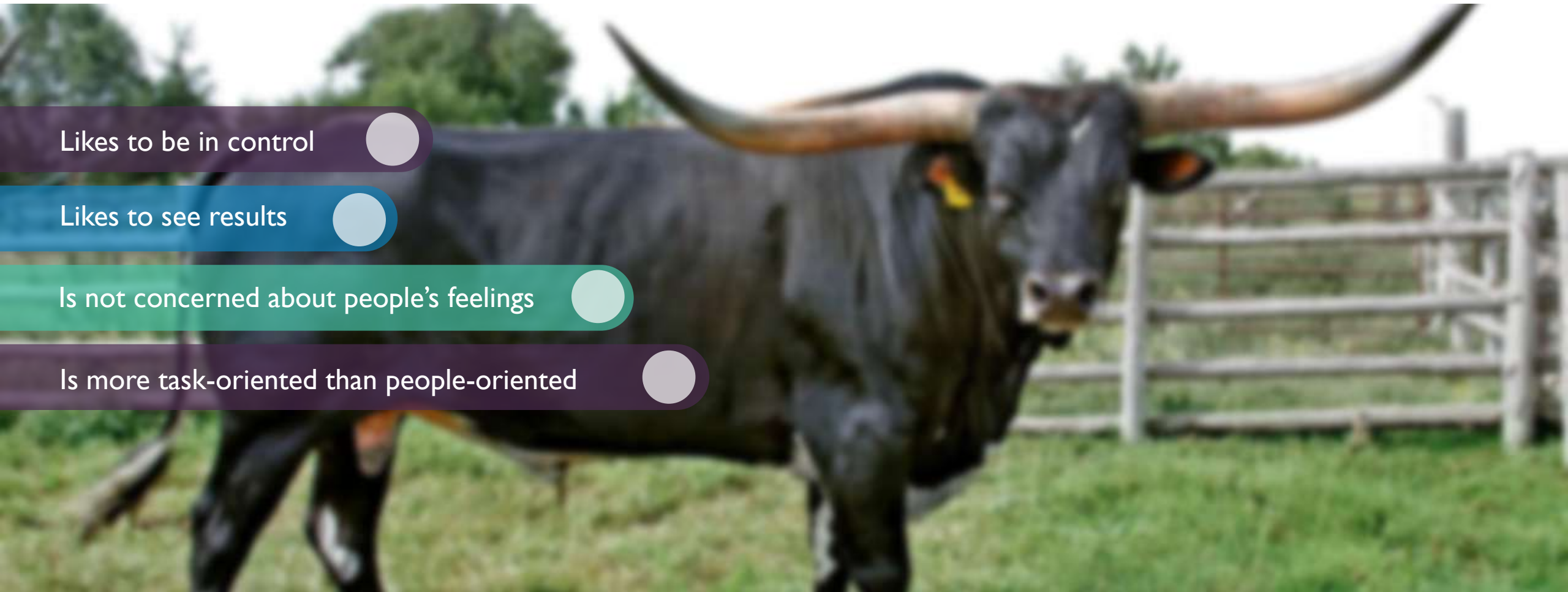
Likes to see results



Is not concerned about people's feelings



Is more task-oriented than people-oriented



# Strategies for the Bull

(1 of 2)

Do not show fear.



Look them in the eye,  
and stay calm and  
collected.



Do not move away  
from them.





# Strategies for the Bull

(2 of 2)

If the Bull is a co-worker...

Do not interrupt; just let them have control.

When the charge is over, ask open-ended questions.



CERTAIN PERSONALITY TYPES

THE FOX



# Qualities of the Fox

Likes to be in the limelight



Does not like to be around negative people



Likes people



Needs an audience



Becomes sarcastic when under stress



# Strategies for the Fox

If the Fox is a co-worker...

Take them aside, and tell them that you won't be the brunt of their jokes anymore.



If it continues, confront them in front of others.



Confront them in private, and hope for the best.



A hand-drawn illustration of a time bomb. The bomb is a red cylindrical object wrapped in black tape. A small, square, white clock face is attached to the side of the bomb. The clock face has black numbers from 1 to 12, and three hands: a black hour hand, a red minute hand, and a yellow second hand. The clock face is positioned so that the time is approximately 10:10. Two hands are shown holding the bomb: one hand is on the left, holding the bottom, and the other is on the right, holding the top. Several thin, colored wires (green, yellow, blue) are connected to the bomb. The background is a blurred image of a computer keyboard.

CERTAIN PERSONALITY TYPES

THE TIME BOMB



# Qualities of the Time Bomb

(1 of 2)



Are pleasant and eager to please others.

Are people whom you can always count on.

Go off all of the sudden when they feel threatened.



# Qualities of the Time Bomb

(2 of 2)

Have concrete answers  
for everything.

Strongly oppose  
any variations.

# Strategies for the Time Bomb

(1 of 2)

If the Time Bomb is a co-worker...



Do not do anything – just listen.

Do not create signs of aggression.

Do not try to defend yourself.

# Strategies for the Time Bomb

(2 of 2)



Let them know that you understand and accept their anger.

Apologize, and assure them you will try harder in the future.

Do not take their behavior personally.

A photograph of a man with glasses and a grey sweater comforting a woman with brown hair who is crying and covering her face with her hands. The man is looking down at her with a concerned expression. The background is a soft, out-of-focus indoor setting.

CERTAIN PERSONALITY TYPES

THE WHINER



# Qualities of the Whiner



Need to be taken care of.

Are unchangeable because behavior was learned as a child.

Gripe with no intention of improving upon complaint.

# Strategies for the Whiner

If the Whiner is a co-worker...

Listen to them.



Ask for specifics about the problem. They prefer to deal in generalities.



Do not give in, and fix it yourself.



Help them to work it out.





A close-up photograph of a middle-aged man with a grey beard and mustache, wearing a dark suit, white shirt, and dark tie. He is smiling slightly and has his hands clasped together in front of him. The background is blurred, showing warm indoor lighting and what appears to be a window with blinds on the left.

CERTAIN PERSONALITY TYPES

THE STONE WALL

# Qualities of the Stone Wall

Like to be in control.



Love to gather information.



Under stress, they refuse to give information.



# Strategies for the Stone Wall

If the Stone Wall is a co-worker...

Ask questions that  
require an extended  
answer.



If you do not receive  
an answer, sit  
expectedly waiting  
for one.



Be attentive, and  
remember not to fill  
the silence.



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Challenging Employees

# Other Personality Types

(1 of 6)



According to “Coping With Difficult People” by Dr. Robert Bramson and “Dealing With People You Can’t Stand” by Dr. Rick Brinkman and Dr. Rick Kirschner, **there are several other personality types...**



# Other Personality Types

Challenging Employees

(2 of 6)

## The Tank:

- Is confrontational and angry.
- Exhibits pushy behavior.

## The Sniper:

- Makes rude comments.
- Uses biting sarcasm.
- Attempts to make others look foolish.

Challenging Employees

# Other Personality Types

(3 of 6)

## The Grenade (Much like the Time Bomb):

- Explodes into uncontrolled ranting and raving after an initial calm.

## The Know-it-All:

- Has a low tolerance for correction and contradiction.

## Challenging Employees

# Other Personality Types

(4 of 6)

### The Think-They-Know-it-All:

- Attempts to fool people and get attention.
- Provides false information.

### The Yes Person:

- Says “yes” without consideration.
- Attempts to please people.
- Avoids confrontation.

Challenging Employees

# Other Personality Types

(5 of 6)

## The Maybe Person:

- Procrastinates and is indecisive in hopes that a better choice will be presented to them.

## The Nothing Person:

- Provides no verbal or nonverbal feedback.



Challenging Employees

# Other Personality Types

(6 of 6)

## The No Person:

- Can oppose and put an end to ideas just by saying “no.”
- Is deadly to morale.

## The Whiner (The same as the previous “Whiner”):

- Feels overwhelmed by an unfair world.
- Brings their problems to anyone and everyone.

# Dealing with Specific Employees



Once you know the personality type of the employee, use that knowledge to accurately assess and manage the situation.

**Here are some tips....**

# KEYS TO DEALING WITH PEOPLE



# Keys to Dealing with People

(1 of 2)



- 1 Don't try to change people.
- 2 Ask yourself, is the person difficult or is the situation?
- 3 Establish boundaries, and let others know when to stop.
- 4 Stay in control of your emotions.



# Keys to Dealing with People

(2 of 2)



5

Present all issues in the open.

6

Determine the needs not met, and find a way to fix them.

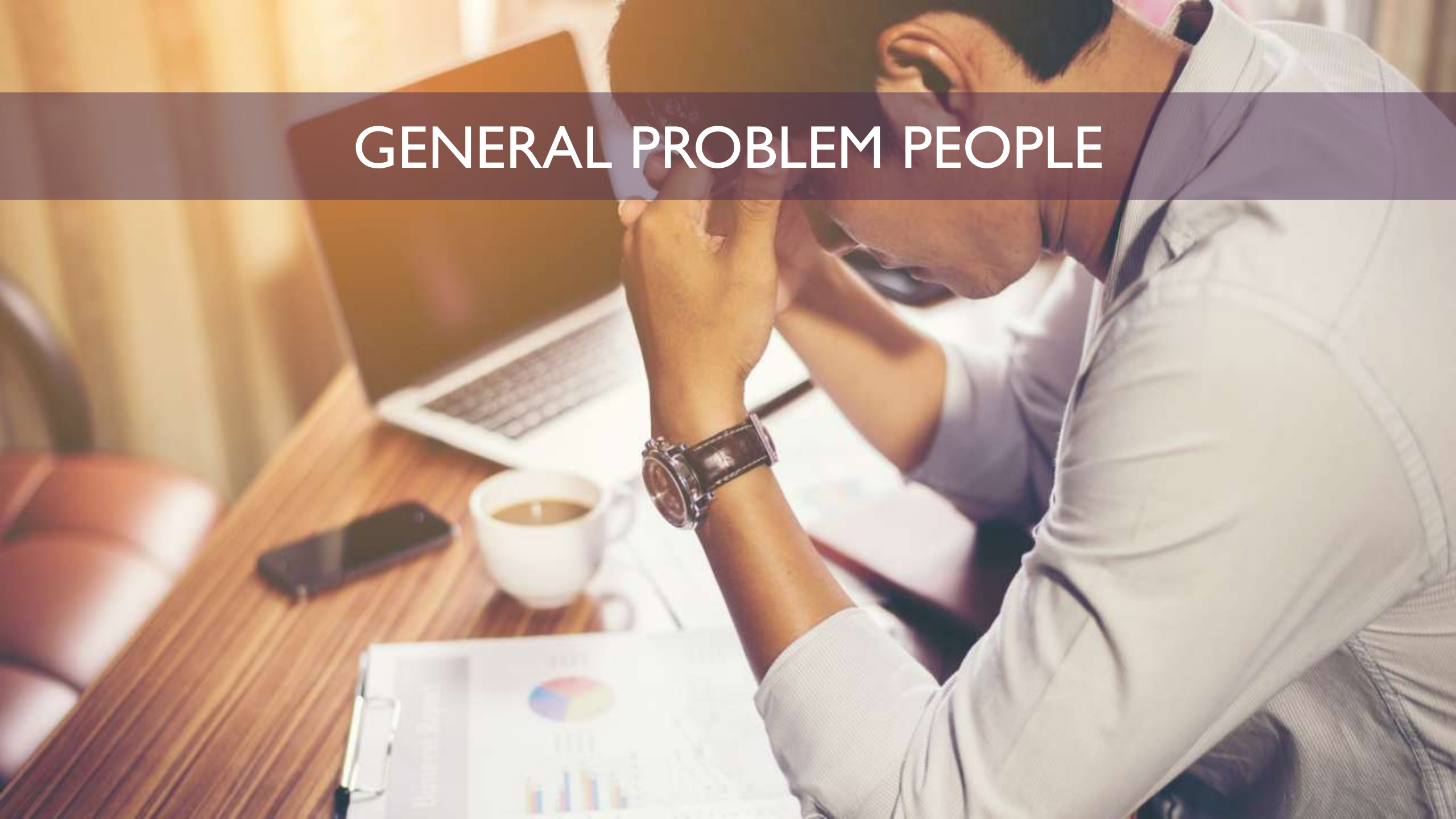
7

Keep a positive attitude.

8

Believe in yourself and your ability to deal with difficult people.

# GENERAL PROBLEM PEOPLE



# General Problem People

(1 of 2)

Many times, your reaction to people will tell more about you than about them.



Steps to analyze your reactions:

Write down details of what annoys you.

Speculate why it annoys you.

Analyze how that person gets emotionally involved.

# General Problem People

(2 of 2)

Many times, your reaction to people will tell more about you than about them.



Steps to analyze your reactions:

Consider your response.

Analyze how you would like to respond.

Monitor yourself, and give feedback.



# Dealing with Enemies

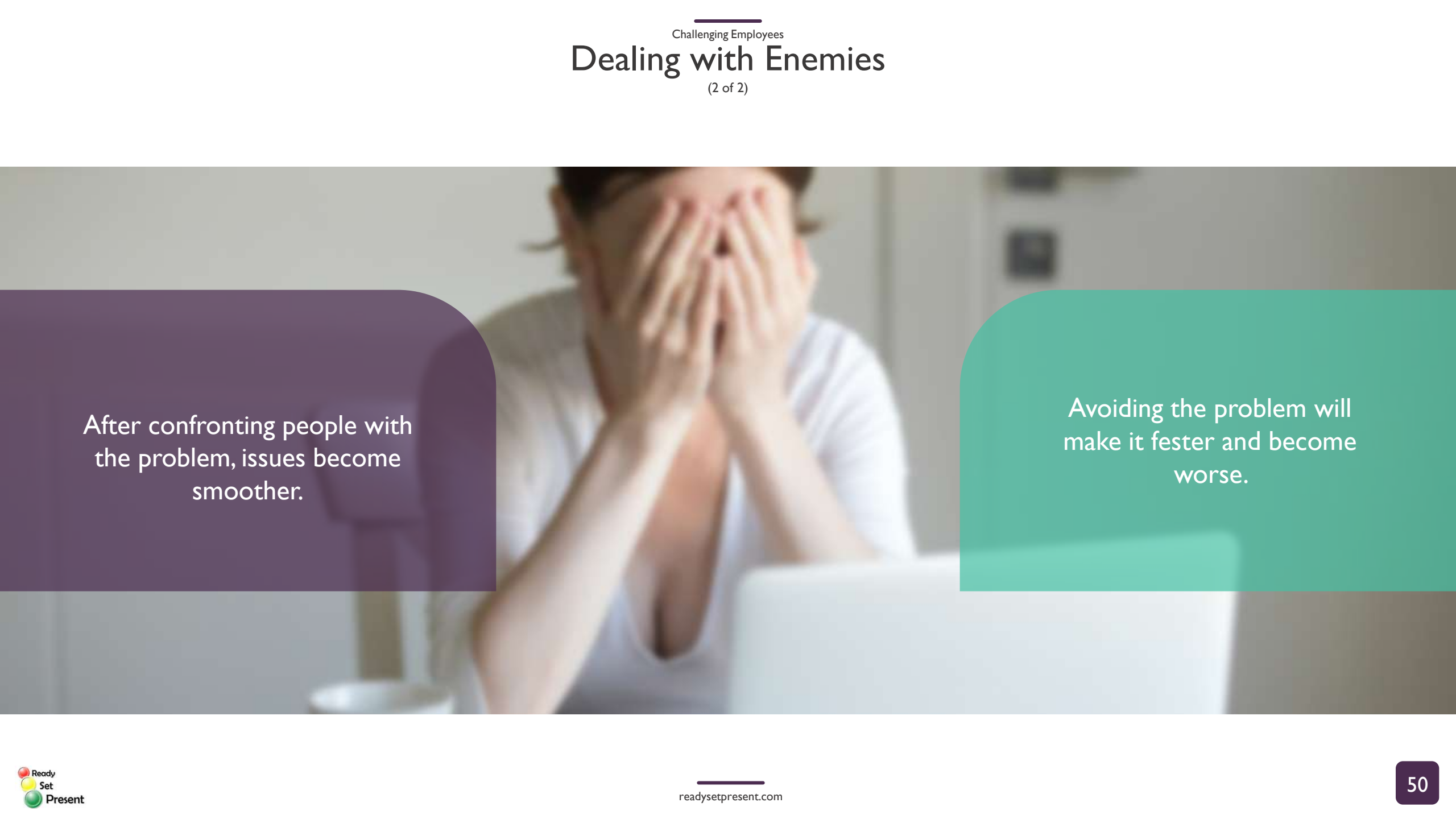
(1 of 2)

Speak up, and stand up for yourself when attacked.

Provide information to the person about how good your performance has been.

# Dealing with Enemies

(2 of 2)



After confronting people with the problem, issues become smoother.

Avoiding the problem will make it fester and become worse.

# Dealing with Difficult People

(1 of 3)

Difficult personalities need to be examined in terms of what is offered – both the positive and the negative.

Separate the person from the substantive issue so that progress can be made.

# Dealing with Difficult People

(2 of 3)

Call attention to factors that bother you.

If multiple people have a problem with one specific co-worker, a group needs to discuss how to deal with the “difficult” person.



# Dealing with Difficult People

(3 of 3)

Make sure you differentiate between the employee's professional role and their difficult personality.

You need this person to be productive; you do not need them to be your best friend.

IDEAS



Challenging Employees

# Quick Tips

(1 of 8)

## Stay Calm:

When dealing with the employee, do not engage on a personal level.

Do not get into arguments, allow your buttons to be pushed, or be goaded into a heated confrontation.

Challenging Employees

# Quick Tips

(2 of 8)

## Be Funny:

Self-deprecating humor is potentially one of the best methods to disarm a situation. The ability to laugh at yourself eases tensions.

Furthermore, it enhances the ability to communicate positively with others.



Challenging Employees

# Quick Tips

(3 of 8)

## Listen:

When the conversation is getting heated, focus on listening rather than arguing.

When you listen, it lets the difficult employee know that you are concerned and shows them that you care about the issues at hand.

Challenging Employees

# Quick Tips

(4 of 8)

## Clarify:

Clarify to help ensure clear and efficient communication.

Clarification assists you to “get right to the point” instead of having to mull over issues in the past.

Challenging Employees

# Quick Tips

(5 of 8)

## Be Available:

Let employees know that you are available for conversation.

If employees understand that you are approachable, it fosters enriched communication.

When you address issues early, it reduces the number of serious problems you will encounter later.

Challenging Employees

# Quick Tips

(6 of 8)

Stand By:

In a stalemate, work to delay the argument until the emotions have settled down.

Failure in doing this only creates relationships that are generally more scared, complex and hard to fix.



Challenging Employees

# Quick Tips

(7 of 8)

Once is Enough:



Do not repeat yourself unless its asked of you.

“Driving your point home” can be demeaning and also takes too long.

Once will do the trick and reduce the opportunities for an argument.

Challenging Employees

# Quick Tips

(8 of 8)

## Feedback and Recap:



Ask for additional feedback.

If you are in a long conversation, periodically ask if the employee has understood everything, and ask for a recap from them.

A recap keeps everyone on the same page and prevents feelings of being overwhelmed.

# QUESTIONS AND ANSWERS



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# Questions and Answers

(1 of 6)



## Question 1:

What do you think makes a co-worker, or person in general, “difficult?”



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# Questions and Answers

(2 of 6)



## Answer 1:

There may be multiple reasons:  
They may be a bottleneck in the decision-making process, or they may be insecure around the workplace – enough so that they feel inclined to treat you improperly.

Challenging Employees

# Questions and Answers

(3 of 6)



## Question 2:

Why do you think it's important to learn the skill of dealing with difficult co-workers?

Challenging Employees

# Questions and Answers

(4 of 6)



## **Answer 2:**

The basic reason for learning how is to keep from going crazy.

You are more likely to accomplish other objectives if you come up with a good strategy for dealing with co-workers.

Challenging Employees

# Questions and Answers

(5 of 6)



## Question 3:

What do you consider to be the fundamental steps in the process of communicating with a “difficult” person?



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# Questions and Answers

(6 of 6)

## Answer 3:

There are three steps you must follow:

1. Figure out if you have an alternative.



2. Listen carefully if you do not.



3. Consider both long-term and short-term priorities.

# FEEDBACK



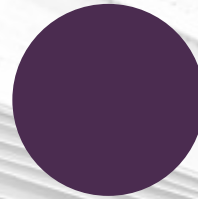
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Challenging Employees

# Feedback

## Definition:

Open, direct, honest dialogue in which two people exchange perceptions and observations of one another for the purpose of enhancing communication and building relationships.



# Feedback is a Skill

Can be positive as well as negative.



Is not “venting”.



Is based on perceptions, not evaluations or judgments.





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# Giving Feedback

(1 of 3)



Ensure your intention is to be helpful and supportive.

Check that the group/individual wants feedback.

Deal with things that can be changed.

Challenging Employees

# Giving Feedback

(2 of 3)



Describe the situation or event.

Describe specific, observable behavior.

Explain the impact this behavior has on you.

Challenging Employees

# Giving Feedback

(3 of 3)



Use “I” statements.

Confirm for understanding, and ask for them to respond.

When applicable, suggest an alternative.

# Receiving Feedback

(1 of 3)

Ask for feedback when  
and if you want it.



Look at feedback as  
an opportunity.



Avoid being defensive.





# Receiving Feedback

(2 of 3)

Ask questions, and  
paraphrase to check  
for understanding.



Consider carefully if and  
how you want to change  
your behavior. Let  
others know.



Ask for support to  
help you change.



# Receiving Feedback

(3 of 3)



Offer thanks for taking the risk to  
support your growth.

A photograph of two men in a professional setting. On the left, an older man with grey hair is seen from the back, wearing a light blue shirt. On the right, a younger man with dark hair and a light beard is facing him, wearing a blue dress shirt and a dark tie. He has his hands open in a questioning gesture. The background shows a modern office interior with a lamp and curtains.

# CONSTRUCTIVE FEEDBACK

Now that I know the problem, how do I give constructive feedback?



What is constructive feedback?



## **CONSTRUCTIVE:**

Serving to advance a good purpose; helpful.

## **FEEDBACK:**

Any information about the result of a process.

# KEY ASPECTS



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# Key Aspects

(1 of 7)



- 1 What three elements that are needed for feedback to be constructive?
- 2 What four components make up the structure of constructive feedback?
- 3 What is meant by "levels of feedback?"

Challenging Employees

# Key Aspects

(2 of 7)



I. What three elements are needed for feedback to be constructive



# Key Aspects

(3 of 7)

## **FIT:**

Feedback must be individualized for the specific person with whom you are speaking.



## **FOCUS:**

Feedback must focus on the action or behavior you are trying to change, rather than the person.



## **TIMING:**

Feedback must be given as soon as possible or, at a minimum, prior to the next task in question.



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# Key Aspects

(4 of 7)



2. What four components make up the structure of constructive feedback?

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# Key Aspects

(5 of 7)

The CLIMATE Setting.

The OPENING STATEMENT about the topic of discussion.

EXPLORATION of the issue.

CLOSURE of the discussion with a commitment to action.

Challenging Employees

# Key Aspects

(6 of 7)



3. What is meant by “levels of feedback?”

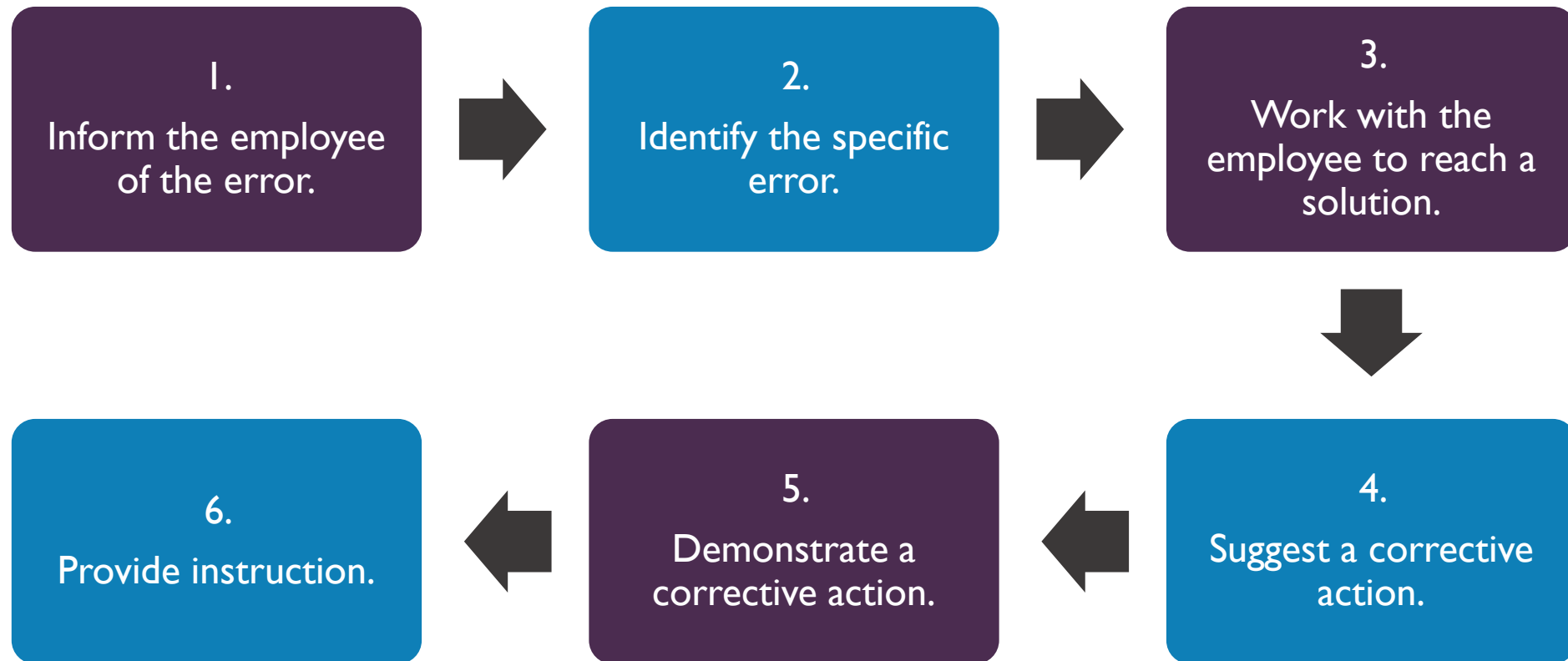


Challenging Employees

# Key Aspects

(7 of 7)

The amount of feedback needed varies depending on the function, position, and experience level of the employee.



# BENEFITS OF GOOD FEEDBACK



# Benefits of Good Feedback

(1 of 2)

Overcomes the barriers of confrontation and defensiveness.

Strengthens trust, improves morale, and increases productivity.

Recruits employee participation in setting future goals.

# Benefits of Good Feedback

(2 of 2)

O + S + R

Only

Superior

Recommendations



# General, Evaluative Feedback

(1 of 2)



“You did a lousy job in handling that meeting.”

“You totally fouled up that accounting report.”

“You don't listen to people.”

# General, Evaluative Feedback

(2 of 2)



“You really blew that last complaint call.”

“You just don't know how to get things done around here.”

“Your organization is full of bad hires.”

# Constructive Feedback Skills



## I. **Climate Setting:**

The verbal or nonverbal steps you take to help establish a positive and cooperative environment for problem solving.

# Constructive Feedback Skills



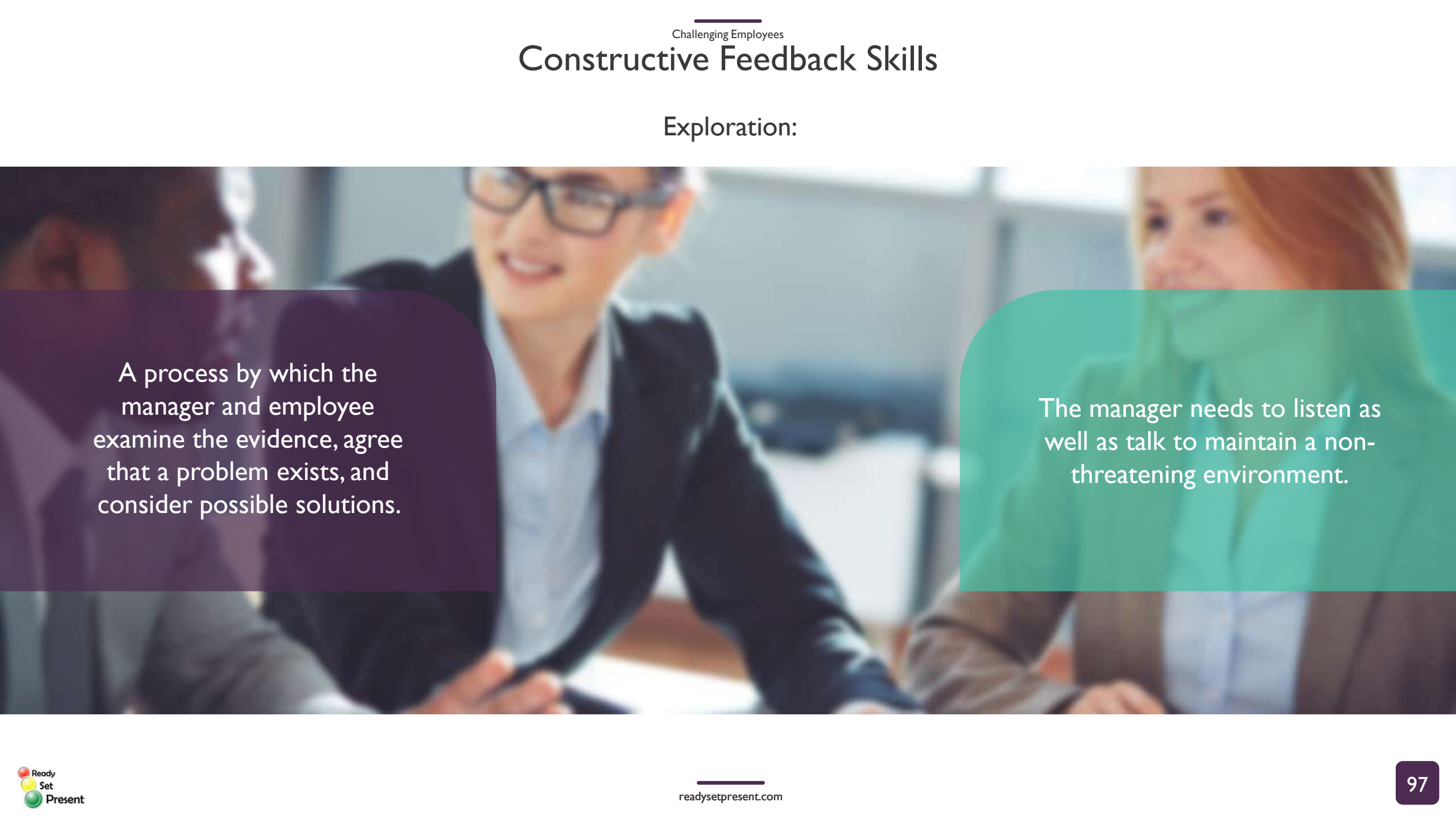
## 2. The Opener:

A frank and honest statement of why you are speaking to the employee.



# Constructive Feedback Skills

## Exploration:



A process by which the manager and employee examine the evidence, agree that a problem exists, and consider possible solutions.

The manager needs to listen as well as talk to maintain a non-threatening environment.

# Constructive Feedback Skills

Closure :

The point at which the person receiving the feedback chooses a course and action and commits to change.

The receiver, not the sender chooses the course of action.



A collection of various metal tools, including wrenches, pliers, and drill bits, are laid out on a wooden workbench. The tools are arranged in a somewhat organized manner, with some tools like the wrench and pliers being more prominent in the foreground. The background is a wooden surface with a visible grain. The text "FIXING THE PROBLEM" is overlaid on a dark purple rectangular background in the upper center of the image.

# FIXING THE PROBLEM

What Managers Must Do



# The Process

(1 of 6)

Report the problem.

Identify the problem.

2

Define the problem.

Explain the impact of the problem.

3



# The Process

(2 of 6)

Explore the causes of the problem.

Listen to the employee's thoughts on what you have said, and pay attention to their reactions.

4

5

Analyze the possible causes of the problem.

6

Discuss the possible causes of the problem with the employee.

# The Process

(3 of 6)

Identify corrective actions.

Define the performance standards.

7

8

Explore possible solutions, and if necessary, disciplinary actions

Identify the course of action to be taken.

9

10

Write a plan for improvement.

# The Process

(4 of 6)

End the conversation.

Recap the key points.

11

12

Review and finalize your plan.

Make sure that expectations are clear.

13

14

Set a follow-up meeting.

# The Process

(5 of 6)

Explore the causes of the problem.

Follow the course of action.

15

16

Check on progress.

Keep records.

17



# The Process

(6 of 6)

Have the follow-up meeting.

Discuss progress.

18

19

Discuss improvements and areas that need improvement.

20

If the behavior is severe enough, and has not improved sufficiently, state the consequences.

21

Set another follow-up meeting or enforce the consequences.



## Challenging Employees

# Finding a Solution

The ultimate goal is to agree upon a concrete solution. Otherwise, your problems with the employee will only continue.

Make certain that they understood your request/s and that you clearly communicated the consequences.

# Responsibility

A Manager Has The Authority To:

Direct or control.



Exert control.



Utilize authority, discipline, or persuasion.



Supervise, or carry on.



Challenging Employees

# Distinctive Characteristics

## Management

Goals and/or objectives to achieve (effectiveness).

The responsibility of achieving these goals or objectives through employees in a cost conscious manner (efficiency).

Motivating employees to achieve these goals or objectives (management).

# Four Tips for Success



- 1 Allow employees to vent to you.
- 2 Use humor to help everyone relax.
- 3 Provide affirming recognition.
- 4 Use your emotional awareness to connect genuinely with diverse groups.

Challenging Employees

# Let People Vent

(1 of 2)

Often times, it is impossible to know what your co-workers are going through – make sure you realize that their problems may extend past work and that you are listening to their issues.

Personal issues:  
financial difficulties, a divorce,  
a troubled child, or an ailing  
parent.



Challenging Employees

# Let People Vent

(2 of 2)

People often won't "let down their guard" at work. A casual, relaxed setting will help put them at ease.

Take someone out to lunch, and listen to what is bothering them.

Suggest that you and the troubled co-worker get coffee together. This is a great way to get to know the other person and understand the problem better.

# A Little Laughter Helps

Humor naturally eases high tension situations.

Use this fact to help battle angry disputes and interactions that may occur among employees.

Challenging Employees

# Affirming Recognition



Support is a must for a positive work environment.

Every type of personality appreciates the occasional compliment, although make sure not to overdo it.

Some may react negatively if they feel they are being “babied.”

Challenging Employees

# Simple Suggestions

“Nice presentation!”



“Looking busy today, Steve. Good work.”



“Keep up what you’re doing. Everyone thinks it’s great!”



---

Challenging Employees

# Be Friends



Use your own emotional awareness to forge genuine bonds with your co-workers.

If people feel you understand them, successful interactions will ensue.



# The Persistent Problem

After you have:

Tried to get to know the worker better.



Listened to their complaints and given positive suggestions.



Made every attempt to be friendly.



Let them know there will be repercussions if their attitude does not change.

Challenging Employees

# Termination

(1 of 4)

Terminating the Difficult Employee:  
How Can I Protect Against  
Discrimination Claims?”

“In sum, you can’t.

Frivolous claims not only  
persist, but make up the bulk of  
all filings.”

However, there are ways to  
mitigate the risks...

Challenging Employees

# Termination

(2 of 4)

Mitigate the risks by being careful about your treatment of the employee during the termination.

How the employee is treated during the termination is often more important to them than the termination itself.

Often, the complaint is not, “I can’t believe they fired me.”

Instead it is often, “I can’t believe *the way they treated me* when they fired me!”

Challenging Employees

# Termination

(3 of 4)

## Collins' Principles to Follow:

Don't wing it! You only have one chance!

Witness!

If you would feel uncomfortable explaining your decision in court, it is probably the wrong decision.

Even if an employee should know why they are being terminated, if they ask, they deserve an honest answer.



Challenging Employees

# Termination

(4 of 4)

## Collins' Principles to Follow:

Never apologize for terminating an employee, even if you feel bad about it.

Remember that anything you say can and will be used against you in a court of law.

Keep it simple, and don't allow a debate.

Don't sugar coat the termination.

# TWO QUESTIONS



Challenging Employees

# Two Questions

(1 of 2)

Ask yourself:

“Are the problems not that significant?”

“Is it that you just don’t like them, or does the problem actually negatively impact productivity?”

Challenging Employees

# Two Questions

(2 of 2)

If either of the two questions are true, drop the matter.

If it later develops to something that hurts the work environment, take action.

Firing is not always necessary, issue a written warning – it may be all that is needed to indicate that you are serious.



# What Am I Responsible For?



Know it is your job and duty to help the company run as smoothly as possible.

Furthermore, it is important to enforce work rules so that everyone knows there are limits.

Here are some suggestions...

Challenging Employees

# Enforcing Work Rules

(1 of 2)

Ask yourself...

Is it a reasonable rule?



Has it been adequately communicated?



Has it been constantly enforced?



Has there been a thorough/ unbiased investigation.



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# Enforcing Work Rules

(2 of 2)

Is there adequate proof or evidence of the infraction?

Is the penalty proper, in the view of all relevant considerations?

# The Investigative Process

Review written documentation of the incident.

Interview witnesses.

Review any other physical evidence.

Interview the employee accused of misconduct with a union representative if applicable.



# CONTROLLING YOUR ANGER



Challenging Employees

# Controlling Your Anger

(1 of 6)

Here are some tips to get your anger under control:

Take a "time out."

Count to 10 before reacting, or  
leave the situation altogether.

Do something physically exerting  
since physical activity can provide an  
outlet for emotions, especially if  
you're about to erupt.

Go for a walk/ run, swim, lift weights  
or shoot baskets, for example.

Challenging Employees

# Controlling Your Anger

(2 of 6)



Find ways to calm and soothe yourself.


Practice deep breathing exercises, visualize a relaxing scene, or repeat a calming word or phrase to yourself, such as, "take it easy."

You can also listen to music, paint, write in a journal or do yoga.

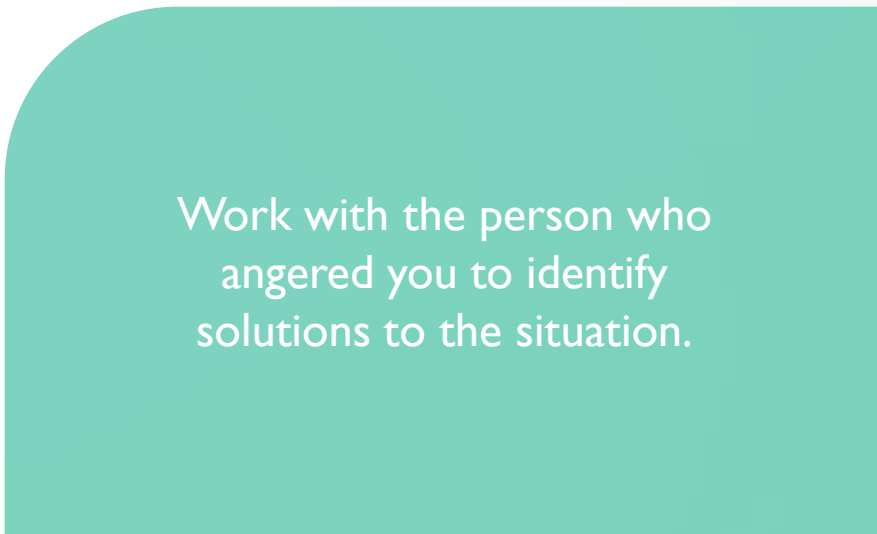
Challenging Employees

# Controlling Your Anger

(3 of 6)



Think carefully before you say anything so that you don't end up saying something you'll regret.



Work with the person who angered you to identify solutions to the situation.



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Challenging Employees

# Controlling Your Anger

(4 of 6)



Use "I" statements when describing the problem to avoid criticizing or placing blame.

For instance, say "I'm upset that you didn't help with the housework this evening," instead of, "You should have helped with the housework."

To do otherwise will likely upset the other person and escalate tensions.

Challenging Employees

# Controlling Your Anger

(5 of 6)

Don't hold a grudge.

Forgive the other person.

It's unrealistic to expect everyone  
to behave exactly as you want.


Use humor to defuse your anger,  
such as imagining yourself or the  
other person in silly situations.

Don't use sarcasm, though – it's  
just another form of unhealthy  
expression.

Challenging Employees

# Controlling Your Anger

(6 of 6)



Keep an anger log to identify the kinds of situations that set you off and to monitor your reactions.

**EMPLOYEES:**

The personnel who carry out a specific enterprise.

**DISCIPLINE:**

Training that is expected to produce a specified character or pattern behavior; especially that which is expected to produce moral or mental improvement or a systematic method to obtain obedience.



# Corrective Measures

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Informal warning



Formal warning



Disciplinary lay-off



Discharge



# Lesser Offenses –Considerations

Seriousness of offense



Employees disciplinary and work record



Employees length of service



Organization's past practice



Mitigating or aggravating circumstances





INCREASE ENTHUSIASM



# Increase Enthusiasm

(1 of 3)

Let go of any negative opinions  
you may have about your  
employees.

2

Make certain that your employees  
have everything that they need to do  
their jobs.

Clearly communicate what is  
expected of employees, what the  
company vision is, and how the  
company measures success.

3

# Increase Enthusiasm

(2 of 3)

Get to know your employees, especially their goals, their stressors, what excites them and how they each define and measure success.

4

5

Make sure they're trained and retrained in problem-solving and conflict resolution skills.

Constantly ask how you are doing from your employees' perspective.

6



# Increase Enthusiasm

(3 of 3)

Pay attention to company stories and rituals.

7

8

Reward and recognize employees in ways that are meaningful to them.

Be consistent on an ongoing basis.

9

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Challenging Employees

# Know Your Boundaries

Determine when you are “in over your head.”

An employee may have serious problems that go beyond your expertise.

Some may even require medical or psychological treatment, and these are issues that require outside intervention.

Challenging Employees

# In Conclusion

Every worker is unique in their abilities and personality.

Use the suggestions supplied in this presentation to make the workplace as stable as possible.

This will be achieved by successfully combining everyone's talents and personalities in a way that promotes a healthy, high morale environment.



WHAT IS YOUR NEXT STEP



Challenging Employees

# Action Plan

What are you going to  
take action on?

Start with the three  
easiest items.



Challenging Employees

# Action Steps

( 1 of 4 )

List specific behaviors.

Be as systematic as possible.

Rank the behaviors in terms of their complexity or degree of difficulty.

Rank the behaviors in terms of chronological order.

# Action Steps

( 2 of 4 )

Begin with the least difficult behavior.



Advance to a more difficult behavior.



Break difficult behavior down into several smaller behaviors.



Attach time limits to each behavior.



# Action Steps

( 3 of 4 )

Repeat specific behavior until mastered.



Review all previous behaviors.



Advance to next most difficult behavior.



Measure and evaluate.



Keep records (preferably visual).



# Action Steps

( 4 of 4 )

Reinforce through reward and punishment.

Use visual reminders (pictures, charts, etc.)

Remember: "A small goal is enough!"

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